

# Volunteer News...

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Recognizing the Efforts of VA Volunteers in Upstate New York



■ **Volunteers Got Talent**

■ **Guinness World Champion Donates to VA**

★★★★ May/June/July 2012



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## Web Site

[www.visn2.va.gov/vet/volunteer.asp](http://www.visn2.va.gov/vet/volunteer.asp)

The VAVS newsletter has been created for all volunteers and potential volunteers of VA Health Care Upstate New York. This publication is meant to showcase the wonderful work our volunteers contribute to VA. Produced by VISN 2 Public Affairs. Printed by Veterans in the Therapeutic Printing Program, Bath VAMC.

## We Want to Hear from You!

If you have any comments, questions, story ideas, etc. contact:  
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Rochester, NY 14618  
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# Volunteers Got Talent

Each of us is unique and are born with certain talents or a natural inclination to do something well. Whether it is drawing, painting, singing, playing an instrument or sport, sewing, fixing cars, organizing, cooking, or working with people we each have our own set of talents.



In this issue we are highlighting volunteers – volunteering and sharing their talents with Veterans.

Volunteers who donate their time and share their talent bring entertainment, enjoyment and a little change of pace in the lives of Veteran patients.

On a personal note I recently had the opportunity to share my interest in cooking with the patients on the Canandaigua Community Living Center. It was an enjoyable and fun time for the Veterans. They were able to order any omelet of their choice and I cooked it for them. For me it was a very enjoyable and rewarding experience to share something I like to do with others.

If you have been volunteering at VA and harboring a talent I encourage you to think about sharing it. Voluntary Service would love to hear from you.

Sincerely,

**David J. West, FACHE**  
*Network Director*

*The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves.*

Helen Keller



## 'Like' Us On Facebook

'Like' your VA Medical Center on Facebook go to your Medical Center home page:

[www.albany.va.gov](http://www.albany.va.gov)

[www.bath.va.gov](http://www.bath.va.gov)

[www.canandaigua.va.gov](http://www.canandaigua.va.gov)

[www.syracuse.va.gov](http://www.syracuse.va.gov)

[www.buffalo.va.gov](http://www.buffalo.va.gov)

# ➤ Albany



Despite the recent devastation caused by hurricane Irene in the Prattsville area, members of the **American Legion Virgil E. Deyo Post #1327** and **American Legion Auxiliary Unit #1327** continue to provide substantial donations of goods for Veterans at the Stratton VA Medical Center.



Members of the **Ticonderoga Chapter of the New York State Daughters of the American Revolution** donated beautiful handmade quilts and custom picture books for our Veterans this past Holiday Season.



Several members of the **Patriot Guard Riders of New York** donated their time and over one hundred boxes of Girl Scout cookies to the Medical Center. The cookies were distributed to Veterans on Heroes Way, Victory Lane, Behavioral Health and Adult Day Health.

**Science Applications International Corporation (SAIC)**, a Fortune 500 scientific, engineering and technology applications company, has partnered with the Stratton VA Medical Center to help our local Veterans with their Military Alliance Group's (MAG) "Sweats for Vets" program."

**Mr. Kevin Van Detta** from SAIC Energy, Environment & Infrastructure, LLC (SEE&I) and member of the SAIC MAG, presented Jim Keller of Voluntary Services with a check and sweat shirts for our Veterans at the Stratton VA Medical Center. Mr. Van Detta is spearheading the effort to expand the MAG's national "Sweats for Vets" campaign to the Albany area.

Mr. Van Detta, a Veteran himself, has emphasized SAIC's commitment to help Veterans not only locally but nationally and we are off to a great start here at the Stratton VA!



Left to right: **Jim Keller**, Voluntary Service Manager and **Kevin Van Detta** from SAIC

## Volunteer Opportunities

- Drivers
- No One Dies Alone - Hospice Unit
- Wheelchair Escorts
- My HealtheVet - must have computer skills
- Recreational Aide
- Veterans to help Veterans with Life Skills

## Wish List

- Cans of regular coffee
- Electric shavers (new only)
- Funds - GPF 1327 - Stratton Inn refurbishing
- Gift cards for Wal-Mart or Price Chopper
- Gillette Fusion 5+1 razors and cartridges
- Ladies shower shoes
- Sweatpants and sweatshirts (all sizes)

\* Contact Jim Keller at (518) 626-5506 for more information

## Calendar

**Tuesday May 22nd**  
**VAVS Committee Meeting**

Auditorium  
1:00 p.m.

