

6 February 2013 1ABCT Weekly Newsletter: please pass along to Soldiers, Family and Friends of 1ABCT. You can always stay up to date with local events by going to 1st Infantry Division page at <http://www.riley.army.mil/default.aspx> or if you are having issues reading this you can click on this link to read the weekly news. <http://www.riley.army.mil/UnitPage.aspx?unit=1bct>. We are always up and posting new information on FaceBook! Join us on the Official 1ABCT FaceBook Page at www.facebook.com/1HBCTDEVILBRIGADE?v=wall&ref=sgm

Fort Riley Current News Updates: This information has recently been updated, and is now available.

<http://www.riley.army.mil/OurPost/CurrentNews.aspx> In addition to the Current News page there are Garrison Commander's Community Corner articles <http://www.riley.army.mil/DocumentList.aspx?lib=GC-Corner>

This will be my last 1ABCT WEEKLY NEWSLETTER to you all; this upcoming Friday will be my last day with the Brigade. I became a member of this Brigade almost 6 years ago and I have enjoyed every minute of it! I wish everyone the best of luck and I will miss you all! ~ Noel~

****Just Added** Eyster Pool closed due to repairs.** All operations have been moved to Long Pool until further notice. Long Pool is located in Long Fitness Facility BLDG 8069 Normandy Drive. For questions or concerns please call 239-9441 or 239-4684.

****Just Added** The community is invited to a Black History Month Gospel Celebration** hosted by the Warrior Transition Battalion and the Soldier and Family Assistance Center from 5:30 to 8:30 p.m. Feb. 8 at the WTB Clam Shell. The celebration will include song and dance from WTB Soldiers, New Church of the Living God and Pentecostal Church in Junction City. Command Sgt. Maj. Junior Riley, Irwin Army Community Hospital command sergeant major, will be the keynote speaker. Cultural food sampling will be provided following the event.

****Just Added** Operation Gift A Gown-** several agencies within the area are gathering gently used gowns and accessories to help out local teens and young military spouses- please see the flyers below in the flyer section. For more information please contact Erica at 785-717-4746 or by email at giftthegown@gmail.com

**** Just Added** Paying for College Student Resource Guide** - It can be found on the 1ABCT Facebook page www.facebook.com/1HBCTDEVILBRIGADE?v=wall&ref=sgm

****Just Added** Fort Riley Religious Ministries Update:** Renovations at Saint Mary's Chapel basement are complete. *MCCW has now resumed meeting at the chapel on Wednesdays. First Wednesdays: Music, rosary, breakfast and fellowship will be from 9 to 10:30 a.m. All other Wednesdays: Breakfast, video series, "Walking toward Eternity" and small group discussion will be from 9 to 11:30 a.m. Child care is available for all meetings

2013 Fort Riley Tax Center IS OPEN till 4/15/2013. Need help with your taxes? The Fort Riley Tax Center provides free tax preparation assistance to Soldiers, Family members and retirees. The Fort Riley Tax Center will prepare all federal returns and most state returns electronically, and you can get your refund by direct deposit. Walk-ins are welcome, but appointments are encouraged. Building 7034 (Corner of Normandy and Bullard), 9 a.m. to 6 p.m. Monday through Friday, 9 a.m. to 1 p.m. Saturday, 785-239-1040. Schedule for tax preparation: Mon-Fri 0900-1800, Sat 0900-1300; More Information: <http://www.riley.army.mil/UnitPage.aspx?unit=SJA.TAX>.

Beerfest will be from 6 to 9 p.m. Feb. 9 at Riley's Conference Center. Tickets are \$10 in advance and \$12 at the door. Attendees must be 21 to enter. For more information, call 785-784-1000.

****New Location** A Flick-and-Float event will take place at 7 p.m. on Feb. 9 at Long Pool.** Cost to participate is \$10 per Family or \$5 per person. Hot dogs, chips, juice and cookies will be served throughout the movie. Families may bring their own food, too. For more information, call 785-239-9441.

****Just added** Chinese New Year Buffet at the Warrior Zone on Feb 10th** – join them for a Dim Sum Brunch celebrating the New Year of the Snake in Chinese style. For More info please call them at 785-240-6618

****Just added** Middle School Teen Center Events-** Feb 12th, 4-6pm Mardi Gras Party, Feb 15th 8-10:30pm Valentine's Day Dance; Feb 26th 6-7pm Time management Class; 7-8pm Interview pointers. For more information please contact the MST at 785-239-9222

****Just added** LOVE IS IN THE AIR! Feb 11th 1-3pm Ft Riley Library.** For more information please contact them at 785-239-5305

