

19 September 2012 1ABCT Weekly News Update: please pass along to Soldiers, Family and Friends of 1ABCT. You can always stay up to date with local events by going to 1st Infantry Division page at <http://www.riley.army.mil/default.aspx> or if you are having issues reading this you can click on this link to read the weekly news. <http://www.riley.army.mil/UnitPage.aspx?unit=1bct>. We are always up and posting new information on FaceBook! Join us on the Official 1ABCT FaceBook Page at www.facebook.com/1HBCTDEVILBRIGADE?v=wall&ref=sgm

Fort Riley Current News Updates: This information has recently been updated, and is now available.

<http://www.riley.army.mil/OurPost/CurrentNews.aspx> In addition to the Current News page there are Garrison Commander's Community Corner articles <http://www.riley.army.mil/DocumentList.aspx?lib=GC-Corner>

Hot, Hot HASFR needs Volunteers: HASFR is in dire need of volunteers to help make pies all day today and all day tomorrow. Some of their shifts have run short on Monday and Tuesday, and they want to make sure they get all their pies made. Please get out to our Families and Soldiers that pie makers are needed "No Experience Necessary" just show up at the DFAC on Drum street. PLEASE PASS THE WORD!

Facilitators needed for the AFAP Conferences (Adult and Teen): Becky Willis is in desperate need of qualified Facilitators for the AFAP Conf. Teen Conf. 13 Oct, and adult Conf. 16-18 Oct. This position takes a strong willed person to keep from being bombarded by the group they are working with. Many who have worked these position in the past have either PCSed or now have full time employment and are unable to assist. Please check with your families and if anyone is interested, have them contact Becky as soon as possible- becky.d.willis.civ@mail.mil. Also listed in the October VOL positions listed below!

TAKE ACTION TO PREVENT MOSQUITO BITES: Hard rains in the past month at Fort Riley have created ideal breeding grounds for mosquitoes to thrive during the late summer weather and have increased the risk of possible West Nile Virus infection. While Kansas has not experienced a high number of cases this year, taking a few simple precautions can help Soldiers and Family members from being bitten by mosquitoes. Fort Riley's Department of Public Health has been testing mosquito traps across the installation weekly since April and with the help of the Directorate of Public Works has sprayed a mosquito insecticide through a fogger truck in certain areas around post to reduce the risk of people getting bit. The mosquito traps are sent out for testing and up until this week had come back negative for West Nile Virus. A batch did come back positive – the batch came from traps located in a sediment pond near the wash rack north of Custer Hill, away from neighborhoods and

work areas. Because of the preparation by Fort Riley, mosquitoes have been controlled and watched closely. "The surveillance for mosquitoes, even those not carrying the virus, is vital to controlling the mosquito population as we get into late summer and early fall," said Lt. Col. Paul Benne, chief, Department of Public Health. "We've done a good job at the preparation. We just need to take precautions now that we know that WNV carrying mosquitoes have been identified on post." As the temperatures continue to drop into the low 50s at night, mosquitoes will start to prepare for hibernation and won't be as noticeable, said Capt. Robert Peterson, chief, Environmental Health, Irwin Army Community Hospital. Breeding grounds for mosquitoes can be eliminated by making sure flower pots aren't overflowing with water; children's wading pools don't have standing water in them and by replacing the water in bird baths weekly. If Fort Riley residents notice standing water for more than four days in their neighborhood, they can call their neighborhood office and Picerne Military Housing will work to determine the best course of action. Workers on post who notice standing water in work areas can call DPW at 785- 239-0900. Mosquitoes are most active between dusk and dawn. It is recommended that residents stay inside or wear long pants and a long-sleeve shirt if they must go outside. "It is very important to use repellent when outside" Benne said. Use insect repellent containing an EPA-registered active ingredient – DEET, Picaridin and oil of lemon eucalyptus – and follow the directions on the package. Some products should not be used on small children. About 80 percent of people infected with the virus show no symptoms and about 20 percent display flu-like symptoms three to 14 days after infection, which may last a day to a week, according to the Centers for Disease Control and Prevention. Less than 1 percent of people infected become seriously ill and develop encephalitis (inflammation of the brain) or meningitis (inflammation of the membranes of the brain or spinal cord). Severe symptoms include high fever, stiff neck, disorientation, tremors, muscle weakness and paralysis. These symptoms may last several weeks. People age 50 and older and those who have had organ transplants are known to be at the highest risk of serious illness from the virus. No specific treatment exists for the virus, and there is currently not an approved vaccine to prevent the virus in humans. There have been no serious cases of West Nile Virus at Fort Riley in the past four years, Benne said. "We are in no way expecting an epidemic. Do what you can to not get bit and you will be virus-free," Peterson said. By Katherine Rosario, IACH Public Affairs

