

10 Oct 2012 1ABCT Weekly News Update: please pass along to Soldiers, Family and Friends of 1ABCT. You can always stay up to date with local events by going to 1st Infantry Division page at <http://www.riley.army.mil/default.aspx> or if you are having issues reading this you can click on this link to read the weekly news. <http://www.riley.army.mil/UnitPage.aspx?unit=1bct>. We are always up and posting new information on FaceBook! Join us on the Official 1ABCT FaceBook Page at www.facebook.com/1HBCTDEVILBRIGADE?v=wall&ref=sgm

Fort Riley Current News Updates: This information has recently been updated, and is now available.

<http://www.riley.army.mil/OurPost/CurrentNews.aspx> In addition to the Current News page there are Garrison Commander's Community Corner articles <http://www.riley.army.mil/DocumentList.aspx?lib=GC-Corner>

In case you haven't noticed this change at Henry Access Control Point: Starting Oct. 4, drivers can expect two -way traffic on Henry Road. Two way traffic has been restored during the hours of 5 to 7 a.m. Drivers on Frontage Road coming from Grandview Plaza will have to stop at a stop sign and obey all traffic signals and signs. Military Police will not direct traffic outside Henry Gate Access Control Point, but they will be present. Traffic control will be provided for drivers going to and from Marshall Army Airfield at Ray Road and Smokey Hill Road. Drivers should be aware that instead of cones, designated lanes have been created coming off Interstate I-70 and Frontage Roads. For more information visit <http://www.riley.army.mil/OurPost/CurrentNews.aspx>

Garrison Commander encourages Families to have healthy relationships: Leadership at Fort Riley signed a Domestic Violence Awareness Month proclamation Sept. 27 just ahead of October – National Domestic Violence Awareness Month. This proclamation renewed the 1st Infantry Division and Fort Riley's commitment to promoting healthy Families. During the month, let's focus on healthy relationships and what each of us can do to improve our Family lives and support those who may be facing abuse. Domestic abuse can happen to anyone – regardless of gender, age or other factors. We should strive to create Family environments where no one lives in fear because they feel unsafe in their own home. One small action you can take to help improve Family environment is to check out classes offered through Army Community Service in Building 7264. ACS' programs offer parenting classes, support groups, financial classes, classes just for dads and wounded warrior support and services. Child, Youth and School Services offers classes on being an involved parent, information on bullying, stress management and child abuse prevention. And while most of our Family support services are offered year-round, **ACS' Family Advocacy Program has at least one special activity planned in support of Domestic Violence Awareness Month that I'd like to highlight. A workshop, entitled "Journal to the Self," will**

be hosted by Dr. Iris Wilkinson of the Human Services Department from Washburn University from 9 a.m. to 4 p.m. Oct. 18 at the Resiliency Learning Center, Building 7285 on Custer Hill. Attendees will learn 18 different journal techniques to safely release tension, frustration, anger and other strong emotions; track cycles, patterns and trends in their personal lives; and clarify goals. Seating at the workshop is limited, and pre-registration is required. To register, call 785-240-7194. For more information about Domestic Violence Awareness Month or Family services offered at Fort Riley, call 785-239-9435 or visit the staff at ACS on Custer Hill. For 24-hour domestic violence response, call 1-800-727-2785. By Col. William Clark, Garrison Commander

Care and Concern: If you are concerned about a battle buddy or someone you care about - ACT! ACKNOWLEDGE the signs and symptoms of suicide, show CARE and CONCERN for the person, and get that person to seek TREATMENT.

<http://www.militarymentalhealth.org/resources/suicideact.aspx>

Suicide Myths & Facts: **MYTH:** Talking about suicide will put the idea in someone's head. **TRUTH:** By asking someone if they feel suicidal, you are providing them with a safe opportunity to express their feelings and to have an ally in seeking help. **MYTH:** Suicide is spontaneous and those who talk about it won't kill themselves. **TRUTH:** The vast majority of people who die by suicide express the desire to a loved one or show warning signs. **MYTH:** Once someone makes up their mind to kill themselves, there is nothing you can do. **TRUTH:** Although suicidal thoughts are powerful, they can be temporary. Depression is the leading risk factor for suicide and can be successfully treated. Service members in crisis should seek help immediately by contacting the Military Crisis Line. Dial 800-273-8255 (press 1 for military) for 24/7 crisis support. The crisis line, found at <http://militarycrisisline.net>, also provides a chat and text service. To see if you have symptoms of depression or PTSD, take an ANONYMOUS self-assessment at www.MilitaryMentalHealth.org

Did you know? A ton of recycled paper uses: 64 percent less energy, 50 percent less water, 74 percent less air pollution, saves 17 trees and creates five times more jobs than one ton of paper products from virgin wood pulp. (Source U.S. Environmental Protection Agency)

USD 475 High School Parent Teacher Conferences: On Thursday, October 11, 2012, from 5:00-8:00 p.m., Junction City High School will be holding Parent Teacher Conferences in Shenk and Fiffe Gyms at the main campus, 900 N. Eisenhower Dr. CAC teachers will be set up alphabetically in Shenk Gym. FSA teachers will be set up alphabetically in their teams in Fiffe Gym. If you have questions regarding Parent Teacher Conferences, please call your student's academy office.

The Junction City High School Annual College Planning Conference will be held Monday, October 15, in Shenk Gymnasium from 1:30-2:30 pm. Representatives from many public and private colleges and universities, community colleges, military, vo-tech and trade schools will be available to visit with juniors, seniors and parents. The goal of the conference is to help students and parents make intelligent, well informed decisions about their future. Information will be available about course offerings, tuition and fees, financial aid, scholarships, housing, safety, student life

in general and important deadlines. See the JCHS announcements for the schools who will be in attendance. For more information contact, Margie Pinaire, Scholarship Coordinator, at 717-4063 or margiepinaire@usd475.

