

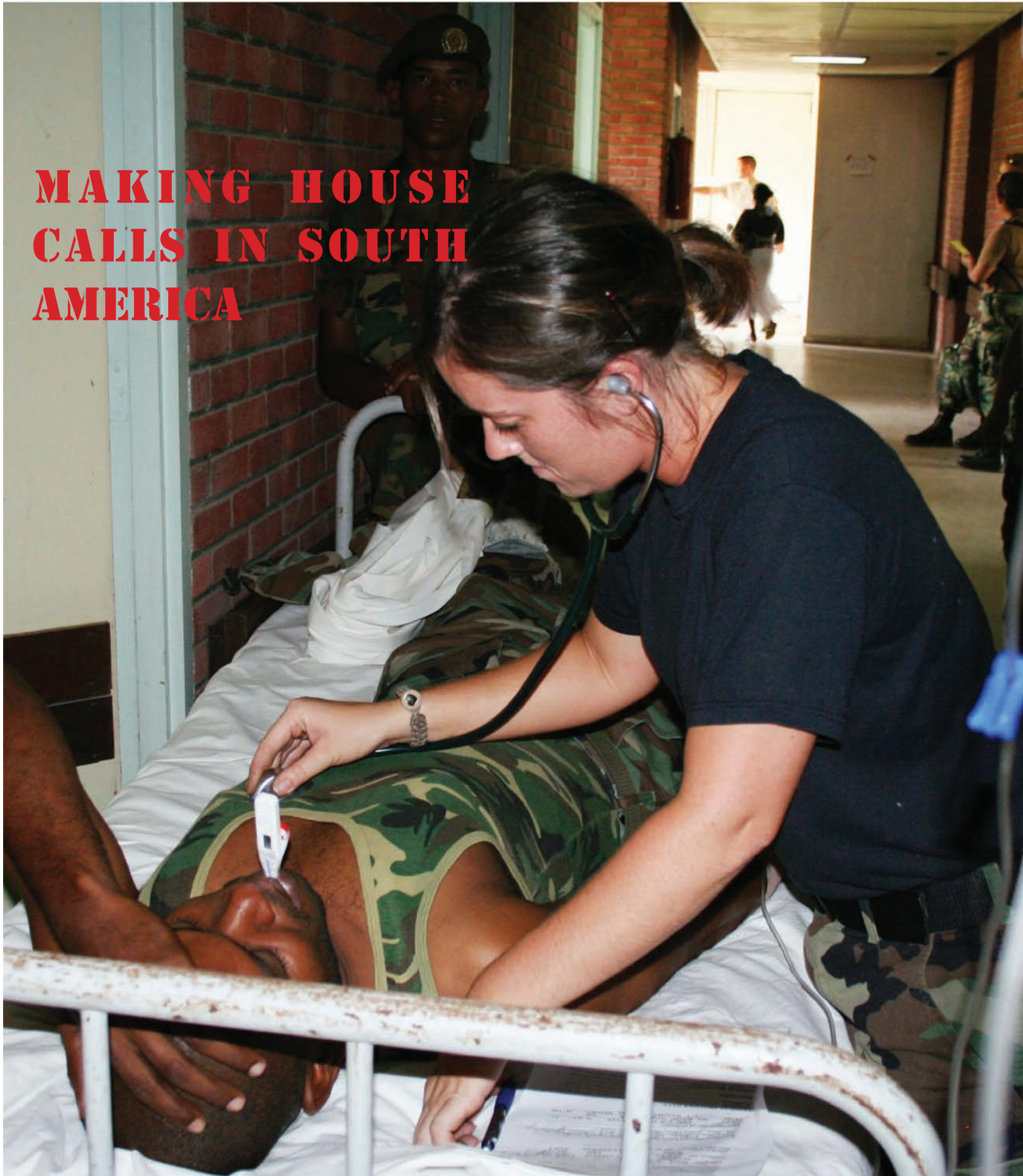
VIKING FLYER

934th Airlift Wing (AFRC)

Minneapolis-St. Paul IAP Air Reserve Station, Minn.

September 2008 Vol. 30, No. 8

MAKING HOUSE CALLS IN SOUTH AMERICA



Ready to deploy?

By Col. Nancy Brooks
934th Mission Support Group
commander



Are You Ready to Deploy?

The ORI is over and our focus is shifting back to the war effort. Every unit in the wing is now looking at deployment over the next year; some for 30 days, some 120 and many are facing 179+ days of activation. Within the Mission Support Group, our AEF cycle begins next year. Folks have been volunteering from every organization to fill a multitude of taskings and the support is phenomenal. Many of you were activated after 9/11 and then again in 2003-4; you are quite familiar with the process and know what you need to do to be ready. And each year since 9/11, the Air Force is doing more and more to make the process easier for you and your families. This year is no different.

The National Defense Authorization Act for FY08 established a new program to help you and your families with a multitude of things to better support you. This YELLOW RIBBON REINTEGRATION program is “hot off the press” and still in its infancy but offers many benefits not available before. It’s a national combat veteran reintegration program specifically for reserve/guard personnel and their families with the goal of supporting you through all four phases of the deployment cycle – Pre-Deployment, Deployment, Demobilization (as required) and Post-Deployment-Reconstitution.

