

Vol. 21, No. 5

May 2006

# FRONT RANGE FLYER

302nd Airlift Wing, U.S. Air Force Reserve Command

Peterson Air Force Base, Colo.



*Home  
for  
hugs*



**Front Range Flyer**  
**Vol. 21, No. 5**  
**May 2006**

**Wing Commander**

Col. James J. Muscatell Jr.

**Chief, Public Affairs**

Lt. Col. Clancy Preston

**Deputy Chief, Public Affairs**

1st Lt. Jody Ritchie

**NCOIC, Public Affairs/Editor**

Tech. Sgt. Tim Taylor

**Public Affairs Staff**

Tech. Sgt. David D. Morton

Staff Sgt. Derrick Gildner

**Information Manager**

Tech. Sgt. John Kelleher

**Office Manager**

Savali S. Ulutu

**Public Affairs Intern**

Ian Bewow

**Magazine Production**

Alice Scott

This funded Air Force Reserve newspaper is an authorized publication for members of the U.S. military services. Contents of the *Front Range Flyer* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force. The editorial content is edited, prepared and provided by the public affairs office of the 302nd Airlift Wing, Peterson Air Force Base, Colo., 80914-1179. All photographs are official Air Force Reserve photos unless otherwise indicated. Send e-mail comments, story suggestions and other correspondence concerning the *Front Range Flyer* to the editor at [302aw.pa@peterson.af.mil](mailto:302aw.pa@peterson.af.mil), or call (719) 556-4117 or toll free (800) 446-9624. The deadline to submit articles for publication in the next month's issue is UTA Sunday.

**Inside this issue ...**

<b>Wing News</b>	<b>5-7</b>
<b>Features</b>	<b>8-9, 12-13</b>
<b>Construction</b>	<b>10-11</b>
<b>Sports</b>	<b>20</b>

**302nd Airlift Wing Web sites**  
**Internal**

<https://wwwmil.afrc.af.mil/302aw/welcome.htm>

**External**

<http://www.afrc.af.mil/302AW>

**New commander: mission begins with you**

**By Col. James J. Muscatell Jr.**

*302nd AW commander*

I can't tell you how pleased I am to be the 302nd Airlift Wing's newest commander. My wife, Nancy, and I are very happy to be a part of one of the best wings in the Air Force, and not just the Air Force Reserve. While I've only been here a short while, it's obvious why your previous commanders have spoken so highly of you. The accomplishments you've had on both the individual level and the unit level demonstrate the outstanding nature of the people on the 302nd team.

A little about myself: I was born in Youngstown, Ohio, and graduated from the Air Force Academy in 1979. I've flown the C-141, KC-10, C-17 and, of course, the C-130. My assignments have included tours at McChord Air Force Base, Wash., Charleston AFB, S.C., McGuire AFB, N.J., and Minneapolis-St. Paul International Airport Air Reserve Station, Minn. Like many of you, I've spent time in the Middle East and eastern Europe, among other places. Nancy and I have four children, the youngest of whom will enlist with the Marine Corps in June.

My goals and plans for the 302nd are simple: ensure the safety of wing members and their families; continue the long-lasting traditions of excellence in this organization; help wing members at all levels accomplish their own personal and professional goals; strengthen the unit's ties to the local community; maintain our excellent relationships with our local employer base; and continue to provide outstanding personnel and equipment to our country as we fight the global war on terrorism.



Col. James J. Muscatell Jr., and his wife, Nancy, join the 302nd Airlift Wing family. (U.S. Air Force photo by Robb Lingley, 21st Space Communications Squadron)

The mission of the 302nd AW does not begin with me – it begins with you. I am merely the man lucky enough to stand up as your servant and acknowledge the accolades our unit receives. Believe me, these accolades will be accepted on behalf of each of you. We don't go to war as individuals, but as a part of a great unit. I promise to do my best to give you the freedom you need to do your jobs, because you know them better than I. I will also listen to your suggestions regarding making this wing even better. Remember, a man who does not learn from his subordinates is one who does not deserve any.

Again, thank you for your warm welcome to Nancy and me. We are happy to be here, and look forward to serving with you.

**On the cover**

**Home for the hugs**



Master Sgt. Jeffrey Flight, 302nd Airlift Control Flight loadmaster, holds his children, Olivia (left) and Everett, upon his return from Southwest Asia April 8. For more on the mission in support of U.S. Central Command operations, see page 12. (U.S. Air Force photo by Tech. Sgt. Tim Taylor)

**UTA Schedule**

**Next UTA: May 6-7**

**June 3-4**

**July 8-9**

**Aug. 5-6**

The next UTA schedule is printed in more detail on page 18. The *Front Range Flyer* is mailed each month to all 302nd Airlift Wing members on file with Personnel Systems. If you are not receiving your magazine, check with your orderly room or administration section to ensure your address is correct.



# Women in aviation – an awe-inspiring adventure

By Master Sgt.  
Kristen Lattimer

731st Airlift Squadron

So often we take things in life for granted. Have you ever had the opportunity to take a moment to walk through our rich Air Force heritage only to find out how truly blessed we are?

Air Force Reserve Command does an absolutely wonderful job with the organization of elaborate heritage-based events. It sponsors a venue for the Command Human Resource Development Council to meet with some of the most intriguing organizations. I had the distinct pleasure of attending a recent Women in Aviation International Convention in Nashville, Tenn. The experience was awe-inspiring to say the least.

I was overwhelmed by the enthusiasm of the guest speakers, the sacrifice of those recognized, and the wealth of information provided by the staff and participants alike. People from around the world included fe-

male pilots from Africa and Russia. I never knew women had this level of impact on aviation.

To highlight a few industrial partners, Boeing Co., Raytheon, Federal Aviation Administration, Delta Airlines, NASA, Pratt and Whitney, Walmart, UPS and Federal Express were well represented. Women within these organizations held prestigious roles and used this platform to encourage others. Mothers, business women, scholars, aviators, maintenance professionals, and staff support for an array of aviator associated organizations graced the corridors of this vast exhibition hall. The Air Force Reserve took on a luminous recruitment role; a sea of blue was everywhere.

After tracking down a few distinguished guests, I managed to sit down with very interesting individuals — members of the legendary Women Airforce Service Pilots. These women were

motivating and animated. Their stories were captivating and brought to life some of the Air Force’s historical moments.

I caught a glimpse at what it was like for women during World War II in 1943-44. I was not the only recipient of this living tribute. Women of all ages were a



part of this gathering. I went a step further and brought my 12-year-old daughter along. Although she could not capture the total essence of what was happening, she too was able to gather much from the experience.

I noticed the faces of the women, young and old alike, both had something to gain from this experience. All who participated appeared to have walked

away with more than they anticipated. The shared aims of the organizers and attendees solidified the experience. In some way, everyone was able to exchange information, experiences, and actively contribute to this historical legacy.

The most rewarding moment of this trip was the irreplaceable sense of achievement from all attendees. Women have made great strides both at home and in the industry. They will always play a major role in molding society.

Take a moment to remember the women who were there to blaze the trail. You may be pleasantly surprised. If you are blessed with an opportunity to converse with someone of historical significance, or attend an event of this nature, remember their sacrifices. You will be left with a sense of gratitude that will humble you and remind you not to take things for granted.

## Power of the e-pen – know electronic messaging rules

By Tech. Sgt. Terry W. Coen

302nd Communications Flight  
information and knowledge manager

Everyone knows there are rules of e-mail etiquette, but did you know there is an actual Air Force instruction on use of electronic mail? Air Force Instruction 33-119, Air Force Messaging, covers e-mail usage and much more on electronic communications.

E-mail is the electronic equivalent to an official memorandum and carries the same power and professional responsibilities.

Paragraphs 3 and 4 of the AFI address e-mail rules.

*Paragraph 3.4.* Messaging users bear sole responsibility for material accessed and sent.

*Paragraph 3.5.* Users are responsible for proper coordination and staffing of electronic messaging according to local direc-

tives.

*Paragraph 3.6.1.* “It is the sender’s responsibility to ensure the intended receiver receives the tasking.

*Paragraph 3.6.2.* “It is the receiver’s responsibility to ensure the accuracy of the tasking.

There are other ways e-mail has the same weight as memorandums.

*Paragraph 3.1.* AFMAN 37-123 defines official records and electronic records. DOD Regulation 5400.7/AFSUP, DOD Freedom of Information Act Program; and AFI 33-332, Privacy Act Program, describe when electronic messages are subject to the requirements of the Freedom of Information Act (FOIA) and the Privacy Act of 1974.

With any memorandum sent, the originator must then sign the document. Paragraph 4 of AFI 33-119 covers the signature block. Electronic Message Signature Blocks. Elec-

tronic messages, to include official communications such as memorandums (letters), notes, messages, reports, etc., will follow specific formats found in this instruction, Air Force Handbook 33-337, The Tongue and Quill, AFI 33-321, Authentication of Air Force Records, and AFMAN 33-326, Preparing Official Communications.

*Paragraph 4.1.* All official electronic messaging will include “//SIGNED//” in upper case before the signature block to signify it contains official Air Force information (e.g., instructions, directions, or policies). This is not to be confused with the digital signature capability in DMS HGS and Individual MGS messaging.

*Paragraph 4.2.* Senders will include a signature block on all official electronic messaging.

**Power continued on page 4**

Letter to Airmen

# Education and the Airman

As the most technologically superior and powerful Air Force in the world, we are all aware that we must maintain our intellectual superiority with lifelong education for all Airmen – officer and enlisted. But this marks only the beginning.

