

Volunteer News...

www.visn2.va.gov

Recognizing the Efforts of VA Volunteers in Upstate New York



- **Volunteers and donations still needed for National Veterans Golden Age Games. See page 10 for details.**
- **Woodcrafters honor the fallen. Page 13.**



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Web Site

www.visn2.va.gov/vet/volunteer.asp

The VAVS newsletter has been created for all volunteers and potential volunteers of VA Health Care Upstate New York. This publication is meant to showcase the wonderful work our volunteers contribute to VA. Produced by VISN 2 Public Affairs. Printed by Veterans in the Therapeutic Printing Program, Bath VAMC.

We Want to Hear from You!

If you have any comments, questions, story ideas, etc. contact:
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Campaign Update

I would like to wish each of you a happy and healthy new year. It has already been a busy year for us as we gear up for the National Veterans Golden Age Games, which will be held in Buffalo, May 30 through June 4. We expect more than 800 Veteran athletes to compete in this sporting event. Veterans are gearing up to participate in cycling, swimming, golf, horseshoes and more in addition to the exhibition sport, sled hockey.



Dr. Patrick Welch

Volunteers and donations are still needed to help meet our goal of \$200,000. **Dr. Patrick Welch**, Vietnam Veteran and local Honorary Chairman for the 2013 National Veterans Golden Age Games, and I are pleased to announce that we have raised \$73,000 in monetary and in-kind donations from our generous community partners, local businesses, and private donors thus far. Our top three donors include:

\$20,000 from Wegmans

\$10,000 from American Veterans (AMVETS)

\$6,000 from National Society Daughters of American Revolution (Washington Headquarters, Abigail Fillmore Buffalo Chapter and Niagara Falls Chapter)

We want to thank everyone who has made a donation to the Games. Through your support our athletes will enjoy a week of therapeutic competition and camaraderie.

Donations and volunteers are still needed by May 2013 to reach our goal - we are counting on your help. If you are interested in volunteering or donating, please call us today.

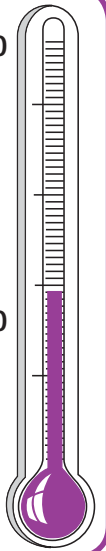
Sincerely,
David J. West, FACHE
Network Director

Help Us Reach Our Goal

\$200,000

2013 National Veterans Golden Age Games

\$73,000



Donation checks can be made out to:

VA Western New York Healthcare System,
with GPF 1815 Veterans National Golden Age Games
in the memo line and mail to:

VA Western New York Healthcare System
Voluntary Service, 3495 Bailey Avenue, Buffalo, NY 14215

For more information or a Golden Age Games donation package contact **Kelly Clark-Roberts** at (716) 862-8672 or **Mark Francis** at (716) 862-8667.

► Albany Highlights

Taking the Role as “Santa’s Elves”

The **American Legion Auxiliary** (ALA) provided over 200 gift cards for Veterans to send home to loved ones. Organized by **Mary Ann Davis**, the program ensures Veterans reach out to family members during the holidays.



Disabled American Veterans Recognize Drivers

New York State Disabled American Veterans (DAV) Commander, **Thomas Reiter II** (bottom row, center), hosted a luncheon to recognize the efforts of van drivers. The dedicated volunteers logged over 217,000 miles and transported 18,000 Veterans to and from medical appointments.

Adaptive Sports Program Donates

Members of **Jennings-Willets Post 346, American Legion**, presented a check to **Michele Ferraulo** of recreation therapy for the Adaptive Sports program. The post raised funds by hosting a barbeque.



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► Albany Highlights

Masonic Day Celebration

Members of the **Free and Accepted Masons** of the greater Albany area joined forces in support of Veterans for "Masonic Day." The annual event, coordinated by **Roland "Bud" Abare**, provided over thirty cases of toiletries, slippers, socks, winter hats and other much needed supplies for patients.



DVDs4Vets



Laurance Baschkin, Executive Director of **DVDs4Vets**, presented **Michele Ferrauilo**, of Recreation Therapy, with 250 DVDs and two portable DVD players for Veterans. The DVD players will be used for Veterans in the Intensive Care Unit.