Our families are our lifeblood and without their support, we could not

do what we do. Our lives, as military members, get pretty basic when we deploy. We work hard, eat, sleep and get to the gym. We don’t have the day-to-day activities that are part of normal life—we leave that to others for the duration of our deployment. Whether that deployment is for 30 days or a year, we need to rely on someone else to assist. Who is that “someone” in your life? Have you done everything you can to let them know the resources available when you are not around? Our network on the base has grown exponentially over the past few years. We have outreach processes within each organization and within our Airman and Family Readiness Office. And, we will do our best to tell you what you need to know before you go and stay in touch with you and your family while you are gone.

As reservists, we are in a constant state of Pre-Deployment. We flood you with information each UTA and it can be difficult to retain all the information we throw at you. We’re trying to cram an active duty schedule onto a weekend – it’s tough! But part of this Pre-Deployment phase is keeping you ready. Are your shots current? Are you qualified on your weapon? Is your chemical warfare training current? How are you coming with your OJT in your AFSC? All this and more greet you each time you come to your UTA so getting ready for a deployment and remembering the details for your family can only add to your stress level. But, it’s something we all have to make room for.

As you get ready to deploy, you have to ask yourself “Are my personal affairs in order?” Does my family know what to do and where to turn while I’m gone? Do they know the available assistance and benefits? Is there a family network they’re connected to? Have I been talking to them? Do they understand? At the Airman and Family Readiness Center, we are here to help. Yearly, represen-

Continued on next page

VIKING FLYER

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This funded Air Force newspaper is an authorized publication for members of the U.S. military services. The content of the *Viking Flyer* is not necessarily the views of or endorsed by the U.S. government, the Department of Defense or the Department of the Air Force.

The editorial content is edited, prepared and provided by the 934th Airlift Wing Public Affairs Office (U.S. Air Force Reserve Command), Minneapolis-St. Paul International Airport Joint Air Reserve Station, 760 Military Highway, Minneapolis, MN 55450-2100. For more information, call (612) 713-1217.

The *Viking Flyer* is mailed to reservists’ homes. Copies of the *Viking Flyer* are also available at various locations on base.

All photos are Air Force photographs unless otherwise indicated.

The deadline for all submissions is the Sunday of the UTA one month prior to publication.

Report suspected occurrences of Fraud, Waste and Abuse to the FWA hotline at (612) 713-1180

On the cover

Tech. Sgt. Mackenzie Schroeder, 934th Aeromedical Staging Squadron, takes care of a Surinameese soldier who succumbed to Shigella’s disease. See story on page 7. (Air Force Photo/Maj. Jerome Hall)

Commentary

Continued from previous page

tatives will come to your squadron and brief you on current benefits and pitfalls. But, if that still doesn't answer all your questions, we are still here to help – all you have to do is ask.

The second phase of the deployment cycle is when you actually deploy. You're gone and your family is here without you. If you've done everything you can during your pre-deployment phase, they have what they need. But, we are still here for them. If you request it, we can maintain routine contact with your family throughout your deployment. Touching base with them periodically to let them know we're here and we care. It is an extremely stressful time for them when you're gone no matter how strong they are when you're home. The whole of your day-to-day life can fall to your family and if you have children, that only compounds. We have benefits and services available to them to make it a little easier – our local community is very supportive of us and at any given point in time we have a variety of services to offer our deployed personnel. The most common is a phone card, support groups, email exchanges, groceries, basic financial management training, family life education and a variety of commodities donated by local businesses. And, of course, morale calls for the military member and "Hearts Apart" calls for the family members! We're here to help make your deployment as smooth as possible for both you and your family, but you need to ask (and please do!).

Our newest phase and one which we're putting a lot of emphasis on lately is Reunion and Reintegration – Bringing you home, reuniting you with your family and reintegrating you back into your normal pre-deployment life. It may sound easy, but depending on how long you've been deployed, where you went, what you did while deployed, and what's happened while you've been gone, this can be an extremely stressful time. The family has moved on without you – you'll feel the change. It may be subtle or blatantly obvious, but there will be change. You

haven't been around and even though you've been talking to them often, things will be different. How do you handle that? Post-Traumatic Stress Disorder (PTSD) has been in the news a lot lately. The military is experiencing record numbers of personnel suffering from their deployments.

The Army deploys for the longest duration and suffers the most, but as with reintegration, your susceptibility will depend on your job, where you went and what you experienced. How well are you sleeping?

We are working closely with our sister services in offering a variety of programs to help you readjust back to your pre-deployment life or more often a NEW Normal encompassing all of the experiences a deployment provides--- member and loved ones. Each month, we're finding more and more informa-

tion and resources to make the transition as easy as possible. We have a somewhat structured schedule right now to make sure we stay in touch with you and your family through those first few critical weeks. Many State, DoD and VA benefits are available to you. We work closely with the Minnesota National Guard to offer you the best assistance our area has to offer. Even if you think everything is fine, you might be surprised to see what you can learn.

The 934 AW Airman & Family Readiness programs are free! They are there for the asking and will only enhance your quality of life before, during and after your deployment. I strongly encourage each wing member to at least look to see what is available. Our goal is to make your deployment a smooth process; both for you and your family. See you in the processing line!

