

Veterans Health Alliance of Long Island

Mental Health Association of Nassau County

“You served your country, now let your community support you”

SERVICES FOR LONG ISLAND VETERANS AND THEIR FAMILIES

For more information please call:

(516) 504-HELP

VETERANS HEALTH ALLIANCE OF LONG ISLAND: (rev. 1/12/10)

“You Served Your Country – Now Let Your Community Support You”

The Veterans Health Alliance of Long Island is comprised of representatives from state and county government, the VA, veterans organizations, mental health and substance abuse providers, universities, business and individual veterans, who all have a personal interest in supporting Long Island veterans.

The mission of the Veterans Health Alliance of Long Island is to: *Promote the health and well-being of Long Island veterans and their families through advocacy, and a broad array of services.*

A wide range of services and supports are available to veterans from all generations. Veterans may seek services from the VA in Northport, as well as from providers in their local community.

Some services are free. Others may be covered by private insurance, TRICARE, government benefits, or other forms of payment.

VA MEDICAL CENTER (Northport)

The VA in Northport offers a wide range of health, mental health, dental, rehabilitation, employment, substance abuse, pharmacy, aging and women’s services. Veterans of Operation Enduring Freedom (OEF) and veterans of Operation Iraqi Freedom (OIF) have a five year window of eligibility to register. Veterans from every generation are always encouraged to register with the VA.

CONTACT: VA Medical Center
79 Middleville Rd.
Northport, NY 11786
(631) 261-4400

EMOTIONAL SUPPORTS:

BABYLON VET CENTER (Babylon) (631) 661-3930

Provides war trauma psychotherapy. Eligibility based on military service during war or hostile actions. Has irregular hours to accommodate working veterans. All services are provided free.

CATHOLIC CHARITIES Freeport (516) 623-3322, Bayshore (631) 665-6707, Medford (631) 654-1919

Provides clinical treatment and counseling.

CENTRAL NASSAU GUIDANCE AND COUNSELING (Hicksville) (516) 822-6111

Provides clinical treatment, counseling, rehabilitation and substance abuse services.

DR. DAVID CURTIS (Huntington) (516) 768-5798

Licensed clinical psychologist offering pro bono counseling for OEF / OIF veterans and immediate family members. (Please call for availability.)

FAMILY AND CHILDREN'S ASSOCIATION (Hicksville) (516) 935-6858

Operates a Veterans Resource Center providing mental health (including PTSD) and substance abuse counseling for veterans and their families.

FAMILY SERVICE LEAGUE (Suffolk - Various locations) (631) 647-3100 ext. 123

Provides clinical treatment, counseling and substance abuse services.

FEGS (Central Islip, Center Moriches) For appointments call (516) 364-0794

Provides clinical treatment, counseling and substance abuse services.

FEDERATION OF ORGANIZATIONS (Nassau, Suffolk -Various locations) 1-877-INTAKES

Provides counseling, substance abuse services, and a wide range of psychiatric rehabilitation and recovery services.

HISPANIC COUNSELING CENTER (Hempstead) (516) 538-2613

Provides clinical treatment, counseling and substance abuse services. Services available in Spanish.

HOFSTRA UNIVERSITY CLINIC (Hempstead) (516) 463-5234

Provides counseling services. The Hofstra clinic is open to the general public.

HOLLISWOOD HOSPITAL (Queens) 1-800-990-3785

Provides counseling and substance abuse services. Tricare accepted.

LONG BEACH MEDICAL CENTER (Long Beach) (516) 897-1270

Provides mental health and substance abuse treatment and counseling.

MELILLO CENTER (Glen Cove) (516) 676-2388

Provides clinical treatment, counseling and substance abuse services.

MERCY MEDICAL CENTER (Garden City) (516) 705-3400

Provides clinical treatment and counseling

NASSAU COUNTY VET CENTER (Babylon / Plainview) (631) 661-3930

Provides war trauma psychotherapy. Eligibility based on military service during war or hostile actions. All services are provided free of charge.

NASSAU UNIVERSITY MEDICAL CENTER (East Meadow) (516) 572-6822

Provides clinical treatment and counseling.

NEW YORK STATE PSYCHIATRIC INSTITUTE (Manhattan) (212) 543-6747

Anxiety Disorder Clinic offering treatment for Post Traumatic Stress Disorder. Veterans may be eligible for treatment at no cost. Call for more information.

**PATCHOGUE-MEDFORD YOUTH AND COMMUNITY SERVICES (Patchogue)
(631) 758-4100**

Offers Free counseling to OEF / OIF Veterans and family members.

