



Robert E. Bush  
Naval Hospital

### Did you know?...

You have the right to express your concerns about patient safety and quality of care.

There are several avenues open to you:

- \* Through the ICE website.
- \* Through the Naval Hospital Customer Comment Cards.

- \* The Hospital's Customer Relations Officer at 760-830-2475, or any of the Customer Relations representatives in the hospital's clinics.

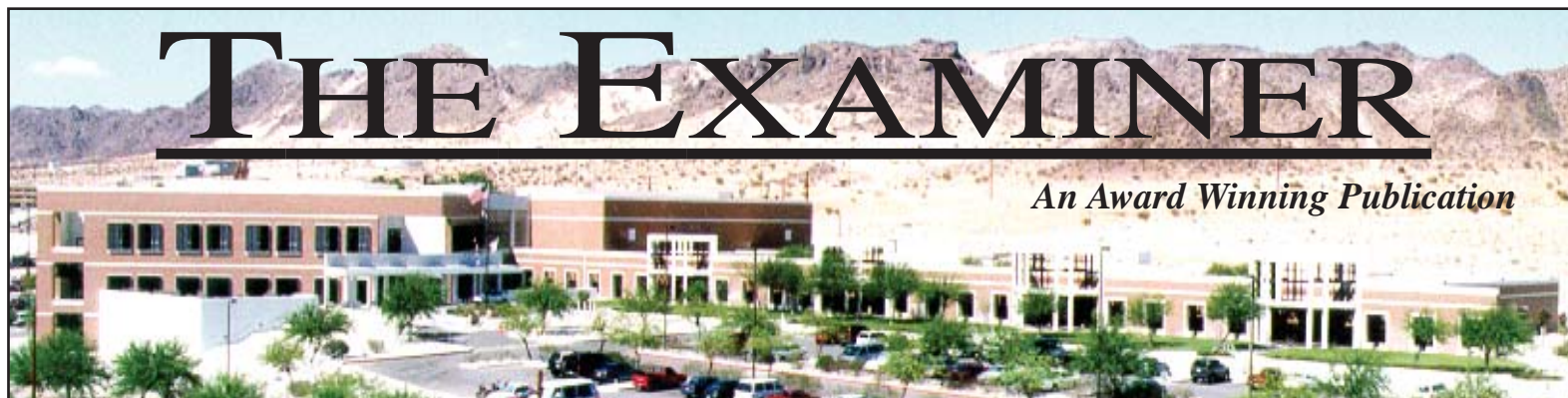
Or Directly to the Joint Commission via:

E-mail at [complaint@jointcomission.org](mailto:complaint@jointcomission.org)

Fax:  
Office of Quality Monitoring  
630-792-5636

Mail:  
Office of Quality Monitoring  
The Joint Commission  
Oak Renaissance Boulevard  
Oakbrook Terrace, IL 60181

Commanding Officer  
Naval Hospital Public Affairs Office  
Box 788250 MAGTFTC  
Twentynine Palms, CA 92278-8250



<http://www.med.navy.mil/sites/nhttp/pages/default.aspx>

# State of the Command for 2009

By Captain Don C. B. Albia, MSC  
Commanding Officer  
Robert E. Bush Naval Hospital

The end of Calendar Year 2009 offers an opportunity to reflect on the accomplishments of our Naval Hospital Twentynine Palms team.

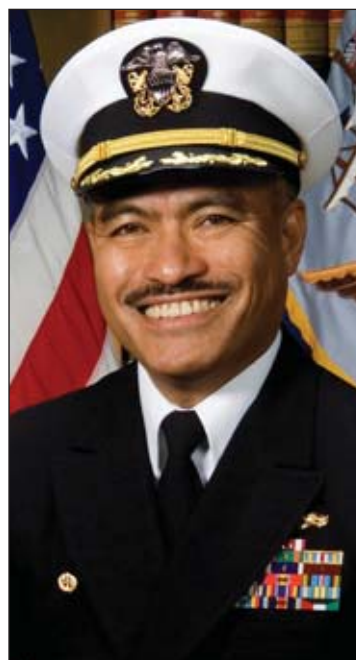
Even with an average of 8.12 percent of our active duty staff deployed, we met all the readiness requirements and delivered world class and quality medical, dental, psychological healthcare and services to all beneficiaries entrusted to our care.

