



Robert E. Bush  
Naval Hospital

## Did you know?...

You have the right to express your concerns about patient safety and quality of care.

There are several avenues open to you:

- \* Through the ICE website.
- \* Through the Naval Hospital Customer Comment Cards.

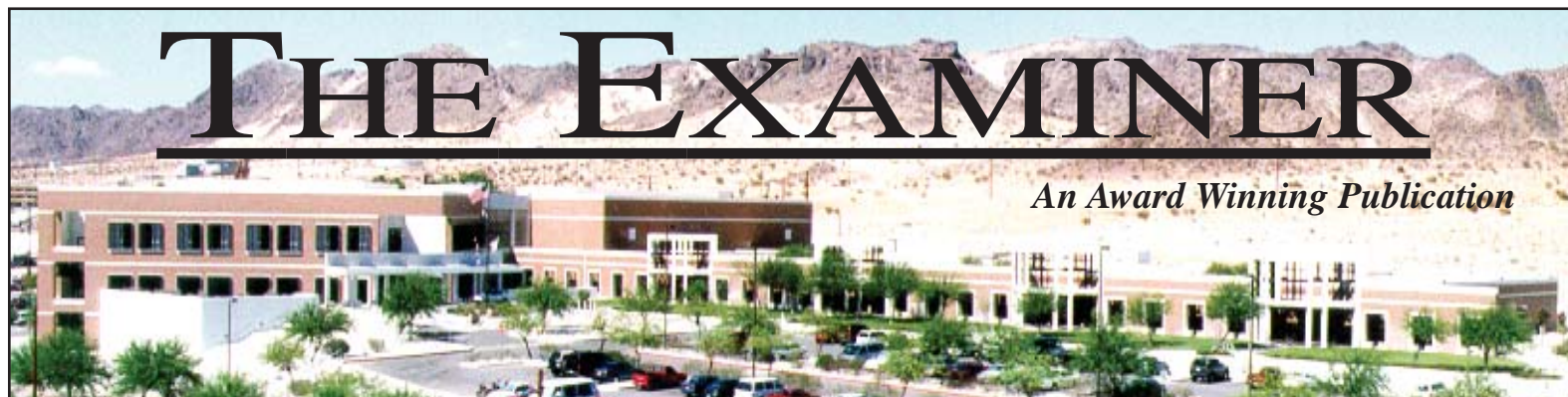
\* The Hospital's Customer Relations Officer at 760-830-2475, or any of the Customer Relations representatives in the hospital's clinics.

Or Directly to the Joint Commission via:

E-mail at [complaint@jointcomission.org](mailto:complaint@jointcomission.org)

Fax:  
Office of Quality Monitoring  
630-792-5636

Mail:  
Office of Quality Monitoring  
The Joint Commission  
Oak Renaissance Boulevard  
Oakbrook Terrace, IL 60181



<http://www.med.navy.mil/sites/nhtp/pages/default.aspx>

# Hospital Honors People of the Quarter, Year

The Robert E. Bush Naval Hospital's Officer, Petty Officer and Civilian of the Year and Quarter were recently announced at the hospital.

The period for the People of the Year ran from January 1, 2009 to December 31, 2009. The period for the Quarterly selection ran from October 1, 2009 to December 31, 2009.

Selected for 2009 Officer of the Year is Lieutenant Leah Granson. Department Head, for both Staff Education and Training and Manpower Departments. Her citation reads in part, "Lieutenant Granson demonstrated keen determination and superb administrative talents while spearheading the implementation of the electronic training record and performax

learning management system. Through her outstanding leadership, both initiatives were flawlessly deployed and resulted in \$6,000 in command savings and allowed for more efficient tracking of compliance for more than 30 training lessons. Additionally, she established a never before achieved goal of 95 percent training command wide compliance and was able to meet that goal."



Ann Denslow, acting Department Head for Material Management and the hospital's Contracting Officer was selected as both the 2009 Senior Civilian of the Year and Senior Civilian of the Quarter.