Healthy Tips Sleep and sleep disorders: Tired? Insufficient sleep is associated with a number of chronic diseases and conditions - such as diabetes, cardiovascular diseases, obesity and depression. Not getting enough sleep is associated with the onset of these diseases and also may complicate their management and outcome. How you feel and perform during the day is related to how much sleep you get the night before. If sleepiness interferes with your daily activities, more sleep each night will improve the quality of your waking hours. Many adults report experiencing a sleeping problem one or more nights a week. Sufficient sleep is increasingly being recognized as an essential aspect of chronic disease prevention and health promotion. How much sleep is enough? Sleep needs vary from person to person and change as people age. Consider these sleep guidelines for different age groups: **How much sleep do you need? Infants:** Birth–2 month's old need 12–18 hours. 3–11 months old need 14–15 hours. **Toddlers/Children:** 1–3 years old need 12–14 hours, 3–5 years old need 11–13 hours, 5–10 years old need 10–11 hours, **Adolescents** 10-17 years old need 8.5–9.5 hours, **Adults** need 7–9 hours **Data from the National Sleep Foundation.* The promotion of regular sleep is known as sleep hygiene. Here are some simple sleep hygiene tips: Go to bed at the same time each night, and rise at the same time each morning, sleep in a quiet, dark and relaxing environment, which is neither too hot nor too cold, make your bed comfortable and use it only for sleeping and not for other activities, such as reading, watching TV or listening to music, remove all TVs, computers and other "gadgets" from the bedroom, avoid physical activity within a few hours of bedtime, and avoid large meals before bedtime. Sleep-related difficulties –

typically called sleep disorders – affect many people. Major sleep disorders include: Insomnia – an inability to fall or stay asleep that can result in functional impairment throughout the day, Narcolepsy – excessive daytime sleepiness combined with sudden muscle weakness; episodes of narcolepsy are sometimes called "sleep attacks" and may occur in unusual circumstances, restless Legs Syndrome (RLS) – an unpleasant "creeping" sensation associated with aches and pains throughout the legs that can make it difficult to fall asleep, sleep Apnea – interrupted sleep caused by periodic gasping or snoring noises, or momentary suspension of breathing. If you or someone you know is experiencing a sleep disorder it may be important to receive an evaluation by a health care provider. ***Courtesy of Centers for Disease Control and Prevention. For more information, please visit cdc.gov.***

OCTOBER 2012 VOLUNTEER OPPORTUNITIES:

Event: Zombie Toxin: Who: BOSS, What: 15 volunteers to run games for kids, some may be selected to be in the "Haunt", **When: Thursdays from 1900-2200, Fridays and Saturdays from 1900-2400, and Halloween night from 1900-2200.** Where: TBA POC for this event is: Peter Smith @ peter.m.smith76@mail.mil Cc: vicky.l.martin.civ@mail.mil

Event: Oktober Fest: Who: MWR; What: Volunteers to help with cleaning up trash, cleaning tables, manning activities, set-up/ parking, etc. **When: Thursday, October 4 from 0900-1700 set up; Friday, October 5 from 1200-2200; Saturday, October 6 from 1200-2200; Sunday, October 7 from 1700-2200; Monday, October 8 from 1200-2200,** Where: TBA POC for this event is: Duane Clayton @ duane.clayton@us.army.mil Cc: vicky.l.martin.civ@mail.mil

Event: Teen AFAP Conference Who: ACS, What: Teen Delegates to identify and work solutions to quality of life issues. Adult facilitators, recorders, issue support, **When: Saturday, October 13, 2012** Where: Fort Riley Teen Center POC for this event is: Becky Willis @ becky.d.willis.civ@mail.mil Cc: vicky.l.martin.civ@mail.mil