**PEDERSON-KRAG (Huntington) (631) 920-8000, Smithtown (631) 920-8300,
Wyandanch (631) 920-8280**

Provides clinical treatment and counseling.

PENINSULA COUNSELING CENTER (Valley Stream) (516) 569-6600

Provides clinical treatment, counseling, substance abuse and rehabilitation services. Peninsula Counseling is a TRICARE provider.

**ROSEN FAMILY WELLNESS CENTER at NORTH SHORE - LONG ISLAND
JEWISH HOSPITAL (Manhasset) (516) 562-3260**

Provides assessments and counseling at no cost for current Active Duty, Guard and Reservists, OEF / OIF and Desert Storm veterans and their families.

SKILLS UNLIMITED (Oakdale) (631) 567-3320

Provides clinical treatment and counseling.

SOUTH NASSAU COMMUNITIES HOSPITAL (Baldwin) (516) 546-1370

Provides clinical treatment and counseling.

SOUTH OAKS HOSPITAL (Amityville) (631) 264-4000

Provides clinical treatment and counseling.

THE SOLDIERS PROJECT (Various, Long Island) (212) 242-3784

Licensed Mental Health Professionals offering free counseling offered to OEF / OIF veterans, their parents, children, siblings, spouses and significant others.

YMCA FAMILY SERVICES (Centereach) (631) 580-7777

Agency provides clinical treatment, counseling and substance abuse services, family counseling and stress management.

TRAUMATIC BRAIN INJURY:

BRAIN TRAUMA FOUNDATION (NYC) (212) 772-0608 ext. 301

Foundation dedicated to improve outcomes for individuals with TBI through clinical research, the development of best practices, and the education of medical personnel. Information regarding Combat Related Head Trauma may be obtained from: www.braintrauma.org.

FAMILY RESIDENCES AND ESSENTIAL ENTERPRISES (Hauppauge)

FAMILY WELLNESS CENTER (631) 851-3810
Offers health and mental health services to individuals with TBI.

CASE MANAGEMENT (631) 273-1300
Provides case management for those with TBI.

☐ **CHILDREN'S SERVICES:**

FAMILY AND CHILDREN'S ASSOCIATION (Hicksville) (516) 935-6858
Offers counseling for children.

**NORTH SHORE CHILD AND FAMILY GUIDANCE CENTER (Roslyn Heights)
(516) 626-1971**
Provides outpatient clinical treatment and counseling; substance abuse counseling; trauma and bereavement individual, family and group services for all children ages birth – 24 and their families.

**ROSEN FAMILY WELLNESS CENTER at NORTH SHORE – LONG ISLAND
JEWISH HOSPITAL (Manhasset) (516) 562-3260**
Counseling for children, adolescents and family members of military personnel is offered at no charge. The Rosen Center also offers free Parenting, Wellness and Child Resilience Workshops.

YES COMMUNITY COUNSELING CENTER (Massapequa) (516) 799-3203
Provides counseling to young people age 10 – 21 related to issues of substance abuse, depression, and other family issues.

☐ **FAMILY SUPPORT:**

ADELPHI UNIVERSITY (Garden City) (516) 877-3016
Institute for Parenting offering “Dads on Duty”, a series of seven monthly parent education classes for military dads who are experiencing the challenge of raising their young children after separation or divorce. Classes will run February 17 – July 14, 2009.

BABYLON VET CENTER (Babylon) (631) 661-3930
Provides counseling to family members of veterans serving during specific periods of war or hostile actions. Services are free of charge.

FAMILY SERVICE LEAGUE (Bayshore) (631) 647-3100 ext. 103
Offers support group for loved ones of active service members. (Tri-care, private insurance and sliding scale accepted as payment)

MHA OF NASSAU COUNTY (Hempstead) (516) 489-2322 ext. 1253
Offers weekly evening support group for family members of those with PTSD or other psychiatric disabilities. Services are provided free of charge.

MHA OF SUFFOLK COUNTY (Lindenhurst) (631) 226-3900
Call for support group information.

PATCHOGUE-MEDFORD YOUTH AND COMMUNITY SERVICES (Patchogue)

(631) 758-4100

Offers free weekly support groups for veterans and family members.

**ROSEN FAMILY WELLNESS CENTER at NORTH SHORE – LONG ISLAND
JEWISH HOSPITAL (Manhasset) (516) 562-3260**

Provides individual, couples and family counseling at no charge to military families.

POST TRAUMATIC STRESS DISORDER SUPPORT GROUP:

MHA OF SUFFOLK COUNTY (Meeting in Riverhead) (631) 226-3900

Free support group for those with PTSD.