Her citation reads in part,

"You provided superb direction to your department and could always be counted to support the Command's mission as well as maintain departmental morale. One of the most important jobs you hold is the administration of Personal and Non-Personal Service Contracts. In this capacity, you displayed unparalleled professionalism for the Command and higher authority, contracting vendors and contract employees. During the recent Fleet Industrial Supply Center San Diego Procurement Performance Measurement and Assessment Program, your department passed this strenuous assessment with zero discrepancies. You created a spreadsheet that tracked all purchases over the open market threshold, including tracking each purchase through the lengthy Federal Procurement Data System-Next Generation website. Naval Medical Center San Diego, a facility ten times our size, instituted this spreadsheet as a 'best practice'."

Petty Officer 1st Class Daniel Magee, Preventive Medicine Department was selected as both the Senior Sailor of the Year for 2009 and the Senior Sailor of



the Quarter.

His citation reads in part, "As a key leader in the Preventive Medicine Team, and responsible for administration of the small-pox program for the Command, you ensured 100 percent of deploying personnel were screened and vaccinated as required in accordance with U.S. Central Command guidance. You flawlessly coordinated the logistical and administra-

*Continued on page 5*

## Clinic Appointment Stats...

Patient's seen in January -- 10,096  
Appointment No Shows in January -- 920

If you need an appointment call -- 760-830-2752  
To cancel an appointment call -- 760-830-2369



# Seven Out Of Ten People with Colon Cancer Have No Symptoms

By Martha Hunt, MA  
Health Promotion and Wellness  
Robert E. Bush Naval Hospital

**C**olorectal cancer is the third leading cause of cancer in males, fourth in females in the U.S. It is estimated that in 2009 there were 106,100 (colon) and 40,870 (rectal) new cases and 49,920 (colon and rectal combined) deaths.

There are two reasons why you may need a colonoscopy which is a form of colon cancer screening. First of all, a colonoscopy will help test for and maybe help prevent colorectal cancer. Secondly, when you access the age or risk appropriate annual screening that you need, you bring funds into the Naval Hospital so that we can continue to offer the same high quality care we now provide.

Remember, there is no free lunch in life and when you do not access the annual tests needed for your gender and age, then not only are you putting your health at risk but Navy Medicine can then cut our budg-

et impacting the staffing and services we offer.

### What is a colonoscopy?

Colonoscopy examines the entire colon with the use of a flexible tube with a camera at one end. The test generally lasts about 30 minutes, is safe and usually painless. There may be some discomfort, but you are usually given a sedative to help you to relax. Colonoscopy is usually needed only once every 10 years if the test results are normal.

Colonoscopy detects more than 95 percent of early colon cancer. Colonoscopy is the only test that can also prevent cancer because the doctor can remove polyps -- small growths that may develop into cancer if left alone -- before they turn into cancer. Other colon cancer screening tests do not examine the colon as thoroughly or remove polyps.

### What are the risk factors for colon cancer?

Being over age 50 is the leading risk factor for colon cancer as more than 90 percent of colon cancers occur after age fifty. Also, if you have ever had

anyone in your family with colon cancer, your risk is very high. If you have a family member with colon cancer, your provider may even suggest a colonoscopy well before age fifty.

Other risks for colon cancer include tobacco use, obesity, being either African American or of Ashkenazi (Eastern European) Jewish ancestry. Having other colon diseases such as ulcerative colitis or Crohn's disease may also increase your risk of developing colon cancer.

There are other tests for colon cancer screening that are less invasive but they may not be as accurate as colonoscopy or TRI-CARE may not pay for them. Fecal Occult Blood Test

(FOBT) and Fecal Immunochemical Test (FIT) Tests are tests that check for hidden blood in the stool.

This test should be done every year. Sigmoidoscopy is a test similar to colonoscopy but because it examines less than half of the colon (not the entire colon as colonoscopy does), it can miss some cancer. This test should be done every 5 years.

### How can you lower your risk of developing colon cancer?

Stop using tobacco. You can talk to your provider about medications that can help and call health promotions at 830-2814 to receive counseling that can help you change how you deal with stress.

If you don't change how you deal with stress, you may find it

hard to get completely off tobacco. Maintain a healthy weight and exercise regularly with at least 30 minutes of moderate physical activity (such as a brisk walk) at least 5 days a week. Also, eating a diet high in fruits and vegetables will help prevent colon cancer.

If you have any of the risk factors for colon cancer, ask your primary care provider about colonoscopy. And remember, the more age and risk appropriate annual testing you take advantage of, the better your health and the more funds are given to the Robert E. Bush Naval Hospital.

This increased funding then allows us to maintain or expand the staffing and services we offer.

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The Examiner welcomes your comments and suggestions concerning the publication. Deadline for submission of articles is the 15th of each month for the following month's edition. Any format is welcome, however, the preferred method of submission is by e-mail or by computer disk.

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**Warning signs of suicide are not always this obvious...**

**ACT.**

**ASK - CARE - TREAT**

**ASK** if someone is thinking about suicide.

Let them know you **CARE**.

Get them assistance (**TREATment**) as soon as possible.

**Life counts.**

# Here are Some Tip for Maintaining Heart Health for Women

By Tyler Patterson  
TriWest Healthcare Alliance

**H**ear disease... many people think of it as a man's disease, but women can get it too. In fact, according to the American Heart Association, heart disease is the number one killer of women in the United States...making heart health an important issue for women of all ages.

The most common cause of heart disease is coronary artery disease (CAD), a narrowing or

blockage of the coronary arteries that supply blood to the heart. Luckily, the steps you can take to help prevent CAD are effective against other causes of heart disease as well.

\* Eat a healthy diet. Choosing healthy meals and snack options can help you avoid heart disease. Be sure to eat plenty of fish, poultry, and fresh fruits...and don't forget the veggies!

\* Maintain a healthy weight. Being overweight or obese can increase your risk for heart dis-

ease. Your doctor can help you determine whether your weight is in a healthy range.

your blood pressure and cholesterol.

\* Monitor your blood pressure. High blood pressure has no symptoms so be sure to have it checked regularly.

\* Manage your diabetes. If you have diabetes, monitor your blood sugar levels closely.

\* Take your medication. If you are taking medication for high blood pressure, high cholesterol, or diabetes, it's important to follow your doctor's instructions and remember to take your medications regularly. Always ask questions if you don't understand something.

\* Talk with your doctor. You and your doctor can work together to prevent or treat the medical conditions that lead to heart disease. Regularly discuss your treatment plan and don't forget to bring a list of questions to your doctor's appointments.

For more information on heart health, visit the American Heart Association at [www.american-heart.org](http://www.american-heart.org), or search for "Heart Disease" at [www.triwest.com/beneficiary](http://www.triwest.com/beneficiary).

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***If you have other risk factors such as high blood pressure, high cholesterol, or diabetes, you can take additional steps to lower your risk for heart disease.***

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\* Exercise regularly. Physical activity can help you maintain a healthy weight and help lower

\* Don't smoke. Cigarette smoking greatly increases your risk for heart disease and other major illnesses. If you smoke, quit!

\* Limit alcohol use. Alcohol causes high blood pressure. If you drink, drink responsibly and in moderation.

If you have other risk factors such as high blood pressure, high cholesterol, or diabetes, you can take additional steps to lower your risk for heart disease.

\* Have your cholesterol checked. Your doctor should test your cholesterol levels at least once a year.

## One Year Filing Deadline for TRICARE Claims

By Tyler Patterson and Shari Lopatin  
TriWest Healthcare Alliance

**W**hen you visit the doctor, you probably pay your copay, then leave.

But what if you visit an out-of-network doctor or have other health insurance? You might need to file your own TRICARE claim, something your TRICARE network provider is required to do for you.

That's why you should know this important rule: You have one year, from the date of your medical visit or discharge for inpatient services, to file that claim. Once you do that, TRICARE will process your claim and send you any applicable reimbursement, depending on your plan.

To file your own TRICARE claim, follow these four steps:

1. Ensure your information in the Defense Enrollment Eligibility Reporting System (DEERS) is current. This can be done in several ways:

\* In Person at a military personnel office or uniformed services ID card-issuing facility

\* Online through the DEERS Web site by visiting [www.tricare.mil/deers](http://www.tricare.mil/deers)

\* By Mail by sending the required information to Defense Manpower Data Center Support Office, Attention: COA, 400 Gigling Road, Seaside, CA 93955-6771

\* Via Fax, 1-831-655-8317, or

\* By Phone, 1-800-538-9552.

2. Once you update DEERS, TriWest Healthcare Alliance, which administers TRICARE throughout the West Region, will be notified of any changes. Verify with TriWest the changes have been made before proceeding.

3. Complete and sign the Beneficiary Claim Form, DD Form 2642. If you were injured at work, home, or in an accident, you may need to complete the Statement of Personal Injury...Possible Third Party Liability Form, DD Form 2527. Both forms are available by clicking on "Find a Form" at [www.triwest.com](http://www.triwest.com).

Please note if you were injured and go to a hospital, hospitals file your claims for you. Yet some emergency room doctors, urgent care doctors, radiologists

or ambulance companies may not file claims.

4. Attach a copy of the doctor's bill to the claim form (DD Form 2642). Make sure the billing information includes the name and address of the person who treated you, the date and place of each service, a description of each service, the charge for each service, and the diagnosis. If the diagnosis is not on the bill, remember to complete "Block 8a" on DD Form 2642. After that, mail the information within the one-year deadline to:

**West Region Claims  
PO Box 77028  
Madison, WI 53707-1028**

### ***Have Other Health Insurance?***

If you have primary health insurance, other than TRICARE

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# Super Stars...



*HM2 Jessica Armistead, Medical Readiness Clinic, receives a Navy and Marine Corps Achievement Medal.*



*Ensign Matthew Christopher, Facilities Management Officer, is selected as the command's "Boot Ensign."*



*PS2 Felvin Bundalian of the hospital's Personnel Support Detachment takes the oath at his recent reenlistment ceremony.*



*Elsie Clark, Time Keeper, receives a 15-year Federal Length of Service Award.*



*Ensign Angela Evans, Maternal Infant Nursing Department is relieved as the command's "Boot Ensign."*



*HM2 Christopher Ike, Emergency Medicine Department recently took the oath of reenlistment.*



*CS2 Juan Nieto, Combined Food Services, receives his second Good Conduct Award.*



*John Talbert, Information Management Department, receives a 10-year Federal Length of Service Award.*



*LS2 Robert Ellis, Material Management Department, receives his sixth Good Conduct Award.*



*HN Christian Goodling, Emergency Medicine Department, receives his first Good Conduct Award.*



*HM2 Maria Morales, Pharmacy, receives a Gold Star in lieu of her second Navy and Marine Corps Achievement Medal.*



*HM3 David Pruett, Family Practice Clinic, receives his first Good Conduct Award.*



*LCDR Prentice Sherrod, Emergency Medicine, receives his recent promotion ceremony.*

# People of the Quarter, Year...

*Continued from page 1*

tive oversight of the 2009 seasonal influenza vaccination program. You developed and implemented a standardized declination form to allow 100 percent tracking of Command staff in a short period of time. As Petty Officer in Charge of the Command Color-Honor Guard member, you participated in three civic ceremonies, one funeral and directly supervised 15 Color Guard events. Your actions promoted pride, displayed military precision, and render due honor to the nation and to its fighting forces. You demonstrated esprit de corps by skillfully instructing advancement classes for junior Sailors and committed over 62 off duty hours volunteering with organizations such as Cooperative for Assistance and Relief Everywhere (C.A.R.E), Palm Vista Parent Teachers Association, Oasis of Mara Masonic Lodge, Veterans of Foreign Wars and the American Cancer Society, promoting the U.S. Navy's core values of honor, courage, and commitment."

Steve Crowder, Physical Therapy Department was selected as the Junior Civilian of the Year for 2009.

His citation reads in part, "As the Administrative Assistant for the Physical Therapy Department, you provided exemplary support and notable service to the command. Your attention to detail, organization and effective management of a busy clinic schedule for six staff members has allowed the department to stay within access to care standards. You facilitated over 20,000 annual appointments with your "can-do" spirit. The staff and patients alike depended on and relied upon your superb expertise to coordinate



their care. Your ability to recognize and provide direct care to the needs of operational forces has positively impacted 14 patients in getting the help they desperately needed."

Petty Officer 3rd class David Polse, Branch Clinic China Lake has been selected as both the Junior Sailor of the Year for 2009 and as the Junior Sailor of the Quarter for the final quarter of the year.

His citation reads in part, "As Work Center Supervisor for the Outpatient Care

Department at Branch Health Clinic China Lake, you efficiently enhanced operations by ensuring all staff members met all Personnel Qualification Standards and ensured all training requirements were complete. You not only enhanced the quality of patient and family centered care, but assured the success of your staff by making them fully functional in a short period of time. Your devotion to your duty was reflected in your operation of the Immunizations Clinic, where you ensured the timely and accurate entry of immunizations into patient medical records. You meticulously managed the



Immunizations Clinic's supplies, greatly

decreasing expired vaccine stocks, and saving the Command over \$20,000. Finally, you displayed further devotion to your duties by assisting your colleagues in any way possible in the entire Outpatient Care Department. You ensured the future success of two fellow shipmates by encouraging and assisting them in the enrollment in off-duty education. Your direct leadership resulted in one staff member's promotion to Petty Officer Third Class."



Lieutenant Kirsten Vesey, Audiologist in the Preventive Medicine Department has been selected as the Officer of the

*Continued on page 8*



Pharmacy Nurse, takes the oath at

## Trying to figure out which ticket to choose in the Pharmacy?

**Active Duty Members in Uniform...** is as it states, if you are in uniform and visiting the Pharmacy for your own meds... you should chose this option.

**Other Prescriptions...** this option is for eligible patients or active duty not in uniform who are visiting the hospital Pharmacy to pickup a prescription that was written by a civilian or military provider and presented as a hard copy. Also, patients who have seen a military provider and are picking up medications entered into the hospital's computer by that provider, should choose this option.

**Pharmacy Refill or Next Day Prescription Request...** this option is for patients who have requested a refill by the Pharmacy refill line (to pickup after 8 a.m.) or by patients who have dropped a request in the request box located on the wall at the Pharmacy (to pickup the next day after 1200 noon). Or for those who checked into the Pharmacy earlier in the day.

# Offer a Salute to Your TRICARE Doctor!

*TriWest Healthcare Alliance seeks stories of gratitude for Doctors' Day*

In honor of National Doctors' Day on March 30, TriWest is offering an opportunity for service members and their families to say "thanks" to the TRICARE doctors who've made a positive difference in their lives by visiting [www.triwest.com/DrDay](http://www.triwest.com/DrDay) or the Facebook page, "Salute Your TRICARE Doctor 2010."

TriWest is accepting submissions through March 12, 2010.

From annual exams and immunizations, to surgical care and condition management, TriWest Healthcare Alliance's network of more than 150,000 doctors provide 2.7 million TRICARE West Region service members, retirees and their families with exceptional health care.

As the nation prepares to commemorate Doctors' Day on Tuesday, March 30, TriWest joins its TRICARE beneficiaries in thanking and showing appreciation to the men and women who don scrubs or white coats to care for our military com-

munity.

"Soldiers, Sailors, Airmen and Marines can remain focused on their job at hand because they trust that TRICARE providers stand ready to take care of their families and loved ones," TriWest President and CEO David J. McIntyre, Jr. said.

"Doctors' Day is a great opportunity to show appreciation for those who care for the families of those who defend our nation. They are truly heroes serving heroes!"

TRICARE providers must undergo stringent credentialing to ensure beneficiaries receive the highest quality of care they are entitled to receive. This also means more flexibility for beneficiaries in receiving the care when and where they need it and an exceptional level of care and customer service.

Doctors' Day was first observed March 30, 1933, the anniversary of the first use of a general anesthetic in surgery. In 1991, President George H.W. Bush signed legislation establishing National Doctors' Day.

## About TriWest

TriWest Healthcare Alliance partners with the Department of Defense to do "Whatever It Takes" to support the healthcare needs of 2.7 million members of America's military family. A Phoenix-based corporation, TriWest provides access to cost-effective, high-quality health care in the 21-state TRICARE West Region. The Department of Defense recently presented TriWest with the 2009 national Employer Support of the Guard and Reserve (ESGR) Freedom Award...the highest recognition given to employers for their support of their employees who also serve in the National Guard and Reserve. Visit [www.triwest.com](http://www.triwest.com) for more information.

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## Naval Hospital Also Looking for Comments About Care

Have you ever considered that you, as a patient, have a major impact on the type and quality of care you receive at your Naval Hospital?

Every decision made by the leadership of Navy Medicine is made with you the patient in mind. How can the best possible care be delivered to you with assets available... facilities, money and staff.

