

Wing shows strengths during major inspections, civil engineers come home

by Col. Jay Pittman 302nd Airlift Wing commander



ith the close of the September UTA, we can all be proud of our recent major accomplishments. The Wing successfully completed the Unit Compliance Inspection and the Maintenance Group's performance was outstanding, showing overall excellence in their programs during the Maintenance Standardization and Evaluation Program inspection. Congratulations to everyone — we have done an outstanding job!

Our results show, overall the unit is in compliance and is strong in many areas, but there are areas where we must continue working. We will take the inspectors' reports and findings and use them as our roadmap to continued improvement.

Thank you to every member of the 302nd Airlift Wing for your extra efforts and hard work leading up to and during these major inspections.

In our daily work and in our preparations for these events, we made great improvements in several difficult areas. These improvements to our programs and processes will ensure our compliance and overall success in performing our mission for years to come. I am very proud and pleased with the progress we continue to make. Again, my sincere thanks and appreciation goes out to each and every member of the Wing.

Your continued focus on readiness and dedication to our mission are what make this unit successful. Regardless of the type of inspection, mission or deployment, this Wing has shown the ability and drive to succeed.

I would like to close by recognizing the members of the 302nd Civil Engineer Squadron who recently returned from a sixmonth deployment to the Middle East. While deployed, our Airmen provided outstanding support to Kirkuk Regional Air Base in northern Iraq. They met the challenge of deployment, and had great mission success. Thanks to each of you, your families and civilian employers for your service and sacrifice.



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Check out this new feature entitled 'Chaplain's Corner' for life lessons and insight from your wing chaplain. See 4



See who's who of September's Unit Compliance Inspection outstanding achievers. See 10



t's back! Read how you can contribute to the annual Combined Federal Campaign. See 11

# LIFT WING

# READINESS: IT'S MORE THAN A SLOGAN



# Chief Master Sgt. Joseph Westerlund

302nd Airlift Wing command chief

eing ready to go. That means taking care of your military training, your family and your employer.

Notice that I used the word "your." As an Air Force Reservist, you're the one who must ensure all these areas are taken care of in the event our nation calls upon you to defend it.

A number of those requirements are known as the 'seven deadly sins' of deployment. They include Information Protection, Law of Armed Conflict, Survival, Evasion, Resistance and Escape (SERE), Self-Aid Buddy Care, CBRNE warfare, weapons proficiency and Force Protection. These areas are part of the minimum of what is expected from you to be ready to go out the door if called up.

And let's not forget our Fit-to-Fight program. Being Fit-to-Fight isn't about being slim, losing 20 pounds or being able to put on your basic training Battle Dress Uniform; it's about knowing that if you're deployed, you meet or exceed the Air Force standards of being physically fit. And if you're physically fit, you'll be able to better endure the stresses of a deployment. If you can ensure those seven areas are always completed, you'll be an Airmen ready for the fight.

Having your military requirements in order isn't the end of your preparation. Making sure your family is taken care of is not only morally right, it's the law. Having items like your family care plan in order ensures your family is taken care of.

ecent reports in Air Force
Times have shown more and
more Airmen are electing not
to accept Servicemembers' Group
Life Insurance benefits. This trend
is frightening to me because none
of us can predict the future. Taking
care of your family doesn't just mean
making sure your spouse can access
the base or your kids have ID cards;
it means if something happens to
you, you'll have the peace of mind
knowing that financially, your
family will be able to weather the
storm of your absence.

Let's also not forget about the source of your income: your employer. Your employer is the one who's going to preserve your job while you're gone. Having a good relationship makes it easier for you to come and go from your civilian job so you can perform your other job of defending the nation. Never take your employer's commitment for granted; they're the ones who recognize the importance of your

position in the Air Force Reserve and your service to your country. The responsibility lies with you to foster a positive relationship with your employer.

Preparing for a deployment is a complex and ongoing endeavor. But there's one person in your unit dedicated to making sure you've got the tools and the knowledge to get the job done; that's your first sergeant.