LOOKING FOR FUN OCTOBER THINGS TO DO? Check these out!!!

Britt's Farm in Manhattan: Pumpkin Patch, Corn Mazes and More! Ready to get out and have some fun this fall? Whether you are planning a group event, want to have the most unique pumpkin in the neighborhood, or just need to relax with your family or special someone, Britt's is the place to be! We grow our own huge variety of pumpkins, mini pumpkins, gourds, corn stalks and many other decorations! October is breast cancer awareness month. A portion of the proceeds from sales of our new Pink pumpkins go towards cancer research. **Open every weekend through October! Friday 3-6, Saturday 9-7 & Sunday 10-6 One flat admission, tons of fun. Admission \$7.50 ages 4-99 Activities include:** Easy corn maze, Hard corn maze, Pumpkin Patch, Hayrack ride, Tractor train ride, Petting zoo, Potato cannon, Super slide, Bouncy House, Tons of photo spots, Much more! **PScary Maze:** What will be lurking in the corn maze this year??? For the 4th year, we are excited to have a scary corn maze. This is no kiddie corn maze! Bring you walking (or should we say running?) shoes and join the fun. Scary maze runs October 20, 26 & 27. 7-9 pm. Recommended age is 12 and up! Discount days this year are Grandparents Day 6 Oct- admission is \$3.00 for grandparents and Military **Appreciation Day is \$1.00 off admission on 13 Oct w/ military id.**

The Wizard of Oz – Now - Oct. 14: We are bringing back our annual show "The Wizard of Oz" to coincide with OZtoberfest this year. Join us as we bring this classic to life and watch Dorothy discover "there is no place like home." Where: Columbian Theatre, Wamego When: 12, 13 & 14. Friday/Saturday 7:30PM. Sunday 2:00PM.

Fall Festival at the Lazy T Ranch - Now till- Oct. 28: Ron and Chris Wilson invite you to the Fall Festival at the Lazy T Ranch. Fun for the whole family! Select and bring home pumpkins of various sizes. Events: •Zoom down the Flint Hills Fun Slide •Enjoy tasty concessions in the Cowboy Café •Walk through the Meadow that's never been plowed and see the native prairie grasses and wildflowers •Rope a genuine longhorn steer head •Visit the animals—meet horses, beef cattle, llamas, dairy goats, sheep, rabbits, chickens •Ride a pony •Climb through the straw bale Kid's Castle •Fire the giant Hedge Ball Slingshot •Play on the Great Pumpkin Bounce House •Leap off the Loading Chute Jump •Play in a grain "bin" •Visit the historic Persons Barn & Granary—on the National Register of Historic Places •Ride in a pumpkin train or in the Purple Powercat train cars around the ranch •Find your way through the Hay bale maze •Enjoy fresh cider, juicy apples, hot popcorn, and other autumn treats **Where: Lazy T Ranch** When: October 6, 7, 13, 14, 20, 21, 27, 28 Saturdays 10 a.m. - 6 p.m. Sundays 1-5 p.m. Cost: \$5. 2103 Zeandale Road Manhattan, KS 66502 785-539-7899 and website is <http://lazytranchadventures.com/index.htm>

This is the only pumpkin patch that they are aware of at this time in the Salina area: Sunny Side Pumpkin Patch -- 11500 S. Hopkins Road, Assaria, So. on Old 81 (Ninth St.) to Lapple Rd., turn left & follow signs, <http://sunnysidepatch.com> for directions or call 785-667-4668.

****Just Added******Zombie Toxin Haunted House**- Friday October 5- 31, Weekends only (Thur - Sat, except first week and it will be Fri and Sat only), located at 417 Franklin Street, Junction City, KS. For more information and ticket prices please visit www.zombietoxin.com. They have special deals on certain nights so definitely visit their website. See flyer

**** Just added**** **Pumpkin PaZoola**- 13 Oct Rolling Hills Wildlife Adventure in Salina (kids 12 and under FREE admission and FREE pumpkin with paid adult 9 am to 4pm -

**** Just added**** **SPOOKtacular** -Saturday, October 20 through Sunday, October 21 Trick or Treat through the animal collection from Noon - 4:30pm each day! A variety of local businesses & not-for-profits sponsor candy booths throughout the park. Come in costume, no matter the age! Promotional sponsorship provided by Manhattan Broadcasting's Z96.3, B104.7, KROCK 101.5 and KMAN 1350. Where: Sunset Zoo, 2333 Oak Street Manhattan, KS 66502

**** Just added**** **Monster Myths by Moonlight**- Saturday, October 13th from 6:00pm -8:00pm. Ride the hayrack and come explore the nature trail by moonlight. Learn the truth about spiders, snakes, bats, owls and other Halloween "Monsters". Come in costume if you would like, they will be in theirs! Enjoy cookies and cider with our own Mother Nature. This will all take place at the Milford State Park, 3612 State Park Rd. Event is Free however, a \$3.70 Daily Permit is required for entrance into State Park (if you have state park tag, you will not need to pay) For more information, contact 785-238-5323. See flyer below