**Monday May 28th**  
**Memorial Day Parade**

9:30 a.m.

**Monday May 28th**  
**Saratoga National Cemetery Ceremony**

2:30 p.m.

**Friday June 1st**  
**Cancer Survivors Day**

**Saturday June 16th**  
**Volunteer Recognition Picnic**

Polish American Citizens Club

**Wednesday July 4th**  
**Patient Visitation and Gift Distribution**

Auditorium  
9:30 a.m.

**Saturday August 4th**  
**Car Show sponsored by**  
**Vietnam Veterans of America**

Employee Parking Lot  
10:00 a.m. to 3:00 p.m.

# ► Bath

## New Director Appointed to Bath VA Medical Center

**Mike Swartz**, FACHE has been appointed Medical Center Director for the Bath VA Medical Center. Mr. Swartz was the Associate Medical Center Director at the Syracuse VA Medical Center since July 2004.



## Volunteer Positions

- Clerical Support
- Community Living Center: escorts, visitors and recreation activities
- Hospital Greeter
- Patient Escorts
- Recreation Activities
- Veterans Transportation Network (VTN)/DAV Transportation Drivers

## Wish List

- Baby Shampoo
- Body Wash
- Denture Adhesive
- Denture Cleanser
- Deodorant
- Envelopes
- Gift Cards (\$5-\$10) for fast food or Wal-Mart
- Lotion
- Phone Cards
- Powder
- Socks
- Stamps
- Tooth Brushes
- Tooth Paste

## Volunteer Award



**Connie DeLisa**, receives highest volunteer award for 36 years and over 15,000 hours of volunteering.

## Salute Week

For the fifth straight year, the **City of Corning, Corning-Painted Post Area School District, All Saints Academy, Corning School District** and many other school and community groups and students were encouraged to salute Veterans by making Valentine's cards. The distribution of the cards "kicked-off" Salute Week on Monday, February 13 at 10:00 am.



Congressman **Tom Reed** (left) visits during National Salute to Hospitalized Veterans week and meets with Interim Medical Center Director **David Krueger**.

## Community Living Center Mardi Gras Celebration



## Calendar

**Saturday, April 14**  
Volunteer Recognition Dinner

**Wednesday, April 18**  
Memorial Service

**Thursday, April 19**  
VAVS Meeting - 1:00 p.m.

**Wednesday, May 16**  
K-2 Walk

**Saturday, May 19**  
Wounded Warrior Motorcycle Dice Run

**Monday, May 28**  
Memorial Day Parade

**Saturday, June 9**  
ALA Riders Poker Run

**Sunday, June 17**  
American Legion Riders Motorcycle Run and Visit

**Saturday, July 21**  
Elks Pig Roast

**Saturday July 28**  
Troop Ride

**Monday, August 9**  
VAVS Evening Meeting and Picnic

# ► Canandaigua

On February 1, the Department of Veterans Affairs (VA) marked the one-year anniversary of the toll-free National VA Caregiver Support Line located at the **Canandaigua VAMC**. The support line has helped more than 25,000 Veterans and Caregivers with its dedicated staff of licensed social workers and health technicians, bringing support, connection to resources and a listening ear to the spouses and loved ones of Veterans who provide daily assistance to those who served this Nation.



Left to Right - **Deborah Amdur** - Chief Consultant Care Management and Social Work, **Pamela Wright** - National Program Manager, VA Caregiver Support Line, **Cari Malcolm** - VA Caregiver Support Line Program Coordinator, **Meg Kabat** - Deputy Director National Caregiver Support Program.



Left to Right: **George Dietter** (DAV Adjutant), **Mark Benjamin**, **John Duffy** (Treasurer), **Nick Conrad** (DAV Commander).

On January 12 DAV Department of New York Commander **Frank Cassella** (right) and Past Commander **David Wilson** (left) toured the Canandaigua VAMC and met with Acting Medical Center Director **Peg Owens**.



From left to right: **Dr. Greg Gibbs**, Detachment Commander of the Sons of the American Legion; **Ann Geer**, president of the Department of New York American Legion Auxiliary; and **W. Michael Bowen**, Department of New York Commander visited the Canandaigua VAMC and toured the Veterans Crisis Line on February 11.



During National Salute to Veteran Patients Week fresh roses were donated by the Plant Science students at **Finger Lakes Technical & Career Center**.