MILITARY SEXUAL TRAUMA:

BABYLON VET CENTER (Babylon) (631) 661-3930

Provides psychotherapy for military sexual trauma which occurred while on active duty. All veterans are eligible, regardless of period of service. All services are free of charge.

BEREAVEMENT COUNSELING:

BABYLON VET CENTER (Babylon) (631) 661-3930

Offers bereavement counseling to family members who had a loved one die while on active duty, regardless of period of service. Services are free of charge.

NASSAU COUNTY VET CENTER (Babylon / Plainview) (631) 661-3930

Offers bereavement counseling to family members who died in the service of their country. Services are free of charge.

ADDICTION / GAMBLING:

LONG BEACH MEDICAL CENTER (Long Beach) (516) 897-1671 / (516) 897-1250

Provides detox services, outpatient treatment as well as services related to gambling addiction.

LONG ISLAND COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE

(LICADD) (Williston Park, Hauppauge, Riverhead) (516) 747-2606

Provides drug / alcohol assessment, brief intervention, treatment referrals and family based interventions. Anger management classes offered in Nassau and Suffolk.

PEDERSON-KRAG (Huntington) (631) 920-8053

GamPro program offers treatment and recovery from gambling addiction

SOUTH OAKS HOSPITAL (Amityville) (631) 264-4000

Chemical Dependency Outpatient and Intensive Outpatient treatment, as well as recovery program for adults with gambling addiction.

YES COMMUNITY COUNSELING CENTER (Massapequa) (516) 799-3203

Provides counseling to adults with issues related to drug or alcohol addiction.

□ **DOMESTIC VIOLENCE:**

VICTIMS INFORMATION BUREAU OF SUFFOLK COUNTY (Holbrook)

(631) 360-3606 Family Violence and Rape Counseling (Victims) Offers hotline and counseling.

(631) 360-2270 HALT Program (batterers intervention program) offers domestic violence groups on a sliding scale fee (insurance accepted) for veterans.

□ **ALTERNATIVE HEALING:**

VETERAN ANGLERS OF NEW YORK (LI/ NYC Metro Area) (212) 255-4310

Provides rehabilitation to veterans, family members and active duty personnel through fly fishing, fly tying and fly fishing trips. Events assist veterans with recovery, reintegration, socialization and stress management. Project in association with Project Healing Waters and the Federation of Fly Fishers.

PAL-O-MINE EQUESTRIAN INC. (Islandia) (631) 406-6326 or (631) 348-1389

Equine Assisted Psychotherapy helps people to develop healthy relationships through a collaborative effort between a licensed therapist and a horse professional. Equine Psychotherapy program is open to any veteran and their family members. Sliding scale payment option available.

USTA BILLIE JEAN KING NATIONAL TENNIS CENTER (Queens) (718) 760-6200 ext. 6317

Offers military discounted opportunities for veterans and families for private, semi-private or group tennis lessons. Wheelchair tennis also available.

□ **AGENT ORANGE EXPOSURE:**

AGENT ORANGE REGISTRY (VA, Northport) (631) 261-4400 ext. 2657 or 2659

Vietnam Veterans exposed to Agent Orange between 1962 and 1971 may develop medical conditions such as Type 2 Diabetes, Prostate Cancer, Lung Cancer and other illnesses. These veterans are entitled to a free medical screening. Those found to have a service connected illness are entitled to prompt medical care and monthly tax-free compensation.

□ **EDUCATIONAL SERVICES:**

- NOTE: As of July 1, 2008, New York State is offering Veterans Tuition Awards to all combat veterans dating back to February 28, 1961. For eligibility questions call 1-888-697-4372. For more information go to: www.veterans.state.ny.us
- NOTE: As of August 1, 2009, the New GI Bill goes into effect, offering Post 9/11 Veterans enhanced tuition benefits, housing and book stipends.

ADELPHI UNIVERSITY (Garden City) (516) 877-3414

Participation in the U.S. Department of Veterans Affairs Yellow Ribbon GI Education and Enhancement Program. For qualified veterans Adelphi will match the Veterans Administration's contribution of 50% of the tuition costs, so that veterans will pay little or no tuition.

FAMILY AND CHILDREN'S ASSOCIATION (Hicksville) (516) 935-6858

Offers educational counseling for veterans.

HOFSTRA UNIVERSITY (East Meadow) 1-800-HOFSTRA

Offers 140 undergraduate and over 150 graduate programs in Liberal Arts and Sciences, Business, Communication, Education, Allied Human Services, as well as a School of Law.

MHA NASSAU COUNTY (Hempstead) (516) 489-2322 ext. 1251

Assists Nassau County residents with PTSD and other psychiatric disabilities to enroll in Nassau Community College. Provides assistance with the enrollment process, financial aid, tutoring and emotional support.

