



Naval Hospital Twentynine Palms

2012 Community Resource Directory

Knowledge is of two kinds. We know a subject ourselves, or we know where we can find the information. ~ Samuel Johnson ~

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The Robert E. Bush Naval Hospital does not endorse any of the resources listed here. They are offered for information purposes only.

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Health Promotion & Wellness Office
Robert E. Bush
Naval Hospital Twentynine Palms
MAGTFTC MCAGCC
Twentynine Palms, California 92278
(760) 830-2814/ DSN 957-2814
Revised 2/12
Tobacco free campus since January 1, 2010*

Part I: Robert E. Bush Naval Hospital Resources

ASTHMA EDUCATION / DIABETES EDUCATION/ COUMADIN EDUCATION -

People with Asthma, Diabetes or who use Coumadin can live healthy, comfortable lives when they learn to control and promptly treat symptoms. This program offers individual counseling based on primary care referral. This program is for active-duty, family members, retirees, and civilian employees on a space-available basis. Contact the Family Practice Clinic nurses at **(760) 830-2752**.

BREAST FEEDING SUPPORT GROUP – “THE MOM CONNECTION” – you will meet with other breast feeding moms. Breast pumps may be checked out to qualifying mothers for home use. Contact the lactation specialist at **(760) 830-2126**.

BREAST EDUCATION CENTER - Available services include Breast cancer risk screening, interactive CD-ROM for patient education, a resource library, and breast models to practice self-exams. Open to any TRICARE beneficiary. Contact the Nurse Facilitator for information at **(760) 830-2501**.

CASE MANAGEMENT PROGRAM – Provides special attention to the needs of Active Duty, dependants and retirees needing help navigating the health care system, those with complicated medical conditions, chronic medical conditions and psychosocial needs. For more information call **(760) 830-2822**.

CHILD BIRTH CLASS - A one day 8 hour course. This Class covers breathing techniques, comfort measures, pain management, delivery, the fabulous newborn and much more. To sign up for the class, call **(760) 830-2227**.

MENTAL HEALTH SELF-REFERRAL – For urgent mental health self-referral, TRICARE members may call Military One Source crisis line at **1 (800) 342-9647**.

NAVY-MARINE CORPS RELIEF SOCIETY - The Navy-Marine Corps relief society provides interest free loans and grants for emergency services such as medical bills, rent, funeral expenses, etc. It also provides services such as financial counseling, layettes for newborns, infant and child car seat loans, education scholarships and visiting nurses. For information call **(760) 830-6323** or **(760) 830-6343**.

NICOTINE ANONYMOUS – Twelve step meetings in both Twentynine Palms and Yucca Valley for those trying to quit tobacco. Please call **(760) 401-6503**.

PHYSICAL THERAPY PROGRAMS - *Knee School* – The Knee School is a monthly two-hour informational class covering anatomy, acute care, and prevention of knee problems. ***Back School*** – The back school is a two-hour class covering anatomy, daily stressors on the back, and practice in proper lifting and body mechanics. For active-duty personnel, other beneficiaries may attend on a space-available basis. A referral

from a primary care provider is required for this class. Call the Physical Therapy Department for information at **(760) 830-2140**.

SPIRITUAL HEALTH PROGRAMS – Spiritual services are open to all. Naval Hospital programs include Pastoral Care Library, Stephen Ministry, and weekly Bible Study. Contact the Naval Hospital Chaplain for information, **(760) 830-2429**.

SPORTS NUTRITION, DIET FOR A HEALTHY LIFESTYLE, WEIGHT LOSS & CONTROL CHOLESTEROL EDUCATION, DIABETES EDUCATION, etc. - Counseling with a registered dietitian is available for active-duty, family members, and retirees. Cholesterol and diabetes education is available by referral from a primary care provider. For information or to set an appointment, call **(760) 830-2752**

STRESS MANAGEMENT – Health Promotion & Wellness offers basic stress management and sleep hygiene services. For more information, call Health Promotions at **(760) 830-2814**.

TOBACCO CESSATION PROGRAM - This tobacco cessation program teaches smokers and smokeless tobacco users how to kick the habit. There is no longer a four week long class and all counseling is done one on one. For more information, call Health Promotions at **(760) 830-2814**.

Part II: MAGTFTC MCAGCC Resources

AA MEETINGS – Wednesdays at 1800 in room 72 of the village center.

AL-ANON – call **(760) 361-4838** or **(760) 376-9904** for more information.

ARMED SERVICES YMCA – Parent & Child Interaction Programs for children from birth to 5 years of age and their parents. For information call **(760) 830-7481**.

CAR SEAT SAFETY INSPECTION – Base fire department offers car seat fittings by appointment. Call **(760) 830-5239** for more information.

CAREER RESOURCE OFFICE (CRO) – This office offers career counseling, military transition counseling and assistance, access to a computer lab and job search data bases, and job search assistance. For information call **(760) 830-7225**.

CHILD DEVELOPMENT PROGRAM – This service offers full time day care, before & after school care, and hourly care. Call **(760) 830-3227 x252** for eligibility rules and information.

COMBINED DRUG & ALCOHOL COUNSELING CENTER – The center provides screening, evaluation, treatment and referral for substance abuse, dependency and compulsive overeating or gambling. For information call **(760) 830-6376**.

COMBAT CENTER EDUCATION – This office implements various education services such as lifelong learning opportunities, education counseling, tuition assistance, and veteran's education benefits. For information call **(760) 830-6881**.

CPR & FIRST AID CLASSES – Both CPR and First Aid classes are offered by the American Red Cross Office on MAGTFTC MCAGCC. For information call **(760) 830-6685**.

DRUG DEMAND REDUCTION COORDINATOR – Drug and alcohol prevention education. Contact at **(760) 830-7501** for more information.

EXCEPTIONAL FAMILY MEMBER PROGRAM – This office offers services to families with have dependents with special physical, mental or emotional needs, including children diagnosed with ADD/ ADHD. Call **(760) 830-7740** for information.

FAMILY ADVOCACY PROGRAM – The FAP offers military and community resource referrals, emotional support, crisis intervention, information regarding the Marine Corps process for domestic violence, ensure your safety, advocate your rights and assist you in developing your own plan. Call **(760) 830-6345**.

FINANCIAL MANAGEMENT PROGRAM – This office offers financial counseling to military personnel and to civilians as space allows and helps to relieve some of the stress related to money matters. For information call **(760) 830-7342**.

FREE BREAD FRIDAY at ASYMCA- Sponsored by 23rd Dental - **(760) 830-7481**

INFORMATION & REFERRALS – Assistance with pre-deployment & reunion briefs. Contact **(760) 830-6344** for more information.

NAVY-MARINE CORPS RELIEF SOCIETY - The Navy-Marine Corps relief society provides interest free loans and grants for emergency services such as medical bills, rent, funeral expenses, etc. It also provides services such as financial counseling, layettes for newborns, infant and child car seat loans, education scholarships and visiting nurses. For information call **(760) 830-6323** or **(760) 830-6343**.

NEW PARENT SUPPORT PROGRAM – Learn effective parenting skills, goal setting skills and effective parent/child communication skills. For information call **(760) 830-7622**.

NICOTINE ANONYMOUS – Twelve step meetings in both Twentynine Palms and Yucca Valley for those trying to quit tobacco. Please call **(760) 401-6503**.

OPEN DOOR COUNSELING – Walk in counseling offered Monday evenings from 5-7 pm. Call **(760) 830-6345** for more information.

PERSONAL TRAINING PROGRAM – these programs are available to all at MWR's East and West Fitness Centers. Certified personal trainers are available to design and monitor an exercise program that fits your personal needs. To make an appointment, call the East Fitness Center at **(760) 830-6670** or West Fitness Center at **(760) 830-6723**.

PREVENTION EDUCATION SERVICES - Classes in Prevention Education include Suicide Prevention, Stress Management, Substance Abuse Prevention, Anger Management, Communication Skills, Sexual Assault Prevention, Child Abuse Prevention, Domestic Violence, Positive Parental Discipline and Pre-Deployment & Reunion Briefs. For information call **(760) 830-4950**.

RELOCATION ASSISTANCE – Provides education and assistance in the management of a mobile military lifestyle. Provides assistance to transferees in planning ahead in order to experience a smoother transition. For information call **(760) 830-4028**.

SPIRITUAL HEALTH PROGRAMS – MCAGCC Spiritual programs include Credo Program, Stephen Ministry, PREP pre-marriage and marriage counseling, Christian women's fellowship, Christian men's fellowship, and AWANA for children. Contact the Religious Ministries Directorate for information at **(760) 830-6304**.

23rd DENTAL COMPANY – This clinic provides comprehensive dental care including restorative, periodontal, prosthodontic, endodontic and surgical services. For information call **(760) 830-7052**.

Part III: Morongo Basin & San Bernardino County Community Resources

Adoption Services of San Bernardino County	1(909) 387-5220
Foster care	1(909) 387-5369
Adult Health Services Yucca Valley – Services offered include medical equipment loans, adult activity center, aquatic exercises, and senior adult day care.	(760) 365-9661
Adult Protective Services – Investigation of physical, mental, or financial abuse of the elderly; Social workers evaluation of referrals for counseling; Housing resources & In-home supportive services for the disabled	1(877) 565-2020/ (760) 228-5397
Aging Information Clearinghouse	1(800) 222-2225 TTY 1(800) 222-4225
AIDS hotline	1(800) 342-2437 Spanish 1(800) 344-7432 TTY 1(800) 243-7889
Clinical Trials Info	1(800) 874-2572
Treatment Info	1(800) 448-0440
Palm Springs Desert AIDS Project This center offers social services, anonymous testing, clinic services, legal services, food bank, substance abuse counseling and mental health services.	(760) 323-2118
AIDS Testing San Bernardino County	1(909) 383-3060
Alcoholics Anonymous	
Yucca Valley	(760) 365-7687
29 Palms and Joshua Tree	(760) 366-1780

Panorama Ranch Rehab Center	(760) 366-9100
AA MCAGCC – 1800 Wednesday at Village center	
Al-Anon Family National Resource Center	1(800) 331-3237
Al-Anon Hot line	1(888) 512-0061
Al-Anon Morongo Basin	(760) 674-9554
Alcohol and Drug Information Service	1(800) 729-6686 1(888) 644-6432 1(888) 889-6432
Alzheimer Information	1(800) 438-4380
Alzheimer’s Association Colton, Ca	1(800) 660-1993
Alzheimer Support	
Hospice of Morongo Basin	(760) 366-1308
Veteran’s Home of Barstow	(760) 259-6092
Sunset Village Club Room Joshua Tree	(760) 366-6424
Palm Desert Manor Care Nursing Center	(760) 341-0261
Palm Springs Mizelle Senior Center	(760) 323-5689
Ridgecrest Alzheimer’s Support Group	(760) 375-2352
San Bernardino Community Hospital	1(909) 387-9440
American Cancer Society –	(760) 568-2691
Palm Desert – The American Cancer Society offers support groups, grief support, prostheses information, self-help information.	
American Food Bank	(760) 820-1310
Complete Food Bank with an on-site Pantry. 55879 29 Palms Hwy Yucca Valley, CA 92284 Website: www.Americanfoodbank.us	

American Heart Association	1(800) 834-1670
American Lung Association	1(909) 884-5864
American Parkinson's Disease Referral Service	1(800) 223-2732
American Red Cross Joshua Tree Branch	(760) 366-5330
Arthritis Foundation in Palm Desert	(760) 773-3076
Arthritis Information Services	1(877) 226-4267
Arthritis Support Group – Morongo Basin	(760) 365-9661
Back to Sleep	1(800) 505-2742
Bariatric Surgery Support Group (Riverside)	1(909) 357-0400
Bereavement Support – Hospice of Morongo Basin	(760) 366-1308
Blood Donor Services/ Community Blood Bank	(760) 773-4190
Boys & Girls Clubs of the Hi-Desert	(760) 365-5437
Bradley Natural Childbirth Classes	(760) 366-9684
Braille Institute of Palm Springs This organization offers a library, visual aides and classes to the visually impaired.	(760) 321-1111
California Hearing Impaired Communication Relay This service relays telephone messages between hearing and non-hearing individuals.	1(800) 735-2922 TTY 1(800) 735-2929
California Poison Control System	1-800-222-1222
Cancer Information Service Cancer Screening Program	1(800) 422-6237 TTY 1(800) 332-8615 (760) 366-5380

Joe's House – housing resource for families who must travel for cancer treatment	1(877) JOES-HOU 1(877) 563-7468
Car Seat Safety Inspection - CHP by appointment	(760) 366-3707
San Bernardino Car seat available for purchase at a low cost for eligible low income individuals residing in San Bernardino County (cash/money order only) - Violator class- \$35 to attend (cash only)	(909)388-0400 1-800-722-3777
MCA GCC Fire Department – by appointment	(760) 830-5239
Caregiver Support Services – Hospice of Morongo Basin	(760) 366-1308
Child Protective Services/ Department of Children's Services	
Investigation of child abuse/neglect; Social workers evaluation, counseling and parenting classes.	(760) 228-5300 (909) 384-9233
Child Abuse Hotline	1(800) 827-8724
Lutheran Social Services	(760) 366-1180
Counseling, support groups and therapy for families affected by child abuse; Parenting, anger management and domestic violence classes; Teen counseling.	
Cocaine Anonymous	1(818) 760-8402
Complementary and Alternative Medicine Information	1(888) 644-6226

<p>Community Action Partnership of San Bernardino County</p> <p>Clients must meet the component's specific eligibility requirements:</p> <p>Emergency Assistance includes food vouchers, bus passes, shelter assistance, and more.</p> <p>Weatherization and energy conservation assistance to eligible low-income residents and processes applications for Home Energy Assistance Program (HEAP) to help relieve emergency and non-emergency situations for eligible electric and gas customers.</p> <p>Rental Assistance-has two components: Eviction Prevention and New Rentals.</p> <p>Individual Development Accounts (IDA) - A matched savings program that allows low-income workers to save earnings towards acquisition of assets-a home, a small business or post-secondary education, as a way out of poverty.</p> <p>Lead Reduction Services- provides lead-hazard paint renovation services for homes built prior to 1979. The family must have children less than 6 years of age residing or regularly visiting.</p>	<p>(909) 723-1500 Or 866-675-6623</p>
<p>Community Food Pantry</p> <p>6450 Star Dune Ave Twentynine Palms CA 92277</p>	<p>760-361-3663</p>
<p>Deafness and Other Communication Disorders</p>	<p>1(800) 241-1044 TTY 1(800) 241-1055</p>
<p>Diabetes Association</p> <p>Diabetes Education Programs</p>	<p>1(800) 828-8293 1(800) 438-5383</p>
<p>Diabetes Support Groups</p> <p>Big Bear Monthly Diabetes Lecture Series Big Bear Juvenile Diabetes Support Group Desert Diabetes Club Rancho Mirage</p>	<p>(909) 585-3538 (909) 336-5005 (760) 773-1578</p>

Diabetes Support Group Rancho Mirage Stress Reduction Support Group Palm Springs	773-1404 (760) 323-6714
Disabled American Veterans	(760) 364-3849 or (909) 823-5424
Domestic Violence National Hotline	1(800) 799-7233
Unity Home Joshua Tree - Shelter for battered women. Accept substance abusing clients if domestic violence is involved; 60 - day stay, Individual counseling/support groups, Education and referrals, Restraining orders & court support, Parenting classes, Women's self esteem groups, Teen support groups, Anger management classes, Walk ins welcome.	(760) 366-9663
Women's Center High Desert - Ridgecrest- 93556 (Kern County) - Women's Shelter Network -SART Children self-help program. Information and referral helpline; Battered women's shelter; Sexual Assault Response Team	(760) 371-1969 (760) 375-7525 (760) 375-0745
San Bernardino Option House P.O. Box 970 San Bernardino, CA 92402 www.optionhouse.org - Battered women's shelter, Legal services, temporary restraining orders; Crisis intervention services; Counseling / support groups; Emergency overnight shelter; 60 day temporary stay; 18 month Transitional Housing; In-House Resident Program; Advocacy; Teen Dating Violence Prevention; Workshop	(909) 381-3471 (24 hour hotline)
Emergency for fire or police	911
Expanded Food & Nutrition Education Program (EFNEP) Nutrition program designed to aid low-income families in stretching their food dollars.	909-387-2188
Family Planning Services – San Bernardino County Public Health	(760) 366-5380

<p>First Five San Bernardino</p> <p>Programs include strengthening families program, attachment and bonding sessions, making families first, helping women recover, healing hearts support group, tobacco cessation for parents, fatherhood support.</p> <p>Dental Program - Free or low-cost dental care for children under the age of five. Includes financial assistance for dental treatments.</p>	<p>760-369-3130</p> <p>1-800-722-4597</p>
<p>Home Nursing Services – These organizations offer services such as home health care, home health aides, chaplain services, social workers, physical therapists, occupational health therapists and speech therapists.</p> <p>Visiting Nurses Association & Hospice</p> <p>High Desert Home Health</p> <p>Nations Healthcare Cathedral City</p>	<p>(760) 365-8314</p> <p>(760) 366-6427</p> <p>(760) 322-5117</p>
<p>Hospice of Morongo Basin Joshua Tree – This facility offers care services for the terminally ill and their families.</p>	<p>(760) 366-1308</p>
<p>Hospital Information Desks</p> <p>High Desert Medical Center</p> <p>Robert E. Bush Twentynine Palms</p> <p>Desert Hospital Palm Springs</p> <p>Eisenhower Hospital Rancho Mirage</p> <p>Camp Pendleton Naval Hospital Quarter Deck</p> <p>Loma Linda VA Hospital</p> <p>Loma Linda Medical Center</p>	<p>(760) 366-3711</p> <p>(760) 830-2190</p> <p>(760) 323-6511</p> <p>(760) 340-3911</p> <p>(760) 725-1288 DSN 365-1288</p> <p>1(909) 825-7084</p> <p>1(909) 796-7311</p>
<p>Jobs and Employment Services San Bernardino County</p>	<p>(760) 228-5301</p>
<p>La Leche League International</p>	<p>(760) 366-9684</p>

Legal Services	
Joshua Tree	(760) 366-4140
San Bernardino County	1(909) 387-8373
Lupus Support – Lupus International	1(949) 833-2121
Loma Linda	1(909) 874-9257
Victorville/ Barstow	1(760) 252-5141
Palm Desert – Lupus Foundation of America Chapter	1(760) 674-2308
Meals on Wheels – These groups offer hot meals delivered Monday through Friday to house bound individuals over age 60 and their spouses. Meals are free; however, a small donation is requested. Housebound individuals under age 60 may also receive the service with approval from San Bernardino County Social Services.	
Joshua Tree Community Center	(760) 366-2471
Landers/Johnson Valley	(760) 364-3936
Morongo Valley	(760) 363-7552
29 Palms Senior Center	(760) 367-3891
Wonder Valley	(760) 367-1678
Yucca Valley Senior Center	(760) 228-5453
Mental Health Anxiety Hotline	1(888) 826-9438
Mental Health – Depression Hotline	1(800) 421-4211
Mental Health – Panic Hotline	1(800) 647-2642
Morongo Basin Coalition for Adult Literacy	(760) 367-1146 or (760) 228-5461

Morongo Basin Family Resource Center 58967 Business Center Drive Suite C / D Yucca Valley CA 92284 Classes offered in: Attachment & Bonding, Beyond Trauma, Comprehensive Tobacco Treatment Program for Parents, Couples Communication, Fatherhood Group, Grief, Healing Hearts, Helping Women Recover, Homework Club, Child Development, Parenting Skills, Childs Safety, Family Community, Children’s Health, Life Skills, Youth Projects, Parent Child Interaction Therapy, Self Esteem, Strengthening Family Program, Tweens Group. They also have a Family Resource Center - SART Program.	(760) 369-3130 Fax (760) 365-2695
Morongo Basin Mental Health Department Drug and alcohol program Crisis walk in service	(760) 365-3022 (760) 365-6558
Morongo Basin Rape Crisis Center	(760) 369-3353
National Center for Missing and Exploited Children	1(800) 843-567 TTY 1(800) 826-7653
Nicotine Anonymous Twentynine Palms	1(800) 642-0666 (760) 401-6503
Parenting Resources National Runaway Hotline Tough Love International - Non-profit parenting support group for parents who are troubled by teens unacceptable behavior	1-800-786-2929 1-800-RUN-AWAY 866-828-0178
Poison Control	1-800-222-1222 TTY 1(800) 972-3323
Osteoporosis Services Information National Osteoporosis Foundation Local Chapter	1(800) 624-2663 1(909) 684-6680

Riverside County Inform & Ombudsman - This service offers Medi-Cal patient referrals to specialist physicians.	1(800) 464-1123
Salvation Army Cathedral City - The Cathedral City branch offers both emergency food and shelter services, tutoring for school age children, English as a second language, computer literacy classes, spiritual guidance, marriage and pre-marriage counseling, youth clubs and day camp.	(760) 324-2275
San Bernardino County Area Agency on Aging	1(909) 388-4555
San Bernardino Sexual Assault Services, Inc.	(909)885-8884 1(800) 656-4673
San Bernardino County Sheriff's Department Joshua Tree 29 Palms & Wonder Valley Yucca Valley	(760) 366-3781 (760) 367-9544 (760) 365-2364
San Bernardino County Sheriff's Department Citizens Patrol/ <u>You Are Not Alone Program</u> – This service is a citizen's patrol to check on the security of elders in the community.	(760) 366-5709
San Bernardino Social Services – Services include Financial Aid, Food Stamps and Medi-Cal information. Yucca Valley - The Yucca Valley branch offers family services only.	(760) 228-5220 (760) 228-0114
Santa Fe Social Club Monthly food program for those in need 56020 Santa Fe Trail, Suite M Yucca Valley, CA.	(760) 369-4058
Senior Phone Assurance Service – This is a volunteer service that will call home bound or ill	

seniors to check on their health and safety.	
Landers	(760) 364-2167
Morongo Valley	(760) 363-6433
Twentynine Palms	(760) 367-5876
Yucca Valley	(760) 365-5177
Sexual Assault Services	
Children's Center for Victims of Trauma	(760) 366-2330
Morongo Basin Rape Crisis Center	(760) 369-3353
24 Hour Rape crisis hotline	1 (800) 656-4673
Violent Crimes Response Program (Victim's services)	(760) 366-2166
Social Security Administration	1(800) 772-1213
Medicare	1(800) 848-7713
Yucca Valley Office	(760) 369-6535
Stroke Information Services	1(800) 352-9424
Suicide Intervention	1(909) 686-4357
The Way Station Food Program	(760) 366-8088
61722 Commercial St Joshua Tree, CA	
Utility Assistance	
Southern California Edison - Rate assistance 20% discount off of electric bill if income eligible	1-800-447-6620
Southern California Gas California Alternative Rates for Energy (CARE) - Rate assistance; 15% appliance repair; weatherization if income eligible	1-800-331-7593
San Bernardino County	1(909) 387-5516

Weight Control Information Network (WIN)	1(877) 946-4627
WIC Women, Infants and Children Nutrition Program	1(800) 472-2321
Yucca Valley Senior Center	(760) 228-5456

Part IV: Federal Resources

National Adoption Information Clearinghouse

330 C Street SW.
Washington, DC 20447
(888) 251-0075
(703) 352-3488
(703) 385-3206 (Fax)
naic@calib.com (E-mail)

<http://www.calib.com/naic>

Provides professionals and the general public with easily accessible information on all aspects of adoption, including infant and inter-country adoption and the adoption of children with special needs. NAIC maintains an adoption literature database, a database of adoption experts, listings of adoption agencies, crisis pregnancy centers, and other adoption-related services, as well as excerpts of State and Federal laws on adoption. Ultimately, NAIC's goal is to strengthen adoptive family life. NAIC does not place children for adoption or provide counseling. It does however, make referrals for such services. NAIC is funded by the Children's Bureau, Administration for Children and Families, U.S. Department of Health and Human Services.

