



Effective Health Care

Arthritis Pain Relief: Copper vs. Marijuana Tea Nomination Summary Document

Results of Topic Selection Process & Next Steps

- Arthritis pain relief: copper vs. marijuana tea does not fit within the domain of the Effective Health Care (EHC) Program because it does not represent a healthcare intervention or activity that is generally available in the US. No further activity will be undertaken on this topic.

Topic Description

Nominator: Individual

Nomination Summary: The nominator is interested in comparing the effectiveness of two types of alternative remedies for reducing arthritis pain: (1) the use of a copper band; and (2) the use of a tea made of marijuana soaked in denatured alcohol. The nominator questions whether the marijuana tea therapy has ever been investigated.

Key Questions from Nominator: How effective are copper and marijuana tea for relieving arthritis pain?
Has the use of marijuana tea to relieve arthritis pain been investigated?

Considerations

- The topic does not meet EHC Program appropriateness criteria. (For more information, see <http://effectivehealthcare.ahrq.gov/index.cfm/submit-a-suggestion-for-research/how-are-research-topics-chosen/>.)