

9 January 2013 1ABCT Weekly Newsletter: please pass along to Soldiers, Family and Friends of 1ABCT. You can always stay up to date with local events by going to 1st Infantry Division page at <http://www.riley.army.mil/default.aspx> or if you are having issues reading this you can click on this link to read the weekly news. <http://www.riley.army.mil/UnitPage.aspx?unit=1bct>. We are always up and posting new information on FaceBook! Join us on the Official 1ABCT FaceBook Page at www.facebook.com/1HBCTDEVILBRIGADE?v=wall&ref=sgm

Fort Riley Current News Updates: This information has recently been updated, and is now available.

<http://www.riley.army.mil/OurPost/CurrentNews.aspx> In addition to the Current News page there are Garrison Commander's Community Corner articles <http://www.riley.army.mil/DocumentList.aspx?lib=GC-Corner>

ID Card Update: You can no longer schedule appointments for ID cards over the phone. Now you must use this website unless you prefer to go as a walk-in. <https://rapids-appointments.dmdc.osd.mil/default.aspx>

2012 TAX STATEMENTS & PASSWORD RESET ON MYPAY: Pay customers of the Defense Finance and Accounting Service are scheduled to receive their 2012 tax statements between mid-December through January. A partial schedule of W-2 availability on myPay appears below. To view the complete schedule, including retiree and annuitant information, go to:

<http://www.dfas.mil/pressroom/dfasnewsreleasearchive/Release1112003.html>. -Active Duty Army, Navy, Air Force W-2 – Jan 24, -Reserve Army, Navy, Air Force W-2 – Jan. 8, -Civilian employee W-2 (DoD/Non-DoD) – Jan. 5, -Army Non-Appropriated Fund Civilian Pay W-2 – Jan. 20.

'MyPay' Password Reset Capability: After logging in to their myPay accounts, users will be given a list of 17 possible security questions to answer. MyPay users need to answer eight of those 17 questions to set up their online password reset capability. Later when they forget their passwords, myPay will ask users to answer three randomly selected questions from those they have provided answers to. If they answer correctly, the users will be able to create a new password. Answers are not case sensitive. The security questions are optional for now. In the spring of 2013, however, all myPay users, including those who use Army Knowledge Online (AKO), AF Portal and smart cards, will be required to answer eight security questions. Until then, those who choose to bypass the questions will not be able to reset their passwords online until they've answered the questions. **Soldiers and Civilians unable to reset their myPay passwords online can still reset their passwords by coming in to Military Pay Customer Service at the Defense Military Pay(Finance Office) Office located on Main Post in building 212 on Custer Avenue, between 7:30 a.m. and 3:45 p.m. Monday-Friday.**

Ft Riley Tax Center Opens 23 January. “As we look forward to a new year, the furthest thing from our minds is taxes,” said Elizabeth Thurston, installation tax attorney, Legal Assistance Office, Office of the Staff Judge Advocate. “However, the Fort Riley Legal Assistance Office has been working hard to set up the Tax Center.” The Tax Center provides free assistance with tax preparation for Soldiers, including active duty, active reservists on orders for more than 30 days and retirees, as well as eligible Family dependents. The Tax Center, which is located at Building 7034 at the corner of Normandy and Bullard on Custer Hill, is scheduled to open Jan. 23. Last year, 7,627 federal and 5,790 state returns were prepared, saving Soldiers and Families about \$1.5 million in preparation fees, according to Thurston. More than \$15 million in tax refunds also were secured, she said. “For many members of the Fort Riley community, filing taxes can be a positive experience,” Thurston said. “We strive to provide excellent customer service and look forward to serving (Soldiers and Families) this tax season.” Trained tax preparers will prepare 2010, 2011 and 2012 federal tax returns, in addition to state returns. However, state returns will only be prepared in conjunction with federal returns, Thurston said. Once open, the **Tax Center’s hours of operation will be from 9 a.m. to 6 p.m., Monday to Friday, and from 9 a.m. to 1 p.m. Saturdays. Walk-ins are welcome, and appointments are available Monday to Friday. To make an appointment, call 785-239-1040.** “There is a lot of work and planning that goes into running a successful tax center,” Thurston said. “We have been busy for the past couple of months, and we will be ready to start filing taxes (in January).” By Julie Fiedler , 1st Inf. Div. Post

Fort Riley is preparing to implement changes to its firearms policy in 2013. The changes were made as part of an Armywide policy change that went into effect last year and will be implemented in phases over the course of the coming year, according to Ray Coffey, chief, Physical Security, Directorate of Emergencies Services. Members of the Fort Riley community will want to take note of upcoming changes to the Fort Riley firearms policy. Some of the changes include:

- All persons must declare possession of firearms before entering Fort Riley.
- All persons must present valid registration of firearms at the gate. Gate guards will assist with unregistered firearms declared at the gate.
- Registration information must be entered in the Centralized Operations Police Suite, or COPS and the registration form must be properly stamped by DES for it to be considered valid.
- Registration will include a background check with the National Crime Information Center, or NCIC. The registration form will be updated with additional questions to facilitate the NCIC check.
- Soldiers who choose to have firearms on post and live in on-post quarters are required to store firearms in their unit arms rooms. However, unit commanders can authorize a Soldier to store firearms in his or her on-post residence, excluding barracks.
- Privately-owned firearms will only be transported in vehicles at Fort Riley while traveling by the most direct route to and from authorized locations, including hunting areas, firearm ranges, quarters, Army and Air Force Exchange Service locations, Directorate of Family and Morale, Welfare and Recreation facilities, Environmental Division, Directorate of Public Works’ facilities or unit and organizational parking lots. All weapons, including firearms, must be properly secured in the vehicle and must not be taken into public or private establishments. Firearms and privately-owned weapons should only be removed from unit vehicles for use at authorized recreational areas and for secure storage, like arms rooms and quarters, according to the regulation.
- Secure placement in vehicles is for temporary use only and is not permitted for permanent storage. Additionally, Soldiers, Family members, employees, visitors and recreationists should be aware of certain key points of the existing policy that will continue to remain in effect:

- All firearms are prohibited at Fort Riley unless they are properly registered.
- Concealed carry is not authorized at Fort Riley.
- Firearms being transported at Fort Riley must remain unloaded and out of reach of all passengers in the vehicle.
- All privately-owned firearms transported or secured in vehicles at Fort Riley must be locked in the trunk, or, if a vehicle has no trunk, in a storage area of the vehicle beyond the reach of the vehicle’s occupants. If this is not possible, the firearm must be

transported in a closed case, with a trigger lock in place or similar device utilized, according to Fort Riley Regulation 190-1. Additional signage will be posted at gates during the implementation. More information about the upcoming policy changes and the implementation plan will be available in the coming months. By Julie Fiedler, 1st Inf. Div. Post

FLU SHOTS ALERT INFLUENZA ALERT: The Centers for Disease Control have predicted a potentially severe influenza season. They report that the 2012-2013 seasonal vaccine is well-matched to the current strains of influenza circulating. It is not too late to get a flu vaccination; all military personnel and their beneficiaries are strongly encouraged to be vaccinated. Flu vaccinations are also available at local retailers; age restrictions may apply. Flu vaccines are provided at no cost to Beneficiaries by a TRICARE-authorized provider or by a network pharmacy participating in the vaccination program. Go to <http://www.express-scripts.com/TRICARE/pharmacy/> or call 1 (877) 363-1303, option 5. **Ways to beat the cold and flu from IACH:** get a flu shot, wash your hands, eat healthy, exercise, quit smoking and if you do get sick please do these things: STAY HOME! Get plenty of fluids, and call 785-239-DOCS if you need to be seen.

****DON'T FORGET** OTC SELF CARE MEDICATIONS AT IACH:** The sniffle and sneezing season is upon us! Did you know you don't have to head to the supermarket to get your over-the-counter relief? Take the Self Care Class and earn a card. TRICARE beneficiaries can simply present the self care card at Irvin Army Community Hospital pharmacies to get over-the-counter cold and flu remedies, pain relievers and basic care medications. You can also take the class online at http://iach.amedd.army.mil/sections/clinics/preventiveMedicine/OTC_Dec_2009.pdf and return a completed certificate for a card or at the Pharmacies print out the Self Care Card ticket and present at time of visit to the pharmacies.

NMFA MILITARY SPOUSE SCHOLARSHIP: The National Military Family Association is now accepting applications for its annual Joanne Holbrook Patton Military Spouse Scholarship Program. The Association recognizes the unique challenges today's military spouse's face pursuing additional training or education. Scholarships of up to \$1,000 are awarded to help ease the financial obstacles that accompany pursuing a higher education. Scholarships are awarded in eight categories: High School GED or English as a Second Language classes, Degree Seeking Candidates (Associate's, Bachelor's, Master's, Doctorate), Licensing Fee Science, Technology, Engineering, or Math Degree (to include certain, healthcare fields), Mental Health Career Fields, Spouses of Fallen Service Members, Spouses of Wounded Service Members, Vocational or Technical Certification. Applications will only be accepted online <http://support.militaryfamily.org/site/R?i=hfjivy0uTLxeouon3ABSpA> and must be submitted by midnight EST, January 31, 2013. Spouses of uniformed Service Members (active duty, National Guard and Reserve, retirees, and survivors) from any branch or rank are eligible to apply. The scholarship funds may be used to assist with tuition, fees, and school room and board. Apply now!