Volunteer Opportunities

- Clothing room volunteers
- Companionship program volunteer
- Disabled American Veterans (DAV) van drivers
- Greeters
- Lab courier
- My HealthVet - must have computer skills
- No Veteran Dies Alone - Hospice
- Reminder phone calls
- Veterans to help Veterans with life skills
- Wheelchair escorts

Please contact **Jim Shulfer** at (518) 626-5507 for more information on volunteer opportunities.

Wish List

- Cans of regular coffee, creamer and sugar
- Crossword puzzle books (large print)
- Gift cards for Walmart, Price Chopper or Shop-Rite
- Gillette Fusion 5+1 razors and cartridges
- Hard candy
- Sweatpants and sweatshirts (all sizes)
- T-shirts and underwear (all sizes)
- Toiletries
- Winter boots
- Winter coats

Please contact **Jim Keller** at (518) 626-5506 for more information.

Calendar

Friday, February 1

Go Red for Women's Health Celebration

9:00 a.m., 3rd Floor Auditorium

February 10 - 16

National Salute

3rd Floor Auditorium

Sunday, February 17

Four Chaplains Brotherhood Ceremony

2:30 p.m., 11th Floor Chapel

Tuesday, March 5

Bethlehem Senior Chorus

9:00 a.m., 3rd Floor Auditorium

Monday, March 18

Former POW Recognition Luncheon

11:00 a.m., 4th Floor Wilson Lounge

Tuesday, March 26

VAVS Meeting

1:00 p.m., 3rd Floor Auditorium

March 22

Welcome Home Vietnam Veterans Day

Time TBD, 3rd Floor Auditorium

March 31 - April 5

National Winter Sports Clinic

Snowmass Village, CO

April 14 - 20

National Volunteer Week

► Bath Highlights

Remembering Pearl Harbor



The day included moments of remembrance and reflection. More than 50 Veterans gathered together on December 7 in remembrance of those who fell at Pearl Harbor. **Pvt. Sullivan** and **Pvt. Shaut** presented the flag and remarks were made by **Chaplain Searle**.

Red Cross Visit



Joel Robinson, Jr., Executive Director of the Sullivan Trail Chapter of the **Red Cross**, visited with Veterans and other Red Cross Volunteers on December 14.

Sons of the American Legion

Sons of the American Legion representative **William Crane** presented a check to Medical Center Director **Michael J. Swartz**, on December 10, to support the holiday fund. The money helped voluntary services purchase gifts for Veterans in the Community Living Center and domiciliary.



Tea Time



Peg Kopilchak and **Harriette Anderson**, both spouses of World War II Veterans, coordinated the first Women's Tea for the Community Living Center and domiciliary. For information on the next Women Veterans Tea contact **Catherine Roote** at (607) 664-4537.

Veterans Day



Left to right: **Frank Ellsworth**, assistant manager of the Painted Post **Walmart**; **Lynn Dinehart**, Voluntary Service Manager; **Dan Piganowski**, Veteran. In celebration of Veterans Day, Ellsworth shared a cake and card with Veterans on November 20.

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► Bath Highlights

American Legion Auxiliary Gift Shop



The **American Legion Auxiliary** has been hosting the gift shop for more than 40 years. During the 2012 holiday season, the program reached out to more than 200 Veteran families by providing gifts.

Wish List

- Body wash
- Creamer and sugar packets
- Coffee
- Denture adhesive
- Denture cleaner
- Deodorant
- Gift cards for fast food, Walmart, Kmart or grocery stores
- New sweat shirts or sweat pants
- Pre-paid phone cards

Volunteer Opportunities

- Clerical support (various departments)
- DAV volunteer drivers
- Friendly visitor volunteer-visit with Veterans
- Patient escorts
- Recreational aide
- Special event volunteers
- Sewing room assistant

Calendar

Thursday, January 17

VAVS Meeting
1:00 p.m.