Childcare for Feb is available on Feb 12 6-8pm: be sure to make your reservations in advance t Warren East CDC. Patrons may use their AFC hours or p the hourly rate to take advantage of the care. For more information please contact 785-240-0822

****Just added** Scream Free Marriage Seminar Feb 12th (see attached flyer below)** Includes Free dinner for adults only For more information please call 785-239-9435

****Just added** Monster Madness is back at Habañero's ! Feb 13th 6pm.** Eat a 3lb burrito (at your own risk) and win great prizes!! For more information please contact them at 785-240-2782

Custer Hill Bowling A Valentine's Day bowling event will be from 5 to 9 p.m. Feb. 14. Cost to participate is \$20 and includes two hours of bowling, shoe rental, two small pizzas, fountain drinks and a heart/key necklace for each couple. Necklaces are limited to the first 50 couples. If children accompany a couple, they will receive \$1 game and shoe rentals. For more information, call 785-239-4366

Sweetheart Dinner and Dance 14th and 15th February 6-10pm at Riley's Conference Center. \$50 per Couple and \$25 per individual. Reservation required, bring your sweetheart and celebrate Valentine's Day with a night of gourmet food, good music and dancing at Riley's Conference Center. Each evening will include a cocktail hour with hors d' oeuvres, four-course meal and will culminate with music and dancing. For reservations or more information please call 785-784-1000.

Fort Riley Outdoor Recreation Update: **1.** Introductory Trap Shooting Clinics will take place through Feb. 11. Learn the basics of the sport shooting by trying trap shooting. Rental gun, ammunition, ear and eye protection are included in the fee. Dates and times are by appointment only. To schedule an appointment, call the Outdoor Recreation Center at 785-239-2363. **2.** As weather permits, Fort Riley's Skeet and Trap Range is open from noon to 8 p.m., Wednesdays and Thursdays, and from 10 a.m. to 5 p.m., Saturdays and Sundays. **3.** Outdoor Recreation will host a "Frosty Contest" during December to February. Each time it snows, take pictures of you and friends making a snowman for the chance to win prizes from Outdoor Recreation. One entry each snowfall is allowed. Submit pictures to Outdoor Recreation. For more information, call 785-239-2363. **4. Family Climb Time: Feb 15, 2-4pm – FREE!** Are you craving Family fun during these winter days? Outdoor Recreation and Craig Fitness Center are teaming up to offer you an exciting escape from your regular routine. Trained staff will belay while you, your Family, and your friends climb on the wall. Pre-registration is required. **5.** Lawrence Indoor Aquatic Center trip on **Feb 23rd** 1130am-6pm. Please contact ODR @785-239-2363 for more information or to register

Couples Zumba will be from 9 to 10 a.m. Feb. 16 at King Field House. Cost to participate is \$2 per person or \$4 per couple. Refreshments will be provided. Pre-registration is preferred. Child care will not be provided. For more information, call 785-239-3146.

****Just added** Family Bingo at Rally Point – Feb 17th New Reduced Pricing-** call them for details! Doors open at 12:30- bingo starts at 2pm. For more information please call them at 785-784-5434

Military Saves Campaign- The 2013 Military Saves Campaign will get underway during Military Saves Week, **February 25-March 2, 2013.** As part of the larger nationwide America Saves Campaign, Military Saves will again be conducted in cooperation with the Consumer Federation of America. As in prior years, the Military Saves Campaign is a year-long effort for the DoD military community, and the military banks have traditionally played a key role in supporting the Campaign. The result of a successful Campaign is the enhanced financial readiness of military members and their families by reducing debt and fostering a saving culture. The 2013 Military Saves Campaign memo from General Martin E. Dempsey, USA, Chairman of the Joint Chiefs of Staff, and Sergeant Major Bryan B. Battaglia, USMC, Senior Enlisted Advisor to the Chairman, is on

Facebook in the Feb album. The theme for this year's campaign is "Start Small, Think Big." Sign up now to participate in Military Saves Week 2013. You can do this by clicking on the following link (<http://www.surveymonkey.com/s/MSW2013signup>) to join the 2013 Campaign.