NASSAU COMMUNITY COLLEGE (Garden City) (516) 572-8126

Community College assists veterans with enrollment and benefits. Also offers Veterans Counseling as well as a Veterans Association.

ST. JOSEPH'S COLLEGE (Brooklyn) (631) 447-3260

Offers special tuition rate for Active Duty, Guard, and Reserve servicemembers earning an online B.S. in Organizational Management.

□ EMPLOYMENT / VOCATIONAL:

1-800-FLOWERS.COM (Carle Place) (516) 237-4951

Provides a variety of both paid and non-paid internships and training opportunities regarding IT applications, retail, marketing and “engineers in training”. Resume / Interview skills training available. Program open to both veterans and their family members.

FAMILY AND CHILDREN'S ASSOCIATION (Hicksville) (516) 935-2717

Veterans Resource Center offers vocational counseling.

FAMILY SERVICE LEAGUE (Suffolk – Various locations) (631) 647-3100 ext. 123

Offers job training and placement services for individuals with psychiatric and other disabilities.

FEGS (Various Nassau and Suffolk) (212) 366-8118

Offers employment regarding janitorial services and grounds maintenance for persons with a documented disability

MHA NASSAU COUNTY (Hempstead) (516) 489-2322 ext. 1151

Offers resume / interview skills training, career exploration and job placement. Participants must have a diagnosis of PTSD or other psychiatric disability. Services are free of charge.

NEW YORK STATE DEPARTMENT OF LABOR (Hicksville) (516) 934-8519

Veterans Employment Representative offers assistance with job training and employment opportunities.

OUTREACH TRAINING INSTITUTE (Brooklyn, Queens, Brentwood) (718) 847-9233

Tuition free opportunity to engage in 11 month (350 hour) program to earn Credentialed Alcohol and Substance Abuse Counselor (CASAC) Diploma.

SOUTH OAKS HOSPITAL (Amityville) (631) 264-4000

Career Counseling Center offers vocational rehabilitation, career guidance and job placement for individuals with and without disabilities.

SKILLS UNLIMITED (Oakdale) (631) 567-3320

Offers vocational training, job placement and job coaching services. Criteria for enrollment is any documented disability.

WARRIORS TO WORK PROGRAM (Nassau County) (516) 572-8451

Connects Nassau County OEF / OIF veterans with a coalition of trade unions and businesses seeking to employ veterans.

SMALL BUSINESS:

NEW YORK STATE SMALL BUSINESS DEVELOPMENT CENTER VETERANS BUSINESS OUTREACH CENTER (Farmingdale State College) (631) 370-8891

Provides one-on-one free counseling, business training and mentoring to help veterans start and grow their small business.

HOUSING FOR VETERANS:

FAMILY AND CHILDREN'S ASSOCIATION (WEST HEMPSTEAD) (516) 935-6858

Permanent housing for Veterans who were honorably discharged and are seeking quality, affordable, and substance abuse free accommodations in the community.

INTERFAITH NUTRITION NETWORK – NEW GROUND (Hempstead) (516) 564-4764

Catherine Martin INN provides communal, long term housing for male veterans in recovery from substance abuse for one year. Program focuses on education and skills for future independence.

UNITED VETERANS BEACON HOUSE (BAYSHORE) (631) 665-1571

Provides transitional housing to veterans in need. Homes are located in both Nassau and Suffolk Counties. Provides benefits assistance, and linkage with the VA, Social Services, Department of Labor, and other services. Also provides permanent housing and support to veterans over age 62.

HOME REPAIR:

REBUILDING TOGETHER LONG ISLAND (NORTH MASSAPEQUA) (516) 541-7322 or

(516) 741-5291

Volunteers to repair and rehabilitate homes of the elderly, disabled and veteran home owners. There is no income limit for veterans.

VETERANS SERVICES:

IRAQ AND AFGHANISTAN VETERANS OF AMERICA (NYC) (212) 982-9699

Advocates on behalf of veterans who served in wars in Iraq and Afghanistan.

NASSAU COUNTY VETERANS SERVICE AGENCY (Plainview) (516) 572-8450

Helps veterans and dependents file for compensation, pension and education benefits from the U.S. Department of Veterans Affairs. Also assists veterans enroll for medical services, tax exemptions, and state education benefits.

SUFFOLK COUNTY VETERANS SERVICE AGENCY (Hauppauge) (631) 853-VETS

Helps veterans and dependents file for compensation, pension and education benefits from the U.S. Department of Veterans Affairs.