As an expeditionary force, we find ourselves deployed to foreign countries with increased responsibilities in new mission areas. To ensure success, we need to go beyond our typical Air Force and Joint Force warfighting skills. Therefore, I am spearheading refined initial and developmental education for all ranks. You will see Basic Military Training increased to ensure our new Airman enter our Air Force battle ready. Officers will see changes such as cultural and language classes added to their curriculums. These are just a few of the additions that will be critical to our overall Force Development construct.

Understanding different languages and different cultures is especially important in the Global War on Terror, where we work with many coalition partners in distant lands.

In that regard, I was inspired by the innovative Airmen I met during my recent trip to Pacific Air Force. In Misawa, I had breakfast with some Airmen who had just returned from an Air Expeditionary Force deployment. Due to their established relationship with the Japanese, they were able to work side-by-side with Japan Air Self-Defense Force members a world away in Kuwait.

We must take the Air Force's basic educational foundation to the next level and be relentless in our continued pursuit to become knowledge-enabled Airmen. All Total Force Airmen have the opportunity to incorporate higher education into their development, through Air Force sponsored degrees, the Community College of the Air Force, or with tuition assistance for civilian institutions.

Make education a priority throughout your career, and doors will continue to open. Your achievements will become a part of your record of success for all evaluations. Developing people to lead the world's best air, space and cyberspace force takes the personal commitment of all Airmen—a commitment to fo-

cus on developing ourselves and encouraging our fellow airmen to learn as much as possible about the complexities of our profession of arms. I am committed to supporting you as you take on these new challenges.

In the words of former President John F. Kennedy, we must "...think of education as the means of developing our greatest abilities, because in each of us there is a private hope and dream which, fulfilled, can be translated into benefit for everyone and greater strength for our nation." I am extremely proud of your contributions to protecting America. Your continued education will help keep our country strong for decades to come.



*Michael W. Wynne*  
 Michael W. Wynne  
 Secretary of the Air Force

## Important keys to promotion – be ready, be educated

By Staff Sgt.  
**Leandra Rodriguez**  
 302nd AW Education &  
 Training

The push for education (see above article) probably foretells the future. If you didn't already know, this past year the Navy stepped up its efforts to promote education amongst enlisted members by making it

mandatory that at least an associates degree must be obtained before a member will be promoted to the senior NCO ranks. Be certain that the Air Force is not to be outdone.

Unlike the Navy, the Air Force offers its enlisted folks the opportunity to earn a nationally accredited Associate in Applied Science degree in their career field. Since it is recognized by

the American Council on Education, the degree can be applied at numerous colleges and universities toward the pursuit of a higher degree.

All we have to do is complete our technical training, Career Development Courses and Professional Military Education. Also, subscribe to the many avenues for obtaining the 15 credits needed to complete the Gen-

eral Education requirements, such as college-level math, social science, humanities, speech and English composition.

The Community College of the Air Force and civilian education will become a major focus in the near future and, as has been rumored in light of the Navy initiative, could play a large part in your promotion. The key for you is to be ready.

Power continued from page 3

For example:  
 Paragraph 4.2.1. Military Signature Block:  
 //SIGNED//  
 RAINYDAYS, Maj, USAF  
 Branch Chief, Messaging Services  
 Other items to note when creating your signature block are in paragraph 3.7.

Paragraph 3.7. Electronic messaging will replace or supplement formal Air Force formats for communications like official memorandums, messages, orders, taskings, or letters. This includes messages and other communications exchanged between organizational elements in support of command and control, combat support, combat service support, and other functional activities. Users will not add slogans, quotes, special

backgrounds, special stationeries, digital images, unusual fonts, etc., routinely to their official or individual electronic messages. Users must consider professional image and conservation of Air Force network resources (bandwidth).  
 Remember the power of the written and typed word. It will mean more than intended if written in frustration or without knowing the weight of the e-word.



# 302nd MXG welcomes new commander

By Tech. Sgt. Tim Taylor  
Front Range Flyer

The 302nd Maintenance Group has a new leader for the first time in more than 10 years. Col. Jane L. Kitchen took over the group April 1 in a change-of-command ceremony held in Bldg. 210 Bay 1.

Colonel Kitchen, who comes to Colorado from the 440th MXG, General Mitchell International Airport-Air Reserve Station, Wis., replaces Col. Michael T. O'Halloran. Colonel O'Halloran, who retired April 14, commanded the 302nd MXG since October 1995.

Col. Andrew T. McMahon, 302nd Airlift Wing vice commander, officiated the event and praised the 302nd MXG for its efforts under Colonel

O'Halloran. Specifically, he pointed out how well the group's members have performed during the current mobilization.

"Every day you guys set new records in terms of the number of sorties ready to launch," he said. "One of the primary reasons this group has been able to do so well is the leadership of Col. Mike O'Halloran."

Colonel Kitchen thanked Colonel O'Halloran for "leaving her a premier unit" and elaborated on the praise of the maintenance group.

"From the staff functions to the back shops to the flight line, they get the job right the first time," she said, leaving the mem-



Col. Jane L. Kitchen (second from left) prepares to take command of the 302nd Maintenance Group from Col. Andrew T. McMahon, 302nd Airlift Wing vice commander, as Col. Michael T. O'Halloran (right), outgoing 302nd MXG commander, and retired Brig. Gen. William P. Kane, former 302nd AW commander, look on. (U.S. Air Force photo by Tech. Sgt. Tim Taylor)

**New commander  
continued on page 9**

# Test squadrons recognize annual award winners

By 2nd Lt. Andrew Bigley  
17th Test Squadron

The 17th Test Squadron and its Air Force Reserve Associate Unit, the 14th TS, recognized outstanding personnel involved in

space system operational test planning, execution and support at the 4th annual Test Excellence Awards ceremony held at the Peterson Air Force Base Enlisted Club recently.

Lieutenant Cols. Scott Hower and

Kathleen Barrish, 17th and 14th TS commanders, respectively, presided over the event.

As Air Force Space Command's only dedi-

**Test awards continued on page 18**



Left to right, Lt. Col. Kathleen Barrish, 14th Test Squadron commander, presents the Outstanding Test Team trophy to Command and Control System-Consolidated MilStar team members Maj. Bill Arbegast, Maj. Lars Starbuck, and Gary Joens. (U.S. Air Force photo)

# Aerial porter earns top NORAD honor

By Tech. Sgt. Tim Taylor  
Front Range Flyer

A member of the 302nd Airlift Wing has earned one of the top enlisted honors in North American Aerospace Defense Command. Senior Master Sgt. Jimmy L. Ward, 39th Aerial Port Squadron air transportation superintendent, was recently named the NORAD Senior Noncommissioned Officer of the Year for 2005.

"This honor ranks up at the top," he said, "along with being a guest at the Canadian New Year's celebration last year and receiving the Arkansas Coach of the Year award."

"Senior Master Sgt. Jimmy Ward is the consummate pro," said Sgt. Maj. Dennis S. Frye, NORAD and U.S. Northern Command sergeant major. "We depend on him heavily, and he always delivers – three-fold. His strongest attribute is his keen understanding of leadership in the widest sense. He works within the J-7 Training and Exercise Directorate, but his presence is known throughout the entire command.

"I respect him, I trust him, and what's more, I can always count on him to demonstrate the highest professional example to all who serve within NORAD-NORTHCOM."

Being a top performer also allowed Sergeant Ward an opportunity to have his photograph taken with Adm. Timothy J. Keating, Commander, North American Aerospace Defense Command and United States Northern Command, something Sergeant Ward considers a real honor.

"Admiral Keating is such a great commander who cares for the people who work for him," Sergeant Ward said.

Sergeant Ward has been helping with the development and implementation of a Learning Management System for NORAD-NORTHCOM since May 2005.

As a self-evaluation and quality control monitor for the 39th APS he plays a key role in the quality of work performed by that unit.

"The SE/QC program is a management tool designed to measure unit progress and overall operation status, and to ensure proficiency in all aspects of aerial port functions and management," he said. His job is to administer the SE/QC program according to inspector general activities, enforce unit compliance with instruction governing transportation policies and procedures and to conduct no notice and annual inspection.

Sergeant Ward's commitment to excellence is evident in his work ethic during his 10-plus years on activity duty and 19 years with the Reserve.

"I have not missed a UTA in my career, nor have I ever been late or missed an appointment in my 29 years of service," he said. "I have only missed one day's work in

my career because of sickness.

"My job at the 39th is not an 8-to-5 job. Sometimes, I have to come in during the week to catch up on my work. The people in the 39th who I work with are among the sharpest men and women in the Air Force. They are a family and each cares about each other.

I really love this unit, and its accomplishments for the Air Force Reserve will never be outdone."

"He's a quality individual," said Senior Master Sgt. Alyssa M. Giltner, 39th APS A Flight superintendent.

His commitment to youth parallels his commitment to his country. He organized students in a self-help project to build a paved road to a school, sponsored four youths in the Boys and

Girls Club of America and led fund-raising activities for new fences around high school baseball fields. He also helped organize and establish the first-ever Court Appointed Special Advocate program in Craighead, Ark., to represent troubled youth in court during child abuse cases.

Sergeant Ward joined the 302nd AW in April 2005, but his roots with the 302nd go back even further, with the 96th APS, Little Rock Air Force Base, Ark., once a part of the 302nd Wing.



Senior Master Sgt. Jimmy L. Ward

## 302nd Military Personnel Flight changes hours of operation

The 302nd Military Personnel Flight has adjusted its hours of operation during the week. This is being done to stay on top of critical personnel functions while operating at reduced manning levels, according to Maj. Joe Colunga, 302nd MPF director.

