

**Employee Assistance Program (EAP)
Work /Life Health Training Seminar
Presented by
The Military & Family Consultant Staff**



Are you dealing with Job Uncertainties?

This presentation is designed to help you cope with the emotional challenges of potential organizational restructuring and job loss.

Date: 26 February 2013

Time: 0900 - 1030

**Location: Leader & Workforce Development Center
Bldg. 2-2020, Woodruff Street
Fort Bragg, NC 28310**

LIMITED SEATING

based on first come, first serve registration.

Contact the EAP office at

(910) 396-5784 or lisa.m.taylor36.civ@mail.mil.