Fort Riley is gearing up for flu season. This year, Fort Riley's Department of Public Health will run their first Drive-Thru Flu exercise. The event is open to all military beneficiaries and will be from **11 a.m. to 1 p.m. Oct. 15 in the Riley's Conference Center parking lot**. Public Health aims to provide a convenient way for patrons to get their vaccinations, but this also will be an opportunity to evaluate concepts that will increase the installation's capacity to effectively respond to a disaster, like a flu pandemic. Two areas in particular that will be assessed include social distancing, which is vital to decreasing illness, and the effectiveness of setting up and running a Point of Distribution site. Call 240-FLU for the latest updates on vaccine availability. . Occupational Health Section will be providing Influenza vaccinations at the Main PX and Commissary on these dates/times. This is for ID Card Holders, DoD employees. PX: 10 October 1200-1630, 24 October 1200-1630, 7 November 1200-1630, Commissary: 17 October 1000-1630, 1 November 1000-1630. Army Public Health Nursing is coordinating the Drive Through Influenza Clinic. The Medical Homes, except Farrelly, have walk-in Influenza hours, Monday-Friday, 0830-1100, 1300-1600. Farrelly has Influenza vaccinations by appointments. Call 239-DOCS to schedule. All have extended hours Tuesday and Thursday, 1600-1700.

USO Fort Riley No Dough Dinners in 2012: USO Fort Riley No Dough Dinners will be from 5 to 6:30 p.m. at 7856 Drum Street on Custer Hill, unless location is otherwise noted, [facebook.com/usoftriley](https://www.facebook.com/usoftriley). Some dinner locations may change. For information, call 785-240-5326 or email usoftriley@uso.org. USO Fort Riley also is on Facebook at [facebook.com/usoftriley](https://www.facebook.com/usoftriley) Click on "Events" to see the most up to date information for No Dough Dinners. Dates for dinners in Oct are the **12th at Fire Station #5** and **29 Oct at the Bowling Alley**.

OCSC October Events: Oct 15--Hooah for the Hooters Bunko for the Cure at 6:30 pm at Stevie's in Junction City. Our first annual Bunko for the Cure will help raise money for the Tammy Walker Cancer Center in Salina and Johnson Cancer Research Center at KSU. We only have 70 seats available. Cost is \$20 to play and includes \$15 for the CURE, appetizers, and prizes. There will be a cash bar. T-shirts will be available for an extra \$5. This event is open to the public. During the social there will be educational awareness reps from both institutions and we will hear the stories of our own two Heroes in Pink. RSVP via the Facebook event here <http://www.facebook.com/events/150499405094654/?fref=ts#!/events/150499405094654/?fref=ts> or email reservations@fortrileyocsc.com.

OCSC Event Oct 18--Cupcake Wars: The Sequel at 11 am at Riley's Conference Center Join us for our regularly scheduled luncheon. Do you enjoy decorating cupcakes? How about eating them? If your answer to either of those questions is "YES!" then invite a few friends and join us for the OCSC version of Cupcake Wars! All luncheon attendees are invited to submit one dozen decorated cupcakes for judging as both prizes and bragging rights awarded. Rules are on our FB page and website. RSVP via the Facebook event here <http://www.facebook.com/events/150499405094654/?fref=ts#!/events/463266003706810/?fref=ts> or email reservations@fortrileyocsc.com.

All month long--One Warm Coat Project: OCSC has teamed up with the USO, PWOC and MCCW to hold a coat drive to benefit Fort Riley soldiers and families. Collection will run through the 19th and we are accepting clean gently used or new coats for male and female in all ages and sizes. Distribution will be Oct 28 at the USO. We are still finalizing all the collection locations and will announce those early this week. We need some volunteers to help with any of these organizations, so please contact your org POC or our event chair Vanessa Espinosa at vanessa.c.espinosa2@us.army.mil if you are willing to help with publicity, collection, sorting or distribution. This would be a great activity for a youth group needing volunteer service hours! Please go check your closets and share the gift of warmth this winter. Donations are tax deductible through the USO. We'll have an event up on Facebook soon, but please share with your friends and units.

The Band of Brothers Bible study is in response to a need for something geared specifically for men,” said Don Ericson, director, Religious Education, Garrison Chaplain’s Office. Christian women have a place to go to grow in their faith through the Protestant Women of the Chapel or Military Council of Catholic Women, and men need a place to go to as well, he said. “The gist of the Bible study is going to be encouraging men to be ‘Kingdom Men,’ and that’s the name of the book we’ll be using in the first six weeks,” he said. Ideally, the study will be challenge and encourage the men to step up their game, he said. The author of the study uses a football analogy relating officials to Christian men and the importance of being engaged in the game, Ericson said. “When there’s good officiating on the field, the game is played well, (but) when the officials don’t, the game falls apart,” Ericson said. Likewise, Christian men are called to engage in their culture, he said. “When society is falling apart well maybe it’s because Christian men aren’t doing their part and really standing up and calling our community into account,” Ericson said. Breakfast at the Band of Brothers group will include coffee, pancakes, eggs and bacon. “Bring your Bibles and an appetite,” Ericson said. For more information, contact Ericson at 785-239-0979.

Commissary Weekly Newsletter attached:

Volume 2 Issue 58
October 2012

Commissary Newsletter

“Are You Ready for Some Produce?”

Hot Ads!!

Oct 8-14, 2012

Check out these **HOT** deals at
**Ft. Riley Commissary Produce
Department!**

Gala Apples 12/3# Bag
#70007

Fuji Apples 12/3# Bag
#70004

Granny Smith Apples 12/3# Bag
#70013

Broccoli Crowns
#70112

Red Seedless Grapes
#70614

Idaho Potatoes 10/5# Bag
#71576

Roma Tomatoes
#71915

Wit & Wisdom

Autumn is a second spring when every leaf is a flower.
Winter is an etching, spring a watercolor, summer an oil painting and autumn a mosaic of them all.
It was one of those perfect English autumnal days which occur more frequently in memory than in life.
Autumn is a season followed immediately by looking forward to spring.
Bittersweet October, the mellow, messy leaf-kicking, perfect pause between the opposing miseries of summer and winter.