We started the year with a 5-day notification that the Joint Commission and Medical Inspector General (MED IG) surveyors were coming on Jan. 12.

We were the first Military Treatment Facility (MTF) to be surveyed with the new Joint Commission (JC) grading criteria. After the opening conference, the JC surveyors traveled to Branch Health Clinic China Lake and Branch Health Clinic Bridgeport. That was the first time that a JC surveyor traveled to our outlying clinics.

The MED IG surveyors traveled there as well.

Although the JC team did not provide indication of an accreditation as a result of the new grading criteria, when the JC and MEDIG teams left, they were positively impressed with



the command. This was confirmed with the granting of Full Accreditation in April 2009.

Shortly before the JC and MEDIG survey, Naval Hospital Twentynine Palms (NHTP) was recognized as Top Performer in the Prospective Payment System (Small Hospitals) category which was announced at the Bureau of Medicine and Surgery (BUMED) Resources Conference.

This recognition resulted from the NHTP team reaching the 2008 Productivity goals, sustaining the readiness metrics and making significant progress in Evidence Based Health Care metrics.

In February 2009, our team participated in a very successful Medical Care Forum which was hosted by Lieutenant General Ronald Coleman, United States Marine Corps, Deputy Commandant, Manpower and Reserve Affairs, Head Quarters Marine Corps. Rear Admiral Thomas Cullison Deputy

Surgeon General/Vice Chief BUMED, Major General Elder Granger Tricare Management Activity, Rear Admiral Christine Hunter Commander Navy Medicine West/Naval Medical Center San Diego (NMCSD) also present as well was Mr. Dave McIntyre, Chief Executive

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## SCPOA Helps Families During Holiday



By LS2(SW) Robert Ellis  
Second Class Petty Officer's Association

The Second Class Petty Officer's Association kept busy this Holiday Season by assisting Families in need through different Community Organizations.

During the Thanksgiving Holiday, the SCPOA collected and donated

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# There are no Safe Alternatives to Tobacco Use

By Martha Hunt, MA CAMF  
Health Promotion and Wellness  
Robert E. Bush Naval Hospital

So now that Navy Medicine is becoming tobacco free and all Naval Hospital Twentynine Palms governed areas are fully tobacco free, are there any legal or safe alternatives to smoking or dipping?

In a nutshell, there is no safe form of tobacco or nicotine product. Period. There are now many alternative forms of tobacco and nicotine products out there that are being advertised

as "safe alternatives" to tobacco use. This is misleading advertising and only serves to prolong the nicotine addiction.

E-cigarettes -- e-cigarettes are simply crack pipes for nicotine. They are an electronic device that creates a nicotine vapor that is inhaled by the user. They are not legally sold in the United States.

The e-cigarettes and their cartridges are made in China and shipments of them that have been confiscated by the Food and Drug Administration (FDA) have found anywhere from zero nicotine to thirty times the nicotine level listed on the packaging.

There have also been other chemicals found in them such as anti-freeze and known carcinogens. They will not help you give up tobacco as the current advertising states.

Snus is a tobacco based, smokeless product that is swallowed rather than spit thereby eliminating the bio-hazardous waste products from other smokeless tobacco products.

People who use any smokeless tobacco products are at especially high risks of oral, head and neck cancers as well as gastric cancers such as stomach and esophagus cancers. There is also some preliminary research that those smokeless users who swallow rather than spit, are at

very high risk of pancreatic cancer on top of the other forms of cancer, cardiovascular disease, diabetes, etc.

Chinese herbal cigarettes are being advertised as tools to help you stop smoking. Just like clove cigarettes that have been sold in the United States for several years, most of these cigarettes contain tobacco as their basic ingredient. Whether the base ingredient is tobacco or not, once you light the herbal or clove cigarette, you are now inhaling tar and carbon monoxide as well as all of the other hundreds of chemicals that are the result of the burning process. Herb based cigarettes do not deliver less carcinogens than regular cigarettes and the

Chinese tobacco industry is misleading the public when promoting herbal cigarettes as safer products.

There is no safe form of tobacco or nicotine product. Even nicotine replacement therapy such as patches and gum must always be handled, stored and disposed of securely to ensure that children and animals are not exposed and poisoned. In fact, tobacco use is the leading cause of death and disability in the US and the biggest impact on readiness.