First sergeants are the commander's right-hand senior NCO when it comes to taking care of people. The need for outstanding first sergeants is one of my top priorities, and the 302nd Airlift Wing is in need of four. I need four, sharp senior NCOs to lead and shape our Airmen's future. Turn to page four of this issue of the *Front Range Flyer* for more details on how you can become one of the wing's newest first sergeants.

eadiness. Simply put, each of us needs to be ready. We recently remembered the anniversary of the Sept. 11 attacks. Some of our fellow citizens lost their lives during that tragic day. If anything, it should remind us that our country rarely gets to choose a time and place to defend itself. This is why America relies on every one of us to be ready at a moment's notice. Your efforts to fulfill the readiness requirements are the critical link to ensure you can be called upon at anytime.

Thanks for all you do!

All members are encouraged to review their personnel records before Nov. 30 as paper copies are scheduled to be destroyed. Paper personnel records for 302nd Airlift Wing members were recently converted to electronic files. By accessing the Personnel Records Display Application through the Automated Records Management System, or ARMS, members can review their online documents to ensure a seamless transition to digital records has taken place. To access those records, members should log on to the Air Force Portal, use the 'Career Links' pull down menu and click on 'PRDA.' Members having difficulty accessing PRDA can call the 302nd Military Personnel Flight at (719) 556-7976 or e-mail 302msf. dpmsc@peterson.af.mil. Members that find discrepancies with their electronic records in ARMS/PRDA can send an e-mail to arpc.dpq@arpc.denver.af.mil.

Members who have served since Sept. 10, 2001, may be eligible to transfer their educational benefits under the Post-9/11 GI Bill program to a member of their family. Beginning May 1, the Department of Veteran's Affairs began accepting applications for use of the benefits. Part of the new Post-9/11 GI Bill includes the ability to transfer benefits to a family member. Members interested in the transfer must complete a statement of understanding for educational benefits transference. This statement can be picked up at the 302nd Airlift Wing education office. For more in-

formation, call Marie Encinias at (719) 556-7170. Members still needing to apply for the Post-9/11 GI Bill benefits can access the electronic form at: http:// vabenefits.vba.va.gov/vonapp/main.asp. For more information on the Post-9/11 GI Bill, visit www.gibill.va.gov.

Have you ever over heard someone sigh, "What goes around comes around?" It seems like that's true. Knowing that we can experience amazing "boo-

merang power" for our personal benefit when we chose an "attitude of gratitutde!" Take for instance a recent finding that a waiter's simple act of writing "thank you" on the bottom of their customer's bill before handing it to them pays dividends. On average, the waiter received 11 percent more in tips than those who didn't. That's not a bad pay back for eight little letters. The power of "thanks living" has also been linked to clearer thinking, more creativity and openness to ideas, better resilience to tough times, a higher immune respose and it can even

incease your life expectancy. In all our relationship, when our attitude includes gratitude, we get the blessing!

For spiritual services, the 302nd AW chaplain can be reached at (719) 556-4006

### ts needed

Packages are being accepted now until close of business Oct. 16 for senior NCOs interested in becoming first sergeants within the 302nd Airlift Wing. There are currently four

vacant positions. Completed packages should be sent to Senior Master Sgt. Anthony Garcia at the 302nd Mission Support Flight. Either hard or

electronic copies of a package can be submitted. Packages received after the deadline and incomplete packages will not be considered. Interviews will be conducted at Peterson in November. All qualified candidates will be contacted for an interview. Members inter-

ested in the position of first sergeant must fulfill the below requirements. Applicants must:

Be highly motivated.

