

ASIST Feedback from Fort Bliss

Participants:

“There is no other program like it to help understand and actually feel like I could handle a situation dealing with

“Good training, it could help you save someone you know and love.”

“There is a good chance that ASIST is better than any other suicide training the Army has had.”

Fort Bliss Receives the Distinguished LivingWorks Suicide Safer Communities International Award

“Being placed in a situation involving suicide is uncomfortable but if you’re trained to handle it, you can work through it.”

“People need to educate themselves about this subject because it is a growing problem in the military.”



“Most suicide prevention classes just say help your battle buddy and watch out for him. ASIST actually teaches how to help.”

“There are a lot of people that have no concept of an individual contemplating suicide and how to deal with it. This course will allow them to have an idea before they have to use it in real life.”

“It helps individuals prepare to ask the hard questions about suicide.”

“This is a very valuable class not only for others, but you learn a lot about yourself and it changes your mindset. There is a lot more to “suicide” than that black and white mind frame. It teaches you to be prepared for the gray.”