Featuring This Week:



Honeycrisp Apples

Honeycrisp is an exciting apple variety that has apple lovers around the world talking. Many are saying that it is the best fresh-eating apple variety ever.



Blackberries

Blackberries please the taste of humans as well as that of animals and are believed by many wildlife conservationists to be the most important naturalized growing plant.



Limes

Limes are the smallest members of the true citrus family and native to Southeast Asia or India.



“California” Pomegranates

The pomegranate is an ancient fruit with a rich history in myth, symbol, art, medicine and religion.



“Premium” Iceberg Cello Lettuce

Lettuce has been grown for more than 2500 years, mostly in the northern hemisphere. Grown wild over and prized for its large edible leaves which are very refreshing in salads.



“New Crop” Washington Anjou Pears

The original and proper name for d’Anjou pears is Beurré d’Anjou. Which translates to, “buttery pears of Anjou” or Angers which is where they are believed to have originated.

Focused on Fresh!



Fiesta Salsa

Salsa is the Spanish term for sauce, and in English-speaking countries usually refers to the often tomato-based, hot sauces typical of Mexican cuisine, particularly those used as dips.



Produce Pick of the Week

Honeycrisp Apples

A recent addition to the Door County orchards, the Honeycrisp is attracting a lot of attention and drawing crowds clamoring for more. And more they will have, as the local orchards rush to get trees established to meet the demand. Richard Weidman, of the University of Wisconsin Experimental Station, claims the Honeycrisp apple is a “Midwest success story.” In an industry increasingly dominated by recent imports, the Gala from New Zealand, the Fuji from Japan and the Honeycrisp is making surprising inroads. These apples certainly live up to their trademarked “Explosively Crisp” moniker. “It snaps. The piece of apple almost pops off into your mouth,” says University of Minnesota Horticulture Professor Jim Luby, one of the new apple’s developmental godfathers. A winning all-purpose apple, the Honeycrisp offers a pleasingly crisp sweet-tart bite, but they are not limited to out-of-hand eating. These apples also star in the kitchen—any recipe in which apples are featured will be improved when using the Honeycrisp. In the history of the apple industry, the Honeycrisp variety is a “new kid” on the block. Developed by the University of Minnesota from a Macoun and Honeygold cross (the Honeygold itself a cross between the Golden Delicious and Haralson), the new apple variety was introduced in 1991. Luby believes the Honeycrisp to be “the best, most exciting apple we’ve ever introduced.” Weidman wholeheartedly agrees. Medium to large in size, an average Honeycrisp apple contains about 80 calories. They are rich in dietary fiber, specifically pectin which has been shown to reduce cholesterol and slow glucose metabolism in diabetics. They also contain Vitamins A and C, most of which is found in the skin. Honeycrisp apples maintain their sweet flavor even when cooked. Try baked into a crisp or pie. Remove the skin and slow cook slices to make applesauce, preserves and apple butter. Their crisp texture shines in raw preparations, dice and add to coleslaw and chopped salads or slice thin and add to sandwiches and burgers. Check out the recipe of the week with honeycrisp apples!

Reminders for the Week

1. The demo for Saturday, October 13 will be our “Fiesta Salsa.” Please make sure you have plenty on hand.
2. The “Apple Contest” begins October 22 make sure you are ready!
3. I have changed our “Sale Signs” to pink for the month of October to promote breast cancer awareness. We are still working on some special items to promote.
4. If you need POS material be sure to email me ASAP with details of what you need and when you need it.
5. Please remember to send lots of pictures for the monthly picture review.

“Your Commissary...It’s Worth the Trip”

Recipe of the Week

Crockpot Chunky Cinnamon Applesauce

Ingredients

- 5 med Gala apples, peeled, cored, quartered, & sliced
- 2 med Granny Smith apples, peeled, cored, quartered, & sliced
- 2 med Honey Crisp apples, peeled, cored, quartered, & sliced
- Fresh lemon juice
- 2 T sugar
- 1 1/2 tsp ground cinnamon
- 1/3 cup water

Directions:

Place all of the apple pieces in a large bowl. Squeeze fresh lemon juice over the apples and stir. Add in the sugar and cinnamon. Pour water into the bottom of a large crockpot and add the apples. Put the lid on the crockpot and turn on. Cook for about 8 hours on low or on high for 5 hours. Stir occasionally. If you want smooth applesauce, puree in a food processor or blender. I like mine chunky. Keep in the fridge for a week or 2. You can freeze it too.




Fall Fun For Everyone

Fall’s cooler weather makes it a perfect time for outdoor activities. Plan one of these outings and enjoy what autumn has to offer. Apples for all. In addition to the opportunity to pick your own apples, many apple orchards also have a cider mill you can tour. Be sure to take home plenty of fruit and try your hand at apple pie, applesauce and baked apples. Store any unused fruit in a cool, dry place. Pick a pumpkin. A trip to the pumpkin patch to find the perfect pumpkin is fun for all ages. Get a few extra to decorate your home. Some pumpkin patches also offer wagon rides and a corn or hay bale maze. Take a tour. Many parts of the country offer views of colorful fall foliage. Go for a drive, and take a camera to record nature’s beauty. Consider spending a day exploring a town you’ve never visited. Pack a picnic lunch or stop at a family-owned restaurant for a one-of-a-kind meal.



