

Department of Veterans Affairs, Employee Education System

and

The National Center for Post-Traumatic Stress Disorder (NC-PTSD)

Present

PTSD 101: COUPLES AND PTSD

11.TE.ST.MH.PTSD101CT.A

Program Start: May 1, 2011 **Program End:** September 30, 2012

Place

Your computer workstation

Purpose Statement

This web based course is part of the PTSD 101 education series which are presented by experts in their field to increase provider knowledge related to the assessment and treatment issues of PTSD. Each course specifically addresses trauma events, treatments, or special population issues, not normally addressed in general therapy protocols. This course specifically targets developing an appreciation of the association between PTSD and intimate relationship functioning, as well as help clinicians understand the rationale for including partners and loved ones in the assessment and treatment phases for PTSD care. The course also hopes to build clinicians' repertoire of basic skills to use when assessing and treating PTSD and intimate relationship problems.

Target Audience

Mental health leaders/clinicians, OEF/OIF coordinators and clinical managers, psychiatrists, psychologists, social workers, nurses, and primary care clinicians.

Outcome/Objectives

At the conclusion of this educational program, learners will be able to:

1. review research documenting association between PTSD and intimate relationship problems;
2. discuss inclusion of partners in the assessment of PTSD and relationship functioning;
3. review different methods of incorporating significant others in PTSD treatment.

Application Procedure

1. Length of course: 1.0 hours
2. Review EES Program Brochure
3. Attend and participate in 100% of program activity
4. Complete Post Test Exam at a minimum passing score of 80%
5. Complete Program Evaluation
6. Print Certificate of Completion

EES Contact Information

Martin Oexner, Project Manager, St. Louis Employee Education Resource Center, #1 Jefferson Barracks Drive, Building 2, St. Louis, MO 63125, phone (314) 894-6452, or e-mail:

Martin.Oexner@va.gov.

There is no need to register in advance for this program.

Participants must access the course via the National Center for Post-Traumatic Stress Disorder website at: <http://www.ptsd.va.gov/professional/ptsd101/course-modules/couples-and-ptsd.asp>

After completing this course, participants should visit the NCPTSD Continuing Education Credit page at: <http://www.ptsd.va.gov/professional/ptsd101/pages/continuing-education-credit.asp>

Accreditation/Approval

The accreditation organizations for this course are listed below.

American Psychological Association (APA)

The VA Employee Education System (EES) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Employee Education System maintains responsibility for this program and its content.

American Nurses Credentialing Center (ANCC)

VA Employee Education System is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Note: ANCC continuing nursing education contact hours are not accepted by the California Board of Registered Nursing (CA BRN) toward license renewal for CA-licensed registered nurses (RNs) and advanced practice nurses (APNs), unless the CA-licensed nurse-participants are physically outside of the state of CA when they start and complete activities sponsored by an ANCC accredited provider of continuing education for nurses.

California Board of Registered Nursing (CA BRN)

The VA Employee Education System is accredited as a provider of continuing education in nursing by the California Board of Registered Nursing.

Continuing Education Credit

American Psychological Association (APA)

As an organization approved by the American Psychological Association, the VA Employee Education System is sponsoring this activity for 1.0 hours of continuing education credit. The Employee Education System maintains responsibility for this program and its content.

The VA EES is approved by the American Psychological Association to sponsor continuing education for psychologists. The VA EES maintains responsibility for this program and its content.

American Nurses Credentialing Center (ANCC)

VA Employee Education System designates this educational activity for 1.0 contact hours in continuing nursing education.

California Board of Registered Nursing (CA BRN)

This continuing education activity has been presented by the VA Employee Education System for 1.0 contact hours. Provider approved by the California Board of Registered Nursing: Provider Number **CEP 4714**.

Association of Social Work Boards (ASWB)

VA Employee Education System, Provider Number 1040, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. <http://www.aswb.org> ASWB Approval Period: 4/7/10 - 4/7/13. Social workers should contact their regulatory board to determine course approval.

Social workers will receive 1.0 continuing education clock hours in participating in this course.