The 302nd MPF will be open from 7:30 a.m. to noon and 1 to 4 p.m. Mondays, Wednesdays and Fridays, and from 7:30 a.m. to noon Tuesdays and Thurs-

days. During Unit Training Assemblies hours remain 7:45 to 11:15 a.m. and 12:15 to 4:15 p.m. on Saturdays and 7:45 a.m. to noon on Sundays.

In an emergency contact Chief Master Sgt. David Malenky, 302nd MPF superintendent, at 556-7249 or Major Colunga at 556-7324.

There are other avenues for routine service.

Headquarters Air Reserve Personnel Center offers MPF cus-

tomers service the first weekend of every month from 7:30 a.m. to 3:30 p.m. Reservists can speak with a customer service representative by calling 1-800-525-0102, DSN 926-7079 or commercial (303) 676-7079.

The virtual MPF website updates the Military Personnel Database at <https://www.afpc.randolph.af.mil/afpcsecure/Default.asp>.

Update pay databases at <https://mypay.dfas.mil>.

Update the Defense Enrollment Eligibility Reporting System at <https://www.dmdc.osd.mil/swg/owa/webguard.login?appl=9012&rule=02>.

If you are having difficulties with any of these updates, you may call 1-800-525-0102, DSN 926-7071 or (303) 676-7071 for assistance, or e-mail [arpc.psdcl@arpc.denver.af.mil](mailto:arpc.psdcl@arpc.denver.af.mil).

You can track your education progress through <https://afvec.langley.af.mil>.





Senior Master Sgt. Ronald Tiff



Master Sgt. Michael Gettman



Master Sgt. Jorge Talamantes



Senior Airman Ryan Warnhoff

## Wing congratulates superior performers

The 302nd Airlift Wing boasts several top-notch performers and continues to watch its members vie for impressive individual honors.

One such individual is Master Sgt. Jorge Talamantes, 302nd Logistics Readiness Squadron transportation journeyman. On April 1 he “pinned on” his current rank through the Performance Enhancement Program. The PEP promotion was determined by a board at 22nd Air Force. Earlier, he was named the 22nd AF NCO of the Year for 2005.

He also earned high accolades in his civilian career. Air Combat Command selected him as its 2005 Transportation Civilian Technician of the Year. Sergeant Talamantes works for the 27th LRS, Cannon AFB, N.M.

Another 302nd LRS member has received recognition as well. Senior Master Sgt. Ronald Tiff, 302nd Logistics Readiness Squadron fuels superintendent, has been chosen the 2005 United States Air Force Air Reserve Component Fuels Senior NCO of the Year.

Two other wing members are in contention for local recognition. Master Sgt. Michael Gettman, 302nd Security Forces Squadron squad leader, and Senior Airman Ryan Warnhoff, 302nd Maintenance Squadron integrated avionics technician, have been nominated for Colorado Springs Chamber of Commerce Armed Forces Awards. Sergeant Gettman is up for Senior NCO of the Year and Airman Warnhoff for Airman of the Year. The winners will be announced at a luncheon May 18 at The Broadmoor.

## 26th Space Aggressor Squadron lieutenant goes bald for Baldrick's

**By Staff Sgt. Derrick M. Gildner**  
*Front Range Flyer*

A member of the 26th Space Aggressor Squadron and his spouse dove shaved-first into the spirit of St. Patrick's Day by losing their hair for cancer patients on March 31.

2nd Lt. Rolf Miller, 26th SAS development engineer, and his wife, Öxnur Tuna-Miller, helped raise money for cancer patients by shaving their heads to raise money for St. Baldrick's, the world's biggest childhood cancer fundraising event.

Colorado Springs hosted one of the St. Baldrick's parties at the City Auditorium the last weekend in March. Volunteers included local hairstylists from Bella Salon, entertainers from the St. Brendan's Dance Company and childcare providers from Imagination Celebration and Discovery Zone.

“This was our first time participating in the event and the support has been great,” said Lieutenant Miller.

“Deciding to help these little people with cancer is one of the most important decisions I've made in my entire life,” said Ms.

Tuna-Miller. “I wish millions of people could feel the absolute happiness and love that comes from this experience.”

The Millers joined 350 other members of the community for the 9-hour head-shaving marathon, which raised over \$118,000.

Anyone interested in joining the cause or starting a team, you can plan now for March 2007 by logging on to [www.StBaldricks.org](http://www.StBaldricks.org). The St. Baldrick's organization collects millions of dollars each year to help some of the 12,500 U.S. children diagnosed with cancer each year.



2nd Lt. Rolf Miller

## 302nd Airlift Wing mission success begins with health promotions

By Airman 1st Class Jessica E. Andrews  
302nd Aeromedical Staging Squadron  
unit public affairs representative

Enemy flyers don't strike the fear in Airmen the way the Air Force Physical Fitness test does. Air Force personnel must test annually with a 1.5-mile run, push ups and sit ups.

Master Sgt. Felicia A. Grillo, 302nd Aeromedical Staging Squadron aerospace medical service technician, is the fitness monitor for the 302nd ASTS and an advocate for health and fitness in the wing. She says it is common for Airmen to be scared of the fitness test because they associate it with those bad feelings from basic training.

"The fit test is not a form of punishment or intimidation," said Sergeant Grillo. "It is there to ensure the mission standards are up to par; just as it's essential to make sure your gas mask still fits or you're qualified to shoot an M-16. You have resources, places you can go to improve and people to consult with and not have any administrative action taken against you."

That's where Health Promotions and Nutritional Medicine come in. Nutritional Medicine and Health Promotions are two career fields that are vital to members sustaining good health within the Air Force. The personnel in these fields are trained to help you start and stay on track. Maybe they don't sound as exciting as some other Air Force Specialty Codes, like Tactics or Intelligence, but they are critical for mission success. After all, no matter how exciting an Airman's career field is, if they are not healthy, they are not deployable. Furthermore, they risk being discharged. Being healthy is part of the military objective of readiness.

In technical school airmen diligently study to learn their jobs well and then, after they get to their permanent duty station, the training never ends. Constant education involving Career Development Courses, Airman Leadership School, NCO Academy, 5- and 7-level upgrade training, and so on keeps the mind occupied. They work out and test for physical fitness as part of the "fit to fight" philosophy, but most do the

people don't use them as a resource because they don't know what they're there for. Sergeant Grillo says "change only comes when people are truly ready," but she feels that through awareness and education, people may not take their health for granted anymore.

There are places like the Health and Wellness Center on Peterson Air Force Base to go for information on nutrition and fitness. They also offer things like cholesterol checks and healthy cooking classes.

Colonel Karen Baldi, 302nd ASTS chief of aerospace medicine, feels being physically fit is crucial.

"If a member cannot walk or lift how are they expected to drag their duffel bag across Iraq? We forget how out-of-shape we are because we sit at a desk all day, and few of us have physically demanding jobs. Our lack of fitness shows up with an increase in injuries while deployed, and an increase in profiles, waivers and medical boards for illnesses such as high cholesterol, heart attacks, and diabetes which are entirely preventable."

The nice thing about fitness and nutrition is that it's all about prevention. If you start here, you don't have to live just to do damage control. Col. Baldi emphasizes the importance.

"Health Promotions is an aeromedical program that bridges the medical clinic with the HAWC," she said. "By the time a physician gets a sick patient the damage is done. All we can do is load the patient up with expensive medications.

"The purpose of health promotions is to prevent illness in the first place by educating the member about proper nutrition and sensible exercise. The object of the game is to enjoy our retirement," said the colonel.



Senior Airman Antawn Keller (left), 302nd Aeromedical Staging Squadron medical service technician, discusses fat levels with Capt. Eleazar Inungaray, 302nd Airlift Wing comptroller. (U.S. Air Force photo by 1st Lt. Jody Ritchie)

bare minimum to pass and get it done with. As they get caught up in their sometimes hectic work schedules and military lifestyle, they let their total health slowly decline without even realizing it, ending up in and out of sick call or failing the fitness test. Before they know it they're on a profile.

Ten percent of the 302nd Airlift Wing members are on profiles and aren't the only ones in the Air Force to show a percentage like this.

Once again, if troops aren't fit, they can't be deployed. If they know they need help, they should come to health promotions and nutritional medicine as a resource. Most



# 302nd Airlift Wing seeing double-double

By Tech. Sgt. Stefano Collins  
302nd AW Protocol

Don't run to visit your optometrist just yet. Although, anyone in the 302nd Airlift Wing who has visited the education and training office, the wing historian's office, the flight line, or the 302nd Logistics Readiness Squadron may think they're experiencing double vision. Among the many distinctions the wing is renowned for, there is another one hiding in plain sight. There are two sets of identical twins assigned to the wing.

## Sister Act

Tech. Sgt. Angela M. Eberhart, 302nd Mission Support Flight education and training manager, and Staff Sgt. Wendy D. Eberhart, 302nd AW historian, were born June 10, 1970. Angie is older by four minutes. The sisters have always been close and have done almost everything together. The Eberhart sisters starred in their own twin-feature during their high school's "Strawberry Festival."

"We did a song and dance routine to the tune 'Together Forever,'" said Angie. "We were dressed in tuxedos and top

hats," said Wendy.

True to the song, both joined the Air Force at the same time and entered through the "buddy program" in July 1988. Both became financial analysts during basic military training at Lackland Air Force Base, Texas, and both attended technical training school at Sheppard AFB, Texas. After tech school they were never stationed together during active duty. However, they were destined to be together forever in Air Force blue.

Angie's active duty stations were Hurlburt Field, Fla. (twice); Incirlik Air Base, Turkey. She left active duty in July 1997 and joined the Florida Air National Guard at MacDill AFB. She transferred from Florida ANG to the Colorado ANG at Buckley AFB and retrained into the education and training career field in 1998.

Why Colorado after Florida? "My parents and brother were living here in Conifer at the time," said Angie.