National Adoption Center

1500 Walnut Street, Suite 701
Philadelphia, PA 19102
(800)TO-ADOPT
(215)735-9988
(215)735-9410 (Fax)
nac@adopt.org (E-mail)

<http://www.adopt.org/adopt>

Mission is to expand adoption opportunities throughout the United States for children with special needs and those from minority cultures. Offers information and referral services. Provides publications on special needs adoption, single parent adoption, open adoption, and searching for birthparents.

National Aging Information Center

U.S. Administration on Aging
330 Independence Avenue SW., Room 4656
Washington, DC 20201
(202) 619-7501
(202) 401-7260 (Fax)
naic@aoa.gov (E-mail)

<http://www.aoa.gov/naic>

A service of the U.S. Administration on Aging (AoA). Serves as a central source for a wide variety of program and policy-related materials, demographic, and other statistical data on health, economic, and social status of older Americans. Responds to any public inquiry about Federal programs and policies for the elderly, especially those supported under the Older American Act. Maintains a 3,500 bibliographic database of research and demonstration reports and documents, develops and maintains a publications list for AoA, and distributes fact sheets on aging topics for caregivers and older adults.

National Institute on **Aging Information Center**

P.O. Box 8057

Gaithersburg, MD 20898–8057

(800) 222–2225 (Voice/TTY)

(301) 587–2528

(800) 222–4225 (TDD)

(301) 589–3014 (Fax)

niainfo@access.digex.net (E-mail)

<http://www.nih.gov/nia/>

Provides publications on health topics of interest to older adults, doctors, nurses, social activities directors, health educators and the public.

U. S. Department of **Agriculture Extension Service**

See the listing in the government section of your telephone book for your local extension office. Provides information on health, nutrition, fitness, and family well-being.

CDC National Prevention Information Network (NPIN) (HIV/AIDS, STDs, TB**)**

P.O. Box 6003

Rockville, MD 20849–6003

(800) 458–5231

(800) 243–7012 (TTY)

(888) 282–7681 (Fax)

(301) 562–1098 (International)

(301) 588–1589 (International TTY)

(301) 562-1050 (International Fax)

info@cdcnao.org (E-mail)

<http://www.cdcpin.org>

Sponsored by the Centers for Disease Control and Prevention. Develops, identifies, and collects information on the prevention, treatment, and control of HIV/AIDS, STDs, and TB. Provides information to healthcare providers and consumers. Provides reference and referrals to public and private resources, offers access to online databases, maintains a web site with up-to date information, and distributes publications. 9 a.m.–6 p.m.

National Clearinghouse for Alcohol and Drug Information

P.O. Box 2345
Rockville, MD 20847-2345
(800) 729-6686
(301) 468-2600
(800) 487-4889 (TTY/TDD)
(301) 230-2867 (TTY/TDD)
(301) 468-6433 (Fax)
info@health.org (E-mail)
<http://www.health.org>

Sponsored by the Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration. Gathers and disseminates information on alcohol and other drug-related subjects, including tobacco. Distributes publications. Services include subject searches and provision of statistics and other information. Operates the Regional Alcohol and Drug Awareness Resource Network, a nationwide linkage of alcohol and other drug information centers. Maintains a library open to the public. 8:00 a.m. - 6:00 p.m., Monday through Friday. 800 number offers 24-hour voicemail service.

National Institute of Allergy and Infectious Diseases

Office of Communications
31 Center Drive
MSC 2520
Bethesda, MD 20892
(301) 496-5717
(301) 402-0120 (Fax)
niaidoc@flash.niaid.nih.gov (E-mail)
<http://www.niaid.nih.gov/>

Distributes publications to the public and to doctors, nurses, and researchers.

National Center for Complementary and Alternative Medicine

(NCCAM) Clearinghouse
P.O. Box 8218
Silver Spring, Maryland 20907-8218
(888) 644-6226 (Voice - Toll-free)
(888) 644-6226 (Voice - TTY/TDY)
(301) 495-4957 (FAX)
(800) 531-1794 (Faxback)
<http://nccam.nih.gov>

Develops and disseminates fact sheets, information packages, and publications to enhance public understanding about complementary and alternative medicine research supported by the NIH. NCCAM public information is currently free of charge; however, due to printing and duplication costs, only a limited number of copies can be requested. Information Specialists can answer inquiries in English or Spanish. After normal

business hours, callers have the option of receiving fact sheets and other information by Fax.

Office of Alternative Medicine Clearinghouse

(888) 644-6226 (Voice/TTY)

(301) 495-4957 (Fax)

(800) 531-1794 (Faxback)

<http://altmed.od.nih.gov/nccam/clearinghouse/>

Alzheimer's Disease Education and Referral Center

P.O. Box 8250

Silver Spring, MD 20907-8250

(800) 438-4380

(301) 495-3311

(301) 495-3334 (Fax)

adear@alzheimers.org (E-mail)

<http://www.alzheimers.org>

Sponsored by the National Institute on Aging. Provides information and publications on Alzheimer's disease to health and service professionals, patients and their families, caregivers, and the public.

National Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

1 AMS Circle

Bethesda, MD 20892-3675

(301) 495-4484

(301) 565-2966 (TTY)

(301) 718-6366 (Fax)

(301) 881-2731 (Fax-back, 24 hour service)

<http://www.nih.gov/niams/>

Designed to help patients and health professionals identify educational materials concerning arthritis and musculoskeletal and skin diseases. Distributes publications and maintains a file on the Combined Health Information Database (CHID) that indexes publications and audiovisuals. Personal information requests from patients are referred to appropriate organizations for additional information.

National Library Service for the Blind and Physically Handicapped

Library of Congress

1291 Taylor Street NW.

Washington, DC 20542

(800) 424-8567

(202) 707-5100

(202) 707-0744 (TDD)

(202) 707-0712 (Fax)

nls@loc.gov (E-mail)
<http://lcweb.loc.gov/nls/>

A network of 56 regional and 87 local libraries that work in cooperation with the Library of Congress to provide free library service to anyone who is unable to read standard print due to visual or physical disabilities. Delivers recorded and Braille books and magazines to eligible readers. Specially designed phonographs and cassette players also are loaned. A list of participating local and regional libraries is available.

U.S. Coast Guard Office of Boating Safety

2100 Second Street SW.
Washington, DC 20593-0001
(800) 368-5647 (Customer InfoLine)
(202) 267-1077
(800) 689-0816 (TTY)
(703) 313-5910 (BBS)
<http://www.uscgboating.org/>

Provides safety information to recreational boaters; assists the public in finding boating education classes; answers technical questions; and distributes literature on boating safety, Federal laws, and the prevention of recreational boating casualties.

Cancer Information Service

Office of Cancer Communications
National Cancer Institute
31 Center Drive MSC 2580
Building 31, Room 10A07
Bethesda, MD 20892-2580
(800) 4-CANCER
(800) 332-8615 (TTY)
(301) 496-5583
(301) 402-2594 (Fax)
cancernet@icicb.nci.nih.gov (E-mail)
<http://cis.nci.nih.gov>

Provides information about cancer and cancer-related resources to patients, the public, and health professionals. Inquiries are handled by trained information specialists. Spanish-speaking staff members are available. Distributes free publications from the National Cancer Institute. Operates 9 a.m.–4:30 p.m.

National Clearinghouse on Child Abuse and Neglect Information

330 C Street SW.
Washington, DC 20447
(800) FYI-3366
(703) 385-7565
(703) 385-3206 (Fax)
nccanch@calib.com (E-mail)

<http://www.calib.com/nccanch>

Serves as a national resource for the acquisition and dissemination of child abuse and neglect materials and distributes a free publications catalog upon request. Maintains bibliographic databases of documents, audiovisuals, and national organizations. Services include searches of databases and annotated bibliographies on frequently requested topics.

National Child Care Information Center

243 Church Street NW., 2nd Floor

Vienna, VA 22180

(800) 516-2242 (Voice/TTY)

(800) 716-2242 (Fax)

info@nccic.org (E-mail)

<http://nccic.org>

Disseminates child care information; reaches out to Administration for Children and Families child care grantees and broader child care community via toll-free 800 number, and by Fax, mail and electronic media; and publication of the Child Care Bulletin; supports the Child Care Bureau in the collection and analysis of child care data; and maintains the database of information reported by State, Tribal and Territorial Grantees. The information center assists the Child Care Bureau with its analysis of programmatic and expenditure data. Information and resources are available online through the Internet.

National Clearinghouse on Family Support and Children's Mental Health

Portland State University

Research and Training

P.O. Box 751

Portland, OR 97207-0751

(800) 628-1696 (Recording)

(800) 735-2900 (TTY)

(503) 725-4040

(503) 725-4180 (Fax)

<http://www.rtc.pdx.edu/resource/clearing.htm>

Sponsored by the National Institute on Disability and Rehabilitation Research, U.S. Department of Education, and the Center for Mental Health Services, U.S. Department of Health and Human Services. Provides publications on parent/family support groups, financing, early intervention, various mental disorders, and other topics concerning children's mental health. Recording operates 24 hours a day.

NIH Consensus Program Information Center

Office of Medical Applications of Research

P.O. Box 2577

Kensington, MD 20891

(888) 644-2667

(301) 593-9485 (Fax)
(301) 816-9840 (Electronic Bulletin Board)
<http://consensus.nih.gov>

A service of the Office of Medical Applications of Research, National Institutes of Health. Provides up-to-date information on biomedical technologies to all health care providers. Offers a 24-hour voice mail service to order consensus statements produced by non-Federal panels of experts that evaluate scientific information on biomedical technologies. Information Specialists available between 8:30 a.m. and 5 p.m. (Eastern). Consensus statements can also be ordered by mail, Fax, and electronic bulletin board.

Consumer Information Center

Pueblo, CO 81009
(719) 948-4000
catalog.pueblo@gsa.gov (E-mail)
<http://www.pueblo.gsa.gov/>

Distributes Federal agency publications. Publishes quarterly catalog of Federal publications of consumer interest.

National Institute on Deafness and Other Communication Disorders Information Clearinghouse

1 Communication Avenue
Bethesda, MD 20892-3456
(800) 241-1044
(800) 241-1055 (TTY)
(301) 907-8830 (Fax)
nidcdinfo@nidcd.nih.gov (E-mail)
<http://www.nih.gov/nidcd>

Collects and disseminates information on hearing, balance, smell, taste, voice, speech, and language for health professionals, patients, people in industry, and the public. Maintains a database of references to brochures, books, articles, fact sheets, organizations, and educational materials, which is a subfile of the Combined Health Information Database (CHID). Develops publications, including directories, fact sheets, brochures, information packets, and newsletters.

National Diabetes Information Clearinghouse

1 Information Way
Bethesda, MD 20892-3560
(301) 654-3327
(301) 907-8906 (Fax)
NDIC@info.niddk.nih.gov (E-mail)
<http://www.niddk.nih.gov/health/diabetes/ndic.htm>

The National Diabetes Information Clearinghouse (NDIC) is an information and referral service of the National Institute of Diabetes and Digestive and Kidney Diseases, one of the National Institutes of Health. The clearinghouse responds to written inquiries,

develops and distributes publications about diabetes, and provides referrals to diabetes organizations, including support groups. The NDIC maintains a database of patient and professional education materials from which literature searches are generated.

National Digestive Diseases Information Clearinghouse

2 Information Way
Bethesda, MD 20892–3570
(301) 654–3810
(301) 907–8906 (Fax)
NDIC@info.nddic.nih.gov (E-mail)

<http://www.niddk.nih.gov/health/digest/nddic.htm>

The National Digestive Diseases Information Clearinghouse (NDDIC) is an information and referral service of the National Institute of Diabetes and Digestive and Kidney Diseases, one of the National Institutes of Health. A central information resource on the prevention and management of digestive diseases, the clearinghouse responds to written inquiries, develops and distributes publications about digestive diseases, and provides referrals to digestive disease organizations, including support groups. The NDDIC maintains a database of patient and professional education materials from which literature searches are generated.

National Information Center for Children and Youth with Disabilities

P.O. Box 1492
Washington, DC 20013–1492
(800) 695–0285 (Voice/TT)
(202) 884–8200 (Voice/TT)
(202) 884–8441 (Fax)

nichcy@aed.org (E-mail)

<http://www.nichcy.org>

Sponsored by the U.S. Department of Education. Assists individuals by providing information on disabilities and disability-related issues, with a special focus on children and youth with disabilities (birth to age 22). Services include responses to questions, referrals, and technical assistance to parents, educators, caregivers, and advocates. Develops and distributes fact sheets on disability and general information on parent support groups and public advocacy. All information and services are provided free of charge.

OSERS/Communication and Media Support Services (Disabilities, Rehabilitation)

Office of Special Education and Rehabilitative Services (OSERS)
U.S. Department of Education
330 C Street SW.
Switzer Building, Room 3132
Washington, DC 20202–2524
(202) 205–8241

(202) 401–2608 (Fax)

<http://www.ed.gov/offices/OSERS/>

Responds to inquiries on a wide range of topics, especially in the areas of Federal funding, legislation, and programs benefiting people with disabling conditions. Provides referrals.

National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP)

Technical Information and Editorial Services Branch

Centers for Disease Control and Prevention

4770 Buford Highway

MS K13

Atlanta, GA 30341–3724

(770) 488–5080

(770) 488–5969 (Fax)

<http://www.cdc.gov/nccdphp/nccdhome.htm>

Provides information and referrals to the public and to professionals. Gathers information on chronic disease prevention and health promotion. Develops the following bibliographic databases focusing on health promotion program information: Health Promotion and Education, Cancer Prevention and Control, Comprehensive School Health with an AIDS school health component, Prenatal Smoking Cessation, and Epilepsy Education and Prevention Activities. Produces bibliographies on topics of interest in chronic disease prevention and health promotion. The NCCDPHP Information Center collections include approximately 400 periodical subscriptions, 4,000 books, and 400 reference books. Visitors may use the collection by appointment. Produces the Chronic Disease Prevention (CDP) File CD-ROM, which includes the above databases and the CDP Directory, a listing of key contacts in public health.

Drug Policy Information Clearinghouse

2277 Research Boulevard

Mailstop 2B

Rockville, MD 20850

(800) 666–3332

ondcp@ncjrs.org (E-mail)

<http://www.whitehousedrugpolicy.gov>

A service of the Bureau of Justice Statistics (BJS), Office of Justice Programs, U.S. Department of Justice. Responds to policymakers' need for the most current data about illegal drugs, drug law violations, drug-related crime, drug-using offenders in the criminal justice system, and the impact of drugs on criminal justice administration. The data center prepares special reports on drugs and crime; analyzes and evaluates existing drug data; prepares annotated bibliographies of drugs-and-crime reports; and responds to requests for drug and crime information. The clearinghouse disseminates BJS and other Department of Justice publications relating to drugs and crime; distributes information on specific drugs-and-crime topics; maintains a database of

reports, books, and articles on crime; and maintains a reading room where visitors can use the clearinghouse collection. Leave recorded message after hours.

Education and Resources Information Center (ERIC) Clearinghouse on Teaching and Teacher Education

1307 New York Avenue NW., Suite 300

Washington, DC 20005

(202) 293-2450

(202) 457-8095 (Fax)

query@aacte.org (E-mail)

<http://www.ericsp.org>

Sponsored by the U.S. Department of Education. Acquires, evaluates, abstracts, and indexes literature on the preparation and development of education personnel and on selected aspects of health and physical education, recreation, and dance. Publishes monographs, trends and issues papers, ERIC Digests and ERIC Recent Resources (annotated bibliographies from the ERIC database). Performs computer searches of the ERIC database and sponsors workshops on searching the ERIC database.

U.S. ENVIRONMENTAL PROTECTION Agency

401 M Street SW., M2904

Washington, DC 20460

(202) 260-5922

(202) 260-6257 (Fax)

library-hq@epamail.epa.gov (E-mail)

<http://www.epa.gov>

Offers general information about the agency and non-technical publications on various environmental topics, such as air quality, pesticides, radon, indoor air, drinking water, water quality, and Superfund. Refers inquiries for technical information to the appropriate regional or program office. The public may visit the center between the hours of 8 a.m. and 5 p.m., Monday-Friday, except Federal holidays.

National Clearinghouse on Families and Youth

P.O. Box 13505

Silver Spring, MD 20911

(301) 608-8098

(301) 608-8721 (Fax)

info@ncfy.com (E-mail)

<http://www.ncfy.com>

Links those interested in youth issues with the resources they need to better serve young people, families, and communities. Offers services that can assist in locating answers to questions or in making valuable contacts with other programs.

FEDERAL INFORMATION Center (FIC) Program

P.O. Box 600

Cumberland, MD 21501-0600
(800) 688-9889
(800) 326-2996 (TDD/TTY)
<http://fic.info.gov>

Provides information about the Federal Government's agencies, programs, and services. Information specialists use an automated database, printed reference materials, and other resources to provide answers to inquiries or accurate referrals. Callers who speak Spanish will be assisted. A descriptive brochure on the FIC program is available free from Department 584B at the Consumer Information Center (see listing in this publication). 9 a.m.–8 p.m. Pacific Monday–Friday, except Federal holidays.

FOOD AND DRUG Administration

Office of Consumer Affairs
5600 Fishers Lane
HFE-88
Rockville, MD 20857
(888) info-FDA
(301) 443-9767 (Fax)
<http://www.fda.gov/>

Responds to consumer requests for information and publications on foods, drugs, cosmetics, medical devices, radiation-emitting products, and veterinary products. 10 a.m.–4 p.m.

FOOD AND NUTRITION Information Center

National Agricultural Library/FNIC
U.S. Department of Agriculture, ARS
10301 Baltimore Boulevard, Room 304
Beltsville, MD 20705-2351
(301) 504-5719
(301) 504-6409 (Fax)
fnic@nalusda.gov (E-mail)
<http://www.nal.usda.gov/fnic/>

Provides information on human nutrition, food service management, and food technology. Acquires and lends books and audiovisual materials. Offers database searching and access through electronic mail. 8 a.m.–4:30 p.m.

Agency for HEALTH CARE POLICY and Research Clearinghouse

P.O. Box 8547
Silver Spring, MD 20907-8547
(800) 358-9295
(410) 290-3841
info@ahcpr.gov (E-mail)
<http://www.ahcpr.gov>

Distributes lay and scientific publications produced by the agency, including clinical practice guidelines on a variety of topics, reports from the National Medical Expenditure Survey, and health care technology assessment reports.

National HEALTH INFORMATION Center

P.O. Box 1133
Washington, DC 20013–1133
(800) 336–4797
(301) 565–4167
(301) 984–4256 (Fax)
nhicinfo@health.org (E-mail)
<http://nhic-nt.health.org>

Helps the public and health professionals locate health information through identification of health information resources, an information and referral system, and publications. Uses a database containing descriptions of health-related organizations to refer inquirers to the most appropriate resources. Does not diagnose medical conditions or give medical advice. Prepares and distributes publications and directories on health promotion and disease prevention topics.

National Center for HEALTH STATISTICS

Data Dissemination Branch
6525 Belcrest Road, Room 1064
Hyattsville, MD 20782
(301) 436–8500
nchsquery@cdc.gov (E-mail)
<http://www.cdc.gov/nchs/>

The Data Dissemination Branch of the National Center for Health Statistics answers requests for catalogs of publications and electronic data products; disseminates single copies of publications, such as Advance Data reports; provides information for publications and electronic products sold through the Government Printing Office and National Technical Information Service; adds addresses to the mailing list for new publications; and provides specific statistical data collected by the National Center for Health Statistics.

National HEART, LUNG, AND BLOOD Institute

(NHLBI) Information Center
P.O. Box 30105
Bethesda, MD 20824–0105
(301) 592–8573
(301) 592–8563 (Fax)
nhlbiinfo@rover.nhlbi.nih.gov (E-mail)
<http://www.nhlbi.nih.gov/index.htm>

NHLBI serves as a source of information and materials on risk factors for cardiovascular disease. Services include dissemination of public education materials, programmatic and

scientific information for health professionals, and materials on work-site health, as well as responses to information requests. Materials on cardiovascular health are available to consumers and professionals.

National HIGHWAY TRAFFIC SAFETY Administration

U.S. Department of Transportation
400 Seventh Street SW.
Washington, DC 20590
(800) 424-9393 (Hotline)
(202) 366-0123 (Hotline)
(800)424-9153 (TTY)
(202)366-5962 (Fax)

<http://www.nhtsa.dot.gov/>

Provides information and referral on the effectiveness of occupant protection, such as safety belt use, child safety seats, and automobile recalls. Gives referrals to other Government agencies for consumer questions on warranties, service, automobile safety regulations, and reporting safety problems. Works with private organizations to promote safety programs. Provides technical and financial assistance to State and local governments and awards grants for highway safety. 8 a.m.–10 p.m.

