

ASIST Feedback from Fort Bliss Participants:



"It is a safe and fun class that teaches you how to save a life."

"Provides a structure to keep the caregiver in sink while performing an intervention."

"I didn't know what I didn't know. Now if I am presented with a situation, hopefully I can help. Before, I would have had no chance of helping."

"It's a good training for bad situations."



"Anyone can help with the proper instruction."

"It's not boring like other classes, it gets you interested with a lot of hands on activities."

"People need to educate themselves about this subject because it is a growing problem in the military."