



THE GUARDIAN

A Publication of the Wyoming Air National Guard

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February 2011

A WATERY WELCOME HOME

Firefighters of the 153rd Civil Engineer Squadron return from Iraq

U.S. Air Force Photos by Master Sgt. Paul Mann and Spc. Stew Dyer



ON THE COVER

Thirteen Wyoming Air National Guard firefighters returned to Cheyenne's Wyoming Air National Guard base after more than four months in Iraq.

While in Balad, Iraq, the firefighters, members of the 153rd Civil Engineer Squadron, trained Iraqi firefighters on hazardous material response, emergency medical technician response and aircraft crash recovery, among others.

The emergency medical technician course was the first one held at the Balad airport, said Master Sgt. Richard Cruz, the unit's first sergeant. While there, the group also responded to more than 380 emergency calls.

The Airmen were deployed for more than 120 days training Iraqi firefighters.

U.S. Air Force Photos by Master Sgt. Paul Mann and Spc. Stew Dyer

More photos and video footage may be found at www.flickr.com/photos/wyoguard



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Please send **Guardian** submissions by COB the second Monday after UTA to:
153.aw.pa@ang.af.mil
Submissions that are not received by this date cannot be guaranteed inclusion. Please feel free to submit article ideas, comments or corrections.

2010 Outstanding Airmen of the Year

Members of the Wyoming Air National Guard were recognized for their outstanding service during 2010, at a formal banquet held Jan. 8.

"It's always an honor to recognize the outstanding achievements of our Wyoming Airmen," said Col. Dennis Grunstad, 153rd Airlift Wing commander. "These selfless men and women uphold the core values of the Wyoming Air National Guard, always maintaining the ideals of people first and mission always."

The following individuals were recognized for their leadership, military bearing, knowledge of military customs, community service and personal achievements:

- Senior Airman Elizabeth A. Pope, 153rd Operations Support Flight, Airman of the Year.
- Staff Sgt. Kale L. Meyer, 30th Airlift Squadron, Noncommissioned Officer of the Year.
- Master Sgt. Dana L. Durand, 153rd Medical Group, First Sergeant of the Year.
- Master Sgt. Kenneth A. Lavin, 30th Airlift Squadron, Senior Noncommissioned Officer of the Year.
- Capt. Eric Green, 153rd Communications Squadron, Company Grade Officer of the Year.

Master Sgt. Lila Howell, 153rd Maintenance Squadron, was chosen as the Flag Team Member of the Year. This award is a symbol of the extreme amount of volunteerism and undying commitment a Flag Team member must possess.

Staff Sgt. Adam J. Coulon, 153rd Security Force Squadron; Staff Sgt. Darryl W. Weaver, 30th Airlift Squadron; Staff Sgt. Iris Honrado, 243rd Air Traffic Control Squadron; Staff Sgt. Emma N. Simental, 153rd Logistics Readiness Squadron; Airman 1st Class Phillip J. Roybal, 243rd Air Traffic Control Squadron; Staff Sgt. Sarah K. Austin, 153rd Communications Flight; Staff Sgt. Kale L. Meyer, 30th Airlift Squadron; Airman 1st Class Cassee J. Cordes, 30th Airlift Squad-

ron; Senior Airman Heidi L. Valdez, 153rd Medical Group and Counterdrug Program; Staff Sgt. Charles Riesselmann, 153rd Airlift Wing; Staff Sgt. Michael A. Saraceno, 153rd Medical Group were named as the Chiefs Council Core Value Award recipients. This award recognizes the junior enlisted members of the Wyoming Air National Guard who best represent the Air Force/Air National

Guard Core Values: Integrity first, Service before self, Excellence in all we do, Commitment to Citizen Soldier heritage, and Strength of our diverse family.

Staff Sgt. Sarah Austin was recognized as the Unit Career Advisor of the Year. The Unit Career Advisor plays a key role in promoting the careers and opportunities of our military force, from the youngest Airman to the most seasoned senior noncommissioned officer.

Tech. Sgt. Mark E. Hill was named as the Production Recruiter of the Year for the Wyoming Air National Guard. Tina Hill was selected as the Recruiting Spouse of the Year. These awards recognize the recruiters who continue to go above and beyond and whose individual efforts and support have been a contributing factor in this organization's ability to meet its missions. 🇺🇸



Pope



Kale



Durand



Lavin



Green

"It's always an honor to recognize the outstanding achievements of our Wyoming Airmen."

The importance of professional organizations

by Chief Master Sgt. James Branom

State human resource advisor

Being part of professional organizations is critical to the development of your career—whether in the civilian sector or in the military.



Professional organizations can provide you with specific information on your field, future trends, and research articles that you can read for further career development. Organizations can also add to your network associations by providing references and job leads.

On the other hand, military professional organizations spur camaraderie, esprit de corps, and provide lobbyists for military legislation. A few of the military organizations that impact National Guard members are the Enlisted Association of the National Guard of the United States (EANGUS) and the National Guard Association of the United States (NGAUS).

EANGUS

EANGUS is the largest enlisted reserve component association in the U.S. It was created in 1970 by a group of senior Non-commissioned officers from Mis-



issippi and South Dakota and incorporated in Jackson, Miss. in 1972. The purpose was to give a voice on Capitol Hill for enlisted National Guard issues.