The National Resource Center on HOMELESSNESS and Mental Illness

262 Delaware Avenue
Delmar, NY 12054
(800) 444-7415
(518) 439-7415
(518) 439-7612 (Fax)

nrc@prainc.com (E-mail)

<http://www.prainc.com/nrc>

Collects, synthesizes, and disseminates information on the services, supports, and housing needs of homeless people with serious mental illnesses. Maintains extensive database of published and unpublished materials, prepares customized database searches, holds workshops and national conferences, provides technical assistance.

HOUSING AND URBAN DEVELOPMENT

(HUD) User

P.O. Box 6091
Rockville, MD 20850
(800) 245-2691
(301) 519-5767 (Fax)

huduser@aspensys.com (E-mail)

<http://www.huduser.org>

Disseminates publications for the U.S. Department of Housing and Urban Development's Office of Policy Development and Research. Offers database searches on housing

research. Provides reports on housing safety, housing for elderly and handicapped persons and lead-based paint.

INDOOR AIR Quality Information Clearinghouse

P.O. Box 37133
Washington, DC 20013–7133
(800) 438–4318
(703) 356–4020
(703) 356–5386 (Fax)
iaqinfo@aol.com (E-mail)
<http://www.epa.gov/iaq/>

Information specialists provide information, referrals and publications on indoor air quality. Information is provided about pollutants and sources, health effects, control methods, commercial building operations and maintenance, standards and guidelines, and Federal legislation.

National INJURY Information Clearinghouse

U.S. Consumer Product Safety Commission National Injury Information Clearinghouse
Washington, DC 20207
(301) 504–0424
(301) 504–0124 (Fax)
info@cpsc.gov (E-mail)
<http://www.cpsc.gov/about/clrnghse.html>

Sponsored by the U.S. Consumer Product Safety Commission (CPSC). The clearinghouse collects and disseminates information on the causes and prevention of death, injury, and illness associated with consumer products. Compiles data obtained from accident reports, consumer complaints, death certificates, news clips, and the National Electronic Injury Surveillance System operated by the CPSC. Publications include statistical analyses of data and hazard and accident patterns.

National KIDNEY AND UROLOGIC Diseases Information Clearinghouse

3 Information Way
Bethesda, MD 20892–3580
(301) 654–4415
(301) 907–8906 (Fax)
NKUDIC@info.niddk.nih.gov
<http://www.niddk.nih.gov/health/kidney/NKUDIC.htm>

The National Kidney and Urologic Diseases Information Clearinghouse (NKUDIC) is an information and referral service of the National Institute of Diabetes and Digestive and Kidney Diseases, one of the National Institutes of Health. The clearinghouse responds to written inquiries, E-mail, and telephone requests, develops and distributes publications about kidney and urologic diseases, and provides referrals to digestive disease organizations, including support groups. The NKUDIC maintains a database of

patient and professional education materials, from which literature searches are generated.

National LEAD Information Center

8601 Georgia Avenue, Suite 503
Silver Spring, MD 20910
(800) 424-LEAD (Clearinghouse)
(800) LEAD-FYI (Hotline)
(800) 526-5456 (TDD)
(301) 585-7976 (Fax)

hotline.lead@epamail.epa.gov (E-mail)

<http://www.epa.gov/lead/nlic.htm>

Sponsored by the Environmental Protection Agency. Responds to inquiries regarding lead and lead poisoning. Provides information on lead poisoning and children, lead-based paint, a list of local and State contacts who can help, and other lead-related questions.

National Center for Education in MATERNAL AND CHILD HEALTH

2000 15th Street, North, Suite 701
Arlington, VA 22201-2617
(703) 524-7802
(703) 524-9335 (Fax)

info@ncemch.org (E-mail)

<http://www.ncemch.org>

Sponsored by the Maternal and Child Health Bureau, Health Resources and Services Administration. Provides information to health professionals and the public, develops educational and reference materials, and provides technical assistance in program development. Subjects covered are women's health including pregnancy and childbirth; infant, child, and adolescent health; nutrition; children with special health needs; injury and violence prevention; health and safety in day care; and maternal and child health programs and services. Types of materials include professional literature, curricula, patient education materials, audiovisuals, and information about organizations and programs. Appointment preferred for on-site visits. Participates in the following electronic services: the Combined Health Information Database (CHID), National Library of Medicine's DIRLINE, and MCH NetLink.

National MATERNAL AND CHILD HEALTH Clearinghouse

2070 Chain Bridge Road, Suite 450
Vienna, VA 22182-2536
(703) 356-1964
(703) 821-2098 (Fax)

nmchc@circsol.com (E-mail)

<http://www.nmchc.org>

Sponsored by the Maternal and Child Health Bureau, Health Resources and Services Administration. Centralized source of materials and information in the areas of human genetics and maternal and child health. Distributes publications and provides referrals.

National Institute of MENTAL HEALTH (NIMH)

Information Resources and Inquiries Branch

5600 Fishers Lane, Room 7C-02

Rockville, MD 20857

(301) 443-4513

(301) 443-4279 (Fax)

(301) 443-5158 (MENTAL HEALTH FAX4U—Fax Information System)

(800) 64-PANIC (PANIC DISORDER Information)

(800) 421-4211 (Depression/Awareness, Recognition, and Treatment Information)

nimhinfo@nih.gov (E-mail)

nimhpubs@nih.gov (E-mail)

<http://www.nimh.nih.gov>

Responds to information requests from the public, clinicians, and the scientific community with a variety of printed materials on such subjects as children's mental disorders, schizophrenia, depression, bipolar disorder, seasonal affective disorder, anxiety and panic disorders, obsessive-compulsive disorder, eating disorders, learning disabilities, and Alzheimer's disease. Information and publications on the Depression/Awareness, Recognition, and Treatment Program (D/ART) and on the Panic Disorder Education Program, NIMH-sponsored educational programs on depressive and panic disorders, their symptoms and treatment, are distributed. Single copies of publications are free of charge. A list of NIMH publications, including several in Spanish, is available upon request.

Office of MINORITY HEALTH Resource Center

5515 Security Lane, Suite 101

Rockville, MD 20852

800) 444-6472

(301) 230-7198

(301) 230-7199 (TDD)

(301) 230-7198 (Fax)

info@omhrc.gov (E-mail)

<http://www.omhrc.gov/>

Responds to information requests from health professionals and consumers on minority health issues and locates sources of technical assistance. Provides referrals to relevant organizations and distributes materials. Spanish- and Asian-speaking operators are available.

Clearinghouse for OCCUPATIONAL SAFETY AND HEALTH INFORMATION

4676 Columbia Parkway

Cincinnati, OH 45226-1998

(800) 35-NIOSH

(513) 533-8326

(513) 533-8347 (Fax)

pubstaff@cdc.gov (E-mail)

<http://www.cdc.gov/niosh/homepage.html>

Provides technical information support for the National Institute for Occupational Safety and Health (NIOSH) research programs and disseminates information to others on request. Services include reference and referral, and information about NIOSH studies. Distributes a publications list of NIOSH materials. Maintains automated database covering the field of occupational safety and health.

National ORAL HEALTH Information Clearinghouse

1 NOHIC Way

Bethesda, MD 20892-3500

(301) 402-7364

(301) 907-8830 (Fax)

nidr@aerie.com (E-mail)

<http://www.nidr.nih.gov>

<http://www.aerie.com/nohicweb>

A service of the National Institute of Dental and Craniofacial Research. Focuses on the oral health concerns of special care patients, including people with genetic disorders or systemic diseases that compromise oral health, people whose medical treatment causes oral problems, and people with mental or physical disabilities that make good oral hygiene practices and dental care difficult. Develops and distributes information and educational materials on special care topics, maintains a bibliographic database on oral health information and materials, and provides information services with trained staff to respond to specific interests and questions.

OSTEOPOROSIS and Related Bone Diseases National Resource Center

1232 22nd Street NW.

Washington, DC 20037-1292

(800) 624-BONE

(202) 223-0344

(202) 466-4315 (TTY)

(202) 293-2356 (Fax)

orbdnrc@nof.org (E-mail)

<http://www.osteoporosis.org/>

Sponsored by the National Institute of Arthritis and Musculoskeletal and Skin Diseases. Provides patients, health professionals, and the public with resources and information on metabolic bone diseases such as osteoporosis, Paget's disease of the bone, osteogenesis imperfecta, and primary hyperparathyroidism. Specific populations include the elderly, men, women, and adolescents.

President's Council on PHYSICAL FITNESS and Sports

200 Independence Avenue SW.
Hubert H. Humphrey Building, Room 738-H
Washington, DC 20201
(202) 690-9000
(202) 690-5211 (Fax)

<http://www.surgeongeneral.gov/ophs/pcpfs.htm>

Conducts a public service advertising program, prepares educational materials, and works to promote the development of physical fitness leadership, facilities, and programs. Helps schools, clubs, recreation agencies, employers, and Federal agencies design and implement programs. Offers a variety of testing, recognition, and incentive programs for individuals, institutions, and organizations. Materials on exercise and physical fitness for all ages are available.

POLICY Information Center (PIC)

Office of the Assistant Secretary for Planning and Evaluation
U.S. Department of Health and Human Services
Hubert H. Humphrey Building, Room 438F
200 Independence Avenue SW.
Washington, DC 20201
(202) 690-6445

pic@osaspe.dhhs.gov (E-mail)

nidr@aerie.com

<http://aspe.os.dhhs.gov/PIC/gate2pic.htm>

A centralized repository of evaluations, short-term evaluative research reports and program inspections/audits relevant to the department's operations, programs, and policies. It includes relevant reports from the General Accounting Office, Congressional Budget Office, and the Institute of Medicine and the National Research Council's Committee on National Statistics, both part of the National Academy of Sciences. Reports are also available from the Departments of Agriculture, Labor, and Education, as well as the private sector. Final reports and executive summaries are available for review at the facility, or final reports may be purchased from the National Technical Information Service. In addition, the PIC online database of evaluation abstracts is accessible through HHS Homepage, <http://www.os.dhhs.gov> or gopher.os.dhhs.gov. The database includes over 6,000 project descriptions of both in-process and completed studies. *PIC Highlights*, a quarterly publication, features articles of recently completed studies.

Office of Population Affairs (OPA) Clearinghouse

P.O. Box 30686
Bethesda, MD 20824-0686
(301) 654-6190
(301) 215-7731 (Fax)

opa@osophs.dhhs.gov (E-mail)

<http://www.hhs.gov/progorg/opa/clearing.html>

Sponsored by the Office of Population Affairs. Provides information and distributes publications to health professionals and the public in the areas of family planning, adolescent pregnancy, and adoption. Makes referrals to other information centers in related subject areas.

National Clearinghouse for PRIMARY CARE Information

Ticon Courthouse

2070 Chain Bridge Road, Suite 450

Vienna, VA 22182

(703) 821-8955, ext. 248

(703) 566-4831 (TTY)

(703) 902-0248 (Direct dial without receptionist)

(703) 821-2098 (Fax)

<http://www.bphc.hrsa.dhhs.gov>

Sponsored by the Bureau of Primary Health Care (BPHC), Health Resources and Services Administration. Provides information services to support the planning, development, and delivery of ambulatory health care to urban and rural areas that have shortages of medical personnel and services. A primary role of the clearinghouse is to identify, obtain, and disseminate information to community and migrant health centers. Distributes publications focusing on ambulatory care, financial management, primary health care, and health services administration of special interest to professionals working in primary care centers funded by BPHC. Materials are available on health education, governing boards, financial management, administrative management, and clinical care. Bilingual medical phrase books, a directory of federally funded health centers, and an annotated bibliography are available also.

U.S. Consumer PRODUCT SAFETY Commission Hotline

Washington, DC 20207

(800) 638-2772

(800) 638-8270 (TTY)

(301) 504-0580

(301) 504-0399 (Fax)

<http://cpsc.gov/>

Maintains the National Injury Information Clearinghouse, conducts investigations of alleged unsafe/defective products, and establishes product safety standards. Assists consumers in evaluating the comparative safety of products and conducts education programs to increase consumer awareness. Operates the National Electronic Injury Surveillance System, which monitors a statistical sample of hospital emergency rooms for injuries associated with consumer products. Maintains free hotline to provide information about recalls and to receive reports on unsafe products and product-related injuries. Publications describe hazards associated with electrical products and children's toys. Spanish-speaking operator available through the toll-free number listed above.

National REHABILITATION Information Center

1010 Wayne Avenue, Suite 800

Silver Spring, MD 20910

(800) 346-2742

(301) 562-2400

(301) 595-5626 (TTY)

(301) 562-2401 (Fax)

<http://www.naric.com>

The National Rehabilitation Center (NARIC) is a library and information center on disability and rehabilitation. Funded by the National Institute on Disability and Rehabilitation Research, NARIC collects and disseminates the results of federally funded research projects. The collection, which also includes books, journal articles, and audiovisuals, grows at a rate of about 300 documents per month.

RURAL Information Center Health Service (RICHS)

National Agricultural Library

10301 Baltimore Boulevard, Room 304

Beltsville, MD 20705-2351

(800) 633-7701

(301) 504-5547

(301) 504-6856 (TDD)

(301) 504-5181 (Fax)

ric@nal.usda.gov (E-mail)

<http://www.nal.usda.gov/ric/richs>

Disseminates information on a variety of rural health issues including health professions, health care financing, special populations and the delivery of health care services. Provides information, referrals, publications, brief complimentary literature searches to professionals and the public. Posts rural health information on the Internet. RICHS is funded by the Federal Office of Rural Health Policy, the Department of Health and Human Services and is part of the United States Department of Agriculture Rural Information Center, which provides information on rural issues such as economic development, and community well-being.

National Center on Sleep Disorders Research

2 Rockledge Center

6701 Rockledge Drive

MSC 7920

Bethesda, MD 20892-7920

(301) 435-0199

(301) 480-3451 (Fax)

<http://www.nhlbi.nih.gov/about/ncsdr/index.htm>

Promotes basic, clinical and applied research on sleep and sleep disorders by strengthening existing sleep research programs, training new investigators, and

creating new programs aimed at addressing important gaps and opportunities in sleep and sleep disorders.

Office on SMOKING and Health

Centers for Disease Control and Prevention National Center for Chronic Disease Prevention and Health Promotion

Mailstop K-50

4770 Buford Highway NE.

Atlanta, GA 30341-3724

(800) CDC-1311

(770) 488-5705

(770) 488-5939 (Fax)

ccdinfo@ccdod1.em.cdc.gov (E-mail)

<http://www.cdc.gov/tobacco>

Develops and distributes the annual *Surgeon General's Report on Smoking and Health*, coordinates a national public information and education program on tobacco use and health, and coordinates tobacco education and research efforts within the Department of Health and Human Services and throughout both Federal and State governments. Maintains the Smoking and Health database, consisting of approximately 60,000 records available on CD-ROM (CDP File) through the Government Printing Office (Superintendent of Documents, Government Printing Office, Washington, DC 20402). Provides information on smoking cessation, Environmental Tobacco Smoke/passive smoking, pregnancy/infants, professional/technical information, and a publications list upon request.

National SUDDEN INFANT DEATH SYNDROME Resource Center

2070 Chain Bridge Road, Suite 450

Vienna, VA 22182

(703) 821-8955

(703) 821-2098 (Fax)

sids@circsol.com (E-mail)

<http://www.circsol.com/SIDS>

Sponsored by the Maternal and Child Health Bureau, Health Resources and Services Administration. Provides information and educational materials on sudden infant death syndrome (SIDS), apnea, and other related issues. Responds to information requests from professionals and from the public. Maintains a library of standard reference materials on topics related to SIDS. Maintains and updates mailing lists of State programs, groups, and individuals concerned with SIDS. Also develops fact sheets, catalogs, and bibliographies on areas of special interest to the community. Conducts customized searches of database on SIDS and SIDS-related materials.

National Technical Information Service

U.S. Department of Commerce

Springfield, VA 22161

(800) 553–NTIS
(703) 605–6900 (Fax)
<http://www.ntis.gov/index.html>

Sells more than 9,000 federally produced audiovisual programs. Provides catalogs at no cost. Several catalogs cover health-related topics, including alcohol and other drug abuse, emergency fire services, industrial safety, and occupational health.

National WOMEN'S HEALTH Information Center

200 Independence Avenue SW.
Washington, DC 20201
(800) 994-9662
(888) 220-5446 (TDD)
4woman@soza.com (E-mail)
<http://www.4woman.gov>

NWHIC, sponsored by the Office on Women's Health in the Department of Health and Human Services, provides a broad array of reliable, commercial-free health publications and referrals to health-related organizations for women on the Internet and by telephone request.

National Clearinghouse for Worker Safety and Health Training for Hazardous Materials, Waste Operations, and Emergency Response

The George Meany Center for Labor Studies
5107 Benton Avenue
Bethesda, MD 20814
(301) 571–4226
(301) 897–5848 (Fax)
chouse@dgsys.com (E-mail)
<http://www.niehs.nih.gov/wetp/clear.htm>

The clearinghouse is supported by the Superfund Worker Training Program of the National Institute of Environmental Health Sciences (NIEHS) to provide information and support services to NIEHS-funded hazardous materials, waste operations, and emergency response worker training programs. Disseminates related information and materials to the public.

Part V: Toll Free Numbers for Information and Support Groups

If the number for the organization you are looking for is not here, try the National Library of Medicine Toll Free Number registry at
<http://healthhotlines.nlm.nih.gov/index.html>

<http://health.gov/nhic/pubs/2012tollfreenumbers/tollfreenumbers1.htm>

A

ADOPTION

AdoptUSKids

(888) 200-4005

Bethany Christian Services

(800) 238-4269 (Crisis Hotline)

Child Welfare Information Gateway

(800) 394-3366

National Adoption Center

(800) TO-ADOPT (862-3678)

AGING

American Health Assistance Foundation

(800) 437-2423

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Caring Connections

(A program of the National Hospice and Palliative Care Organization)

(800) 658-8898 (Helpline)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Eldercare Locator

(800) 677-1116

9:00 a.m.–8:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Institute on Aging Information Center

(800) 222-2225

(800) 222-4225 (TTY)

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

AIDS/HIV

AIDSinfo

(800) 448-0440
(888) 480-3739 (TTY)
12:00 p.m.–5:00 p.m., Monday–Friday (Eastern time)

CDC INFO

(800) CDC-INFO (232-4636) (English/Spanish)
(888) 232-6348 (TTY)

CDC National Prevention Information Network

(800) 458-5231 (English/Spanish)
(800) 243-7012 (TTY)
(888) 282-7681 (Fax)
9:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

Project Inform HIV/AIDS Treatment Hotline

(800) 822-7422
10:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

ALCOHOL ABUSE

See also Drug Abuse

AdCARE Hospital Helpline

(800) 252-6465

Al-Anon Family Group Headquarters

(888) 4AL-ANON (425-2666)
8:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Alcohol and Drug Helpline

(800) 821-4357
24 hours a day, 7 days a week, 365 days a year

Calix Society

(800) 398-0524
9:00 a.m.–4:00 p.m., Monday–Friday (Central time)

National Council on Alcoholism and Drug Dependence, Inc.

(800) NCA-CALL (622-2255)

National Institute on Drug Abuse Research Dissemination Center

(877) NIDA-NIH (643-2644)

Substance Abuse and Mental Health Services Administration

(877) 767-4727

ALLERGY/ASTHMA

See LUNG DISEASE/ASTHMA/ALLERGY

America Academy of Allergy, Asthma and Immunology

(800) 822-2762

Asthma and Allergy Foundation of America

(800) 7-ASTHMA (727-8462)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Food Allergy and Anaphylaxis Network

(800) 929-4040

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE)

8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

ALZHEIMER'S DISEASE

See also AGING

Alzheimer's Association Helpline

(800) 272-3900

(866) 403-3073 (TDD)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Alzheimer's Disease Education and Referral Center

(800) 438-4380

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

ARTHRITIS

Arthritis Foundation

(800) 283-7800

Arthritis National Research Foundation

(800) 588-2873

8:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

AUDIOVISUALS

See LIBRARY SERVICES

AUTISM

See CHILD DEVELOPMENT/PARENTING

AUTOIMMUNE DISEASES

American Autoimmune Related Diseases Association, Inc.

(800) 598-4668

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

B

BEHÇET'S DISEASE

See RARE DISEASE/DISORDERS

BLINDNESS

See VISION

BONE DISEASE

National Osteoporosis Foundation

(800) 231-4222

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

NIH Osteoporosis and Related Bone Diseases~National Resource Center

(800) 624-2663

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

BONE MARROW

See also CANCER

Aplastic Anemia and MDS International Foundation, Inc.

(800) 747-2820

8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

National Bone Marrow Transplant Link

(800) LINK-BMT (546-5268)
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

National Marrow Donor Program®

(800) MARROW-2 (627-7692)
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

BRAIN TUMORS

American Brain Tumor Association

(800) 886-2282
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

Children's Brain Tumor Foundation

(866) 228-HOPE (228-4673)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Brain Tumor Society

(800) 770-8287
(800) 934-2873 (Patient Services)
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

C

CANCER

American Cancer Society

(800) 227-2345 (Voice/TDD/TTY)

American Childhood Cancer Organization

(855) 858-2226
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

American Institute for Cancer Research

(800) 843-8114
8:30 a.m.–9:30 p.m., Monday–Thursday; 8:30 a.m.–6:00 p.m., Friday (Eastern time)

Breast Cancer Network of Strength

(800) 221-2141 (English)
(800) 986-9505 (Spanish)

CancerCare, Inc.

(800) 813-4673

Cancer Hope Network

(800) 552-4366
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Kidney Cancer Association

(800) 850-9132
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

National Bone Marrow Transplant Link

(800) LINK-BMT (546-5268)
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

National Cancer Institute's Cancer Information Service

(800) 4-CANCER (422-6237)
(800) 332-8615 (TTY)
9:00 a.m.–4:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Marrow Donor Program®

(800) MARROW-2 (627-7692)
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Support for People with Oral and Head and Neck Cancer

(800) 377-0928

Susan G. Komen for the Cure

(877) 465-6636
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Us TOO International Prostate Cancer Education and Support Network

(800) 808-7866
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Zero – The Project to End Prostate Cancer

(888) 245-9455

CEREBRAL PALSY

See RARE DISORDERS

CHEMICAL PRODUCTS/PESTICIDES

See also HOUSING

National Pesticide Information Center

(800) 858-7378 (TDD capability)
6:30 a.m.–4:30 p.m., 7 days a week (Pacific time)

CHILD ABUSE/MISSING CHILDREN/CHILDREN'S MENTAL HEALTH

Child Find of America, Inc.