Need to Relax? Try This Simple Exercise

Abdominal breathing can positively affect cardiac health, relaxation and lung capacity. To try it, place one hand on your abdomen and the other on your chest. Take a deep breath; the hand on your abs should rise higher. Exhale through your mouth and take in a slow, deep breath through your nose. Hold it for seven seconds. Slowly exhale for eight seconds, and contract your abdominal muscles to expel all the air from your lungs. Do this a total of five times. Repeat the exercise once a day or whenever you need to relax.

Ft Riley's Army Family Action Plan Conference (Adult and Teen): Speak out and let your Voice be heard!!! The Teen Conference that will be held at the **Middle School/Teen Center Bldg 5800**. This is for all middle and high school students of active duty, retiree, reserve and DA Civilians to discuss changes they would like to have here on Fort Riley. Their conference will be from **0900-1500 on 13 Oct**. Lunch and snacks will be provided. There will be one or two from each group selected to out-brief the Command team at approximately 1100 on 18 Oct in Bldg 6620 gym. This will require the parent to request a release from school and arrange for the student to be brought to the out-brief and returned to school. The **Adult conference is 16-18 Oct and will be held in CYSS-Parent Central Bldg 6620**. The conference times are **0830-1430**. We will have childcare available and all parents **MUST** pre-register with Becky Willis in order to reserve a slot. We encourage all Soldiers, Family members, retirees, reserve, DA Civilians etc. interested to complete the attached delegate registration form and either send back to Becky Willis or drop off to me at Bldg 7264 - Main ACS. For more information please see the Brigade Facebook page for forms or to Volunteer for this event AFAP webpage is <http://www.riley.army.mil/UnitPage.aspx?unit=ACS.afap&nav=FamSvc>



ICE BREAKER TOURNAMENT

Oct. 12-13, 2012

The ARMY Hockey Team is Coming to Kansas City!

The 16th Annual Ice Breaker Tournament will hit the ice at the Sprint Center in Kansas City on October 12 & 13 featuring: **ARMY**, Notre Dame, University of Maine and University of Nebraska-Omaha.

A limited number of tickets are available. Seats are located in the Sprint Center's lower bowl, Section 107 – behind the ARMY team bench. Tickets are sold as an "all-session pass" for \$50. That's 4 great games for \$50!

Interested in being part of a group representing Ft. Riley and the Flint Hills? Please contact Rich Crowley at (785) 307-0139.

Friday, Oct. 12 at 6:30 PM:
 Game 1: Notre Dame v. Maine
 Game 2: UNO v. ARMY
Sat., Oct. 13 at 3:30 PM:
 Game 1: Two losers
 Game 2: Two winners




The West Point Society of the Flint Hills cordially invites you to its Fall 2012 Picnic

Who:
USMA Grads and Families

What:
2012 West Point Society of the Flint Hills Fall Picnic

When:
Saturday, October 20, 2012; 4:30 – 7:30 PM

Where:
Anneberg Park Pavilion, 3801 Anderson Ave, Manhattan

Why:
Fun and Fellowship
Please RSVP NLT Wednesday, October 17:
FLINTHILLSAOG@HOTMAIL.COM

Food: The society will provide burgers, hotdogs, soft drinks & water. BYOB.

Entertainment: Bounce house for the kids, and maybe a kickball game between the young and old grads...




Flyers are all towards the bottom of the attachment this week:

4th Annual Air Force vs Army Flag Football Game at Sacco Field- FREE, come check out the competition! Family Fun Nights at Eyster Pool Flyer and Kids Lock in Night at the Bowling Alley (10 yrs or +)- see flyer.

2012
4TH ANNUAL
AIR FORCE vs ARMY FLAG FOOTBALL GAME
MCCONNELL AFB
vs **FORT RILEY**

U.S. AIR FORCE vs U.S. ARMY

OCT 13, 1PM - SACCO SOFTBALL COMPLEX
FOR MORE INFORMATION, CALL 785-239-2813. RILEY/MWR.COM

\$10/family
\$5/single

Family
Fun Nights
EYSTER POOL

OCT 13 & NOV 10
7PM-10PM

Family Fun Nights with WIBBIT our new inflatable obstacle challenge course or Loopy Dragon our 30ft high purple dragon
Hot dogs, chips, juice and cookies will be served and or pizza, or if you and your family would like to bring your own food you are more than welcome too.

For More Information Call 785-239-9441

Kids Lock In Night

October 13
6pm-1am

Unlimited drinks and bowling
cost is \$7.50 per child
Must be at least 10yrs old.

Parents must sign in and sign out when picking up child.
Emergency Contact information MUST accompany child.
No one else will be permitted to pick them up.

Bowling

For more information call: 785-239-4366
www.rileymwr.com/bowling

Fort Riley MWR will host a Sports Car Club of America (SCCA) Autocross on Sunday, 1000-1700 14OCT12 at Marshal Army Airfield. This event is open to SCCA members and all active duty Soldiers. Cost is \$25. All classes of cars are welcome (SCCA has over 12 classes of competition). Trucks and SUVs are prohibited. Participants must preregister online at salinascca.org. Registration opens 17SEP12. Optional driver training will be offered on 131400OCT12 for those who want to get a leg-up on the competition. 1ABCT POC is SPC Craig at jacob.l.craig.mil@mail.mil or 239-0561.

Jamie Jarboe, one of the Gold Star Wives from Ft Riley is asking for your boot donations! See the flyer attached. See additional flyers too!

JAMIE JARBOE
FOUNDATION

Envision Xpress is teaming up with the Jamie Jarboe Foundation and we are asking for donations of all your old boots.

ANY COLORS AND IN ANY CONDITION!!

