

THERAPEUTIC RECREATION SUMMER 2012 PROGRAMS

Monday

10:00-12:00 Uncle Sam Hours

Tuesday

9:00-11:10 Fly Tying/fly fishing*

1:00-4:00 Hiking

1:00-2:30 Women's Craft Circle (nursing)

WEDNESDAY

12:00-5:00 Equine Therapy*

1:00-3:00 Uncle Sam Hours

10:00-11:30 HHV Craft Kit Group

1:00-3:00 Good Medicine Healing Classes

THURSDAY

9:00-11:00 Wood Carving*

12:30-2:00 Creative Writing*

2:30-4:00 Acting

FRIDAY

9:30-1:00 Cooking*

2:00-3:30 Exploring Recreation*

1:00-3:00 Uncle Sam Hours

Kayaking (Time TBA)

SATURDAY (Open to all veterans)

10:15-12:30 Bowling (odd Saturdays)

9:30-12:00 Gardening (even Saturdays)

2:00-3:30 – Swimming/Water Volleyball

- Contact Mike Scott to learn about these special events:
 - Learn about Rocks May 18 10:00 a.m.
 - Healing Waters Fly Fishing 7:00pm, second Tuesday of the month
 - NAC Cycle Demo Day June 6
 - Women's Camp July 11-13
 - Rafting trip June 31-July 2
 - PTSD High Uinta Camp July 31- Aug 2
- (*) groups are open to all with a PTSD, or MST diagnosis. Contact Mike Scott x2617
- All other groups: Contact Emily Potter x1559
- Uncle Sam's is a distribution site for HHV arts and craft kits. It is located in the tunnel near building 3. Contact Melissa Rollins, Craft Care Specialist, x2734
- Please contact your Recreation Therapists before starting groups
- Schedule is subject to change