(800) I-AM-LOST (426-5678)
(800) A-WAY-OUT (292-9688) (Parental abduction)
9:00 a.m.–4:00 p.m., Monday–Friday (Eastern time)

Childhelp®

National Child Abuse Hotline
(800) 4-A-CHILD (422-4453)

Child Welfare Information Gateway

(800) 394-3366
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Covenant House Nineline

(800) 999-9999

Girls & Boys Town National Hotline

(800) 448-3000
(800) 448-1833 (TDD)
Spanish-speaking operators are available.

National Center for Missing and Exploited Children®

(800) THE-LOST (843-5678)
(800) 826-7653 (TTY)

National Institute of Mental Health Resource Information Center

(866) 615-6464
(866) 415-8051 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Runaway Switchboard

(800) RUNAWAY (786-2929)
(800) 621-0394 (TDD)
Has access to AT&T Language Line

CHILD CARE

National Child Care Information and Technical Assistance Center

(800) 616-2242
(800) 716-2242 (Fax)
(800) 516-2242 (TTY)
8:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

CHILD DEVELOPMENT/PARENTING

Back to Sleep SIDS Information Campaign

Eunice Kennedy Shriver National Institute of Child Health and Human Development
(800) 505-CRIB (505-2742)

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

***Eunice Kennedy Shriver* National Institute of Child Health and Human Development Information Resource Center**

(800) 370-2943

(888) 320-6942 (TTY)

(866) 760-5947 (Fax)

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Human Growth Foundation

(800) 451-6434

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

MAGIC Foundation for Children’s Growth

(800) 362-4423

9:00 a.m.–4:00 p.m., Monday–Friday (Central time)

National Association for the Education of Young Children

(800) 424-2460

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Lekotek Center

(800) 366-7529

9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

National Organization on Fetal Alcohol Syndrome

(800) 66-NOFAS (666-6327)

9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Starlight Children’s Foundation

(800) 274-7827

8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Zero to Three: National Center for Infants, Toddlers and Families

(800) 899-4301

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

CHRONIC FATIGUE SYNDROME

See RARE DISORDERS

CHRONIC PAIN

American Chronic Pain Association

(800) 533-3231

American Pain Foundation

(888) 615-7246

CLINICAL TRIALS

CenterWatch Clinical Trials Listing Service

(866) 219-3440

National Institutes of Health Clinical Center

(800) 411-1222 (Patient Recruitment)

CRISIS INTERVENTION

All operate 24 hours/7 days a week.

A-WAY-OUT

(800) 292-9688

Provides unique crisis mediation program for parents contemplating abduction of their children, or who have already abducted their children and want to use Child Find Volunteer Family Mediators to resolve their custody dispute.

Childhelp ®

National Child Abuse Hotline

(800) 4-A-CHILD (422-4453)

Provides multilingual crisis intervention on child abuse and domestic violence issues. Gives referrals to local agencies offering counseling and other services related to child abuse, adult survivor issues, and domestic violence. Provides literature on child abuse in English and Spanish. Calls are anonymous, toll-free, and counselors are paid, degreed professionals.

Covenant House Nineline

(800) 999-9999

Crisis line for youth, teens, and families. Locally based referrals throughout the United States. Help for youth and parents regarding drugs, abuse, homelessness, runaway children, and message relays.

Girls & Boys Town National Hotline

(800) 448-3000

(800) 448-1833 (TDD)

Provides short-term intervention and counseling and refers callers to local community resources. Counsels on parent-child conflicts, family issues, suicide, pregnancy, runaway youth, physical and sexual abuse, and other issues that impact children and families. Spanish-speaking operators are available.

National Center for Missing & Exploited Children®

(800) THE-LOST (843-5678)

(800) 826-7653 (TTY)

The National Center for Missing & Exploited Children's® mission is to help prevent child abduction and sexual exploitation; help find missing children; and assist victims of child abduction and sexual exploitation, their families, and the professionals who serve them.

National Runaway Switchboard

(800) RUNAWAY (786-2929)

(800) 621-0394 (TDD)

Provides crisis intervention and travel assistance information to runaways. Gives referrals to shelters nationwide. Also relays messages to, or sets up conference calls with, parents at the request of the child. Has access to AT&T Language Line.

National Suicide Prevention Lifeline

(800) 273-TALK (273-8255)

(800) 799-4TTY (799-4889) (TTY)

(888) 628-9454 (Spanish)

The National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service that routes calls from anywhere in the country to the nearest available certified crisis center where trained crisis counselors talk to callers and can link them to local services.

Rape, Abuse, and Incest National Network

(800) 656-4673

Connects caller to the nearest counseling center that provides counseling for rape, abuse, and incest victims.

CYSTIC FIBROSIS

See RARE DISORDERS

D

DENTAL/ORAL HEALTH

Academy of General Dentistry

(888) 243-3368
(877) 292-9327 (Referral Line)

American Association of Orthodontists

(800) 424-2841

American Dental Association

(800) 947-4746 (Catalog Sales and Service)
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

CDC Division of Oral Health

Centers for Disease Control and Prevention
(800) 232-4636
(888) 232-6348 (TTY)

National Oral Health Information Clearinghouse

National Institute of Dental and Craniofacial Research
(866) 232-4528
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

DIABETES/DIGESTIVE DISEASES

American Association of Diabetes Educators

(800) 338-3633
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

American Diabetes Association

(800) 342-2383
(800) ADA-ORDER (232-6733) (Fax, Order Fulfillment)
8:30 a.m.–8:00 p.m., Monday–Friday (Eastern time)

Crohn’s and Colitis Foundation of America, Inc.

(800) 932-2423
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Juvenile Diabetes Research Foundation International

(800) 533-CURE (533-2873)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Diabetes Information Clearinghouse

(800) 860-8747
(866) 569-1162 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Digestive Diseases Information Clearinghouse

(800) 891-5389
(866) 569-1162 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

DISABLING CONDITIONS/DISABILITIES ACCESS

Americans with Disabilities Act Information Line

(800) 514-0301
(800) 514-0383 (TTY)
9:30 a.m.–5:30 p.m., Monday–Wednesday and Friday; 12:30 p.m.–5:30 p.m.,
Thursday, except Federal holidays (Eastern time)
Spanish-speaking operators are available.

Amputee Coalition of America

National Limb Loss Information Center
(888) AMP-KNOW (267-5669)
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Children's Craniofacial Association

(800) 535-3643
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Cleft Palate Foundation

(800) 242-5338

DBTAC: Mid-Atlantic Americans with Disabilities Act Center

(800) 949-4232 (Voice/TTY)
8:30 a.m.– 5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Easter Seals

(800) 221-6827
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

FACES: The National Craniofacial Association

(800) 332-2373
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Families of Spinal Muscular Atrophy

(800) 886-1762
7:00 a.m.–3:00 p.m., Monday–Friday (Central time)

Job Accommodation Network

(800) ADA-WORK (232-9675)
(800) 526-7234
(877) 781-9403 (TTY)

9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)
Services available in English, Spanish, and French.

National Center on Birth Defects and Developmental Disabilities

Centers for Disease Control and Prevention
(800) 232-4636
(800) 232-6348 (TTY)

National Dissemination Center for Children with Disabilities

(800) 695-0285 (Voice/TTY)
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Rehabilitation Information Center

(800) 346-2742
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Scoliosis Association

(800) 800-0669
1:00 p.m.–5:30 p.m., Monday–Friday (Eastern time)

DOWN SYNDROME

See RARE DISORDERS

DRINKING WATER SAFETY

Safe Drinking Water Hotline

(800) 426-4791 (English/Spanish)
8:30 a.m.–5:45 p.m., Monday–Thursday, 8:30 a.m.–4:45 p.m., Friday.

DRUG ABUSE

See also ALCOHOL ABUSE and SUBSTANCE ABUSE

Drug-Free Workplace Helpline

(800) 967-5752
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Drug Help

(800) 378-4435
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Drug Policy Information Clearinghouse

White House Office of National Drug Control Policy
(800) 666-3332
10:00 a.m.–6:00 p.m., Monday–Friday (Eastern time).

Housing and Urban Development Drug Information and Strategy Clearinghouse

(800) 955-2232

8:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

Pride Surveys

(800) 279-6361

8:30 a.m.–4:00 p.m., Monday–Friday (Central time)

PRIDE Youth Programs

(800) 668-9277

8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Substance Abuse and Mental Health Services Administration

(877) 767-4727

DWARFISM

Human Growth Foundation

(800) 451-6434

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

DYSLEXIA

See LEARNING DISORDERS

E

EATING DISORDERS

National Eating Disorders Association

(800) 931-2237 (Helpline)

ENDOMETRIOSIS

See WOMEN

ENVIRONMENT

Asbestos Ombudsman Hotline

(800) 368-5888

8:00 a.m.–4:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

Environmental Justice Information Line

U.S. Environmental Protection Agency
(800) 962-6215 (English/Spanish)
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

EPILEPSY

See RARE DISORDERS

ESSENTIAL TREMOR

International Essential Tremor Foundation

(888) 387-3667
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

E

FIRE PREVENTION

National Fire Protection Association

(800) 344-3555 (Customer Service)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

FITNESS

Aerobics and Fitness Foundation of America

(800) 968-7263 (Consumer Hotline)
(800) 446-2322 (For Professionals)
6:30 a.m.–6:00 p.m., Monday–Friday (Pacific time)

American Council on Exercise

(888) 825-3636
7:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

American Running Association

(800) 776-2732
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Shaping America's Youth®

(800) SAY-9221 (729-9221)

TOPS (Taking Off Pounds Sensibly) Club, Inc.

(800) 932-8677
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

Weight Control Information Network

National Institute of Diabetes and Digestive and Kidney Diseases
(877) 946-4627
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

YMCA of the USA

(800) 872-9622
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

FOOD SAFETY

Center for Food Safety and Applied Nutrition, FDA

(888) SAFEFOOD (723-3366)
10:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

U.S. Department of Agriculture Meat and Poultry Hotline

(888) MPHotline (674-6854)
(800) 256-7072 (TTY)
10:00 a.m.–4:00 p.m., Monday–Friday; 8:00 a.m.–2:00 p.m. on Thanksgiving (Eastern time)

U.S. Fish & Wildlife Service

(800) 344-WILD (344-9453)
8:00 a.m.–8:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

G

GAY, LESBIAN, BISEXUAL, TRANSGENDER HEALTH

Gay, Lesbian, Bisexual, and Transgender Helpline

(888) 340-4528
6:00 p.m.–11:00 p.m., 7 days a week (Eastern time)

Gay, Lesbian, Bisexual, and Transgender National Hotline

(888) 843-4564
4:00 p.m.–12:00 a.m., Monday–Friday; 12:00 p.m.–5:00 p.m., Saturday (Eastern time)

Lambda Legal Defense and Education Fund

(866) 542-8336 (Foster Care Helpline)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Center for Lesbian Rights

(800) 528-6257 (Youth Legal Information Line)
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Peer Listening Line

(800) 399-7337
5:30 p.m.–10:00 p.m., 7 days a week (Eastern time)

Trevor Helpline

(866) 4-U-TREVOR (488-7386)

GENERAL HEALTH

Agency for Healthcare Research and Quality Clearinghouse

(800) 358-9295
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

American Academy of Family Physicians

(800) 274-2237

American Chiropractic Association

(800) 986-4636
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

American Osteopathic Association

(800) 621-1773
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

American Podiatric Medical Association, Inc.

(800) ASK-APMA (275-2762)

Angel Flight Mid-Atlantic

(800) 296-3797
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Health Resources and Services Administration Information Center

(888) ASK-HRSA (275-4772)
(877) 4TY-HRSA (489-4772) (TTY/TDD)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

MedicAlert® Foundation

(888) 633-4298

National Center for Chronic Disease Prevention and Health Promotion

Centers for Disease Control and Prevention
(800) 232-4636
(888) 232-6348 (TTY)

National Center for Complementary and Alternative Medicine Clearinghouse

(888) 644-6226
(866) 464-3615 (TTY)

(866) 464-3616 (Fax)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Center for Health Statistics

Centers for Disease Control and Prevention
(800) 232-4636

National Health Information Center

(800) 336-4797
9:00 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Health Service Corps

(800) 221-9393 Scholarships/Loan Repayment & Job Opportunities in Underserved Areas
(877) 897-9910 (TTY)
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Hispanic Family Health Helpline

(866) SU-FAMILIA (783-2645)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Injury Information Clearinghouse

(800) 638-2772 (Consumer Hotline)
(800) 638-8270 (TTY)

National Patient Travel Helpline

(800) 296-1217
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

U.S. Food and Drug Administration

(800) 332-1088 (MedWatch)
(888) 463-6332 (Consumer Inquiries)

Well Spouse Association

(800) 838-0879
10:00 a.m.–3:00 p.m., Monday–Friday (Eastern time)

GENETIC DISEASES

Genetic Alliance

(800) 336-4363
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Genetic and Rare Diseases Information Center

(888) 205-2311
(888) 205-3223 (TTY)
12:00 p.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

March of Dimes

(888) 663-4637
(800) 925-1855 (Spanish)

National Hematologic Diseases Information Service

(888) 828-0877
(866) 569-1162 (TTY)

H

HEADACHE/HEAD INJURY

National Brain Injury Information Center

(800) 444-6443
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Headache Foundation

(888) 643-5552
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

HEALTHY WEIGHT/WEIGHT LOSS

Shaping America's Youth®

(800) SAY-9221 (729-9221)

TOPS (Taking Off Pounds Sensibly) Club, Inc.

(800) 932-8677
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

Weight Control Information Network

National Institute of Diabetes and Digestive and Kidney Diseases
(877) 946-4627
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

HEARING AND SPEECH

American Society for Deaf Children

(800) 942-ASDC (942-2732)

American Speech-Language-Hearing Association

(800) 638-8255
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Dial A Hearing Screening Test (Occupational Hearing Services)

(800) 222-3277 (Voice/TTY)

9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Hear Now

(800) 328–8602 (Voice/TDD)

8:00 a.m.–4:00 p.m., Monday–Friday (Mountain time)

International Hearing Society

(800) 521-5247

8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

John Tracy Clinic

(800) 522-4582 (Voice/TDD)

8:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

National Consortium on Deaf-Blindness

(800) 438-9376

(800) 854-7013 (TTY)

9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Family Association for Deaf-Blind

(800) 255-0411 (Voice/TTY)

8:45 a.m.–4:30 p.m., Monday–Friday (Eastern time)

National Institute on Deafness and Other Communication Disorders Information Clearinghouse

(800) 241-1044

(800) 241-1055 (TTY)

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Vestibular Disorders Association

(800) 837-8428

8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

HEART DISEASE

American Heart Association

(800) 242-8721

24 hours a day, 7 days a week, 365 days a year

Heart Information Center

(800) 292-2221 (English/Spanish)

8:00 a.m.–4:00 p.m., Monday–Friday (Central time)

HISTIOCYTOSIS

See RARE DISORDERS

HORMONAL DISORDERS

American Thyroid Association

(800) 849-7643

Hormone Foundation

(800) HORMONE (467-6663)

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Endocrine and Metabolic Diseases Information Service

(888) 828-0904

(866) 569-1162 (TTY)

HOSPITAL/HOSPICE CARE

Caring Connections

(A program of the National Hospice and Palliative Care Organization)

(800) 658-8898 Helpline

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Children’s Hospice International

(800) 242-4453

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Hill-Burton Medical Care Program

(800) 638-0742

(800) 492-0359 (Maryland)

National Association of Hospital Hospitality Houses, Inc.

(800) 542-9730

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Shriners Hospital for Children Referral Line

(800) 237-5055

8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

HOUSING

See also CHEMICAL PRODUCTS/PESTICIDES and LEAD

HUD USER

(800) 245-2691

(800) 927-7589 (TDD)

8:30 a.m.–5:15 p.m., Monday–Friday, except Federal holidays (Eastern time)

Public and Indian Housing Information and Resource Center

(800) 955-2232

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

HUNTINGTON'S DISEASE

See RARE DISORDERS

I

IMMUNIZATION

National Center for Immunization and Respiratory Diseases

Centers for Disease Control and Prevention

(800) CDC-INFO (232-4636) (English/Spanish)

(800) 232-6348 (TTY)

IMPOTENCE

American Urological Association Foundation, Inc.

(800) RING-AUA (746-4282)

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

INFECTIOUS DISEASES & INFLUENZA (FLU)

American Lung Association

(800) 586-4872

Centers for Disease Control and Prevention

(800) 232-4636

(800) 232-6348 (TTY)

National Institute of Allergy and Infectious Diseases

(866) 284-4107

(800) 877-8339 (TDD)

INSURANCE/MEDICARE/MEDICAID

Centers for Medicare & Medicaid Services

(877) 267-2323 (Headquarters)

(800) 633-4227 (Medicare Service Center)

(866) 226-1819 (Headquarters TTY)

(877) 486-2048 (Medicare Service Center TTY)

DHHS Office of Inspector General

(800) 447-8477 (Hotline)
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Insure Kids Now Hotline

Health Resources and Services Administration
(877) 543-7669
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Pension Benefit Guaranty Corporation

(800) 400-PBGC (400-7242)
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Social Security Administration

(800) 772-1213
(800) 325-0778 (TTY)
7:00 a.m.–7:00 p.m., Monday–Friday (Eastern time)

U.S. Uninsured help Line™

(800) 234-1317

J

JUSTICE

National Criminal Justice Reference Service

(800) 851-3420
(877) 712-9279 (TTY)
10:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

K

KIDNEY DISEASE

See UROLOGICAL DISORDERS

L

LEAD

See also HOUSING

National Lead Information Center

(800) 424-5323
8:00 a.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

LEARNING DISORDERS

Children and Adults with Attention Deficit/Hyperactivity Disorders

(800) 233-4050 (English/Spanish)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

International Dyslexia Association

(800) ABCD123 (222-3123)

LIBRARY SERVICES

Captioned Media Program, National Association for the Deaf

(800) 237-6213

(800) 237-6819 (TTY)

(800) 538-5636 (Fax)

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Library of Medicine

National Institutes of Health

(888) 346-3656

(800) 735-2258 (TDD)

8:30 a.m.–5:00 p.m., Monday–Friday; 8:30 a.m.–2:00 p.m., Saturday, except Federal holidays (Eastern time)

National Library Service for the Blind and Physically Handicapped

(800) 424-8567

8:00 a.m.–4:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

Recording for the Blind and Dyslexic

(800) 221-4792

8:30 a.m.–4:45 p.m., Monday–Friday (Eastern time)

LIVER DISEASES

American Liver Foundation

(800) GO-LIVER (465-4837)

8:00 a.m.–4:00 p.m., Monday–Friday (Central time)

Hepatitis Foundation International

(800) 891-0707

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

LUNG DISEASE/ASTHMA/ALLERGY

American Lung Association

(800) LUNG-USA (586-4872)
7:00 a.m.–9:00 p.m., Monday–Friday (Central time)

Asthma and Allergy Foundation of America

(800) 7-ASTHMA (727-8462)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE)
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

M

MATERNAL AND CHILD HEALTH

***Eunice Kennedy Shriver* National Institute of Child Health and Human Development Information Resource Center**

(800) 370-2943
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

La Leche League International

(800) La Leche (525-3243)
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

National Prenatal Helpline

(800) 311-2229
(800) 504-7081 (Spanish)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Life Center/Pregnancy Hotline

(800) 848-5683

Zero to Three: National Center for Infants, Toddlers and Families

(800) 899-4301
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

MEDICARE/MEDICAID

See INSURANCE/MEDICARE/MEDICAID

MENTAL HEALTH

See also CHILD ABUSE/MISSING CHILDREN/CHILDREN'S MENTAL HEALTH

Mental Health America Resource Center

(800) 969-6642
(800) 433-5959 (TTY)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Alliance on Mental Illness

(800) 950-6264 Helpline
10:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Council on Problem Gambling

(800) 522-4700
9:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Gaucher Foundation

(800) 504-3189
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Institute of Mental Health Resource Information Center

(866) 615-6464
(866) 415-8051 (TTY)
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Substance Abuse and Mental Health Services Administration

(877) 767-4727
8:00 a.m.–12:00 a.m., Monday–Friday, except Federal holidays (Eastern time)

The ARC of the United States

(800) 433-5255
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

MINORITY HEALTH

National Hispanic Family Health Helpline

(800) 311-2229
(866) SU-FAMILIA (783-2645)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

National Prenatal Helpline

(800) 311-2229
(800) 504-7081 (Spanish)
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Office of Minority Health Resource Center

(800) 444-6472
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

N

NUTRITION

American Institute for Cancer Research

(800) 843-8114

8:30 a.m.–9:30 p.m., Monday–Thursday; 8:30 a.m.–6:00 p.m., Friday (Eastern time)

Center for Food Safety and Applied Nutrition

U.S. Food and Drug Administration

(888) 723-3366 (Seafood line)

National Dairy Council

(800) 426-8271

(800) 974-6455 (Fax)

8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Shaping America's Youth®

(800) SAY-9221 (729-9221)

O

ORGAN DONATION

See also VISION and UROLOGICAL DISORDERS

Living Bank

(800) 528-2971

7:30 a.m.–4:30 p.m., Monday–Friday (Central time)

National Marrow Donor Program®

(800) MARROW-2 (627-7692)

8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

United Network for Organ Sharing

(888) TXINFO1 (894-6361)

8:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

P

PAIN

American Chronic Pain Association

(800) 533-3231

American Pain Foundation

(888) 615-7246

PARALYSIS AND SPINAL CORD INJURY

See also STROKE

Christopher and Dana Reeve Foundation

(800) 225-0292

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Rehabilitation Information Center

(800) 346-2742

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Spinal Cord Injury Association

(800) 962-9629

8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Paralyzed Veterans of America

(800) 424-8200

(800) 795-4327 (TTY)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

PARKINSON'S DISEASE

American Parkinson's Disease Association

(800) 223-2732

8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

National Parkinson Foundation, Inc.