- Possess exceptional communication, leadership and managerial skills.
- Aptitude score of at least 41 in Administration or 62 in General derived from the Armed Services Vocational Aptitude Battery or Armed Forces Classification Test.
- Minimum Physical profile or PULHES 333231 and not have an Assignment Limitation Code (ALC) of "C-2 or C-3." Strength aptitude of G (demonstrated by weight lift of 40 pounds).
- Medically qualified for world-wide duty.
- Meet Air Force standard of good physical health (scored 75 or above on the Air Force Fitness Test) and be listed in the Air Force Portal within 60 days of first sergeant duty application.
  - Physical appearance and military image meet the highest standards expected of the most dedicated professional senior NCOs.
  - Able to serve at least three years as a first sergeant. Individuals with less than three years retainability must submit re-enlistment worksheet from Unit Career Assistance Advisor.
  - Must attend the U.S. Air Force First Sergeant's Academy, or 'FSA,' within one year from the date of assignment.

Must complete the command Senior NCO Academy (by correspondence or in-residence) within 18 months of graduation from the USAF FSA.

- Must be E-7 or above. Technical sergeants may apply only if eligible for immediate promotion to master sergeant. Must be promoted prior to attending the AFRC FSA. As a condition of promotion, the member must agree to attend the AFRC FSA within 12 months from the date placed into the first sergeant position. Failure to do so will result in immediate
- Applicants must have completed NCO Academy (in-residence or correspondence course) prior to application.

demotion back to technical sergeant.

removal of the 8F000 Special Duty Identifier and



GI BILL



By Tech. Sgt. Daniel Butterfield and Staff Sgt. Stephen J. Collier

Being deployed is a part of serving in today's Air Force Reserve. With continuing

operations overseas, the likelihood of a Reservist being "called up" to augment their Active Duty counterpart increases. While Airmen may not have a say on when and where they deploy, they can be better prepared to answer their nation's call by focusing on readiness.

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WWW.302AW.AFRC.AF.MIL

From 5 Readiness is a cornerstone of the military member's career. Just like their Active Duty counterparts,

Air Force Reservists are expected to deploy at a moment's notice. One of the most important things an Airman can do to be ready is to take care of "him or herself."

"As a Reservist, it's your responsibility to be able to deploy at a moment's notice," said Tech. Sgt. Amanda Hlavacek, an aerospace medical reserve craftsman with the 302nd Aeromedical Staging Squadron. "Part of that (readiness) is having your physical, dental, lab work and immunizations current. If you get the call and it's time to go, you don't want to be scrambling at the last minute to get your physical done, or get squeezed into dental because you're overdue."

#### **Medical readiness**

Physicals are scheduled during unit training assemblies, or 'UTAs,' to ensure Airmen are healthy to deploy. And it's important for one to get his or her physical accomplished when it's due to avoid last minute complications.

"By getting it done on UTAs, you're meeting your annual physical requirements, which is going to make you good-to-go for 12 months," Sergeant Hlavacek said. "So if you have to deploy anytime in those 12 months, your physical and dental are going to be good."

#### Fit-to-Fight

and in hand with medical screenings is the need for Airmen to keep themselves physically fit. The Air Force's Fit-to-Fight program is designed to ensure Airmen are not only able to take care of themselves, but also those they serve with.

"I want to send (on a deployment) the folks I know who can take care of themselves, as well as the members around them," says Maj. Kandace Steinbrink, 302nd Services Flight commander and 302nd Airlift Wing fitness coordinator. "I expect other commanders to deploy their fit folks to take care of mine over there. You know you're working long hours,

in different types of environments, and you have to be able to withstand different things you are going to be confronted with. You never know when shots are going to go off, when you have to evacuate or what kind of heat or cold you're going to be confronted with. All those factors come into play, and if you're healthy and fit, you'll be able to sustain yourself and get the job done."

Fitness begins with the individual, and the 302nd AW is making a healthy lifestyle a priority for its Airmen. And it starts with Col. Jay Pittman, the wing's commander.