Not long ago the Department of Defense (DoD) contracted with MAXIMUS to provide an independent, impartial evaluation of care provided to our beneficiaries. You may have received a letter in the mail following a recent visit to one of the hospital's clinics. If you took the time to open that letter and follow the directions to participate in the survey, then you have input into future decisions Navy leadership will make in determining the type and quality of care you will receive at your Navy Hospital.

The purpose of this survey is to provide an evaluation of the health care you receive. This information will provide tools for leadership to make informed decisions about the type of care that will be made available to you; it will provide insight for targeting quality improvements;

**...you, as a patient, have a major impact on the type and quality of care you receive at your Naval Hospital...**

it will allow for external comparisons of other health care services in the region; and it will promote medical care that is consistent with clinical guidelines.

Other ways for you to participate in the care you receive at the Robert E. Bush Naval Hospital is to let one of the hospital's customer service reps know your feelings...

\* Did you feel that your health care was lacking in some way?

\* Were you totally happy with the services you received?

Either way, it is important for the hospital to know how they are taking care of you.

# Naval Hospital Twentynine Palms Joins Effort To Promote Patient Safety Awareness

In a concerted, nationwide effort to encourage and strengthen collaboration between patients, families, and their healthcare providers and improve patient safety through collective action -- Naval Hospital Twentynine Palms is joining other leading healthcare organizations in cele-

bration of Patient Safety Awareness Week, March 7-13, 2010, sponsored by the National Patient Safety Foundation.

This year's theme is "Let's Talk! Healthy Conversations for Safer Healthcare."

Naval Hospital Twentynine Palms, a member of the National Patient Safety

Foundation's Stand Up for Patient Safety program, will engage staff, patients and community by emphasizing the critical need for partnership and participation in the drive for a safer healthcare system.

Programs highlighting new methods for improving the information exchange that

occurs during patient and provider encounters will be launched and promoted throughout the course of the week.

"Clear and open communication between patient and provider is at the very core of safe patient care, and is a vital component in keeping patients safe during their journey through the healthcare system," stated Diane C. Pinakiewicz, MBA, President of the National Patient Safety Foundation.

"At Naval Hospital Twentynine Palms, we are com-

mitted to delivering quality patient and family-centered care in a safe environment. Every staff member strives to provide the very best care and we encourage our patients to partner with us in taking care of their medical needs. We are 100 percent ready for our next patient." said Captain Don C. B. Albia, Commanding Officer, Naval Hospital Twentynine Palms.

For additional information on Patient Safety Awareness Week, please visit [www.npsf.org](http://www.npsf.org).

**NAVY**  
ENLISTED TO OFFICER  
You decide your future...

**WANTED**

- Leadership
- Integrity
- Management
- Experience
- Education

Medical Service Corps In-Service Procurement Program (MSCIPP)  
Medical Enlisted Commissioning Program (MECP)  
Enlisted Commissioning program (ECP)  
Chief Warrant Officer (CWO)  
Limited Duty Officer (LDO)  
Seaman to Admiral (STA-21)  
U.S. Naval Academy (USNA)  
Officer Candidate School (OCS)

## H1N1 Vaccine Still Available at the Hospital...

Naval Hospital is now providing H1N1 Vaccine to all beneficiaries and DoD Civilians who request the vaccine. Active duty will receive their vaccine through their BAS/RAS. For questions, please call LCDR Gomez at 830-2626 or the Preventive Medicine Techs at 830-2002.

## About Naval Hospital Twentynine Palms

Naval Hospital, Twentynine Palms, is located on the largest U.S. Marine Corps base in the country at the Marine Corps Air Ground Combat Center. On May 2, 2000 the hospital was rededicated in the name of Robert E. Bush, a recipient of the Medal of Honor for actions he took on Okinawa Japan during World War II.

Our strategic, annual and business goals and objectives are closely integrated and aligned with the tenants of our Navy Medicine West Commander's Intent which include: Quality Health Care; Medical Readiness; Education and Training; Stewardship and Workforce Sustainment.

### Mission

Our mission is to deliver quality medical, dental, psychological healthcare and services in a safe environment and be ready to deploy.

### Vision

Our vision is to be the treatment facility of choice

### Values

Our values are honor, courage, and commitment. Doing what is right for our patients and staff effectively, efficiently, and safely with a "we can, we will" attitude.

## About the National Patient Safety Foundation

The National Patient Safety Foundation has been diligently pursuing one mission since its founding in 1997 -- to improve the safety of the healthcare system for the patients and families it serves. NPSF is unwavering in its determined and committed focus on uniting disciplines and organizations across the continuum of care, championing a collaborative, inclusive, multi-stakeholder approach. NPSF is an independent not-for-profit 501(c)(3) organization.

## Deadline for TRICARE Claims...

*Continued from page 3*

or Medicare, your provider needs to submit your claim to that company first. After your primary insurance company pays its portion, some providers will then file the secondary claim with TRICARE. If they don't, you will send in the claim. Make sure to attach your Explanation of Benefits showing the amount to be paid to the provider.

Registered users of [trivest.com](http://trivest.com) receive QuickAlert notifications when their claims status changes. You can also learn how to Go Green with statements on [www.trivest.com/gogreen](http://www.trivest.com/gogreen). For more information and exceptions to the one-year filing deadline for claims, visit [www.trivest.com/beneficiary/claims.aspx](http://www.trivest.com/beneficiary/claims.aspx).

# People of the Quarter, Year...

*Continued from page 5*

Quarter.

Her citation reads in part, "Your performance as the command Audiologist and Hearing Conservation Program Manager has been outstanding. As the Command's ESSENTRIS program manager, you flawlessly initiated, planned and developed the scheduling, timelines, hardware and equipment for installation at this facility. This included collaboration between inpatient wards, ancillary services, information management, com-

mand suite, Bureau of Medicine and Surgery, Defense Health Information Management System (DHIMS), and Navy Medicine Information Systems Support Activity (NAVMISSA). In this capacity, you deftly kept a disparate group of clinicians and information management people from both coasts, on track and on mission. You trained 24 Hospital Corpsmen who are assigned to Marine Corps units on all aspects of hearing conservation, leading to increased knowledge and understanding throughout the battal-



ions and leading to higher compliance with hearing conservation regulations."

Kimberly Warfield, Material Management Department Voucher Examiner has been selected as the Junior Civilian of the Quarter.

Her citation reads in part, "You are the sole point of contact for electronic invoicing as well as manual invoices. You successfully processed 103 invoices in October worth \$512,080.66 as well as 59 invoices in November worth \$351,644.97. One contract offered a discount and you successfully saved \$93.75. You scrubbed 31 prior year contracts allowing command to recoup a total of

\$813,473.15. Due to your attention to detail and timely reminders to the invoice acceptance personnel, Naval Hospital Twentynine Palms has achieved the distinction of being recognized by Bureau of Medicine and Surgery as one of a handful of commands who have achieved zero interest ratings thus far for Fiscal year 2010. In addition to your regular duties you volunteered to learn a major portion of the duties that the Defense Medical Logistics Standard Support (DMLSS) System Administrator/Prime Vendor Coordinator performs, allowing the Command to have DMLSS access and Prime Vendor ordering capabilities when the coordinator is away from the Command. This was evident recently when you came in to work on a day you were out ill to place an emergency Prime Vendor order for delivery the next day."

Hospitalman Jared Cummings, Orthopedic Technician in the Orthopedic and Surgery Department, has been named Blue Jacket of the Quarter.

His citation reads in part, "As a knowledgeable Orthopedic Technician and valued member of the Orthopedic and General Surgery Department, you effectively contributed to the provision of quality patient and family centered care to over 650 active duty and family member beneficiaries. You ably assisted with the development of an all-inclusive Departmental Orientation program for newly reporting Hospital Corpsmen,



greatly aiding with the development of their professionalism. As Facilities Petty Officer for your department, you displayed great initiative and attention to detail which resulted in 100 percent accountability of all equipment worth in excess of \$189,000 in the Orthopedic and General Surgery Department. You selflessly volunteered your off-duty time to participate in the Big Morongo Canyon Preserve clean up, clearing multiple trails and brush for use by the public. Your community effort and willing participation promoted a positive image of the Command, Navy Medicine and the U. S. Navy."

## Happy Birthday Navy Medical Corps



Established March 3, 1871