(800) 327-4545

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Parkinson's Disease Foundation

(800) 457-6676

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

PESTICIDES

See CHEMICAL PRODUCTS/PESTICIDES

POISON CONTROL

Poison Help Hotline

(800) 222-1222

PRACTITIONER REPORTING

Institute for Safe Medication Practices

(800) 324-5723

PREGNANCY/MISCARRIAGE

Bradley Method of Natural Childbirth

(800) 422-4784

9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

DES Action USA

(800) DES-9288 (337-9288)

9:00 a.m.–3:00 p.m., Monday–Friday (Pacific time)

International Childbirth Education Association

(800) 624-4934 (Book Center orders)

8:30 a.m.–4:00 p.m., Monday–Friday (Central time)

Lamaze International

(800) 368-4404

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Liberty Godparent Home

(800) 542-4453

National Abortion Federation

(800) 772-9100

8:00 a.m.–9:00 p.m., Monday–Friday; 9:00 a.m.–5:00 p.m., Saturday–Sunday (Eastern time)

National Prenatal Helpline

(800) 311-2229

(800) 504-7081 (Spanish)

9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

PROFESSIONALS

AboutFace

(800) 665-3223

Academy of General Dentistry

(888) 243-3368

(877) 292-9327 (Referral Line)

Academy of Laser Dentistry

(877) 527-3776

Alliance for Aging Research

(800) 639-2421

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

American Academy of Cosmetic Dentistry

(800) 543-9220

American Academy of Family Physicians

(800) 274-2237

American Academy of Oral and Maxillofacial Pathology

(888) 552-2667

American Alliance for Health, Physical Education, Recreation and Dance

(800) 213-7193

8:00 a.m.–4:30 p.m., Monday–Friday (Eastern time)

American Association of Critical Care Nurses

(800) 899-2226

7:30 a.m.–4:30 p.m., Monday–Friday (Pacific time)

American Association of Endodontists

(800) 872-3636

American Academy of Oral and Maxillofacial Surgeons

(800) 822-6637

American Association of Women Dentists

(800) 920-2293

American Chronic Pain Association

(800) 533-3231

American Council for the Blind

(800) 424-8666

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

American Counseling Association

(800) 347-6647

8:00 a.m.–4:30 p.m., Monday–Friday (Eastern time)

American Dental Assistants Association

(877) 874-3785

American Nurses Association

(800) 274-4ANA (274-4262)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

American Orthodontic Society

(800) 448-1600

AmeriFace

(888) 486-1209

Arthritis National Research Foundation

(800) 588-2873

8:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

Association for Applied Psychophysiology and Biofeedback

(800) 477-8892

8:00 a.m.–5:00 p.m., Monday–Friday (Mountain time)

Association of periOperative Registered Nurses

(800) 755-2676

7:00 a.m.–4:30 p.m., Monday–Friday (Mountain time)

CDC National Prevention Information Network

(800) 458-5231 (English/Spanish)

(800) 243-7012 (TTY)

(888) 282-7681 (Fax)

9:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

College of American Pathologists

(800) 323-4040

8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

DBTAC: Mid-Atlantic Americans with Disabilities Act Center

(800) 949-4232 (Voice/TTY)

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Dystonia Medical Research Foundation

(800) 377-3978

8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Federal Emergency Management Agency

(800) 621-FEMA (621-3362)

(800) 462-7585 (TDD)

(800) 827-8112 (Fax)

Glaucoma Research Foundation

(800) 826-6693

8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Immune Deficiency Foundation

(800) 296-4433
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Indian Health Service Division of Oral Health

(800) 447-3368 (Dental Vacancies)

International Childbirth Education Association

(800) 624-4934 (Book Center orders)
8:30 a.m.–4:00 p.m., Monday–Friday (Central time)

International Chiropractors Association

(800) 423-4690
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Leukemia & Lymphoma Society

(800) 955-4572
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Lighthouse International

(800) 829-0500
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Medical Institute for Sexual Health

(800) 892-9484 (publication orders only)
8:15 a.m.–5:00 p.m., Monday–Friday (Central time)

National Child Care Information and Technical Assistance Center, ACF

(800) 616-2242
(800) 516-2242 (TTY)
(800) 716-2242 (Fax)
8:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Clearinghouse of Rehabilitation Training Materials

(866) 821-5355
8:00 a.m.–5:00 p.m., Monday–Friday (Mountain time)

National Institute for Occupational Safety and Health Information Inquiry Service

(800) 232-4636
(888) 232-6348 (TTY)
9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE)
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

National Resource Center on Domestic Violence

(800) 537-2238
(800) 553-2508 (TTY)
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Technical Information Service

(800) 553-6847
8:00 a.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Prevent Child Abuse America

(800) 244-5373

Research to Prevent Blindness

(800) 621-0026
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

School Nutrition Association

(800) 877-8822
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

R

RARE DISEASES/DISORDERS*

**A rare disorder is defined as a disorder that affects less than 1 percent of the population at any given time.*

ALS Association (Amyotrophic Lateral Sclerosis, Lou Gehrig’s Disease)

(800) 782-4747
7:30 a.m.–4:00 p.m., Monday–Friday (Pacific time)

American Behcet’s Disease Association

(800) 723-4238

American Cleft Palate-Craniofacial Association/Cleft Palate Foundation

(800) 242-5338 (Parent Hotline Only)
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

American Leprosy Missions (Hansen’s Disease)

(800) 543-3135
8:00 a.m.–5:00 p.m., Monday–Thursday; 8:00 a.m.–12:00 p.m., Friday (Eastern time)

American SIDS Institute

(800) 232-7437
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Batten Disease Support and Research Association

(800) 448-4570
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Charcot-Marie-Tooth Association

(800) 606-2682
9:00 a.m.–5:00 p.m., Monday–Friday

Children's Tumor Foundation

(800) 323-7938
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Cooley's Anemia Foundation

(800) 522-7222
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Cornelia de Lange Syndrome Foundation, Inc.

(800) 223-8355
(800) 753-2357 (U.S.)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Cystic Fibrosis Foundation

(800) 344-4823
8:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Epilepsy Foundation of America

(800) 332-1000
(866) 748-8008 (Spanish)
(800) 332-4050 (National Epilepsy Library)
(866) 330-2718 (Publications)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Epilepsy Information Service

(800) 642-0500 (voice mail after hours)
8:00 a.m.–5:00 p.m.

Fibromyalgia Network

(800) 853-2929
9:00 a.m.–5:00 p.m., Monday–Thursday (Mountain time)

First Candle/SIDS Alliance

(800) 221-7437

Genetic Alliance

(800) 336-4363
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

Genetic and Rare Diseases Information Center

(888) 205-2311
(888) 205-3223 (TTY)
12:00 p.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Histiocytosis Association of America

(800) 548-2758
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Huntington’s Disease Society of America, Inc.

(800) 345-4372
9:00 a.m.–9:00 p.m., Monday–Friday (Eastern time)

International Rett Syndrome Association

(800) 818-7388
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Les Turner Amyotrophic Lateral Sclerosis Foundation, Ltd.

(888) ALS-1107 (257-1107)
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

Lupus Foundation of America

(800) 558-0121
(800) 558-0231 (Spanish)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

March of Dimes

(888) 663-4637
(800) 925-1855 (Spanish)

Multiple Sclerosis Association of America

(800) 532-7667 (National Headquarters)
8:30 a.m.–8:00 p.m., Monday–Thursday; 8:30 a.m.–5:00 p.m., Friday (Eastern time)

Multiple Sclerosis Foundation

(888) 673-6287
8:30 a.m.–7:00 p.m., Monday–Friday (Eastern time)

Muscular Dystrophy Association

(800) 572-1717
9:00 a.m.–5:00 p.m., Monday–Friday (Mountain time)

Myasthenia Gravis Foundation

(800) 541-5454
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

National Down Syndrome Congress

(800) 232-6372
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Down Syndrome Society Hotline

(800) 221-4602
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Fibromyalgia Partnership

(866) 725-4404

National Fragile X Foundation

(800) 688-8765
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

National Hansen’s Disease Programs

(800) 642-2477
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

National Hemophilia Foundation

(800) 42-HANDI (424-2634)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)
Summer: 9:00 a.m.–5:00 p.m., Monday–Thursday, 9:00 a.m.–3:00 p.m., Friday (Eastern time)

**National Institute of Arthritis and Musculoskeletal and Skin Diseases
Information Clearinghouse**

(877) 226-4267
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Institute of Neurological Disorders and Stroke

(800) 352-9424
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Jewish Medical and Research Center

(800) LUNG LINE (222-5864)
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

National Lymphedema Network

(800) 541-3259
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

National Marfan Foundation

(800) 8-MARFAN (862-7326)
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Multiple Sclerosis Society

(800) 344-4867
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Organization for Albinism and Hypopigmentation

(800) 473-2310
(800) 648-2310 (Fax)

National Organization for Rare Disorders

(800) 999-6673
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Reye’s Syndrome Foundation

(800) 233-7393
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Spasmodic Torticollis Association

(800) 487-8385
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

National Sudden and Unexpected Infant/Child Death & Pregnancy Loss Resource Center

(866) 866-7437
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Neurofibromatosis, Inc.

(800) 942-6825 (Hotline)

Osteogenesis Imperfecta Foundation, Inc.

(800) 981-2663
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Paget’s Foundation

(800) 237-2438
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Prader-Willi Syndrome Association

(800) 926-4797
9:00 a.m.–7:00 p.m., Monday–Friday (Eastern time)

Restless Legs Syndrome Foundation

(877) 463-6757
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Scleroderma Foundation

(800) 722-4673 (Helpline)
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Sickle Cell Disease Association of America, Inc.

(800) 421-8453

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Sjögren’s Syndrome Foundation, Inc.

(800) 475-6473

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Spina Bifida Association

(800) 621-3141

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Spondylitis Association of America

(800) 777-8189

8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Sturge-Weber Foundation

(800) 627-5482

8:00 a.m.–3:00 p.m., Monday–Friday (Eastern time)

Support for People with Oral and Head and Neck Cancer

(800) 372-0928

Support Organization for Trisomy 18, 13 and Related Disorders

(800) 716-SOFT (716-7638)

Tourette Syndrome Association, Inc.

(888) 486-8738

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Trigeminal Neuralgia Association

(800) 923-3608

Tuberous Sclerosis Alliance

(800) 225-6872

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Turner Syndrome Society of the United States

(800) 365-9944

8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

United Cerebral Palsy Association

(800) 872-5827

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

United Leukodystrophy Foundation

(800) 728-5483
8:30 a.m.–8:00 p.m., 7 days a week (Central time)

Vasculitis Foundation

(800) 277-9474
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

Wilson’s Disease Association

(866) 961-0533
9:00 a.m.–4:00 p.m., Monday–Friday (Eastern time)

REDUCED-COST HEALTH CARE SERVICES

Hill-Burton Medical Care Program

(800) 638-0742
(800) 492-0359 (Maryland)

Health Resources and Services Administration Information Center

(888) 275-4772
(877) 489-4772 (TTY)

REHABILITATION

See also DISABLING CONDITIONS/DISABILITIES ACCESS and PARALYSIS AND SPINAL CORD INJURY

AbleData

(800) 227-0216
8:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

Amputee Coalition of America

National Limb Loss Information Center
(888) AMP-KNOW (267-5669)
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Institute for Rehabilitation Engineering

(800) 736-2216
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Rehabilitation Information Center

(800) 346-2742
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Phoenix Society for Burn Survivors

(800) 888-2876
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

RESTLESS LEGS SYNDROME

See RARE DISORDERS

S

SAFETY

See also CHEMICAL PRODUCTS/PESTICIDES

National Institute for Occupational Safety and Health Information Inquiry Service

(800) 356-4674

(888) 232-6348 (TTY)

9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Program for Playground Safety

(800) 554-PLAY (554-7529)

9:00 a.m.–4:00 p.m., Monday–Friday (Central time)

National Safety Council

(800) 621-7615

(800) 767-7236 (National Radon Hotline)

8:30 a.m.–4:45 p.m., Monday–Friday (Central time)

Safe Sitter

(800) 255-4089

8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

U.S. Consumer Product Safety Commission Hotline

(800) 638-2772

(800) 638-8270 (TTY)

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Vehicle Safety Hotline

National Highway Traffic Safety Administration

(888) 327-4236

(800) 424-9153 (TTY)

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

SEXUAL EDUCATION

Medical Institute for Sexual Health

(800) 892-9484 (publication orders only)

8:15 a.m.–5:00 p.m., Monday–Friday (Central time)

Planned Parenthood Federation of America, Inc.

(800) 230-7526 (Recording)

(800) 669-0156 (Order line)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

SEXUALLY TRANSMITTED DISEASES

See also AIDS/HIV

American Social Health Association

(800) 227-8922

9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

CDC INFO

(800) CDC-INFO (232-4636) (English/Spanish)

(888) 232-6348 (TTY)

CDC National Prevention Information Network

(800) 458-5231 (English/Spanish)

(888) 282-7681 (Fax)

9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

SKIN DISEASE

Foundation for Ichthyosis and Related Skin Types, Inc.

(800) 545-3286

9:00 a.m.–4:00 p.m., Monday–Friday (Eastern time)

**National Institute of Arthritis and Musculoskeletal and Skin Diseases
Information Clearinghouse**

(877) 226-4267

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Psoriasis Foundation

(800) 723-9166

8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

SMOKING/SMOKELESS TOBACCO

National Oral Health Information Clearinghouse

(866) 232-4528

Smoking Quitline of the National Cancer Institute

(877) 44U-QUIT (448-7848)

(800) 332-8615 (TTY)

9:00 a.m.–4:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

Smoking, Tobacco and Health Information Line

Office on Smoking and Health, CDC
(800) 232-4636 (Recording)
(800) 784-8669 (QUIT NOW)
(888) 232-6348 (TTY)

SPINAL CORD INJURY

See PARALYSIS AND SPINAL CORD INJURY

STROKE

See also PARALYSIS AND SPINAL CORD INJURY

American Heart Association Stroke Connection

(888) 478-7653
24 hours a day, 7 days a week, 365 days a year

National Institute of Neurological Disorders and Stroke

(800) 352-9424
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Stroke Association

(800) STROKES (787-6537)
8:00 a.m.–4:30 p.m., Monday–Thursday, 8:00 a.m.–4:00 p.m., Friday (Eastern time)

STUTTERING

National Center for Stuttering

(800) 221-2483
10:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Stuttering Association

(800) We Stutter (937-8888)

Stuttering Foundation of America

(800) 992-9392
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

SUBSTANCE ABUSE

See also ALCOHOL ABUSE and DRUG ABUSE

National Inhalant Prevention Coalition

(800) 269-4237 (Recording)
8:00 a.m.–6:00 p.m., Monday–Friday (Central time)

Substance Abuse and Mental Health Services Administration
(877) 767-4727

SUDDEN INFANT DEATH SYNDROME

See RARE DISORDERS

SUICIDE PREVENTION HOTLINES

National Suicide Prevention Lifeline

(800) 273-TALK (273-8255)
(800) 799-4TTY (779-4889) (TTY)
(888) 628-9454 (Spanish)

The National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service that routes calls from anywhere in the country to the nearest available certified crisis center where trained crisis counselors talk to callers and can link them to local services.

The Trevor Helpline

(866) 4-U-TREVOR (488-7386)

The Trevor Helpline is a national toll-free suicide prevention hotline aimed at gay and questioning youth. It's open 24 hours a day, 7 days a week, 365 days a year. Teens with nowhere to turn can call and talk confidentially to trained counselors and find local resources.

SURGERY/FACIAL PLASTIC SURGERY

American Society of Plastic Surgeons, Inc.

(888) 475-2784 (Referral Service)

I

TRAUMA

American Trauma Society

(800) 556-7890
8:30 a.m.–4:00 p.m., Monday–Friday (Eastern time)

U

UROLOGICAL DISORDERS

American Association of Kidney Patients

(800) 749-2257

8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

American Kidney Fund

(800) 638-8299

9:00 a.m.–5:00 p.m., Monday–Thursday; 9:00 a.m.–2:00 p.m., Friday (Eastern time)

American Urological Association

(866) RING-AUA (746-4282)

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Health Care Services

National Kidney Foundation

(800) 622-9010

8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

National Association for Continenence

(800) 252-3337

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Kidney and Urologic Diseases Information Clearinghouse

(800) 891-5390

(866) 569-1162 (TTY)

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

PKD Foundation

(800) 753-2873

8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

Simon Foundation for Continenence

(800) 237-4666

9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

V

VENEREAL DISEASES

See SEXUALLY TRANSMITTED DISEASES

VETERANS

National Veterans Services Fund, Inc.

(800) 521-0198

9:00 a.m.–4:00 p.m., Monday–Friday (Eastern time)

Paralyzed Veterans of America

(800) 424-8200

(800) 795-4327 (TTY)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

U.S. Department of Veterans Affairs

(800) 827-1000

Veterans Special Issue Helpline

Department of Veterans Affairs

(800) 749-8387 (Agent Orange/Persian Gulf War)

8:00 a.m.–4:00 p.m., Monday–Friday (Central time)

VIOLENCE

National Domestic Violence Hotline

(800) 799-SAFE (799-7233)

(800) 787-3224 (TTY)

National Organization for Victim Assistance

(800) TRY-NOVA (879-6682)

9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Rape, Abuse, and Incest National Network

(800) 656-4673

VISION

See also LIBRARY SERVICES

American Council of the Blind

(800) 424-8666

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

8:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

Braille Institute of America

(800) BRAILLE (272-4553)

8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

EyeCare America

(800) 222-3937

Foundation Fighting Blindness

(800) 683-5555

(800) 683-5551 (TDD)

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Glaucoma Research Foundation

(800) 826-6693

8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Guide Dog Foundation for the Blind, Inc.

(800) 548-4337

8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Guide Dogs for the Blind

(800) 295-4050

8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

Lighthouse International

(800) 829-0500

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Louisiana Center for the Blind

(800) 234-4166

8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Association for Parents of Children with Visual Impairments

(800) 562-6265

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

National Consortium on Deaf-Blindness

(800) 438-9376

(800) 854-7013 (TTY)

9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

National Family Association for Deaf-Blind

(800) 255-0411 (Voice/TTY)

8:45 a.m.–4:30 p.m., Monday–Friday (Eastern time)

Prevent Blindness America

(800) 331-2020

8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

Vision Council of America

(800) 424-8422

W**WOMEN****Endometriosis Association**

(800) 992-3636 (Recording)

National Osteoporosis Foundation

(800) 231-4222

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

Womenshealth.gov

(800) 994-9662

(888) 220-5446 (TDD)

9:00 a.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

Women’s Sports Foundation

(800) 227-3988

9:00 a.m.–5:00 p.m., 9:00 a.m.–4:45 p.m., Monday–Friday (Eastern time)

For more health promotion and disease prevention information—

Search online for thousands of free Federal health documents using healthfinder.gov at <http://www.healthfinder.gov>.

For health promotion and disease prevention information in Spanish—

Search online at <http://www.healthfinder.gov/espanol>.

Part VI: Resources Specific to Senior Health

Administration on Aging (AoA)

Department of Health and Human Services (DHHS)

330 Independence Avenue, SW

Washington, DC 20201

Public Inquiries: 202-619-0724

202-619-7501

Eldercare Locator: 1-800-677-1116 (toll-free)

Fax: 202-401-7620

Website: <http://www.aoa.gov>

Working in close partnership with its sister agencies in DHHS, the AoA is the Federal agency dedicated to policy development, planning and the delivery of supportive home- and community-based services to older persons and their caregivers. The AoA works through the national aging network of State and Area Agencies on Aging, Tribal and Native organizations, and thousands of service providers, adult care centers, caregivers, and volunteers.

Alliance for Aging Research

2021 K Street, NW, Suite 305

Washington, DC 20006

Phone: 202-293-2856

Fax: 202-785-8574

Website: <http://www.agingresearch.org>

The Alliance is a national, citizen advocacy organization offering free publications including *Investing in Older Women's Health*, *Meeting the Medical Needs of the Senior Boom*, *Delaying the Diseases of Aging*, and other aging-related subjects such as menopause, how to age with ease, and health care options under Medicare.

Alzheimer's Association

919 North Michigan Avenue, Suite 1100

Chicago, IL 60611

Phone: 1-800-272-3900 (toll-free)

312-335-8700

TTY: 312-335-8882

Fax: 312-335-1110

Email: info@alz.org

Website: <http://www.alz.org>

The Association is a nonprofit organization offering information and support services to people with Alzheimer's disease (AD) and their families. Contact the 24-hour, toll-free telephone line to link with local chapters and community resources. The Association funds research to find a cure for AD and provides information on care giving. A free catalog of educational publications is available in English and Spanish.

Alzheimer's Disease Education and Referral (ADEAR) Center

PO Box 8250

Silver Spring, MD 20907-8250

Phone: 1-800-438-4380 (toll-free) (English, Spanish)

301-495-3311

Fax: 301-495-3334

Email: adear@alzheimers.org

Website: <http://www.alzheimers.org>

The ADEAR Center, funded by the National Institute on Aging, distributes information about Alzheimer's disease (AD) to health professionals, patients and their families, and the public. Contact the Center for information about the symptoms, diagnosis, and treatment of AD; recent research; and referrals to State and other national services. On its website, the Center offers searchable publications and databases, including the AD Clinical Trials Database of studies accepting volunteers.

American Association for Geriatric Psychiatry (AAGP)

7910 Woodmont Avenue, Suite 1050

Bethesda, MD 20814-3004

Phone: 301-654-7850

Fax: 301-654-4137

Email: aagpgpa@aol.com

Website: <http://www.aagpgpa.org>

The Association works to improve the mental health and well-being of older people. Contact AAGP for information on geriatric psychiatry and to receive referrals to specialists. Available publications include *Growing Older*, *Growing Wiser: Coping with Expectations, Challenges and Changes in Later Years*, and brochures on topics such as Alzheimer's disease, depression, and the role of the geriatric psychiatrist. Some consumer publications are free.

American Association of Homes and Services for the Aging (AAHSA)

2519 Connecticut Avenue, NW

Washington, DC 20008-1520

Phone: 202-783-2242

Fax: 202-783-2255

Email: inform@aahsa.org

Website: <http://www.aahsa.org>

AAHSA is a national, nonprofit organization providing older people with services and information on housing, health care, and community involvement. Visit the AAHSA website for information for seniors and caregivers.