"Right from the get-go the commander has been on board with the fitness program," says Major Steinbrink. "He has outlined his policies, and he's made different things available to our wing members. Colonel Pittman has gotten a 'get fit with leadership' program started and he wants his leaders within the wing to be out there, working



# BOTTOMLINE

#### **Changes to the Air Force Fitness Program:**

- New changes go into effect beginning Jan. 1, 2010
- Instead of point scales changing every five years, Airmen will now fall into 10-year increments
- The test now requires minimum scores to pass each section, including the run, pushups, sit-ups and waist measurement

The official Air Force PT uniform must be worn during testing and unit PT. Members must also wear proper shoes out with the Airmen that are part of our wing."

Being healthy isn't just about being able to deploy. There are a multitude of benefits that come from a healthy lifestyle, according to the major.

"I want the folks in my unit to be in good shape so they can enjoy their lives, have a better quality of life and enjoy their time with families," she said. "They seem to be more productive when they're in shape, they seem to have a better temperament and be a bit more easy-going. There's nothing wrong with being fit."

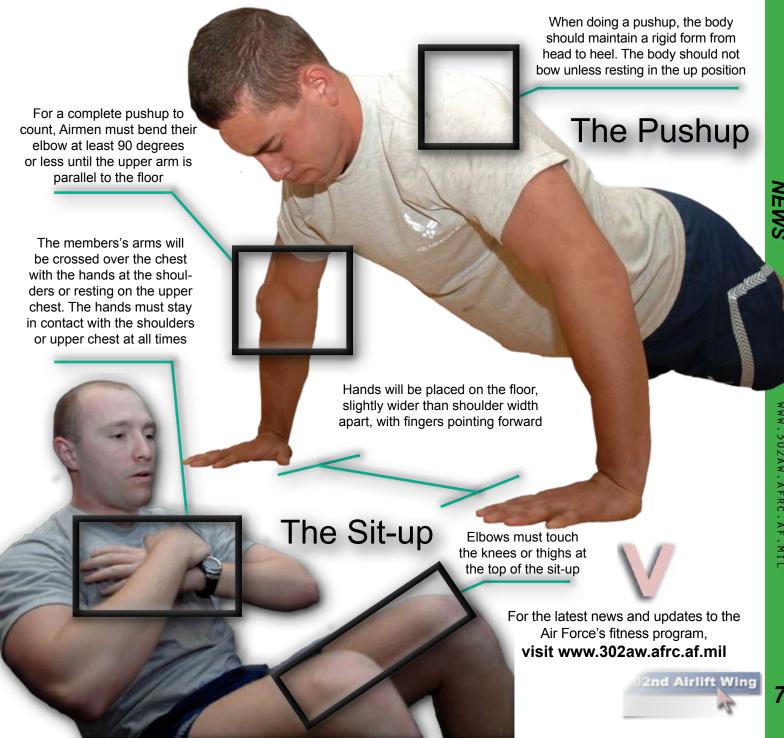
There are many ways to stay in shape and if you need help, it's readily available. Peterson Air Force Base has a Health and Wellness Center in the fitness center that can answer fitness questions and can even test your running style and make you more efficient. They will also perform body fat assessments and health screenings.

#### **Homefront readiness**

hile Airmen are faced with preparing for deployment every month of every year, there are those that remain on the homefront who must cope with the absence of a parent, a child, a family member or a loved one. Those are the families left behind.

As a member of the U.S. Air Force, Airmen must meet certain requirements to ensure their deployment readiness is met. Some of these requirements are Congressionally mandated, some are requirements of the Air Force. But while the member concentrates on being deployment ready, it's the homefront readiness they must also keep in mind.

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READY,

Part of that homefront is thinking about family and one's civilian employment. An Airman's activation can be a trying time on their family, not only while the military member is

away, but also after the deployment when the Airman returns to "normal" life with their spouse, parents, siblings and loved ones.

"Homefront readiness means knowing where to go should I have a question or concern," said Master Sgt. Christina Fornander, Airman and Family Readiness liaison for the 302nd AW. "It can mean 'I am comfortable with the status quo for my family and myself.' Homefront readiness definitely says I am able to do my job without worry concerning an issue in my private life."

