



Your Eyes Are the Windows to Your Health.

Schedule an eye exam today.

See What You've Been Missing *Schedule an eye exam today*

A recent study by the National Eye Institute found that more than 11 million Americans have common vision problems such as nearsightedness, farsightedness, astigmatism, and presbyopia. While this number may sound alarming, the good news is that common vision problems can be detected through a comprehensive dilated eye exam and can be corrected.

Regular eye exams are important for maintaining good eye health. A comprehensive dilated eye exam is a painless procedure in which an eye care professional examines your eyes to look for common vision problems and eye diseases, many of which have no early warning signs. Your eye care professional may prescribe corrective eyewear to help you see your best. The most common forms of vision correction are prescription eye glasses and contact lenses.

Make sure your vision is the best it can be. Healthy vision can help keep you safe when you are driving behind the wheel, participating in sports, or taking part in recreational activities. It can also help to ensure that you maintain a healthy and active lifestyle well into your golden years.

Your eyes are an important part of your health. Take care of them so you can be confident you are seeing your best. Find a window of time to schedule an eye exam today. Visit www.nei.nih.gov/healthyeyes to learn more about eye exams and common vision problems.