On March 8, **Mark Benjamin**, representing Seneca Meadows Landfill, presents a check donation to DAV Chapter 4 for use in the Volunteer Transportation Network.



**Rocco Tashett** was one of many Veterans visited on February 14 and given a Valentine Day card by local high school students.

continued on page 6 ►

# ► Canandaigua

## Volunteer Opportunities

All volunteers must complete orientation prior to serving. Orientations are in building 7 basement of the Canandaigua VA Tuesdays at 10 a.m. You will need your driver's license and SS card for ID. Please call Louise to schedule an appointment at 585-393-7729. Thank you for considering volunteering with the Canandaigua VA Medical Center!

### Canandaigua VA

- Activities - Various recreation activities, socialization, games, cleanup, and wheelchair escort - evenings, weekends
- Clerical - Tues or Thurs, 3 hrs between
- Compassionate Companion for Hospice care
- Donated Cans - every other week pick up donated cans
- Driver - CDL-B, pass endorsement (no N1 or K) - flexible hours available, 7 days per week, drive Veterans to Recreation Therapy outings
- Grounds Crew
- Laundry - weekdays
- Library - Saturdays and as needed weekly
- Loving Spoonful Volunteer - evening & weekend meal times, training required
- Pharmacy - Monday, Wednesday, Friday mornings
- Seamstress - Flexible days and hours
- Stockroom Assistant - one day per week
- Volunteer Transportation Network Driver - weekdays, flexible, Canandaigua, Rochester and Waterloo area
- Wheelchair escorts needed for a variety of activities

### Mt Hope Road Clinic

- Clerical/Resource Compiler - weekdays 7 a.m. to 2 p.m.  
Clerical: Compile social work resources into a standard format for ease of use and improved planning

### Rochester Outpatient Clinic - Westfall Rd.

- Prosthetic Assistant - M & W, 2-3 hour shifts, Unpacking shipments, assemble wheelchairs, walkers & scooters, package soft goods, call Veterans for follow-up, and greet customers
- Van drivers for DAV Transportation Network weekdays 7:00 a.m. - 2:00 p.m. driving DAV van to get Veterans to/from clinic appointments



*On December 6, 2011 VFW Auxiliary Department President Jane Reape and members toured the Canandaigua VAMC and distributed gifts to Community Living Center Residents.*

## Wish List

- Creamer, sugar, sugar substitute
- Deodorant, shampoo, shaving cream; body lotion, nail clippers (**no hotel samples**)
- Forever postage stamps
- Gift cards from Wal-Mart/Wegmans/Tops/I-tunes/Prepaid Gas & Phone Cards
- Paper products; plates, napkins
- Monetary donations for wood shop
- New socks and underwear, sweatshirts, sweatpants and t-shirts
- Non-perishable foods and baking items
- Paper products; plates, napkins
- Tickets to sporting events, zoo and outings, bowling/movie tickets

### For Homeless Program:

- New blankets & pillows, alarm clocks, new twin size mattresses (call first to arrange drop-off), brooms, mops, new vacuum cleaners, kitchen items (dishes/utensils), toilet paper and cleaning supplies
- Monetary donations are always welcome. If you or your organization wish to make a donation to the account of your choice, please specify that you are in agreement that food and beverages may be purchased for our Veterans. This is in compliance with the new rules and regulations associated with the purchase of food

\*Reminder - all volunteers and organizations that serve food to Veterans need to have a copy of their food safety certificate and/or NYS license to serve food on file in Voluntary Service.

Please mail yours to our office if you have not done so already.

Contact Voluntary Service for more information

# ► Canandaigua



Veteran **David Mancini's** acrylic painting "Reflections" received 1<sup>st</sup> Place at the Veterans Creative Art Display that was held on March 7.



**Grace Ziemba** is recognized by Medical Center Director **Craig S. Howard** at the 2011 Volunteer Awards Banquet. Grace Ziemba has 56 years of service and 24,408 volunteer hours. She continues to provide visitation and distributes refreshments to Veterans on the community living centers one evening each week.

## Reminders

Please let Voluntary Service know if you have changed your address or phone number.

Contact Voluntary Service if you have an e-mail that you would like to share. Voluntary Service does send out messages occasionally about upcoming programs and events where escorts may be needed.

## Calendar

All events are held in the Auditorium building 5 unless otherwise noted.