Energy saving tips

By Carlos A. Batista
934th Civil Engineer Squadron

This fiscal year the 934th Airlift Wing will spend over \$1,100,000 in utilities bills. To help the Wing reduce our energy consumption, I have compiled a list of "Top 10 Tips to Save Energy" to implement in your workplace:

10. Use desk lamps for close work instead of overhead fixtures, and keep all lamps and lighting fixtures unobstructed and clean

9. Make sure cracked or broken windows are fixed

8. Make use of sunlight to heat and light your work area

7. Make sure the break room refrigerator door seals are tight and in good condition, and the freezer is defrosted regularly

6. Do not obstruct the flow of conditioned air (cooling or heating) with curtains, furniture or appliances

5. Turn off lights when leaving the room for an extended period

4. Turn off radios when leaving the room

3. Keep all exterior doors and windows closed

2. Close shades in the summer to prevent warming by the sun, and open shades in the winter to heat and light your work area

1. If you notice any building problems (HVAC not working properly, weather-stripping and caulking is old and dried or peeling, air leakage in and around electrical outlets, etc.) call the Trouble Desk at Ext. 1918

Take this job and ...

By Staff Sgt. Josh Moshier
934th Public Affairs

Fifty business owners, managers and supervisors from greater Minnesota, Wisconsin and Illinois converged on the 934th Airlift Wing Aug. 2 to take part in the wing's annual Employers Day orientation activities.

The group, all civilian employers for members of the 934th AW, was treated to a day of following around their employees at their various Air Force Reserve duty locations, learning about the roles and responsibilities of their employees while on Reserve duty, and a familiarization flight aboard one of the wing's C-130 Hercules aircraft.

The flight, which took employers over the north harbor of Lake Superior, was among the highlights of the event for many.

"Flying in the C-130 was an incredible experience," said Ruth Howell, Allianz Life Insurance. "It helped me better understand what the Air Force does here, and it makes me proud to know we help support this organization."

Employers from Wisconsin and Illinois were flown to and from the base on a C-130 out of Milwaukee.

"The flight was fantastic," said Patrick Litke, Town and Country Electric, Stevens Point, Wis., and civilian employer for Staff Sgt. Mitchell Haraldson, 934th Mission Support Flight. "I got to see the landing from the cockpit, and it really lends another aspect to the air travel experience."

Other employers took pride in being able to see what their employees get to do for work during their Unit Training Assembly weekends.

Brandy Laack, J.C. Morgan Chase, Milwaukee, and civilian employer for Tech. Sgt. Jeffrey Haydock, 27th Aerial Port Squadron, was amazed by the technology and technical expertise her employee works with and exhibits in his duties.

"Jeff was showing me a computer program regarding how they balance the load weights on the plane," she said. "It was amazing to see them move one little bit on

"Employers play an important role in the success of our mission in the Air Force Reserve"

--Col. Tim Tarchick



Holly Andreasen gets a 360 degree view of the world from the cockpit bubble in the C-130.



Employers get ready for takeoff aboard a C-130. (Air Force Photos/Master Sgt. Kerry Bartlett)

... show it

Civilian employers get a close up look at the 934th

the computer and how it affects the dynamics of the whole plane. That was really cool.”

Overall, the event was a success, said Col. Tim Tarchick, 934 AW commander.

“Employers play an important role in the success of our

mission in the Air Force Reserve,” Colonel Tarchick said.

“An event like this is important to help them better understand what their people are doing when they leave home every month, and just to say thank you to them for allowing their people to serve.”



Master Sgt. James Canniff, 934th Life Support, explains the workings of a parachute.



Tech. Sgt. Andrea Burnett, 934th vehicle operations technician, shares a laugh with her boss Joshua Andrews.

SURINAME

Beyond the Horizon

By Tech. Sgt. Ronald Holbeck
934th Aeromedical Staging Squadron



Suriname citizens await treatment by 934th members. (Air Force Photos/Maj. Jerome Hall)

For two weeks, many members of the 934 ASTS, along with several augmentees, were deployed to Suriname, South America, to support the United States Southern Command mission known as Beyond the Horizon. Beyond the Horizon is a joint partnership between the United States and several Central and South American countries whose aim is to provide humanitarian assistance to the people of Central and South America, including the nation of Suriname.

The role of the 934 ASTS members was to work alongside the Surinamese military to provide dental, eye, veterinarian, pharmaceutical, and general health care to the people (and animals) of Suriname. The Beyond the Horizons program in Suriname has gained tremendous support from U.S. Ambassador to Suriname, Lisa Bobbie Schreiber Hughes, who personally came to witness the works of the deployed team on two occasions.



A Surinameese child follows the lead of Tech. Sgt. Mackenzie Schroeder.

Suriname is a small nation that lies just above the equator and shares a border with Brazil. It is a nation full of

thick rain forests, exotic animals, and one of the most richly diverse cultures in the western hemisphere. The people were friendly, generous and gracious, making it a true pleasure to team up with their military and provide the healthcare they often required.

The deployment, which took countless months to plan, was put together by the combined efforts of Maj. Jerry Hall and Master Sgt. Deb Broer of the 934 ASTS and Lt. Col. Luis Morales from Air Force Reserve Command headquarters who plays a key role in the AF International Health Specialist program, which works frequently with SouthCom to develop this type of humanitarian tour. Together, they mapped out the logistics of the mission, chose the team that would go, and determined the supplies that would be needed

to successfully complete the mission. After many unplanned surprises, an ADVON team consisting of Master Sgts. Mark Flannery and Kathleen Gottschalk, 934 ASTS, headed for Suriname to prepare for what would be a tiring, yet rewarding mission.

