



Triservice Adolescent Medicine Fellowship



The San Antonio Military Pediatric Center has provided comprehensive medical and psychological care for adolescents and young adults since 1972 at the Brooke Army Medical Center Adolescent Clinic and since 1977 at the Wilford Hall Air Force Medical Center Adolescent Clinic. With over 18,000 adolescent visits per year, the setting is ideal for training both residents and fellows in Adolescent Medicine. The July 2001 opening of the Adolescent Medicine Fellowship training program continued a long military tradition of training in all aspects of Adolescent Medicine. Through our large outpatient clinics and multiple additional learning sites, the fellows receive extensive experience in all aspects of adolescent's physical and mental health care needs.

Services are provided in a variety of settings to include: the traditional hospital-based adolescent medicine clinics, juvenile detention center, school-based clinic, summer camp, troop medical clinic, and a spectrum of subspecialty clinics. Community based clinics in Sports Medicine, Mental Health, and Family Planning are supervised by adjunctive faculty from the University of Texas Health Science Center San Antonio. The fellows consult on inpatient Adolescents throughout their fellowship.

Health care is provided to young active-duty military personnel at the Fort Sam Houston Troop Medical Clinic and the Lackland Air Force Base Reid Basic Trainee Clinic. This allows fellows to gain experience in the operational medicine setting, fully integrating comprehensive health promotion, preventive services, and risk behavior screening to facilitate optimal troop force development and protection.



Current research areas include:

- Mental health screening and treatment in the primary care setting
- Supporting military families during times of deployment
- Obesity and weight management in children and adolescents

Additional areas of interest are encouraged and supported

Adolescent Medicine fellowship training is available to Pediatric, Internal Medicine or Family Medicine trained physicians from any branch of military service. It is a three year fellowship for pediatricians (1 extra year for research) and two years for internists and family physicians.

Fellowship Staff

COL Elisabeth Stafford M.D.
Program Director
210-916-0707

Lt Col Dale Ahrendt M.D.
Associate Program Director
Adolescent Medicine Consultant
to the Air Force Surgeon General

Col Christopher Dillon M.D.
Chief, Division of Adolescent
Medicine, SAMPC

LTC Jeffery Greene M.D.
Director, School-Based Health
Clinic

COL(Retired)John Baker M.D.

The SAMPC Adolescent Medicine Fellowship endeavors to train professionals that will support the needs of active duty and dependant adolescents and young adults in order to strengthen the military family and community.