#### **Family resources**

eing prepared for a deployment, with your family and employer responsibilities in check, is a critical need only the military member can ensure is balanced. The Airman and Family Readiness Center, or A&FRC, offers an abundance of information and briefings to help families better understand and cope with deployed life. From pre-deployment briefings, which provide crucial information

to assist families during a deployment, to the newlycreated Yellow Ribbon Reintegration Program, which helps families and the military



#### Resources available to families during deployment:

The Airman and Family Readiness Center offers several programs and services to assist families of deployed Airmen, including:

Phone cards

Free oil changes

Morale calls

Free child care assistance

**Financial counseling** 

Referral programs

'Helping Hands' program

Operation 'Sweet Dreams' custom pillow cases

**Tutoring services** 



"A&FRC highly recommends spouses attend these briefings," Sergeant Fornander said. "These briefings focus on what matters to the family which is different from the deploying member."

According to AFI 36-2908 which covers family care plans, a plan is required for single-parent military members, Airmen married to another military member, or for Airmen with civilian spouses who have unique family situations. Those situations are defined by either the commander or unit first sergeant.

"The family care plan is taking care of loved ones unable to care for themselves without supervision,"

There are many resources available during a deployment for kids too! Call the Airman and Family Readiness Center at (719) 556-7614 for more details.

Sergeant Fornander said. "During an emergency or scheduled deployment, our [military] job comes first and we must still maintain this responsibility to care for our loved ones unable to care for themselves."

The family care plan, a Department of Defense-directed document, is "one of the most important considerations of family readiness," according to the Web site www.military.com.

"A family care plan should be developed whether you expect to be deployed or not," the Web site explains. "[A family care plan] will help you and your family be prepared for any period of separation."

The A&FRC also offers free and discounted items and services that can make a deployment a little easier to manage. The Center offers free phone cards, oil changes, morale calls to the deployed location, free child care assistance and financial counseling, just to name a few.

While these services are opportunities afforded to the deployed family, Sergeant Fornander noted it was a mental preparedness that families, especially the military member, must adopt to help them cope with the deployment of a loved one.

"Always as Airmen, we should be ready to deploy, even if our (Air Expeditionary





#### By Mai. Kallece Ouinn

n today's high operations tempo, Air Force Reservists may be wondering how to keep themselves deployment ready, or who is their best resource for training and deployment questions. One of those resources is their unit deployment manager.

According to the Air Force UDM guide, these deployment specialists are "responsible for day-to-day management of unit deployment." The UDM assists the base deployment manager and unit leadership in getting Airmen trained and equipped to be employed, deployed and to re-deploy.

"This is a huge job," said Master Sgt. Terry Coen, 302nd Airlift Wing commander support staff non-commissioned officer in charge and UDM. "UDMs must be proficient in organization skills and experience in the deployment process, requirements and system."

Air Force Instruction 10-403 also places great importance on the UDM position as it states that unit commanders must "designate primary and alternate UDMs in writing [and] keep replacements of these appointments to a minimum of 24 months."

#### Below is a list of the major UDM duties:

- Manage all deployment readiness and training aspects for all deployable personnel and equipment within their unit
- Monitors personnel deployment eligibility to ensure required deployment positions can be filled by qualified individuals at all times
- Maintains personal readiness folders
- Performs unit tasking code development, management, and maintenance activities in accordance with Air Force Instruction 10-401
- Monitors UTC and Unit Manpower Documents authorization or mismatches and notifies the major command when mismatches exist
- Executes the Deployment Requirements Manning Document taskings according to applicable instructions and procedures
- Assigns personnel to positions within the appropriate Logistics Module, known as 'LOGMOD,' Deployment Schedule of Events ID
- Briefs workcenter members, when the Unit Deployment Control Center, is activated on the deployment and advises them when to set up the cargo and unit assembly areas
- Submit and tracks reclamas when a UTC tasking cannot be supported in accordance with AFI 10-401
- Supports personnel in the redeployment support process

The UDM position is the commander's designated individual responsible for ensuring Airmen are battle ready and prepared to deploy at a moment's notice.