EANGUS currently represents over 414,000 enlisted National Guard men & women, and their families, and retirees.

Each year, EANGUS works legislative issues to benefit National Guard members. The legislative

goals of EANGUS come from its membership and has been instrumental in getting the following legislation passed that impact all military Guard members.

NGAUS

The association includes nearly 45,000 current or former Guard officers. It was created in 1878 to provide unified National Guard representation in Washington. NGAUS provides states and members unified representation before Congress. The NGAUS

legislative department is the lobbying branch of the association. It seeks modern equipment, training, missions and personnel benefits for the Army and Air National Guard by lobbying Congress and the Executive Branch.

State and individual membership dues provide nearly \$1.8 million annually to help support NGAUS efforts in Washington, D.C. Each of the 54 states and territories belong to the association. State membership symbolizes the mandate for NGAUS

representing over 5.5 million members.

Some of the accomplishments of the Military Coalition in 2009 were:

Pay!

3.9% pay raise, even though the Administration only asked for 3.5%

More money!

\$300 per weekend for IDT travel (with conditions)

More education!

New GI Bill with stipends and better benefits

More affordable!

Held TRICARE fees at today's level, not 350% increase

More health care!

Extends VA care from 2 years to 5

More retirement points!

Was 90 per year, now 130 per year

Earlier retirement!

Deployment time counts for earlier retirement

In addition to these successes, both EANGUS and NGAUS provide scholarships for members and eligible family members. We strongly encourage you to consider joining military professional organizations that benefit you directly.



Military OneSource Tax Filing Services

Military OneSource is pleased to announce that they will once again provide free tax consultation and free on-line tax filing services to military servicemembers and their families during the tax season. As in the four previous years, participants will have free online access to the H&R Block at Home Basic tax product.

A brief overview of the program:

* Participants must register for Military OneSource and log on to the site for access to the H&R Block At Home Basic product. A separate logon for the H&R Block At Home site is required.

* Those eligible for the program are active duty, Guard and Reserve (regardless of activation status), spouses and dependent children (authorized in DEERS), family members handling the affairs of a deployed service member, and severely injured service members or family members handling their affairs.

* Participants will have free access to the H&R Block At Home Basic product. Those with more complicated returns may incur charges if they upgrade to the H&R Block At Home Premium product.

* Participants can file up to three state resident returns for each federal return that they file with the H&R Block At Home Basic product.

* Participants can speak with a Military OneSource Tax Consultant if they have tax related questions, or need assistance using the H&R Block At Home Basic product.

Find out more about the program by visiting the Military OneSource tax page:

<http://www.militaryonesource.com/MOS/FindInformation/Category/TaxFilingServices.aspx>.

MAN ON THE STREET

What do you do during the winter months to keep busy?



**Airman 1st Class
Adam Bartholomew**
153rd Maintenance Squadron

"I stay busy keeping up on my workouts at the gym and, whenever the weather is nice, I go hiking at Vedauwoo."

Master Sgt. Gary Foster
WyANG Headquarters



"I enjoy doing puzzles and I also read a lot of historical books. Also I've played trombone since 1981 and winter is a great time to practice."



**Airman 1st Class
Robert Livings**
153rd Communications Flight

"I work full-time and a part-time job, so my winters are pretty busy. However, when I get a chance-and the weather permits-I like to go mountain biking."

**Tech. Sgt.
James Williams**
153rd Logistics Readiness Squadron



"I go hiking in the winter with my family."

RESOURCE LIST

Airman & Family Readiness:

Mrs. Denise Rampolla (307) 772-6063 and
24/7 cell (307) 214-2625

Director of Psychological Health (DPH):

Ms. Trish Bannon (307) 772-5279
cell (307) 256-2571
Email: Trish.bannon@us.army.mil

Chaplain:

Chaplain Matthew Nansel
cell (720) 339-8966

National Suicide Prevention Lifeline:

1-800-273-TALK (8255) A free, 24-hour hotline available to anyone in suicidal crisis or emotional distress. Your call will be routed to the nearest crisis center to you.

Military HOMEFRONT:

The official Department of Defense web site for reliable Quality of Life information designed to help troops and their families, leaders and service providers.

<http://www.militaryhomefront.dod.mil/>

Wingman Project:

Provides training, awareness, and outreach to teach war fighters and their families how to identify symptoms of impending suicide and then how to intervene to save a life.

www.wingmanproject.org

Real Warriors Campaign:

An initiative launched by the Defense centers of Excellence for Psychological Health and TBI to promote the processes of building resilience, facilitating recovery, and supporting reintegration of returning service members, veterans and their families. www.realwarriors.net

Military OneSource Counseling:

Your trusted source for referral to a private local counselor. 1-800-342-9647
www.militaryonesource.com

PASS & REGISTRATION



In order to register a vehicle with the 153 SFS Pass & Registration, you must have your military ID (dependents need their ID), vehicle registration and current proof of insurance. Civilian employees without a military ID must have a Wyoming Military Department Employee ID.

Due to change in the DoD vehicle registration database, we now need to have a copy of the vehicle registration for each of your vehicles registered with us, before we can update registrations on your vehicles.

In accordance with AFI 31-204, AIR FORCE MOTOR VEHICLE TRAFFIC SUPERVISION, "a person need not own the vehicle to register it; however, they must have a lease agreement, power of attorney, or notarized statement from the owner of the vehicle granting them permission to use the vehicle and specifying the inclusive use dates."

