

# FROM THE TOP

# Commander: are you squared away Airman?

**Col. Karl McGregor** 910th Airlift Wing Commander

Remember the ORI?

As we received advice from units that had recently completed their inspection, we found the key ingredient in doing well was presenting the inspectors with a great attitude. It's funny how over a career the importance of a great attitude becomes a recurring theme.

When I joined the Air Force in 1976 as a cocky and confident young Airman Basic, I didn't realize that my career might live or die by how I presented myself to my peers and superiors. I've come to realize that life is one giant interview. We are all grading each other and being graded—at work, at home, and even at play.

To me, how we approach the interview is the definition of attitude. We should choose to have a positive approach. We need to start conversations and solve problems with the intent of saying "yes we can" while we find a way to a win-win solution.

Solving life's problems is complicated enough without poor attitude stomping out creative solutions. "Man, you're killin' me with all these negative vibes," to quote the words of Oddball from the World War II film, "Kelly's Heroes."

Don't be that person. Staying positive is an art and it greatly benefits our team. In the military, attitude is often a product of our how we present ourselves. For example, what can you gather from this exchange?

A young Airman shuffles through the doorway of a tidy office. A sharply dressed

master sergeant reviews a training record. The sergeant glances up at the clock above him, the Airman is late. He rises from his seat to greet the young Airman standing in the doorway.

A new addition to the master sergeant's office, the young Airman leans up against the doorframe. He is missing a button on his rumpled uniform. One of his boots is untied and there is a trail of mud just outside of the office door. His youthful face is scruffy. His mullet is tousled and as advertised, sports business in the front and a party in the back.

The squared away master sergeant extends his hand and introduces himself to the new troop.

"Sup, Sarge," the Airman says as he gives the master sergeant a delicate handshake.

The Airman obviously has issues, yet we don't know if he has mad job skills, organizational talent or the capacity to lead. We can assume, based on presentation and attitude, that the young Airman may not have what it takes. It's an easy fix; make sure how you look is a reflection of who you are. Make your military bearing, dress and appearance match the great attitude you carry on the inside. Here's what you want.:

The young Airman reports to the master sergeant for duty. He is sharply dressed in his service dress uniform. His ribbons and badges are arranged flawlessly and his low quarter shoes are luminous. His face is clean shaven and his hair is regulation.

The master sergeant stands up, smiles and firmly shakes his troop's hand.

Success is not always achieved by the most intelligent or gifted individual, most often it



is achieved by those that carry a positive demeanor on the inside and outside. Our attitudes control our lives. Attitudes are a secret power, it is of paramount importance that we know how to harness and control this great force. I am convinced that attitude is the key to success or failure in almost any of life's endeavors. Your attitude—your perspective—your outlook determines your priorities, your actions, your values. Your attitude determines how you interact with other people and how you interact with yourself.

"Eagles come in all shapes and sizes, but you will recognize them chiefly by their attitudes." -Charles Prestwich Scott

## Chaplain urges Airmen not to worry about 'small things'

**Capt. Scott Campbell** 910th Airlift Wing Chaplain

Are you a "worry wort?" Always worried about something? Your job? Your family? Your health? Your finances? I can fully understand that you may be concerned about these things, and rightly so in many circumstances. If you lose your job you may not have the finances to buy the things you need. Your health may decline leading to strain on your relationships.

But, what about the small stuff? Have you ever heard the saying "don't sweat the small stuff?" What is the small stuff? Of course your job, family, finances and health are not small stuff. But what about the clothes you wear, the type of car you drive, how people view you and who likes you? Some people may not consider

this small stuff, but are these things you should fret

In the Gospel of Matthew, Jesus reminds us:

"Do not worry about your life, what you will eat or drink; or about your body and what your will wear. Is not life more important than food, and the body more important than clothes?"

God does not want you to worry about these small things and he reminds you that he will take care of them. Instead you should cherish the things you have and the relationships you have with those who love you.