****Just Added** Fort Riley Custer Hill Golf Course Update:** Golf Course opened for play 08 January 2013. All carts must remain on the cart path for play. Follow the link for info on winter rates. <http://rileymwr.com/golf/>

****SIGN UP TODAY ** 2013 Winter X- Games in ASPEN, CO- Escape VIP style with BOSS from the flatlands of Kansas to the heart of the Winter X-Games in Aspen.** Whether you mowboard or ski, this trip is everything you want at an inexpensive price. Spots will fill up quickly so reserve your room as soon as possible. For more information please call BOSS at 785-239-BOSS (2677).

****TONIGHT** 3 lb Burrito eating Contest on 9 January at Habañero at 6pm, must be 18 years or older and they have continued Family Night every Wednesday in January.** Doors open at 4:30 p.m. and a Family-friendly movie will start at 5 p.m. at the restaurant. For more information, call 785-240-2782. During the month of December, Children 12 and younger eat for ½ price with the purchase of an adult meal at Habañero. For more information on the contest please call 785-240-2782

**** TODAY is the Deadline for discounted tickets** Sesame Street Live "Can't Stop Singing"** Deadline to order discounted tickets is 9 JAN for the 17-19th showing of this event at the Kansas City Sprint Center. Tickets at the discounted price run from \$10-\$21; please contact Leisure Travel at 785-240-2782

****Reminder** Youth Sports Registration Dates:** Register by 11 Jan for Start Smart Skill Development: Ages 3-4 and Start Smart Basketball Clinics for Grades K-1. For more information please contact 785-239-9885

****THIS WEEKEND** Beyond the Beans and Bullets seminar for Families of Deployed Soldiers:** Family members have an opportunity to get ready for reintegration with their Soldier following a redeployment. Army Community Service is hosting a Beyond the Beans and Bullets seminar from 10 a.m. to 5 p.m. Jan. 12 at Riley's Conference Center. The seminar will include discussion among military spouses about the best ways to handle reintegration, said Cheryl Erickson, director, ACS. "It's much easier to discuss it with people who are in the same boat," Erickson said. The event was conducted in the same manner last year and was a success, she said. "The feedback has been phenomenal because they learn more from each other," Erickson said. Three sessions will be conducted throughout the seminar, including tips and tools for managing redeployment, staying relaxed and budgeting for redeployment. During each session, table discussions will be facilitated with different questions posed. The table groups will be mixed with seasoned and newer spouses to talk through issues. "Every redeployment is different, and every person is in a different place in their life," Erickson said. "We can always get some new tips or tools to help us manage the challenges." Youth, ages 6 to 17, also can participate in the concurrent children's redeployment workshops as well. The children's workshops will be split according to age groups. "It will be more activity-oriented, rather than the adults going to the different sessions," said Marvin Springer, outreach coordinator, ACS. "They have the opportunity also to learn some skills as well during this training." Children's activities will be centered on reintegrating with returning parent(s). Additionally, information tables will be set up to help with the reintegration process. Spouses and Families can browse through the tables during the event. Some of the organizations that will be in attendance include the "Her War, Her Voice" support group and the Leisure Travel Center. "We'll know when the unit's block leave is, so (LTC) can put out all the travel deals for that time, so (Families) can look at that during breaks," Erickson said. Even if people think they may not need the tools, everyone is still encouraged to come out for the camaraderie, Erickson said. "It's good for the kids, it's a nice break, and there will be door prizes," Erickson said. Drawings for three digital tablets will be conducted. The seminar is free to participants. Walk-ins will be accepted, but adult participants are encouraged to register in advance. Child care is provided. Participants needing child care are required to pre-register. A "no-host" lunch pasta and salad bar will be available for \$7.50 at the conference center. To register for the seminar or for more information, call ACS at 785-239-9435.
By Calun Reece, 1st Inf. Div. Post

****THIS WEEKEND** Outdoor Rec Trip to Lawrence Indoor Aquatic Center Jan 12 11:30-6pm.** To register and more information please contact 785-239-9885.

****THIS WEEKEND** A Blind Draw Doubles Tournament will be at 12:30 p.m. Jan. 12 at Custer Hill Bowling Center.** Registration is at 11 a.m., and blind draws will take place at noon. The entry fee is \$25 per person. Cash prizes will be awarded for first and second place. For more information, call 785-239-4366.