**2<sup>nd</sup> Monday of each Month**  
**Bee Keepers Association Meeting**  
7:00 p.m.

**3<sup>rd</sup> Monday of each month**  
**Canandaigua Lake Trout Unlimited**  
7:30 p.m.

**4<sup>th</sup> Tuesday of each month**  
**Project Healing Waters**  
7:00 p.m.

**May 2**  
**VAWS/Community Council**  
1:00 p.m.

**\* May 10**  
**Pie, Plant , Ice-Cream Sale -**  
9:30 a.m.- 2:00 p.m

**\* May 15**  
**Annual Memorial Service for Departed**  
**Medical Center Veterans & Families**  
1:30 p.m.

**\* May 16**  
**VA2K Race .**  
Registration Courtyard 1 Pavilion  
10:30 a.m

**\* May 17**  
**Bingo**  
7:00 p.m.

**\* May 20**  
**Bingo**  
12 Noon

**\* May 25**  
**Memorial Day Observance**  
2:00 p.m.

**May 30**  
**Cakes for Community Living Centers**  
1:00 p.m.

**\* June 8**  
**Concert by Canandaigua Middle School**  
**Jazz Band**  
10:00 a.m.

**\* June 22**  
**Parkwood Heights Bell Choir**  
Courtyard 1 Pavilion  
12 Noon

**\* June 23**  
**Flag Day Ceremony**  
9:00 a.m.

**\* June 30**  
**Strawberry Festival**  
**Hank and the Hustlers**  
Courtyard 1 Pavilion  
2:00 p.m.

**July 4**  
**Cakes on all Community Living Centers**  
1:00 p.m.

**\* July 22**  
**Cookout & Ballgame**  
Courtyard 1 Pavilion  
12 Noon

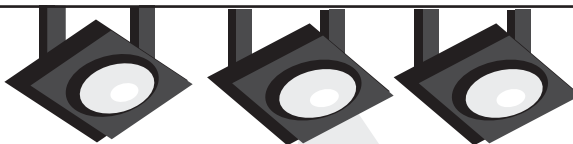
**\*Catholic Mass every Monday, Tuesday, Wednesday, and Friday**  
10:30 a.m., Bldg. 3.  
**Every Saturday at 3:00 p.m. and Sunday**  
10:30 a.m.

**\*Protestant Services are held Sundays**  
8:45 - 11:30 a.m.

**Please contact Voluntary Service at**  
**(585) 393-7729 for more information.**

**\*Escorts Needed**  
Escorts are needed 45 minutes prior to the event to take Veterans to the auditorium and/or pavilion. Without your assistance, many of the Veterans may not be able to participate

# Volunteers *got* T★LENT



**Emily Tworek-Helenbrook** a senior at Alexander High School in Genesee County sings opera but also patriotic songs to standing ovations at the Buffalo VA.

*VA volunteers range from students to seniors.*

*Our volunteers are an integral part of our medical centers and fill important roles like supporting activities, special events and new health care programs for Veterans. In this issue we are spotlighting Veterans with talent.*



**Rose Massett** Head Nurse, Batavia Community Living Center with her pup "Jack" and Veteran Carl Wolf. Rose has been sharing her Jack for six years with Veterans.



**Brenda Burton**, Bath, shares her delicious talent for baking cookies and breads with Veterans on Community Living Center.





**David J. West**, Network Director, cooks omelets made to order for Veterans on the Canandaigua Community Living Center.



**Keith Burroughs**, Batavia, plays guitar for Canandaigua Veterans. He also visits and plays for Veterans unable to leave their rooms.



**Lydia Zotto** is 23 years old and attending Union College. She has been volunteering for three years at the Stratton VA Medical Center playing the harp and bringing her dog Dolly in to visit with patients.