The Jamie Jarboe foundation was founded in 2012 in honor of fallen soldier SSG. Jamie Jarboe. SSG Jarboe passed away March 21, 2012 after being shot in the Zhari District of

Afghanistan in April 2011. SSG Jarboe was assigned to 4th Squadron, 4th Calvary Regiment, 1st ID. Let's help honor one of our own.

DROP OFF LOCATION:

ENVISION XPRESS
7929 Apennines Drive
Fort Riley, KS



Any Questions Contact
Stephanie Swint @ 785-239-4801.

If you want your soldier; active duty, reserve or veteran to be honored please submit photo with short bio!

www.jamiejarboe.org
www.facebook.com/jamiejarboefoundation
8554TeamJFF

Mailing address
PO BOX 3926
Topeka, KS 66604

FORT RILEY'S BIGGEST BINGO GAME EVER!

MEGA BINGO

PRESENTED BY: **H Holm AUTOMOTIVE ABILENE, KANSAS**

WIN A 2012 BUICK VERANO!

OCT 20

OVER \$40,000 IN TOTAL CASH & PRIZES!

Tickets available Aug 1 at Rally Point, Leisure Travel, Warrior Zone, Riley's Conference Center, Custer Hill Golf Course & Bowling Center.

FOR MORE INFO: 785-784-5434 | RILEYMWR.COM

2012 Fall Fest & Pumpkin Patch

Everyone of all ages come join us!

Fun, games and prizes

OCT 20 10am-noon

ACS Bldg. 7264 Normandy Drive

Registration is required by October 15
usarmy.riley.lmcom.mbx.acs@mail.mil

785-239-9435

ARMY COMMUNITY SERVICE
ACS
Real Life Solutions for Successful Army Living

families need to be involved with EFMP, NPSP, FAP or registered with the Hearts Apart Program.

Warrior Annet
DHR
MVP
MWR

Not sure which job is right for you? Use your personal interests to find jobs you'll love! Career Exploration Seminar at the FT Riley ACAP Main Center Bld 210, Room 006 10 October 1000-1130, Call 785-239-2278 or stop by the office to schedule a visit! Also check out the job fair on 23 Oct at Riley's Conference Center- see flyer!

find a job
find a job

ARMY COMMUNITY SERVICE
ACS
Helping Soldiers Find Jobs

Job Fair

Riley's Conference Center

Oct. 23
Noon-4pm

OPPORTUNITIES FOR ALL
REGIONAL EMPLOYERS, CHILD AND YOUTH SERVICES, FORT RILEY PERSONNEL,
EDUCATION AND TRAINING PROVIDERS, AND MANY MORE.

This Job Fair is open to Soldiers, military spouses and Families, Veterans and the public.
Don't miss your employment or education opportunity.

For More Information: Contact ACS Employment Readiness Program (785) 239-9435

MWR VETS ESCR KANSAS WBOCS

ARMY COMMUNITY SERVICE
ACS
Helping Soldiers Find Jobs

MONTHLY MILITARY FAMILY APPRECIATION
MFAM

BBQ FOR THE TROOPS

OCTOBER 27, 11AM-2PM
RILEY'S CONFERENCE CENTER
Free BBQ and fixings for the first 1,500

Prizes and drawings
CGMCG Wagon Rides
Family games
11D Band
Square dancing
USO Pumpkin Painting
Children's Activities

For more Information: 785-239-4593

BBQ Brought to you by:
Scott Community Foundation, Clark Crew BBQ

SPONSORED BY:
University of Phoenix
USA DISCOUNTERS
Little Apple Toyota / Honda
Briggs
FREEDOM
PICRISH
KANSAS STATE UNIVERSITY

THIS EVENT IS FREE
Must present a military ID

***** SAVE THE DATE***:** Fort Riley Barn Door Bar-B-Que Military Family Appreciation Kick-Off on Oct 27th at 1100 at the Riley's Conference Center- see flyer above!

HASFR- Historical and Archaeological Society of Fort Riley announces 2012 series of events: **Ghost Tours** – 4-7 p.m., Oct. 28, Tour begins at the Custer House. Ghost Tours are annual guided walking tours that encompass a few housing areas on Main Post known for their 'haunts'. Guides lead tour groups to various stopping points where story tellers pass on true accounts of ghost stories from previous residents and workers of the properties. The Ghost tour is free to the public however donations are accepted! Refreshments are available for purchase at the beginning and end of the tour along with the HASFR Ghost Books.

Historical & Archaeological Society of Fort Riley

Ghost Tours 2012

Bring a jacket, flashlight, & comfortable walking shoes.

Listen to the ghost stories & myths of historic Fort Riley and see where they happened.

28 October

4-7 p.m.

Artillery Parade Field off of Pershing Ct.

*Like us on Facebook for more on the Ghost Tours and other events:
www.facebook.com/fortrileyhistory*

More October Activities- check them out



FREE!
(\$3.70 Daily Permit
Required for State
Park)

Monster Myths by Moonlight

Saturday, October 13, 2012
6:00 p.m. - 8:30 p.m.

Ride our hayrack and come explore our nature trail by moonlight. Learn the truth about spiders, snakes, bats, owls and other Halloween 'Monsters'. Come in costumes if you like, we'll be in ours! Enjoy cookies and cider with our own Mother Nature...

Milford State Park
3612 State Park Rd.
Milford, KS
785.238.5323



All Treats Day

Monday, October 29th

5:15 p.m.
(Line up between 9th & 10th St. for Parade)

The parade of costumed children forms at the corner of Washington & 9th Streets at 5:15 p.m., then marches down to 6th St., preceded by the JCHS Marching Band. Downtown businesses then pass out candy and treats to the children. Kids of all ages and parents are welcome to be in the Costume Parade...Just show up! Afterwards, children can enjoy games at the JC Municipal Bldg. located at 700 N. Jefferson St. beginning at 6:00 p.m.