Also assists veterans enroll for medical services, tax exemptions, and state education benefits.

TOWN OF OYSTER BAY VETERANS SERVICES DIVISION (Massapequa) (516) 797-7875

Represents veterans who reside in the 36 communities that comprise the Town of Oyster Bay. Provides assistance to veterans and their families. Provides information on veterans issues to veterans organizations and government agencies.

VIETNAM VETERANS OF AMERICA #82 Nassau County Chapter (516) 733-8414

Comprised of Vietnam Era Veterans. Provides information about benefits, offers assistance with benefits applications, advocates for veterans issues and provides comraderie. Meetings held at Hicksville VFW Hall.

VIETNAM VETERANS OF AMERICA NEW YORK STATE COUNCIL (518) 338-8147

Coordinates activities of New York State chapters to advocate for the social, economic, educational and physical welfare of Vietnam Era Veterans.

SOCIAL SECURITY DISABILITY: 1-800-772-1213

Veterans who are unable to do substantial work due to a disability may be entitled to Social Security Disability. (SSD) Receiving payment from the VA due to a service-connected illness does not preclude the veteran from also receiving SSD. In special cases, even those on Active Duty Status, receiving military payments may be eligible for SSD.

HOMELESSNESS:

Homeless veterans should either walk-in or call:

HOMELESS VETERANS OUTREACH TEAM (516) 227-8731

Nassau County Health and Human Services Building
60 Charles Lindbergh Blvd.
Uniondale, NY

VA MEDICAL CENTER (631) 261-4400 ext. 2204

79 Middleville Rd.
Northport, NY

NURSING HOME / ADULT DAY CARE:

BROADLAWN MANOR (Amityville) (631) 264-0222

Skilled Nursing, Adult Day Health services, and Adult Day Center Services.

LONG ISLAND STATE VETERANS HOME (Stony Brook) (631) 444-VETS

Nursing Home and Adult Day Care Program.

EMERGENCY / CRISIS:

DEPARTMENT OF VETERANS AFFAIRS SUICIDE HOTLINE: 1-800-273-TALK
24 Hour availability

HOLLISWOOD HOSPITAL (Queens) 1-800-990-3785

Recovery From Traumatic Stress Program offers comprehensive inpatient treatment alternative for veterans experiencing difficulties with pre or post deployment stress.

**MENTAL HEALTH ASSOCIATION OF NASSAU COUNTY CRISIS HELPLINE
(516) 504-HELP**

Crisis counseling, information and referral services available 9 a.m. – 9 p.m. 365 days a year. The service is free, and all calls are confidential.

**MENTAL HEALTH ASSOCIATION OF SUFFOLK COUNTY INFORMATION
AND REFERRAL
(631) 226-3900**

Free, confidential referral information regarding Suffolk County services available Monday – Friday 8:30 a.m. – 4:30 p.m.

MILITARY ONESOURCE 1-800-342-9647

Available 24 hours a day, 365 years a day. Provides help and information over the phone for Active Duty, Guard, Reservists and their immediate family members.

**NASSAU UNIVERSITY MEDICAL CENTER PSYCHIATRIC EMERGENCY
ROOM (Uniondale) (516) 572-4775**

2201 Hempstead Turnpike, East Meadow, NY

SOUTH NASSAU COMMUNITIES HOSPITAL (877) 768-8462

One Healthy Way, Oceanside, NY

SOUTH OAKS HOSPITAL (Amityville) (631) 264-4000

Inpatient care for those in acute phase of mental illness / chemical dependency

VETERANS HOTLINE CENTER (866) 403-2668

Available 24 hours a day, 365 days a year. Statewide Veterans Hotline located in Canandaigua, NY offering crisis counseling.

**TRAINING FOR PROVIDERS AND COMMUNITY
ORGANIZATIONS:**

Gaylene Pandolfo, LCSW, Veteran Liason, NYS Office of Mental Health, Long Island Field Office:
Training modules regarding care of veterans available for clinical providers, military families and community organizations. To arrange a training please call (631) 761-2512 or e-mail gaylene.pandolfo@omh.state.ny.us

The Veterans Health Alliance of Long Island wishes to recognize the following for their support:

***Long Island Unitarian Universalist Fund in the Long Island Community Foundation
Nassau County Department of Mental Health, Chemical Dependency and
Developmental Disabilities Services***

New York State Office of Alcoholism and Substance Abuse Services (Long Island Field Office)

New York State Office of Mental Health (Long Island Field Office)

The compilation and printing of this list of services was provided for by the Mental Health Association of Nassau County

FOR MORE Information about the Veterans health alliance of long island
call John javis (516) 489-1120 ext. 1101