For two weeks from July 26th-August 10th, the healthcare team assembled and provided care to over 3000 patients. Together, the group of reservists bonded together to form a team who would work together to accomplish their mission while also making lifelong friendships with each other and with the people of Suriname.

An average day for the group in Suriname consisted of early morning bus rides along what may be the bumpiest road on the planet to a vacant school building, which each day was converted into a field hospital. Supplies were offloaded at each location as the group worked frantically every morning to turn classrooms into dental offices, pharmacies, doctor's offices, and administrative offices.

Once the site was set up, the doors opened and the patients came in droves. In the midst of hot, tropical days, the reservists worked tirelessly to give care to as many patients as possible. Working particularly hard was our dental team, which consisted of four 934 ASTS members, Lt Col Dave Doroff, Major Kevin Huether, Sergeant Gottschalk, and Tech. Sgt. Jennifer Stodula. Together, this team saw over 350 patients and extracted over 700 teeth.

At the end of each workday, the reservists packed up the hospital supplies and left the site for their home base, which always seemed to be infinity miles of moon crater sized potholes when you were on the back of the bus.

Once at their housing assignments in the city of Moengo, the reservists spent their evenings discussing the days events, watching TV, running, walking, swimming, and taking much needed showers. While the deployment was two straight weeks of non-stop work, it was rewarding work that none of the deployed members will ever forget or regret.

The opportunity to assist our friends in such a far away and unique place is one that each member of the team should feel blessed to be a part of. From the amazing animals and plants of the jungle, to the surprisingly grateful and generous people, our trip to Suriname truly allowed us all to appreciate our works Beyond the Horizon.

SURINAME

EMERGENCY

By Tech. Sgt. Ronald Holbeck
934th Aeromedical Staging Squadron

On their recent deployment to Suriname, members of the 934 ASTS relied heavily on the Surinamese military to assist them with translation as well as to guide them while they interacted with the local population. The Surinamese military members were a valuable tool when it came to patient flow, force protection, and general patient care.

The deployed reservists quickly found out how valuable those Surinamese soldiers were when they were all faced with a sudden crisis, which placed their Surinamese counterparts in a medical emergency. While providing healthcare to the people of Albina, Suriname, many of the Surinamese soldiers started complaining about stomach cramps. Shortly after noon, the severity of these cramps caused some of the soldiers to collapse in pain and developed high fevers.

Soon, while providing healthcare to the civilian population of Suriname, the deployed Air Force members were providing emergency care to their co-workers, who were all facing an unknown illness which could quickly have resulted in severe dehydration in the humid equatorial heat.

Nurses and med-techs rapidly began putting together a treatment area where they started IV fluids in hopes of stabilizing their condition.

Three Suriname soldiers required transfer to a hospital for additional treatment. The hospital was located in Paramiribo, which was over three



Lt. Col. David Doroff, and Master Sgt. Kathleen Gottschalk treat a Surinamese patient. (Air Force Photos/Maj. Jerome Hall)

long hours away. Two members of the team, Lt Col Fran McCabe, who is an IMA from the Pentagon, and Staff Sgt. Mackenzie Schroeder of the 934 ASTS agreed to ride the ambulance with the soldiers so that they could continue to provide care en route.

As the ill troops and the Air Force members were on their journey to the Paramaribo hospital, many of the remaining Surinamese soldiers began to show symptoms of the illness. Three more soldiers required IV fluids, which were started by the deployed team members. Colonel McCabe and Sergeant Schroeder returned to base camp after six hours of traveling only to find that there was an entirely new group of soldiers who also needed transport to the hospital.

Colonel McCabe and Sergeant Schroeder, who had already endured a full regular workday, then spent over six hours transporting ill patients to Paramaribo, quickly volunteered to assist

the new group of ill soldiers through the dark jungle to the city of Paramaribo. The two provided critical patient care to their friends and co-workers and in the end had worked almost a full 24-hour day.

Many would have used this long night as an excuse to miss the next day's work. But Colonel McCabe and Sergeant Schroeder, realizing the healthcare members would be severely shorthanded with the loss of so many translators and assistants, were back with the group the next morning and worked tirelessly alongside the group performing the mission they were sent to do.

As for the Surinamese patients, their diagnosis was shigellosis, a food and water-borne illness usually caused by poor hygiene. Realizing they had the opportunity to possibly educate and possible prevent another outbreak from occurring in the future, the deployed military public health team inspected the Surinamese living quarters and found such discrepancies as thawed and refrozen foods, shared water bottles, lack of soap, use of contaminated river water and generally poor hygiene practices, especially when it came to hand washing. With that information, the deployed healthcare providers found themselves giving an impromptu field hygiene class to their Surinamese counterparts. And, from this experience, we were all reminded of the importance of good hygiene and sanitation, especially when in the field.



Staff Sgt. Bradley Mortenson helps a child improve her dental health.

Child's Play!

It's Family Day!





More than 2,000 military members, veterans and family members attended the annual 934th Family Day Aug. 3. Events included special costumed characters, informational booths, games, door prizes, food and a children's interactive band.