Event: Adult AFAP Conference Who: ACS, What: adults 18 and over, Delegates to identify and work solutions to quality of life issues. Facilitators, recorders, issue support, room monitors **When: Training Monday, Oct 15, Conference Oct 16-18, additional details to be released closer to date** Where: TBA POC for this event is: Becky Willis @ becky.d.willis.civ@mail.mil cc: vicky.l.martin.civ@mail.mil

Event: Trunk or Treat Who: BOSS What: Volunteers willing to decorate a car/truck/motorcycle and dress up. Candy will be provided. **When: October 31, 1800-2100** Where: Commissary Parking Lot POC for this event is: Sean Morgan @ sean.c.morgan2.mil@mail.mil Cc: vicky.l.martin.civ@mail.mil

Noise and Training Advisory for September 18-23, 2012: Training scheduled through the period has the potential for noise in surrounding areas. The most intense activity will likely be from 6 a.m. to 6 p.m., Sept 18-21. Training is slated to take place in areas southwest of the Artillery Target Area, and in the northwest portion of the training area. Communities most likely affected include Bala, the Fort Riley housing areas, Junction City, Milford Lake region, and Riley. Manhattan may also feel the effects.

Support our Troops this Friday! : USD 475 and Junction City High School will host the sixth annual Tribute to the Troops night at the Junction City/Topeka Hayden football game on Friday, September 21. One-hundred complimentary game tickets will be available through the JCHS Athletic Office and the JC Military Affairs Council (at the JC Chamber of Commerce office), for active duty soldiers and military family members.

Special recognition activities will be held beginning at 6:40 p.m. as part of the pre-game activities and the 97th MP Battalion will kick-off the game by leading the Blue Jay football team onto the field. Come watch special half time presentations from the JCHS Marching Band and the 97th MP Battalion. Soldiers from the 97th will be doing a push up for every point scored by the Blue Jays! It should be a fun night for all! **Bring your military id down to the Booster Club pregame BBQ and get \$1 off a regular combo!!!**


Fort Riley Middle School Teen Center Update - events in Sept: This information has recently been updated, and is now available. Upcoming Middle School Teen Center events include: • Sept. 19, 4 p.m. - Treasure Hunt Party, • Sept. 21- "It's a Groove Thang!" Dance. For more information, call 785-239-9222.

Monthly Network Meetings have been moved! They will now fall on the last Friday of each month EXCEPT there is a training holiday and this month. It will then fall on the Thursday prior to at 10:30/ Riley's Conference Center - please mark your calendar for **27 Sept 2012** at Riley's Conference Center at 10:30- if you know you will be attending and need childcare please RSVP to Stacie.r.dumas.civ@mail.mil by **21 Sept NLT NOON**. When making child care requests please provide the following: Childs name, Childs age, Parents name, Parents cell #, and any known allergies. The day of child care parents will need to bring the child's shot records or KOSCC card with them to sign child into care.

Fort Riley Custer Hill Golf Course Update - CFC tournament Sept. 21: The Fort Riley Combined Federal Campaign Golf Tournament will be Sept. 21 at Custer Hill Golf Course. Registration begins at 9 a.m., and the tournament begins at 10 a.m. The entry fee is \$55 per players and includes green fees, cart rental, lunch and prizes. All proceeds benefit the Fort Riley CFC. For more information call 785-784-6000 or 785-239-3506

The U.S. Cavalry Association will host the 2012 National Cavalry Competition at historic Fort Riley, Kansas in 19-22 September 2012. This competition is open to all horsemen who represent time periods ranging from the Mexican War to World War Two. Competition categories include: - Military Horsemanship: Skill of rider at military equitation, including turnout of horse and rider, deportment, use of aids, gaits, riding hall movements and horse management as prescribed by U.S. Cavalry training manuals. Gaits required will be ordinary and free walks sitting and posting trot, and canter. - Mounted Saber: Timed event, may include as many as twenty targets (heads, rings, ground targets) and negotiation of obstacles, including appropriate level jumps. Scored on elapsed time and faults (missed targets, refusals, and riding off course.) - Mounted Pistol: Timed event, including engagement of six targets and negotiation of obstacles, which may include appropriate jumps. Scored on elapsed time and faults (missed targets, refusals, and riding off course.) Faults scored at 5 points each. - Military Field Jumping: Skill at negotiating jumps and obstacles over a prescribed course of plain and striped post and rails, gates and ladders on relatively flat field. Maximum height for jumps of Levels 1, 2 and 3 will be one foot six inches, two feet, and two feet six inches respectively - Combat Horsemanship: Combat Horsemanship is open to 19th and 20th Century impressions. Horse and rider will be fully equipped for combat. Pistol, saber, and carbine or rifle (if after 1903) will be needed. Contestants carrying carbine will need a carbine sling, carbine boot, or socket. After 1903 the rifle boot is needed. Also, after 1913 the Patton saber is approved. The contestant will perform the test in front of the judge. The judging area should be a 60 meter square area, with each corner marked. No championship points are awarded for this competition. First place ribbons will be awarded to high-

point scorers in Level 1 and Level 2. - Authenticity and Historical Impression - Open to all competition entrants. Field or campaign uniform and equipment of a chosen era of the U.S. Cavalry, with saddle, tack, pack, personal items, and weapons appropriate and properly fitted. Equipment may be original or reproduction - no loaded weapons or live ammunition. Competitors should be knowledgeable about all uniform and equipment items. - Cavalry Bugler - Open to all competition entrants. Test of bugler's ability to sound and recognize bugle calls, as well as understand bugler's duties in camp, on skirmish, and at ceremonies. Garrison uniform and equipment. Scoring as in traditional state music contests. Contestants will be grouped in three categories: 1- Superior, 2- Excellent, 3- Good. Contestants expected to contribute to camp duties during competition. Each of the above competition area is divided by levels of competition Levels 1, 2, and 3. You will judged within your own level in which you register. Level 1 (Novice) - Basic riding and equitation skills, including jumps up to one foot six inches; basic skill with arms (saber and pistol.) Level 2 (Intermediate) - Intermediate riding and equitation skills, including intermediate schooling level skills over jumps (stadium and field) up to two feet; use of arms at all gaits. Level 3 (Advanced) - Advanced riding and equitation skills, including jumps (stadium and field) up to two feet six inches; advanced level of competitive skills with arms. Most reenactors/living historians feel that they are threatened about competing against US Army mounted teams; however, over the last several years it was reenactors/living historians that have won the competition. Our goal for the 2012 National Cavalry Competition is to increase the number reenactors/living historians that attend the event. This competition provides an excellent venue for you to impart some of your knowledge of uniforms, arms, tactics, and overall cavalry knowledge to the attending public, but also to the U.S. Army mounted teams that compete. Now is the time to start preparing yourself and your mount for the competition. This is also an excellent opportunity to meet and talk with WWII Cavalry Veterans who attend the competition. I will provide more information as it becomes available. If you would like to view the information from the 2011 National Cavalry Competition you can go to: <http://www.uscavalry.org/events/current-events.html> listed below is the schedule of events . All events will be taking place at the Artillery Parade Field




UNCLASSIFIED//FOUO

CGMCG

National Cavalry Competition

Time Line



19 Sept -
0800-0900 School of the Soldier clinics
1000-1200 Wheeled horse competition
1300-1600 Combat Horsemanship competition

20 Sept -
0900-UTC Military Horsemanship (Equitation)
1300-UTC Competition Mounted Pistol competition
1800-2000 MAJ Howze competition

21 Sept-
0900-1200 Military Field Jumping competition
1300- UTC Mounted Saber competition

22 Sept-
0930 Opening Ceremony
0930-1700 Authenticity Competition
0930-UTC Bugle Competition
1000-1130 Unit Demonstrations
1200-1330 Directors Cup Competition
1430-1500 Pass and Review

Rand R. Handen / DPTMS / 240-0375
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HASFR- Historical and Archaeological Society of Fort Riley announces Apple Days information Fort Riley, Kan. – From apple pies and ghost stories, to historic home tours, the Historical and Archaeological Society of Fort Riley has a series of events planned in 2012. All events are open to the public and are located on Fort Riley. **Fall Apple Day Festival – 9 a.m. to 3 p.m., Sept. 22, Artillery Parade Field** HASFR's historic Apple Day merged 12 years ago with Fort Riley's annual Open House to become the Fall Apple Day Festival. The festival is free and open to the public. Military vehicles and demonstrations, historical reenactments and hands-on exploration allow the Central Flint Hills Region to enjoy an experience unique to this area. Apple pie sales for after Sept. 14 are for baked pies are available for \$13 and frozen pies are available for \$12, while supplies last. Forms are available on the HASFR Facebook page. This year, an online pre-ordering system is also available on the Facebook page. Pie can also be purchase on Apple Day by the slice for \$3 and a la mode for \$3.50. **Volunteers STILL Needed:** Each year, in preparation for the day, soldiers, families and community member gather to make more than 2,000 pies using the secret recipe of Gen. Custer's wife's, Libby. This is HASFR's primary fundraising event, and helps celebrate the history and culture of Fort Riley. Hundreds of volunteers are needed from Sept. 17-21. Pie making - There will be three shifts each day from Sept. 17-20: 9-11 a.m., 11 a.m. to 1:30 p.m., and 6-9 p.m. Pie baking - Sept. 21. Volunteers will bake pies in two shifts: 7-10 a.m. and 10 a.m. to 1 p.m. Pre-sold pies will be handed out later in the afternoon, also through the help of volunteers. To sign up to volunteer, contact Sara Swanzy at hasfrvolunteering@hotmail.com. For more information, please contact the 2012 Pie Queens, Kate Wasson – beaukatewas@gmail.com; (785) 477-9961 or Valerie Blakemore - vamethyst@msn.com; (719) 964-7480.

This weekend in Salina, check it out Professional Rough Stock World Finals Sept 22 and 23rd. Bareback, Saddle Bronc, and Bull riding! For more information or to buy tickets prstickets.com



Heading to Aggieville for drinks? Get home to Fort Riley safely with The Riley Ride. This service is open for all DoD ID cardholders and runs Friday and Saturday evenings. For more information, call 785-239-5614

Still going on is the 2012 American Royal in Kansas City, MO!



Pancake Feed!



Prepared by: Manhattan Kiwanis and
Co-sponsored by the Riley County Chapter of
Thrivent Financial for Lutherans

For Warrior Transition Battalion ,
Medical Evaluation Board Soldiers
and their Families
AT SFAC

8:30-10:30am

**Date: Saturday
22 Sept**

Get Your Fill of
Sausage, Juice, Coffee
and
PANCAKES!
Served at SFAC



**No Sign Up Necessary!
First Come-First Served!**



**AWARDS AND RECOGNITION
TRAINING**

Sept 26, 2012
1 p.m. – 3 p.m.
7264 Normandy Drive
Fort Riley, KS

Free childcare available if
reservations made by
9/17/2012. Child must be
preregistered with CYSS.

Call 785-239-9435 to
reserve your seat



Recognizing those who Serve and Support Families



USO Fort Riley No Dough Dinners in 2012: USO Fort Riley No Dough Dinners will be from 5 to 6:30 p.m. at 7856 Drum Street on Custer Hill, unless location is otherwise noted, [facebook.com/usoftriley](https://www.facebook.com/usoftriley). Some dinner locations may change. For information, call 785-240-5326 or email usofortriley@uso.org. USO Fort Riley also is on Facebook at [facebook.com/usoftriley](https://www.facebook.com/usoftriley). Click on "Events" to see the most up to date information for No Dough Dinners. Last date for dinners are in Sept is the 28th

USO- Looking for Volunteers to clean up their Dining Facility!!! The dates are 15-19 October 2 hours a night starting at 1730. POC: CPT ANGELIQUE M BANKS, MEDICAL OPERATION OFFICER 1HBCT, 1ID w: (785)239-6495

Ft Riley Commissary Case Lot Sale: September 28-29 2012- For more information please check out their website; <http://www.commissaries.com/stores/html/store.cfm?dodaac=HQCMCG&page=news>