As a reminder, Pass & Registration's hours are 0700-1630 Monday through Friday (including Fridays before UTAs). UTA hours: Saturday 0830-1630 and Sunday 0800-1600.



Clinic Info



Physical Health Assessments (PHA) are conducted SATURDAY of UTA, 0830 – 1130. However, due to changes in the wing schedule, some weekends may dictate Sunday PHA processing. Please check with your Unit Health Monitor for scheduled appointments.

Immunizations are given in the clinic SATURDAY of UTA, 0830 – 1130 and are also available during weekday duty hours, 0800 – 1000. REMEMBER, you MUST be on status (UTA/AT/PM) to be eligible for vaccinations.

Walk-Ins are available on SATURDAY of UTA, 1300 – 1400. This time is used for Medical Liaison Officer fitness evaluations, profile reviews, medical waiver reviews, out-processing and any other miscellaneous medical requirements. Personnel who will be attending school, TDY, or out-processing for any other reason, MUST out-process through the clinic on SATURDAY of drill. The clinic is closed on Sunday for training.

Healthy Living Program classes are held 1300 in the Mezzanine, SATURDAY of UTA. You will be scheduled through you Fitness Monitor following failure of Fit Test.

If you have any questions, please call ext 6259.

Transition assistance workshop

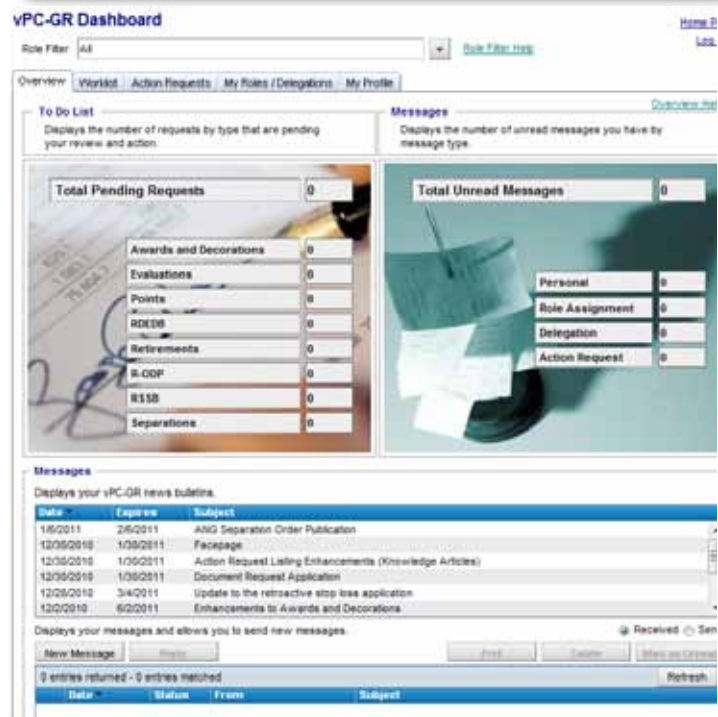
Plan to attend a workshop to prepare military members, Guard and Reserve, military retirees and families and DoD civilians with skills and knowledge to successfully market for a second career.

Workshop includes valuable VA benefits, interviewing skills, and much more. The next seminar is Feb. 15-18 from 8 a.m. to 4 p.m. (last day will end at 3 p.m.). Call (307) 773-5940/5941 to register.



EPR/OPRs records copy

Applying for a technician or statutory tour position or just need a copy of your current or past Enlisted/Officer Performance Records (EPR/OPRs)? The information is just a click away! You can use virtual Personnel Center-Guard and Reserve (vPC-GR) to request a copy be sent to you from the Total Force Service Center-Denver or use the Personnel Record Display Application (PRDA) view and/or print a copy. You can also view your evaluation data to include reporting official information online by accessing virtual Military Personnel Flight (vMPF). You can access vPC-GR, vMPF and PRDA from the AF Portal, www.my.af.mil, located under the Top Portal Links section.



Electronic military personnel records

If you are planning to go to the Force Support Squadron on drill weekend and ask for copies of forms from your military personnel record – think again – because electronic records are now available and you can access them 24/7 from your home! Just use the Personnel Record Display Application (PRDA) to view and/or print forms from your official military personnel record. You can access PRDA from the AF Portal, www.my.af.mil, under the Top Portal Links section.



Evaluations

Is it time to draft, sign, or submit an evaluation and you cannot attend the scheduled Unit Training Assembly this month? Did you know that you can keep the process moving using online services? In virtual Personnel Center- Guard and Reserve (vPC-GR) you can write, sign, and submit evaluations, including LOEs. You can also request a copy of previous EPR/OPR forms. If needed, you can view your evaluation data to include reporting official information in virtual Military Personnel Flight (vMPF). You can access vPC-GR and vMPF from the AF Portal, www.my.af.mil, under the Top Portal Links section.



Around the wing: 153rd Airlift Wing chaplain staff in action

by Staff Sgt. Natalie Stanley

153rd public affairs specialist

Have you ever been curious about what others in the Wyoming Air National Guard do during their drill weekends? Besides the universal computer based training, all jobs in the Wyoming Air Guard vary greatly in their mission and purpose.

