

The 7th Medical Group is closed for all Federal holidays and ACC family days. The 7 MDG will also be close at 1100 the 2nd Friday of every month.

2012 7 MDG CLOSINGS

Federal Holidays

16 January	20 February
28 May	4 July
3 September	8 October
12 November	22 November
25 December	

ACC Family Days

25 May	31 August
23 November	24 December

Emergent

Emergency conditions are those that require immediate medical treatment (potential loss of life, limb or sight). The 7th Medical Group does not have an emergency room. **If you or your family needs emergency care, go to the nearest hospital or call 911.**

Hospitals with Emergency Rooms

Abilene Regional Medical Center
 (325) 428-1000
 6250 Highway 83-84
 Abilene TX 79606

Hendrick Medical Center
 (325) 670-2000
 1900 Pine Street
 Abilene TX 79601

**Medical Treatment Facility
 Hours of Operation**

Mon-Fri 0730-1630

Appointment Line (325) 696-4677
 Monday-Friday 0700-1600

Other Important Phone Numbers	
Clinic	Phone #
Appointments	696-4677
Family Advocacy	696-5380
Dental	696-2304
Flight Medicine	696-5490
Health & Wellness	696-4140
Mental Health	696-5380
Immunization/Allergy Clinic	696-1788
Laboratory	696-2301
Optometry	696-4438
Pediatrics	696-4677
Pharmacy	696-1585
Prescription Refills	
Physical Therapy	696-5451
Public Health	696-5478
Radiology/X-Rays	696-2375
Women's Health	696-5432

Join us on Facebook at

<http://www.facebook.com/pages/AFMS-Dyess-7th-Medical-Group/213559558658022>

TRICARE Online

For more information on TRICARE, including making appointments and refilling prescriptions online, please visit www.tricareonline.com.

7th Medical Group

Patient Centered

Medical Home

Information

Sheet



*Health care that revolves
 around you....*

What is Patient Centered Medical Home?

PCMH is an active approach to establish a “medical home” for everyone. Care is coordinated by your individual medical provider who is leading a team of medical professionals providing continuous, comprehensive and personalized prevention-based healthcare.

Why PCMH? We are leading the way in the Air Force because we are committed to providing you greater, faster access to your healthcare team. Through effective communication and building continuous healing relationships you will be receiving greater resources to help care for yourself and your family.

The key is continuity! You shouldn't have to worry about seeing a different provider each time you visit the clinic. Every effort will be made to ensure you are cared for by the same family health team (technician, nurse and provider) everytime you visit the clinic. Improved continuity means better medical management. We strive to meet your medical needs through your “medical home” team.

PCMH focuses on the patient being the center of healthcare and the driver of care rather than the passive recipient. Care that is truly patient-centered considers patients' cultural traditions, personal preferences and values, family situations and lifestyle. It makes the patient and their loved ones an integral part of the care team who collaborate with health care professionals in making clinical decisions. Patient-centered care puts responsibility for important aspects of self-care and monitoring in the patients' hands – along with the tools and support they need to carry out that responsibility. Patient-centered care ensures that transitions between providers and healthcare settings are respectful, coordinated and efficient.

How to access care?

All patients can call the appointment line at (325) 696-4677 or visit www.tricareonline.com to make an appointment. Active duty personnel will be seen at the 7th Medical Group for all urgent care within 24 hours. When there are no appointments available within 24 hours for urgent conditions, non-Active Duty patients will be directed to one of the Urgent Care Clinics. Routine appointments will be scheduled and seen within 7 calendar days. All other appointment types are scheduled as soon as possible but no later than 30 days out.

Supervisors of active duty are reminded that they can grant Quarters up to 24 hours to their personnel without a medical appointment IAW AFI 41-210, 3.6.4.

What is Urgent Care?

An urgent healthcare condition is an illness or injury that won't cause further disability or death if not treated within 24 hours, but does require professional intervention to prevent it from developing into a greater health threat. Some examples of urgent care situations are minor lacerations, urinary tract infections, migraine headaches, sprains, rising fever and possible ear infections.

Urgent Care outside the 7 MDG

TRICARE Prime beneficiaries enrolled to the 7th Medical Group must call the appointment line to receive authorization to be seen in the downtown network for Urgent Care during duty hours.

Urgent Care Healthcare Finder

When the 7 MDG appointment line is closed, Monday through Friday 1600-2000 and Saturday through Sunday 0800-2000, TRICARE Prime beneficiaries must first call the Healthcare Finder Line at **(1 800) 444-5445** to seek an Urgent Care authorization. Beneficiaries seeking routine care will be referred back to the MTF to seek an appointment with their PCM during duty hours. If you or your family needs Urgent Care and it is not during duty hours or the specified “Healthcare Finder” hours, you should seek care at one of the Urgent Care clinics below.

Dr. J Express Care

***Ages 5 months + only**

3802 Catclaw Drive
(325) 690-1500
Mon-Sat (0800-1930); Sun (0800-1800)

1634 State Highway 351
(325) 676-1100
Mon-Sat (0830-1900); Sun (Closed)

Abilene Diagnostic Walk-in Clinic

***Ages 5 months + only**

1665 Antilley Road, Ste 120
(325) 793-5148
M-F 0800-2100; Sat 0800-1800; Sun 1000-1800

560 N Judge Ely Blvd
(325) 677-4904
M-F 0800-2100; Sat 0800-1800; Sun 1000-1800

*****Important*****

Following the guidance of TRO-South policy, if the patient does not call to receive authorization, they will be billed under the TRICARE Prime Point-Of-Service (POS) option, requiring out-of-pocket payment for the medical bill incurred. Please call if you have any questions.