Col. Steve DeWerff, 934th Airlift Wing vice commander (right) receives his retirement certificate from Col. Tim Tarchick, 934th Airlift Wing commander. (Air Force photos/Master Sgt. Paul Zadach)



Col. Steve DeWerff, (center) is "toasted" by Col. Eric Brandes, 934th Maintenance Group commander, after his Fini Flight as Command Chief Master Sgt. Jan Dalton shares in the celebration of Colonel DeWerff's 30 years in service.



Tech. Sgt. Tom Theis (center) receives a commemorative Security Forces statue at his retirement ceremony from Lt. Col. Ted Ruminsky, 934th Security Forces Squadron commander, and Col. Nancy Brooks, 934th Mission Support Group commander. (Air Force photo/Tech. Sgt. Jeff Williams)



Maj. Erica Cashin accepts the 934th Mission Support Flight flag from Col. Nancy Brooks marking her assumption of command as Master Sgt. Warren Wruck serves as guidon during the ceremony. (Air Force Photo/Staff Sgt. Michael Edmond)

Read the Viking Flyer online: www.minneapolis.afrc.af.mil



What's happening during the UTA



Time	Activity	Location	POC
Sept. 6			
7:30 a.m. to 4 p.m.	Newcomers Flight	Per schedule	Master Sgt. Besser, ext. 1755
8 a.m to 12 p.m.	AFOQT/AFCT Testing	Bldg. 852, room 206	Senior Master Sgt. Lunde, ext.1501
8 a.m. to 2:30 p.m.	MPF ID Cards Open	Bldg. 852, room 105	Tech. Sgt. Jorgensen, ext. 1085
8:30 a.m. to 12 p.m.	Disaster Prep, CONOPS Refresher	Bldg. 760, room 130	Senior Master Sgt. Johnson, ext. 1934
8:45 a.m. to 11:30 a.m.	Physical Exams	Bldg. 840	Senior Master Sgt. Hanson, ext. 1642
8:45 a.m. to 11:30 a.m.	Sick Call	Bldg. 840	Master Sgt. Rebholtz, ext. 1612
8:45 a.m. to 11:30 a.m.	ASTS Laboratory Draws (All lab draws)	Bldg. 840	Master Sgt. Kaufmann, ext. 1633
8:45 a.m. to 11:15 a.m.	Hearing Exams	Bldg. 840	Master Sgt. Rebholtz, ext. 1612
9 a.m. to 10 a.m.	Deployment working group meeting	Bldg. 862	
9 a.m. to 10 a.m.	Documenting TQT	Bldg. 760 room 130	Senior Master Sgt. Johnson ext. 1934
9 a.m. to 11:30 p.m.	Immunizations	Bldg. 840	Senior Master Sgt. Brausen, ext. 1617
9 a.m. to 10 a.m.	First Sergeants Council Meeting	Wing CC Conference Room	Chief Master Sgt. Dalton, ext. 1211
9 a.m. to 10 a.m.	Unit Deployment Meeting	Bldg. 760, room 194	Tech. Sgt. Rice, ext. 1788
9:30 a.m. to 11:30 a.m.	Medical Outprocessing	Bldg. 840	Senior Master Sgt. Goetz, ext. 1642
12:15 a.m. to 4:15 p.m.	Certifying HAZMAT	Bldg. 862	Tech. Sgt. Rice, ext. 1788
12:30 a.m. to 4 p.m.	Physical Exams	Bldg. 840	Senior Master Sgt. Hanson, ext. 1642
12:30 a.m. to 3 p.m.	Immunizations	Bldg. 840	Senior Master Sgt. Brausen, ext. 1617
12:30 p.m. to 1:30 p.m.	Enlisted Advisory Council	Wing CC Conference Room	Chief Master Sgt. Dalton, ext. 1211
12:30 a.m. to 4 p.m.	Hearing Exams	Bldg. 840	Master Sgt. Rebholtz, ext. 1612
1 p.m. to 4 p.m.	Medical Outprocessing	Bldg. 840	Senior Master Sgt. Goetz, ext. 1642
1 p.m. to 4 p.m.	ASTS Labatory Draws (HIV only)	Bldg. 840	Master Sgt. Kaufmann, ext. 1633
1 p.m. to 4 p.m.	Sick Call	Bldg. 840	Master Sgt. Rebholtz, ext. 1612
Sept. 7			
7 a.m. to 7:30 a.m.	Catholic Services	Bldg. 725, Chapel	Chaplain Svoboda ext. 1226
8:30 a.m. to 11:30 a.m.	AF testing Appt. Only	Bldg. 852 room 206	Gary Hayda, ext. 1515
8:30 a.m. to 9:30 a.m.	HRDC Meeting	Wing CC Conference Room	Col. Vijums ext. 1204
9 a.m. to 9:30 a.m.	Protestant Services	Bldg. 725, Chapel	Chaplain Svoboda ext. 1226
10:00 to 10:30	Bundles for babies mini course	Bldg. 727 Family Readiness	Vicki Lokken ext. 1516
10:30 to 11:30	Preseparation briefing	Bldg. 727 Family Readiness	Vicki Lokken ext. 1516
10 a.m. to 11 a.m.	Chief's Council Meeting	Wing CC Conference Room	Chief Master Sgt. Dalton ext. 1211
7:30 a.m. to 4 p.m.	Newcomers Flight	Per schedule	Master Sgt. Besser, ext.1755
12:15 p.m. to 4:15 p.m.	Increment Manager Training	Bldg. 862	Tech. Sgt. Rice ext. 1788
1 p.m. to 4 p.m.	LOD Review Meeting	Bldg. 760, CC Conference Room	Senior Master Sgt. Atchley ext. 1607
3 p.m. to 3:30 p.m.	Catholic Services	Bldg. 725, Chapel	Chaplain (Capt.) Svoboda ext. 1226
1 p.m. to 2 p.m.	Readiness (predeployment) briefing	Bldg. 727 Family Readiness	Vicki Lokken ext. 1516
1 p.m. to 3 p.m.	Viking Family open house	Bldg. 727 Family Readiness	Vicki Lokken ext. 1516

UTA Dates

Month	934th	133rd	88th	Navy/Marines
September	6-7, 20-21	20-21	6-7	20-21
October	4-5	4-5	18-19	11-12
November	1-2	1-2	1-2	15-16
December	6-7	6-7	6-7	13-14
January 2009	10-11	TBA	10-11	10-11
February 2009	7-8	TBA	7-8	21-22
March 2009	7-8	TBA	7-8	14-15
April 2009	4-5	TBA	4-5	18-19
May 2009	2-3	TBA	2-3	16-17
June 2009	6-7	TBA	6-7	13-14

Ca\$e lot \$ale

Oct. 3-4

9 a.m. to 5 p.m.

Items will be displayed in Building 862. Place orders and pay in this building then proceed to Building 865 to pick-up items. This sale is open to anyone authorized to shop in an Armed Forces Commissary.

Civil Engineers

Thumbs up to Master Sgts. Christopher Rumreich and Thomas Schutz, Technical Sgt.s Kraig Crandall and Daniel Deranek who received the Commendation Medal.

Senior Master Sgt. Steven Nicolai deployed to Wahiawa, Hawaii, to assist with the Innovative Readiness Training Project, while there he supervised and instructed Army personnel on heavy equipment operations at the Helemano training grounds.

Staff Sgts. Jeffrey Shampo, Shaun Ramsett and Matthew Sutton (all Emergency Management) attended the two week 7-level school at Fort Leonard Wood, Mo.

CE welcomes two new members to the administration office, Senior Airman Kevin Carter and Airman Barrett Brandt.

Communications Flight

Thank you to CF members who provided support for Col. Stephen DeWerff's retirement celebrations and for the Mission Support Flight change of command ceremony.

Members have been deployed to Kuwait, Germany and Mississippi this month.

Congratulations to Senior Airman Stephanie Warner who scored 90 percent on her CDCs.

Congratulations to Maj. Carpenter who was awarded the Air Force Meritorious Medal.

Congrats to Staff Sgt. Curt Richter, who received a commander's coin and ORI Outstanding Performer award.

Welcome to Senior Airman Sara Beale from Hill AFB, Utah.

Logistic Readiness

Welcome to Senior Airmen Maria Pamer from Ellsworth Air Force Base, S.D., and Daniel Walsh from Seymour Johnson AFB, N.C.

Welcome Maj. Susan Maki, who has joined LRS as the officer in charge of material management and Capt Andrew Severt, who has joined vehicle maintenance.

Farewells and Good luck is extended to Maj. Heather McCue as she joins the 27th Aerial Port Squadron.

Congratulations to Todd Rice who

was promoted to master sergeant.

Congratulations are extended to the following July 2008 LDP graduates: Staff Sgts. Amanda Williams and John Kupka; and Senior Airmen Taylor Debel, Nicholas Ferry and Garrett Weston.

Maj. Brian McCullaugh successfully completed Air Command and Staff College, good job!

The newest additions to the LRS family include babies, Amber Victoria James and Payton Elizabeth Virkus.

Maintenance

Master Sgt. John Quinlan will be taking his expertise to the AGE shop, Tech. Sgt. Tim Stansbury will be joining the Plans and Scheduling section, and Senior Master Sgt. Tony Schmit has landed back on the Flight Line.

Staff Sgt. Jose Garza of the Structural Repair shop distinguished himself by competing vigorously in the Register's Annual Great Bike Ride Across Iowa, the largest bike tour of any kind in the world and encompasses a several hundred mile ride from one end of Iowa to the other.

Congrats to the newest promotees, Tech. Sgts. Tony Haider and Del Deatherage.

Best wishes to Staff Sgt. Dave Barrett of the Electro/Environmental shop and his bride, Terri, who recently welcomed their first child, Eva Mae.

Farewell to Senior Master Sgt. Jeff Dentz, who has taken a full time position with Minnesota's Veteran's Affairs department and Tech. Sgt. Gary Robbins, who will transfer to Pope AFB, N.C.

Thank you and good luck to Tech. Sgt. Todd Helton of the Hydraulics shop, who will be calling it a career after 21 years total including 17 great years here in Minneapolis.

A special "Best Dressed Oscar" was presented to Technical Sgt. Devin Heldman of the ELEN shop.

Military Personnel

Congratulations to Technical Sgts. Gregory Harper and Melissa Coppage who were awarded Community College of the Air Force degrees in Human Resource Management.

Welcome to Ginger Foster, a new civilian hire, who will be the new chief of customer Service. She comes to us from the maintenance shop.