Instead of worrying, think about how God has blessed you. Be thankful for your job, family, health and finances. Be thankful you have a car, clothes and friendships. Aren't these the things that truly matter? So, stop sweating the small stuff and don't worry, God has everything under control.



# AIRMEN RECOGNIZED



hoto by Master Sgt. Bob Barko Jr.

## 910th Reservists receive recognition for meritorious service

Staff Sgt. Thomas P. Withem, a patrolman with the 910th Security Forces Squadron, Sgt. Charles Wallace Evans, a Department of Defense security officer, and Master Sgt. William G. McAdoo Jr., the 910th SFS shift supervisor, pose for a photo Jan. 14, following an awards ceremony in the Security Forces training room. Sergeants Withem and McAdoo received Meritorious Service Medals for their efforts in saving the life of Sergeant Evans May 4, 2009. Col. Karl McGregor, 910th Airlift Wing Commander, Col. Teresa Hams, 910th Mission Support Group Commander and more than 20 SFS members, family and friends watched as Maj. Wes White, 910th SFS Commander, presented the medals to the sergeants.

"This is what being a first responder is all about—saving a life," said Maj. White. "This is even more special because they saved one of our own."

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### On the cover...

This month's cover illustration highlights the mission of the 910th Operations Group as it welcomes new commander, Lt. Col. Craig Peters. The 910th OG is comprised of the 773rd and 757th Airlift Squadrons. Its mission includes aerial spray, tactical airlift and troop transport. See the story on page 4. Illustration by Mr. Eric White

# New group commander energizes Ops Lt. Col. brings fresh perspective to YARS flying squadrons

**Senior Airman Valerie Smock** 910th Airlift Wing Public Affairs

It's something he never expected: being at this point in his Air Force career. The original plan included only four years in the military, but Lt. Col. Craig C. Peters is now going on 26 years of service. Colonel Peters said every day he spends in the Air Force is a day he gets to enjoy doing what he loves.

Colonel Peters, the former operations officer at McGuire Air Force Base in N.J., took command of the 910th Operations Group (OG) during an assumption of command ceremony Nov. 8.

While in command at McGuire AFB, where he served from September 2004 to July 2008, Colonel Peters was the C-17 aircraft operations officer of the 732nd Airlift Squadron. Prior to that, he was a C-17 examiner pilot and assistant chief pilot of Headquarters 22nd Air Force stationed at Dobbins Air Force Base, from May 2003 to September 2004.

Since his commission, Colonel Peters has held numerous positions in the Air Force Reserve and Air National Guard. These responsibilities included C-5 flight instructor, chief aircrew training, squadron scheduler, examiner pilot, strategic airlift operations officer, chief C-17 flight standards and command chief C-17 flight examiner.

Colonel Peters graduated cum laude from Anna Maria College in Massachusetts with a bachelor's degree in business administration. In 1999 he attended Squadron Officer's School, then Air Command and Staff College in 2004 and Air War College in 2008.

During his career, Colonel Peters has earned a Meritorious Service medal with two devices, an Air Medal with one device and an Aerial Achievement medal

As the OG commander, Colonel Peters must ensure crews are ready to execute the mission on a daily basis.

"My mission here is for us to all make sure we're prepared and ready to support and train the air crews to the war-fighter, accomplish the nation's business," Colonel Peters said.

Colonel Peters said the Airmen here have already been doing an excellent job. There's a lot of good teamwork and camaraderie, but there is also work to be done.

"My goal is to help organize them, break down the barriers of communication and make them more efficient in what they're doing," he said.

Colonel Peters said he was happy to be able to get mentorship from Col. Karl McGregor, 910th Airlift Wing Commander. Colonel McGregor said he was just as excited to have Col. Peters onboard.

"Probably the biggest reason is just pure energy," Colonel McGregor said. "When you do a swap out and bring in somebody fresh, you gain that burst of energy that every unit needs, that fresh restart, that outside view."