****THIS WEEKEND** A Flick-and-Float event will take place at 7 p.m. Jan. 12 at Eyster Pool.** Cost to participate is \$10 per Family or \$5 per person. Hot dogs, chips, juice and cookies will be served throughout the movie. Families may bring their own food, too. For more information, call 785-239-9441

**** THIS WEEKEND** PACK THE HOUSE NIGHT! Woman's Basketball-KSU vs West Virginia at Bramlage Coliseum on 12 Jan 2013.** All Tickets are \$1.00. Avoid the handling fee by purchasing your tickets in person at the K- State Office in Bramlage Coliseum

****THIS WEEKEND** PRCA Championship Rodeo at the Kansas Expo Center in Topeka!**



The rodeo will be located in the Landon Arena of the Kansas Expo Center, it's Friday the 11th and Saturday the 12th Tickets can be purchased at ticketmaster.com- there is military discount of \$4/ticket or per group! To contact the arena directly you may email them at info@ksexpo.com or the event hotline at 785-230-EXPO, to order tickets 800-745-3000. For more great events from the Kansas Expo Center please check their website at <http://ksexpo.com/index.php>

****THIS WEEKEND** Manhattan Christian College Women's and Men's Basketball Games in Manhattan at 1101 Poyntz Ave in the City Auditorium.** First Game starts at 5:30pm against Presentation College. For more information please contact them at 877-246-4622.

****THIS WEEKEND**** some changes are being made to the USO No Dough dinners for the upcoming year. The USO will be trying a “No Dough Dinner Light” for the first dinner in January and also the first dinner in February. Dates for regular No Dough dinners will be changing as well. The dinners, one of the many ways USO Fort Riley seeks to lift the spirit of the troops and their Families, were started to give Families a night off from cooking and originally scheduled right before pay day, according to April Blackmon, director, USO Fort Riley. The No Dough Dinner Light will still be serving full meals, but lighter in terms of the amount of the number of people being served, Blackmon said. “It’s an experiment we’re going to try based off of our previous year’s attendance records for the first dinners in January and February. We were seeing maybe 100 (attendees) at most,” Blackmon said. The meal will still have all the trimmings people have enjoyed in the past, including a main dish, fresh veggies and other sides, Blackmon said. The light dinner will have a capacity for about 100 to 150 attendees, instead of the usual 300. The No Dough Dinner Lights also will be hosted at a different location – the USO Fort Riley center. “It’s normally at our dining facility or off site somewhere,” Blackmon said. “We’ve never done it in the USO center before, so it’ll be an interesting experiment for us to see how well it works,” Blackmon said. **The first No Dough Dinner Light is scheduled for 5 to 6:30 p.m. Jan. 12 at the center. Normally, the dinners are during weekdays, but this dinner will be during a Saturday** to see how it works out, Blackmon said. The USO also is changing the official scheduled dates for regular No Dough Dinners. The regular dinners were initially scheduled the day before pay day to give Families a helping hand, Blackmon said. “Well, we learned that many folks get paid the day before pay day, so, with that in mind, we’ve now decided to bump it to two business days before pay day,” Blackmon said. The last day before getting paid can be a little tough for people, she said. “We target an audience of 300 on normal No Dough Dinners – that’s troops and Families, and we will be doing some off-site locations this year they can look forward to,” Blackmon said. All USO dinners are volunteer-operated events. “We have folks who volunteer for just one dinner, (and) we have folks who volunteer every dinner,” Blackmon said. “It’s a Family-friendly volunteer opportunity, so parents can have some of their older children helping out with the dinners,” Blackmon said. The USO dinners would not be possible without the help of volunteers, she said. “As long as we have volunteers and donations, the dinners will go on, so we hope to never run out of volunteers,” Blackmon said. To volunteer, visit <http://usovolunteer.org/custom/500/index.php> or call 785-240-5328. Schedules, menus and other information can be found at the USO Fort Riley Facebook page at www.facebook.com/USOFtRiley. By Calun Reece, 1st Inf. Div. Post

Fort Riley’s Biggest Loser Program, a six-month fitness program, starts Jan. 14 at King Field House. Soldiers, Family members and civilians may participate. Civilians who participate are authorized three hours of administrative leave absence per week for the duration of the program. For more information or to receive a participation packet, contact the fitness department at 785-240-2664 or justin.m.grieger.naf@mail.mil . Packets must be turned in by Jan. 13

January Warrior Zone Activities: NFL Football Playoff Games every Saturday and Sunday, 23 42” TV’s and 4 hi-def projectors, The Challenge, every Thursday @8pm, Ft Riley faces off w/ JB Lewis-McChord VTC enhanced Challenge match. Every Friday night, Friday Night Magic, come in and play Magic the Gathering in a Sanctioned, Type 2 structured event. Every Saturday, Noon to Close, WARHAMMER 40K and also on Saturday Texas Hold-em, no buy in into the weekly matches but a prize is awarded weekly to the best player. For more info please call the WZ at 785-240-6618.