**Terry Mitchell** playing the piano at the Syracuse Creative Arts event.



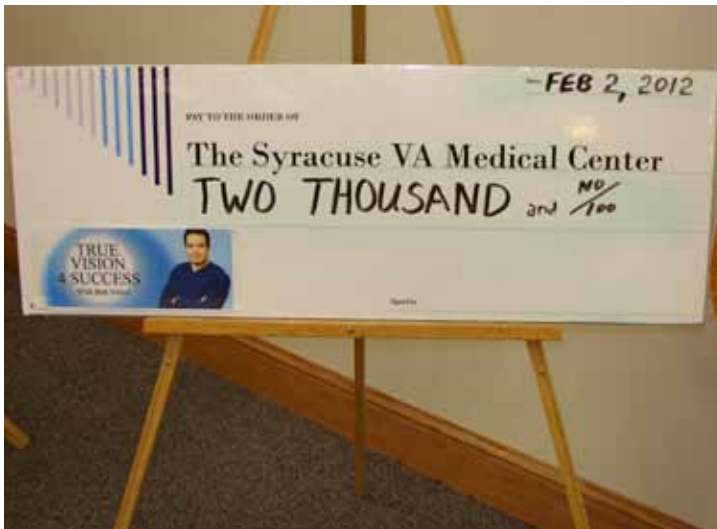
**Frank Julian** plays piano at the annual Canandaigua Christmas Gift Distribution Program.

*The miracle is this-  
the more we share,  
the more we have.*

Leonard Nimoy

# ► Syracuse

**Robert Natoli**, an Oswego NY businessman and author of "True Vision 4 Success", shattered the Guinness World Record this past March in weightlifting. Mr. Natoli used the weightlifting event to raise money for the Syracuse VA Medical Center. He lifted 51,640 pounds by barbell in a one hour period, shattering the previously existing record of 40,752.5 pounds. Mr. Natoli's efforts paid off in a \$2,000 donation to the Medical Center! Thank you, Robert Natoli.



## Thank You

As always we would like to thank service organizations for their time and effort to make hospital visits more enjoyable for Veterans who receive their care at the Syracuse VA Medical Center. Thank you to all of our donors, individuals and organizations for the donations received. All of these donations, (activity, item and monetary) go a long way in providing comfort to our Veterans. Organization donations alone totaled over \$58,000 in the past 3 months.

continued on page 11 ►

# ► Syracuse

## Creative Arts Competition

The Annual Veteran Creative Arts Competition took place at the Onondaga County War Memorial. Many of the competitors are or have been volunteers and submit entries each year. We would like to thank **John Deer, Reggie Adams** and **Terry Mitchell** for sharing their art with us. Volunteers are an integral part of the success of this event. A huge thank you to **Reggie Adams, Amanda Blenis, Betty Crowley, Karen French, Wayne Galutz, Ben Jones, Bev Miller, Bill Mitchell, Virginia Niles** and **Joe Schneider**, for the hours of participation and expertise in setting the presentation for the show and making it a success.



Handmade quilts have been received from a couple of local organizations. **The Center for Learning** in Auburn donated the handmade quilts shown in the photo. These quilts were provided to Veterans who served in the current conflicts.



A special thanks goes out to a new organization in the area, the **Upstate Chapter of the Women in Defense**, for their monetary donation of \$4,000. Upstate New York WID members are committed to supporting the troops by recognizing the sacrifices made by those who serve and their families and finding ways to show appreciation. Fort Drum, which is home to the Army's 10th Mountain Division, is located in the area the chapter covers, and like most communities, Syracuse and the surrounding area is also home to a large number of Guard and Reserve members.



On March 23rd, the **VFW Auxiliary President** toured the facility with **Bob Hawes**, Voluntary Service Manager.

continued on page 12 ►

# ► Syracuse

**Syracuse Voluntary Service** participated in Volunteer Fairs over the past few months. Every year the Voluntary Service office has an active recruitment program with local middle schools and high schools. Many of the students recruited are interested in health careers after graduation. Voluntary Service has developed connections throughout the Medical Center to place students in areas that might give them an awareness of different career choices available in a Medical Center. Many of the students return each year to participate at the Syracuse VA.



*Syracuse VA participated in a Youth Volunteer Recruitment Fair at Marcellus High School.*

**Syracuse VA** participated in the Syracuse University Community Service Fair. This event is held each year to encourage students to volunteer. Many of the students who participated in the Youth Orientation held March 24th, attend Syracuse University and will volunteer throughout their graduate programs at the university. Students from the Syracuse City School District, West Genesee, Cicero-North Syracuse High School and Fayetteville Manlius High School also participated.