Admission is Free!



For more information contact the JC Area Chamber of Commerce
785.762.2632



Little Apple Business Women Present
Holiday Harvest Showcase

Join us for the Second Annual Event that Empowers and Endorses Women's Businesses in the Little Apple and Surrounding Areas. This Event will showcase 75 different Local Merchants providing a Wonderful Weekend of Shopping and Fun!

*Saturday October 27, 2012 10am-6pm
*Sunday October 28, 2012 12pm-6pm
At The Manhattan Clarion Hotel

The Little Apple Business Women are excited to be able to benefit the Manhattan Habitat For Humanity and their future Veteran Home.
Admission: Suggested Donation of \$2

Join us on Sunday October 27, 2012 at 3pm for a Free Concert by Local Songwriter and Recording Artist Stewart Ray!!!

For More Information on this Event:
See Facebook Event Page Search:
Holiday Harvest Showcase
Or visit www.littleapplebusinesswomen.org

Clarion Hotel
Manhattan Area
Habitat for Humanity
97.5 POWER
Q103.5
Manhattan re member

ZOMBIE TOXIN

HAUNTED HOUSE



BOSS HAS TEAMED UP WITH ZOMBIE TOXIN IN JUNCTION CITY THIS YEAR FOR A GREAT VOLUNTEER OPPORTUNITY! IF YOU LIKE TO SCARE, HAUNT AND TAUNT THIS IS THE EVENT FOR YOU! BOSS WILL BE PROVIDING 15 SOLDIERS ON THE WEEKENDS OF OCTOBER TO WORK AT ZOMBIE TOXIN HAUNTED HOUSE! THIS WILL BE A GREAT EVENT TO EXPERIENCE THE AREAS BEST HAUNT AND TO BE A PART OF IT!



BOSS

FOR MORE INFORMATION OR TO SIGN UP PLEASE CONTACT BOSS AT 785-239-2677 OR ONLINE AT WWW.FACEBOOK.COM/RILEYBOSSWZ



Bowling Halloween Party

October 30

Kids party starts at 5pm.
Kids and Adult Costume Contest. Kids start at 9pm.

\$5.00 for kids
\$7.50 per adult (18&up).

Food and drink specials all night.

Kids that come in costume will receive a goody bag.



CLUSTER HILL Bowling CENTER

For more information call: 785-239-4366
WWW.RILEYMWR.COM/BOWLING



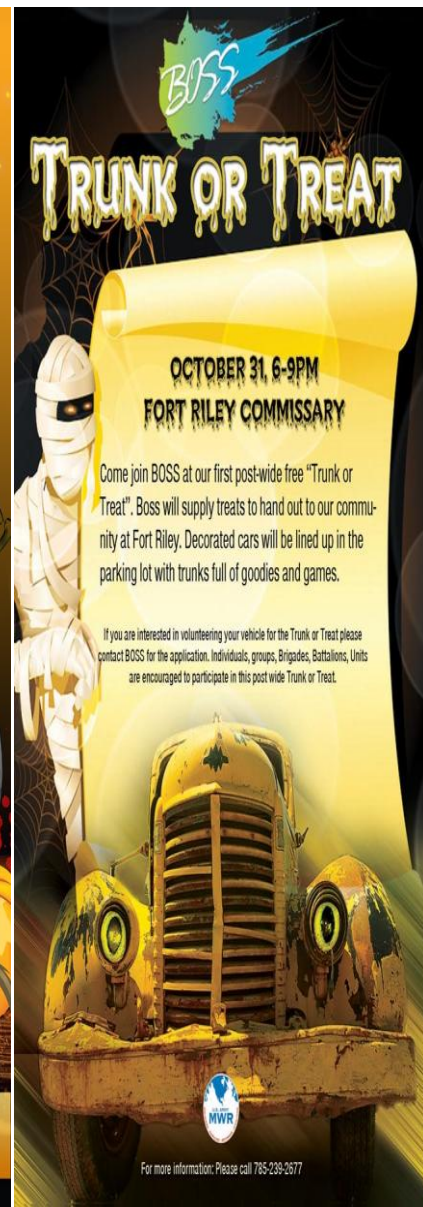
BOSS

TRUNK OR TREAT

OCTOBER 31, 6-9PM
FORT RILEY COMMISSARY

Come join BOSS at our first post-wide free "Trunk or Treat". BOSS will supply treats to hand out to our community at Fort Riley. Decorated cars will be lined up in the parking lot with trunks full of goodies and games.

If you are interested in volunteering your vehicle for the Trunk or Treat please contact BOSS for the application. Individuals, groups, Brigades, Battalions, Units are encouraged to participate in this post wide Trunk or Treat.



MWR

For more information: Please call 785-239-2677

OCTOBER/NOVEMBER 2012 VOLUNTEER OPPORTUNITIES:

Event: Zombie Toxin: **Who:** BOSS, **What:** 15 volunteers to run games for kids, some may be selected to be in the "Haunt", **When:** Thursdays from 1900-2200, Fridays and Saturdays from 1900-2400, and Halloween night from 1900-2200. **Where:** TBA **POC for this event is:** Peter Smith @ peter.m.smith76@mail.mil, Cc: vicky.l.martin.civ@mail.mil

Event: Adult AFAP Conference: **Who:** ACS, **What:** adults 18 and over, Delegates to identify and work solutions to quality of life issues. Facilitators, recorders, issue support, room monitors, **When:** Training Monday, Oct 15, Conference Oct 16-18, additional details to be released closer to date **Where:** 6620 **POC for this event is:** Becky Willis @ becky.d.willis.civ@mail.mil Cc: vicky.l.martin.civ@mail.mil

NOTE: To assist us in tracking participation, please go to <http://www.myarmyonesource.com> to apply for the position that you wish to work and track your volunteer hours on VMIS after contacting Becky Willis. Thanks!

