

Veterans Gym and Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 - 8:30	Gym	Gym	Gym	Gym	Gym	Gym
9:00 - 10:00	Gym		Gym		Gym	
10:00 - 11:00	Pool		Pool		Pool	
11:00 - 12:00	Pool	Gym	Pool	Gym	Pool	
12:00 - 1:00	Physical Therapy pool (scheduled appointments)		Physical Therapy pool (scheduled appointments)		Physical Therapy pool (scheduled appointments)	
1:00 - 2:00	Scheduled appointments	Pool	Scheduled appointments	Pool	Scheduled appointments	
2:00 - 3:00	Scheduled appointments	Pool	Scheduled appointments	Pool	Scheduled appointments	Pool (Water volleyball game) 2:00-3:30
3:00 - 4:00	Gym	Gym	Gym	Gym	Gym	

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 Contact: Physical Therapy (801) 582-1565 ext. 1571
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