Monday, January 21

Martin Luther King Ceremony and Chaplain Service

Sunday, February 10

Bingo Sponsored by Girl Scouts, Card Party
Sponsored by Sons of the American Legion #173, Music Festival hosted by AMVETS Post 245
1:00 p.m. - 5:00 p.m., Music Festival, Hornell
1:30 p.m., Bingo, Leisure Room
7:00 p.m., Card Party, Leisure Room

Monday, February 11

National Salute to Veteran Patient Week
creative arts festival, patient talent show
10:00 a.m., Community Living Center

Tuesday, February 12

Prattsburgh Jazz Band Concert
10:00 a.m., Community Living Center

Friday, February 15

Haverling Jazz Band Concert
10:00 a.m.

February 23

Ithaca College Football Fun Day

Sunday, March 17

Saint Patrick's Day
1:00 a.m., Trip Elmira Veterans of Foreign Wars #901

Saturday, March 23

Easter Dinner at Hornell Veterans of Foreign Wars
11:00 a.m.

Thursday, March 28

Volunteer Recognition Dinner
Hornell

Thursday, April 18

VAVS Quarterly Meeting
Veterans Affairs Voluntary Service meeting, 1:00 p.m.

► Canandaigua Highlights

Patriot Guard Riders Visit



Thanks to the **Patriot Guard Riders** for their participation in the Patriot Day Event on September 11 and Pearl Harbor Remembrance held on December 7.

Introducing New Eucharistic Ministers



Left to right are **John Rizzo**, **Father James Jaeger**, **Mary Adams**, and **Robert Pippin**. Rizzo, Adams, and Pippin are newly trained Eucharistic Ministers. Not pictured are **Jennifer Mortier** and **Marguerite Fontaine**.

Super Hero Day



Members of the **Victor Girls Volleyball Team** dressed in super hero costumes and spent October 21 hosting a Halloween party for 27 Veterans.

*Thank you for all
of your support*

Holiday Help



On December 3, students and staff from **Midlakes High School** counted, sorted, and boxed holiday gifts for Veterans.

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► Canandaigua Highlights



On October 27, **National American Legion Commander James Koutz** met with Veterans and toured the Veterans Crisis Line. Pictured left to right are National Commander **James E. Koutz**, State Commander **Timothy VanPatten**, State Auxiliary Commander **Sally Johnson**, National Executive Committee Person **Charles Herschlag**, and State Commander Sons of American Legion **John Knapp**.



Navy Veteran **Paul Donaldson** reviews information at the health education fair on October 10.

Volunteer Opportunities

All volunteers must complete orientation prior to volunteering. Orientations are in Voluntary Service (Building 7, basement, room 19) on Wednesdays at 10:00 a.m. Please call Louise to schedule an appointment at (585) 393-7729. Thank you for considering volunteering with the Canandaigua VA Medical Center.

Canandaigua VA

- Activities - Evening and weekend help with various recreation activities, socialization, games, cleanup, and wheelchair escort
- Bowling Alley - Flexible days and hours
- Clerical assistant - Flexible days and hours
- Compassionate Companion for Hospice - Prefer hospice-trained volunteers, but all applicants considered
- Driver - CDL-B, pass endorsement - Flexible-all hours available/seven days per week
- Grounds crew volunteer - Assist grounds in planting, clearing, beautifying grounds
- Laundry volunteer - Weekdays 7:00 a.m. - 5:30 p.m., three or more hour shift
- Library - Saturdays fill in as needed
- Loving Spoonful Volunteer - Evening & weekend meal time
- My HealthVet - Distribute information, assist Veterans interested in enrolling
- Pharmacy - Monday, Wednesday, Friday mornings
- Seamstress - Flexible days and hours
- Wheelchair escorts - Various days and shifts available
- Veteran Transportation - Various days and shifts available

Rochester Veterans Center - Mt. Hope Ave.

- Clerical and Resource Compiler - Flexible hours
- My HealthVet - Distribute information for program. Assist Veterans interested in enrolling in the program.

Rochester VA Outpatient Clinic - Westfall Rd.

- Van drivers for DAV transportation network weekdays 7:00 a.m. - 2:00 p.m.