Recently I had a chance to start exploring these differences with a trip to the Chaplain's office.



The chapel is unique in its mission since it supports the entire Wyoming Air Guard with duties ranging from ceremony invocations to marriage seminars to Sunday chapel service. The chapel staff consists of chaplains and chaplain assistants, and even though the program is chaplain led it is a group effort to insure their operation runs smoothly.

In order to become a chaplain there are numerous requirements includ-

ing having a Master of Divinity (M.Div.) a 90 hour graduate level program emphasizing in theology and ministry.

Once they receive an endorsement from their denomination, they enter the chaplain candidate program which is a form of internship preparing them for becoming a military chaplain. Once an official chaplain, their duties are numerous including counseling which, accord-

ing to Chaplain (1st Lt.) Matthew Nansel, is 100% confidential with no exceptions. Nansel, who is a southern Baptist also says, "Chaplain's support free exercise of religion for all but that doesn't mean we have to participate in other services. We're like a referral service if someone needs a place to worship we find it for them".

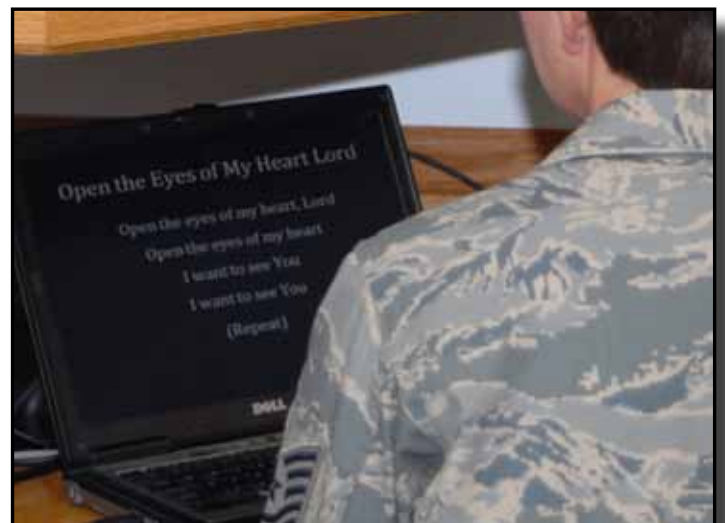
Working in administration support of the chaplains are chaplain assistants. These individuals attend technical school

in order to learn about various religions. They assist chaplains in their duties to include: attending various seminars in order to present to the Wyoming Air Guard, prepare for Sunday services, and prepare and give suicide prevention briefings.

When asked if having a religious background is a requirement for the job, Staff Sgt. Charlie Riesselmann, chaplain assistant, said, "While most assistants have a religious background or religious interests it is not a requirement. However, many entering this field do usually have some interest in religious matters."



With an ever increasing operations and deployment tempo, along with day-to-day life stresses, the Chapel will continue to be busy as they support the men and women of the Wyoming National Guard and as always are available to support any member who is in need of an open door regardless of religion. 🇺🇸



U.S. Air Force Photos by Staff Sgt. John Galvin

TEEN LEADERSHIP SUMMIT OPPORTUNITIES

The Air National Guard is thrilled to announce there will be three Air Force Reserve/Air National Guard Teen Leadership Summits for 2011!

Additional marketing materials will be mailed to your base Airman and family program manager within the weeks ahead.

Currently, additional information and instructions for applicants and adult volunteers are available at the following website: www.georgia4h.org/AFRANGTeenSummit.

The online application will be available on the website Feb. 1, with an application deadline of April 8.

Also, look for our advertisement in the February edition of Citizen Airman!

General Information:

The AFR/ANG Teen Leadership Summits are open to 14-18 year old dependent teens of current Air Force Reserve or Air National Guard military members.

Applicants will be required to complete entire application to include essay questions.

Classic Teen Leadership Summit - June 19-24

Wahsega 4-H Center: Dahlonega, Ga.:

Nestled in a valley of the Chattahoochee National Forest, Wahsega 4-H Center plays host to the Classic Teen Leadership Summit. During this week long adventure, teens will participate in high adventure activities such as high ropes, zip line canopy tour, white-water rafting, hiking, fishing, archery, survival classes, and more! Leadership

classes taught throughout the week include True Colors and the General Hugh H. Shelton Leadership Challenge.

Attendees are introduced to Operation: Military Kids (OMK) and will meet the community partners who make-up OMK teams such as 4-H, Boys and Girls Clubs of America, American Legion, Military OneSource and the Military Child Education Coalition. This Summit also includes military traditions and community service projects. Priority will



be given to first time attendees.

Capitol Teen Leadership Summit - 24-29 July.

Washington, D.C.

Teens will travel to Washington, D.C. for week long activities focusing on citizenship, character building, and high adventure. Teens will spend a few days exploring the wonders of Washington, D.C. including monuments, memorials, and the Smithsonian museums. Teens will also have the chance to meet with their congressmen or a member of his/her staff. This summit also includes a visit to Harpers Ferry,

W.Va., for Appalachian Trail hiking and canoeing and kayaking on the Potomac River. In addition, leadership classes will be focused around the General Hugh H. Shelton Leadership Challenge.

Please note that Capitol Summit attendees will be responsible for some meals during the week. This summit is for returning applicants only.