McCain Auditorium Performances Feb 2013 are:

- **"DRUMLine Live," Feb. 8, 2013.** The performance is a show stopping attraction that brings an explosive energy and athleticism to an eclectic mix of sounds.
- **McCain Student Showcase,** 4 p.m., **Feb. 10, 2013.** Kansas State University students show off their talents in a celebration of inspiration and achievement.
- **"Shrek, The Musical," Feb. 12, 2013.** Based on the popular DreamWorks film, the lovable green ogre joins more than a dozen fairy tale misfits from a land far, far away.
- **"Laughter and Reflection with Carol Burnett",** 3pm, **Sunday Feb 17th.** A conversation with Carol where the Audience asks the questions.
- **"The Rambler," Feb. 22, 2013.** The Joe Goode Performance Group blurs the lines of modern dance into humorous and poignant storytelling theater, dance and song. "Every artist and attraction in the series exceeds the highest standard of artistic excellence," said Todd Holmberg, executive director, McCain Auditorium. "Patrons should expect to be challenged and inspired by the realm of wondrous possibility shared by the artists they experience at McCain. Patrons should also expect to purchase tickets early as some shows will sell out." Holmberg promises patrons an outstanding season that appeals to longtime ticket-holders and those who have never been to the theater. The series features numerous entertaining headliners, fun attractions for the entire Family and several must-see Broadway touring shows, he said. Season and single tickets for the 2012-2013 performance series are on sale now. K-State students and youth age 18 and under receive 50-percent off general admission ticket prices. Additional discounts are available for military members and K-State faculty and staff. Unless otherwise noted, 2012-2013 performance series events start at 7:30 p.m. and are in the McCain Auditorium. For more information please go to their website at <http://www.k-state.edu/mccain/>

Fort Riley Better Opportunities for Single Soldiers (BOSS) Update: Check out what BOSS is doing on post and in the surrounding areas:

UPCOMING EVENTS: Feb 16: VA Home Visit. (Topeka VA Hospital), March 16: St. Patrick's Day Party (Custer Hill Bowling Center), April 13: Paintball Tournament (Outdoor Recreation), May 24- 27: Las Vegas Trip. (\$450 per person). **BOSS MEETINGS :** Want more information about the events above? Or to learn about several other events going on? Come on down to the Warrior Zone every 2nd and 4th Wednesday of the month @ 3pm for the bi-monthly BOSS meeting. Here you will stay up-to-date with the latest events and how to get your tickets reserved first.

MEETING DATES: Warrior Zone Conference Room, 3pm on Feb. 13 & 27, Mar. 13 & 27, Apr. 10 & 24, May. 8 & 22

http://rileymwr.com/main/?page_id=9

UFM Community Learning Center, Manhattan, has scholarships available for qualifying adult and youth dependents of the military.

Scholarships can be used toward UFM classes and covers 50 percent of the class fee. A variety of classes for all ages are offered every semester. For more information about qualifying and applying, visit www.tryufm.org or call UFM Community Learning Center at 785-539-8763

****DEADLINE** More Scholarship Information** –AER Spouse Scholarship program information, use the following link to apply to Become a Tillman Military Scholar <http://www.pattillmanfoundation.org/tillman-military-scholars/apply/> from **January 14-February 15, 2013**. Look for more information on the Fort Riley Combined Scholarship in the next week. Another scholarship is the DECA Military Scholar scholarship, it opened 1 Dec. For more information go to www.militaryscholar.org.

****DEADLINE**** Fort Riley Combined Scholarship applications are on the Brigade Facebook and the Brigade Web page at <http://www.riley.army.mil/UnitPage.aspx?unit=1bct>. Application submission deadline must be postmarked **NLT 28FEB 2013**

****Reminder**** **Custer Hill Bowling Center:** Custer Hill Bowling Center is open seven days a week at 7845 Normandy Drive. It is open for bowling from 11 a.m. to 10 p.m., Sunday to Thursday, and from 11 a.m. to midnight, Friday and Saturday. The snack bar is open from 11 a.m. to 9:30 p.m., Sunday to Thursday, and from 11 a.m. to 11:30 p.m., Friday and Saturday. The bowling center has daily specials on fees, shoe rental and food. To view the specials, visit <http://rileymwr.com/web-content/pages/bowling.html>. For more information, call 785-239-4366. Everyday bowling has some great programs set up! Check out what is going on, so you won't miss a thing! **Weekday Programming:** Lunchtime- Mon-Fri 11-1pm, -\$1.00 games/\$1.00 shoes. -\$7.00 special includes: 1 personal 1-topping pizza, 1 fountain soda, and 2 games of bowling with shoes. Afternoons: Mon-Fri 1-5pm. -\$1.50 games/\$1.00 shoes After School Deal: Mon-Fri 3;30-5pm. \$5.00 a person includes: 2 games, shoes, and a snack. Evening Programming: Mon- Kids bowl FREE 6-close. Kids get to bowl free all night with a paying adult. 3 kids per 1 adult. Shoes included. Adults pay \$2.75 per game/\$2.50 for shoes and games must correspond with the same number of games bowled as the kids. Tues- Nifty Fifty Night: 6pm close. -.50 games/ \$.50. Hotdogs, popcorn and small soda are only \$.50 each. Wed- Red Pin Night 6pm- Close. \$9.00/ person: Includes shoes \$ bowling with ghost pins. \$1.00 fish sandwiches all day and night long. Weekend Programming: Sat.-Afternoons 11am-6pm. \$1.50 games/\$1.00 shoes Sat.-Night extreme: 6pm-Midnight . \$10.00/person (\$6.00 for kids under 12): Includes shoes & bowling. -Enjoy \$10.00 1-topping pizzas and \$3.50 pitchers of soda all night. Sun.-Family Fun Day: All Day\$35.00/lane: Includes 2 hours of bowling, 1large 2-topping pizza, 2 pitchers of soda and shoes for up to 6 people.