With no firm goal or specific rank in mind, Colonel Peters said he will continue managing his career and see where life takes him.

"I've been blessed up to this point with a beautiful family, a chance to fly three different weapon systems, fly for a major airline, and now the chance to lead a great group of dedicated Airman here at Youngstown," Colonel Peters said. "My only career goal at this point is to be the best leader I can possibly be while serving as the Ops Group Commander and to mentor individuals with the same guidelines that have treated me so well up until now. Beyond this, I'll have to see what the future holds!"

### 910th Operations Group

The 910th Operations Group is comprised of two flying squadrons and one support unit, the 910th Operations Support Squadron.



The 757th Airlift Squadron includes the only full-time, fixed-wing aerial spray mission in the Department of Defense. The squadron deployed for spray missions to Louisiana after

Hurricanes Ike and Gustav in 2008 and for pest control at Parris Island, S.C., in 2009. They also supported Joint Enterprise with airlift capabilities in Fall 2009.

Missions during the last decade for the 773rd Airlift Squadron include delivering supplies to Algeria and supporting six major military operations including



Operations Joint Forge, Coronet Oak, Focus Relief, Shining Express, Enduring Freedom and Iraqi Freedom. The squadron's latest mission was airlift support for Operation Joint Enterprise in Fall 2009.



Photo by Senior Airman Valerie Smock

Lt. Col. Craig C. Peters, 910th Operations Group Commander, poses for a quick photo in his office, located in building 407, Jan. 6. Colonel Peters assumed leadership of the OG during an assumption of command ceremony Nov. 8. He joined the 910th after an assignment at McGuire AFB, N.J.

# Airman helps beat odds

# With chips down, Davis' donation preserves life

Maj. Brent Davis 910th Airlift Wing Public Affairs

"Odds are you'll have fun."
This phrase is commonly heard
on advertisements promoting the state
lottery. Each week, many gamblers
hope to beat the odds and forever
change their lives. For one 910th
Airlift Wing Citizen Airman, beating
the odds was something she hoped
for, not for fun, rather to help save a
life.

The Department of Defense established the C.W. Bill Young Department of Defense Marrow Donor Center in Washington, D.C., to support volunteer marrow donors. According to the online Bone Marrow Donor Support Network, the odds are between 1-to-20,000 and 1-to-100,000 that a person in need of bone marrow will find a matching donor.

Senior Master Sgt. Loretta Davis, a medical administrative assistant with the 910<sup>th</sup> Medical Squadron and full-time civil service employee with the 910<sup>th</sup> Mission who carefully explained the entire bone marrow donation process. The coordinator stated that it was an urgent case involving an anonymous 15-year-old boy with Fanconi anemia, a form of leukemia.

Sept. 9, 2009, Sergeant Davis was flown to Georgetown University Hospital in Washington D.C., for two days to receive a physical to ensure she was able to have 1.5 liters of bone marrow drawn from her hips.

According to Sergeant Davis, she was fit for the procedure and although she was nervous in anticipation of the pain, she was excited to help save the boy's life.

Donation day was scheduled for Sept. 20, 2009, for the keyed-up senior non-commissioned officer. Sergeant Davis was in good company having brought her husband Bill along for support.

"I was so anxious that I couldn't sleep the night before and I paced back and forth in the hotel room," said Sergeant Davis.

According to the Georgetown



Photo by Maj. Brent Davis

Senior Master Sgt. Loretta Davis, a medical administrative assistant with the 910th Medical Squadron poses for a photo at her desk Jan. 9, 2010, four months after donating marrow to a 15-year-old boy with leukemia.