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► Canandaigua Highlights

Wish List

- Body lotion
- Coffee, creamer, sugar, sugar substitute
- Deodorant, shampoo, shaving cream, forever postage stamps
- Gift cards from Walmart, Wegmans, Tops, iTunes; prepaid gas & phone cards
- Monetary donations for wood shop
- Monetary donations needed to support the Recreation Therapy Canine Program
- Nail clippers
- New socks, underwear, sweatshirts, sweatpants, swim trunks and t-shirts
- Non-perishable foods and baking items
- Paper plates and napkins
- Tickets to sporting events, zoo and outings, bowling or movie tickets

For Homeless Program:

- Alarm clocks
- Brooms
- Kitchen items (dishes and utensils)
- Mops
- New air mattresses
- New blankets & pillows
- New vacuum cleaners
- Toilet paper and cleaning supplies

Monetary donations are always welcome. If you, or your organization, wish to make a donation to the account of your choice, please specify that you are in agreement that food and beverages may be purchased for Veterans. This is in compliance with the new rules and regulations associated with the purchase of food.

Contact Voluntary Service for more information.



Special thanks to the family of **Gregory F. Zavota** for the donation of a 12-passenger van that will be used in the Homeless Outreach Program.

Calendar

Second Monday of each month

Bee Keepers Association

7:00 p.m.

Third Monday of each month

Canandaigua Lake Trout Unlimited Meeting

7:30 p.m.

Fourth Tuesday of each month

(January - May)

Project Healing Waters Clinic

7:00 p.m.

Fourth Wednesday of each month

R/C Model Flying Club

6:00 p.m.

*Tuesday, February 5

Bingo

7:00 p.m.

Wednesday, February 13

VAVS/Community Council Meeting

1:00 p.m.

Week of February 10 - 16

National Salute to Veteran Patient Week

March 4 - 6

VAVS National Meeting-Raleigh, NC

Wednesday, March 13

ARC Blood Drive

10:00 a.m. - 3:00 p.m.

Wednesday, March 6

Creative Arts Show

10:00 a.m. - 1:00 p.m.

*Sunday, March 10

Bingo

Noon

*Tuesday, April 2

Bingo

7:00 p.m.

*Sunday, April 7

Bingo

Noon

Wednesday, April 24

Volunteer Awards Banquet

Burgundy Basin Inn

11:00 a.m.

April 21st -27

National Volunteer Week

Bldg. 7 Conference Room

Catholic Mass is held Mondays and Tuesdays in the Catholic Chapel in Bldg. 3 at 11:00 a.m.

Protestant Services are held Sundays starting at 8:45 a.m. - 11:30 a.m.

Please contact Chaplain Service at (585) 393-7886 for more information.

*Escorts Needed

Escorts are needed 45 minutes prior to events to take Veterans to the auditorium and pavilion. Without your assistance, many of the Veterans may not be able to participate.



The National Veterans Golden Donate or volunteer today

Veterans will be in Buffalo May 30 through June 4 to compete in the largest sporting event sponsored by the Department of Veterans Affairs, and Veterans Canteen Service. Donations and volunteers are needed from local businesses and the community to help host over 800 Veterans competing in the 27th National Veterans Golden Age Games. Donations are welcomed at all levels to help reach the goal of \$200,000. Sponsors will be able to promote their company name and brand through signage, programs, and memorabilia.

The Games provide a multi-event sports and therapeutic recreation program for military Veterans 55 years of age and older who receive care through any VA medical facility.

Your donations will help support the health and welfare of America's Veterans and help make the event a memorable experience. Veterans who participate in sports experience:

- less stress
- more energy
- better sleep
- a boost in brainpower
- improved mood

Call today to volunteer or make a donation...

Your contributions mean a lot to us and our service members who put their lives on the line to protect our nation. Please contact **Mark Francis** at (716) 862-8667 or **Kelly Clark-Roberts** at (716) 862-8672 for more information.

Donation checks can be made to:

VA Western New York Healthcare System
GPF 1815 National Veterans Golden Age Games
VA Western New York Healthcare System
Voluntary Service, 3495 Bailey Ave.,
Buffalo, NY, 14215

Additional information and continuous updates can also be found online at www.Veteransgoldenage-games.va.gov



The National Society Daughters of the American Revolution donated a total of \$6,000 to the 2013 Golden Age Games. Pictured left to right with this contribution are Veterans Affairs Voluntary Service (VAVS) Deputy Representative **Melody Burow**, VA Western New York Healthcare System Associate Director **Jason Petti**, and VAVS Representative **Irene Rupp**.



