

# HAWC



*“The AF Health Promotion’s mission is to cultivate a fit and healthy force”*

## Services: (located inside base gym)

- *Fitness:* members placed on a fitness exception greater than 30 days, testing within 30 days of their profile or overdue on their fitness assessment needs to get an AF Form 422 from the HAWC. Downtown profiles need to be taken to the member’s on-base provider for it to be transferred into an AF Form 469. Limitations need to be specific, no “prolong” terminology, ex: no walking >1/2 mile.
- *Nutrition:* classes offered for cholesterol, diabetes, weight loss, prenatal nutrition, kids nutrition (8-12 years old). Members can be referred to the RD to be seen for other outpatient diagnosis.
- *Tobacco Cessation:* members wishing to participate in the program MUST fill out appropriate paperwork at the HAWC. 3 Tier program approach: Tier 1: nicotine gum or patch, Tier 2: Zyban, Tier 3: Chantix (physician approval is needed). All patients in any tier must call the American Lung Association (ALA) line for weekly check-ins at 1-877-695-7848. Off-base prescription need to be taken to the HAWC to get medication on-base pharmacy and to be enrolled in program. Only ONE nicotine replacement therapy will be dispensed at a time.

## HOURS OF OPERATION/ PHONE NUMBERS

### Monday - Friday

Pharmacy: 0730-1700

Laboratory: 0730-1630

Radiology: 0730-1630

HAWC: 0730-1630

All areas have morning hours, 0730-1100, on the 2nd Friday of each month due to training.



## ANCILLARY SERVICES

Pharmacy: 325-696-4677

Laboratory: 325-696-2301

Radiology: 325-696-8508

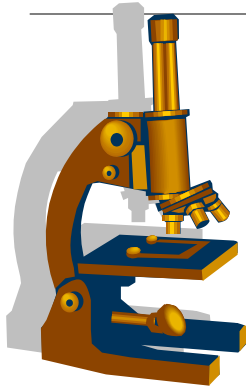
HAWC: 325-696-4140

## ANCILLARY SERVICES



A listing of the services provide by the Pharmacy, Laboratory, Radiology, and HAWC.

## LABORATORY



- The 7 MDG laboratory performs most common lab tests. All tests that we cannot perform in-house are sent to military and civilian reference labs for testing.
- We can perform or collect tests from on or off-base providers. Bring the order to our lab.
- We can perform lab tests ordered by your referral provider. Bring order to our lab.
- If there is any concern over whether we perform a test, please call us first at 325-696-2301.
- Some tests require special preparation such as fasting or a special diet. Please contact the lab at 696-2301 prior to your visit to the 7th MDG to receive any special instructions.



## PHARMACY

- The 7 MDG Pharmacy can fill prescriptions from any licensed medical provider.
- For a list of the medications stocked by the pharmacy, please visit <http://www.dyess.af.mil/units/7thmedicalgroup.asp> and click on “Outpatient Formulary” under Pharmacy Information, or ask a member of our staff for a copy of the formulary.
- We accept hand-written prescriptions, prescriptions faxed to us by your doctor (fax # 325-696-3359) or prescriptions sent to us by your provider at the 7th Medical Group.
- Our automated refill system is available 24 hours a day/ 7 days a week for your convenience. Call 325-696-1858 to refill your prescription. Allow for 2 business days in advance of desired pick-up.
- If you have any questions about your medication, please call us at 325-969-4677, option 4, between the hours of 0730-1630 Mon-Fri (except on Holidays and Family days)



## RADIOLOGY



- The 7 MDG Radiology Clinic performs routine diagnostic imaging. We provide in-house and off-base physicians with basic x-rays (film or digital) as ordered. (no-contrast)
- For advanced studies (MRI, CT, Contrast) please visit the referral management office.
- We can provide patients with copies/ digital copies of exams taken at Dyess for off-base referrals. For previous radiologic exams completed elsewhere, we can fax requests and receive those exams via mail.