American Association of Retired Persons (AARP)

601 E Street, NW

Washington, DC 20049

Phone: 1-800-424-3410 (toll-free)

202-434-2277

Fax: 202-434-6973

Website: <http://www.aarp.org>

AARP is a nonprofit organization that advocates for older Americans' health, rights, and life choices. Local chapters provide information and services on crime prevention, consumer protection, and income tax preparation. Members can join group health, auto, life, and home insurance programs, investment plans, or a discount mail-order pharmacy service. The AgeLine database, available on CD-ROM, contains extensive resources on issues of concern to older people. Publications are available on housing, health, exercise, retirement planning, money management, leisure, and travel.

American Federation for Aging Research (AFAR)

1414 Sixth Avenue, 18th Floor

New York, NY 10019

Phone: 212-752-2327

Fax: 212-832-2298

Email: amfedaging@aol.com

Website: www.afar.org

AFAR is a nonprofit organization dedicated to supporting basic aging research. AFAR funds a wide variety of cutting-edge research on the aging process and age-related diseases. Visit the website for a list of free publications.

American Geriatrics Society (AGS)

350 Fifth Avenue

New York, NY 10118

Phone: 212-308-1414

Fax: 212-832-8646

Email: info.amger@americangeriatrics.org

Website: <http://www.americangeriatrics.org>

AGS is a nonprofit organization of physicians and health care professionals supporting the study of geriatrics. Contact AGS for information on geriatrics, long-term care, acute and chronic illnesses, rehabilitation, and nursing home care. Publications include the *AGS Complete Guide to Aging and Health* and the *AGS Medical Reference Guide*.

American Menopause Foundation (AMF)

350 Fifth Avenue, Suite 2822

New York, NY 10118

Phone: 212-714-2398

Fax: 212-714-1252

Email: menopause@earthlink.org

Website: www.americanmenopause.org

The Foundation is a nonprofit health organization providing support and assistance on all issues concerning menopause. AMF has information on scientific research and coordinates a network of volunteer support groups for women.

American Society on Aging (ASA)

833 Market Street, Suite 511
San Francisco, CA 94103
Phone: 1-800-537-9728 (toll-free)
415-974-9600
Fax: 415-974-0300
Email: info@asaging.org
Website: <http://www.asaging.org>

ASA is a nonprofit organization providing information about medical and social practice, research, and policy pertinent to the health of older people. Membership and subscriptions to *Generations*, a quarterly journal, and *Aging Today*, the Society's bimonthly news magazine, are available to the public. A catalog of books for sale and other educational materials is available on the website.

Assisted Living Federation of America (ALFA)

11200 Waples Mill Road, Suite 150
Fairfax, VA 22030
Phone 703-691-8100
Fax: 703-691-8106
Website: <http://www.alfa.org>

ALFA represents for-profit and nonprofit providers of assisted living, continuing care retirement communities, independent living, and other forms of housing and services. The Federation works to advance the assisted living industry and enhance the quality of life for consumers.

Association for Gerontology in Higher Education (AGHE)

1030 15th Street, NW, Suite 240
Washington, DC 20005-1503
Phone: 202-289-9806
Fax: 202-289-9824
Email: aghetemp@aghe.org
Website: www.aghe.org

AGHE's members are organizations and institutions of higher education. Through conferences, publications, technical assistance, research studies, and consultation with policymakers, AGHE, an educational unit of the Gerontological Society of America, seeks to advance gerontology as a field of study at institutions of higher education.

Beverly Foundation

44 South Mentor Avenue
Pasadena, CA 91106
Phone: 626-792-2292
Fax: 626-792-6117
Email: bf3@ix.netcom.com

Website: <http://www.beverlyfoundation.org>

The Foundation focuses on mobility and transportation for older people within the community, service delivery within home and institutional settings, and overall life enrichment. It engages in research and education projects and provides information for professionals and caregivers.

Brookdale Center on Aging (BCOA) of Hunter College

1114 Avenue of the Americas, 40th Floor

New York, NY 10036

Phone: 646-366-1000

Fax: 212-481-5069

Email: info@brookdale.org

Website: <http://www.brookdale.org>

BCOA sponsors a variety of programs including the Institute on Law and Rights of Older Adults which fights for grandparent rights. Other programs focus on elder care services, guardianship, care giving, Medicare, intergenerational activities, and Alzheimer's disease. Contact BCOA about publications (some available in Spanish) including *Senior Rights Reporter*, *Benefits Checklist for Seniors*, *Help for Seniors*, and *Help for Grandparent Caregivers*, which are for sale.

Catholic Golden Age (CGA) National Headquarters

PO Box 249

Olyphant, PA 18447

Phone: 1-800-836-5699 (toll-free)

Fax: 570-586-7721

Email: info@catholicgoldenage.org

Website: <http://www.catholicgoldenage.org>

CGA sponsors charitable work and helps older people meet their social, physical, economic, intellectual, and spiritual needs. Contact CGA for various group insurance plans, discounts on eyeglasses, prescription drugs, and travel. Local CGA chapters provide activities for members, including disease prevention and health promotion programs.

Center for the Advancement of State Community Services Programs (CASCSP)/ National Association of State Units on Aging (NASUA)

1225 I Street, NW, Suite 725

Washington, DC 20005

Phone: 202-898-2578

Fax: 202-898-2583

Email: info@nasua.org

Website: <http://www.nasua.org>

The Center, part of NASUA, provides information and support for community-based care for older people. The Center also helps State and Area Agencies on Aging design,

develop, and manage these care systems and develop State policies. A list of publications and materials on long-term and community-based care is available.

Center for the Study of Aging/International Association of Physical Activity, Aging and Sports (IAPAAS)

706 Madison Avenue
Albany, NY 12208-3604
Phone: 518-465-6927
Fax: 518-462-1339
Email: iapaas@acl.com

The Center is a free-standing, nonprofit organization promoting research, education, and training in the field of aging. IAPAAS is the Center's membership division. It organizes programs on health, fitness, prevention, and aging. Contact the Center for a list of publications and information about the quarterly newsletter, *Lifelong Health and Fitness*.

Children of Aging Parents (CAPS)

1609 Woodbourne Road, Suite 302A
Levittown, PA 19057
Phone: 1-800-227-7294 (toll-free)
215-945-6900
Fax: 215-945-8720
Website: <http://www.caps4caregivers.org>

CAPS is a nonprofit organization that provides support services to caregivers of older people. It serves as a clearinghouse for information on elder care resources and issues, including Instant Aging workshops to help communities understand the needs of older people. Send a self-addressed, stamped envelope to receive publications on aging or information about support groups.

Clearinghouse on Abuse and Neglect of the Elderly (CANE)

University of Delaware
College of Human Services, Education and Public Policy
Department of Consumer Studies
Newark, DE 19716
Phone: 302-831-3525
Fax: 302-831-6081
Website: <http://www.cane.udel.edu/>

CANE, funded by the Administration on Aging, is a database of elder abuse materials and resources operated by the University of Delaware's National Center on Elder Abuse (NCEA). CANE staff will conduct customized information searches and provide resources and referrals to elder abuse support groups. *NCEA Exchange*, CANE's newsletter, is available free.

Elder Craftsmen (EC)

610 Lexington Avenue
New York, NY 10022
Phone: 212-319-8128
Fax: 212-319-8141

Email: eldercraftsmen@mindspring.com

Website: <http://www.eldercraftsmen.org>

EC offers programs and services that promote the skills and creativity of older people. Training programs are available for many types of crafts. Intergenerational programs, community service programs, and artist-in-residence are also offered.

Eldercare Initiative in Consumer Law (EICL)/ National Consumer Law Center, Inc. (NCLC)

18 Tremont Street, Suite 400

Boston, MA 02108

Phone: 617-523-8010

Fax: 617-523-7398

Email: aoa@nclc.org

Website: <http://www.consumerlaw.org>

The Initiative provides assistance on legal issues of older people. The EICL conducts regional and national legal workshops focusing on aging issues, including threats to loss of shelter and financial exploitation. Contact the Initiative for publications and references.

Eldercare Locator

Phone: 1-800-677-1116 (toll-free)

Fax: 202-296-8134

Website: <http://www.eldercare.gov/Eldercare.NET/Public/Home.aspx>

The Eldercare Locator is a nationwide, directory assistance service helping older people and caregivers locate local support and resources for older Americans. It is funded by the Administration on Aging.

Elderhostel

11 Avenue de Lafayette

Boston, MA 02111-1746

Phone: 1-877-426-8056 (toll-free)

617-426-7788

TTY: 1-877-426-2167 (toll-free)

Fax: 1-877-426-2166 (toll-free)

Email: registration@elderhostel.org

Website: <http://www.elderhostel.org>

Elderhostel is a nonprofit organization providing educational travel programs to people over age 55. Their catalog, published 10 times a year, lists thousands of national and international programs.

Generations Online

108 Ralston House
3615 Chestnut Street
Philadelphia, PA 19104
Phone: 215-222-6400
Fax: 215-222-6401
Website: <http://www.generationsonline.com>

Generations Online is a nonprofit website offering resources for older people unfamiliar with computers or the Internet. Generations Online provides self-training software for senior centers, libraries, retirement homes, and other locations for a one-time fee. The program is free for seniors. Its feature, Memories, links older people with school children for cultural, experiential, and personal exchanges on aging.

Generations Together (GT)

University Center for Social and Urban Research
University of Pittsburgh
121 University Place, Suite 300
Pittsburgh, PA 15260-5907
Phone: 412-648-7150
Fax: 412-648-7446
Email: sharris@pitt.edu
Website: <http://www.gt.pitt.edu/>

GT promotes mutually beneficial interaction between young and old through community outreach, education, research, and dissemination of knowledge. GT develops, supports, and studies intergenerational programs and related issues. GT sponsors the annual International Intergenerational Training Institute, which furthers collaboration between generations in workshops and resource development. Contact GT for a catalog of publications.

Gerontological Society of America (GSA)

1030 15th Street, NW, Suite 250
Washington, DC 20005-1503
Phone: 202-842-1275
Fax: 202-842-1150
Email: geron@geron.org
Website: <http://www.geron.org>

GSA is a professional organization providing information, advocacy, and support for research into the study of aging. GSA has a database of information on biological and social aspects of aging, links to aging information resources, and referrals to researchers and specialists in gerontology. GSA distributes publications on a variety of aging-related topics.

Gray Panthers (GP)

733 15th Street, NW, Suite 437

Washington, DC 20005
Phone: 1-800-280-5362 (toll-free)
202-737-6637
Fax: 202-737-1160

Email: info@graypanthers.org

Website: <http://www.graypanthers.org>

Gray Panthers is a national advocacy organization of activists concentrating on social and economic issues. Local chapters organize intergenerational groups to address issues including universal health care, Medicare, preserving Social Security, affordable housing, and discrimination. Contact the national office for referrals to chapters, information on issues, links to resources for older people, and a list of publications.

Legal Counsel for the Elderly (LCE)

American Association of Retired Persons (AARP)

601 E Street, NW

Washington, DC 20049

Phone: 202-434-2120

TTY: 202-434-6562

Fax: 202-434-6464

Website: <http://www.aarp.org>

LCE, part of AARP, works to expand the availability of legal services to older people and to enhance the quality of those services. The National Volunteer Lawyers Project matches legal cases affecting large numbers of older people with volunteer law firms. The Senior Lawyers Project tests ways retired lawyers can provide free legal services to older people in need. The National Elderlaw Studies Program provides individual home study courses as well as a paralegal certificate from the Department of Agriculture Graduate School. Publications are available.

Lighthouse National Center for Vision and Aging (LNCVA)

111 East 59th Street

New York, NY 10022

Phone: 1-800-829-0500 (toll-free)

212-821-9495

TTY: 212-821-9713

Fax: 212-821-9705

Email: info@lighthouse.org

Website: <http://www.lighthouse.org>

LNCVA provides advocacy, support, information, and resources on vision impairment and blindness. Contact the Lighthouse for referrals to specialists and resources on visual disability, vision rehabilitation, links to related services, as well as information on eye diseases such as macular degeneration, glaucoma, cataracts, and diabetic retinopathy. Publications and audiovisual materials are available on topics including vision, vision disorders, treatment options, and rehabilitation strategies.

Meals On Wheels Association of America (MOWAA)

1414 Prince Street, Suite 302

Alexandria, VA 22314

Phone: 703-548-5558

Fax: 703-548-8024

Website: <http://www.mowaa.org>

MOWAA is a national, nonprofit organization providing training and grants to programs that provide food to older people, and those who are frail, disabled, at-risk, or homebound.

Medicare Rights Center (MRC)

1460 Broadway, 11th Floor

New York, NY 10036

Phone: 212-869-3850

Fax: 212-869-3532

Email: info@medicarerights.org

Website: <http://www.medicarerights.org>

MRC is a national, nonprofit service helping older adults and people with disabilities get good, affordable health care. Available educational materials include a train-the-trainer manual, booklets on Medicare basics, and Medicare home health.

National Academy of Elder Law Attorneys, Inc. (NAELA)

1604 North Country Club Road

Tucson, AZ 85716

Phone: 520-881-4005

Fax: 520-325-7925

Website: <http://www.naela.org>

NAELA is a nonprofit association assisting lawyers, bar associations, and others who work with older people and their families. Contact NAELA for information on lawyers specializing in issues pertinent to older people, resources to legal information, assistance, and education. A list of publications is available.

National Association for Hispanic Elderly (Asociación Nacional Por Personas Mayores)

234 East Colorado Boulevard, Suite 300

Pasadena, CA 91101

Phone: 626-564-1988

Fax: 626-564-2659

Website: <http://www.anppm.org/>

The Association is a national, private, nonprofit organization providing a variety of services for older Hispanic people. Resources include a national Hispanic research center, research and consultation for organizations seeking to reach older Spanish-speaking people, and dissemination of written and audiovisual materials in English and

Spanish. The Association administers Project AYUDA, a program providing employment counseling and placement services.

National Association for Home Care (NAHC)

228 7th Street, SE

Washington, DC 20003

Phone: 202-547-7424

Fax: 202-547-3540

Email: webmaster@nahc.org

Website: <http://www.nahc.org>

NAHC promotes hospice and home care, sets standards of care, and conducts research on aging, health, and health care policy. Association publications include *How to Choose a Home Care Provider* and other free consumer guides on home care and hospice care.

National Association of Area Agencies on Aging (N4A)

927 15th Street, NW, 6th Floor

Washington, DC 20005

Phone: 1-800-677-1116 (toll-free) (Eldercare Locator)

202-296-8130

Fax: 202-296-8134

Website: <http://www.n4a.org>

N4A is the umbrella organization for the AoA-funded Area Agencies on Aging. It also represents the interests of Title VI Native American aging programs. The Association administers the AoA-sponsored Eldercare Locator, a toll-free number linking older adults and their family members with local aging resources. N4A publishes the *National Directory for Eldercare Information and Referral*.

National Association of Nutrition and Aging Service Programs (NANASP)

1101 Vermont Avenue, NW, Suite 1001

Washington, DC 20005

Phone: 202-682-6899

Fax: 202-682-3984

Website: <http://www.nanasp.org>

NANASP, a membership organization, supports a broad range of nutrition and related services for community-dwelling older people by training nutrition providers and advocating for older people. Publications include a *Legislative Action Manual* and *The Washington Bulletin*.

National Association of Professional Geriatric Care Managers (NAPGCM)

1604 North Country Club Road

Tucson, AZ 85716-3102

Phone: 520-881-8008

Fax: 520-325-7925

Email: info@caremanager.org

Website: <http://www.caremanager.org>

NAPGCM is a nonprofit organization representing the interests of elder care practitioners and advocating for older peoples' independence, autonomy, and quality of health care. Contact NAPGCM for resources, referrals to local Association chapters, and information on counseling and treatment programs. Publications and referrals to professional care managers are available through the website.

National Association of State Units on Aging (NASUA)

1225 I Street, NW, Suite 725

Washington, DC 20005

Phone: 202-898-2578

Fax: 202-898-2583

Email: info@nasua.org

Website: <http://www.nasua.org>

NASUA is a public-interest organization providing information, assistance, and advocacy on behalf of older people. Contact NASUA for information on rights of older people, health care and social services regulations, and referrals to lawyers specializing in elder law and aging issues. Publications are available on topics such as the Older Americans Act, long-term care, older worker issues, elder abuse, and nutrition programs. The Association cooperates in administering the Eldercare Locator, AoA's toll-free information service.

National Association on HIV Over Fifty (NAHOF)

Southwest Boulevard Family Health Care Services, Inc.

340 Southwest Boulevard

Kansas City, KS 66103

Phone: 816-421-5263

Fax: 913-722-2542

Email: janepfowler@mindspring.com

Website: <http://www.hivoverfifty.org>

NAHOF is a membership organization promoting the availability of a full range of educational, prevention, service, and health care programs for people over age 50 and affected by HIV. NAHOF provides a forum to exchange information and share concerns about HIV and older adults.

National Caucus and Center on Black Aged, Inc. (NCBA)

1424 K Street, NW, Suite 500

Washington, DC 20005

Phone: 202-637-8400

Fax: 202-347-0895

Email: ncba@aol.com

Website: <http://www.ncba-aged.org/index.php>

NCBA is a national, nonprofit organization providing health and social service information, advocacy, and assistance to African Americans and low-income older

people. Contact NCBA for information on its local chapters and programs including senior employment and training, housing, health promotion, and advocacy. Publications include a support-service reference guide, job placement guides, and a *Profile of Black Elderly*.

National Center on Elder Abuse (NCEA)

1225 I Street, NW, Suite 725

Washington, DC 20005

Phone: 202-898-2586

Fax: 202-898-2583

Email: NCEA@nasua.org

Website: http://www.ncea.aoa.gov/ncearoot/Main_Site/index.aspx

NCEA is operated jointly by the National Association of State Units on Aging, the National Committee for the Prevention of Elder Abuse, and the University of Delaware to disseminate information about abuse and neglect of older people. NCEA operates the Clearinghouse on Abuse and Neglect of the Elderly and can provide referrals to agencies and specialists. Publications are available on prevention of abuse, neglect, and State regulations.

National Council on Aging, Inc. (NCOA)

409 3rd Street, SW, Suite 200

Washington, DC 20024

Phone: 202-479-1200

Fax: 202-479-0735

Email: info@ncoa.org

Website: <http://www.ncoa.org>

NCOA is a private, nonprofit organization providing information, training, technical assistance, advocacy, and leadership in all aspects of aging services and issues. Contact NCOA for information on training programs and in-home services for older people. NCOA publications are available on topics such as lifelong learning, senior center services, adult day care, long-term care, financial issues, senior housing, rural issues, intergenerational programs, and volunteers in aging.

National Family Caregivers Association (NFCA)

10400 Connecticut Avenue, #500

Kensington, MD 20895-3944

Phone: 1-800-896-3650 (toll-free)

Fax: 301-942-2302

Email: info@nfcacares.org

Website: <http://www.nfcacares.org>

NFCA is a grass roots organization providing advocacy, support, and information for family members who care for chronically ill, older, or disabled relatives. There is no charge for family members to be on the mailing list and to receive the newsletter, *Take Care!* Contact NFCA for help finding resources.

National Gerontological Nursing Association (NGNA)

7794 Grow Drive

Pensacola, FL 32514

Phone: 1-800-723-0560 (toll-free)

Fax: 850-484-8762

Email: ngna@puetzamc.com

Website: <http://www.ngna.org>

NGNA, an organization of nurses specializing in care of older adults, informs the public on health issues affecting older people, supports education for nurses and other health care practitioners, and provides a forum to discuss topics such as nutrition in long-term care facilities and elder law for nurses. NGNA offers information on gerontological nursing and conducts nursing research related to older people.

National Hispanic Council on Aging (NHCoA)

2713 Ontario Road, NW

Washington, DC 20009

Phone: 202-265-1288

Fax: 202-745-2522

Email: nhcoa@worldnet.att.net

Website: <http://www.nhcoa.org>

NHCoA is a national organization providing advocacy, education, and information for older Hispanic people. Contact the Council for facts and resources on health, employment, housing, strengthening families, and building communities, as well as referrals to local Council chapters. Publications in English and Spanish are available.

National Hospice and Palliative Care Organization (NHPCO)

1700 Diagonal Road, Suite 300

Alexandria, VA 22314

Phone: 1-800-658-8898 (toll-free) (Hospice Helpline and Locator)

703-837-1500

Email: info@nhpco.org

Website: <http://www.nhpco.org>

NHPCO is a nonprofit, membership organization working to enhance the quality of life for individuals who are terminally ill and advocating for people in the final stage of life. Contact NHPCO for information, resources, and referrals to local hospice services. Publications, fact sheets, and website resources are available on topics including how to find and evaluate hospice services.

National Hospice Foundation (NHF)

1700 Diagonal Road, Suite 300

Alexandria, VA 22314

Phone: 1-800-338-8619 (toll-free)

703-516-4928

Fax: 703-525-5762

Email: info@nhpco.org

Website: <http://www.hospiceinfo.org>

NHF, a nonprofit, charitable organization affiliated with the National Hospice and Palliative Care Organization, provides support and information about hospice care options. NHF publications include *Hospice Care: A Consumer's Guide to Selecting a Hospice Program*, *Communicating Your End-of-Life Wishes*, and *Hospice Care and the Medicare Hospice Benefit*.

National Indian Council on Aging (NICOA)

10501 Montgomery Boulevard, NE, Suite 210

Albuquerque, NM 87111-3846

Phone: 505-292-2001

Fax: 505-292-1922

Email: dave@nicoa.org

Website: <http://www.nicoa.org>

NICOA provides services, advocacy, and information on aging issues for older American Indian and Alaska Native people. Contact NICOA for information about its resources and support groups serving the national Indian community, and NICOA's clearinghouse for issues affecting older Indian people. Publications are available, including the newsletter *Elder Voices*.

