

ASIST Feedback from Fort Bliss Participants:



I think it helps in understanding how to assist another individual who is in need or desperate for help.

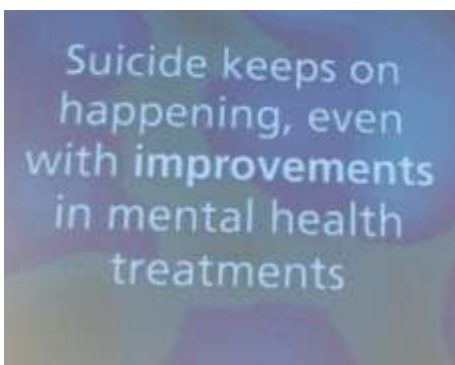
It does help to understand how to approach someone in distress.

You learn to be more open, more aware, and better prepared for situations to come.



It helps everyone to spot the signs of someone with suicidal thoughts.

Everyone needs to know how to handle a suicide situation.



I feel everyone should be ASIST trained to be able to help each other out and see the early warning signs.