## 10 reasons to be a donor

- 1. Your gift can give someone else the chance to live!
- 2. A few days of recovery can mean so much to someone who is hanging on to life by a thread.
- 3. Only one person in 20,000 finds a match, sometimes only one in 100,000 or more depending upon your race. If you join the registry, you can increase the chances of others finding that match.
- 4. You never know when you, or a loved one, might be in need. If more people like yourself join it will increase their chances of survival in the event of a diagnosis.
- 5. It's the right thing to do. You will make a difference.
- 6. You could be saving someone's little girl, little boy, sister, brother, mother, father, grandmother, anyone.
- 7. There are about 34,000 new cases of leukemia alone every year. Only 1.7 people out of those 34,000 will find a matching donor.
- 8. About 23,000 people died of leukemia in 2004, approximately 500 of them were children under 14 years of age. You could be the key to increase their survival rate.
- 9. Because children shouldn't have to die before they are old enough to go to kindergarten.
- 10. You may be the special somebody that allows someone to have the chance to love, marry, have children and make a difference in the world.

It took me off guard and my mind was racing. I was anxious and excited and I knew what it meant for someone.

Senior Master Sgt. Loretta Davis

910th Medical Squadron

Support Group, chose to complete a questionnaire allowing specialists to draw a DNA sample for potential bone marrow donation while at Balad Air Base, Iraq, during her four-month deployment last year.

The C.W. Bill Young Bone Marrow Donation program paved the way for Sergeant Davis to have a chance to save a life because she received notification Sept. 4, 2009, that she was a match for a person in need of marrow.

"It took me off guard and my mind was racing," said Sergeant Davis. "I was anxious and excited and I knew what it meant for someone."

Four days later, she received a call from a bone marrow coordinator

University medical staff, marrow is extracted from the back of the donor's pelvic bone using a special needle and syringe while under anesthesia.

Sergeant Davis said the pain was intense during the first two days following the procedure but within a week she was back to work.

"People have asked me if I would do it again and I tell them absolutely," said Sergeant Davis. "There's no better gift than the gift of life."

The 910th Airlift Wing plans to hold a bone marrow donation screening to increase the registry of potential donors during an upcoming Unit Training Assembly.

For more information on the bone marrow donation process, visit www.dodmarrow.org.

## SARC: help is just phone call Wing announces Airmen of year away for victims

Sexual assault is criminal conduct that falls short of the standards America expects of its men and women in uniform and is a violation of our Air Force Core Values.

The Youngstown Air Reserve Station provides a Sexual Assault Response Coordinator (SARC) for all victims on the installation.

Sexual assault is defined as intentional sexual conduct, characterized by use of force, physical threat or abuse of authority or when the victim does not or cannot consent. Sexual assault includes rape, nonconsensual sodomy (oral or anal sex), indecent assault (unwanted, inappropriate sexual contact or fondling) or attempts to commit these acts. Sexual assault can occur without regard to gender or spousal relationship or age of victim.

Consent shall not be deemed or construed to mean the failure by the victim to offer physical resistance. Consent is not given when a person uses force, threat of force, coercion or when the victim is asleep, incapacitated or unconscious.

The 24-hour SARC Response Helpline is 330-233-2100. Members who access the hotline will make direct contact with the installation SARC, Kim Hitchcock. The SARC can also be reached at 330-609-1930 during normal duty hours. The SARC office is located in building 128, room 155. For more information on restricted and unrestricted reporting, visit www.sapr.mil.

## Wing announces civilian awards

Many of the superior accomplishments of the 910th Airlift Wing are due to the efforts of the civilians who work in the unit. Although there are various organizational awards for civilian employees, the Quarterly Award program provides employees with well deserved recognition.

Supervisors nominate deserving employees who have performed in an outstanding manner over the previous quarter. The two competitive categories are Junior Civilian of the Quarter and Senior Civilian of the Quarter. Each division may submit one nominee for each category. A committee of five representatives is formed that consists of a group commander, who serves as board president, a representative from each group and a representative from the wing staff. Nominees are scored based on duty performance, significant self improvement and community

The winners for the July to September quarter are:

William L Jackson, Junior Civilian of the Quarter Theodore A Pifer, Senior Civilian of the Quarter

The winners have their choice of eight hours time off or \$300 cash and are eligible for the Civilian of the Year award which will be announced in December during the Civilian Commander's Call.