Adventure Teen Leadership Summit - Aug. 9-14

Cheley Colorado Camps: Estes Park, Colo.

Bordering Rocky Mountain National Park, Cheley Colorado Camps, a family owned and operated summer camp for over 90 years, will host the Adventure Teen Leadership Summit. During this Summit, teens will participate in daily adventure activities including hiking, mountain biking, horseback riding, horse colt training, arts

& crafts, woodworking, technical climbing, and archery. Leadership classes taught throughout the week include True Colors and the 7 Habits of Highly Effective Teens. Each evening, teens will gather for programs including campfires and songs, musical performances, and environmental education classes. This Summit also includes military traditions and community service projects. Priority will be given to first time attendees.

Please contact Mrs. Rampolla in the 153 AW Airman and Family readiness office with any questions.

The Benefits of Cross-Training

From professional coaches to recreational athletes, everyone has an opinion on cross-training. Opinions are generally favorable, because cross-training allows those exercising to stay in shape while using different muscles or honing other skills. Understanding the ways people can cross-train, especially in terms of which other sports are beneficial to a particular activity, can help individuals avoid injury and improve performance.

WHAT IS CROSS-TRAINING?

Cross-training is the practice of partaking in an activity other than one's primary exercise in order to stay in shape or be active. For example, if an individual is primarily a runner, cross-training could include cycling, rowing, or swimming. Other exercise, such as kick-boxing, yoga, or martial arts could also be considered cross-training.

WHAT ARE THE BENEFITS OF CROSS-TRAINING?

Cross-training is beneficial because it allows athletes (professional and recreational) to continue to train without putting in too much repetition with their specific activity. If a runner runs 50-60 miles per week, for example, the repetitive pounding can increase the chance of injury. However, by swimming or biking once a week, the individual can continue to build lung capacity and strength with a lesser chance of that injury. For those who exercise for total fitness rather than excellence in a particular sport, cross-training also provides a varied set of exercises to keep health balanced.

WHICH CROSS-TRAINING ACTIVITIES ARE BEST?

The best cross-training activities are those which replicate the benefits of a primary exercise without the repetition. As described above, runners benefit most from swimming, as it increases lung capacity without the impact. Aqua jogging, cycling, or using an elliptical machine are also good cross-training alternatives. For swimmers, running and rowing provide good cross-training alternatives; running helps build lung capacity and rowing helps build arm and leg strength. For cyclists, running provides an excellent opportunity to build lung capacity and strength (particularly running on hills).

Associated content from Yahoo

153rd Airlift Wing Family Readiness Program Contact Information

**153 AW Family Readiness Office
217 Dell Range Blvd.
Cheyenne, WY 82009**

**DENISE RAMPOLLA
153 AW Airmen and family
readiness program manager**

**(307) 772-6063 OFFICE
(307) 772-2625 CELL**

**BILL BRECKENRIDGE
joint family director**

**(307) 772-5208 OFFICE
(307) 631-7537 CELL**

**Lt. Col. Dave Hall
chaplain
(307) 772-5098 OFFICE**

HADD HERKS AGAINST DRUNK DRIVING

**Need someone to drive you home? Call one of the wing volunteers for safe and confidential transportation. Friday & Saturday, 1900-0300
Call: (307) 214-0662 or 214-1763**

COULD YOU BE A KEY TO MISSION SUCCESS?

The 153rd Airlift Wing Family Readiness Program is looking for family members who want to volunteer. Find out more by contacting the Family Readiness office at (307) 772-6063

YELLOW RIBBON CAMPAIGN

**ROXIE ARNOLD
Yellow Ribbon Support Specialist/
MPSC Contractor
(307) 772-6349**

J O B S

TRADITIONAL COMMANDING OFFICER VACANCY - 153RD FORCE SUPPORT SQUADRON:

Applications are now being accepted for the position of Squadron Commander for the 153 FSS (CO38F3). This position is open to full-time and drill status guardsmen in the grade of O-4 and above. Maximum authorized grade is O-5. Applicant packages must include but are not limited to the following: (1) cover letter requesting consideration and (2) current resume to include military education and experience. Letters of recommendation are optional. The nominating official is Col. Paul S. Lyman. Applications are due **NLT COB 6 Feb.**



HEALTH SERVICES ADMINISTRATOR, 153 MDG AND 187 AES:

Applications are being accepted for the position of Health Services Administrator (41A3). These are traditional officer positions and maximum authorized grade is O-4. These positions are open to all officers and enlisted who are able to meet the following minimum requirements: Applicants must possess a graduate degree in health care administration, hospital administration, public administration, business administration or management, information systems management, or equivalent; or an undergraduate academic major in accounting, business administration or management, computer science, information systems, economics, finance, health care administration, marketing, public administration, clinical or health systems engineering, or other related business field. Application packages must include, but are not limited to, the following: (1) Cover letter requesting consideration, (2) current resume to include civilian and military education and experience, (3) letters of recommendation, (4) college transcripts and (5) AF Form 24. Selected individuals must take the GRE or GMAT. The minimum scores are 800 for the GRE (verbal and quantitative) and 400 for the GMAT. Nominating/selecting officials are Col. Stanley D. Bruntz, 153 MDG and Maj. Richard Cummings, 187 AES. **Open until filled.** Boards will be held once applications have been received.