Wendy's active duty stations were Grand Forks AFB, N.D.; Eilsen AFB, Alaska; and Columbus AFB, Miss. When she did leave active duty, Wendy joined



Master Sgts. Randy L. (left) and Ricky L. Kind

the Alaska ANG. She transferred from there to the Colorado ANG at Buckley AFB in 2000 and worked the wing headquarters administrative section.

Again, why Colorado? "I knew I wanted to transfer to Air National Guard," said Wendy. "Plus, I didn't want to waste 10 years of active duty military service," she said.

Living in the Denver area was good for Angie and Wendy because they could see their parents on a regular basis. The move regained family support of their choice of military career paths.

"Mom was upset about us being so far away, with me in Alaska and Angie in Turkey, but

she's fully supportive now," said Wendy.

However, Colorado Springs has become more convenient for their day-to-day lives. In conjunction with working in the 302nd, both have civilian jobs in the local area. Angie works as a financial analyst with the Missile Defense Agency at Schriever AFB and Wendy is a financial analyst with Northrup-Grumman's Space Missile Command at Peterson AFB. Their ties to the community and to each other have also bound them to the 302nd. The people here are

**Twins continued on page 13**



Col. Michael T. O'Halloran, outgoing 302nd Maintenance Group commander, addresses the audience. (U.S. Air Force photo by Tech. Sgt. Tim Taylor)

## New commander continued from page 5

bers of the 302nd MXG with expectations to come.

"Do not become complacent, do not forget the details, do not forget the tech data, and remember – safety always comes first."

Colonel Kitchen graduated from the University of Wisconsin, Stout campus, with a degree in secondary education. After teaching junior and senior high school for eight years, she was commissioned through Officer Training School where she was a distinguished graduate.

She has held numerous positions in the aircraft maintenance field and was deployed

as the 386th Expeditionary Maintenance Group Commander, Ali Al Salem, Kuwait, from December 2003 to May 2004.

Following the change-of-command, retired Brig. Gen. William P. Kane, former 302nd AW commander, officiated Colonel O'Halloran's retirement ceremony. He too praised the colonel's leadership during his reign as 302nd MXG commander. He also lauded the O'Halloran family's efforts in support of the colonel.

The colonel has accepted a civilian position in aircraft maintenance in New Mexico.

Colonel O'Halloran closed out the ceremony by saying he wanted to give "one last salute to the maintenance group." And so he did.

# Corrosion control facility on target for completion

**By Tech. Sgt. David D. Morton**  
*Front Range Flyer*

A corrosion control facility project in the works for 10 years is taking shape as an additional structure to the back of the

302nd Maintenance Squadron building. When complete, the structure will be used for painting and overall treatment of aircraft parts.

"We used to paint and treat aircraft parts in a small room on

the old side of Bldg. 625," said Master Sgt. Bill Harris, 302nd MXS aircraft maintenance structural chief, who has been part of the planning for the new structural addition since the beginning.

Included in the structure will be a paint booth area and blast room for stripping paint off of aircraft parts. Hazardous exhaust filters will also be embedded in the floor to collect hazardous materials from blasting and removing paint particles off of aircraft panels.

"With the addition of the new corrosion control facility, the aircraft structural maintenance section will be performing maintenance in a state of the art corrosion treatment building," said Chief Master Sgt. Ron Bebow, 302nd MXS aircraft maintenance superintendent. "Each individual room is specifically designed to bring us into compliance with Environmental Protection Agency standards, but also to make the required tools and equipment readily available to the technicians performing the work."

But before any of that can happen, a few loose ends will need to be taken care of.

"The do h Sandl Bowman Comp for the concrete will be ing ne  
That peopl who've for the to bec  
"We be cor tembe ning c est," s  
"Co greatly tainab aircraft places progra tion w the st Wing us."



Bruce Edwards, carpenter, John Bowman, Inc., prepares to measure a framing beam during construction on the corrosion facility in March. (U.S. Air Force photo by Tech. Sgt. David D. Morton)

## Consolidated aerial

**By Tech. Sgt. David D. Morton**  
*Front Range Flyer*

Construction workers are closing in on the new consolidated 39th Aerial Port Services Airlift Control Flight facility. Ground-breaking for the structure, located just east of building 208, was completed in March. Aerial porters and airlift control personnel will move in soon.

A ribbon-cutting ceremony is scheduled for March 8, according to Master Sgt. Ron Sutton, 39th APS terminal services superintendent.

The structure, with an estimated price tag of nearly \$7.7 million once completed, will be co-located next to the base FAA tower, providing a direct line of sight to all taxiways. The inclusion of a parachute drying tower and location of the building are pri-



The new consolidated aerial facility is under construction. (U.S. Air Force photo by Tech. Sgt. David D. Morton)



# pletion

ere's still a lot of work to ere yet," said Dallas and, carpenter for John an, Inc., Construction any, who installed framing e structure. "There's more e to pour, the electricians e installing wiring, and pip- eds to be put in."

at's welcome news to e like Sergeant Harris, e been waiting a long time e corrosion control facility ome reality.

e're hoping the project will mplete by the end of Sep- r, or at least by the begin- of October at the very lat- aid Sergeant Harris.

mpletion of the facility will y enhance the overall main- ility and reliability of our t," added Chief Bebow. "It s our corrosion treatment am at the peak of perfec- within the Air Force. It is andard the 302nd Airlift has always established for



Arturo Quintana, Terry Bopp and Luis Esquirel, roofing laborers, Central State Roofing Co., work from high-rise platforms on the parachute tower during construction of the new 39th Aerial Port Squadron and 302nd Airlift Control Flight facility. (U.S. Air Force photo by Tech. Sgt. David D. Morton)

## erial port, airlift control facility inches toward completion

mary features of the new structure.

"The parachute tower is a great upgrade," said Sergeant Sutton. "We'll now be able to hang the large G12-E parachutes to shake the cactus out. The tower will also serve as a drying tower."

Working conditions should also be vastly upgraded. Aerial porters are currently housed in a hangar built in the 1940s and the airlift control flight works out of a trailer inside one of the wing's maintenance hangars.

"The new building has three elevated garage doors facing the flight line," said Sergeant Sutton. "This will make our job easier by not hav-

ing to double-handle all the cargo and airdrop platforms. Currently, we have to load everything on the K-loaders with forklifts. In the new facility we'll be able to drive the K-loaders up to the loads and push them directly onto the K-loaders."

The building sits on nearly 35,000 square feet of land, and is 2.5 times larger than the current aerial port facility.

"We're excited about getting into the new facility," said Master Sgt. Maria Ortega, 302nd ALCF chief of operations. "The ALCF has various Air Force Specialty Codes which means a lot of different equipment. With the new facility, all seven AFSCs will have a section to work from, and all our equipment will be contained in one area."

"This building will facilitate our training in communication setups, aerospace ground equipment, tent and trailer setup and proper weighing and marking of rolling or palletized equipment."

n a completion date Squadron and 302nd eaking for the struc- s held Jan. 13, 2005, onnel are hoping to ed for Saturday, July



39th Aerial Port Squadron and 302nd Airlift Control Flight facility as it appeared in March. (U.S. Air photo by Tech. Sgt. David D. Morton)

# Desert duty: crew chiefs keep C-130s flying

By Maj. Ann Peru Knabe  
379th Air Expeditionary Wing  
Public Affairs

**SOUTHWEST ASIA**—No one wishes for an aircraft to break. Especially flying crew chiefs.

But, that's when the mobile C-130 maintainers receive the most attention – when something is wrong with the plane, and they are far away from home.

“Fortunately, C-130s are extremely reliable,” said Senior Master Sgt. Edward Rife, 379th Expeditionary Maintenance Squadron production supervisor. “They seldom break to the point where the aircraft can't return to base. But, if that happens, the flying crew chiefs come to the rescue.”

Sergeant Rife said most of the C-130s used in Southwest Asia are between 10 and 14 years old, but added that some as old as 40 are still flying.

“C-130s are amazing aircraft, but they need to be properly maintained,” said the 302nd Airlift Wing reservist.

Part of the key to keeping the aviation workhorses flying high is to have a crew chief or two assigned to each aircraft. These flying maintainers are prepared to deal with a variety of aircraft problems in any location around the world.

“Crew chiefs have no specialty,” explained Senior Airman Christopher Sutton, a 746th

Aircraft Maintenance Unit crew chief. “We need to know everything, including engines, navigation, electrical, hydraulics and fuels.”

Airman Sutton likened crew chiefs to a family doctor.

“We find out from the aircrew how the airplane flew and troubleshoot any problems that occurred, and refer them (the aircraft) back to a specialist,” said the reservist whose home unit is the 913th Aircraft Maintenance Squadron based in Willow Grove, Pa. “We also make sure the airplane can safely fly the



Master Sgt. Steven Ashley, 746th Expeditionary Airlift Squadron, examines an engine that broke on a recent C-130 Hercules mission to the Horn of Africa. Senior Airman Christopher Sutton, 746th Aircraft Maintenance Unit crew chief, and Senior Master Sgt. David Bright, 746th EAS flight engineer, watch from below. (U.S. Air Force photo by Maj. Ann Peru Knabe)

mission to its home base.”

The travels of a flying crew chief aren't all glamour.

Recently, Airman Sutton and another Willow Grove crew chief, Master Sgt. Steven Ashley, found themselves in a remote area of Ethiopia with a broken aircraft.

“The weather was the most challenging part of this mission,” said Airman Sutton. “The heat was brutal, and the location made it difficult to get parts in to repair the plane. The simple airfield also lacked resources, so

we were stuck for a couple of days.”

Sergeant Ashley agreed the remote location posed unique challenges, but he didn't let the wait frustrate him.