**** JUST ADDED**** **Woman's Basketball-KSU vs BAYLOR** at Bramlage Coliseum on 16 Jan 2013 at 7pm. Ticket Special for this game is "Wildcat Weekday 4 pack" - 4 GA tickets and 4 Concession vouchers for \$30. Avoid the handling fee by purchasing your tickets in person at the K- State Office in Bramlage Coliseum or you can always purchase online at <http://ev12.evenue.net/cgi-bin/ncommerce3/EVExecMacro?linkID=kansuse&evm=main>

****Reminder**** **Acacia Lodge - Black History Month Essay Contest:** The Officers and Members of Acacia Lodge # 91 in Junction City are hosting a special writing contest for all students of Geary County, USD 475. **The Essay must:** 1) Be 300 to 500 words 2) Be about African American History with the Subject of: *Now is the Time - "How Can You Make a Difference"* 3) Be Typed in Microsoft Word, Times New Roman and with a 12 pt. font size 4) Include your name, grade, date and name of school. Essays can be emailed to blackhistoryessay@yahoo.com The top three students who have written the best essays will be invited to attend and read their essays at the Annual Black History Month Celebration on Feb. 23rd. Students will also receive a prize for their selection to be presented at the program.

As weather permits, Fort Riley's Skeet and Trap Range is open from noon to 8 p.m., Wednesdays and Thursdays, and from 10 a.m. to 5 p.m., Saturdays and Sundays. For more information on the range, call the Outdoor Recreation Center at 785-239-2363.

****Updated**** **MST (Teen Center) Upcoming Events and Workshops:** 15 Jan, 6-7pm Learning Styles and 7-8pm Building your Brain, 19 January, 7-10:30pm Movie Night, 24 January 4-5:30pm Celebrate Belly laugh Day, 29 January 6-7pm transition to College; 7-8pm Money matters. For more information please call them at 785-239-9885.

****JUST ADDED******Warrior Zone Event: SNIPER GHOST WARRIOR 2 RELEASE PARTY!** Gameplay features realistic bullet physics that factors distance, wind, and bullet drop when sniping targets. For more information on this event or more WZ events please contact 785-240-6618

****JUST ADDED**** **Fort Riley Outdoor Recreation Update:** 1. Introductory Trap Shooting Clinics will take place through Feb. 11. Learn the basics of the sport shooting by trying trap shooting. Rental gun, ammunition, ear and eye protection are included in the fee. Dates and times are by appointment only. To schedule an appointment, call the Outdoor Recreation Center at 785-239-2363. 2. Outdoor Recreation will host a "Frosty Contest" during December to February. Each time it snows, take pictures of you and friends making a snowman for the chance to win prizes from Outdoor Recreation. One entry each snowfall is allowed. Submit pictures to Outdoor Recreation. For more information, call 785-239-2363.

****JUST ADDED**** **Division 4 day Holiday in Observance of Martin Luther King Holiday 18-21 January**

****Deadline**** **HIRED! Program for Teens: Spring Session Feb 10-May 4- Application Deadline is 18 January.** This program is designed to meet the career exploration of Army teens 15-18. For more information please contact 785-239-9885

Family Climb Time: Jan 18, & Feb 15, 2-4pm – FREE! Are you craving Family fun during these winter days? Outdoor Recreation and Craig Fitness Center are teaming up to offer you an exciting escape from your regular routine. Trained staff will belay while you, your Family, and your friends climb on the wall. Pre-registration is required. Please contact ODR @785-239-2363 for more information or to register.