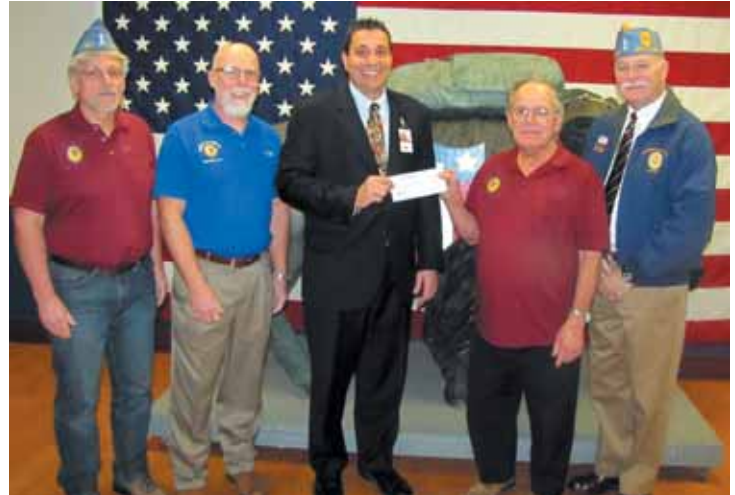
The Sons of the American Legion Squadron #880, of Eden, donated \$1,000 to the Games. Pictured left to right are **Ken Szal**, American Legion representative; **Larry Clerc**, American Legion representative; **Wayne Mintz**, American Legion representative; **Mark Sisti**, American Legion representative; **Curtis Hodge**, American Legion representative; **Mark Francis**, Buffalo Volunteer Program Manager; **Larry Szal**, American Legion representative; **Bob Reed**, American Legion representative.

Age Games coming to Buffalo

May 30-June 4, 2013



The **Women's Committee of United Steel Workers Local 5429**, the **Membership of United Steel Workers Local 5429**, and **Cutco Cutlery Corporation**, donated \$3,000 to be used for the 27th National Veterans Golden Age Games. In addition to this gift, Local 5429 pledged to provide volunteers. Pictured left to right are **Leo Reynolds III**, President of the United Steel Workers Local 5429; **Holly Clark**, Local 5429 Women of Steel Representative; **Mark Francis**, Buffalo Volunteer Program Manager; **Phyllis Montgomery**, Local 5429 Women of Steel Representative; **Nicki Case**, Local 5429 Women of Steel Representative; **Tim O'Keefe**, Labor Relations Manager of Cutco Cutlery Corporation.



The **Sons of the American Legion Squadron #527** presented a \$2,000 check for the Games. Pictured left to right are **Ed Warhol**, Finance Officer; **Mick Cihak**, Vice Commander; **Jason Petti**, Associate Medical Center Director; **John Poppenberg**, Commander; **Doc Gibbs**, Past State Commander.

Join the companies and organizations that have already made a difference.

Donate today.



American Legion Post #527, of Hamburg, donated \$3,500, with \$1,000 going to Golden Age Games. Pictured left to right are **Dan Murphy**, American Legion representative; **Bob Kenefic**, American Legion representative; **Brian Stiller**, Medical Center Director; **Tom Masters**, American Legion representative; and **Jim Koester**, American Legion representative.



The **American Legion Grand Island Post #1346** donated a \$500.00 check to the "Warriors on the Waterfront." Pictured left to right are **Joseph Synakowski**, First Vice Commander of the ALGIP 1346; **Jason Petti**, Buffalo Associate Medical Center Director; **Fred Wornick**, Commander of the ALGIP 1346; **Brian Stiller**, Buffalo Medical Center Director; **Ray DeGlopper**, Second Vice Commander of the ALGIP 1346.

► Syracuse Highlights

Woodcrafters honor the fallen

Air Force Veteran **Tim Curley**, Navy Veteran **Paul Denis**, and Army Veteran **Pete Taylor**, have teamed up in making memorial displays for Veterans who have passed away. The displays are placed in Veteran's rooms for their honored service.