“It gave me an opportunity to see the local culture and understand how U.S. military humanitarian cargo affects the Ethiopians directly.”

Airman Sutton said he tried not to feel pressured as they tried to determine how to resolve the problem but understood future missions could be affected by mechanical delays.

“When the plane initially broke, I thought this is what I am here for and we will get this airplane out of here,” he said.

Later, when Airman Sutton was on the ladder looking into one of the right engines, he thought about how any delay could affect future missions.

“I wondered whose life I was affecting, what missions would be delayed and what impact it would have on other people,” he said.

As luck would have it, the engine had a temperature datum control problem and speed switch issue, all which affect fuel and air control in the engine. Within a couple of days, Sergeant Ashley and Airman Sutton had the parts to fix the plane so the crew could safely fly back to their base in Southwest Asia.

“Our crew chiefs are pros, but their hard work is often overlooked,” said Lt. Col. Giordano

McMullen, 746th Expeditionary Airlift Squadron commander, as he praised the Airmen for their long hours of hard work in the hot sun. “Without them, our mission would come to a complete halt.”

Sergeant Ashley said it's all part of his job, and he's just happy when a plane flies safely again after repairs.

“The greatest feeling in the world is watching an aircraft fly after you've fixed it,” he explained. “Add the admiration of the aircrew, and the feeling is priceless.”



*Double-double continued from page 9*

nice. They're different than Guard folks, but in a good way, they said.

"Plus, we meet and interact with people who are involved in activities in the local area," said Angie. "For example, we ran into Safety Bob the other day at Burger King after washing uniforms," said Wendy. He is none other than Master Sgt. Bob Smith, the wing's ground safety NCO.

**Two of a Kind**

Master Sgt. Ricky L. Kind, 302nd Logistics Readiness Squadron first sergeant, and Master Sgt. Randy L. Kind, 302nd Maintenance Squadron flight chief, were born Oct. 7, 1968. Ricky is older by six minutes, although Randy says it's only by five. Like the Eberhart sisters, the Kind brothers have always been close and have done almost everything together. Growing up, they starred in their own athletic double features.

"We played the same sports together in high school," said Randy. "We played football, basketball, and were cross-country runners," he said.

Ricky and Randy also joined active-duty Air Force and attended basic military training together. Their parents had reservations of their choice to pursue military careers, but were proud of them they said. Many of their parent's fears were alleviated when recruiters told them the Air Force was better than the other branches of service, and they became more supportive when they were informed their boys would be assigned together, according to Ricky.

Unlike the Eberhart sisters, they were separated after basic training. They were never assigned together until they both joined the Air Force Reserve and entered the 302nd. Randy became a supply specialist and was assigned to Minot AFB, N.D.. After his tour, Randy separated from active duty and joined the Reserve. He became a member of the 302nd and cross-trained into the aircraft maintenance field.

Meanwhile, Ricky became an administrative specialist and was assigned to Zweibrucken Air Base, Germany. After his assignment in Europe, Ricky transferred to Peterson AFB while still on active duty. He

then accepted a special duty assignment at Colorado State University in Fort Collins to provide administrative support for the Reserve Officer Training Corps program.

After the ROTC assignment, Ricky separated from active duty and joined the 302nd.

"I was highly encouraged by my brother to join the 302nd," said Ricky, who joined to preserve his military service time and to be closer to his brother. "Initially, I had my reservations of Guard and Reserve," he said. "But my time in the wing has quickly broadened my scope of how diversified reservists are, how skilled we are, how many sacrifices we make to be a reservist. Every reservist makes sacrifices," he said.

According to Randy, the sacrifices come hand-in-hand with the rewards. He zealously advocated a strong case in favor of the 302nd.

"Being a reservist in the 302nd has been a great and challenging experience," said Randy. "I have traveled all over the world, it

Colorado Springs.

Although they are identical twins, there are differences between them. "Randy has a mechanical aptitude and I have an administrative aptitude," said Ricky. "In the wing, there's confusion about 'Rick' and 'Randy' because we have the same rank and we look alike. What differentiates us is the diamond," he said.

Not everyone notices the difference. "When I first joined the unit, one day I was out on the flight line when Ricky came to the shop to visit," said Randy. "One of the shop chiefs saw Ricky and came over to him and told him 'Hey, you need to get on the line and get to work!' Ricky told him, I'm not Randy, I'm Ricky. I came to visit my brother, Randy."

With the twins of the 302nd, the old saying "two heads are better than one" appears to be true. Both the Eberharts and the Kinds value education and have made their academic pursuits a top priority in their lives.

Angie became a full-time student, majoring in accounting at the University of South Florida during her time with the Florida ANG. When she moved from Florida to Colorado, she finished her bachelor's degree program with Metro State College in Denver. "In doing so, I had to repeat my senior year to earn course credits with residency," she said. Wendy earned a bachelor's degree in accounting from Park College in Parkville, Mo., before leaving active duty. Angie and Wendy are currently enrolled in a master's degree program through Webster



**Tech. Sgt. Angela (left) and Staff Sgt. Wendy Eberhart**

is paying for my education and it helped me get my A and P (airframe and power plant) license so I can work on civilian aircraft," he said. Having a twin in the unit makes the experience twice as nice.

"It's been great," said Randy. "We're closer than before, and now I'm able to see him on the weekends, and sometimes at work during UTAs," he said. Ricky agrees. "You know twice as many people," said Ricky. "It is easier having a brother in the wing," he said. "It definitely made my transition into the Reserve and the 302d much easier."

In their civilian lives, Ricky works as a senior financial analyst at RS Information Systems in Colorado Springs. Randy works as a jet mechanic at Doss Aviation, also in

University, majoring in procurement acquisition. They plan to graduate this month.

Ricky earned a Bachelor of Science in accounting during his ROTC assignment at Colorado State University. He is now pursuing a master's degree in finance and accounting through Regis University. "My ultimate goal," he said, "is to become a certified public accountant." Randy is four classes away from a Bachelor of Science in aviation through Embry-Riddle University.

Through perhaps either nature or nurture, both sets of twins' paths merged to lead them to the 302nd. They brought a double dose of commitment, talent and expertise with them.

# Statistics show fitness program needs to get on track

**By Lt. Col. Tim Bennett**  
AFRC public health officer/  
health promotion director

**ROBINS AIR FORCE BASE, Ga.** – Since the new fitness program began in 2004, Air Force Reserve Command's performance has stumbled.

In 2003, 76 percent of unit reservists took the fitness test. Most of them – 98.9 percent – passed their assessments.

Two years later when 68 percent of the reservists tested, seven percent of them finished with a marginal score, and 12 percent of them performed poorly.

If a person failed the 3-mile walk assessment under the previous fitness program, he or she simply took it again later and generally passed.

However, with more stringent force-wide fitness standards in place, AFRC officials recognized that this approach to fitness test-

ing wasn't good enough anymore. They needed a comprehensive education and intervention program to help reservists improve overall fitness scores.

Col. (Dr.) Jim Collier, AFRC surgeon, directed a working group to develop an intervention program for reservists who scored marginally or poorly on their fitness assessments.

The group experts from Reserve units across the country, met in December to tackle development of an intervention tool for people needing information, encouragement and a plan to improve.

The result of their meeting is an intervention program titled Healthy Living Program for Reservists. In addition, the group developed a tri-fold brochure to give to reservists. It highlights fitness program requirements and provides Web resources.

Totally Web-based, the new

Healthy Living Program for Reservists will be posted on the Air Force portal under the Air Force Fitness Management System. It is divided into three instruction modules, each focusing on a specific topic.

The fitness module takes a comprehensive look at the frequency, intensity, length and types of exercises required to develop strength, endurance and flexibility. It also discusses ways to avoid injury and provides warning signs to look for.

The nutrition module discusses the basics of a healthy diet, and gives helpful hints for portion control and eating out.

The behavior modification module takes a different approach. It uses the "Top Ten Reasons for Not Exercising" to teach participants how to make proper choices while keeping them entertained.

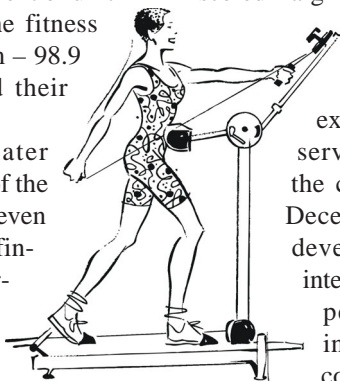
Health and wellness centers on active-duty bases offer a wealth of assistance. These centers provide one-stop shopping to help military members achieve a high level of wellness. Among

other things, they provide smoking cessation, weight management, fitness, nutrition, and health education and intervention programs. Most centers perform fitness testing and offer exercise and nutrition prescriptions for those who need professional oversight.

Unfortunately, health and wellness centers are only located on active-duty bases and may not be available to reservists on weekends or after hours.

One of Colonel Collier's goals is to establish a centralized virtual health and wellness center with a full-time staff available to provide reservists, via the Web, personalized exercise and nutrition prescriptions.

Although still in the formative stages, Colonel Collier's vision is for the virtual health and wellness center to serve as a resource for reservists who need help, but don't have access to health and wellness or fitness centers where they live. If approved, the colonel hopes this resource will be up and running by 2008. (AFRC News Service)



## TRICARE Dental Program helps Guard, Reserve maintain deployable status

**FALLS CHURCH, Va.**—Dental readiness is a key component in determining the deployable status of our service members. The TRICARE Dental Program, administered by United Concordia Companies Inc., helps guardsmen and reservists meet Department of Defense dental readiness requirements.