## Volunteer Opportunities

- **Ambassador Program.** Our new building is opening up in segments. We are in current need of volunteers to help at the Greeter Desk in both areas
- **Patient Transport** – we need your help in all areas of the medical center! The opening of our new areas is putting a strain on the current Patient Transport staff. Please sign up to volunteer in this area
- **Office Clerks** – a few areas have requested Office Clerk assistance Monday through Friday. Please see Sheri to possibly volunteer a couple of hours each week in the offices

## Wish List

- Price Chopper gift cards (\$50 per month) in support of the Rome Adult Health Day Care program
- Gift Cards to Dunkin Donuts, Varsity Pizza, local restaurants (such as TGIF and Olive Garden)
- Ice cream season is on its way. What a great way to “treat” the Veterans – an outing at the parkway, Heid’s hot dogs and an ice cream. Gift cards would be a great idea for Heid’s in Liverpool
- Gift cards to Stella’s, a favorite 50s restaurant
- Sponsor a musician to perform at the Medical Center
- Ice cream social, barbecues, picnics – dates are still available
- Personal care items (travel size only): shaving cream, deodorant, shampoo, toothpaste, and disposable toothbrushes

# ► Western New York

## Volunteer Awards

### Batavia



**Emerson Campbell**  
15,000 Hour  
Medallion & Pin

### Buffalo



**Richard Fronckowiak**  
17,500 Hour  
Plate & Pin



**Rickey Kuhn**  
17,500 Hour  
Plate & Pin



**Barbara Hall**  
15,000 Hour  
Medallion & Pin



Special 2012 National Salute Visitor Congresswoman **Kathleen Hochul** takes time to remember Veterans during her visit during our February 14th Open House - pictured here distributing Valentines to Veterans in our Veterans Service Center.

## Wish List

- Art therapy supplies
- Birthday cards
- Bus Tokens - Niagara Frontier Transportation Authority
- Comping coupons
- DAV/Volunteer Transportation Program \*Note: all donations must go directly to DAV Department of NY
- DVD's
- Funding for Patient - all patient areas
- Daily newspaper -rolls of quarters requested to purchase daily out of paper boxes
- Funding for Patient Activities (tickets to the movies/sporting events- Day Treatment Center; Adult Day Health Care Program) Batavia/Buffalo
- Funding for magazine subscription
- Gift Cards for Babies R Us, Target, Tim Horton's, Tops, Wal-Mart, Wegmans, local restaurants
- Phone cards
- Stamps/Stationary
- Travel Funds (Patients in Need)
- Welcome Kits for new admissions, comfort items, newspapers
- New Items – combs, diabetic socks, large nail clippers, sweat pants, sweat shirts, t-shirts, men's and women's undergarments (please check sizes needed prior to purchasing) and socks, as well as new clothing
- Homeless Veterans Program – **for all donation information call (716) 881-5855**. Items considered can/should be dropped off at our Main Street Buffalo location: new socks and undergarments all sizes, new seasonal clothing for Veterans in need, personal care items, and small/basic apartment appliances.

**Note:** Before purchasing any item, please contact the Volunteer Program Office to determine that the item has not been already purchased.

*We no longer accept used clothing items, puzzles, VHS tapes, or hard cover books. A friendly reminder, that used/current magazines subscriptions should be dated 3 months/less.*

**Batavia – (585) 297-1196**

**Buffalo – (716) 862-8672**

# ► Western New York

Members of the **Vietnam Veterans of America (VVA) Chapter #77** and their **VALOR Committee** present **Sherry Martel**, Adult Day Health Care (ADHC) Program Manager with a bread machine for ADHC's Veterans.



Left to right: **Mark Francis**, Volunteer Program Manager, **Edward Bodine**, VVA Chapter #77 VA Voluntary Service Representative, **Sherry Martel**, ADHC Program Manager, **Paul Rudnicki**, VVA Chapter #77 VALOR Committee and **Michael Walker**, President, VVA Chapter #77



Jazz in the Park

## Calendar

### Monday, May 28

#### Memorial Day Observance -

8:30 a.m. - Building #3 Flagpole Area  
Batavia Campus

### Wednesday, May 30

#### Memorial Day Observance -

1:00 p.m. - Freedom Hall - Buffalo Campus

### Saturday, June 16

#### Welcome Home Troops Celebration

10:00 a.m. - 3:00 p.m.  
Buffalo & Erie County Naval & Military Park  
1 Naval Park Cove

### Wednesday, June 20

VA Voluntary Service Quarterly Meeting  
1:30 p.m. - Building #1 Chapel  
Batavia Campus

### Wednesday, July 18

VA Voluntary Service Quarterly Meeting  
1:30 p.m. - Freedom Hall - Buffalo Campus