AIRCRAFT MAINTENANCE SUPERINTENDENT, 153 MXG/MXMI:

Applications are now being accepted for the 153rd Aircraft Maintenance Superintendent ISO Dock (AFSC 2A590). This position is open to all qualified enlisted operationally assigned to the WyANG. This is a traditional enlisted position with a maximum grade of E-8. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration, (2) current resume to include civilian and military education and experience, (3) letters of recommendation (optional), (4) fitness test (PT) score, and (5) current RIP. The selecting official is Senior Master Sgt. Chris Cowley. Applications are due **NLT COB 6 Feb.**

AIRCRAFT MAINTENANCE SQUADRON COMMANDER, 153 AMXS/CC:

Applications are now being accepted for the 153rd Aircraft Maintenance Squadron Commander (AFSC C21A3). This position is open to all qualified officers operationally assigned the WyANG. This is a traditional officer position with a maximum grade of O-5. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration, (2) current resume to include civilian and military education and experience, (3) letters of recommendation (optional), (4) fitness test (PT) score and (5) current RIP. The selecting official is Col. James Moffett. Applications are due **NLT COB 14 Feb.**

All applications must be submitted to Master Sgt. Denise Hondel, 153 AW/FSS
217 Dell Range Blvd.
Cheyenne, WY 82009-3320
(307) 772-6457 by the closing date listed on the advertisement.

KNOWLEDGE OPERATIONS MANAGEMENT AND PERSONNEL SPECIALIST, 187 AS:

Applications are now being accepted for the position of Knowledge Operations Manager and Personnel Specialist. This is a traditional position and has a maximum authorized grade of E-6 and is open to traditional members who hold or can obtain the AFSC 3D0X1 or 3S0X1. Duties include: awards and decorations program, files plan management, personnel processing, client systems administrator, orders processing, and other duties as assigned. For questions concerning this position, contact Senior Master Sgt. Exie Brown at 307-772-6879. **Open until filled.**

The Wyoming Military Department is an equal opportunity employer. Selection for all positions will be made without regard to race, religion, color, national origin, sex, political affiliation or any other non-merit factor. This applies to ALL vacancies within the Wyoming Military Department.

EQUAL OPPORTUNITY DIRECTOR, 153 AW:

Applications are now being accepted for the Director of Equal Opportunity (Officer) position (AFSC 38FX – Force Support Officer) in the 153rd Airlift Wing. This traditional position is open to current WyANG officers and enlisted personnel eligible for commissioning into the WyANG. The individual selected will serve as the Wing Commander's staff officer for Equal Opportunity (EO) programs and supervises the EO staff consisting of at least two other members. Program responsibilities include: assessing and advising commanders at all levels on human relations and diversity; provide counseling, education, and complaint processing; oversee the 153 AW drug testing program; provide yearly training for all 153 AW personnel in Human Relations and Prevention of Sexual Harassment and EO training for newcomers and new commanders; preparing yearly EO and Affirmative Action reports; and providing climate assessments for all 153AW units. Complete information can be found in ANGI 36-7. The selectee must complete the 10-week Force Support Officer course at Keelers AFB, the 5-week Equal Opportunity Advisor Reserve Component Program course at Patrick AFB, and a 40-hour Drug Testing Program Administrative Manager (DTPAM) course administered locally. Applicants must include, but are not limited to, the following: (1) cover letter requesting consideration, (2) resume to include civilian/military experience, education, and training, (3) current RIP, (4) AFOQT scores, (5) certified transcripts, (6) AF Form 24 and (7) letters of recommendation (optional). Duty related questions may be directed to Lt. Col. Jeff Carroll at (307) 772-6182 or 631-1471. The selecting official is Col. Dennis Grunstad. Applications must be received **NLT COB 8 Feb.**

Jobs continued...

READINESS AND PLANS JOURNEYMAN, 153 FSS:

Applications are now being accepted for Readiness and Plans Journeyman, maximum grade: E-7. This traditional position is located in the readiness section within the Force Support Squadron and is open to any enlisted member of the WyANG. Member must either hold or agree to retrain to AFSC 3S0X1. Member must also complete additional training to be awarded the 'R' prefix. Applications must include, but not limited to the following: (1) cover letter, (2) current resume to include civilian and military education, (3) fitness score, and (4) RIP. The selecting official is Chief Master Sgt. Milissa Fowler. Applications are due **NLT COB 7 March**.

Job announcements must be sent directly to FSS, not to the Public Affairs office. The format must include, Position Title, Grade, Officer/Enlisted (both), other special qualifications. The requested announcement may be sent to Master Sgt. Hondel, Tech. Sgt. Lopez, or Maj. Bennett for submission. The submission must be received in advance of the deadline required by Public Affairs each month to allow time for review and accuracy before publishing. Questions on posting job announcements may be directed to Maj. Rachel Bennett, 307-772-6320.

AEROMEDICAL EVACUATION SQUADRON COMMANDER, 187 AES:

Applications are being accepted for the position of Squadron Commander, 187 AES. This is a traditional position with a maximum authorized grade of O-6. The position is open to AFSC's 41A3, and 46F/N3. All qualified members in the grade of O-5 or O-6 may apply. Aeromedical evacuation experience preferred but not required. Application packages must include but are not limited to: (1) cover letter requesting consideration, (2) current resume to include civilian and military education and experience, (3) current RIP (vMPF acceptable), (4) current physical fitness assessment, and (5) letters of recommendation (optional). Nominating/selecting official is Col. Gerald Champlin, 153 OG/CC. Applications due **NLT COB 15 March**.