Force) cycle is not in play, we could be deployed in emergency situations," she said. "Mental preparedness is knowing I am ready to deploy at any time and having no expectations about where I am to be deployed."

#### Civilian employers

Another area the Air Force Reservist must consider on the "homefront" is their job back home. The DoD has invested a significant amount of resources putting together programs that support both members of the National Guard and Reserve components of the armed forces.

One of those programs is Employer Support for the Guard and Reserve. Defined by the organization's Web site, www. esgr.org, ESGR is "an organization that seeks to promote a culture in which all American Employers support and value the military service of their employees." To help promote that culture, Savali Ulutu, ESGR coordinator in Colorado, said, "Clear communication is needed every day from both the employer and the military member."

If you are open and communicating with your employer, then they can respect the fact you're getting ready to be deployed and you can have their respect on that end," she said. "If you keep it hush-hush, it can build animosity."

That communication, as Mrs. Ulutu points out, helps the military member keep a good rapport with their employer. This aids the servicemember's company in ensuring the position the Reservist holds is filled during their deployment.

"You want the employer to succeed and for that employer to succeed, they need that manpower at all times, including the times when the servicemember is deployed," Mrs. Ulutu continued. "If you let them know ahead of time of your upcoming deployment, they can find a replacement for you so when you come back, you have a job to go back to."

The ESGR coordinator said the mission of the organization is simple: maintain employer support.

"ESGR's mission is to maintain support of the employer toward servicemembers in any uniformed duty," she said. "It doesn't limit you to a deployment; it's anytime you put on that uniform."



Are you an AF Reservist? Need assistance with your employer? Want to recognize their support? Call ESGR at (719) 556-0586

# ReserveNet changes to ARCNet, welcomes Air National Guard

Air Force Reserve Command Wire Service

Courtesy graphic

ROBINS AIR FORCE BASE, Ga. -- ReserveNet has a new name and a new mission. After a year of coordination between the Air Force Reserve and the Air National Guard, ARCNet was established Sept. 1 to provide ReserveNet capabilities to ANG members.

Until now, only reservists had access to these resources used to train, communicate and prepare for executing their

missions. The new name, ARCNet, was chosen to reflect users across the Air Reserve Component spectrum.

"ARCNet will provide a standard ancillary training program for the Air National Guard," said Chief Master Sergeant Leo Kreifels of the Nebraska ANG. "Prior to ARCNet, each wing created its own way of monitoring ancillary training requirements. The introduction of ARCNet will streamline the process across the Air National Guard."

The ANG community currently is interested in using part of the ARCNet capability - ancillary training, management inspection and volunteer opportunity systems. Air Force reservists will continue to have access to the all of the previous ReserveNet capabilities, including reserve duty planning and participation

and status management.

Six National Guard units initially will have access to ARCNet. The National Guard Bureau plans to bring the remaining ANG units on board in 2010.

"The Air Force Reserve and Air National Guard face similar challenges in maintaining a fighting force of primarily part-time workers," said Lisa Woodson ARCNet program manager here. "Partnering together to address these challenges provides value for both sides."



# Outstanding Performers from the 2009 Unit Compilance Inspection and Maintenance Standardization and Evaluation Program

#### Individual Recognition

#### **Superior Performers**

302nd Airlift Wing staff agencies
Tech. Sgt. Michael Churchey
Tech. Sgt. Andre Gordon

302nd Civil Engineer Squadron Tech. Sgt. Stephanie Bonnin

302nd Logistics Readiness Squadron Senior Master Sgt. Milo Scott

302nd Security Forces Squadron
Tech. Sgt. Jody Sanchez
Tech. Sgt. Aaron Thomas

302nd Services Flight Senior Airman Brandy Duncan

302nd Maintenance Operations Flight
Ms. Danielle Clark

302nd Operations Group Tech. Sgt. Christina Estrada

#### Individual Recognition

ReserveNet

changed

to ARCNet

beginning

Sept. 1. No

interruption is

expected.