National Prescription Drug Take Back Day- Sept 28, 2012 will take place at the entrance to the Main Post Exchange 2210 trooper Drive- No illegal drugs pr needles will be accepted . For more information please see article at <http://www.riley.army.mil/documents/DHR.ASAPDocuments/120823162549.pdf>

Jammin' in JC is almost here; Biggest FREE Blues and BBQ Festival in Kansas! If you're coming from the east or west, take I-70 to Exit 296 (Washington St.) and go north to N. 6th and Washington St. (Heritage Park across from Kite's) Starts on Sept. 28 at 5 PM. For more information on the Festival please check out their webpage for events and bands playing <http://www.jammininjc.com/>

36th Annual Pumpkin Patch Arts and Craft Show Friday and Saturday the 28th (10am-8pm) and 29th (10 am -4pm) of September- 150 vendors from many states, everything is is handmade or homegrown. At the Fairgrounds in Manhattan off of Kendall

POST WIDE Yard Sale 0730-Noon on 29 September in all the housing areas!

Fort Riley Custer Hill Golf Course Update - Disabled American Veterans Golf Tournament - Sept. 29: For more information, call 785-239-6000

OktoberFest Festival October 5-8th in conjunction with the Division 4-day Holiday: features a full carnival as well as a fest tent with traditional German music, food, beverages and games – located at Rally Point (2600 Trooper Drive)

Ft Riley's Army Family Action Plan Conference (Adult and Teen): Speak out and let your Voice be heard!!! The Teen Conference that will be held at the **Middle School/Teen Center Bldg 5800**. This is for all middle and high school students of active duty, retiree, reserve and DA Civilians to discuss changes they would like to have here on Fort Riley. Their conference will be from **0900-1500 on 13 Oct**. Lunch and snacks will be provided. There will be one or two from each group selected to out-brief the Command team at approximately 1100 on 18 Oct in Bldg 6620 gym. This will require the parent to request a release from school and arrange for the student to be brought to the out-brief and returned to school. The **Adult conference is 16-18 Oct and will be held in CYSS-Parent Central Bldg 6620**. The conference times are **0830-1430**. We will

have childcare available and all parents MUST pre-register with Becky Willis in order to reserve a slot. We encourage all Soldiers, Family members, retirees, reserve, DA Civilians etc. interested to complete the attached delegate registration form and either send back to Becky Willis or drop off to me at Bldg 7264 - Main ACS. For more information please see the Brigade Facebook page for forms or to Volunteer for this event AFAP webpage is <http://www.riley.army.mil/UnitPage.aspx?unit=ACS.afap&nav=FamSvc>

HOME OF THE **1** BIG RED ONE
THE 1ST INFANTRY DIVISION POST
Read the Post paper online! <http://www.1divpost.com/>

Don't forget the Devils Den Dining Facility Drive-thru is now reopen!!!! Hours of operation are breakfast 0730-0900 and lunch is 1130-1300- come thru and get yourself a delicious QUICK meal!!!! Breakfast is \$2.45 and Lunch is \$4.55



BREAKFAST

ENGLISH MUFFINS:
SAUSAGE EGG & CHEESE
BACON EGG & CHEESE
HAM EGG & CHEESE
HASHBROWN PATTY
FRENCH TOAST STICKS

ORANGE JUICE
CARTON WHITE MILK
CARTON CHOCOLATE MILK

DRIVE THRU
NOW OPEN



BRK MEAL
0730-0900
LUN MEAL
1130-1300



LUNCH

HOT DOGS
HAMBURGERS
CHEESE- BURGERS
CHICKEN STRIPS
ASSORTED PASTRY
WAFFLE FRIES
ONION RINGS

SODA
&
JUICE

Check out what is being offered this fall- MWR Fall Guide can be found at this link for a quick download to FUN!

<http://rileymwr.com/main/wp-content/uploads/2012/08/FallGuide2012WebSpread.pdf>

Fort Riley MWR will host a Sports Car Club of America (SCCA) Autocross on Sunday, 1000-1700 14OCT12 at Marshal Army Airfield. This event is open to SCCA members and all active duty Soldiers. Cost is \$25. All classes of cars are welcome (SCCA has over 12 classes of competition). Trucks and SUVs are prohibited. Participants must preregister online at salinascca.org. Registration opens 17SEP12. Optional driver training will be offered on 131400OCT12 for those who want to get a leg-up on the competition. 1ABCT POC is SPC Craig at Jacob.I.craig.mil@mail.mil or 239-0561.



Brigade still has some extra glasses left over from the Brigade Dining- In and looking to recoup some money spent on them. Brigade is selling them for \$2/glass! They would make great gifts, even if that gift is for you!!!! POC: PFC Oudman at Brigade, CMD Sec. We will not mail these, not a fundraiser. Please bring exact change for the # of glasses you would like to purchase.

USD 475 Autism Parent Support Group: **TIME CHANGE** When - Tuesday, October 16th at Eisenhower Elementary School, 1625 St. Mary's Rd (Eisenhower St. turns into St. Mary's Rd) from 6:30 - 7:30 p.m. Also, mark your calendars: The Autism Parent Support Group meets the **third** Tuesday of every month!

Fort Riley Outdoor Recreation Update: This information has recently been updated, and is now available. <http://rileymwr.com/odr/>

Kansas State Soccer wants you to come out and support them! All games are FREE, Military Appreciation Day is 14 OCT (more details to follow). See flyer below for all the games.



Support K-State Soccer

Men's Home Games

- Friday 14 September vs KU 7pm
- Friday 5 October vs Wichita St 7pm
- Sunday 7 October vs Creighton 1pm
- *Sunday 14 October vs Truman 2pm

Women's Home Games

- Friday 21 September vs Creighton 7pm
- Sunday 23 September vs Nebraska 12pm
- Friday 28 September vs KU 7pm
- Sunday 30 September vs Oklahoma 1pm

All home games are played at Memorial Stadium
Anderson and Denison Ave Manhattan, KS
* MILITARY APPRECIATION DAY

Plant * Grow * Bloom

the knowledge *with knowledge* *with knowledge*

Join us to learn more about the Army and yourself at
Army Family Team Building Classes

Level I

October 2-3

or (for working spouses)

November 3

- Chain of Command
- Benefits and Entitlements
- Financial Readiness

Level II

November 13-15

- Stress Management/
Personality Traits
- Problem Solving
- Intro to leadership

Level III

December 4-6

- Leadership Styles
- Delegation
- Coaching and Mentoring

All classes are held in the RLC Building
7285 Normandy Drive
from 9am- 3pm

Free childcare is provided with registration.

To register call ACS Resilience Learning Center (785) 239-9435

Going to a Ball?

Customs and Courtesies:
A Night Out
October 6: 10-12pm



Healing Arts Events

for Military Families

WHERE:

The Marianna Kistler Beach Museum of Art
K-State Manhattan Campus

701 Beach Lane, Southeast corner of the K-State campus. (Turn north into the campus at the intersection of Anderson and 14th). There is a parking lot, just south of the building that is for Beach Museum guests (take an immediate LEFT when you turn onto campus from Anderson Avenue).
See map at: <http://beach.k-state.edu/contact/>

WHEN:

September 27, 2012 from 6:30-8:00pm

Military Spouse Night (childcare provided)

Join us for dessert, a tour of the "Goodnight Moon" exhibition, and a collage workshop. Museum staff will provide activities for your children while you enjoy fellowship with other military spouses and make night-sky themed cards to send to loved ones. Please feel free to bring photos or other bits and pieces to be added.

October 25, 2012 from 6:30-8:00pm

Military Parent and Child Workshop

Get ready for Halloween by making night-themed decorations with your child. The program will include a quick tour of the "Goodnight Moon" exhibition and refreshments. This workshop is for Service Members and their child/children to enjoy some time together.

November 8, 2012 from 6:30-8:00pm

Military Couples Date Night (childcare provided)

Enjoy a date night with a book/nightlight project designed to exchange with your spouse. Participants will create a small lighted acrylic box with a magnet that will contain a tiny "book" dedicated to their spouse. Refreshments will be provided and museum staff will provide activities for your children.

SPACE IS LIMITED SO SIGN UP TODAY!

To register please go to: surveys.ksu.edu/TS?offeringId=196786

You may attend as many workshops as you like!