Curley and Taylor began making displays after seeing memorial tables in a Veterans Affairs magazine. "We can make these even better," said Taylor.

The Army Veteran has a love for woodworking - especially military related shadowboxes. He became interested in woodworking 20 years ago when he received a gift from his late father-in-law. It was a circular saw and toolbox.

"Paul and I have enjoyed many moments of camaraderie, not only with our past days in the military, but with our woodworking hobby as well," he said.

Paul Denis began woodworking many years ago when he was on active duty stationed at Naval Air Station Patuxent River. While there, he met an old chief working on a shadowbox. He learned the craft from him and has been building shadowboxes for flags, medals, swords, military items ever since.

Taylor and Dennis believe in the camaraderie of military service, regardless of branch. "We are all Veterans, whether active duty, retired, National Guard or Reserve," said Pete. "That is an honor."

Families and friends can take home a card along with a picture of the displayed table. Anyone who knows and cares for the Veteran can sign the card.



Pete Taylor



Paul Denis

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► Syracuse Highlights



Dave Hennessey



Ernie Green

Life Saving Responders

Left to right-Veterans Affairs (VA) employee **Dave Hennessey** and 2012 Volunteer of the Year **Ernie Green** were among the first to respond to a stricken Veteran in VA's parking garage on November 15. Both men worked together to perform lifesaving CPR, and administer an automated external defibrillator (AED), on the Veteran until VA's Emergency Medical Response Team arrived. The Veteran was successfully stabilized on site thanks to their quick actions.

Wish List

- Denture adhesive
- Gift cards to local restaurants (Varsity Pizza, Texas Roadhouse, Olive Garden) to name a few

Father Christmas



From left to right - Recreation Therapist **Suzanne Hawes**, Father Christmas, Voluntary Service Officer **Robert Hawes**, and **Pat Cavallo**, Knights of Columbus.

Ronan



Ronan Pierie donated personal care items, clothing, books, and food to Veterans. The donations were distributed throughout the medical center to the Women's Health Clinic, the Community Care Center, and the library.

The Syracuse VA Medical Center would like to thank all of the donors for their wonderful contributions to the Syracuse VA Recreation program. Your thoughtful contributions have enhanced the Veteran's experience as a patient at our Medical Center.

► Western New York Highlights

Boy Scout Troops

Left to right-Boy Scout Troop #409 member **Michael Clayback**, Volunteer Program Manager **Mark Francis**, and Boy Scout Troop #409 Eagle Scout **Christian Clark**, display items collected during a Personal Hygiene Drive. Clark led the drive and distributed 1,200 flyers to houses throughout West Seneca, coordinated help from 45 volunteers, and collected 4,244 items valued at approximately \$2,975.



Wish List

- Art therapy supplies-Buffalo
- Birthday cards-Batavia and Buffalo
- Bus tokens for Niagara Frontier Transportation Authority-Buffalo
- Bread mixes-Batavia and Buffalo
- Canteen books-Batavia
- Comping coupons-Batavia and Buffalo
- Diabetic socks-Batavia
- DVDs-Buffalo
- Gift cards for Babies "R" Us, Target, Tops, Walmart, and Wegmans-Buffalo
- Gift cards for local restaurants like Alex's, TF Browns, Tully's, Pauly's Pizza-Batavia
- Patient activities-Recreation Service-Batavia and Buffalo
- Phone cards-Buffalo and Batavia
- Rolls of quarters for daily newspapers-Batavia and Buffalo
- Seasonal admission tickets for Bills, Sabres, other recreational outlets-Batavia and Buffalo
- Snack packs-Batavia and Buffalo
- Stamps and stationery-Buffalo
- Travel dollars and financial support for Veterans in need-Batavia and Buffalo
- Treadmills-Batavia and Buffalo
- Welcome kits-personal hygiene items-Batavia and Buffalo
- Veterans Clothing Room - unused items including combs, diabetic and athletic socks, large nail clippers, sweat pants, sweat shirts, T-shirts, men's and women's undergarments

Calendar

Sunday, February 3

Four Chaplain's Memorial Service

Freedom Hall-Buffalo Campus-2:00 p.m

Thursday, February 14

National Salute to Veteran Patients Open House, Visitation and Refreshments

Freedom Hall-Buffalo Campus-1:00 p.m.