### Inclement weather fitness testing

The Youngstown Air Reserve Station will hold fitness testing at the Mayor Ralph A. Infante Wellness Center in Niles during the January, February and March Unit Training Assembly when the weather is not within standards for outdoor testing.

Testers will need to complete their height, weight and waist measurement along with their push-up and sit-up assessments during the morning of the fitness test and then report to the Headquarters Building, building number 128, with their test sheet and questionaire.

Bus transportation will be provided and will depart from the Headquarters flagpole Saturdays at 7:30 a.m. and Sundays at 9:30 a.m.

No testing will be conducted during the week at the Wellness Center.

Practice tests will not be conducted at the Wellness Center due to limited space.

The Youngstown Air Reserve Station announced the recipients of the wing's "Of the Year" awards Jan. 9.

The recipients were selected by a board consisting of the wing command chief, two unit chiefs, a first sergeant and a senior master sergeant because of their job knowledge, outstanding performance, individual significant self-improvement as well as serviceto the wing and surrounding community, said Chief Master Sgt. Troy K. Rhoades, the 910th Airlift Wing command chief.

The selectees are:

Airman of the Year: Senior Airman Katherine Roberson, 910th **Operations Group** 

Non-commissioned Officer of the Year: Tech. Sgt. Jason Bonar, 910th Security Forces Squadron

Senior Non-commissioned Officer of the Year: Master Sgt. Jose Rivera, 910th SFS

First Sergeant of the Year: Senior Master Sgt. Douglas Shepard, 757th Airlift Squadron

Junior Officer of the Year: Capt. Wayne Johnson, 76th Aerial Port

A ceremony will be held for the awardees during the February Unit Training Assembly.

## 910th Security Forces receive awards

Four Airman assigned to the 910th Security Forces received recognition from the Air Force Reserve Command for superior performance.

The AFRC announced the recipients of the Outstanding Security Forces Individual Awards Dec. 29, 2009.

"Competition amoung nominees was extremely keen and reflects the outstanding job Air Force Reserve Secuirty Forces members have done, and continue to do throughout the world," said Lt. Gen. Charles E. Stenner Jr., the AFRC commander. "Congratulations on a job well done."

The Youngstown Air Reserve Station recipients are:

Staff Sgt. Courtenany Perkins, Outstanding SF Full-time Non-commissioned Officer of the Year

Senior Master Sgt. Eric Stere, Outstanding SF Traditional Reservist Senior Non-commissioned Officer of the Year and **Outstanding SF Air Reserve Component Senior Noncommissioned** Officer of the Year at the Air Force level

Senior Airman Michael Sammertino, Outstanding SF Traditional Reservist Airman of the Year

Master Sgt. John Geiss, Billy Jack Carter Award "Congratulations on a job well done," said General Stenner.

## AF chief of staff changes blues pullover sweater wear policy

The chief of staff for the U.S. Air Force approved the new 50 percent acrylic and 50 percent wool pullover V-neck sweater for wear. It is available for purchase at Army and Air Force Exchange Service.

The new pullover sweater is lighter weight than the current 100 percent wool version. It has a flat knit design and a more relaxed fit.

The initial distribution of the pullover sweater included a Velcro name patch, but that has been removed. Airmen who purchased the sweater with the name patch can take it to AAFES alterations to have it removed at no

Nametags will not be worn on the new pullover sweater or the 100 percent wool sweater, effective immediately. All other wear guidance for the pullover sweater remains consistent with the Air Force Instruction 36-2903.

The phase-out date for the 100 percent wool sweater is Oct. 1, 2010.