"The TRICARE Dental Program provides a way for National Guard and Reserve members to meet and maintain their dental requirements prior to being called to active duty," said Navy Cmdr. Robert Mitton, deputy director, Dental Care Division, TRICARE Management Activity. "We want to protect our soldiers, sailors, airmen and Marines from dental emergencies, especially in times when they are deployed and in harm's way."

At the individual level, oral health is a major player in overall health. When service members maintain their oral health, they enhance their mental and physical well-being in many ways, improving their self-esteem and minimizing their risk of dental emergencies. The DoD readiness requirement helps members reduce their risk of dental problems before and during deployment.

Guard and Reserve members, with at least 12 months remaining on their service commitment, and their families are eligible for the TRICARE Dental Program. If the enrolled sponsor is activated, he or she becomes eligible for dental treatment in military dental treatment facilities and is automatically disenrolled from the TRICARE Dental Program. In addition, family members benefit

from reduced monthly premiums while their sponsor is on active duty. Family member enrollment does not depend on the sponsor being enrolled; family members may enroll in the TRICARE Dental Program at any time.

For more information, beneficiaries may access the program online at [www.TRICAREdentalprogram.com](http://www.TRICAREdentalprogram.com), or call toll-free 1-800-866-8499, 24 hours a day, Monday through Friday. Members residing outside the United States should dial their country code followed by 888-418-0466 (toll-free).

Beneficiaries may also access the TRICARE Web site at [www.tricare.osd.mil](http://www.tricare.osd.mil) which displays the TRICARE Dental Program Fact Sheet as well as other dental related fact sheets.



# Are you prepared for your next adventure?

By Tech. Sgt. Mary Hinson  
315th Airlift Wing

**CHARLESTON AFB, S.C.** — A young couple heads off to a tropical paradise to celebrate their anniversary. On the way home, they change planes in a foreign country, and suddenly their trip takes a horrible turn. Customs, refusing to stamp their passports, detains them without so much as a phone call.

“Sit down and shut up,” barked the customs guards. The couple looked at each other and began to wonder what was going to happen next ...

It sounds like the plot of the latest suspense novel, but this exact event happened to a chaplain from the 315th Airlift Wing. Chaplain (Capt.) Ronald Apollo and his wife, Lydia, were on their way back from a four-day vacation to St. Lucia where they celebrated their eighth wedding anniversary.

Thinking nothing of traveling, since they had done it so many times before, the couple set out for their return destination, which had them changing planes in Barbados. It is here where the nightmare began.

According to Chaplain Apollo, unlike most airports, when passengers disembarked the plane in Barbados, they weren't in a containment area, so they had to reenter customs. The Apollos presented the customs agent with their documentation – orders, birth certificates, identification cards – as required but were denied entry by the agent. The agent then asked for passports, which Chaplain Apollo was assured by the airlines they wouldn't need. This turned out to be false, said the chaplain.

The customs supervisor took the Apollos into a back room and told them they wouldn't be allowed to leave.

“She was yelling, ‘what are you doing

here?’” said Chaplain Apollo.

With very little time to spare before their connecting flight left, the Apollos were told they wouldn't be allowed to leave or even make a phone call to the U.S. embassy.

“When I asked to call the embassy, she said, ‘This is not the U.S. Sit down and shut up,’” said the chaplain.

By now, the couple had missed their flight, and it was approaching 10 hours since they had gotten anything to eat or drink. Mrs. Apollo, who was eight weeks pregnant at the time, was starting to feel sick and in need of food and water, but her requests were refused. It was at this point Chaplain Apollo knew he had to do something.

“I told them I was a U.S. citizen, a military member and demanded to call my embassy,” he said. Although they again told him to return to his seat and keep quiet, in about 20

minutes, they let him make his phone call.

“I got a hold of the on-call representative at the embassy,” said Chaplain Apollo. Once the embassy representative knew the details of the situation, he spoke with one of the Customs agents who lied about the supervisor being available to help the situation. That was all it took for the embassy representative to realize the situation was getting bad. He came to the airport and personally escorted the Apollos to a hotel for the night.

The following day, the embassy representative escorted the couple from Barbados to Charlotte, N.C., to ensure there were no more problems.

Even though the Apollos eventually had

their situation worked out, there could have been a whole other outcome.

Before traveling anywhere outside of the United States, the 315th AW Judge Advocate General's office suggests checking the U.S. Department of State Web site for pertinent travel information. Since each country has its own set of rules, it would be wise to do some research before leaving the country.

According to the U.S. Department of State Web site, [www.state.gov](http://www.state.gov), some tips to remember when traveling abroad are:

- Make sure to have a valid passport.
- Read the Consular Information Sheets/Public Announcements/Travel Warnings for any countries to be visited.

• Be familiar with local laws and customs of the countries to be visited. While in a foreign country, U.S. citizens are subject to its laws, not the U.S. Constitution.

• Make copies of passport information and itinerary and leave them with family or friends.

• Prior to departure, register with the nearest U.S. embassy through the State Department's Web site.

• If in trouble, contact the nearest U.S. embassy.

The Web site offers a lot of good information, but Chaplain Apollo advises people to call the State Department before going on any trip to get the most current facts.

Even though the Apollos love to travel and had been many places without incidence, Chaplain Apollo said, for now, they “will stick to the U.S.”



## Air Force Reserve Command seeking information for book

The Air Force Reserve Command History office is currently in the research stage of a book documenting AFRC enlisted history.

Among those it will feature will be Reserve enlisted troops, preferably going all the way back

to 1947, who have made a significant historical impact on the Reserve and the Air Force.

If you know of someone who is/was amazing, who may have accomplished something specific and definable in an outstanding manner, or who is

just flat-out a hero/heroine, let AFRC know.

Send as much information as you can to Chief Master Sgt. Rai Anne Miller, AFRC field historian program manager, to help AFRC contact the individual or individual's survivors. Here-mail

address is [Rai.Miller@AFRC.AF.MIL](mailto:Rai.Miller@AFRC.AF.MIL).

Explain, to the best of your ability, the what, where, when, why and how of this person's outstanding service to the Reserve. This will help the research process.

# Dispelling rumors regarding CAC 'gold chip'

By Raymond Brant

*Air Force Communications Agency*

**SCOTT AIR FORCE BASE, Ill.** – Rumors and urban legends are circulating that the “gold chip” on the Common Access Card contains people’s DNA, family member information or even a complete copy of a worker’s official government records.

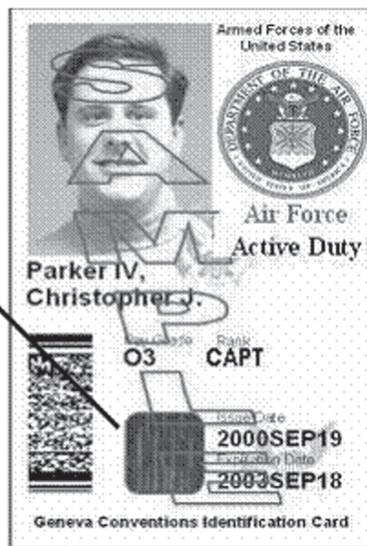
“This simply is not the case,” said Maj. Martin Solis, Air Force Communications Agency Identity Management Branch chief. The gold computer chip is where the CAC gets its “Smart Card” nickname. The chip contains personal information which is essentially the same information that was contained on previous ID cards such as name, rank, date of birth, along with gender, meal entitlement code and organ donor election (military only). Additionally, the chip contains computer programs or applications, which protect the information on the chip, yet allow the information to be read by appro-

priately configured government computers and websites.

Besides those basic functions, the gold chip contains three electronic “certificates,” which are unique identifiers registered by Department of Defense and assigned to each CAC owner. These certificates provide official electronic verification of your identity and also allow you to digitally sign and encrypt e-mails.

**Identity:** The identity certificate is used to grant access to the network and protected websites such as the Air Force Portal and Defense Travel System. By using this identity certificate on the chip instead of the less secure user name and password, we’ve made it more difficult for our adversaries to gain unauthorized access to our networks. For example, a hacker would first have to get their hands on a CAC and then guess the Personal Identification Number. As a safeguard, the chip’s self-protecting application only

allows three guesses before the chip becomes locked, at which point a user would have to personally visit the military personnel flight or find a specialized CAC Pin Reset workstation.



This mechanism prevents unauthorized use of the card – a security precaution that effectively renders a lost card worthless to an adversary who might stumble upon one.

**Digital Signature:** The digital signature certificate is used

to “digitally sign” documents and e-mail. A digital signature is more difficult to “forge” since your unique identifier is used to create the digital signature. Likewise, a digitally signed e-mail will give you assurances that every letter, comma, period, space, etc., is exactly what the author put in the document.

**Encryption:** As the name implies, the encryption certificate protects your data by “scrambling” your e-mail into something incomprehensible by means of a key or code, so that it can be reconverted only by an authorized recipient holding the matching key or code. As such, electronic encryption protects email from being intercepted and read by unauthorized individuals. When using the unclassified network, referred to as the NIPRNET, this encryption is especially useful for Privacy Act Information, Official Use Only and other sensitive but unclassified data. However, one very important note is that even with digital encryption, classified information is still not authorized

## Results are in: Airmen voice opinions in 2005 climate survey

**WASHINGTON (AFP)** – More than half of all Airmen participated in the 2005 chief of staff organization climate survey, which allows participants to voice their opinions on issues affecting them and their jobs.

Chief of Staff of the Air Force Gen. T. Michael Moseley released the results of the survey to all the major commands March 31.

Strong leadership focus on the survey was credited for the 53 percent total force participation rate, an increase from previous years.

Overall, many of the numbers stayed the same, with only minor declines in some areas.