#### Courtesy, Dress and Appearance

302nd Airlift Wing staff agencies Senior Airman Randy Flanery

302nd Maintenance Group Tech. Sgt. James Garvin

302nd Mission Support Flight Tech. Sgt. Jamillah Gonzalez

39th Aerial Port Squadron Senior Airman Mildred Guevara

#### Team Recognition

#### 302nd Mission Support Flight

Evaluations Tracking Program
Chief Master Sgt. Karen Hart
Tech. Sgt. Matthew Harding
Tech. Sgt. Klenise Wallace
Staff Sgt. Jessica James
Airman 1st Class Cassandra McClain

#### 302nd Operations Group

Intelligence Team
Lt. Col. Chris Anderson
Lt. Col. Tanja Curtis
Maj. Cathy Del Toro
Capt. Dawn Beyer
Master Sgt. Dave Robbin
Tech. Sgt. Christina Estrada
Staff Sgt. Jonathan Lind
Senior Airman Christian Lum
Senior Airman April White

#### MSIP

302nd Maintenance Group

Tech. Sgt. Jonathan Zelonis

302nd Aircraft

Maintenance Squadron

Tech. Sgt. David Stevens

302nd Maintenance Squadron
Master Sgt. John Gaydusek

# CFC

## We can make a difference

Col. Stephen Whiting 21st Space Wing commander

The 2009 Combined Federal Campaign is upon us, giving us the opportunity to contribute to a charity, or to charities, of our choice.

> Each year, through the CFC, federal employees and military personnel raise millions of dollars that benefit thousands of non-profit human health and welfare charities. The CFC is the only authorized solicitation of employees in the federal workplace on behalf of a variety of charitable organizations. CFC contributions allow individuals to combat disease, hunger, illiteracy, poverty, homelessness and disaster at the local, national and international level.

> This year's campaign theme is iCan - as in iCan make a difference to a multitude of charitable programs and services.

Locally, the campaign is conducted during a six-week period: the 21st Space Wing campaign will run Sept. 23 to Nov. 4. Although the campaign runs for a total of six weeks, I have no doubt that we will meet our goal of \$248,000 within the first three weeks. This very attainable goal is for the 21st SW and our tenant units. Along with our monetary goal, is the goal of "100 percent contact" for reaching every 21st Space Wing Airman and civilian and giving all of our team members the opportunity to participate.

To bring additional awareness to the CFC, there were two events on Sept. 23, including a charity fair kickoff event in The Club from 10 a.m. to 1 p.m. This charity fair allowed Peterson personnel to interact with charity representatives and learn first-hand about the various organizations and the work they do. There was also a 5K fun run/walk at the fitness center that ended at the base club.

We should have no doubt as to the impact we can have by donating to the charity of our choice. Whether making a monthly or one-time donation, or donating your time and efforts, we can make a difference.

I have no doubt we will have a successful and fun 2009 campaign. During my years in the Air Force. I have personally seen the good that comes from this important program, and I would encourage all of us to consider giving to CFC and becoming a part of all the good it accomplishes.

contacts within the 302nd AW

Shelter

Comfort

Preserve

Courtesy graphic

Protect

more than ever....

302nd Airlift Wing staff agencies / 302nd Aeromedical Staging SQ Maj. Alan Flolo 556-4546 302nd Operations Group Capt. Derik George 556-4884 Staff Sgt. Ibrahim Farah 556-9107 Senior Airman Shling Little 556-3336

302nd Maintenance Group Senior Master Sgt. James Crain 556-4491 Senior Master Sgt. Robert Pacheco 556-5581 302nd Mission Support Group Staff Sgt. Courtneay Wojt 556-3223