For more information on quitting tobacco, contact your primary care provider or call Health Promotion and Wellness at (760) 830-2814.

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The Examiner welcomes your comments and suggestions concerning the publication. Deadline for submission of articles is the 15th of each month for the following month's edition. Any format is welcome, however, the preferred method of submission is by e-mail or by computer disk.

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# -State of the Command...

*Continued from page 1*

Officer of TriWest.

Our community efforts continued while providing Emergency Room cross-leveling support to United States Naval Hospital Okinawa and Naval Medical Center San Diego.

The Regional Director for the Salvation Army presented NHTP personnel a Command Plaque for their participation during the Red Kettle Program which raised funds that benefited the local population in our community.

The color guard continues to participate in both military and civilian events throughout San Bernardino and Coachella Valley counties, always proud and presenting an impeccable appearance.

Additionally, numerous staff members volunteered their time in support of various community events and ongoing activities.

On April 23, NHTP was featured by KPSP-TV News (the local CBS Affiliate) and San Bernardino Sun newspaper during the first Freedom Call which connected a Marine Sergeant stationed in Baharien, Iraq via VideoTeleConferencing with his wife and newborn baby girl. This capability continues to be offered to all mother's whose husband is deployed when their child is born.

On April 30, the hospital continued the tradition of hosting the 23rd Annual Ridge Run with over 100 racers. The Naval Hospital 5-person squad placed first, four minutes ahead of the two Marine Unit squads.

In order to lessen the travel for women needing screening and annual mammograms, NHTP contracted with the Elizabeth Cancer Detection Center to provide a mobile mammography unit to the Marine Corps Air Ground Combat Center (MCAGCC) Twentynine Palms.

On May 8, during its inaugural visit, 54 patients completed screening mammography while the hospital's Gynecology Clinic completed health screening exams for this Well Women initiative.

As a testament to the Desert Beginnings Birthing Center's outstanding reputation and high satisfaction rate with new moms and dads, Lieutenant Colleen

Mahon, Nurse Corps, United States Navy, received the Navy section Nurse of the Year Award at the National Association of Women's Health Obstetric and Neonatal Nursing (AWHONN) Convention in San Diego, California.

Our military staff have maintained full medically ready status above 90 percent for all 12 months of this past year. In July 2009, NHTP's Medical Readiness Clinic exceeded BUMED's strategic goal for operating forces with an Individual Medical Readiness rating of 75.1 for Headquarters Battalion and 78 percent for Marine Corps Communication Electronic School.

We currently have 19 personnel deployed in direct support of Operation Iraqi Freedom and Operation Enduring Freedom in Afghanistan with another 19 on deck to deploy early to mid calendar year 2010. According to the Expeditionary Medical Program for Augmentation and Readiness Tracking System (EMPARTS), Naval Hospital Twentynine Palms is currently supporting 21 missions with a total of 6312 days deployed. We have 20 pending mission assignment on the deployment front.

The Naval Hospital continues to maintain the same high rate of readiness to make sure that not only the supported commands are ready to deploy but that we are ready to deploy ourselves.

In keeping with the Navy Medicine West Commander's guidance of fostering partner-

ship building and integration of a civilian-military healthcare delivery team that provides patient and family centered care to area's eligible beneficiaries, the command established ongoing meetings with High Desert Medical Center (HDMC) and Desert Regional Medical Center (DRMC). In May 2009, we included Eisenhower Medical Center as one of our network referred hospitals in the Coachella Valley area after they affiliated with the TriWest Healthcare Alliance. The High Desert Medical Center Foundation recognized NHTP during their November Board of Directors meeting for their ongoing contribution to emergency preparedness coordination and training help to the HDMC emergency preparedness team.

As the hospital continually challenges itself to offer ready, responsive and reliable care, we sought accreditation for our Blood Bank from the American Association of Blood Banks (AABB). In May 2009, the AABB completed their initial Accreditation Assessment and in October 2009, we received full accreditation.

To enhance communication with our beneficiaries and the general public, NHTP embarked on new outreach on using social media.

In June 2009 NHTP launched Facebook, Twitter and a Command blog to become the first command in Navy Medicine to use these valuable channels of communication. This innovation helped capture

constructive feedback and perception of the services we provide our beneficiaries.

In addition the command upgraded its Closed Circuit Television system to include three channels of programming to include electronic bulletin board and health promotions/health education programs for the hospital's waiting areas and inpatient rooms.

As the first MTF to handle an active duty Marine who tested positive for H1N1, NHTP implemented the pandemic influenza plan. MCAGCC leadership provided outstanding support in preventing the spread of the virus though increase surveillance, single point of contact for reporting and alternate berthing plan to accomplish isolation of affected personnel.

With the increased emphasis on deployment stresses, suicide prevention and Traumatic Brain Injury (TBI), we developed an open door policy to allow Marines and Sailors to self-refer for care, assigned nurse case managers to high-risk patients and tripled the Mental Health staff to further increase access to this care.

We solicited concerns from community forums, Healthcare Consumers Council and Family Readiness meetings and found out that telephone appointment access, specialty appointments, Mental Health Support to Mountain Warfare Training Center (MWTC) Bridgeport and Exceptional Family Member Program support were the top four issues affecting our beneficiaries.

In response to these issues, NHTP purchased a new state-of-the-art telephone system, con-

tracted a Licensed Case Social Worker to support the MWTC, increased emphasis on proper screening for Exceptional Family Member Program (EFMP) families and solicited more specialty support from TriWest and Navy Medical Center San Diego.

In anticipation of the Marine Corps Grow the Force initiative, we worked closely with Navy Medicine West in evaluating the correct staff mix to meet the need of the additional 3,000 beneficiaries. We were allocated funds for additional case managers, supplies and equipment to handle this plus up.

Every staff member worked hard for the past year. We have provided care for 155,442 patient encounters, reach productivity values of 119,434 RVU's and 555 RWP's, admitted 1,405 inpatients, filled 217,885 prescriptions, performed 36,466 radiographs, and conducted 217,181 laboratory tests. All of these categories exceeded last year's totals.

In addition I also wanted to highlight other productivity output that we seldom look at. In August 2009, NHTP was notified by Commander, Naval Network Warfare Command, that the Command has been granted an Approval to Operate (ATO) for the operation of the unclassified BUMED NHTP computer network at the hospital. The ATO will expire at the end of July 2012. Additionally,

- Command vehicles have logged 111,291 miles worth of travel. 80,486 of those miles have been in support of Temporary Additional Duties (TAD) orders for command per-

*Continued on page 6*

# Super Stars...



*HM3 Brian Abelgas, Staff Education and Training, receives a Navy and Marine Corps Achievement Medal.*



*HM1 Ty Anderson, Laboratory, receives Gold Star in Lieu of his second Navy and Marine Corps Achievement Medal.*



*HM3 Alyssa Brader, Medical Readiness Clinic, receives her first Good Conduct Award.*



*HM2 Seth Bryan, Staff Education and Training, receives a Letter of Appreciation.*



*Ann Denslow, Material Management Dept. receives a Navy Meritorious Civilian Service Award.*



*CS1 (SW) Jose Amador, Combined Food Services Dept. receives a Navy and Marine Corps Commendation Medal.*



*LS1 Kimberly Blain-Sweet, Material Management, receives a Letter of Appreciation.*



*HM2 (SW) Peter Brandi, Medical Readiness Clinic, receives a Gold Star in Lieu of his Second Navy and Marine Corps Achievement Medal.*



*HM1 Brandon Carrillo, Laboratory Dept. is frocked to his current rank.*



*CS2 Clinton Drewery, Combined Food Operations Dept. receives his second Good Conduct Award.*



*LS2 (SW) Roly Roy, Materials Management, receives a Gold Star in Lieu of his second Navy and Marine Corps Achievement Medal.*



*CSC Angelito, Topacio, Leading Chief Petty Officer, Combined Food Operations, receives a Navy and Marine Corps Commendation Medal.*



*HM2 Bryan Smith (FMF) Adult Medical Care Clinic, receives a Gold Star in Lieu of his second Navy and Marine Corps Achievement Medal.*



*HMC Mickenzie Pearson, Health Care Operations, receives a Letter of Appreciation.*



*HM3 Alex Klatt, Adult Medical Care Clinic, receives a Certificate of Appreciation from Hi-Desert Medical Center.*



*HM3 David Elizardo, PACU, receives his first Good Conduct Award.*



*Lt. Arnold Fajayan, Nurse Corps, Family Medicine Clinic, receives a Navy and Marine Corps Commendation Medal.*



*HM3 Ryan Grella, Patient Administration Dept., is frocked to his current rank.*



*Lt. Cmdr. Margaret Braus, Maternal Infant Nursing Dept., takes the oath at her recent promotion ceremony.*



*HM1 Alex Escobal, Laboratory, receives a Letter of Appreciation.*



*HM2 Derrill George, Adult Medical Care Clinic, receives a Letter of Appreciation.*



*HM2 Sheena Hays, Main Operating Room is frocked to her current rank.*



*HM2 Sarilyn Escobar, Main Operating Room receives a Certificate of Appreciation from Hi-Desert Medical Center.*



*HM2 Kameryn Goodrow, Health Care Ops, is frocked to her current rank, and she receives a Letter of Appreciation.*



*HM3 Sean Killoran, Patient Administration Dept., receives a Certificate of Appreciation from Hi-Desert Medical Center.*

## Combat Stress Continuum Set on Combat Center

The Deployment Health Clinical Center (DHCC) at the Robert E. Bush Naval Hospital will be facilitating "The Combat Stress Continuum" at Building 1707 on board the Combat Center Jan. 20, 2010 starting at 4:30 p.m.

A panel of experts will give overviews of Traumatic Brain Injury (TBI), Post Traumatic Stress Disorder (PTSD) and Combat Operational Stress from 5 to 6:30 p.m. DHCC providers will be there to talk about the basics, what resources are available, symptoms to look for, edu-

cational tools and how to get care for both active duty and the family.

There will be two TRICARE Service Representatives available to answer questions of health care providers and one Beneficiary Service Education Representative to answer

questions family members may have.

Also available will be booths with poster board presentations along with representatives for any questions.

For more information, please contact Lieutenant Suzanne Decker at 760-830-2948.

# Super Stars...

Continued from page 6



**Cmdr. Frances Slonski, Nurse Corps, Department Head, Main Operating Room, takes the oath at her recent promotion ceremony.**



**HM3 Elston Stewart, Pediatrics Clinic, receives a Letter of Commendation from the CO of Expeditionary Medical Facility Kuwait.**



**HM3 Sergio Romero, Staff Education and Training, receives a Letter of Appreciation.**

## New Web Tool Makes Finding New Doctors Easy

By Tyler Patterson  
TriWest Healthcare Alliance

**J**ust enrolled into TRICARE Prime and want to know your options for doctors? Moved to a new location and need to find a doctor? Not sure if the nearest military clinic is accepting new patients?

It used to take a phone call or car trip to answer these questions. Now you can save the trip and the call, and answer all these questions online using TriWest's Prime Enrollment Eligibility tool at [www.triwest.com/eligibility](http://www.triwest.com/eligibility). All you need is your address and an Internet connection. Within seconds, you'll have a color-coded map of the options in your area.

Not only will the Prime Enrollment Eligibility tool show your options, but it will walk you through your next steps. For example, if the nearest available clinic is more than a 30-minute drive, it

will remind you to complete the Access to Care Waiver on your Prime application. If it's determined you're not eligible for TRICARE Prime, the Prime Enrollment Eligibility tool will inform you of other TRICARE plan options and direct you how to complete enrollment.

If the tool determines you are eligible for Prime and suggests you enroll at a particular clinic, it will present that clinic's contact information. Don't forget you can use the Beneficiary Web Enrollment (BWE) site to enroll in TRICARE Prime, make your initial payment and select a primary care manager (some exceptions apply). If you're already enrolled in TRICARE Prime, you can use BWE to manage your family members' enrollment and order new ID cards. Learn more about BWE at [www.triwest.com/bwe](http://www.triwest.com/bwe).

While you're online, you can also choose to "Go Green" and receive paperless Explanation of Benefits statements at [www.triwest.com/gogreen](http://www.triwest.com/gogreen).

## State of the Command...

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sonnel.

- The linen department has managed the cleaning and distribution of 99,786 pounds of linen in support of patient care.

- In addition to a multitude of other tasks, Housekeeping has diligently accomplished the routine cleaning of 125,600 square feet worth of flooring throughout the hospital.

