

Airman & Family Readiness Center

Building T-126

Mon, Tues, Wed, & Fri 0800-1700

Thurs 0930-1700

Off Base: 295-57-4138

DSN: 535-4138

When You Arrive.....

A&FRC Programs:

- Right Start Briefings
- Loan Closet (dishes, silverware, pots/pans, irons, ironing boards...)
- Coupon Corner (valid 6 months after expiration...need volunteers to sort!)
- Information & Referral
 - Base/Island Maps & Island Information
- 1-800 Telephone Access
- Discovery Resource Center
 - Computers, copier, scanner, fax...
- Heart Link (for new spouses with 5 yrs or less of military experience)
- Child Care for PCS
 - 20 hours of free child care (per child) within 60 days of arrival or departure;
CDC or Youth Center (NOTE: No home daycare providers on Lajes)

While You're Here.....

- Volunteer Resource Program

Community involvement; Gain valuable work experience
20 hrs/wk free childcare (per child) paid for by AFAS

- Family Life

Proactive programs promoting health/wellness through education & training

-Exceptional Family Member Program (EFMP)

Resource & Referral

- Air Force Aid Society (AFAS)

Bundles for Babies

Spouse Tuition Assistance Program (STAP)

Car Care Because We Care

Childcare for Volunteers

“**Emergency**” Loans for :

Basic Maintenance (food, gas...)

Emergency Travel

Vehicle Repair

Falcon Loans (\$500 or less)

While You're Here.....

- Readiness Programs

Pre-Deployment briefings for military & family members
Family support prior to, during & after deployment
Hearts Apart (events/support for family during deployment)
Give Parents a Break—free child care at CDC and LYP once a month
Key Spouse; vital to support!
Reintegration briefings— support to members & families upon return

- Financial Readiness

Personal Financial Management (1x1, couples, or group counseling)
- "Financial Counseling Mandatory for all first duty station Airmen & Officers.
- A&FRC will contact Officers w/in next 2 weeks for appointment; Airmen @ FTAC"
Budgeting & credit education
Investment & Home Buying Seminars

- Career Focus (Civilians)

Civilian and federal resume assistance
Job Search & Career Networks (USA Jobs, NAF, DoDDS, Exchange, DeCA, etc.)
SOCKS (Spouse On-line Computer Knowledge Skills)

When You Leave.....

Relocation Assistance

Smooth Move Workshop

Childcare for PCS

Relocation websites: militaryhomefront.dod.mil, AHRN, militaryonesource.com

Loan Closet

Assorted Pamphlets/Books

Car Buying Guide

Transition Assistance Program

Mandatory Pre-separation/Retirement Counseling

Employment Resources

Job Search Assistance/Tools

Resume Writing Assistance

3-Day Transition Assistance Program (TAP) Workshop

NOTE: ALL programs available for Military, Family Mbrs & DoD Civilians