****JUST ADDED** PATRON Appreciation Day (Jan 19, 1-3pm) Fort Riley Post Library offers this FREE Event to say “THANK YOU” for making them part of your daily life!** Library will have refreshments and raffling of amazing gifts. For more information please contact them at 785-239-5305

****JUST ADDED** FAMILY BINGO!** Rally point will offer another Family Bingo on 20 Jan, doors open 1pm, and BINGO starts at 2pm. Play Bingo with your whole Family! Fun for all ages and win great prizes! For more information please contact 785-784-5434-

Custer Hill Bowling Center will host a kids lock-in night from 6 p.m. to 1 a.m. Jan. 19. Unlimited bowling and drinks will be provided. The cost is \$7.50 per child, and children must be at least 10 years old to participate. Parents must sign in and sign out when picking up children. Emergency contact information must accompany children. For more information, call 785-239-4366

****JUST ADDED** The Fort Riley Middle School Groundbreaking ceremony will be at 1 p.m. Jan. 22 at the Fort Riley Middle School.** In the event of inclement weather, the ceremony will be conducted inside the Fort Riley Middle School gymnasium. The new middle school will replace the existing school, with construction of the new school expected to be completed by August 2014. The public is invited to attend the event. A reception will follow the ceremony from 1:30 to 2 p.m. in the middle school library.

****JUST ADDED** The 1st Infantry Division Equal Opportunity Office will host a Martin Luther King Observance from 11:45 a.m. to 12:45 p.m. Jan. 23 at Riley’s Conference Center.** The event is free and open to the public

****REMINDER** BOSS Meeting 23 Jan, 3pm at the Warrior Zone-** Come find out about all the Single Soldier activities Fort Riley has to offer or voice your quality of life issues to your BOSS representatives. For more information please call BOSS at 785-239-BOSS (2677).

****Just Added**Every Child Can Benefit from ABC Music & Me 2 years to 6 years:** Research shows that music improves a child’s memory, cognitive development, learning skills, and ability to express emotion. Music makes a child a better learner, teaches self-control, improves coordination, enhances creativity, and inspires a lifetime appreciation of music and movement. **Build social skills** such as turn-taking and cooperation through group learning. **Strengthen memory and increase attention span** through new songs, stories, and rhymes with sufficient repetition to help children remember what they’ve learned. Instrument play-alongs **develop hand-eye-coordination, physical coordination,** and a sense of steady beat to help carry out activities such as using a pair of scissors. Location in Junction City is the CL Hoover Opera House 135 W. Seventh Street JC, Rehearsal Hall – 2nd Floor. Sat Mornings 9am-9:30 for 2-4 yr olds and 9:30-10am for 4-6 yr olds. If you are interested please contact Danny O’Brien at 238-3906 or at daniel.obrien@jcks.com For more community activities please check their website out at <http://jcoperahouse.org/>

Mark Your Calendars with these upcoming FEB Events: – Beerfest, Sweetheart Dinner & Dance, Flick –and Float, Valentine’s Bowling Event, and Couples Zumba: **1.** Beerfest will be from 6 to 9 p.m. Feb. 9 at Riley’s Conference Center. Tickets are \$10 in advance and \$12 at the door. Attendees must be 21 to enter. For more information, call 785-784-1000. **2.** Riley’s Conference Center will host the Sweetheart Dinner and Dance from 6 to 10 p.m. Feb. 14 and 15. Bring your sweetheart and celebrate Valentine’s Day with a night of gourmet food, good music and dancing. Each evening will include a cocktail hour with hors d’ oeuvres, four-course meal and will culminate with music and dancing. For more information, call 785-784-1000. **3.** A Flick-and-Float event will take place at 7 p.m. on Feb. 9 at Eyster Pool. Cost to participate is \$10 per Family or \$5 per person. Hot dogs, chips, juice and cookies will be served throughout the movie. Families may bring their own food, too. For more information, call 785-239-9441. **4.** Couples Zumba will be from 9 to 10 a.m. Feb. 16 at King Field House. Cost to participate is \$2 per person or \$4 per couple. Refreshments will be provided. Pre-registration is preferred. Child care will not be provided. For more information, call 785-239-3146. **5.** A Valentine’s Day bowling event will be from 5 to 9 p.m. Feb. 14. Cost to participate is \$20 and includes two hours of bowling, shoe rental, two small pizzas, fountain drinks and a heart/key necklace for each couple. Necklaces are limited to the first 50 couples. If children accompany a couple, they will receive \$1 game and shoe rentals. For more information, call 785-239-4366.

Welcome to the Military Community and Family Policy (MC&FP) Weekly eNewsletter providing you with access to the latest Quality of Life news and information from the Department of Defense and dates for upcoming Guard and Reserve onsite sales. The link below will open up the MC&FP Weekly eNewsletter in your browser. If the link below does not work, please copy and paste the entire link into your browser window. <http://apps.militaryonesource.mil/mcftp/weekly> You can now receive the MC&FP Weekly content and news in an RSS feed! Learn more about Military OneSource RSS feeds, and sign up today for the Weekly RSS feed by selecting the URL below: <http://www.militaryonesource.mil/rss> Your MC&FP Team! Military Community and Family Policy Office of the Secretary of Defense Providing policy, tools, and resources to further enhance the quality of life of service members and their families

Check out these websites for more information or events going on: Ft Riley MWR <http://rileymwr.com/main/>

The 1st Infantry Division website <http://www.riley.army.mil/default.aspx>

More Social Media sites for Fort Riley can be located here! <http://www.riley.army.mil/NewsViewer.aspx?id=2873>

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[Check out flyers below-](#)

Fitness Assessments & Body Composition Analysis

King Field House

Fitness Assessments

Find out your current fitness level including Resting Heart Rate, Blood Pressure, Muscular Strength, Muscular Endurance and Cardiovascular Endurance.