## Volunteer Opportunities

- Adult Day Health Care Program – assisting Veterans and working with Program staff - Buffalo
- Clerical – Batavia and Buffalo
- Coffee Cart – Buffalo vacancies
- Coffee Cart – Daily Batavia
- Computer Assistant – assist residents with computer skills – Batavia
- Computer Assistant – creating electronic documents – Buffalo
- DAV Volunteer Transportation Program – transport Veterans to and from clinical appointments – Batavia and Buffalo
- Drivers - emergency room and Women's Wellness Clinic–transporting/delivery services – Buffalo
- Friendly Visitor Volunteer – visit with Veterans – Batavia and Buffalo
- Greeters – Buffalo
- Guest Parking Lot Shuttle – outpatient entrance – Buffalo
- My Health Vet Assistant – Batavia and Buffalo
- Mailroom – Buffalo
- Patient Escort/Transport Service – Batavia and Buffalo
- Physical Therapy Service – Buffalo
- Reminder Phone Calls – Buffalo
- Recreational Aide – Batavia/Buffalo
- Volunteer Program Office

continued on page 15 ►

# ► Western New York

Orchard Park VFW Post #6247 members take time to present a donation of \$1,000 from their 2012 "Bell Jar" receipts. This is the fifth consecutive year that a donation to our Bailey Avenue facility has been made accounting for more than \$3,500.



Left to Right; **Brian Kelly**, Chief of Staff **Dr. Miguel Rainstein**, Commander **Mike Trainer** and **John Stefko**

**Amherst Daisy Troop** members and their moms remember our Veterans by distributing individually wrapped packages of Girl Scout Cookies to the many areas of our Medical Center.



Jamestown, NY, **Korean Veteran Peter Carlo** took time to donate an American Flag to VA WNY Healthcare System (Buffalo) to continue his promotion of patriotism, his love of country, as well as public awareness.



Left to Right: – **Royce Calhoun**, Assistant Medical Center Director, **Peter Carlo**, and **Mark Francis**, Volunteer Program Manager

January 2011 thru March 2012, has been a very busy time for the members of the **Buffalo AMVETS Post #72** having contributed well-over \$4,000 to the Medical Center Homeless, OEF/OIF Program; recreational activities like bingo, pizza parties, cook-outs and football tailgate and Super Bowl parties; personal hygiene items; undergarments; new clothing and gift cards for Veterans groceries.



Left to Right: **Kelly Roberts**, Volunteer Program Specialist **James Sieroslowski**, 2nd Vice-Commander AMVETS Post #72

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## VA Medical Centers

**Albany**  
 113 Holland Avenue  
 Albany, NY 12208  
 (518) 626-5000

**Batavia**  
 222 Richmond Avenue  
 Batavia, NY 14020  
 (585) 297-1000

**Bath**  
 76 Veterans Avenue  
 Bath, NY 14810  
 (607) 664-4000

**Buffalo**  
 3495 Bailey Avenue  
 Buffalo, NY 14215  
 (716) 834-9200

**Canandaigua**  
 400 Fort Hill Avenue  
 Canandaigua, NY 14424  
 (585) 394-2000  
 (800) 204-9917

**Syracuse**  
 800 Irving Avenue  
 Syracuse, NY 13210  
 (315) 425-4400

## Community-Based Outpatient Clinics

**Auburn**  
 Auburn Memorial Hospital  
 17 Lansing St.  
 Auburn, NY 13021  
 (315) 255-7002

**Bainbridge**  
 109 North Main Street  
 Bainbridge, NY 13733  
 (607) 967-8590

**Binghamton**  
 425 Robinson Street  
 Binghamton, NY 13901  
 (607) 772-9100

**Catskill**  
 Greene Medical Bldg.  
 159 Jefferson Heights  
 Catskill, NY 12414  
 (518) 943-7515

**Clifton Park**  
 1673 Route 9  
 Clifton Park, NY 12065  
 (518) 626-5205

**Coudersport Satellite  
Clinic of Wellsville**  
 24 Maple View Lane, Suite 2  
 Coudersport, PA 16915  
 (814) 260-9342

**Dunkirk**  
 Valor Health Center  
 166 East 4th Street  
 Dunkirk, NY 14048  
 (800) 310-5001

**Elizabethtown/Westport**  
 7426 NYS Rte. 9N  
 Westport, NY 12993  
 (518) 626-5236

**Elmira**  
 Health Services Building  
 200 Madison Avenue  
 Suite 2E  
 Elmira, NY 14901  
 (877) 845-3247 ext. 44640