The California Board of Behavioral Sciences (CA BBS)

The VA Employee Education System (Provider #PCE3204) asserts that this educational activity meets the qualifications for 1.0 hours of continuing education credit for Marriage and Family Therapist MFTs and / or for LCSWs as required by the California Board of Behavioral Sciences.

Statement of Participation

A certificate of completion will be awarded to participants and accreditation records will be on file at the Employee Education System. Upon completion of the activity, your certificate of completion will be available to you based on the respective directions found in the enduring materials.

Report of Training

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

Program Schedule

Program Schedule Date: 5/1/2011

Minutes	Content	Exam
2:00	Introduction	Candice Monson
10:00	Research Documentation Association between PTSD and Intimate Relationship Problems	Candice Monson
10:00	Inclusion of Partners in the Assessment of PTSD and Relationship Functioning	Candice Monson
25:00	Different Methods of Incorporating Significant Others in PTSD Treatment	Candice Monson
3:00	Summary	Candice Monson
8:00	Resource Review	Candice Monson
10:00	Post Test	Candice Monson

Approximate total time 68:00 minutes

Faculty and Planning Committee Listing

* Denote planning committee

+ Denotes faculty

<p>*Nancy Bernardy, PhD Program Director, VHA PTS Mentoring Program National Center for PTSD White River Junction, VT</p>	<p>*Jessica Hamblen, PhD Deputy for Education National Center for PTSD White River Junction VA Medical Center White River Junction, VT</p>
<p>*Matthew Friedman, MD Executive Director National Center for PTSD, Executive Division White River Junction, VT</p>	<p>*James Leathem, MSW, LCSW-R Social Work Section Chief – Mental Health Northport VA Medical Center Northport, NY Planning Member for ASWB and CABBS</p>
<p>*Deborah Grizzard, RN Chief Nurse, Mental Health Palo Alto VA Health Care System Palo Alto, CA Planning Member for ANCC and CA BRN</p>	<p>+Candice Monson, PhD Deputy Director National Center for PTSD, Women’s Health Sciences Division Boston, MA</p>
<p>*Martin Oexner, MA/ISSc Project Manager St. Louis Employee Education Resource Center St. Louis, MO</p>	<p>*Pamela Swales, PhD Psychologist National Center for PTSD Educational and Clinical Laboratory Division Palo Alto VA Health Care System Menlo Park, CA Planning Member for APA</p>

EES Program Staff for Trace Code: 11.TE.ST.MH.PTSD101CT.A

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The Rehabilitation Act of 1973 as Amended in 1998

The Employee Education System wishes to ensure no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals participating in its educational activities, because of the absence of auxiliary aids and services. If you require any special arrangements to attend and fully participate in this educational activity, please contact Martin Oexner, Project Manager, EES, St. Louis Employee Education Resource Center, phone 314-894-6452, e-mail Martin.Oexner@va.gov.

Disclosure Statement

The VA Employee Education System (EES) must ensure balance, independence, objectivity, and scientific rigor in all of its individually sponsored or jointly EES sponsored educational activities. All prospective faculty and planning committee members participating in an EES activity must disclose any relevant financial interest or other relationship with: (a) the manufacturer(s) of any commercial product(s) and / or provider(s) of commercial services discussed in an educational presentation, and (b) any commercial supporters of the activity. Relevant financial interest or other relationship includes, but is not limited to, such things as personal receipt of grants or research support, employee or consultant status, stockholder, member of speakers' bureau, within the prior 12 months. EES is responsible for collecting such information from prospective planners and faculty, evaluating the disclosed information to determine if a conflict of interest is present and, if a conflict of interest is present, to resolve such conflict. Information regarding such disclosures and the resolution of the conflicts for planners and faculty shall be provided to activity participants. When an unlabeled use of a commercial product or an investigational use not yet approved by the FDA for any purpose is discussed during an educational activity, EES shall require the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

The faculty and planning committee members reported that they had no relevant financial relationships with commercial entities in any amount that occurred within the past 12 months that create a conflict of interest.

This activity includes no discussion of uses of FDA regulated drugs or medical devices which are experimental or off-label.

* The ACCME defines “relevant financial relationships” as financial relationships in any amount occurring within the past 12 months that creates a conflict of interest.