National Institute on Aging (NIA)

National Institutes of Health (NIH)

Office of Communications and Public Liaison

Bethesda, MD 20892-2292

Phone: 1-800-222-2225 (toll-free) (NIA Information Center - NIAIC)

1-800-438-4380 (toll-free) (Alzheimer's Disease Education and Referral Center-ADEAR)
301-496-1752

TTY: 1-800-222-4225 (toll-free) (NIAIC)

Fax: 301-589-3014 (NIAIC)

301-495-3334 (ADEAR)

Email: niainfo@jbs1.com (NIAIC)

adear@alzheimers.org (ADEAR)

Website: <http://www.nih.gov/nia> or <http://www.nia.nih.gov/alzheimers>

NIA, part of NIH, conducts and supports biomedical, social, and behavioral research on aging processes, disease, and the special problems and needs of older people. NIA develops and disseminates publications on topics such as the biology of aging, exercise, doctor/patient communication, and menopause. The Institute produces the Age Pages - a series of fact sheets for consumers on a wide range of subjects including nutrition, medications, forgetfulness, sleep, driving, and long-term care. Information, publications, referrals, resource lists, and database searches on Alzheimer's disease are available through the Institute-funded ADEAR Center.

National Interfaith Coalition on Aging (NICA)

National Council on Aging (NCOA)

409 3rd Street, SW, Suite 200

Washington, DC 20024

Phone: 1-800-424-9046 (toll-free)

202-479-1200

Fax: 202-479-0735

Website: <http://www.ncoa.org>

The Coalition, a constituent unit of NCOA, consists of individuals and organizations of various faiths concerned with issues of religion, spirituality, and aging. NICA provides networking opportunities and educational programs.

National Legal Support for Elderly People with Mental Disabilities Project

Judge David L. Bazelon Center for Mental Health Law

1101 15th Street, NW, Suite 1212

Washington, DC 20005-5002

Phone: 202-467-5730

TTY: 202-467-4232

Fax: 202-223-0409

Email: hn1660@handsnet.org

Website: <http://www.bazelon.org>

The Project focuses on legal issues of older people, training legal aid lawyers, organizing workshops, and providing information on legal issues facing older people with mental disabilities. Contact the Project for publications on disability rights for older people.

National Policy and Resource Center on Nutrition and Aging

Department of Dietetics and Nutrition

Florida International University (FIU)

University Park, OE200

Miami, FL 33199

Phone: 305-348-1517

Fax: 305-348-1518

Email: nutreldr@fiu.edu

Website: <http://nutritionandaging.fiu.edu/>

The FIU Center, funded primarily by the Administration on Aging, works to reduce malnutrition and promotes good nutritional practices among older adults nationwide. The Center provides information dissemination, training and technical assistance, and policy analysis.

National Policy and Resource Center on Women and Aging (NPRCWA)

Heller Graduate School

Brandeis University, Mail Stop 035

PO Box 9110

Waltham, MA 02254-9110

Phone: 1-800-929-1995 (toll-free)

781-736-3866

Fax: 781-736-3865

Email: natwomctr@binah.cc.brandeis.edu

Website: <http://www.brandeis.edu/heller/national/>

NPRCWA focuses on older women's issues and provides policy analysis, research, and assistance to the network of Administration on Aging-funded State and Area Agencies on Aging. The Center provides information and publications on women's health, care giving, income security, and housing as well as prevention of crime and violence toward older women.

National Resource Center: Diversity and Long-Term Care (NRCDLTC)

The Heller School Schneider Institute for Health Policy

Brandeis University

PO Box 9110

Waltham, MA 02454-9110

Phone: 1-800-456-9966 (toll-free)

781-736-3930

Fax: 781-736-3965

Website: <http://www.sihp.brandeis.edu>

NRCDLTC, a partnership between Brandeis University and San Diego State University, provides information on methods, resources, systems, and services for caring for older people. The Center provides referrals to health policy resources and information on issues of diversity in aging, including disabilities, race, ethnicity, gender, generations, and chronic diseases. A list of publications is available on request.

National Resource Center on Native American Aging (NRCNAA)

PO Box 9037

Grand Forks, ND 58202-9037

Phone: 1-800-896-7628 (toll-free)

701-777-3437

Fax: 701-777-2389

Website: <http://ruralhealth.und.edu/projects/nrcnaa/>

The Resource Center, funded by the Administration on Aging, provides support, advocacy, and information for older Native Americans, including American Indians, Alaska Natives, and Native Hawaiians. Contact the Center for legal information and references, geriatric leadership training, cultural awareness, and a variety of publications.

National Resource Center on Supportive Housing & Home Modifications

USC Andrus Gerontology Center

3715 McClintock Avenue

Los Angeles, CA 90089-0191

Phone: 213-740-1364

Fax: 213-740-7069

Website: <http://www.homemods.org>

The Center is funded in association with The Archstone Foundation and The California Endowment. Contact the Center for information on government-assisted housing, assisted living policies, home modifications for older people, training and education courses, and technical assistance. Publications and fact sheets are available.

National Senior Citizens Law Center (NSCLC)

1101 14th Street, NW, Suite 400

Washington, DC 20005

Phone: 202-289-6976

Fax: 202-289-7224

Email: nsclc@nsclc.org

Website: <http://www.nsclc.org>

NSCLC offers assistance to Legal Aid Offices and private lawyers working on behalf of low-income older and disabled people. The Center does not accept individual clients but acts as a clearinghouse of information on legal problems such as age discrimination, Social Security, pension plans, Medicaid, Medicare, nursing homes, and protective services.

National Senior Games Association (NSGA)

3032 Old Forge Drive

Baton Rouge, LA 70808

Phone: 225-925-5678

Fax: 225-216-7552

Website: <http://www.nsga.com>

NSGA is a nonprofit organization promoting healthy lifestyles for older people through education, fitness, and sports. Its website announces Association events and activities and offers videotapes of group activities.

Native Elder Health Care Resource Center (NEHCRC)

University of Colorado Health Sciences Center

Campus Box A011-13

4455 East 12 Avenue

Denver, CO 80220

Phone: 303-315-9228

Fax: 303-315-9579

Email: dawn.wright@uchsc.edu

Website: http://aianp.uchsc.edu/nehcrc/nehcrc_index.htm

NEHCRC promotes the health of older Native people, including Alaska Natives and Native Hawaiians by increasing cultural competence among health care professionals. The Center focuses on four target areas: determining health status, improving medical

standards, increasing access to care, and mobilizing community resources. Contact NEHCRC for information on its programs and publications.

Older Women's League (OWL)

666 11th Street, NW, Suite 700
Washington, DC 20001
Phone: 1-800-TAKE-OWL (825-3695) (toll-free)
1-800-863-1539 (toll-free) (PowerLine)
202-783-6686
202-783-6689 (PowerLine)
Fax: 202-638-2356
Email: owlinfo@owl-national.org
Website: <http://www.owl-national.org>

OWL is a national organization advocating for the special concerns of older women. OWL helped develop the Campaign for Women's Health and the Women's Pension Policy Consortium. Contact OWL's 24-hour PowerLine for information about legal and political activity related to health care, access to housing, economic security, individual rights, and violence against women and older people. OWL newsletters are available.

Partnership for Caring, Inc. (PFC)/ America's Voices for the Dying

1620 Eye Street, NW, Suite 202
Washington, DC 20006
Phone: 1-800-989-9455 (toll-free)
Fax: 202-296-8352
Website: <http://www.partnershipforcaring.org/>

PFC is a national, nonprofit organization providing advocacy, resources, and information on the reform and enhancement of care for the dying. Contact the Partnership for referrals to resources and support groups, legal assistance, information on end-of-life issues, and the Consumers' End-Of-Life Bill of Rights. Links to member organizations, publication, and fact sheets are available.

Pension and Welfare Benefits Administration (PWBA)

Department of Labor
200 Constitution Avenue, NW, Room N5625
Washington, DC 20210
Phone: 202-219-8776 (Technical Assistance and Inquiries)
1-800-998-7542 (publications)
Fax: 202-219-8141
Website: <http://www.dol.gov/ebsa/>

PWBA, part of the Federal Government, protects the integrity of private pension, health, and other employee benefits plans. The Administration assists workers in obtaining inappropriately denied benefits. Contact PWBA for assistance with technical questions and publications on topics such as pension and health care benefits, 401(k) and cash

balance plans, planning for retirement, simplified employee pensions, and retiree health benefits. Most publications are also found on the website.

Pension Rights Center (PRC)

1140 19th Street, NW, Suite 602

Washington, DC 20036

Phone: 202-296-3776

Fax: 202-833-2472

Email: pnsnrightrights@aol.com

Webpage: <http://www.pensionrights.org/>

PRC's Legal Outreach Program advocates for the pension rights of workers, retirees, and their families. Contact the PRC for referrals to pension attorneys or for publications on pension law, divorce, Federal retirement plans, self-help guides on pension problems, or pension plan handbooks. Spanish language resources are also available.

SeniorNet (SN)

121 Second Street, 7th Floor

San Francisco, CA 94105

Phone: 1-800-747-6848 (toll-free)

415-495-4990

Fax: 415-495-3999

Email: press@seniornet.org

Website: <http://www.seniornet.org>

SeniorNet is a nonprofit, educational organization that provides information and services to help older people become computer literate. Locally funded SN teaching sites offer introductory computer classes on various topics, providing older people with discounts on computer hardware, software, and publications. Members can access SN from any online computer and order publications on buying and using computers.

Social Security Administration (SSA)

Office of Public Inquiries

6401 Security Boulevard

Baltimore, MD 21235

Phone: 1-800-772-1213 (toll-free)

Fax: 410-965-0695

Website: <http://www.ssa.gov>

SSA, part of the Federal Government, is the agency responsible for Social Security retirement programs, survivor benefits, disability insurance, and Supplemental Security Income. Contact SSA for information and assistance with Social Security benefits as well as eligibility and disability issues. A directory is available listing the SSA offices in each state.

SPRY Foundation

10 G Street, NE, Suite 600

Washington, DC 20002

Phone: 202-216-0401

Fax: 202-216-0779

Email: spryfoundation@nepssm.org

Website: <http://www.spry.org>

SPRY–Setting Priorities for Retirement Years–is a nonprofit foundation that develops research and education programs to help older adults plan for a healthy and financially secure future. The website links consumers to national health resources.

Well Spouse Foundation (WSF)

30 East 40th Street

New York, NY 10016

Phone: 1-800-838-0879 (toll-free)

212-685-8815

Fax: 212-685-8676

Email: wellspouse@aol.com

Website: <http://www.wellspouse.org>

WSF is a not-for-profit association of spousal caregivers. It offers support to the wives, husbands, and partners of chronically ill or disabled people. The Foundation has lists of support groups nationwide and sponsors recreational respite opportunities.

Part VII: State Agencies on Aging & Ombudsman Programs

<p><u>State Agencies on Aging</u></p>	<p><u>State Long-Term Care Ombudsman Programs</u> <i>(patient rights advocates for seniors in long term care facilities)</i></p>
<p>ALABAMA Alabama Department of Senior Services RSA Plaza, Suite 470 770 Washington Avenue Montgomery, AL 36130-1851 (334) 242-5743/ FAX: (334) 242-5594 http://www.adss.state.al.us/</p>	<p>State Long-Term Care Ombudsman Commission on Aging RSA Plaza, Suite 470 770 Washington Avenue Montgomery, AL 36130 (334) 242-5743/ FAX: (334) 242-3862</p>
<p>ALASKA Alaska Commission on Aging Division of Senior Services Department of Administration PO Box 110209 Juneau, AK 99811-0209 (907) 465-3250/ FAX: (907) 465-4716 http://www.adss.state.al.us/</p>	<p>State Long-Term Care Ombudsman Older Alaskans Commission 3601 C Street, Suite 260 Anchorage, AK 99503-5209 (907) 334-4480/ FAX: (907) 334-4486</p>
<p>ARIZONA Aging and Adult Administration Department of Economic Security 1789 West Jefferson Street - #950A Phoenix, AZ 85007 (602) 542-4446/ FAX: (602) 542-6575 http://www.de.state.az.us/links/aaa/page1.htm</p>	<p>State Long-Term Care Ombudsman Aging and Adult Administration Department of Economic Security 1789 West Jefferson - 950A Phoenix, AZ 85007 (602) 542-4446/ FAX: (602) 542-6575</p>
<p>ARKANSAS Division Aging and Adult Services Arkansas Department of Human Services PO Box 1437, Slot 14121417 Donaghey Plaza South Little Rock, AR 72203-1437 (501) 682-2441/ FAX: (501) 682-8155 http://www.state.ar.us/dhs/aging/</p>	<p>State Long-Term Care Ombudsman Arkansas Division of Aging and Adult Services PO Box 1437, Slot 1412 Little Rock, AR 72201-1437 (501) 682-2441/ FAX: (501) 682-8155</p>

<p>CALIFORNIA California Department of Aging 1600 K Street Sacramento, CA 95814 (916) 322-5290/ FAX: (916) 324-1903 http://www.aging.state.ca.us/</p>	<p>State Long-Term Care Ombudsman Department of Aging 1600 K Street Sacramento, CA 95814 (916) 324-3968/ FAX: (916) 323-7299</p>
<p>COLORADO Aging and Adult Services Colorado Department of Human Services 1575 Sherman Street, Ground Floor Denver, CO 80203 (303) 866-2800/ FAX: (303) 866-2696 http://www.cdhs.state.co.us/oss/aas/index1.html</p>	<p>State Long-Term Ombudsman The Legal Center 455 Sherman Street, Suite 130 Denver, CO 80203 (303) 722-0300 ext. 217 FAX: (303) 722-0720</p>
<p>CONNECTICUT Division of Elderly Services 25 Sigourney Street, 10th Floor Hartford, CT 06106-5033 (860) 424-5298/ FAX: (860) 424-4966 http://www.dss.state.ct.us/</p>	<p>State Long-Term Care Ombudsman Department on Aging 25 Sigourney Street - 10th Floor Hartford, CT 06106-5033 (860) 424-5200 ext. 5221 FAX: (860) 424-4966</p>
<p>DELAWARE Delaware Division of Services for Aging and Adults with Physical Disabilities Department of Health and Social Services 1901 North DuPont Highway New Castle, DE 19720 (302) 577-4791/ FAX: (302) 577-4793 http://www.dsaapd.com/index.htm</p>	<p>State Long-Term Care Ombudsman Delaware Services for Aging and Adults 1901 North Dupont Highway Main Administration Bldg. Annex New Castle, DE 19702 (302) 577-4791/ FAX: (302) 577-4793</p>
<p>DISTRICT OF COLUMBIA District of Columbia Office on Aging One Judiciary Square - 9th Floor 441 Fourth Street, NW Washington, DC 20001 (202) 724-5622/ FAX: (202) 724-4979 http://www.ci.washington.dc.us/aging/aghome.htm</p>	<p>Long-Term Care Ombudsman AARP - Legal Counsel for the Elderly 601 E Street, NW, 4th Floor, Building A Washington, DC 20049 (202) 434-2140/ Fax: (202) 434-6595</p>

<p>FLORIDA Department of Elder Affairs Building B - Suite 152 4040 Esplanade Way Tallahassee, FL 32399-7000 (850) 414-2000/ FAX: (850) 414-2004 http://elderaffairs.state.fl.us/</p>	<p>State Long-Term Care Ombudsman Florida State Long-Term Care Ombudsman Council Holland Building, Rm. 270 600 South Calhoun Street Tallahassee, FL 32301 1-888-831-0404/ FAX: (850) 488-5657</p>
<p>GEORGIA Division of Aging Services Department of Human Resources 2 Peachtree Street NE 36th Floor Atlanta, GA 30303 – 3176 (404) 657-5258/ FAX: (404) 657-5285 http://www.state.ga.us/Departments/DHR/aging.html</p>	<p>State Long-Term Care Ombudsman Division of Aging Services 2 Peachtree Street NW, 36th Floor Suite 36-385 Atlanta, GA 30303-3176 (888) 454-5826/ FAX: (404) 463-8384</p>
<p>GUAM Division of Senior Citizens Department of Public Health & Social Services PO Box 2816 Agana, Guam 96910 011-671-475-0263/ FAX: 671-477-2930</p>	
<p>HAWAII Hawaii Executive Office on Aging 250 South Hotel Street, Suite 109 Honolulu, HI 96813-2831 (808) 586-0100/ FAX (808) 586-0185 http://www.hawaii.gov/health/eoa/</p>	<p>State Long-Term Care Ombudsman Executive Office on Aging Office of the Governor 250 South Hotel Street, Suite 107 Honolulu, HI 96813-2831 (808) 586-0100/ FAX: (808) 586-0185</p>
<p>IDAHO Idaho Commission on Aging PO Box 83720 Boise, ID 83720-0007 (208) 334-3833/ FAX: (208) 334-3033 http://www.idahoaging.com/</p>	<p>State Long-Term Care Ombudsman Idaho Commission on Aging PO Box 83720 3380 American Terrace, Suite 1 Boise, ID 83720-0007 (877) 471-2777/ FAX: (208) 334-3033</p>
<p>ILLINOIS Illinois Department on Aging</p>	<p>State Long-Term Care Ombudsman</p>

<p>421 East Capitol Avenue, Suite 100 Springfield, IL 62701-1789 (217) 785-2870 Chicago Office: (312) 814-2916 FAX: (217) 785-4477 http://www.state.il.us/aging/</p>	<p>Illinois Department On Aging 421 East Capitol Avenue Suite 100 Springfield, IL 62701-1789 (217) 785-3143 FAX: (217) 524-9644</p>
<p>INDIANA Bureau of Aging and In-Home Services Division of Disability, Aging and Rehabilitative Services Family and Social Services Administration 402 W. Washington Street, #W454 PO Box 7083 Indianapolis, IN 46207-7083 (317) 232-7020/ FAX: (317) 232-7867 http://www.state.in.us/fssa/elderly/index.html</p>	<p>State Long-Term Care Ombudsman Indiana Division of Aging & Rehabilitation Services PO Box 7083-W454 402 W. Washington Street Indianapolis, IN 46207-7083 1-800-545-7763/ FAX: (317) 232-7867</p>
<p>IOWA Iowa Department of Elder Affairs Clemens Building, 3rd Floor 200 Tenth Street Des Moines, IA 50309-3609 (515) 242-3333/ FAX: (515) 242-3300 http://www.state.ia.us/elderaffairs/</p>	<p>State Long-Term Care Ombudsman Iowa Department of Elder Affairs Clemens Building 200 10th Street, 3rd Floor Des Moines, IA 50309-3609 (515) 242-3327/ FAX: (515) 242-3300</p>
<p>KANSAS Department on Aging New England Building 503 S. Kansas Avenue Topeka, KS 66603-3404 (785) 296-4986/ FAX: 785-296-0256 http://www.k4s.org/kdoa</p>	<p>State Long-Term Care Ombudsman Office of the State Long-Term Care Ombudsman 610 SW 10th Street, 2nd Floor Topeka, KS 66612-1616 (785) 296-3017/ Fax: (785) 296-3916</p>
<p>KENTUCKY Office of Aging Services Cabinet for Families and Children Commonwealth of Kentucky 275 East Main Street Frankfort, KY 40621 (502) 564-6930/ FAX: (502) 564-4595 http://chs.state.ky.us/aging/</p>	<p>State Long-Term Care Ombudsman Division of Family/Children Services 275 E Main St - 5th Fl W Frankfort, KY 40621 (800) 372-2991/ Fax: (502)-564-4595</p>

<p>LOUISIANA Governor's Office of Elderly Affairs PO Box 80374 Baton Rouge, LA 70898-0374 (225) 342-7100/ FAX: (225) 342-7133 http://www.gov.state.la.us/depts/elderly.htm</p>	<p>State Long-Term Care Ombudsman Governor's Office of Elderly Affairs 412 N. 4th Street - 3rd Floor PO Box 80374 Baton Rouge, LA 70802 (225) 342-7100/ Fax: (225) 342-7144</p>
<p>MAINE Bureau of Elder and Adult Services Department of Human Services 35 Anthony Avenue State House - Station #11 Augusta, ME 04333 (207) 624-5335/ FAX: (207) 624-5361 http://www.state.me.us/dhs/beas</p>	<p>Maine State Long-Term Care Ombudsman Program 1 Weston Court PO Box 128 Augusta, ME 04332 (207) 621-1079/ FAX: (207) 621-0509</p>
<p>MARYLAND Maryland Department of Aging State Office Building, Room 1007 301 West Preston Street Baltimore, MD 21201-2374 (410) 767-1100/ FAX: (410) 333-7943 http://www.mdoa.state.md.us</p>	<p>State Long Term Care Ombudsman Office on Aging State Office Building, Room 1007 301 West Preston Street Baltimore, MD 21201 (410) 767-1074/ FAX: (410) 333-7943</p>
<p>MASSACHUSETTS Massachusetts Executive Office of Elder Affairs One Ashburton Place, 5th Floor Boston, MA 02108 (617) 727-7750/ FAX: (617) 727-9368 http://www.state.ma.us/elder/</p>	<p>State Long-Term Care Ombudsman Executive Office of Elder Affairs 1 Ashburton Place, 5th floor Boston, MA 02108-1518 (617) 727-7750/ Fax: (617) 727-9368</p>
<p>MICHIGAN Michigan Office of Services to the Aging 611 W. Ottawa, N. Ottawa Tower, 3rd Floor PO Box 30676 Lansing, MI 48909 (517) 373-8230/ FAX: (517) 373-4092 http://www.mdch.state.mi.us/mass/mass_home.html</p>	<p>State Long-Term Care Ombudsman Citizens for Better Care 4750 Woodward Avenue, Suite 410 Detroit, MI 48201-1308 (313) 832-6387/ Fax: (313) 832-7407</p>