- Utility costs for the hospital (including electricity, water, sewage and gas) have amounted to over \$1.15 million.

- The Facilities Management Department staff has efficiently responded to 1,505 customer requests and 3,025 recurring maintenance requests involving over 4,800 man-hours of direct labor.

- Optometry issued 6,912 glasses.

- The dining facility served 44,886 savory meals.

- The audiology department conducted 297 full diagnostic audiology tests, 401 newborn hearing screenings and the hearing conservation program saw 5202 patients.

- Staff Education And Training implemented the electronic training record (ETR) for over 530 Naval Hospital and branch clinic staff members which has far reaching benefits and is being considered for implementation at Oak Harbor, Lemoore, and Guam. Implementation of the ETR and submission of electronic training certificates will save over 703 man hours and over \$20,000.00 in command resources for calendar year 2010.

- The Patient Administration

Department created a total 1,485 inpatient records and 671 APV records, completed 148 Medical Boards and issued 483 birth certificates. - Material Management scrubbed prior years and FY09 contracts, recouping \$107,302.92 from 11 contracts from FY07, \$171,494.86 from 8 contracts in FY08, and \$524,985.77 from 11 contracts in FY09 which allowed the funds to be utilized in other projects throughout the Command.

- Material Management researched and executed a Prime Maintenance contract worth \$393,426.00, eliminating 16 contracts that had previously been done separately. This contract encompasses all equipment located at Branch Health Clinic China Lake and Branch Medical Clinic Bridgeport as well as the majority of the equipment previously on contract at NHTP. This contract consolidates the 16 different contracts into one single contract, resulting in better accountability and flexibility for all equipment on contract. In addition, there is one contracted Bio Medical repairman associated with the contract for more consistent and flexible service to NHTP and the branch clinics.

The above accomplishments are only a portion of what we as a command have done and can be proud of. NHTP has a great reputation solidified by the efforts of the staff that make it the outstanding command it is today. I clearly envision that NHTP will continue as a superb command in the coming year.

# Why do women need to be screened for cervical cancer?

By Martha Hunt, MA  
Health Promotion and Wellness  
Robert E. Bush Naval Hospital

January is Cervical Cancer Awareness Month. There are two reasons why women need to be screened for cervical cancer.

First and foremost, you should be screened for cervical cancer for your health. Like all cancers, the earlier you catch them the easier they are to treat and the greater your chance of survival.

Secondly, because your Naval Hospital's funding is partly based on patient compliance to routine annual screenings -- if you aren't using the services here for annual health screenings, Navy Medicine gives the funds to other hospitals. This causes a ripple effect whereby funds lost here then create a reduction of staffing and services available to the hospital community as a whole. Remember, there is no free lunch -- the more you use the services here for routine screening visits, the more services the hospital can offer to the community as a whole. Or in other words, use it or lose it funding.

## What is cervical cancer?

Cancer is a disease in which certain body cells don't function right, divide very fast, and produce too much tissue that forms a tumor. Cervical cancer is cancer in the cervix, the lower, narrow part of the uterus (womb). The uterus is the hollow, pear-shaped organ where a baby grows during a woman's pregnancy. The cervix forms a canal that opens into the vagina (birth canal), which leads to the outside of the body.

There are several risk factors for developing cervical cancer. Some of the factors can be changed and some cannot. The leading risk factor for cervical cancer is infection with the Human Papilloma Virus (HPV). HPV viruses are transmitted sexually (passed from one person to another by sexual contact) and can infect the cervix. There are several types of HPV viruses, just like there are many types of viruses that cause the flu every year. There is a vaccine available in the OB/GYN clinic of the Naval Hospital that can help to prevent cervical cancer by protecting against some of the different types of HPV

viruses.

Another risk factor for cervical cancer is the number of sexual partners a person has had. The more sexual partners a person has had, then the greater the risk of all sexually transmitted diseases, not just HPV.

Other risk factors include having a high number of full-term pregnancies (seven or more) increases the risk of cervical cancer.

Long-term use of oral contraceptives (five years or more) increases the risk of cervical cancer.

Cigarette smoking is associated with an increased risk of cervical cancer.

Several studies have suggested that certain micronutrients (vitamins and minerals) may reduce the risk of cervical cancer, but this has not been proven.

Now, back to that free lunch discussion - receiving regular gynecological exams and Pap tests helps to prevent cervical cancer.

Abnormal changes in the cervix can be found early by the Pap test and treated before cancer develops. Women who do not regularly have Pap tests

have an increased risk of cervical cancer and an increased risk of dying from it.

In the United States, only 2.5 percent of cancer deaths in women are due to cervical cancer. However, in poor countries where access to routine annual screenings and the cervical cancer vaccine are unavailable, deaths among women due to cervical cancer can total as

much as 50 percent of all cancer deaths in women.

Knowing the risk factors for cervical cancer can help you avoid them. Accessing the wonderful care available to you in the Naval Hospital can not only ensure your health but it helps to ensure the health of the community as a whole by increasing funding from Navy Medicine.

## SCPOA Helps Families During Holiday...

*Continued from page 1*

200 canned and non perishable food items to two local Organizations in Twentynine Palms area. The food items were donated to the Armed Forces YMCA on base, and the Twentynine Palms food bank located at the Senior Center in Twentynine Palms. The SCPOA also donated a Prepared Thanksgiving meal for a family in Landers.

For the Christmas Holiday the SCPOA Adopted two families from the Beyond Shelter in Los Angeles. The SCPOA donated and purchased items requested by the two families which included gift cards, clothing, toys, and other needed items.

The First Class Petty Officer Association also assisted by contributing \$50 to the two families and CSSN Batallones delivered the donations to the Shelter.

The Second Class Petty Officer Association plans to keep participating in various Community Service events and assisting various Organizations throughout the year. For more information on the Second Petty Officer Association or interest in assisting in the various activities please contact LS2 Robert Ellis at 830-2763 or email robert.ellis@med.navy.mil or any member of the Second Class Petty Officer Association.

## TriWest Wounded Warrior Support Site Earns Silver Award

TriWest Healthcare Alliance earned the Silver Award for Best Overall Internet Site for its Healing Heroes Portal at the 2009 eHealthcare Leadership Awards in Las Vegas.

The portal was designed specifically to help military and civilian healthcare coordinators streamline the transition process between caregivers, hospitals and clinics for recovering service members. It also provides TRICARE benefit news, information and links to related resources for recovering service members and their families.

"The Healing Heroes portal is the result of significant collaboration throughout TRICARE's 21-state west region," said TriWest President and CEO David J. McIntyre, Jr. "TriWest worked with its Military Health System and VA partners to develop an online tool that can help Wounded Warriors as they go through the healing process. This award is a symbol of that work's success, which serves a much

greater purpose."

The site offers a 'public' side for Wounded Warriors, their families and caregivers as well as a password-protected side for healthcare coordinators to access a repository of contact information, tools and resources to better assist recovering service members.

The awards were announced at the Thirteenth Annual Healthcare Internet Conference. Winning sites were selected from more than 1,100 entries.

Visit the Healing Heroes Portal at [www.triwest.com/beneficiary/healingheroes](http://www.triwest.com/beneficiary/healingheroes).

Elizabeth Cancer Detection  
Mammovan will once again  
visit the Naval Hospital  
January 29th  
from 7:30 a.m. to 4:30 p.m.  
Call 760-830-2501 for appt. info.



*CS2 Emiliano Morfin, Combined Food Operations Dept., takes the oath at his recent reenlistment ceremony.*



*HM2 Ray Martinez, Public Health Dept., receives a Letter of Appreciation.*



*HM2 Jose Mata, Multi-Service Ward, receives a Letter of Appreciation.*



*HM3 Corey Messner, General Surgery/Orthopedics Dept., is frocked to his current rank.*

# *Super Stars...*

*Continued from page 6*



*HM3 Phillip Miller, Staff Education and Training Dept., receives a Letter of Appreciation.*



*HM3 Jerry Nguyen, Optometry, is frocked to his current rank.*



*HM1 (FMF/Combat Aircrew) Clifford Salviejo, Medical Readiness Clinic, is frocked to his current rank and is awarded a Gold Star in Lieu of his third Navy and Marine Corps Achievement Medal.*



*HM1 Eduardo Pamatz, Radiology, is frocked to his current rank.*



*HM3 David Pruett, Pediatrics Clinic, is frocked to his current rank.*



*HM3 Charles Wonsey, Multi-Service Ward is frocked to his current rank.*