Community Living Centers-Batavia Campus-TBD

Monday, February 19

Presidents Day-Holiday (Observed)

Wednesday, March 20

VA Voluntary Service (VAVS) Meeting(s)

Batavia-Building 4, Auditorium-1:30 p.m.

Buffalo-Freedom Hall-1:30 p.m.

Tuesday, April 9

National Prisoners of War Recognition Day Observance

Freedom Hall-Buffalo Campus-1:00 p.m.

Wednesday, April 17

Buffalo Campus Volunteer Awards Recognition Brunch

Hearthstone Manor-10:00 a.m.

Sunday, April 21 thru Saturday, April 27

National Volunteer Week

Daily Refreshments Served-Buffalo and Batavia Campuses

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► Western New York Highlights

Volunteer Opportunities

- Adult Day Health Care Program-Buffalo
- Veterans Canteen Service-Batavia
- Clerical-Batavia and Buffalo
- Coffee Cart-Buffalo
- Community Living Center's Coffee Cart-Batavia
- Community Living Center support Batavia and Buffalo
- Computer assistant-Batavia and Buffalo
- DAV Volunteer Transportation Program-Batavia and Buffalo
- Emergency Room and Women's Wellness Clinic - Buffalo
- Friendly Visitor Volunteer-Batavia and Buffalo
- Grounds support-seasonal opportunities-Batavia
- My HealtheVet Assistant-Batavia and Buffalo
- Mailroom
- Occupational Therapy-Batavia
- Patient Escort/Transport Service-Batavia and Buffalo
- Physical Therapy Service/Outpatient Clinic Batavia and Buffalo
- Recreational aide-Batavia and Buffalo
- Reminder phone calls-Buffalo
- Volunteer program office



Left to right-Walmart Assistant Manager **Brandi Mumau**, Walmart Personnel Coordinator **Michelle Rosner**, and Volunteer Program Specialist **Kelly Clark-Roberts**, hold a flag on Veterans Day presented to Veterans from Walmart.



Left to right-**Matthew Bowen**, Salvation Army volunteer; **Samuel Feaster**, Veteran and Veterans Service Center staff; **Christopher Gresart**, Sgt. Maj. of the Salvation Army, Lockport ; and **Frank Churney**, Pathfinder volunteer, presented the facility with a large Christmas card.

VA Health Care Upstate New York
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 VA at Clinton Crossings
 919 Westfall Rd., Bldg. B, Suite 115
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 Albany, NY 12208
 (518) 626-5000

Batavia
 222 Richmond Avenue
 Batavia, NY 14020
 (585) 297-1000

Bath
 76 Veterans Avenue
 Bath, NY 14810
 (607) 664-4000

Buffalo
 3495 Bailey Avenue
 Buffalo, NY 14215
 (716) 834-9200

Canandaigua
 400 Fort Hill Avenue
 Canandaigua, NY 14424
 (585) 394-2000
 (800) 204-9917

Syracuse
 800 Irving Avenue
 Syracuse, NY 13210
 (315) 425-4400

Community-Based Outpatient Clinics

Auburn
 Auburn Memorial Hospital
 17 Lansing St.
 Auburn, NY 13021
 (315) 255-7002

Bainbridge
 109 North Main Street
 Bainbridge, NY 13733
 (607) 967-8590

Binghamton
 425 Robinson Street
 Binghamton, NY 13901
 (607) 772-9100

Catskill
 Greene Medical Bldg.
 159 Jefferson Heights
 Catskill, NY 12414
 (518) 943-7515

Clifton Park
 1673 Route 9
 Clifton Park, NY 12065
 (518) 626-5205

**Coudersport Satellite
 Clinic of Wellsville**
 24 Maple View Lane, Suite 2
 Coudersport, PA 16915
 (814) 260-9342

Dunkirk
 Valor Health Center
 166 East 4th Street
 Dunkirk, NY 14048
 (800) 310-5001