AIRCRAFT MAINTENANCE OFFICER, 153 AMXS:

Applications are now being accepted for the 153rd Maintenance Squadron Officer (AFSC 21A3). This is a traditional officer position with a maximum grade of O-4. This position is open to all officers and enlisted who are eligible for a commission. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration, (2) current resume to include civilian and military education and experience, (3) letters of recommendation (optional), (4) fitness test (PT) score, and (5) RIP. For those looking to be commissioned: (6) AF Form 24, (7) AFOQT scores, and (8) certified transcripts. The selecting official is Maj. Bret Trippel. Applications are due **NLT COB 6 March**.

TRADITIONAL FORCE SUPPORT OFFICER, JFHQ-WY: Applications are now being accepted for a Force Support Officer position at the Joint Force Headquarters, Wyo. This traditional position is open to current WyANG officers and enlisted personnel eligible for commissioning into the WyANG. The selectee must have or be willing to obtain the FSO AFSC, 038F4. Applications must include, but are not limited to the following: (1) cover letter requesting consideration, (2) resume to include civilian/military experience, education and training, (3) vMPF RIP, (4) AFOQT scores, (5) certified transcripts, and (6) AF Form 24. The selecting official is Col. Shelley Campbell. Applications must be received **NLT COB 6 March**.

All applications must be submitted to Master Sgt. Denise Hondel, 153 AW/FSS
217 Dell Range Blvd.
Cheyenne, WY 82009-3320
(307) 772-6457 by the closing date listed on the advertisement.

AEROMEDICAL EVACUATION TECHNICIAN, 187 AES:

Traditional position with the maximum authorized grade of E-7. Applications must include but are not limited to the following: (1) cover letter requesting consideration, (2) current resume with civilian and military experience/education, (3) current RIP (VMPF is acceptable), and (4) current fitness assessment. Applicants may direct questions to Capt. Katharine Books, ext. 6195. Applications due **NLT COB 18 March**.

FLIGHT NURSE, 187 AES: Applications are now being accepted for **three (3)** traditional flight nurse positions with maximum authorized grade of O-4. Open to professional nurses who have strong clinical skills with an ability to function independently of a fixed facility. Advanced Cardiac Life Support (ACLS) is required. Applicants must possess at least a 2-year RN Associate of Applied Science (AAS) Degree, or a Bachelor of Science in Nursing (BSN) degree from a program accredited by a nationally recognized accrediting body. Applications must include but are not limited to the following: (1) cover letter requesting consideration, (2) current resume with civilian and military experience/education, (3) three letters of reference (one from an immediate clinical supervisor, if applicable), (4) current RIP (VMPF is acceptable, if applicable), (5) certified copies of all college transcripts, (6) verification of state licensure, (7) Prior Service Military Records (DD Form 214, & OPR's/EPR's, if applicable), and (8) current fitness assessment. Applicants may direct questions to Capt. Katharine Books, ext. 6195. **Open until filled.** The first round of applications due **NLT COB 18 March** to meet April selection board. Additional selection boards will convene as needed.

OFFICER VACANCY – NATIONWIDE FAMILY PRACTICE PHYSICIAN, 153 MDG:

Applications are being accepted for the position of Family Practice Physician (44F3), position #00981701L. This is a traditional officer position and maximum authorized grade is O-5. This position is open to all officers O-3 and above who are able to meet the following minimum requirements: Applicants must possess a doctor of medicine or a doctor of osteopathy degree from an approved school of medicine or osteopathy, acceptable to the Surgeon General, HQ USAF, is mandatory, and completion of a residency in family practice acceptable to the Surgeon General HQ USAF, or board certification by either the American Board of Family Practice or the Advisory Board of Osteopathic Specialties is mandatory. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration, (2) current resume to include civilian and military education and experience, and (3) letters of recommendation (optional). Nominating/selecting official: Col. Stanley D. Bruntz, 153 MDG/CC. **Open until filled.**

OPERATIONS INTELLIGENCE ANALYST, 153 OG/INTELLIGENCE: Applications are now being accepted for the position of Operations Intelligence Analyst. This is a traditional, enlisted position and has a maximum authorized grade of E-6. This traditional position is open to any member who holds or can obtain the AFSC 1N0X1. Duties include: preparing and conducting briefings, providing aircrew and SF training, and preparing intelligence reports. Knowledge and ability to use various intelligence automated systems to collect and analyze large amounts of information in order to produce intelligence products in support of commanders, aircrew and deployers. Duty related questions may be directed to Capt. Tonja Mumm ext. 6210 or Master Sgt. Audra Johnson ext. 6351. All application packages must include as a minimum: (1) cover letter, (2) resume, and (3) RIP. Applications due **NLT COB 6 March.**

OFFICER VACANCY-NATIONWIDE CRITICAL CARE NURSE, 153 MDG:

Applications are being accepted for the position of Critical Care Nurse (46N3E), position #00981741L. This is a traditional officer position maximum authorized grade O-4. This position is open to all officers, who are able to meet the following minimum requirements: Applicants must meet the entry level education requirements as defined in AFI 36-2005, para 6.3.1.2. is mandatory. Completion of a training program or fellowship in a respective clinical specialty and a minimum of 6 months in the respective clinical specialty and completion of Readiness Skills Verification Program requirements as defined in AFI 41-106 is mandatory, civilian clinical nursing experience, time spent in the Air Force Nurse Transition Program or the applicable specialty training/fellowship program is creditable. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration, (2) current resume to include civilian and military education and experience, and (3) letters of recommendation (optional). Nominating/selecting official: Col. Stanley D. Bruntz, 153 MDG/CC. **Open until**

UPCOMING UTAs

5-6 Feb.
5-6 March

OFFICER VACANCY-NATIONWIDE RESIDENCY TRAINED FLIGHT SURGEON, 153 MDG:

Applications are being accepted for the position of Residency Trained Flight Surgeon (48R3), position #009812621L. This is a traditional officer position and maximum authorized grade is O-5. This position is open to all officers O-3 and above who are able to meet the following minimum requirements: Applicants must possess a doctor of medicine degree or a doctor of osteopathy degree from an approved school of medicine or osteopathy, and complete 1 year of graduate medical education in a clinical specialty at a hospital acceptable to the Surgeon General, HQ USAF. A minimum of 12 months of experience as a flight surgeon or completion of a primary course in aerospace medicine is mandatory. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration, (2) current resume to include civilian and military education and experience, and (3) letters of recommendation (optional). Nominating/selecting official: Col. Stanley D. Bruntz, 153 MDG/CC. **Open until filled.**



OFFICER VACANCY-NATIONWIDE GENERAL MEDICAL OFFICER (GMO) FLIGHT SURGEON, 153 MDG:

Applications are being accepted for the position of General Medical Officer (GMO) Flight Surgeon (48R3), position #009660821L. This is a traditional officer position and maximum authorized grade is O-5. This position is open to all officers O-3 and above who are able to meet the following minimum requirements: Applicants must possess a doctor of medicine degree or a doctor of osteopathy degree from an approved school of medicine or osteopathy, and complete 1 year of graduate medical education in a clinical specialty at a hospital acceptable to the Surgeon General, HQ USAF. Completion of a primary course in aerospace medicine is mandatory. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration, (2) current resume to include civilian and military education and experience, and (3) letters of recommendation (optional). Nominating/selecting officials: Col. Stanley D. Bruntz, 153 MDG/CC and Col. Jerry Champlin 153 OG/CC. **Open until filled.**

OFFICER VACANCY-NATIONWIDE INTERNIST, 153 MDG:

Applications are being accepted for the position of Internist (44M3), position #009812731L. This is a traditional officer position and maximum authorized grade is O-5. This position is open to all officers O-3 and above who are able to meet the following minimum requirement: Applicants must possess a doctor of medicine degree or a doctor of osteopathy degree from an approved school of medicine or osteopathy, and completion of a residency or fellowship in internal medicine acceptable to the Surgeon General, HQ USAF. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration, (2) current resume to include civilian and military education and experience, and (3) letters of recommendation (optional). Nominating/selecting official: Col. Stanley D. Bruntz, 153 MDG/CC. **Open until filled.**



COMMANDERS' CALL - Commanders' Call for all group commanders, squadron commanders, and first sergeants on Saturday mornings of UTA is from 0630 - 0700.

CHAPEL SERVICE - Held from 0730 - 0800 on UTA Sunday. The non-denominational service is held in the civil engineering classroom. For other needs, please call ext. 6060 or 6061.

AUTHORIZED HOTELS

Holiday Inn - \$53
204 W. Fox Farm Rd.
(307) 638-4466

Fairfield Inn - \$58
1415 Stillwater Ave.
(307) 637-4070

La Quinta Inn - \$52
2410 W. Lincolnway
(307) 632-7117

Crow Creek Inn - \$30.50-\$33
FE Warren AFB
(307) 773-1844

We Salute



Promotions

Staff Sgt. Ashlee Rea
Tech. Sgt. Matthew Solberg

Newcomers

Joseph Beneke, 153 MXS
Arlonzo Bryant, 153 LRS
Gordon Clayton, 153 CES
Nichole Grady, 153 MXS
Braden Hartman, 153 LRS

Christopher Hendricks, 187 AES
Nickolas Lewallen, 153 LRS
Brittney Milligan, 153 CES
Scott Parise, 153 CACS
Caleb Sandlin, 153 MXS

Reenlistments

Chief Master Sgt.
Robert Coughenour
Chief Master Sgt. Joey Wells
Senior Master Sgt. Alan Stoinski
Master Sgt. Andrew Kelso
Master Sgt. Steven Mobley
Master Sgt. Randy Randall
Master Sgt. Kathryn Tarkington

Tech. Sgt. Stephanie Bobenmoyer
Tech. Sgt. Richard Boyd
Tech. Sgt. Luis Cruz
Tech. Sgt. Donald Ernst
Tech. Sgt. David Mapus
Senior Airman Douglas Corey
Senior Airman Justin Young

Retirements

Maj. Darron Hanzlik
Maj. Dominic Frederico
Capt. Michael Keenan-Hart
Senior Master Sgt. Gregory Johnson
Staff Sgt. Amanda Nelson

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Wyoming Air National Guard
217 Dell Range Blvd.
Cheyenne, WY 82009

