

Active Military- NON-USACE

The following is checklist to assist in the pre-deployment phase of your processing. All forms mentioned below can be obtained from the UDC Website.

ADMINISTRATIVE (Should be accomplished within one week after notification of assignment)

- _____ DD Form 93 Record of Emergency Data
- _____ Complete a Family Care Plan if applicable.
- _____ DD Form 2887 (For Eagle Cash Card)
- _____ UDC Clothing Issuance Form

PREDEPLOYMENT TRAINING (Should be completed within one week after notification of assignment):

- _____ CRC Prerequisite Training

WEAPONS QUALIFICATION

_____ All active and reserve military personnel must have a current (within one month) weapons qualification prior to reporting to the UDC. If this cannot be done, weapons qualification can be conducted while attending the UDC.

MEDICAL (Medical appointments should be made within 48 hours after notification of your assignment) Ensure you print off this part of your checklist and take it with you to your doctor to ensure all medical tests are completed.

*** If you are having your physical done at a military installation, your can be certified for deployment if a military doctor signs off on page three of a DA Form 7425. Otherwise the following needs to be completed and sent in for the UDC Doctor to approve your deployment:**

MEDICAL FORMS

- _____ DD Form 2808, Report of Medical Exam
- _____ DD Form 2807-1, Report of Medical History

- _____ DD Form 2795, (needs to be filled out electronically through AKO).
- _____ DD Form 2813, Report of Dental Exam
- _____ DD Form 771, Eyewear Prescription. If you do not require glasses, write at the bottom of the form, "glasses not required"
- _____ OSHA Respiratory Medical Evaluation Questionnaire

LABS:

- _____ Urinalysis (Routine), not a drug screening
- _____ Chem 7 (include, as part of the Chem 7, a Hemoglobin A1c if you have diabetes, are glucose intolerant [high blood sugars], or are taking medicine to control blood sugar)
- _____ CBC
- _____ LIPID Profile (over 40 years of age)
- _____ G6PD (must have a normal result with taking anti-malaria medication)
- _____ Blood Type/RH
- _____ HIV (within 120 days)
- _____ DNA on File (Not always possible)

REQUIRED TESTS:

- _____ EKG (if over 40 years of age).
 - _____ Framingham Coronary Heart Disease Risk Percentage. [Fill out the information](#) to calculate your 10 year risk assessment. When completed, print out and sent to your APPO representative.
 - _____ If on prescription medications, you MUST deploy with at least a 180 day supply
 - _____ Audiogram (Can be annotated on the DD Form 2808)
- Females
- _____ PAP smear (within one year).
 - _____ Mammogram (within two years if over 40 and within one year if over 50).
 - _____ Pregnancy test or waiver required upon arrival at the UDC.

IMMUNIZATIONS

- _____ ANTHRAX
- _____ HEPATITIS A
- _____ HEPATITIS B
- _____ INFLUENZA
- _____ MMR (Measles, Mumps, Rubella) (As an adult, once in a lifetime). People born before 1957 do not require a MMR vaccine. MMR should be given either simultaneously or 30 days before receiving anticipated smallpox vaccination.
- _____ POLIO (oral or IM) (As an adult, once in a lifetime)
- _____ SMALLPOX (Administration per the latest DoD Guidance) required every 10 years. Must complete [Smallpox Vaccination Pre-Screening Form](#) and have it reviewed by a Health Care Provider at the UDC site prior to receiving immunization.
- _____ TETANUS /DIPHThERIA
- _____ TUBERCULIN SKIN TEST (PPD)
- _____ TYPHOID