Elmira
 Health Services Building
 200 Madison Avenue
 Suite 2E
 Elmira, NY 14901
 (877) 845-3247 ext. 44640

Fonda
 Camp Mohawk Plaza
 2623 State Highway 30A
 Fonda, NY 12068
 (518) 853-1247

Glens Falls
 84 Broad Street
 Glens Falls, NY 12801
 (518) 798-6066

Jamestown
 608 West 3rd Street
 Jamestown, NY 14701
 (716) 338-1511

Kingston
 63 Hurley Avenue
 Kingston, NY 12401
 (845) 331-8322

Lackawanna
 Our Lady of Victory
 Family Care Center
 227 Ridge Road
 Lackawanna, NY 14218
 (716) 822-5944

**Springville Satellite
 Clinic of Lackawanna**
 27 Franklin Street
 Springville, NY 14141
 (716) 592-7400

Lockport
 5883 Snyder Drive
 Lockport, NY 14094
 (716) 438-3890

Malone
 3372 St. Rt. 11, Main Street
 Malone, NY 12953
 (518) 483-1529

**Mansfield Satellite
 Clinic of Elmira**
 63 Third Street
 Suite 104
 Mansfield, PA 16901
 (570) 662-0507

Massena
 1 Hospital Drive
 Massena, NY 13662
 (315) 769-4253

Niagara Falls
 2201 Pine Avenue
 Niagara Falls, NY 14301
 (716) 862-8580

Olean
 465 North Union Street
 Olean, NY 14760
 (716) 373-7709

Oswego
 437 State Route 104E
 Oswego, NY 13126
 (315) 207-0120

Plattsburgh
 80 Sharron Avenue
 Plattsburgh, NY 12901
 (518) 561-6247

Rochester
 465 Westfall Road
 Rochester, NY 14620
 (585) 463-2600

Rome
 Griffiss Park
 125 Brookley Road,
 Building 510
 Rome, NY 13441
 (315) 334-7100

Saranac Lake
 33 Depot St.
 Saranac Lake, NY 12983
 (518) 626-5237

Schenectady
 1322 Gerling St.
 Sheridan Plaza
 Schenectady, NY 12308
 (518) 346-3334

Tompkins/Cortland County
 1451 Dryden Road
 Freeville, NY 13068
 (607) 347-4101

Troy
 295 River Street
 Troy, NY 12180
 (518) 274-7707

Watertown
 19472 U.S. Route 11
 Watertown, NY 13601
 (315) 221-7026

Wellsville
 3458 Riverside Drive, Route 19
 Wellsville, NY 14895
 (877) 845-3247 (Bath)

Westport/Elizabethtown
 7426 NYS Rte. 9N
 Westport, NY 12993
 (518) 626-5236

**Vet Centers
 Albany Vet Center**
 17 Computer Drive West
 Albany, NY 12205
 (518) 626-5130

Binghamton Vet Center
 53 Chenango Street
 Binghamton, NY 13901
 (607) 722-2393

Buffalo Vet Center
 2372 Sweet Home Road,
 Suite 1
 Buffalo, NY 14228
 (716) 862-7350

Rochester Vet Center
 2000 South Winton Road
 Building 5, Suite 201
 Rochester, NY 14618
 (585) 232-5040

Syracuse Vet Center
 716 East Washington Street,
 Suite 101
 Syracuse, NY 13210
 (315) 478-7127

Watertown Vet Center
 210 Court Street, Suite 20
 Watertown, NY 13601
 (315) 782-5479

Caregiver Support

1-855-260-3274

For help with caring for a disabled Veteran
www.caregiver.va.gov

Health Information on the Web

www.myhealth.va.gov

National Call Center for Homeless Veterans Hotline

1-877-4AID-VET

1-877-424-3838

TelCare

1-888-838-7890

24-hour, toll-free medical advice for
 enrolled Veterans

Veterans Crisis Line

1-800-273-TALK (8255) press "1"

Veterans Service Contact Center

1-888-823-9656

For information on eligibility, VA health
 care benefits, enrollment, or questions
 on your billing statement