Welcome back to Technical Sgt. Suzanne Harwood, who is returning from the NCO Academy at Peterson AFB, Colo., and Staff Sgt. Himmer (hired as a ART employment technician June 8), who completed the on-base Leadership Development Program June 16-27.

Congratulations to Maj. Erika Cashin, who assumed command of the MPF in a change of command ceremony.



Tech. Sgt. Suzanne Harwood, 934th Career Advisor, throws out the first pitch at the St. Paul Saints game Aug. 7. (Air Force Photo/Master Sgt. Paul Zadach)

Services

Lt. Col. Neal Landeen and Master Sgt. (ret) Kruger were awarded the Meritorious Medal while Maj. Uselding and Chief Master Sgt. Traxler-Siehndel were awarded Achievement Medals.

There were several promotions this month, including: Airman 1st Class Grant, Senior Airman Egan and Staff Sgt. Pangal.

We are sorry to say this is Margo's last UTA with the SVS. We also said goodbye to Kruger.

Continued on Page 14

“We Care” Drive

Donations of non-perishable groceries, detergent, combs/brushes, diapers, paper products, grocery gift cards, clothing, new children’s underwear, winter wear, socks, boys’/men’s clothes, jeans and sleepwear at the Airman and Family Readiness (Bldg 727), Base Exchange, Fitness Center, North Country Lodge and the 934 Airlift Wing Headquarters’ (Bldg 760).

Donations will be distributed to Sabathani Community Center (South Minneapolis), CEAP (North Minneapolis) and the Girls and Boys Clubs. For details, call (612) 713-1516.

UPRG access closes Sept. 30

The Military Personnel Flight here will be shipping all UPRGs to ARPC in January. In an effort to provide wing members the opportunity to have an electronic copy of the UPRG contents before they are shipped to ARPC, the MPF will offer appointments to unit representatives (units will designate one full-time employee authorized access to UPRGs and this POC can check out up to 10 records at a time) from 6 to 8 a.m., 11 a.m. and 1 p.m. and 3 to 4 p.m. Monday through Friday in the Finance Office. Contact 1st Lt. Andrew Williams at (612) 713-1755 for more details.

Breast cancer awareness walk

The American Cancer Society’s “Making Strides Against Breast Cancer” walk will be held Oct. 11 at Lake Nokomis. To join the 934th Airlift Wing team, contact Capt. S.J. Brown at sabra.brown@minneapolis.af.mil no later than Sept. 19 as T-shirts must be ordered no later than Sept. 20.

CFC fundraising kickoff

The Combined Federal Campaign will have its annual kickoff Sept. 26 with a night with the Minnesota Twins versus the Kansas City Royals. For every ticket purchased from fed-

eral and military employees, \$5 will go to one of the following CFC charities: Boys and Girls Clubs of the Twin Cities/Central Minnesota areas, Courage Center, Twin Cities Habitat for Humanity, Memorial Blood Centers, or you can choose to contribute to an undesignated fund. For more details, call Genie Racca at (612) 375-7512.

Open House

The Minneapolis-St. Paul Commemorative Air Force will host its annual Open House Sept. 6 from 10 a.m. to 4 p.m. at Hangar #3 at Fleming Field (310 Airport Road, South St. Paul, Minn.). For more information, visit the CAF website at www.cafmn.org/index.php.

Golden Gophers Tickets for Troops

The University of Minnesota is offering six free tickets to military members and their families (six total per family) for the Sept. 13, 11 a.m. game against Montana at the Metrodome in Minneapolis.

For tickets, send a self-addressed, stamped envelope to: National Guard Armory ESGR – Gopher Games, 8180 Belden Blvd., Cottage Grove MN 55016. On the back of the envelope write your name, unit and how many tickets you would like.

AFRC hiring recruiters

Air Force Reserve Command is seeking highly motivated individuals to recruit tomorrow’s Air Force Airmen. For more details, contact Senior Master Brian Boyd at brian.boyd@lackland.af.mil or call him at (210) 334-8433.

Mandatory SERE training

SERE 100 and Total Force Awareness must be completed no later than Sept. 7. TFA and SERE 100 can be accessed through ADLS. Additionally, training components can be found at G drive:\mspfs02\group\code-of-conduct\training_level_B.

GSA per diem 2009 rates

The General Services Administration’s annual per diem review has resulted in lodging and meal allowance changes for locations within the continental United States. The complete chart can be downloaded at www.gsa.gov/perdiem.

Veteran’s Read-A-Loud

The 934th Airlift Wing will be supporting a Minnesota Veteran’s Home Read-A-Loud program. The program will require volunteers to donate one hour each month (each UTA Saturday evening) reading to bed-ridden, speech-challenged veterans at the nearby Veteran’s Home. A background check and one-hour training is required for each volunteer. To volunteer, call the 934th Public Affairs office at ext. 1217.