“The results are encouraging on a

couple of fronts. First, the responses were from our total force team, and secondly, there was no noticeable difference in overall satisfaction from those deployed and those at home station,” said Chief Master Sgt. of the Air Force Gerald Murray.

He said job satisfaction is an important area of concern as Air Force expeditionary commitments continue to rise.

According to the results, active duty senior airmen are the least satisfied among active duty personnel, although job satisfaction remained about the same overall. Trust in leadership was also an area introduced in the recent survey.

From a total force perspective, middle enlisted member’s trust in unit senior leadership is significantly lower than all other

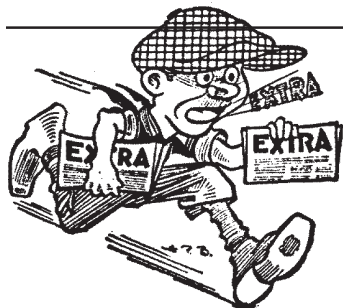
ranks, although overall job satisfaction increased slightly.

“There will always be areas where we need to focus and improve,” Chief Murray said. “From the enlisted perspective, ensuring NCOs and senior NCOs are stepping up to their leadership responsibility is critical.”

The majority of Airmen indicated, too, that Air Force leaders used the results from the 2003 survey in a positive way, and Chief Murray vowed that will continue with the 2005 results.

“We’ll take data from this survey and continue enhancing our professional development at all levels,” he said. “Our core value – excellence in all we do – is a goal of constant pursuit.”





**Active duty to conduct testing**

The 302nd Airlift Wing Education and Training office will not offer testing until further notice.

If you need to test, contact the active duty education office at 556-4064.

**Using electronic equipment in industrial areas**

Air Force Instruction 21-101, Air Force Reserve Command Supplement 1, paragraph 1.29, addresses the use of personal electronic or communication devices.

It states that personal electronic or communication devices such as cell phones, beepers, pagers, portable music/video players, electronic games, etc. are prohibited on the flight line, munitions areas, hangars,

and/or other industrial work areas. This does not include common areas such as office areas, break or locker/ready rooms.

Government equipment items issued for the performance of official duties are exempt from this prohibition.

**AFRC blocking 'RE:' e-mails**

Air Force Reserve Command will now be blocking e-mail with the subject line "RE:" as in a reply to a blank e-mail. This is in response to a rash of pornographic e-mails many users have been receiving.

If you send out e-mails with blank subject lines; any replies to it will be dropped.

**Military Spouse Appreciation Day set**

Military Spouse Appreciation Day will be held Tuesday, May 9, 10 a.m. to 2 p.m. at the Armed Services YMCA, 2190 Jet Wing Dr., Colorado Springs.

Limited childcare is available. Call (719) 622-9622 for reservations.

The event is being presented by the ASYMCA, Fort Carson

Army Community Service, and Air Force Academy, Peterson Air Force Base and Schriever AFB family support centers.

**Dial 4-1-1 only in emergency**

The 4-1-1 option on your telephone to call information is to be used only in an emergency.

Each call costs \$1.25 and as phone extensions are identified the cost will be billed back to the organization.

**AFRC Services updates youth Web page**

Air Force Reserve Command Services has updated information on the youth page to include camp information and a link to a grant opportunity from a non-profit agency, Our Military Kids.

To view the page, go to <https://www.mil.afrc.af.mil/HQ/SV/Child%20and%20Youth.html>.

**Military uniforms, politics do not mix**

With elections about six months away, military members are reminded that wear of military uniforms at political events is prohibited.

The Secretary of Defense prohibits all military personnel, including National Guard and Reserve forces, from wearing military uniforms at political campaign or election events, per Department of Defense Instruction 1334.1.

**Veterans Affairs Services, VA not connected**

An organization called Veterans Affairs Services is providing benefit and general information on the Veterans Administration and gathering personal information on veterans. This organization is not affiliated with VA in any way.

The VAS may be gaining access to military personnel through their close resemblance to the VA name and seal.

Examples of VAS acts that violate chapter 59 of Title 38 United States Code should be sent to: Michael.Daugherty2@va.gov, (202) 273-8636, or Michael G. Daugherty, Staff Attorney, Department of Veterans Affairs, Office of General Counsel (022G2), 810 Vermont Ave., Room 1106, Washington, D.C. 20420.

*Have mail your way*

By Staff Sgt. Derrick Gildner  
*Front Range Flyer*

302nd Airlift Wing members now have the ability to open and check mail at home by setting up an account here.

If your secure Microsoft Outlook account isn't set up, check out the simple instructions on the Q drive at Q:\MSG\INF PROTECT, Establishing an E-Mail Account in MS Outlook 2002.

Just follow the steps and you're ready to send and receive mail.

"Once your account is established here, members can check their mail from home by going to [webmail.peterson.af.mil](http://webmail.peterson.af.mil) and enter the same user name and password they use at the office," said Tech. Sgt. Stacey Cameron, 302nd Communications Flight systems administrator.

Another feature is the ability to click onto your Outlook calendar. You can check dates, appointments, unit events and more with the click of your mouse.

If you have any questions, contact the communications flight at 556-8295.



**Back home**

Master Sgt. Michael Leon, 302nd Communications Flight workgroup manager, greets his daughter, Michelle, upon returning home from Southwest Asia April 8. (U.S. Air Force photo by Tech. Sgt. Tim Taylor)

# Unit Training Assembly Schedule

## May 6-7

	Time	Event	Location	POC
S A T U R D A Y	0530 – 0800	Breakfast/Brunch	Aragon Dining Facility	SVMFA/6-4180
	0730 – 1600	Newcomers Orientation	Bldg. 893, Conference Room	DPMSC/6-8185
	0730 – 0900	No Meeting Period	All Locations	CV/6-7087
	0730 – 1630	Physical Exams	Clinic	ASTS/6-1132
	0745 – 1630	MPF Hours	Bldg. 895, First Floor	DPMSC/6-8185
	1000 – 1600	Military Clothing Sales	Bldg. 1466	LSM/6- 3227
	1100 – 1300	Lunch	Aragon Dining Facility	SVMFA/6-4180
	1100 – 1300	Lunch & a Lift	Aragon Colorado Room	HC/6-7428
	1200 – 1630	Customer Service Hours	Bldg. 895, Room 121	DPMSC/6-8185
	1300 – 1600	Chaplain Available	Bldg. 893, Room 143	HC/6-7428
S U N D A Y	1600 – 1800	Dinner	Aragon Dining Facility	SVMFA/6-4180
	2000 – 2300	Late Night Carry-out	Aragon Dining Facility	SVMFA/6-4180
	0530 – 0800	Breakfast/Brunch	Aragon Dining Facility	SVMFA/6-4180
	0730 – 0830	Chiefs Group Meeting	Silver Spruce Golf Course	CCC/6-8132
	0730 – 1200	MPF Hours	Bldg. 895, Room 219A	DPMSC/6-8185
	0900 – 1000	First Sergeants Meeting	Silver Spruce Golf Course	CCF/6-8307
	1000 – 1100	Homosexual Policy Training	Bldg. 890, 2nd Floor Briefing Room	JA/6-8140
	1200 – 1300	Junior Enlisted Advisory Council	Bldg. 350	731st AS/6-7371
	1100 – 1300	Lunch	Aragon Dining Facility	SVMFA/6-4180
	1600 – 1800	Dinner	Aragon Dining Facility	SVMFA/6-4180

✓ **Can't make the UTA but you made lodging reservations? Contact Master Sgt. Terry Brassard at (719) 556-4001 or 1-800-446-9624 to cancel.**

✓ **Want an event on next month's schedule? Contact the 302nd Airlift Wing Public Affairs office at (719) 556-4117 or e-mail 302aw.pa@302.peterson.af.mil.**

### Test awards continued from page 5

cated space system operational test squadron, 17th TS provides an independent assessment of 28 AFSPC weapon systems. Coupled with the 14th TS, the two partners combine a mix of active duty, reserve, civilian and contractor strengths to provide test planning, support, execution and reporting capabilities for AFSPC senior leadership.

Colonel Barrish summed up the strong relationship the 14th and 17th units share.

"The annual banquet is our chance to highlight the fact that the 14th TS is an unrivaled wingman to the 17th TS in the execution of operational test and evaluation for AFSPC," she said.

Also evident from the recognition list is the diverse pool of outstanding talent throughout 17th TS, the 17th TS Detach-

ment 1 superintendent said.

"This is a testament to the dedication, hard work and professionalism that resides in all corners of the squadron. This was definitely an extraordinary year for Det. 1," said Master Sgt. Matthew Lusson, the Outstanding Test Manager award winner.

The guest speaker was Col. Michael Kadlubowski, Air Force Space Command's Chief of Operations Training, Test, and Exercises and Standardization and Evaluation Division. The 2005 award winners are:

Outstanding Test Manager - Master Sgt. Matt Lusson, 17th TS Detachment 1

Outstanding Test Analyst - Capt. Frank Mindrup, 17th TS Det. 1

Outstanding Active Guard Reservist - Maj. Bill Arbegast, 14th TS

Outstanding Traditional Reservist - Maj. Lars Starbuck, 14th TS

Outstanding Contractor - Ron Martwick,

17th TS

Test Excellence Award - Tech Sgt Carroll Ellis, 17th TS Det. 1

Outstanding Test Support Manager - Kathy Winnett, 22nd Space Operations Squadron

Outstanding Assistant Test Manager - Major Starbuck

Outstanding Test Team - Major Arbegast, Major Starbuck, Staff Sgt. Brian Popham, Gary Joens, Command and Control System-Consolidated MilStar

Unsung Hero Award - Capt. Mark Faulstich, 17th TS

Lifetime Achievement Award - Edward Raska, 17th TS Det. 2

Best Supporting Customer - Lt. Col. Edward Maitland, North American Aerospace Defense Command

Outstanding Detachment/Flight - 17th TS Det. 2

## 302nd Airlift Wing Family Day

### Coming Aug. 5



## Newcomers

### 302nd Airlift Wing

Tech. Sgt. John M. Kelleher

Senior Airman Gabrielle Soto

### 39th Aerial Port Squadron

Airman 1st Class Don G. Henry Jr.