**Fonda**  
 Camp Mohawk Plaza  
 2623 State Highway 30A  
 Fonda, NY 12068  
 (518) 853-1247

**Glens Falls**  
 84 Broad Street  
 Glens Falls, NY 12801  
 (518) 798-6066

**Jamestown**  
 608 West 3rd Street  
 Jamestown, NY 14701  
 (716) 338-1511

**Kingston**  
 63 Hurley Avenue  
 Kingston, NY 12401  
 (845) 331-8322

**Lackawanna**  
 Our Lady of Victory  
 Family Care Center  
 227 Ridge Road  
 Lackawanna, NY 14218  
 (716) 822-5944

**Springville Satellite  
Clinic of Lackawanna**  
 27 Franklin Street  
 Springville, NY 14141  
 (716) 592-7400

**Lockport**  
 5883 Snyder Drive  
 Lockport, NY 14094  
 (716) 438-3890

**Malone**  
 3372 St. Rt. 11, Main Street  
 Malone, NY 12953  
 (518) 483-1529

**Mansfield Satellite  
Clinic of Elmira**  
 63 Third Street  
 Suite 104  
 Mansfield, PA 16901  
 (570) 662-0507

**Massena**  
 1 Hospital Drive  
 Massena, NY 13662  
 (315) 769-4253

**Niagara Falls**  
 2201 Pine Avenue  
 Niagara Falls, NY 14301  
 (716) 862-8580

**Olean**  
 465 North Union Street  
 Olean, NY 14760  
 (716) 373-7709

**Oswego**  
 437 State Route 104E  
 Oswego, NY 13126  
 (315) 207-0120

**Plattsburgh**  
 80 Sharron Avenue  
 Plattsburgh, NY 12901  
 (518) 561-6247

**Rochester**  
 465 Westfall Road  
 Rochester, NY 14620  
 (585) 463-2600

**Rome**  
 Griffiss Park  
 125 Brookley Road,  
 Building 510  
 Rome, NY 13441  
 (315) 334-7100

**Saranac Lake**  
 33 Depot St.  
 Saranac Lake, NY 12983  
 (518) 626-5237

**Schenectady**  
 1322 Gerling St.  
 Sheridan Plaza  
 Schenectady, NY 12308  
 (518) 346-3334

**Tompkins/Cortland County**  
 1451 Dryden Road  
 Freeville, NY 13068  
 (607) 347-4101

**Troy**  
 295 River Street  
 Troy, NY 12180  
 (518) 274-7707

**Watertown**  
 19472 U.S. Route 11  
 Watertown, NY 13601  
 (315) 221-7026

**Wellsville**  
 3458 Riverside Drive, Route 19  
 Wellsville, NY 14895  
 (877) 845-3247 (Bath)

## Vet Centers

**Albany Vet Center**  
 17 Computer Drive West  
 Albany, NY 12205  
 (518) 626-5130

**Binghamton Vet Center**  
 53 Chenango Street  
 Binghamton, NY 13901  
 (607) 722-2393

**Buffalo Vet Center**  
 2372 Sweet Home Road,  
 Suite 1  
 Buffalo, NY 14228  
 (716) 862-7350

**Rochester Vet Center**  
 2000 South Winton Road  
 Building 5, Suite 201  
 Rochester, NY 14618  
 (585) 232-5040

**Syracuse Vet Center**  
 716 East Washington Street,  
 Suite 101  
 Syracuse, NY 13210  
 (315) 478-7127

**Watertown Vet Center**  
 210 Court Street, Suite 20  
 Watertown, NY 13601  
 (315) 782-5479

## Caregiver Support 1-855-260-3274

For help with caring for a disabled Veteran  
[www.caregiver.va.gov](http://www.caregiver.va.gov)

## Health Information on the Web www.myhealth.va.gov

**National Call Center for  
Homeless Veterans Hotline**  
 1-877-4AID-VET  
 1-877-424-3838

## TelCare 1-888-838-7890

24-hour, toll-free medical advice for  
 enrolled Veterans

## Veterans Crisis Line 1-800-273-TALK (8255)

**Veterans Service Contact Center**  
 1-888-823-9656  
 For information on eligibility, VA health  
 care benefits, enrollment, or questions  
 on your billing statement