Your reservation will be confirmed by email prior to workshop date.

Program Partners:



Fort Riley
Warrior Transition Battalion



Fort Riley Parent To Parent
PtoP.Riley@MilitaryChild.org

Questions? Please Contact: Briana Goff at 785-532-1490 or militaryfamilies@k-state.edu

Healing Arts Events for Military Families - Military Spouse Night (childcare provided) at the Marianna Kistler Beach Museum of Art K-State Manhattan Campus, 701 Beach Lane, Southeast corner of the K-State campus. (Turn north into the campus at the intersection of Anderson and 14th).

There is a parking lot, just south of the building that is for Beach Museum guests (take an immediate LEFT when you turn onto campus from Anderson Avenue).
See map at: <http://beach.k-state.edu/contact/> . Join us for dessert, a tour of the "Goodnight Moon" exhibition, and a collage workshop on September 27, 2012 from 6:30pm -8:00pm. Museum staff will provide activities for your children while you enjoy fellowship with other military spouses and make night-sky themed cards to send to loved ones. Please feel free to bring photos or other bits and pieces to be added.

See attached flyer for other dates.

FIRE DEPARTMENT'S NEW TRUCK TO INCREASE EFFICIENCY, RELIABILITY: FORT

RILEY, Kan. -- A brand new fire truck arrived at Station 1 Aug. 15, giving Fort Riley Fire

and Emergency Services (FES) the opportunity to provide better service to customers who live, work and play on the installation. The \$376,000 Pierce custom Saber has a 400 horsepower Cummins engine with a custom chassis. It seats eight, and has a 1,500-gallon-per-minute pump and 750-gallon booster tank, according to Capt. Glen Whitaker, Station 1 captain, FES. The 45,000-pound class "A" pumper was needed, Whitaker said, to replace the station's aging 1997 model, which had more than 100,000 miles on it. Affectionately nicknamed, "Mighty Engine Four," the firefighters have relied on the older model to complete their mission as first responders and protection of structures in the Custer Hill area of Fort Riley, he said. Whitaker said Mighty Engine Four has been a good truck and has served the station well, but has become increasingly prone to failure. "The old girl is just getting tired, you see, and we're starting to have some mechanical issues with it," he said. Despite having to go

into the shop on occasion after a mission, Whitaker said Mighty Engine Four has never let him down on a run. “We’ve always been able to complete our mission and take care of business,” he said. The new Pierce Saber doesn’t have a name yet, but it does have a great number of bells and whistles that weren’t available in 1997 when Mighty Engine Four was made. With a hard-wired electrical system and a multi-leaf suspension system, the new truck will make the job a bit easier for Fort Riley firefighters, Whitaker said. Increased safety features, including small LED lights near the steps and seatbelt alarms, will contribute to the wellbeing of firefighters, he said. The truck also has a lot of compartment space for the team to carry more life-saving equipment, as well as a securing device to keep the hose in place. Everything in the truck is computerized, Whitaker said. The electronic pressure governor is controlled by the main computer on the truck. Wireless headsets allow firefighters to communicate hands-free. There’s even a vehicle data recorder that can document everything in and around the truck. “There are a number of nice little things that are going to make it a lot easier for us – labor-saving devices,” Whitaker said. “It’s a lot smoother, a lot quieter ... It’s a lot more user-friendly for us, which will make it better for our customers when we go to provide that service for them.” Not only does the new Pierce Saber allow the station to provide more consistent and higher quality service to their customers, Whitaker said the truck is easier on the environment as well. Mighty Engine Four had a reputation for “blowing the big black puff of smoke in everybody’s face,” he said, but with the new truck’s emission control system, that won’t be happening. But the “old girl” won’t really be leaving Station 1. In reserve status, Mighty Engine Four will be the backup truck when the Pierce Saber goes in for maintenance. And the truck is still in service until additional equipment for the new truck arrives and is fully mounted. Whitaker said he is hoping to have the Pierce Saber in service by the third week in September. “Just having a reliable, newer truck will help us out a lot,” he said. To learn more about Fort Riley FES, visit www.riley.army.mil/UnitPage.aspx?unit=DES.Fire.

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