<p>MINNESOTA Minnesota Board on Aging 444 Lafayette Road St. Paul, MN 55155-3843 (651) 296-2770 TTY: (800) 627-3529 FAX: (651) 297-7855 http://www.mnaging.org/</p>	<p>State Long-Term Care Ombudsman Office of Ombudsman for Older Minnesotans 121 East Seventh Place, Suite 410 St. Paul, MN 55101 1-800-657-3591/ FAX: (651) 297-5654</p>
<p>MISSISSIPPI Division of Aging and Adult Services 750 N. State Street Jackson, MS 39202 (601) 359-4925/ FAX: (601) 359-4370 http://www.mdhs.state.ms.us/aas.html</p>	<p>State Long-Term Care Ombudsman Division of Aging & Adult Services 750 North State Street Jackson, MS 39202 (601) 359-4929/ FAX: (601) 359-4970</p>
<p>MISSOURI Division on Aging Department of Social Services PO Box 1337615 Howerton Court Jefferson City, MO 65102-1337 (573) 751-3082/ FAX: (573) 751-8687 http://www.dss.state.mo.us/da/da.htm</p>	<p>State Long-Term Care Ombudsman Division on Aging Department of Social Services PO Box 1337 615 Howerton Court Jefferson City, MO 65102-1337 (800) 309-3282/ FAX: (573) 751-8687</p>
<p>MONTANA Senior and Long Term Care Division Department of Public Health & Human Services PO Box 4210 111 Sanders, Room 211 Helena, MT 59620 (406) 444-4077/ FAX: (406) 444-7743 http://www.dphhs.state.mt.us/sltc</p>	<p>State Long-Term Care Ombudsman Office on Aging Department of Health and Human Services Senior & Long-Term Care Division PO Box 4210 111 Sanders Helena, MT 59604-4210 1-800-551-3191/ FAX: (406) 444-7743</p>
<p>NEBRASKA Division on Aging Department of Health and Human Services PO Box 95044 1343 M Street Lincoln, NE 68509-5044 (402) 471-2307/ FAX: (402) 471-4619</p>	<p>State Long-Term Care Ombudsman Department on Aging PO Box 95044 301 Centennial Mall-South Lincoln, NE 68509-5044 (402) 471-2307/ FAX: (402) 471-4619</p>

http://www.hhs.state.ne.us/ags/agsindex.htm	
<p>NEVADA Nevada Division for Aging Services Department of Human Resources State Mail Room Complex 3416 Goni Road, Building D-132 Carson City, NV 89706 (775) 687-4210/ Fax: (775) 687-4264 http://www.state.nv.us/hr/aging/</p>	<p>State Long-Term Care Ombudsman Nevada Division for Aging Services 445 Apple Street #104 Reno, NV 89502 Work: (775) 688-2964/ FAX: (775) 688-2969</p>
<p>NEW HAMPSHIRE Division of Elderly and Adult Services State Office Park South 129 Pleasant Street, Brown Building #1 Concord, NH 03301 (603) 271-4680/ FAX: (603) 271-4643 http://www.dhhs.state.nh.us/</p>	<p>State Long-Term Care Ombudsman Division of Elderly & Adult Services 129 Pleasant Street Concord, NH 03301-3857 (603) 271-4375/ FAX: (603) 271-4771</p>
<p>NEW JERSEY New Jersey Division of Senior Affairs Department of Health and Senior Services PO Box 807 Trenton, New Jersey 08625-0807 (609) 943-3436 1-800-792-8820/ FAX: (609) 588-3317 http://www.state.nj.us/health/senior/sraf/fair.htm</p>	<p>State Long-Term Care Ombudsman for Institutionalized Elderly PO Box 807 Trenton, NJ 08625-0807 (609) 943-4026/ FAX: (609) 588-3365</p>
<p>NEW MEXICO State Agency on Aging La Villa Rivera Building 228 East Palace Avenue Ground Floor Santa Fe, NM 87501 (505) 827-7640/ FAX: (505) 827-7649 http://www.nmaging.state.nm.us/</p>	<p>State Long-Term Care Ombudsman State Agency on Aging 1410 San Pedro NE Albuquerque, NM 87110 (505) 255-0971/ FAX: (505) 255-5602</p>
<p>NEW YORK New York State Office for The Aging 2 Empire State Plaza Albany, NY 12223-1251 1-800-342-9871 or (518) 474-5731 FAX: (518) 474-0608</p>	<p>State Long-Term Care Ombudsman Office for the Aging 2 Empire State Plaza Agency Bldg. #2 Albany, NY 12223-0001</p>

http://aging.state.ny.us/nysofa/	(518) 474-0108/ FAX: (518) 474-7761
NORTH CAROLINA Division of Aging Department of Health and Human Services 2101 Mail Service Center Raleigh, NC 27699-2101 (919) 733-3983/ FAX: (919) 733-0443 http://www.state.nc.us/DHR/DOA/home.htm	State Long-Term Care Ombudsman Division of Aging 693 Palmer Drive Caller Box # 29531 Raleigh, NC 27626-0531 (919) 733-8395/ FAX: (919) 715-0868
NORTH DAKOTA Aging Services Division Department of Human Services 600 South 2nd Street, Suite 1C Bismarck, ND 58504 (701) 328-8910 or (800) 451-8693 TDD (701) 328-8968 FAX: (701) 328-8989 http://lnotes.state.nd.us/dhs/dhsweb.nsf/ServicePages/AgingServices	State Long-Term Care Ombudsman Aging Services Division, DHHS 600 South 2nd Street, Suite 1C Bismarck, ND 58504 1-800-451-8693/ FAX: (701) 328-8989
NORTHERN MARIANA ISLANDS CNMI Office on Aging PO Box 2178 Commonwealth of the Northern Mariana Islands Saipan, MP 96950 (670) 233-1320/1321 FAX: (670) 233-1327/0369	
OHIO Ohio Department of Aging 50 West Broad Street - 9th Floor Columbus, OH 43215-5928 (614) 466-5500/ FAX: (614) 466-5741 http://www.state.oh.us/age/	State Long-Term Care Ombudsman Department of Aging 50 West Broad Street - 9th Floor Columbus, OH 43215-5928 (614) 644-7922/ FAX: (614) 644-5201
OKLAHOMA Aging Services Division Department of Human Services PO Box 25352 312 N.E. 28th Street	State Long-Term Care Ombudsman Aging Services Division, DHS 312 NE 28th Street - Suite 109 Oklahoma City, OK 73105

<p>Oklahoma City, OK 73125 (405) 521-2281/ FAX: (405) 521-2086 http://www.okdhs.org/aging</p>	<p>(405) 521- 6734/ FAX: (405) 521-2086</p>
<p>OREGON Senior and Disabled Services Division 500 Summer Street, NE, 3rd Floor Salem, OR 97301-1073 (503) 945-5811/ FAX: (503) 373-7823 http://www.sdsd.hr.state.or.us/</p>	<p>State Long-Term Care Ombudsman Office of the Long Term Care Ombudsman 3855 Wolverine NE, Suite 6 Salem, OR 97305 – 1251 (503) 378-6533/ FAX: (503) 373-0852</p>
<p>PENNSYLVANIA Pennsylvania Department of Aging Commonwealth of Pennsylvania Forum Place 555 Walnut Street, 5th floor Harrisburg, PA 17101-1919 (717) 783-1550/ FAX: (717) 772-3382 http://www.aging.state.pa.us/</p>	<p>State Long-Term Care Ombudsman Department of Aging 555 Walnut Street, 5th Floor PO Box 1089 Harrisburg, PA 17101 (717) 783-7247/ FAX: (717) 783-3382</p>
<p>PUERTO RICO Governor's Office of Elderly Affairs Commonwealth of Puerto Rico Call Box 50063 Old San Juan Station, PR 00902 (787) 721-5710, (787) 721-4560, (787) 721-6121/ FAX: (787) 721-6510</p>	<p>State Long-Term Care Ombudsman Governor's Office for Elder Affairs Call Box 50063, Old San Juan Station San Juan, Puerto Rico 00902 (787) 725-1515/ FAX: (787) 721-6510</p>
<p>RHODE ISLAND Department of Elderly Affairs 160 Pine Street Providence, RI 02903-3708 (401) 222-2858/ FAX: (401) 222-2130 http://www.state.ri.us/manual/data/queries/stdept .idc?id=23</p>	<p>State Long-Term Care Ombudsman Alliance for Better Long-Term Care 422 Post Road, Suite 204 Warwick, RI 02888 (401) 785-3340/ Fax: (401) 785-3340</p>
<p>SOUTH CAROLINA Office of Senior and Long Term Care Services Department of Health and Human Services PO Box 8206 Columbia, SC 29202-8206</p>	<p>State Long-Term Care Ombudsman Division on Aging 1801 Main Street PO Box 8206 Columbia, SC 29202-8206 (803) 868-9095/ FAX: (803) 898-4513</p>

<p>(803) 898-2501/ FAX: (803) 898-4515 http://www.dhhs.state.sc.us/</p>	
<p>SOUTH DAKOTA Office of Adult Services and Aging Richard F. Kneip Building 700 Governors Drive Pierre, SD 57501-2291 (605) 773-3656/ FAX: (605) 773-6834 http://www.state.sd.us/social/ASA/index.htm</p>	<p>State Long-Term Care Ombudsman Office of Adult Services and Aging 700 Governors Drive Pierre, SD 57501-2291 (605) 773-3656/ FAX: (605) 773-6834</p>
<p>TENNESSEE Commission on Aging Andrew Jackson Building, 9th floor 500 Deaderick Street Nashville, Tennessee 37243-0860 (615) 741-2056/ FAX: (615) 741-3309 http://www.state.tn.us/comaging/</p>	<p>State Long-Term Care Ombudsman Commission on Aging Andrew Jackson Building, 9th Floor 500 Deaderick Street Nashville, TN 37243-0860 (615) 741-2056/ FAX: (615) 741-3309</p>
<p>TEXAS Texas Department on Aging 4900 North Lamar, 4th Floor Austin, TX 78751-2316 (512) 424-6840/ FAX: (512) 424-6890 http://www.texas.gov/agency/340.html</p>	<p>State Long-Term Care Ombudsman Department on Aging 4900 North Lamar Boulevard, 4th Floor PO Box 12786 Austin, TX 78751-2316 (512) 424-6875/ FAX: (512) 424-6890</p>
<p>UTAH Division of Aging & Adult Services Box 45500 120 North 200 West Salt Lake City, UT 84145-0500 (801) 538-3910/ FAX: (801) 538-4395 http://www.hesdaas.state.ut.us/SrvAge.htm</p>	<p>State Long-Term Care Ombudsman Division of Aging and Adult Services Dept. Of Social Services 120 North 200 West, Room 401 Salt Lake City, Utah 84103 (801) 538-3924/ FAX: (801) 538-4395</p>
<p>VERMONT Vermont Department of Aging and Disabilities Waterbury Complex 103 South Main Street Waterbury, VT 05671-2301 (802) 241-2400/ FAX: (802) 241-2325</p>	<p>State Long-Term Care Ombudsman Vermont Legal Aid, Inc. PO Box 1367 Burlington, VT 05402 (802) 863-5620/ FAX: (802) 863-STET</p>

http://www.dad.state.vt.us/	
<p>VIRGINIA Virginia Department for the Aging 1600 Forest Avenue, Suite 102 Richmond, VA 23229 (804) 662-9333/ FAX: (804) 662-9354 http://www.aging.state.va.us/</p>	<p>State Long-Term Care Ombudsman Virginia Association of Area Agencies on Aging 530 East Main Street, Suite 428 Richmond, Virginia 23219 (800) 552-3402/ FAX: (804) 644-5640</p>
<p>VIRGIN ISLANDS Virgin Islands Department of Human Services Knud Hansen Complex, Building A 1303 Hospital Ground Charlotte Amalie, VI 00802 (340) 774-0930/ FAX: (340) 774-3466</p>	
<p>WASHINGTON Aging and Adult Services Administration Department of Social & Health Services PO Box 45050 Olympia, WA 98504-5050 (360) 725-2310 In-state only: 1-800- 422-3263 FAX: (360) 438-8633 http://www.aasa.dshs.wa.gov/</p>	<p>State Long-Term Care Ombudsman South King County Multi-Services Center 1200 South 336th Street PO Box 23699 Federal Way, WA 98093 (253) 838-6810/ FAX: (253) 874-7831</p>
<p>WEST VIRGINIA West Virginia Bureau of Senior Services Holly Grove - Building 10 1900 Kanawha Boulevard East Charleston, WV 25305 (304) 558-3317/ FAX: (304) 558-5699 http://www.state.wv.us/seniorservices/</p>	<p>State Long-Term Care Ombudsman Commission on Aging 1900 Kanawha Boulevard East Charleston, WV 25309 (304) 558-3317/ FAX: (304) 558-0004</p>
<p>WISCONSIN Bureau of Aging and Long Term Care Resources Department of Health and Family Services 1 West Wilson Street, Room 450 Madison, WI 53707-7850</p>	<p>State Long-Term Care Ombudsman Board on Aging and Long-Term Care 214 North Hamilton Street Madison, WI 53703-2118 1 (800) 815-0015/ FAX: (608) 261-6570</p>

<p>(608) 266-2536/ FAX: (608) 267-3203 http://www.dhfs.state.wi.us/Aging/</p>	
<p>WYOMING Division on Aging Wyoming Department of Health 6101 Yellowstone Road, Suite 259B Cheyenne, WY 82002-0710 (307) 777-7986/ FAX: (307) 777-5340 http://wdhfs.state.wy.us/aging/index.html</p>	<p>State Long-Term Care Ombudsman Wyoming Senior Citizens, Inc. 756 Gilchrist, PO Box 94 Wheatland, WY 82201 (307) 322-5553/ FAX: (307) 322-3283</p>

Part VIII: Tobacco Cessation Quitline Resources

Naval Hospital Twentynine Palms Health Promotion & Wellness manages the tobacco cessation program aboard MCAGCC. There is no longer a four week long class. All counseling is done one on one and medications are prescribed through the primary care providers. For more information, contact Health Promotion & Wellness at (760) 830-2814.

If the individual prefers to access a quitline, this is a list of the state tobacco cessation programs that provide counseling and information services to help you quit tobacco and live a longer, healthier life.

All states may access the National Cancer Institute telephone quitline at: 1-877-44U-QUIT (1-877-448-7848). Smoking cessation counselors from the National Cancer Institute are available to answer smoking-related questions in English or Spanish, Monday through Friday, 8:00 a.m. to 8:00 p.m. Eastern Time.

For help within your home state call 1-800-QUIT-NOW (1-800-784-8669/TTY 1-800-332-8615). This toll-free telephone number connects you to counseling and information about quitting smoking in your home state.

<p>Alabama 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 969-1393 TTY Website: http://www.alabamaquitnow.com/</p>	<p>Alaska 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (888) 842-QUIT English Website: http://alaskaquitline.com/</p>
<p>Arizona 1 (800) 556-6222 (English, Spanish, German, Arabic, and Italian) Website: www.ashline.org</p>	<p>Arkansas 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 590-8026 Spanish Website: http://www.stampoutsmoking.com/index.html</p>
<p>California 1 (800) NO-BUTTS (662-8887) 1 (800) 45-NO-FUME (Spanish) 1 (800) 778-8440 (Vietnamese) 1 (800) 838-8917 (Mandarin & Cantonese) 1 (800) 556-5564 (Korean) 1 (800) 933-4TDD (Hearing Impaired) 1 (800) 844-CHEW (Smokeless Tobacco)</p>	<p>Colorado 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 659-2656 TTY Website: https://colorado.quitlogix.org/www.co.quitnet.com</p>

<p>Website: www.nobutts.ucsd.edu www.californiasmokershelpline.org</p>	
<p>Connecticut 1 (866) END-HABIT (363-4224) English & Spanish 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 483-3114 Fax 1 (877) 777-6534 TTY Website: https://www.quitnow.net/connecticut/</p>	<p>Delaware 1 (866) 409-1858 1 (788) 709-5783 TTY Website: http://dhss.delaware.gov/dph/dpc/quitline.html</p>
<p>District of Columbia 1 (800) QUIT-NOW or 784-8669 (English & Spanish) Website: http://www.dctff.org/help-quitting/quitline/</p>	<p>Florida 1 (877) U-CAN-NOW (822-6669) (English, Spanish, Haitian-Creole) TTY: 1-866-228-4327 Website: http://floridaquitline.com</p>
<p>Georgia 1 (877) 270-STOP (7867) 1 (877) 266-3863 (Spanish) TTY: 1 (877) 777-6534 Website: http://www.livehealthygeorgia.org/quitLine/</p>	<p>Guam 1 (800) QUIT-NOW or 784-8669 (English & Spanish) Website: http://www.livehealthyguam.org/tobacco_free.html</p>
<p>Hawaii 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 777-6534 TTY Website: http://www.clearthesmoke.org/</p>	<p>Idaho 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (888) 229-2182 English Website: http://www.idahoquitnet.com/</p>
<p>Illinois 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 501-1068 TTY Website: http://www.quityes.org/</p>	<p>Indiana 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1-800-483-3114 Fax Website: http://www.in.gov/quitline/</p>
<p>Iowa 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 777-6534 TTY Website: www.quitlineiowa.org</p>	<p>Kansas 1 (800) QUIT-NOW (784-8669) English & Spanish 1 (866) 228-4327 TTY Website:</p>

	http://www.kdheks.gov/tobacco/cessation.html https://www.quitnow.net/Kansas/
Kentucky 1 (800) QUIT-NOW or 784-8669 (English & Spanish) TTY: 888-229-2182. 1 (800) 261-6259 Fax Website: http://chfs.ky.gov/dph/mch/hp/tobacco.htm	Louisiana 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 777-6534 TTY Website: www.tobaccofreeliving.org http://quitwithusla.org
Maine 1 (800) 207-1230 English & Spanish 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1(800) 457-1220 TTY/TDD Website: http://www.tobaccofreemaine.org/	Maryland 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 777-6534 TTY Website: http://www.smokingstopshere.com/
Massachusetts 1 (800) QUIT-NOW or 784-8669 (English & Spanish) Website: www.trytostop.org	Michigan 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1-877-777-6534 TTY Website: http://www.njhcommunity.org/michigan/
Minnesota 1 (888) 354-PLAN (7526) English/Spanish 1 (877) 559-3816 TTY Website: http://www.quitplan.com/	Mississippi 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 969-1393 TTY Website: www.quitlinems.com
Missouri 1 (800) QUIT-NOW or 784-8669 (English & Spanish) Website: http://health.mo.gov/living/wellness/tobacco/smokingandtobacco/tobaccocontrol.php#quitline	Montana 1 (800) QUIT-NOW or 784-8669 (English & Spanish) Website: http://tobaccofree.mt.gov/
Nebraska	Nevada

<p>1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 777-6534 TTY Website: http://www.quitnow.ne.gov</p>	<p>1 (800) QUIT-NOW or 784-8669 (English & Spanish) Website: http://www.livingtobaccofree.com/</p>
<p>New Hampshire 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 833-5256 Spanish 1 (800) 943-8284 English quit tips 1 (800) 943-8284 Spanish quit tips 1 (800) TDD-1477 (Hearing Impaired) 1 (800) 9-GET-A-TIP (943-8284) (24 hour tip messages) Website: http://www.trytostophnh.org</p>	<p>New Jersey 1 (866) NJSTOPS (657-8677) TTY: 1 (866) 257-2971 Website: http://www.njquitline.org/ www.nj.quitnet.com</p>
<p>New Mexico 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 483-3114 Fax 1 (877) 777-6534 TTY Website: http://www.quitnownm.com/</p>	<p>New York 1 (866) 697-8487 1 (800) 280-1213 TTY 1 (866) QUIT-FAX Fax Website: http://www.nysmokefree.com/</p>
<p>North Carolina 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 777-6534 TTY Website: http://www.quitlinenc.com</p>	<p>North Dakota 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (866) 388-7848 English/Spanish 1 (800) 390-4726 fax Website: http://www.ndhealth.gov/tobacco/</p>
<p>Ohio 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 229-2182 TTY Website: http://www.healthyohioprogram.org/tobc/quit.aspx</p>	<p>Oklahoma 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 793-1552 Spanish 1 (877) 777-6534 TTY Website: http://www.ok.gov/stopswithme/</p>
<p>Oregon 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 2-NO-FUME Spanish</p>	<p>Pennsylvania 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 777-6534 TTY</p>

<p>1 (877) 777-6534 TTY Website: www.oregonquitline.org</p>	<p>Website: http://www.portal.state.pa.us/portal/server.pt/community/smoke_free/14315/tobacco_prevention_and_control_programs_home/557661</p>
<p>Puerto Rico 1 (877) 335-2567 Spanish Website: http://www.salud.gov.pr/services/dejaloya/pages/default.aspx</p>	<p>Rhode Island 1 (800) QUIT-NOW or 784-8669 (English & Spanish) Website: http://www.quitnowri.com</p>
<p>South Carolina 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 784-8669 English/Spanish 1 (877) 777-6534 TTY Website: http://www.scdhec.gov/quitforkeeps</p>	<p>South Dakota 1 (866) SD-QUITS (737-8487) (English) 1 (800) 877-1113 Other than English 1 (866) 228-4327 TTY 1 (605) 332 - 3858 Fax 1 (605) 773- 3737 Quitline Administration Website: https://southdakota.quitlogix.org/</p>
<p>Tennessee 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 559-3816 TTY Website: http://health.state.tn.us/tobaccoquitline.htm</p>	<p>Texas 1 (877) YES-QUIT (937-7848) 1 (866) 228-4327 TTY: Website: http://www.dshs.state.tx.us/tobacco/quitlines.shtm</p>
<p>Utah 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 629-1585 Spanish 1 (888) 229-2182 TTY Website: http://health.utah.gov/tobacco/quitline.htm www.tobaccofreeutah.org</p>	<p>Vermont 1 (800) QUIT-NOW or 784-8669 (English & Spanish) TTY: 1-866-228-4327 Website: http://www.vermontquitnetwork.org</p>
<p>Virginia 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (800) 483-3114 Fax 1 (877) 777-6534 TTY</p>	<p>Washington 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 266-3863 Spanish 1 (877) 777-6534 TTY</p>

<p>Website: http://www.vahealth.org/cdpc/TUCP/QuitNow.htm</p>	<p>Website: www.quitline.com</p>
<p>West Virginia 1 (877) Y-NOT-QUIT (966-8784) 1 (800) QUIT-NOW or 784-8669 (English & Spanish) Website: http://www.wvquitline.com/</p>	<p>Wisconsin 1 (800) QUIT-NOW or 784-8669 (English & Spanish) 1 (877) 2NO-FUME (Spanish) 1 (877) 777-6534 TTY Website: http://www.wiquitline.org/ The program, Operation Quit Tobacco, provides free nicotine patches or gum to military personnel who call the Wisconsin Tobacco Quit Line at 1-800-QUIT-NOW. This program is available to all military personnel-active duty, Wisconsin National Guard members, reservists and all veterans.</p>
<p>Wyoming 1 (866) 996-7848 1 (800) QUIT-NOW or 784-8669 (English & Spanish) TTY 711 Website: http://www.wy.quitnet.com/</p>	