Body Composition:

Compare your body fat percentage with what is healthy for your gender, age and height.

Girth measurements, Skin Fold tests and Bioelectrical Impedance testing available.

Offered by appointment call 240-2664



Contact the Fitness Office at 240-2664 for information or to set up an appointment.

3V3 basketball TOURN MAR 16

7TH ANNUAL

AT KING FIELD HOUSE
Registration ends Mar 14

10am
DOUBLE ELIMINATION

\$50
a team

FREE for all Active Duty Teams

MAX 5 PLAYERS A TEAM

Open to all DOD
cardholders 18 years and older

1st, 2nd, & 3rd PLACE TEAMS WILL RECEIVE AN AWARD

For more information please contact the Sports Department
at 239-2813 from the hours of 1-9 pm



REGISTRATION FORM

NAME: _____

PHONE: _____

UNIT: _____

TEAM NAME: _____

E-MAIL: _____

FAX COMPLETED FORM TO: 785-239-6870 OR
DROP OFF AT KING FIELD HOUSE SPORTS OFFICE



Plant * Grow * Bloom

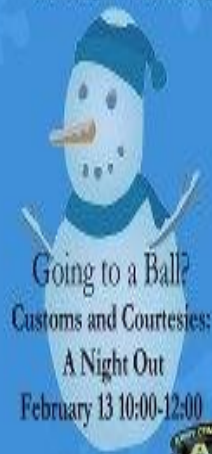
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Join us to learn more about the Army and yourself at
Army Family Team Building Classes

Level I	Level II	Level III
January 23-24 or (for working spouses) February 2	February 19-21 - Stress Management/ Personality Traits - Problem Solving - Intro to leadership	March 19-21 - Leadership Styles - Delegation - Coaching and Mentoring
- Chain of Command - Benefits and Entitlements - Financial Readiness		

All classes are held in the RLC Building
 7285 Normandy Drive
 from 9am- 3pm

Free childcare is provided with registration.
 To register call ACS Resilience Learning Center (785) 239-9435



Family Readiness Training 2013 Schedule

Free Child Care for all Family Readiness Group (FRG) Classes. **Pre-registration Required!**

Family Readiness Group (FRG) Leader Class: Instruction and guidance to assist newly appointed FRG Leaders, FRSA's and Commanders.

Each part is a 3-hour course.

Jan 8-9 / Mar 12-13 / May 14-15 / Jul 16-17 / Sep 10-11 / Nov 11-13: **9:00 am – 12:00 Noon**

Key Caller Class: This class provides instruction and guidance to appointed Key Callers.

Feb 5 / Apr 2 / Jun 4 / Aug 6 / Oct 1 / Dec 3: **10:00 am – 12:00 Noon**

Funds Custodian Class: This class provides instruction and guidance to appointed Funds Custodians.

Jan 15 / Mar 12 / May 7 / Jul 16 / Sep 10 / Nov 19: **10:00 am – 12:00 Noon**

Care Team Training: Instruction on Care Team's responsibilities and guidance on how to handle issues volunteers will face (such as dealing with family's reactions).

Feb 13 / May 15 / Aug 14 / Nov 13: **1:00 – 3:00 pm**

***Family Readiness Support Assistant (FRSA) Training:** This training will provide FRSA's a basic knowledge of their roles and responsibilities as well as acquaint them with the various Army Community resources available to Soldiers and Family members.