### 302nd Aeromedical Staging Squadron

Lt. Col. Sandra A. Kelly

Airman 1st Class Brittany E. Marmion

Senior Airman Crystal B. Price

Senior Airman Shantae T. Shinholster

Airman 1st Class Laquisha (Piper) Murray

Airman Ryan Broda

### 302nd Aircraft Maintenance Squadron

First Lt. Margaret Denison

### 302nd Civil Engineer Squadron

Staff Sgt. Joel E. Houston

### 302nd Logistics Readiness Squadron

Senior Airman Antoinn Kidd

### 302nd Maintenance Squadron

Senior Airman Gina Cerquozzi

Senior Airman Ethan H. Corman

Senior Airman Nicole M. Noller

Airman 1st Class Felix R. Oliva

Staff Sgt. Jakin L. Parks

Master Sgt. Andrew T. Reiss

Senior Airman Bret C. Stageberg

### 302nd Security Forces Squadron

Airman 1st Class Evan M. Conner

### 731st Airlift Squadron

Senior Airman Frederick Wagoner

### 302nd Communications Flight

Senior Airman Jason G. Richey

Tech. Sgt. Richard C. Vanderwoude

### 302nd Services Flight

Staff Sgt. Mary Ann Buckingham

Airman 1st Class Lauren S. Kenebrew

First Lt. Anthony Fichera

### 19th Space Operations Squadron

Capt. Frank R. Kincaid

### National Security Space Institute

Lt. Col. Linda K. Boyce

Capt. Amanda M. Fellows

## Promotions

### Senior Master Sergeant

Dean E. Firestien

Kenneth H. Ross

### Master Sergeant

Todd M. Scott

Jorge L. Talamantes

### Staff Sergeant

Matthew A. Harding

## Sharp Troop of the Month

**Name:** Joaquin Cuenca

**Rank:** Staff sergeant

**Section:** 302nd Maintenance Squadron, Hydraulics Shop

**Job:** Aircraft hydraulic system craftsman; president, Junior Enlisted Advisory Committee

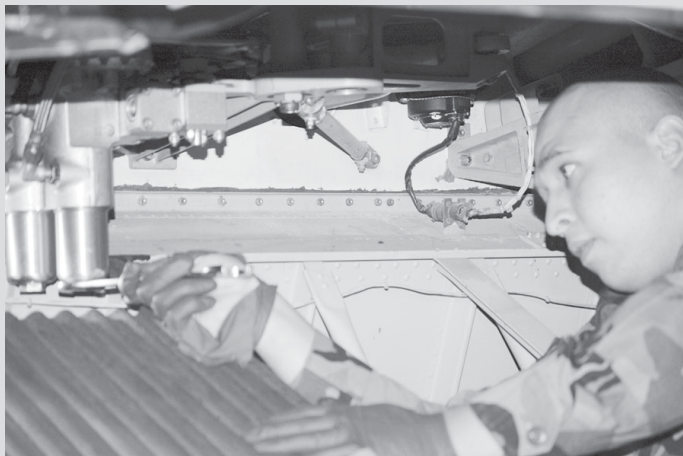
**Date assigned:** October 2004

**Hometown:** Fresno, Calif.

**Hobbies:** His children, coaching middle school wrestling, furthering his education, and making the Junior Enlisted Advisory Council a useful and productive organization within the 302nd Airlift Wing.

**Favorite thing about your job:** "My favorite part of my job is to see an aircraft, which I have helped maintain, take off and know that because of the dedication and hard work of myself and many others, it is able to fly its mission."

*Supervisors - Nominate a Sharp Troop. Contact the editor of the Front Range Flyer at 302aw.pa@peterson.af.mil, or call (719) 556-4117, or toll free (800) 446-9624.*



## Luck or no luck; text message worth 10K

By Staff. Sgt. Derrick M. Gildner

Front Range Flyer

Yellow moons, orange stars, blue diamonds and green clovers just might make your cereal bowl tasty, but for one 302nd Aeromedical Staging Squadron medical technician sheer luck and timing, and not Lucky Charms, won her \$10,000 on St. Patrick's Day.

Tech. Sgt. Pricilla Johnson raced against time and used a text message, along with several hundreds of thousands of other contestants, March 17 to vie for the cash reward on the NBC game show *Deal or No Deal*. The hit show, hosted by comedian Howie Mandel, offers viewers a chance to play while the show airs live.

"I was surprised to get a call back from a show operator and even more surprised to see my name go across the television screen announcing I had won," said Sergeant Johnson.

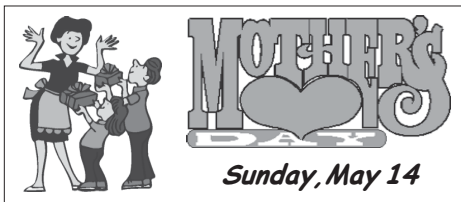
She will use her winnings to put in a back-



Tech. Sgt. Pricilla Johnson

yard this summer for her recently purchased home.

Sergeant Johnson fared better than the contestant on the show, who turned down a deal worth over \$180,000 and finished the with just \$5,000.



## 2006 Air Force Assistance Fund

302nd Airlift Wing contributed \$700, more than double its goal

# Maintenance kingpins reclaim bragging rights

By Tech. Sgt. Tim Taylor  
Front Range Flyer

It was April Fools Day, but nobody pulled anything over on the Maintenance bowling team this time. Having tasted the agony of defeat for the first time last year, Maintenance returned to form and captured its fourth 302nd Airlift Wing bowling championship in five attempts April 1.

Held at the Peterson Air Force Base bowling center, the 5th Annual Bowling Tournament and Fundraiser established a pair of records, grossing \$2,131 to assist wing families in need and attracting 26 teams.

The worthy cause aside, the event also



John Marang of LRS zeroes in on his 10 victims. (U.S. Air Force photo by Maj. Kristin Simpson)

provided some of the wing's finest "athletes" an opportunity to exercise their trash-talking skills. Apparently, Maintenance learned from the humbling experience of 2005, not only dominating the competition, but also choosing to refrain from the customary commentary often associated with being the wing's top keglers.

"Maintenance is going to take this win with no smack talk," said team member Mike Sanchez. "We will speak softly and carry a big stick for the next outing. Four out of five years is a good run for Maintenance and we plan to keep it that way next year."

Actions clearly spoke louder than words this time around as Maintenance cruised to the title behind a solid effort from Jeremy Linderman. He seared the lanes with a 649 series as Maintenance's 2,544 score was a whopping 188 pins ahead of second place.

The tourney would be the swan song for one long-time team member, Jeff Wendling (retiring later this year), who ended his Maintenance bowling career with a 507 series.

"Due to folks retiring, our team will change next year," said Sanchez. "On every winning team we have had the only constants have been Jeff Wendling, Rob Tate and myself."

Maybe Maintenance can borrow someone from its other team, which placed third behind Tim Gudridge's 645 series.

Despite the wrench turners' efforts, the unsung heroes of the tournament were a quintet of 39th Aerial Port Squadron members who weren't even here last year due to a deployment in support of Operation Iraqi Freedom. Rumor has it that Up Your Alley was honing its bowling skills in the cargo bays of C-5 aircraft in Iraq. Team member Dean Firestien disclosed the true reasons for the APS team's success – aiming fluid and strong support.

"We couldn't have done it without the support of our bowling fan club," he said.

A bowling fan club!? Well, there is a first time for everything.

Several bowling "fans" were also wonder-

ing what happened to the team that stunned Maintenance, and the entire wing, last year; the team which had one member boasting frequently how his team would repeat this year. Well, Services placed a distant fourth and its biggest "talker" was a no-show. However, Terry Brassard did surface at a later date to applaud those who contributed to the fundraising effort.

"The turnout was fantastic," he said. "It feels good when the wing can come together, even though we have people in the desert, and have fun like one big happy family."

In fairness to Brassard and his Services teammates, they were not the only ones to slip into the gutter. Last year's runner-up, LRS, limped home in fifth and the AW #1 contingent, once thought to be contenders (in their own minds), floundered as well.

Brassard claims, "Services will be back." So too claims LRS, so too claims AW #1, so too claims ...

#### Team scores:

1. Maintenance – 2,544: Mike Sanchez 492, John Gurule 465, Rob Tate 431, Jeremy Linderman 649, Jeff Wendling 507

2. Up Your Alley – 2,356: Mark Rinker 595, Roy Hall 487, David Imes 453, Dean Firestien 375, Dan Oldes 446

3. MXS – 2,338: Sol Martinez 444, Steve Cisneros 333, Robert White 551, Rocky Ramirez 365, Tim Gudridge 645

4. Kings of Service – 2,197: James Malone 597, Darin Green 288, Russell Dunlap 457, Robert Bostick 424, Bob Weber 431

5. LRS Transgressions – 2,120: Samuel Alexander 439, John Marang 436, Charles Meuser 384, Matt Smith 410, Gerald McLaughlin 451

302nd Airlift Wing Public Affairs  
860 Malmstrom St. Ste 138  
Peterson AFB CO 80914-1179

PRESORTED  
FIRST CLASS MAIL  
US POSTAGE  
PAID  
PHOENIX  
ARIZONA  
Permit No. 1735

For the Family of: