



THE GUARDIAN

A Publication of the Wyoming Air National Guard

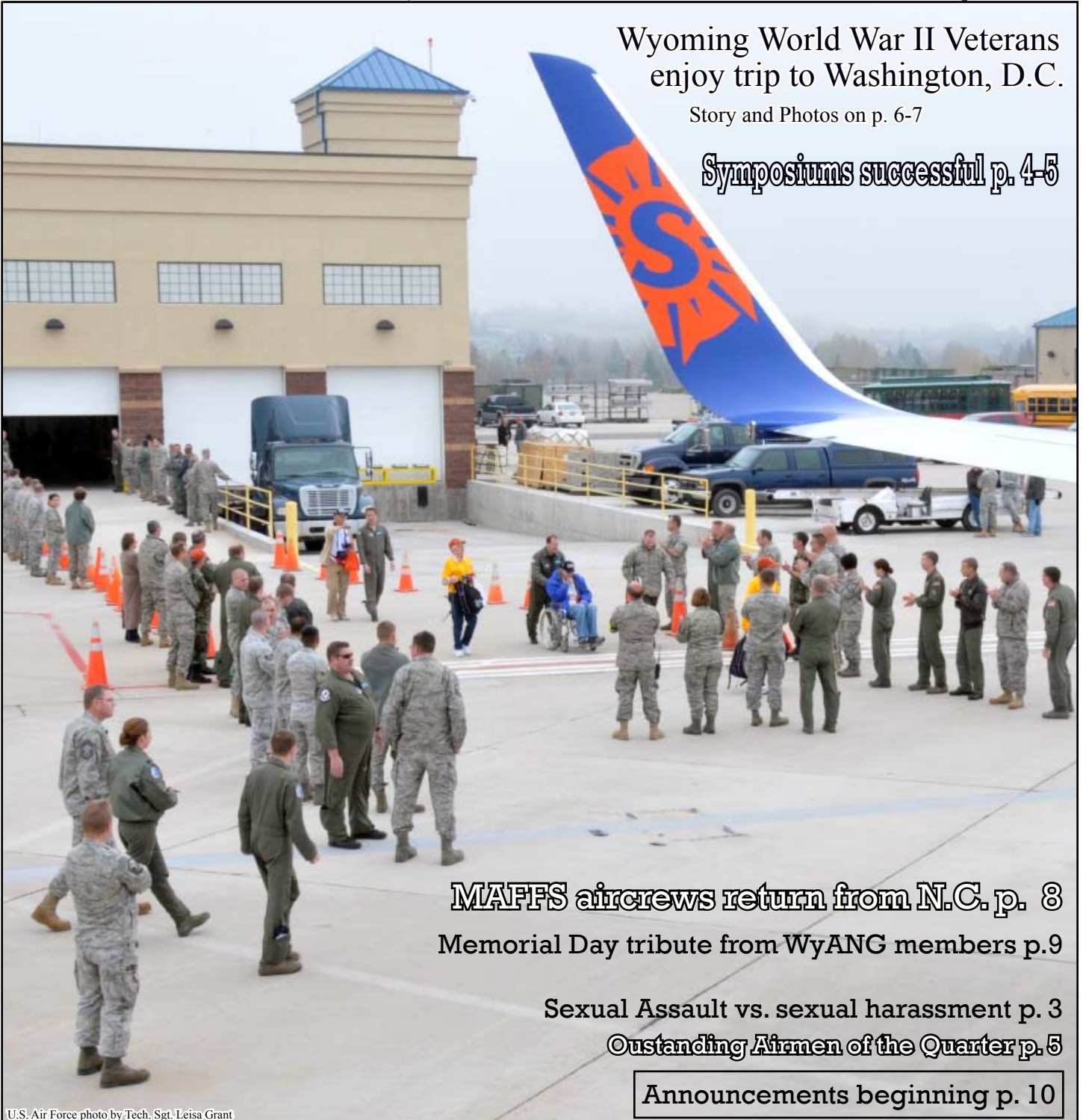
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June 2010

Wyoming World War II Veterans
enjoy trip to Washington, D.C.

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The Guardian Staff *Leadership sound off*

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Please send *Guardian* submissions by COB the second Monday after UTA to: 153.aw.pa@ang.af.mil Submissions that are not received by this date cannot be guaranteed inclusion. Please feel free to submit article ideas, comments or corrections.

by Col. Dennis Grunstad

153 AW Commander

For some, Memorial Day, formerly known as Decoration Day, is simply an extra day to sleep in later, go on an extended weekend trip or to simply kick back and relax with family and friends on the patio. For military members and those of us who know fallen servicemembers, this day means much more to us. We remember the sacrifices of our uniformed men and women daily. They were our grandfathers and grandmothers, fathers and mothers, daughter, sons, aunts, uncles, sisters, brothers, best friends, and friends we barely knew. Everyone who has died for his or her country was special to many other people in their lives.

From its beginning in 1868, Memorial Day became more important as our nation went on to have its own countrymen fight each other during the Civil War. Then the wars went overseas with World War I, World War II, the Vietnam War, the Korean War and Desert Storm.

This past month our wing had the great honor of sending off World War II Veterans to Washington, D.C. with the Honor Flight Wyoming program. Many of these folks watched fellow servicemembers perish during battle. Some remained

friends throughout their years of service and retirement. These veterans remember those they've lost in the field or fleet and those who were laid to rest at a later time.

Fast forward to the 21st century and here we are, fighting the Global War on Terrorism and still losing men and women almost daily. Some of us may even have friends or family members who have died during Operation Enduring Freedom and Operation Iraqi Freedom.

And even if you haven't lost someone you know, please remember those who have bravely gone to war, but never returned to hug and kiss their family members. Remember those who died while serving in other parts of the world as well, to include those right here in the United States, putting on the uniform daily and "taking care of business." They were crucial in supporting our mission, even if they never made it to the frontlines. Additionally, let us also honor those who gracefully served our nation, but died after their service. Their duties also contributed in strengthening our country and making Americans proud of who we are and what we stand for - freedom.

Memorial Day may be the last Monday of May each year, but let us remember our fallen heroes and their families every day.



Sexual assault, harrassment not the same

by Lt. Col. Amy Olson

153 AW Executive Officer

Sexual Harassment or Sexual Assault...which is it and what are your options?

Sexual assault and sexual harassment are NOT the same... but the lines are blurred and the definitions can be confusing.

The short definition of sexual assault is any actual or attempted sexual touching, without consent OR threatened/actual use of force to coerce someone into a sexual act.

Sexual harassment is a form of discrimination involving: unwelcome sexual advances, requests for sexual favors, unwelcome comments, gestures or contact.

The result of these actions creates a perceived hostile or offensive work environment wherein the victims feel their career hinges on tolerating the behavior or giving into the advances.

See how similar the definitions are? Sexual harassment is illegal but it is not a crime. Sexual assault IS a crime punishable by UCMJ or in a civil court with varying degrees of punishment to include jail time from five years up to life if convicted.

If you are a victim of sexual assault OR sexual harassment the SAFEST place to report is to the SARC or to use other confidential reporting options. These include the volunteer victim advocates, a chaplain or a health care provider. Any one of these team members can confidentially discuss the situation and help you decide your course of action.

The primary objective of 153 AW Military Equal Opportunity office is to ensure all members have the equal

opportunity to rise to the highest level possible in their careers based on merit, fitness and capability; not based on race, color, sex, national origin or religion. MEO is the source for handling reports of sexual harassment, but bear in mind they do NOT have the cloak of confidentiality. If a case is reported to MEO and it qualifies as sexual assault the victim's right to privacy may be lost and the case becomes a full investigation. The MEO team is located in Bldg 16, Rm 207.1.



Col. Grunstad has a zero tolerance policy for both sexual assault and sexual harassment.

Prevention is our main objective but if an incident occurs, know we stand ready to protect and care for the victim.

-SARC-

Lt. Col. Amy Olson
Bldg 16, Rm 102.1
(307) 772-6748

-VICTIM ADVOCATES-

Capt. Andrea Seefeldt, Master
Sgt. Hurey Smith, Tech. Sgt.
Kent Amott, Staff Sgt. Victoria
Lopez, Senior Airman Elizabeth
McClure

-CHAPLAINS-

Lt. Col. Doug Arendsee
Capt. Wade Jensen
1st Lt. Matthew Nansel

153rd Airlift Wing Family Readiness Program Contact Information

153 AW Family Readiness Office
217 Dell Range Blvd.
Cheyenne, WY 82009

DENISE RAMPOLLA
153 AW Airmen and family
readiness program manager

(307) 772-6063 OFFICE
(307) 772-2625 CELL

BILL BRECKENRIDGE
joint family director

(307) 772-5208 OFFICE
(307) 631-7537 CELL

Lt.Col. DOUG ARENDSEE
state chaplain
(307) 772-5098 OFFICE

HADD HERKS AGAINST DRUNK DRIVING

Need someone to drive you home? Call one of the wing volunteers for safe and confidential transportation. Friday & Saturday, 1900-0300 Call: (307) 214-0662 or 214-1763

COULD YOU BE A KEY TO MISSION SUCCESS?

The 153rd Airlift Wing Family Readiness Program is looking for family members who want to volunteer. Find out more by contacting the Family Readiness office at (307) 772-6063

Symposiums offer positive experiences, good insight for leadership at all levels

by Tech. Sgt. Leisa Grant

153 AW public affairs specialist

Do an internet search for “top reasons people leave their jobs.” Perhaps it is not surprising that most, if not all reasons involve management. For Air National Guard members, this is their supervision. Whether Airmen are here for one weekend a month or every day of the working week, supervisors can make an impact on the careers of the people they lead.

Even if there are some people who are just plain disgruntled Airmen, this does not discount that supervision can make or break a career. Everything a supervisor does, or doesn't do will reflect in the productivity and overall satisfaction of those under his or her supervision.

In March, the Wyoming Air National Guard held its first Leadership Symposium and, more recently, its Supervisor's Symposium in early May. They were designed specifically to address our wing's need to develop our Airmen.

In 2007, National Guard Bureau put out a concept of operations to focus on creating a council to assist in the development of our Airmen, said Chief Master Sgt. Jim Branom, state human resources advisor. The HRA's put together a working group in 2008 to identify a mission and to create a charter complete with both permanent and rotating membership, said Branom.

In January 2009, the charter was formally signed by Brig. Gen. Donald Haight, assistant adjutant general-Air and Col. Dennis Grunstad III, 153rd Airlift Wing commander.

The council was named the Enlisted Force Development Council. Branom is chair of the EFDC, which also includes Chief Master Sgt. Susan Nagel, wing human resources advisor; Master Sgt. Jonathon Schwartz, 153 AW retention office manager; Master Sgt. Doug Fitzgerald, 153 AW recruiting supervisor; Senior Master Sgt. Leslie Raney, base education and training manager; a currently unfilled Military Equal Opportunity representative; and Master Sgt. William Zegley, 30th Airlift Squadron readiness noncommissioned officer. There are also rotating members from the Chief's Council, the Top III Council, the First Sergeant's Council and the Rising Six Council.

To ensure the needs of Airmen were met, the EFDC sent out a survey, in September 2009, which solicited topic ideas from the Airmen that were most important to them to cover at the symposiums.

In March, the topics for the Enlisted Leadership Symposium included education, force development and leadership.

Senior Master Sgt. Craig Helart, 153rd Force Support Squadron superintendent, informed the crowd of nearly 140 Airmen about the Air University Associate to Baccalaureate program, while Master Sgt. Jonathan Schwartz discussed eligibility for the Montgomery G.I. Bill.

Swartz said people often visit his office with no clue what their eligibility is for the G.I. Bill.



Chief Master Sgt. Doug Hensala, state command chief, addressed Airmen with force development issues, and highlighted the need for Airmen to “step up” and do what is needed to be promoted.

The Supervisor's Symposium narrowed its focus to supervisors. The topics included operational security, social media, team building, mentoring and coaching, counseling techniques, professional & unprofessional relationships, and community involvement.

Aside from the fact that OPSEC is everyone's responsibility, it is especially important for supervisors to know OPSEC because they have to train their subordinates, and regularly make their Airmen aware of the issues, said Master Sgt. Alpizar, 153rd Communications Flight information assurance manager.

The social media briefing, shown by 2nd Lt.

Rusty Ridley, 153 AW public affairs officer, was especially interesting because a few 153 AW

members' Facebook profiles were displayed, but not publically identified. Military members need to understand they represent the WYANG and the U.S. Air Force, even in their off time. Our actions and words, forever stored on the internet, can potentially damage the military's image to outsiders.

More Symposim on p. 5

Symposium cont'd from p. 4

Master Sgt. Mark Leuquire, 90th Missile Wing career assistance advisor, offered a presentation on team building and described how COG's ladder applied to team building.

"Team building is paramount to mission success," said Leuquire.

It's not the same kind of team building that happens in sports, with players having defined roles, added Lequire. He went on to emphasize that team building is not as well defined in the military as it is in other organizations.

It doesn't matter if supervisors have one Airmen or 50, team building is important.

Mentoring and coaching seemed to be a pretty intense topic at the symposium as well and was presented by Maj. Scott Mattson, 153 AW social action officer, and Master Sgt. Heidi Kimsey, 153 AW first sergeant.

"The information provided in that briefing is something that needs to be stressed at the Airman and junior (noncommissioned officer) levels as well as the senior NCO level, said Senior Master Sgt. Leslie

Raney, base education and training manager.

Raney said she feels it is important to understand that people don't have to be supervisors to be a mentor and they don't have to be mentors to be a supervisor.

Chief Branom and Master Sgt. John Orose, 153rd Maintenance Squadron first sergeant, talked about counseling techniques.

Lt. Col. Christopher Smith, 153 AW judge advocate, educated supervisors about professional and unprofessional relationships.

"The main thing on professional and unprofessional relationships is that it encompasses more than just officer and enlisted relations, commonly called fraternization," said Smith.

A relationship should be professional at all times. Any relationship in the military can become unprofessional when there is favoritism, or even an appearance of favoritism, or anything else beyond favoritism that impacts good order and discipline, or undermines the supervisor and supervisee relationship, Smith added.

Community involvement was covered by Denise Rampolla, 153

AW Airmen and family readiness programs manager. Rampolla encouraged Airmen to be good ambassadors when they are involved in the communities.

"Let groups know you are a WYANG member," said Rampolla.

This type of community volunteerism is helpful in garnering the support for our mission, she added.

Feedback was requested from members in attendance at both symposiums to gauge whether or not the topics helped Airmen.

"The feedback has been very positive," said Branom. "The purpose of the EFDC is to continue to provide education and training opportunities for our Airmen to further develop them for supervisor and leadership positions at the wing."

These events would not have been possible were it not for the combined efforts of many people. The EFDC members have worked for over two years to make these symposiums come to life. Laramie County Community College provided the location for both events. Thanks to all of those who shared their time on drill weekends to speak, and even more time outside of drill weekend to prepare for their presentations.



Outstanding Airmen of the Second Quarter 2010



Airman 1st Class Timothy Cutrell, 30 AS

Staff Sgt. Iris Honrado, 243 ATC



Master Sgt. Kenneth Lavin, 30 AS

1st Lt. Michael Schroeder, 30 AS



WYANG members help make “field trip” for World War II veterans memorable

by Tech. Sgt. Leisa Grant

153 AW public affairs specialist

Wyoming Air National Guard members, along with numerous F.E. Warren Air Force Base military members and community members, gathered at the 153rd Airlift Wing’s aerial port May 18, to cheerfully send off World War II veterans with the Honor Flight Wyoming program.

The Honor Flight Wyoming program, now in its second year, raises funds and facilitates sponsored trips to Washington, D.C., so World War II veterans can visit military memorials free of charge.

This was the first time the honor flight departed from the Wyoming Air Guard side of the airport. Previously, veterans were transported from downtown to the Cheyenne Regional Airport for all flight processing.

Larry Barttelbort, the program’s operations officer, approached wing leadership to discuss the possibility of having our veterans leave from our aerial port facility.

“Logistically, it just made more sense,” said Chief Master Sgt. Doug Hensala, state command chief. “It’s our way of paying tribute to those whose service then allowed us to be able to wear ‘the uniform’ today.”

Honor Flight Wyoming is completely funded by private donations and corporate contributions that cover the costs of chartered flights for veterans, contract security screeners, hotel accommodations in Washington, D.C., and other services required for the program to be successful. The Salvation Army provided the refreshments for the veterans.

Guardians, volunteers who donate their own time and \$800 per trip, are instrumental in the success of the honor flight excursions.



U.S. Air Force photo by Tech. Sgt. Leisa Grant

“Without the guardians, who donate \$800 to make the trip, these flights would be impossible,” said Barttelbort.

Two WYANG Airmen dedicated several hours as senior guardians for the Honor Flight Wyoming program. As senior guardians, Senior Master Sgt. Pat Smith, 153rd Maintenance Operations Center senior production controller, and Master Sgt. Chuck Tarter, a 153rd Maintenance Squadron maintenance management analyst, perform administrative and organizational duties, aside from training other guardians to be safe escorts. For Tarter, who has gone on every trip so far, this isn’t just any old volunteer gig.

“I’ve been around veterans since I was 10 years old, so volunteering with the Honor Flight seemed a very natural thing to do,” he said.

During the two-day visit, it is very important to have everything run as efficiently as possible.

Even though the process moves fairly quickly, and there are a lot of memorials visited in just one day, it’s “definitely still worth it,” said

Robert Latta, a veteran who supplied naval ships between 1945 to 1946, and retired from the Wyoming Army Guard in 1987.

Others on the trip agreed that it felt like a race at times, but that the program ran very smoothly.

“It was wonderful and I’ve never been so happy with a trip in my life,” said Rose Doppelmayr-Sims, also a World War II veteran, who served as a ward clerk from 1945 to 1946.

Though the flight returned to the Cheyenne Regional Airport, many WYANG members, along with dozens of servicemembers and civilians, volunteered their time, late into the night, to ensure every last veteran was safe and sound back on the ground again.

Barttelbort said he was very pleased with the program this year due to the WYANG’s ability to support the departure ceremony.

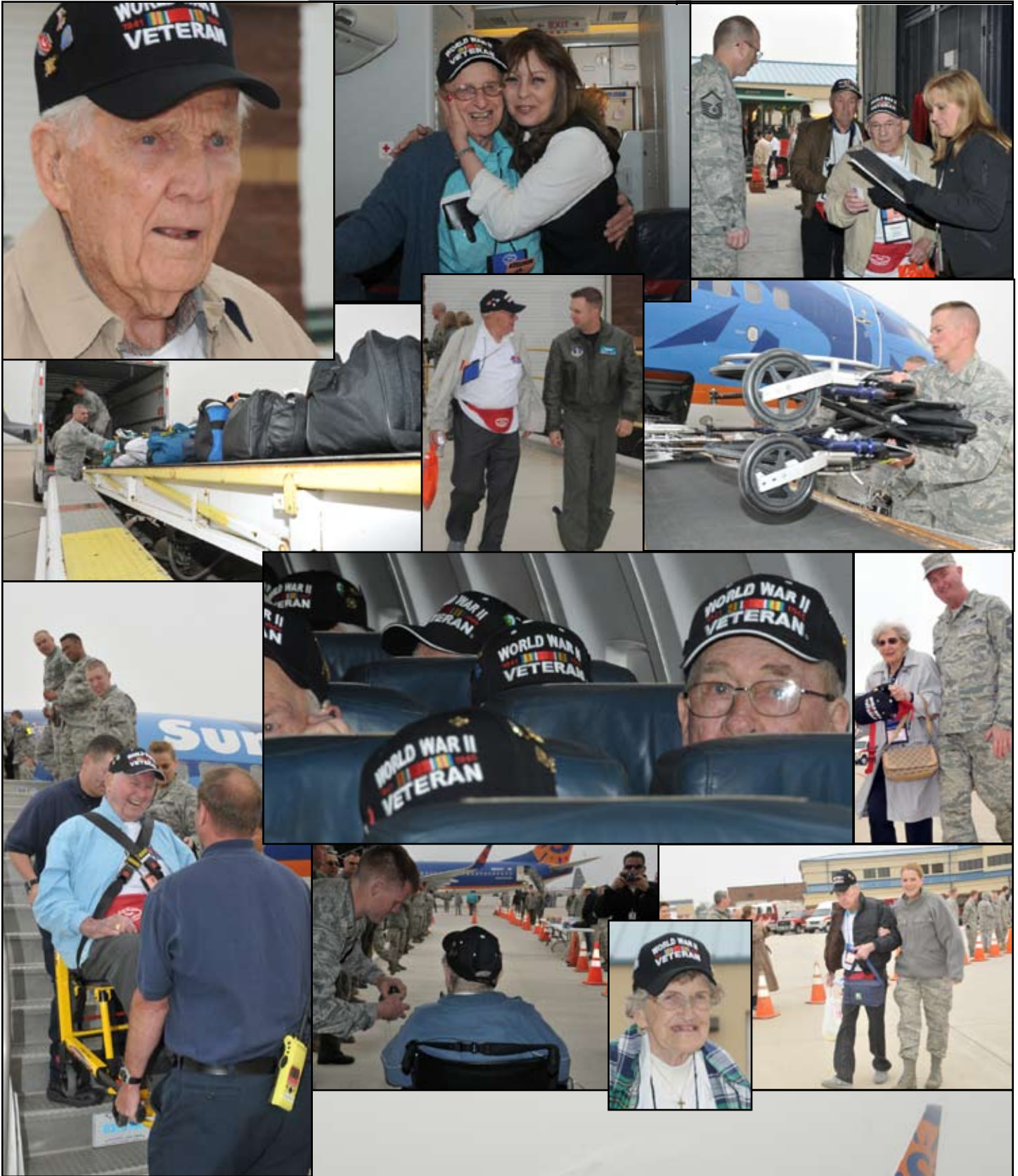
By using contract security screeners and the aerial port, security screening and aircraft loading was flawless, said Barttelbort.

“The 153’s Aerial Port was absolutely the best thing to happen to Honor Flight,” he added.

More Honor Flight photos on p. 7



U.S. Air Force photo by Tech. Sgt. Leisa Grant



Photos by Tech. Sgt. Leisa Grant and Staff. Sgt Mike Fitzgerald

MAFFS aircrews return from training, certified to fight fires another year

by Tech. Sgt. Leisa Grant

153 AW public affairs specialist

For those who have witnessed the “red smoke” shooting from a Modular Air Fire Fighting Systems drop, it’s pretty amazing to see. The many thousands of gallons of water or retardant may look cool, but the intention ultimately has a much greater purpose.

In the 1970’s, the MAFFS program was established by Congress to aid the U.S. Department of Agriculture Forest Service. When the civilian tanker fleet becomes exhausted by larger, ongoing wildfires, MAFFS units are activated to assist in fighting fires, which in turn saves lives, physical property and natural resources.

Due to the nature of fighting fires, not just any C-130 plane or crew can perform this mission. The 153rd



Airlift Wing has a total of 13 certified crews, according to Lt. Col. Wylie Walno, 153 AW plans officer and an aircraft commander. Each wing is required to have five certified crews. Certification training is an annual requirement to ensure crews, both new and experienced, know what to do when the call for help comes in.

This year the training was held from April 24-May 1, 2010 in Greenville, S.C. It involved the three other U.S. MAFFS units; the 145th Airlift Wing in Charlotte, N.C., the 146th Airlift Wing based at Channel Islands, Calif., and the only Reserve MAFFS unit, the 302nd Airlift Wing Colorado Springs, Colo. Other agencies integral to the week-long training included the Forest Service, the U.S. Department of Interior, Bureau of Land Management, Bureau of Indian Affairs, North Carolina Forest Service, and the California Department of Forestry and Fire Protection.

Nearly 400 pilots, loadmasters,

navigators, flight engineers and ground and support personnel participated this year. The 153 AW required all of the aircrew members to be certified, whereas some units only certify their pilots and loadmasters, said Walno.

“The MAFFS training provides us with an opportunity to train as if it was an actual fire,” said Walno.

All of the units successfully completed their MAFFS certification. Walno said the units have been very fortunate over the last four decades as no planes or lives have been lost during these fire fighting missions or the training involved in preparing for them.

“The best training is not memorable,” said Chief Master Sgt. Roger Woolington, a 187 Airlift Squadron flight engineer. If something bad happens, people remember it, he added.



Memorial Day Tribute- Thank you for your service then, today...



Capt. Sarah Good, Senior Master Sgt. Raney, Senior Master Sgt. Dennis Myatt and many more remember you, Army Capt. Bruce Hays, 1985-September 2008



Staff Sgt. Karl Knighton remembers you, Army Pfc. Michael Deuel, September 2001-June 2003



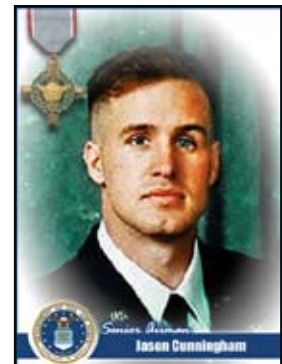
Tech. Sgt. Mark Hill remembers you, Marine Sgt. James Hill, August 1966-August 1976



Master Sgt. Jonathan Schwartz remembers you, Army Sgt. Leo Schwartz, 1943-1945



Tech Sgt. Leisa Grant remembers you, Lt. Col. John Stein 1985-March 2003



Tech Sgt. Leisa Grant remembers you, Senior Airman Jason Cunningham, June 1994-1998 Navy, April 1999-March 2003



Tech Sgt. Leisa Grant remembers you, Master Sgt. Michael Maltz, August 1978-March 2003



Tech. Sgt. Leisa Grant remembers you, Staff Sgt. Jason Hicks, May 1996-March 2003



Chief Master Sgt. Kristin Mauer remembers you, Army Lt. Col. Bernard Hall Herbert, 1945-1975

Col. John Ogle remembers you, Coast Guard Master Chief John Ogle, Sr., served 1944-1974

Master Sgt. Douglas Bare remembers you, Maj Lawrence Bare, served 1983-1989

Master Sgt. Mark Withers remembers you, Chief Master Sgt. Jerry Withers, served 1955-1997



Senior Master Sgt. Leslie Raney remembers you, Staff Sgt. Charles Donley

...and ALWAYS!

Airman's appetite for spicy food leads to free meal, small fame in Texas restaurant

CHEYENNE – “No one leaves hungry” is the motto at Chunky’s Burgers in San Antonio, Texas. And for **Senior Airman Furooq Duranni, a 153rd Medical Group bioenvironmental technician**, he didn’t leave broke either.

In fact, his meal was free because he successfully ate what is arguably the nation’s hottest burger, while visiting the establishment April 9. Customers sign an agreement prior to taking on the challenge and if they follow all the rules, the \$22 meal is on the house.

Durrani was in San Antonio attending his technical training course to become a bioenvironmental technician at the time.

The burger is called the Four Horsemen, and was made famous by the Travel Channel’s ‘Man V. Food.’ In addition to several hot peppers, the burger also includes the bhut jolokia pepper – said to be the world’s hottest pepper, better known as the “ghost” pepper.

“I’ve loved hot food my entire life and knew about the burger before I went there,” said Duranni.

It was his lucky day. Though he didn’t know it before showing up, the Today Show was there to film participants taking on the “Horsemen.”

Durrani admitted he thought about quitting, but he didn’t want to wimp out while on national television.

A Chunky’s employee said that approximately 4,000 people attempt the burger each year, and about 200 make it all the way through.

“A lot of people don’t make it past the first couple of bites before either getting sick or giving up, both of which disqualifies you,” she said.



Second Place at singing competition “sounds” sweet for airman

CHEYENNE – If public speaking is the world’s number one fear, then public singing has to be just as terrifying – even for those who enjoy it.

Staff Sgt. Ann “Mike” Fitzgerald, a 153rd Airlift Wing photographer and vocal performance student at Laramie County Community College, lives her life for those “terrifying” moments.



Fitzgerald qualified to enter the National Association of Teachers of Singing competition, in Denver, Colo., April 10. The competition determined the best classical operatic-style voice student in the west central region, which includes Colorado, Kansas, Nebraska and Wyoming. Not only did she place second in her division, she did so singing a song that wasn’t even in English.

“Each language has its own challenges,” she said. “Italian is a language that is meant to be sung. German songs are more difficult, but I enjoy the challenge.”

Many people will admit singing in their automobiles or their showers, but few have the talent or the inclination to sing in front of judges, lights and large crowds, while all eyes and ears are on them.

Fitzgerald has been singing for most of her life, in the car with her mother and with many choir groups. With a formal education soon under her belt, and experience performing a wide range of musical pieces, she is definitely ready to take on a professional singing career.

Fitzgerald has taken all the necessary steps to pursue her dreams.

“I’d like to become a professional recording artist and teach voice at the college level,” Fitzgerald said.

Free Red Cross Classes

Scholarship funds are available for families of military members who would like to take American Red Cross First Aid or CPR classes. In its long standing tradition of assistance to military families, the American Red Cross of Wyoming is offering these classes as an additional family support. Participants may choose CPR/First Aid classes targeted to either adults or infant/children. Babysitting classes are also available for children 12 and over, that may be providing more supervision of younger siblings.

Family members interested in classes can go online to www.wyomingredcross.org to find a schedule

of classes in Cheyenne, Casper, Jackson, Douglas, Worland, Gillette or Laramie. When registering, participants can call the local office directly and let them know they are a military family member. Participants will need to bring their military ID to the class in order to qualify for the scholarship. Funds are limited and are based on a first come first serve basis.



American Red Cross
Together, we can save a life

4-H Summer Camps for Kids

Are your children looking for something fun to do this summer? If they want hands-on learning, a chance to make new friends and to have a good time, then military 4-H camp is the place to be.

Youth ages 5-8 will get to interact with other youth whose parents serve in all branches of the military.

The camp will be held daily, June 28 through July 1.

Space is limited. Call Sarah Jackson Hill, a 4-H military educator, for questions or to sign up today at (307) 633-4383.



153rd Airlift Wing Family Picnic and Predeployment Yellow Ribbon Information Fair

When: July 10, 11:30 p.m. to 4 p.m.

Where: Lyons Park, south of park across
the ball field, Park in Lot C

Food, fun and activities for the entire family. Take the opportunity to visit with numerous service providers regarding benefits and entitlements you have earned. A special drawing will be open to those who visit with all the providers.



SCHOLARSHIPS FOR 2010



*Wyoming
National
Guard
Association*

Applications due by June 1, 2010

Go to www.wynga.org and apply today!



Operation Purple Camp applications are being accepted.

This free summer camp program was developed by the National Military Family Association to support military children, ages 7-17, dealing with the stress of war. Each camp is "purple" and open to children of any uniformed service member, active duty or reserve component. This year, camps will host children at 68 sites, in 37 states, to include Colorado and Wyoming, and two overseas sites. Interested parents should go to the following link to find a camp opportunity nearest to you. Apply today.

www.support.militaryfamily.org

This opportunity is free to military children thanks to support from the Sierra Club and the Sierra Club Foundation.

SATURDAY

Baked Chicken
Lemon Butter Fish
Asparagus
Cauliflower
Steamed Rice
Mashed Potatoes w/gravy
Bistro Rolls

SUNDAY

Chicken Parmesan
Meatloaf
Scalloped Potatoes
Buttered Noodles
Broccoli
Corn
Bistro Rolls/Pretzel Bread

SHORT ORDER:

Hamburgers
Grilled Chicken Sandwich
Hotdogs
French Fries
Onion Rings



The GLENDO Picnic

June 19, 2010
5:30 p.m.

Cajun Boil Dinner

Adult: \$10

Children 10 and under: \$5

A side dish welcome!

BYOB

Bring your favorite beach game!

COLTER BAY, Glendo State Park

Camping/Day use permits are required.

Camping per night: \$6 resident
 \$11 non-resident

Each day: \$4 resident
 \$6 non-resident

These can be purchased at the state park entrance.

Purchase tickets until June 7

Dinner tickets can be purchased from:

Robby Brown-6386
 Andy Davis-6026
 Jeffery Tschacher-6368
 Johnny Moritz-6106
 Pat Baron-6791

Family Morale Care Packages Available

The Wing Family Readiness Program offers a morale care package for all military members to help deployed Airmen stay connected to children. Items such as picture pillowcases and photo buttons, special Air Force bears, disposable cameras, journals, recorder pens, and other items can be provided for children 6 and up. Call (307) 772-6063 for information.

WyANG to Host Coping with Deployments Course

The 153rd Airlift Wing Airman and Family Readiness Program, in conjunction with the Wyoming Air National Guard Yellow Ribbon Program will host the American Red Cross "Coping with Deployments, Psychological First Aid for Military Families Course," on Saturday, June 19, in the dining facility. The course will be split into two sessions. The adult course work will be presented from 9-11:30 a.m., and the child course work will be from 1-3 p.m. Participants may register to attend both sessions or attend one or the other depending on need and preference.

Lunch and refreshments will be provided for those who register to attend both sessions.

Whether your family (spouse, significant other, parent, grandparent or child) has experienced multiple deployments or this will be your families first time experiencing a deployment - this course is for you.

Space is limited. The course is free and families of all branches of military service (active duty, Guard and Reserve) are welcomed to attend. An additional course day will be planned if need warrants.

Please contact Mrs. Roxie Arnold, WyANG Yellow Ribbon Support specialist at (307) 772-6349, or roxie.arnold.ctr@ang.af.mil, to reserve a seat to attend.

Please contact Mrs. Denise Rampolla, 153 AW Airman and Family Readiness program manager at (307) 772-6063 or denise.rampolla@ang.af.mil, for additional information or questions.



All applications must be submitted to to Master Sgt. Denise Hondel, 153 AW/FSS 217 Dell Range Blvd., Cheyenne, WY 82009-3320, (307) 772-6457 by the closing date listed on the advertisement.

MAINTENANCE GROUP COMMANDER, 153 AW / MXG

Applications are now being accepted for the 153rd Maintenance Group Commander (AFSC 20C0). This position is open to all qualified officers operationally assigned the WyANG. This is a traditional officer position with a maximum grade of O-6. Lt. Col.'s eligible for immediate promotion to O-6 may apply. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration; (2) current resume to include civilian and military education and experience; (3) letters of recommendation (optional) (4) fitness test (PT) score, (5) RIP. The selecting official is Col. Dennis Grunstad. Applications are due no later than **COB 8 June**.

IMPORTANT

Job announcements must be sent directly to FSS, not to the Public Affairs office.

The format must include, Position Title, Grade, Officer/Enlisted (both), other special qualifications.

The requested announcement may be sent to Master Sgt. Hondel, Tech. Sgt. Lopez, or Maj. Bennett for submission.

The submission must be received in advance of the deadline required by Public Affairs each month to allow time for review and accuracy before publishing.

Questions on posting job announcements may be directed to Maj. Rachel Bennett, (307) 772-6320.

All applications must be submitted to Master Sgt. Denise Hondel, 153 AW/FSS 217 Dell Range Blvd., Cheyenne, WY 82009-3320, (307) 772-6457 by the closing date listed on the advertisement.

UNDERGRADUATE PILOT TRAINING - 187 AS Applications are being accepted for undergraduate pilot training (UPT), AFSC 11M2B. This position is located in the 187th Airlift Squadron. Interviews will be held on **19 July**. Applicants must be able to enter training prior to age 30 and be no older than age 27 or so at the time of interview. Applicants must qualify on the Air Force Officer Qualifying Test; meet medical requirements in AFI48-123; possess a bachelor's degree or have at least 90 semester hours with a minimum 2.3 GPA; and meet security clearance requirements. This position is open to all applicants that meet the above minimum requirements. Applications must be received by COB 05 Jul 10. For application procedures contact Master Sgt. Hondel, 153 FSS, (307) 772-6457. For AFOQT info contact Senior Master Sgt. Helart 153 MPF (307) 772-6104. Application packages must include: (1) cover letter requesting consideration, (2) AF Form 24 (enlisted and civilian applicants only), (3) resume to include civilian and military education and experience, (4) official college transcripts (enlisted and civilian applicants only), (5) two letters of supervisory references, (6) AFOQT scores, (7) any private flying paperwork. POC for interviews is Maj. Alan Brown (307) 772-6014.



The Wyoming Military Department is an equal opportunity employer. Selection for all positions will be made without regard to race, religion, color, national origin, sex, political affiliation or any other non-merit factor. This applies to ALL vacancies within the Wyoming Military Department.

COMMAND POST SUPERINTENDENT- TRADITIONAL- 153AW/ CP: Maximum authorized grade is E-8. This position is open to traditional members who hold or can obtain the AFSC 1C391. Individuals must have a current secret clearance. Duties include Managing and performing activities within command post (CP). Provide command, control, communications, and information support. Establish procedures for operational reports, readiness reports, AEF Reporting Tool (ART) and the Status of Resources and Training System (SORTS). Application packages must include 1) Cover letter 2) Resume 3) JPAS 4) AFSC verification 5) Fit score. Questions concerning the vacancy need to be forwarded to Master Sgt. Jamie Conrad, (307) 772-6416. Applications are due to 153 FSS NLT **COB 12 July**.

AIRCRAFT LOADMASTER-TRADITIONAL-187 AS – Applications are now being accepted for a master sergeant position in the 187 AS. This master sergeant position is open to any enlisted member in the grade of E-7 or E-6 who is eligible for promotion within one year from the date of selection, and who possess the 1A271 AFSC. All application packages must include as a minimum a cover letter, resume, RIP. Questions concerning the vacancy need to be forwarded to Chief Master Sgt. Mike Sorensen, (307) 772-6278. Applications are due to the Master Sgt. Denise Hondel by **COB 11 July**.



Items of Note

COMMANDERS' CALL - Commanders' Call for all group commanders, squadron commanders, and first sergeants on Saturday mornings of UTA is from 0630 - 0700.

CHAPEL SERVICE - Held from 7:30 to 8 a.m. on UTA Sunday. Non-denominational services held in the civil engineering classroom. For other needs, please call (307) 772-6060/6061.



Clinic Info

Physical Health Assessments (PHA) are conducted SATURDAY of UTA, 0830 – 1130. However, due to changes in the wing schedule, some weekends may dictate Sunday PHA processing. Please check with your Unit Health Monitor for scheduled appointments

Immunizations are given in the clinic SATURDAY of UTA, 0830 – 1130 and are also available during weekday duty hours, 0800 – 1000. REMEMBER, you MUST be on status (UTA/AT/PM) to be eligible for vaccinations.

Walk-Ins are available on SATURDAY of UTA, 1300 – 1400. This time is used for Medical Liaison Officer fitness evaluations, profile reviews, medical waiver reviews, out-processing and any other miscellaneous medical requirements. Personnel who will be attending school, TDY, or out-processing for any other reason, MUST out-process through the clinic on SATURDAY of drill. The clinic is closed on Sunday for training.

Healthy Living Program classes are held 1300 in the Mezzanine, SATURDAY of UTA. You will be scheduled through your Fitness Monitor following failure of Fit Test.

If you have any questions, please call (307) 772-6259.

We Salute



Promotions

Senior Master Sgt. Michelle Henning	Staff Sgt. Susan Wagner
Master Sgt. Kevan Johnson	Staff Sgt. Chandra Wostenberg
Staff Sgt. Jeffrey Allred	Senior Airman Kirsten Ryel
Staff Sgt. Graciela Comeaux	Airman 1st Class Jacob Lloyd

Newcomers

John Cirincione, 153 AMS	Matthew Nansel, 153 AW
Corey Douglas, 243 ATC	Chelsea Nelson, 187 AS
James Fletcher, 153 CACS	Allen Taylor, 153 CACS
Christopher Lehmann, 187 AS	Scott Wernsing, 153 CACS
Joshua Macdonald, 187 AS	William Wise, 243 ATC
Bryan Meyers, 153 CACS	

Re-enlistments

Senior Master Sgt. Carl Hocking	Tech. Sgt. Sherry Mitchell
Senior Master Sgt. Wayne Sexton	Tech. Sgt. Derrick Mosley
Master Sgt. James Gay	Staff Sgt. Robert Knepper
Master Sgt. Daniel Lyon	Staff Sgt. Amber O'Neil
Master Sgt. David Smith	Senior Airman Michael Liddle
Tech. Sgt. Flynn Dillon	

“ I don't know what your destiny will be, but one thing I do know: the only ones among you who will be really happy are those who have sought and found how to serve. ”
~Albert Schweitzer

Wyoming Air National Guard
217 Dell Range Blvd.
Cheyenne, WY 82009

