

EPSDT and Title V Collaboration to Improve Child Health

Informing and Involving Families

Under federal EPSDT rules, state Medicaid Agencies are required to inform all Medicaid eligible children under age 21 and their families about EPSDT on a timely basis, using effective methods of communication and clear, non-technical language in informing families.

Title V agencies – both the federal Maternal and Child Health Bureau and the state agencies that receive block grant funding – have a strong commitment promoting to family-centered, community-based, culturally competent systems of care. By promoting this approach for EPSDT, Title V agencies can help Medicaid agencies better fulfill their responsibilities to provide outreach and information to families.

Links to More Information

The following links will take you to examples of EPSDT information and promotional materials used across the country.

- Accessing Mental Health Services for Children in Maryland through the Medical Assistance/Medicaid EPSDT Benefit – an easy to use [fact sheet](#) for families.
- Parent- to-Parent of Vermont has produced an [excellent guide](#) for parents (particularly those whose children have special health needs) called Six Ways to Access Medicaid/EPSDT.
- California example of how to create a [one-page, quick-reference sheet](#) that tells what is covered for children under EPSDT and what agency should get the referral.
- [Background information](#) regarding the policy history of EPSDT and benefits for children with disabilities and special needs.
- Consumer friendly [state website](#) includes AAP and immunization schedule, ride assistance telephone line, FAQ, and treatment examples.
- A recent [booklet](#) for parents called "EPSDT: Supporting Children with Disabilities." (Focus on Maryland)
- User-friendly [information](#), with examples, from the Washington Protection and Advocacy System.