

When Your Child Is Diagnosed with **DIABETES**: **PARENTS' QUESTIONS** for the Health Care Team

Parents of children with diabetes often have concerns about the disease, its impact on their family, and how to keep their children safe and healthy. Use these questions to talk with your child's health care team and learn about your child's diabetes care needs... at diagnosis and later on as well.

What are the different types of diabetes?

- Which type of diabetes does our child have?
- Will it ever go away?

What does this mean for other members of our family?

- Does it mean our other children will get diabetes too?
- What about other family members?



What are my child's treatment goals?

- How can we help our child meet these goals?
- How often will our child need to visit **you** each year?



What other health care team members can help care for our child's diabetes?

- How do we contact them?

How can we work together as a family to help our child?

- How can we help our child check blood glucose, take insulin, eat healthy foods, be more active, and learn about diabetes?
- Who can help us work together as a family?

For the **ANSWERS** to these questions, and more information visit
www.ndep.nih.gov/diabetes/parents/parents_questions.htm

What emotional issues might our child and family face?

- Will diabetes affect the way our child behaves?
- When do we start letting our child manage his/her own diabetes care?
- Who can help us cope with these issues?



Should we tell friends and family about our child's diabetes?

Who can help us if we don't have medical insurance?

What resources are there to help our child in school?



What research is going on?

Additional Resources for Parents and Children

National Diabetes Education Program

Juvenile Diabetes Research Foundation International (JDRF)

Children with Diabetes

American Diabetes Association (ADA)

www.ndep.nih.gov or call 1-800-438-5383

www.jdrf.org or call 1-800-223-1138

www.childrenwithdiabetes.com

www.diabetes.org or call 1-800-DIABETES (1-800-342-2383)

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