Fort Riley Custer Hill Golf Course Update - Golf Course Driving Range open 24/7: The Custer Hill Golf Course Driving Range is open 24/7. After hours, an automatic ball dispenser, located on the back side of the club house, is available. The machine takes tokens or keys, which may be purchased during Pro Shop hours. The machine also takes \$1 bills. One bucket of balls costs \$2. For more information, call 785-784-6000

****Just Added**** 57th Annual K-State Rodeo is going on Feb 22, 23, 24 at the Weber Arena on the K-State Campus (please see flyer below)

USO NO DOUGH DINNER: 28 Feb at the USO DFAC at Building 7856 from 5 to 6:30pm. For more information please contact 785-240-5326 or via email at usofortriley@uso.org and always can find information on their FB at www.facebook.com/usoftriley

Welcome to the Military Community and Family Policy (MC&FP) Weekly eNewsletter providing you with access to the latest Quality of Life news and information from the Department of Defense and dates for upcoming Guard and Reserve onsite sales. The link below will open up the MC&FP Weekly eNewsletter in your browser. If the link below does not work, please copy and paste the entire link into your browser window. <http://apps.militaryonesource.mil/mcftp/weekly> You can now receive the MC&FP Weekly content and news in an RSS feed! Learn more about Military OneSource RSS feeds, and sign up today for the Weekly RSS feed by selecting the URL below: <http://www.militaryonesource.mil/rss>

Your MC&FP Team! Military Community and Family Policy Office of the Secretary of Defense Providing policy, tools, and resources to further enhance the quality of life of service members and their families

Check out these websites for more information or events going on: Ft Riley MWR <http://rileymwr.com/main/>

The 1st Infantry Division website <http://www.riley.army.mil/default.aspx>

More Social Media sites for Fort Riley can be located here! <http://www.riley.army.mil/NewsViewer.aspx?id=2873>

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[Check out flyers below-](#)



OPERATION: *Gift the Gown*

Do you have a gently used formal gown in your closet that needs a new home?

When cleaning out your closet, please consider that your thoughtful donation will make a tremendous difference for local area high school girls and Fort Riley wives in need of a prom/formal dress.

To donate, please drop off your clean and gently used formal (Jewelry, shoes, & financial donations also welcome!) at one of our convenient locations:

Junction City: Larry Dixon Center

Fort Riley: USO

Manhattan Chamber of Commerce

OCSC February Luncheon on February 21st

Contact info: <https://sites.google.com/site/giftthegown/>

Erica Geranen 785-717-4746 or giftthegown@gmail.com



OPERATION: *Gift the Gown*

Is not having access to an affordable gown have you dreading the upcoming formal season?

Join us on February 23rd 2013 (Prom Princesses dress fitting) OR March 2nd 2013 (Military Duchesses fitting). You can bring your mom or other female friend for hors d'oeuvres and shopping. There will be stylists on hand to give hair and make-up lessons. We will also have seamstresses to pin your dress so that you will be picture perfect for your magical night!

Eligibility: Area high school girls along with Military wives who are in need of a prom/formal dress.

** Please note: you are welcome to come and shop for a no cost dress but we may or may not have what you are looking for; stock depends solely on the generous donations of dresses. **

How to request an appointment: Fill out an appointment slip and send it in by Feb 15th 2013 to:

Larry Dixon c/o Erica Geranen

920 W 6th St.

Junction City, KS 66441

OR ONLINE:

<https://sites.google.com/site/giftthegown/>

You will be contacted via email with your acceptance and personal appointment date/time. Every effort will be made to accommodate as many requests as possible.

Contact info:

Erica Geranen 785-717-4746 or giftthegown@gmail.com

Out and About the Fort Riley Area

2013 Manhattan Area Garden Show

Hourly Seminars • Silent Auction • Free Admission • Door Prizes

Saturday, February 16
9:00 a.m. - 5:00 p.m.

Sunday, February 17
Noon - 4:00 p.m.

Pottorf Hall, CiCo Park
1710 Avery Avenue
Manhattan, KS

K-STATE
Research and Extension
785-537-6350
www.riley.ksu.edu



Like us to receive the latest news
and notices from the Extension Office!

