

DEPARTMENT OF THE ARMY

HEADQUARTERS, III CORPS AND FORT HOOD 1001 761ST TANK BATTALION AVENUE FORT HOOD, TEXAS 76544-5000

COMMAND POLICY LETTER SURG-04

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MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: III Corps and Fort Hood Community Health Promotion

1. REFERENCES.

- a. AR 600-63, Army Health Promotion, 7 May 2007, Rapid Action Revision, 20 September 2010.
- b. VCSA Army Health Promotion, Risk Reduction and Suicide Prevention Report, 9 August 2010.
- c. PAM 600-24, Army Health Promotion, Risk Reduction, Suicide Prevention, 17 December 2009.
- 2. PURPOSE. To establish III Corps and Fort Hood's commitment to develop and sustain Community Health Promotion through the Community Health Promotion Council (CHPC), in accordance with AR 600-63, Army Health Promotion.
- 3. MISSION. Under the direction of the Commanding General, the overarching mission of III Corps and Fort Hood Community Health Promotion is to increase resilience and comprehensive fitness of our total population (Active, Reserve, National Guard Soldiers, Family members, retirees and Department of the Army(DA) civilians) by promoting a proactive and positive approach to develop and sustain a population that is fit, resilient, competent to cope, and instinctively seeks help. Commanders at all levels will identify hazards to health, develop intervention programs and policies, and enforce mitigation strategies to promote the overall health and well-being of the community.

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4. POLICY.

- a. The III Corps and Fort Hood Health Promotion Program, facilitated by the Health Promotion Officer is responsible for enhancing unit readiness and maximizing human resources by implementing the Health Promotion Program throughout Fort Hood and the CHPC. The monthly CHPC chaired by the Commanding General, will serve as the cornerstone of the Health Promotion Program allowing senior leaders, health professionals, and Subject Matter Experts (SMEs) to discuss data/trends, develop intervention strategies, and share lessons learned. The Health Promotion Officer will establish task forces, committees, and risk reduction teams, as required, to facilitate local health promotion initiatives to reduce high-risk behaviors and build resilience in accordance with the III Corps and Fort Hood CHPC Charter.
- b. Soldiers, Family members, and DA civilians are our most precious resource. The objective of the Health Promotion Program is to promote health and holistic well-being of the III Corps and Fort Hood Community. Health promotion is a leadership program that incorporates medical, tactical and garrison assets and their relationship to people at the individual, organizational, and community levels.
- c. Commanders at all levels will publish a Health Promotion policy that addresses health promotion strategies, high risk mitigation efforts to include suicide-prevention efforts, and takes into consideration the pillars of comprehensive fitness. This policy letter must address ways to reduce stigma and build a command climate that encourages and enables Soldiers and civilians to seek help while ensuring the verbiage includes educating unit leaders to eliminate belittling Soldiers who seek behavioral health assistance.
- d. Brigade level command with assistance from the III Corps Health Promotion Officer, will develop a Brigade Health Promotion Team that helps to mitigate high risk behaviors, negative trends within the brigade and directly supports the III Corps and Fort Hood Health Promotion Officer through the CHPC.
- 5. The CHPC, in accordance with the III Corps and Fort Hood Community CHPC Charter will convene on a monthly basis with the Commanding General as Chairperson. The focus will be to assimilate actions taken by the working groups, agencies and SMEs reporting to the CHPC. These areas consist of, but are not limited to the Installation Prevention Team, Suicide Prevention Task Force, Sexual Assault, Domestic Violence, The Comprehensive Soldier Fitness Training Facility, Crime Prevention, Wellness Working Group, Safety Council, councils and task forces or work groups as identified by the senior commander. The CHPC will promote prevention, holistic well-being, comprehensive fitness, and resilience initiatives to address community needs and accomplish required goals.

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6. PROPONENT. The proponent for this command policy letter is the III Corps Surgeons Office (III Corps and Fort Hood Health Promotion Officer, Wendy Lakso at wendy.lakso@us.army.mil or 254-288-0379).

7. EXPIRATION. This policy remains in effect until superseded or rescinded.

DONALD M. CAMPBELL, JR. Lieutenant General, USA

Commanding