## NEWCOMERS

Maj. Jenny Crouse, 910th Medical Squadron

Capt. Miranda L. Thompson, 910th Force Support Squadron

Senior Airman Thomas C. Genda, 910th Operations Group

Senior Airman Baron J. Reynolds, 910th Aerial Port Squadron

Senior Airman Natasha M. Valazquez, 910th Security Forces Squadron

Airman 1st Class Joshua A. Cox, 910th Civil Engineer Squadron

Airman 1st Class Brian M. Pavkovich, 910th Aircraft Maintenance Sq.

Airman 1st Class Torika R. Thompson, 910th Airlift Wing

Airman 1st Class Marcus S. Watson, 757th Airlift Squadron

Airman Jonathan E. Jenkins, 910th Civil Engineer Squadron

Airman Ciera D. Sanders, 910th Services Squadron

Airman Alvin Trapp Jr., 910th Civil Engineer Squadron

Airman Basic Anisha M. McCloud, 910th Medical Squadron

Airman Basic Jamie Quarterman, 910th Logistics Readiness Squadron

Airman Basic Matthew M. Wilcox, 910th Security Forces Squadron



Richard Lyle, 910th Maintenance Squadron

PROMOTION



Kenya D. Mills, 910th Services Squadron Donika M. Rivera, 910th Mission Support Flight Jeffrey M. Scott, 910th Logistics Readiness Squadron Paul J. Tatar II, 910th Maintenance Squadron John L. West, 910th Civil Engineer Squadron



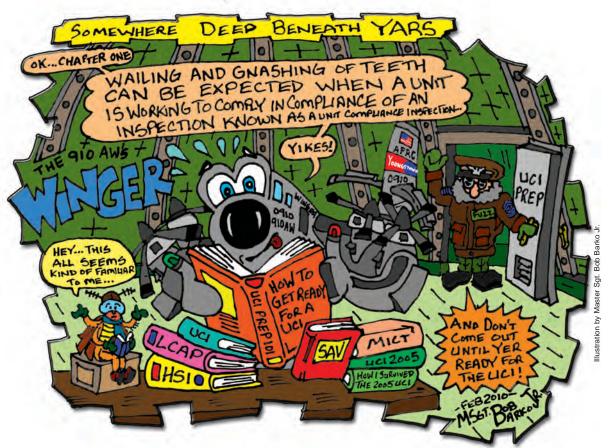
Jason D. Gallo, 910th Medical Squadron Ivan Gregory, 910th Maintenance Squadron



Gary R. Baker Jr., 910th Medical Squadron
Scott E. Brown, 910th Maintenance Squadron
Lauren K. Burgess, 910th Medical Squadron
Stephen V. Crenshaw, 910th Medical Squadron
Megan A. Demos, 910th Medical Squadron
Vincent J. Gonzales, 910th Maintenance Squadron
Brian M. Gowday, 910th Logistics Readiness Squadron
Jessie J. Hill, 910th Aircraft Maintenance Squadron
Derek R. Kilberg, 910th Medical Squadron
Noel N. Morris II, 910th Medical Squadron
Devon A. Parsons, 910th Civil Engineer Squadron
Jenelle M. Rodriguez, 910th Maintenance Squadron
Jade J. Stevens, 910th Maintenance Squadron



James L. Brock II, 910th Logistics Readiness Squadron



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## WINTER WEATHER



Photo by Maj. Brent Davis

# 910th CES plows through snowy season

Mr. Mike Deeb, a contractor with the 910th Civil Engineer Squadron, operates a ramp snow broom on the flightline Jan. 3, in preparation for the departure of a C-130H Hercules tactical cargo transport aircraft. The plane was carrying 13 members of the 910th Security Forces Squadron to McDill Air Force Base, Fla., while enroute to Kirkuk Air Base, Iraq, in support of Operation Iraqi Freedom. One of the responsibilities of 910th CES is to keep the runway, flightline and roads at the Youngstown Air Reserve Station clear of snow and ice. YARS personnel can call the 24-hour status line at 330-609-1800 or visit www.youngstown.afrc.af.mil for changes in base operations due to inclement winter weather.

8 February 2010