K-State Research & Extension is an equal opportunity provider and employer. If you have any special requirements due to a physical, hearing, or vision disability, please contact the Riley County Extension Office at 785-537-6350 or send an email to rl@kars.ksu.edu



2013 Manhattan Area Garden Show

Seminar Schedule - Clover Room

Saturday, February 16

10:00 a.m. **How an Irrigation Audit May Improve Your Water Bill**
Cathie Lavis - KSU Horticulture

11:00 a.m. **Growing Kansas Fruit**
Ward Upham - KSU Horticulture

Noon **Beautiful Roses You Could Grow**
Jim Roush - Riley County Extension Master Gardener

1:00 p.m. **Drought Tolerant Plants**
Nancy Moore - Blueville Nursery

2:00 p.m. **Mulching to Hold Moisture**
Rhonda Janke - KSU Horticulture

3:00 p.m. **Preserving the Harvest**
Karen Bakeslee - KSU Food Science

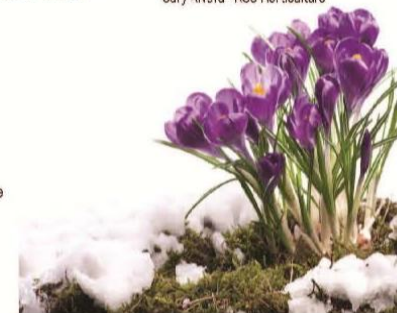
4:00 p.m. **Irrigating Plants**
Josh Chabon - KSU Horticulture

Sunday, February 17

1:00 p.m. **K-State Top 40: The Best of the Prairie Star Flower Research Trials**
Alan Stevens - KSU Horticulture

2:00 p.m. **Spectacular Shrubs**
Cheryl Boyer - KSU Horticulture

3:00 p.m. **Growing Vegetables to Survive a Drought**
Cary Riverd - KSU Horticulture



K-STATE
TENNIS

**Register your kids for free for
Campus Kids Day!**



Participants will receive a K-State Tennis t-shirt, show off their skills in a serve contest, enjoy cookies and refreshments and meet Willie the Wildcat!

K-State vs. Tulsa
11 a.m. - Saturday, February 9th
Body First Tennis and Fitness Center
FREE ADMISSION!

Register online at www.kstatesports.com

Reference herein to any specific commercial products, process, or service by trade name, trademark, manufacturer, or otherwise, does not necessarily constitute or imply its endorsement, recommendation, or favoring by the United States Government. The views and opinions of authors expressed herein do not necessarily state or reflect those of the United States Government, and shall not be used for advertising or product endorsement purposes.

MWR Events

- Feb 2: Comedy Night; Rally Point
- Feb 3: Superbowl Party; Warrior Zone
- Feb 9: Beerfest; Riley's Conference Center
- Feb 9: Flick N Float; Eyster Pool
- Feb 12: Scream Free Marriage; Parent Central
- Feb 14: Valentines Day Bowl; Custer Hill Bowling Center
- Feb 14 & 15: Sweetheart Dinner and Dance; RCC
- Feb 16: Couples Zumba; King Field House
- Feb 17: Family Bingo; Rally Point

Every Wednesday Night is Family movie night at Habaneros

For more info visit:
Rileymwr.com



Riley's Conference Center

Sweet Heart
 Dinner and Dance

Feb 14 & 15
 6-10pm

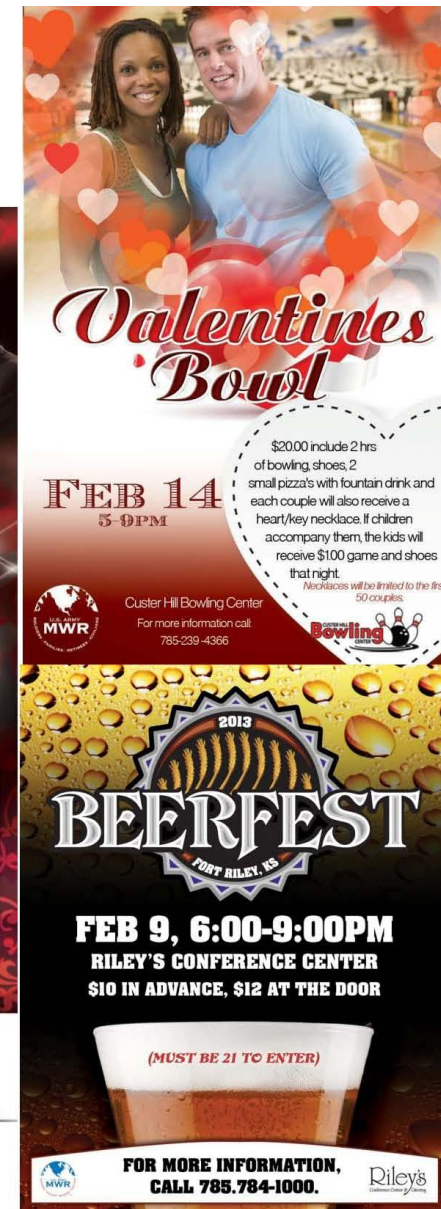
Bring your sweetheart and celebrate Valentine's Day with a night of gourmet food, good music and dancing. Each evening will include a cocktail hour with hors d'oeuvres, a four course gourmet meal, and culminate with lively music and dancing.

In order to make this a truly special occasion, reservations will be limited and tickets must be purchased in advanced for each evening.

OPEN TO THE PUBLIC
 For More Information, call 785-784-1000

MWR Riley's Conference Center & Catering

Sponsored By:
 Little Apple Toyota / Honda



Valentines Bowl

FEB 14
 5-9PM

\$20.00 include 2 hrs of bowling shoes, 2 small pizza's with fountain drink and each couple will also receive a heart/key necklace. If children accompany them, the kids will receive \$10.00 game and shoes that night.
Necklaces will be limited to the first 50 couples.

Custer Hill Bowling Center
 For more information call:
 785-239-4366

2013 BEERFEST
 FORT RILEY, KS

FEB 9, 6:00-9:00PM
 RILEY'S CONFERENCE CENTER
 \$10 IN ADVANCE, \$12 AT THE DOOR

(MUST BE 21 TO ENTER)

FOR MORE INFORMATION, CALL 785.784-1000.

MWR Riley's Conference Center & Catering

Out and About the Fort Riley Area

57th annual K-State Rodeo

Weber Arena K-State Campus
February 22, 23 & 24

Friday, February 22nd- 7:30 p.m.

"Tough Enough to Wear Pink" Night
Sponsored by Collegiate Cattle Women
& Sigma Alpha

Saturday, February 23rd- 1:00 p.m.

Children 12 & under free with
donation of two can goods to Flint Hills
Breadbasket with purchase of adult ticket

Saturday, February 23rd- 6:45 p.m.

"Miss Rodeo K-State Coronation"
7:30 p.m. Evening Rodeo
Performance

Sunday, February 24th- 1:00 p.m.

Cowboy Church- 10:00 a.m.
K-State Rodeo Finals Performance
Military Appreciation Day

Tickets

Adults: \$10/ \$15 at door

Child: \$8/ \$10 at door

Weekend Passes also available

Ticket Outlets

Manhattan
Tractor Supply
Orschlen's
RB Outpost
Varney's
Ampride
RC McGraws
K-State Union
Bookstore

Junction City
Orschlen's

Wamego
Vanderbilts

Topeka
Roy Frey
Western

TITAN
Trailer Manufacturing

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HOT COUNTRY

DICK EDWARDS
MANHATTAN
www.dickedwards.com

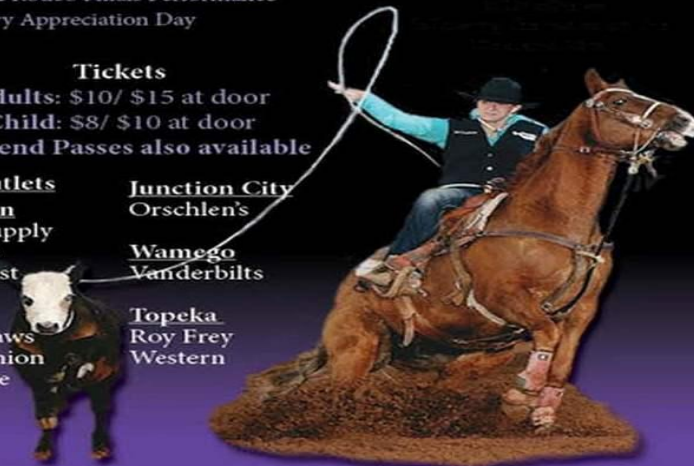
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94.5
COUNTRY

E.C. McEwen's
Cattle Co.

W Ranch
Smolan, KS

DANZEE
CATTLE CO.



RPA entertainment
presents...
Dustin Lynch
w/ Reckless Rebellion



Sunday
February 24, 2013
Doors 8:00 pm Concert 8:30 pm

Tickets available at Varney's,
RB Outpost, Corey's Corral or
at www.rpaconcerts.com
On sale 2/1/2013

The Wareham
Manhattan, KS
410 Poyntz Ave

Tickets \$18

Like RPA Entertainment

@Rpaconcerts

RPA Entertainment
presents...
Josh Thompson
w/ TBA



Friday
March 8, 2013
Doors 8:00 pm Concert 8:30 pm

More Info Soon

For any questions
Call 913-269-1404

On sale 1/28/2013

@Rpaconcerts

The Wareham
Manhattan, KS
410 Poyntz Ave

Tickets \$20

Like

RPA Entertainment

About the Speaker

Hal Edward Runkel, LMFT



has been inspiring family change in a number of ways for over ten years. A former minister, Hal is a Licensed Marriage and Family Therapist (LMFT), relationship coach, seminar leader, author of the ground-breaking *ScreamFree Living* book series and founder of The ScreamFree Institute, the organization that transforms relationships. Hal has been successfully leading students, teachers, parents and families in his ScreamFree relationship methods since the very early years of his training. Hal and his wife, Jenny, have been married for a mostly ScreamFree 19 years and enjoy ScreamFree parenting their two children, Hannah and Brandon. They live just outside Atlanta, Georgia.

Hal Runkel is the creator of the ScreamFree Marriage program and author of the New York Times National Bestseller, *ScreamFree Parenting: The Revolutionary Approach to Raising Your Kids by Keeping Your Cool*.



2nd Appearance at Fort Riley!

The Six Principles for A

screamfree MARRIAGE

Join us for this life-changing marriage event!
Tuesday 12 February, 1800-2000
CYSS, Bldg 6620 Normandy Dr.

Includes Free Dinner (Adults only) and Free Childcare
but you MUST register for childcare no later than 2 Feb.

Please call ACS/FAP at 785-239-9435 to register.

Free ScreamFree Books/DVDs for first 150 Couples to register!

Combining timeless principles, the foremost clinical research, and a LOL-speaking style, renowned relationship expert Hal Runkel presents a vision for intimate relationships unlike most everything you've ever heard. ScreamFree Marriage is not about "fighting fair" or "meeting one another's needs" or "becoming more compatible." None of these can truly grow you as a person or improve your marriage. A ScreamFree Marriage begins with calming your own anxiety and focusing on individual self-respect, championing your own personal growth as the key to intimacy. ScreamFree Marriage actually celebrates the differences between you and your spouse as the foundation for a great marriage, a message that really hits home with many military families.

“ScreamFree has been extremely effective in working with families on the installation. The ScreamFree message and materials have done wonders for families in crisis, as well as for families just looking for a little extra help. I've even trained military leaders who have put these principles into play with their platoons with amazing success.”

- Stanley Austin, ACS Director



INTRODUCE LASTING CALM TO THE COUPLES YOU SERVE

ScreamFree Marriage Training

12-13 February 2013, 0830 - 1630
ACS Building, 7264 Normandy Dr.
To register, call FAP at 785-239-9435

Don't miss this life and career changing 2-day session. (Includes 14 CEUs)*

Do you work with military couples; trying to help them navigate the stresses of Army life? Are you looking for a more effective curriculum that engages both men and women to embrace their roles as spouses? Are you already trained in ScreamFree Parenting and looking to increase the work you do with families?

If so, then this special two-day class is right for you. Join twenty of your peers as Riley becomes one of the first installations to offer ScreamFree Marriage Leader Certification!

The ScreamFree Approach, which has been featured regularly on NBC's *The Today Show*, is grounded in Systems Theory and presented in everyday language. It is ideal for today's stress-filled world because it provides a simple and direct path to lasting changes in couples. ScreamFree Parenting has proven to be extremely effective in helping military families feel more resilient and capable to handle the natural difficulties of parenting in military life. Now, ScreamFree Marriage applies these transformative principles to the challenges of married life in the Army.

If you are ready to add this dimension to your work with couples and see amazing results, join best-selling author and ScreamFree founder, Hal Runkel, LMFT, and his team in a two-day experience you won't forget.

Please register by calling ACS/FAP at 785-239-9435.

*** CEUs are provided for qualified professionals who attend.**

"As a military spouse working in the giving profession, this information was exceptional." - FAP Specialist, Fort Carson

"ScreamFree blew me away! It helps me engage my toughest clients and does wonders for all families."

- Michele Barber, FAPM, Heidelberg, Germany

"I believe the calmness that comes from this training is a huge start to saving military families."

The ScreamFree Institute

Founded by Licensed Marriage and Family Therapist and TODAY Show regular Hal Runkel, the ScreamFree Institute ignites hope in parents, couples and leaders to strengthen their relationships through the power of calm.

In partnering with the Army, through late 2012, ScreamFree has:

- trained and certified over 600 military family professionals
- delivered life-changing classes to over 4,000 families
- provided impactful and engaging curriculum to over 6,000 families

The ScreamFree way challenges adults to calm down, grow up and grow closer with the ones they love. The Institute is located just outside Atlanta, Georgia.

ScreamFree Facilitator's Kit



Do you want to start leading marriage classes today? The ScreamFree Marriage MRI Teach out of the Box ("TOOB") Kit gives you everything you need.

(Each participant will receive one.)

screamfree

The ScreamFree Institute, Inc.
45 Technology Parkway South,
Suite 240, Norcross, GA 30092
Telephone: 1.678.672.6410
Toll-Free: 1.800.860.0771
Web: www.screamfree.org
A 501(c)(3) not for profit organization

Fort Riley Tax Center opens Jan. 23 at 7034 Normandy Drive 239-1040 – See flyer

FORT RILEY (open Jan. 23, 2013) **TAX CENTER**

FREE SERVICE · SAVE HUNDREDS · CALL 785.239.1040

WHAT

**2010 to 2012 Federal and State
Income Tax Returns Filed**

- ▶ Will only file State Income Tax Return when filing your Federal return;
- ▶ No more than two rental properties;
- ▶ No business returns except for childcare providers on post;
- ▶ Prior two year tax returns reviewed and amended if prepared by the Fort Riley Tax Center.

HOURS

**0900-1800 Monday-Friday
(appointments and walk-ins)
0900-1300 Saturday (walk-ins only)
** including training holidays**

WHERE

**Located at Building 7034
(Normandy & Bullard)**

CONTACT

785.239.1040



DON'T FORGET THE BELOW ITEMS!

- ▶ Social Security cards (required for everyone, including children);
- ▶ Power of Attorney (if filing jointly and one spouse is signing for the other spouse);
- ▶ All W-2 Forms;
- ▶ All 1099-R Forms (Pension, Retirement, IRA, etc.);
- ▶ All 1099-INT Forms (Interest Income);
- ▶ All 1099-DIV Forms (Dividends and Distributions);
- ▶ Form 1098 (Mortgage Interest Statement);
- ▶ Form 1098-E (Student Loan Interest Statement);
- ▶ Form 1098-T (Tuition Statement);
- ▶ Closing documents for those who have purchased or sold a home in 2012;
- ▶ Bank routing and account numbers (required for direct deposit of refunds);
- ▶ Receipts for deductible expenses (if you are itemizing deductions);
- ▶ 2011 tax return (if you have rental property income or converted a traditional IRA to a Roth IRA);
- ▶ Form 8332 signed by custodial parent (if you are a non-custodial parent claiming a child exemption or Divorce Decree if divorce was final before July 2008.);
- ▶ Childcare statements for services paid in 2012;
- ▶ Property Tax Statements for homes and vehicles.

OCSC February Events



Membership Sale

January marked the half-way point of our membership year, so new memberships are only \$15. All the same benefits and perks, but at a lower price! Won't you consider joining this time-honored military tradition? www.fortrileyocsc.com

Casino Royale – Save the Date! – 13 APR

This is the largest and most extravagant of OCSC's Fundraisers.

In 2012, this event raised \$25,000 (approx) which was donated to Community Partners

- Do you have an interest in donating a prize?
- Do you have an interest in winning a prize?

Come join us! Save the date: 13 APR (cost \$20 per person entry).

Additional details to follow!



21 February – Monthly Luncheon (*How does your garden grow?*)

11:00 am – Riley's Conference Center

Are you tough enough to garden in Kansas?

Whether you're interested in planting flowers around your home, becoming a vegetable farmer, or maintaining a container garden, expert horticulturalist Susan Schoneweis will answer all of your gardening related questions.

Cost is \$15 per person. RSVP to reservations@fortrileyocsc.com

www.fortrileyocsc.com



Manhattan Events



Father Daughter Sweetheart Dance

Join RSVP of the Flint Hills in hosting the 2nd Annual Father Daughter Sweetheart Dance. This event will be held at the Houston Street Ballroom from 2pm to 4pm on February 10th, 2013. Tickets are \$10 for fathers/grandfathers and \$8 for daughters/granddaughters - ages 4 to 13. RSVP office located at 433 Houston St. For more information please call 785-776-7787.

ZOOari Tails at the Manhattan Public Library!!!!

4th Friday of the month at 10:00 A.M. ZOOari Tails is a collaborative storytime with Sunset Zoo staff and children's librarians featuring animal-themed stories.

2013 Dates:

- January 25: Kansas Animals
- February 22: Animals in Love
- March 22: Baby Animals
- April 26: Earth Day
- May 24: Dinosaurs

Sunset Zoo

Bring a Date to the Zoo Month! Friday, February 1- February 28

Enjoy Buy One Get One admission all February! Buy one adult admission, get one free. It's a perfect time to bring a date to the Zoo!!