* Mandatory to all new FRSAs * Commanders Welcome * Open to all FRG Volunteers

Mar 5-6 / Sep 2-3 / Aug 28-29: **9:00 am – 3:00 pm**

To register for a class please contact:
 Army Community Service
 7264 Normandy Drive, Fort Riley, KS 66442
 (785) 239-9435



Directory

Army Community Service
7264 Normandy Dr. 785-239-9435
 Volunteer Programs/AFAP/AFTB 785-239-9435
 Mobilization & Personal Readiness 785-239-9435
 Financial Services/AER 785-239-9435
 Family Advocacy 785-239-9435
 -24/7 Victim Advocate Emergency 785-307-1373
 Relocation Program 785-239-9435
 Women, Infants & Children 785-239-5730
 Parent Support/EFMP 785-239-9435
 Employment Readiness 785-239-9435
 Military Family Life Consultants 785-239-9435
 -Military Family Life After Hours 785-221-9483

- Army Community Service Resiliency Learning Center
 7285 Normandy Dr. 785-239-9435
- Soldier & Family Assistance Center
 674 Warrior Rd. 785-239-8430
- Army Community Service Survivor Outreach Services
 510 Reed Rd. 785-239-5979
 -Survivor Outreach Services After Hours 785-221-8595

Arts & Crafts Center
6918 Trooper Dr. 785-239-9205

Automotive Skills Center & Car Wash
7753 Apennines Dr. 785-239-9764

B.O.S.S. - Better Opportunities for Single Soldiers
7867 Normandy Dr. 785-239-BOSS

Custer Hill Bowling Center
7485 Normandy Dr. 785-239-4366

Custer Hill Golf Course & Pro Shop
5202 Normandy Dr. 785-784-6000

Child & Youth Services Parent Central
6620 Normandy Dr. 785-239-9885
 Family Child Care 785-239-9885
 Outreach Services 785-239-9885
 Youth Sports 785-239-9885
 School Liaison 785-240-3261

- 1st Division CDC
 4012 1st Division Rd. 785-239-9011
- Warren CDC
 6950 Warren Rd. 785-239-9929
- Warren East CDC
 6981 Warren Rd. 785-239-0822/0821
- Forsyth CDC
 2410 Saddlehorn Rd. 785-239-4846/4848
- Forsyth East CDC
 2420 H St. 785-240-5820/5822
- Whitside CDC
 676 Warrior Rd. 785-239-4978
- School Age Center
 5810 Thomas Ave. 785-239-9220
- Middle School & Teen Center
 5800 Thomas Ave. 785-239-9222
- SKIES
 2420 H St. 785-240-5821

Fort Riley Post Library
5306 Hood Dr. 785-239-5305

Habanero
8067 Normandy Dr. 785-240-2782

Leisure Travel Center
6918 Trooper Dr. 785-239-5614

Outdoor Recreation Center
9011 Rifle Range Rd. 785-239-2363

- Marina at Millford Lake
 7112 Highway 82 785-463-5253
- Skeet & Trap Range
 Range 34 Vinton School Rd. 785-239-9058

Riley's Conference Center
446 Seitz Dr. 785-784-1000

Rally Point Bingo
2600 Trooper Dr. 785-784-5434

King Field House Gym
202 Custer Ave. 785-239-3868

- Sports & Recreation Sports Office 785-239-2172
- King's Korner Smoothie Bar 785-240-6531
- Fitness Office 785-239-3146
- Intramural Sports Office 785-239-2813
- Craig Fitness Center
 7024 Apennines Dr. 785-239-5562
- Custer Hill Outdoor Pool
 7465 Normandy Dr. 785-239-5860
- Eyster Indoor Pool
 6940 Warren Rd. 785-239-4854
- Leonard Fitness Center
 7632 McGlachlin St. 785-239-5771
- Long Fitness & Pool Center
 8069 Normandy Dr. 785-239-4683/4684
- Main Post Outdoor Pool
 448 Seitz Dr. 785-239-6972
- Robinson Fitness Center
 7832 Hale St. 785-239-4480

Warrior Zone
7867 Normandy Dr. 785-240-6618

Warrior Zone Expires Feb 28, 2013
SAVE .75¢ ON YOUR BREAKFAST
 Present this coupon prior to paying and receive
 .75¢ OFF ANY BREAKFAST MEAL.

 Cannot be used with any other promotion, coupon, or special.
 1 coupon per visit, only valid at the Warrior Zone, Fort Riley KS.

Habanero Restaurant Expires Feb 28, 2013
SAVE .75¢ ON YOUR COMBO MEAL
 Present this coupon prior to paying and receive
 .75¢ OFF ANY MEAL THAT YOU "COMBO UP".

 Cannot be used with any other promotion, coupon, or special.
 1 coupon per visit, only valid at Habanero, Fort Riley KS.

Custer Hill Bowling Center Expires Feb 28, 2013
10% OFF BOOKED BIRTHDAY PARTY
 Present this coupon prior to paying and receive
 10% OFF YOUR BOOKED BIRTHDAY PARTY.

 Cannot be used with any other promotion, coupon, or special.
 1 coupon per visit, only valid at Custer Hill Bowling Center, Fort Riley KS.