

ASIST Feedback from Fort Bliss Participants:

“Suicide is Serious and ASIST better helps people understand & communicate with the person considering suicide.”



“As a Soldier who lost a battle-buddy in A.I.T., I feel like this training would have been beneficial would have been beneficial to me if I had known the warning signs before.”

“I believe just the experience of the course gives you a willingness to be more helpful and thoughtful of others.”

“The class really helps a person stop and think.”

“The more personnel that are trained, the better the chance that someone will be there when it’s game time.”



“I would recommend ASIST to others, because it is important to know exactly how to deal with certain situations and it also helps eliminate the fear of getting involved.”

“I believe ASIST will dramatically decrease the suicide rate not only of the Army but of the U.S. population.”