USO- Looking for Volunteers to clean up their Dining Facility!!! The dates are 15-19 October 2 hours a night starting at 1730. POC: CPT ANGELIQUE M BANKS, MEDICAL OPERATION OFFICER 1HBCT, 1ID w: (785)239-6495

Event: Military Family Appreciation Dinner (10/27/2012), **Who:** ACS/MWR, **What:** Fort Riley's Barn Door Bar-B-Queue / Military Family Appreciation month Kick-off event. **When:** 8-10 volunteers Friday, 26 OCT, 1600-?: event set up. 25-35 volunteers Saturday, 27 OCT, 0830 – ? for the following: 1. **8-10** volunteers to assist with set up completion to including inflating bounce houses, decorating tables, placing liners in trash cans/recycling cans, and assist with 1 ID band set up (chairs). (0830-1030). 2. **6-8** volunteers to assist with parking in grass area from 1030 until 1345: please wear reflective clothing or vests/sash for better visibility 3. **4** volunteers to work bounce houses. 4. **6** volunteers for trash/recycling detail (gloves will be provided) 5. **4** table wipers (gloves will be provided), 6. Volunteers to assist with children's games 7. **Any** available help for clean up and packing the truck. 8. **Inclement weather call:** 3 puppeteers will also be needed. **Where:** Riley Conference Center, 446 Seitz Drive. **POC for this event:** Vicky Martin: 239-1376, vicky.l.martin.civ@mail.mil, **CC:** Becky Willis: becky.d.willis.civ@mail.mil **NOTE:** All volunteers will check with Vicky at the command and control tent prior to beginning volunteer work. Jeans or appropriate length shorts and closed toed shoes are required. T-shirts will be provided for volunteers working the event. If you are not already registered on Army One Source as a volunteer, please do so.


Event: Bowling Alley Grand Opening/USO No Dough Dinner: **Who:** MWR/USO, **What:** 6 volunteers to bus tables, break down event, and assist in clean up **When:** Monday, 29 October, 1730-1930, **Where:** FR Bowling Alley, Normandy Drive **POC for this event is:** Crystal Tinkey @ 240-5326 Cc: vicky.l.martin.civ@mail.mil

Event: Trunk or Treat : **Who:** BOSS, **What:** Volunteers willing to decorate a car/truck/motorcycle and dress up. Candy will be provided. **When:** October 31, 1800-2100. **Where:** Commissary Parking Lot. **POC for this event is:** Sean Morgan @ sean.c.morgan2.mil@mail.mil or Peter Smith @ peter.m.smith76@mail.mil Cc: vicky.l.martin.civ@mail.mil

Event: Volunteer of the Quarter Ceremony: **Who:** AVC/ACS, **What:** set up, ushers, award table, tray barer, clean-up **When:** November 6, 2012. Set up starts at approximately 1600. **Where:** Riley Conference Center **POC for this event:** Becky Willis @ becky.d.willis.civ@mail.mil, 239-4593 **CC:** vicky.l.martin.civ@mail.mil

Fort Riley Parent to Parent: Join us on Sunday, November 18th at 3:00pm for a FREE story read by Dr. Frank Tracz, Director of Bands at Kansas State University, followed by discussion, craft and snack! Making Connections and Finding Support through Literature is an initiative that was


created to empower our military children by using their own stories. Tell Me A Story is geared towards children ages 4-12. Each family will receive a FREE copy of The Remarkable Farkle McBride by John Lithgow. Hands on activities, snacks and a fun learning experience will be provided! Reserve your space today by emailing the names and ages of your children to PtoP.Riley@MilitaryChild.org



Tell Me A Story:

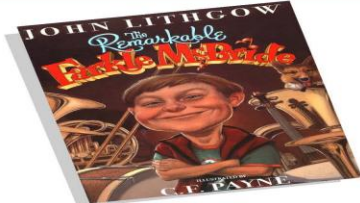
Making Connections and Finding Support through Literature

TMAS Event:
November 18, 2012
SAVE THE DATE



The Military Child Education Coalition's *Tell Me A Story: Making Connections and Finding Support through Literature (TMAS)* is an initiative created to empower our military children by using literature and their own stories. *Tell Me A Story* is geared toward children ages 4-12. Each family will receive a copy of the featured book. Hands-on activities, snacks, and a fun learning experience will be provided!

Questions about the MCEC Tell Me A Story Program? Contact Judy Glennon at 254.953.1923 or Judy.Glennon@MilitaryChild.org. To learn more about other MCEC programs and initiatives, visit www.MilitaryChild.org



This story illustrates not only trying again and again, but how perseverance pays off in the end.

TMAS Event Book:
The Remarkable Farkle McBride
By John Lithgow

Sunday
November 18, 2012
3:00 PM
CYSS Building 6620
Fort Riley, KS

ADMISSION IS FREE
but space is limited!

Please reserve your space by emailing by November 11th:
PtoP.Riley@MilitaryChild.org
Or calling: (580) 284-8806

909 Mountain Lion Circle • Harker Heights, Texas 76548 • tel 254.953.1923 • CFC #10261
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