Congratulations to recent promotees

Lt. Col. Rolf Breen, 96 AS	Staff Sgt. Kevin Egan, 934 SVS
Lt. Col. Mike Deselich, 27 APS	Staff Sgt. Joshua Moshier, 934 AW
Lt. Col. Robert Hockman, 96 AS	Staff Sgt. Caleb Nelson, 27 APS
Lt. Col. Todd Kay, 96 AS	Staff Sgt. Jolene Koch, 27 APS
Lt. Col. Tim O’Reilly, 96 AS	Staff Sgt. Thomas Kuhl, 934 ASTS
Lt. Col. Paul Peterson, 96 AS	Staff Sgt. Christopher Phillips, 27 APS
Lt. Col. David Zenner, 934 MDF	Staff Sgt. Matthew Sherman, 934 AW
Lt. Col. Carol Lupo, 934 AW	Staff Sgt. Ryan St. John, 934 SFS
Lt. Col. Bruce Wiskus, 96 AS	Staff Sgt. Stacy Davis, 934 ASTS
Senior Master Sgt. Joseph Bysedt, 934 MXS	Senior Airman Seukhwan Ko, 934 ASTS
Master Sgt. Todd Rice, 934 LRS	Senior Airman Melissa Grant, 934 SVS
Master Sgt. Michel Pierce, 934 MXS	Airman 1st Class Kishan Manning, 934 MXS
Tech. Sgt. Anthony Haider, 934 MXS	Airman Carrie Brahmer, 934 ASTS
Tech. Sgt. Anthony Pangal, 934 SVS	

VIKING VOICES

What is your favorite thing to do in the summer?



"I like Swimming!"
**Sarah Haagenson, daughter
of Tech. Sgt. Len Haagenson,
934th Logistics Readiness
Squadron.**

"I read fiction books and go to
amusement parks; they're fun!"
**Jasmine Helgeson, daughter
of Staff Sgt. Paul Keyes, 934th
Security Forces Squadron.**



"I like to play ball with mom."
**Nathanial Neff, son of Tech
Sgt. Terry Neff, 934th Commu-
nications Flight.**

"I catch bugs and butterflies and
go swimming."
**Barianna Mishler, daughter
of Capt. Denny Mishler, 96th
Airlift Squadron.**



Ready, set, vote!

Armed Forces Voter's Week is Sept. 1-5. Check out www.fvap.gov/index.htm for help on registering. For more information, contact your unit voting officer (listed below) or any Armed Forces Recruiting Service Center.

27 APS--Capt. Eric Bredemus, ext. 1137
96 AS--Capt. Andrew Thomas, ext. 1730
934 AES--Capt. Christine Jones, ext. 1890
934 AMX--Capt. Andrew Staut or Master Sgt. John Sadlovsky, ext. 1462
934 ASTS--Maj. Ronald Ross, ext. 1605
934 AW--Margo Wilkowski, ext. 1370
934 CE-- Master Sgt. John Kline, ext. 1945 or Technical Sgt. Kraig Crandall, ext. 1953
934 CF--Senior Master Sgt. Robert Rude, ext. 1629
934 LRS--Maj. Susan Maki, ext. 1203 or Master Sgt. Dennis Carow, ext. 1785
934 MXG--Lt. Col. Marvin Schaitel, ext. 3452
934 MOF--Master Sgt. Dale Klein, ext. 1521

934 MSF--Master Sgt. Steven Johnson or Technical Sgt. Deb Hanson, ext. 1516
934 MXS --Technical Sgt. Paul Mcnamee, ext. 1323
934 OSF--1st Lt. Jessica Lind-Lamoureux, ext. 1762
934 SFS--Master Sgt. Barry Haukoos, ext. 1807; Master Sgt. Thomas Robelia, Master Sgt. Donald Albee or Master Sgt. Bradley Weis (all at ext. 1808), Master Sgt. Michael Ross, ext. 1828, Master Sgt. Anthony Gamboni, ext. 1815 or Technical Sgt. Scott Chock, ext. 1102
934 SVS--Staff Sgt. Brandon Lancaster, ext. 1648 or Master Sgt. Richy Krueger, ext. 1636

Continued from Page 12

The SVS-hosted golf tournament and family day was a success. Thank you to all who supported it.

Security Forces

Congratulations to Technical Sergeant Thomas Theis on his retirement after completing 20 years combined service in the Air Force and Air Force Reserve.

Congratulations to Senior Airman Ryan St. John on his promotion to Staff Sergeant.

Staff Sergeant Paul Keyes was awarded the Air Force Achievement Medal for service in Saudi Arabia.

SFS welcomes new members Technical Sergeant Lawrence Folz, Staff Sergeant David Buzzo and Staff Sergeant Lori Sorn.



Flying spouses

Capt. Mitchell Maes, 934th Operations Support Flight, explains headphone use to Tammy Hauer (right), wife of Robert Hauer, 27 APS, and Teresa Rettman, wife of Ben Rettman, 934 AMXS during a Spouse Flight on Sunday of the August UTA. (Air Force Photo/Tech. Sgt. Jeff Williams)

HERC HERITAGE



Jan 8, 1959: Two ski-equipped C-130s from Tactical Air Command recovered equipment and people from Ice Island Charlie, after it began to break up 450-miles northwest of Point Barrow, Alaska. (Air Force Photo)



The gift of life

Senior Airman Corene Dunbar, 934th Mission Support Flight, talks with Red Cross technician Sade Currie, while she donates blood at the base blood drive Aug. 12. The goal of 40 units was exceeded with more than 50 people donating. The next blood drive will be Feb. 10. (Air Force Photo/Master Sgt. Paul Zadach)

**934th Airlift Wing
Public Affairs Office
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Minneapolis, MN 55450-2100**

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To the family of: