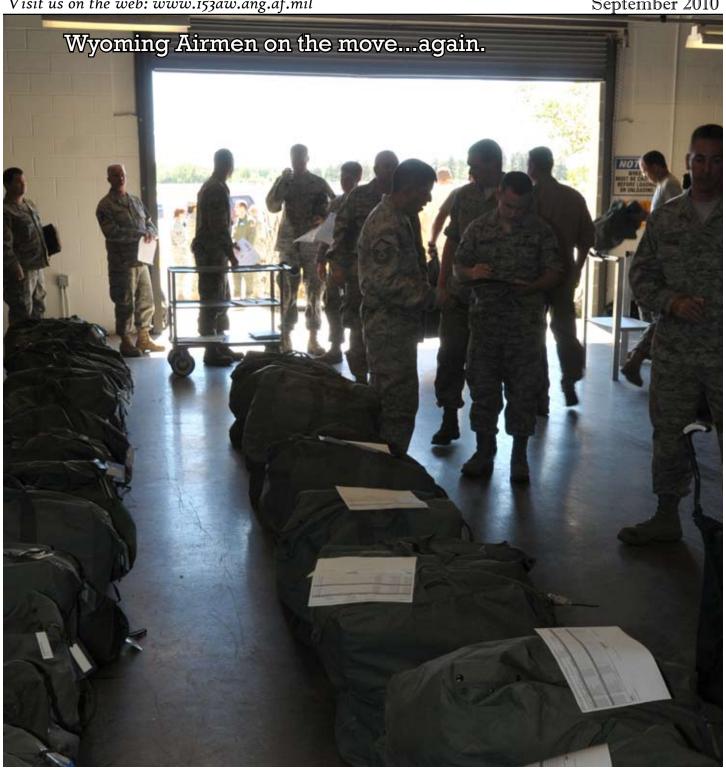


Visit us on the web: www.153aw.ang.af.mil

September 2010



The Guardian Staff

Col. Dennis Grunstad 153 AW commander

Col. Steve Rader
153 AW vice commander

Chief Master Sgt. Thomas Loftin 153 AW command chief

2nd Lt. Rusty Ridley public affairs officer

Master Sgt. Paul Mann public affairs manager

Master Sgt. Cynthia Green broadcast journalist

Staff Sgt. Natalie Stanley public affairs specialist

Staff Sgt. Ann "Mike" Fitzgerald still photographer

The Guardian, 217 Dell Range Blvd. Cheyenne, WY 82009 (307) 772-6336/6858 153.AW.PA@ANG.AF.MIL

The Guardian is the unofficial newspaper published by the 153rd Airlift Wing Public Affairs Office for the members of the Wyoming Air National Guard. The opinions expressed herein do not necessarily represent those of the United States Air Force, the Wyoming Military Department or the Wyoming Air National Guard.

Please send *Guardian*submissions by COB the
second Monday after UTA to:
153.aw.pa@ang.af.mil
Submissions that are not received by this date cannot be
guaranteed inclusion.
Please feel free to submit article ideas, comments or
corrections.

TOP III

by Senior Master Sgt. Chuck Engbretson & Master Sgt. Paul Mann

council vice-president and president

The TOP III Council would like to recognize the election of our new officers. Master Sgt. Paul Mann was elected as president, Senior Master Sgt. Chuck Engbretson is the new vice president, the new council secretary is Master Sgt. Denise Hondel, and Master Sgt. Lydia Meza is the new treasurer.

All leadership changes come with organizational changes and this one will be no different. The new leadership envisions a more active council, one that promotes community involvement, and wing involvement; a council that understands and communicates the guidance contained in The Enlisted Force Structure, AFI36-2618, with Airmen and junior NCOs alike.

We want to initiate an organ drive to increase the pool of available organs for our local community. We will initiate and organize a Combat Dining In, so military members will be able to come together, have some fun and learn more about our military customs and tradition. We also want to kick off a council rivalry, pitting council against council to see which one can organize the most events, raise the most money for the wing, sponsor the best community or volunteer event ... there are many things we want to do. Most of all we want and NEED you, our senior NCO. We realize



some of you have attended past meetings and for one reason or another, have been disappointed by them; we want to change that. Bring us your ideas, not just for fundraising, or holding events, but for the betterment of the wing. If you know of things that would make our wing better, share them, so we can collectively work on them. No "one" is stronger than a council. Remember, it's amazing what can be done when it matters not who gets the credit. Let's do this for everybody-we'll work together to make our Wing even better. Thanks.

Importance of Reporting College Credit

by Chief Master Sgt. James Branom
State Human Resource Advisor

The Air National Guard (ANG) needs you.

The Air National Guard (ANG) needs you! We need you to register your college credits with the



base education and training manager (BETMs) for reporting purposes. The issue is whether the ANG has a higher combination of college educated Airmen than the Active Duty (AD) Air Force. This statistic is important as it demonstrates the value of our ANG force when we integrate with our AD counterparts during deployments. Formal education is intended, among other things, to create an environment where a member can develop critical thinking skills and apply them to complex problems and learn to develop confidence in their abilities.

The ANG provides opportunities for members to further their formal education, whether it is with a community college or university, so they can become more productive not only with the ANG but in the communities in which they live. It is important each member request a transcript of their college credits and report this to the ANG through their BETM. This education level will allow the ANG to further tout its ability to attract and develop quality Airmen who can perform at the highest levels in the military; airmen who can integrate with their AD counterparts during exercises or on deployments and perform at the levels needed for success.

Please contact SMSgt Leslie Raney, 153d Force Support Squadron BETM to request your transcripts and ensure the ANG captures this vital education information on all our members.



ESGR Honors Spouse's Employer

For the first time the Wyoming Air National Guard has presented an ESGR Patriot Award to the employer of a spouse! Mrs. Meagan K. Anderson, Doctor of Veterinary Medicine, D.V.M. with the Cheyenne Pet Clinic submitted her boss, Dr. Robert Farr for the "Patriot Award." Mrs. Anderson is the wife of Capt. Kurt Anderson, a current operations officer with the 187th Airlift Squadron. The Patriot Award is given to employers in recognition of their support to members of the National Guard, Reserve or spouses of guard and reserve members. All spouses of members of the National Guard and Reserve are eligible to nominate their employers for this award. For more information about ESGR or if you would like to submit your boss for an award please contact Janet Cowley, PSS, WY ESGR at 772-5376 or email her at janet.cowley@us.army.mil. You can also submit your employer through the ESGR web site at http://esgr.org/.



L-R: Chief Master Sgt. Doug Hensala, Capt. Kurt Anderson, Lt. Col. Don Taylor, Mrs. Meagan Anderson, Dr. Robert Farr, Brig. Gen. (retired) Stephan Pappas-WY ESGR State Chair, Col. Dennis Grunstad

Sexual assault: fact or fiction?

by Lt. Col. Amy Olson

153 AW executive officer

The Importance and Impact of Reporting Sexual Assault

People are hesitant to report sexual assault for a variety of reasons



but studies show that reporting and receiving support greatly reduce the likelihood of being assaulted again, and increase how

fast and how completely a survivor recovers emotionally from the trauma. Further, reporting a case unrestricted greatly increases the chance of the perpetrator being punished and hopefully NOT striking again.

There are many reasons survivors give for NOT wanting to report being assaulted.

Reasons such as:

Stigma

Potential loss of privacy

Fear of getting in trouble for other things (such as underage drinking)

Fear of not being believed

Fear of feeling revictimized by

law enforcement officials

Feelings of guilt or self blame like "I caused this to happen" or "I didn't do enough to resist"

Uncertainty as to whether event really was a sexual assault

Remember that by definition sexual assault is not just the violent "stranger in a ski mask/back alley" scene, it's any kind of unwanted touching of any part of another person's body in a sexual way, even with clothes on, without their consent. More often than not the victim knows the perpetrator; in fact over 70% of female sexual assault victims knew their assailant.

Nearly 1/3 of all sexual assault survivors develop some sort of post-traumatic stress disorder (PTSD), characterized by anxiety, depression and flashbacks. The symptoms can be triggered by any other traumatic event and can significantly impair the individual's ability to function socially or at work. Counseling and advocacy support can lessen this. It is important for the victim to have a safe, trusted person they can talk to, be it a friend, partner, or advocate.

NO

MEANS

Advantages to reporting include access to community resources such as financial reimbursement for

financial reimbursement for evidence gathering exams, medical treatment, advocacy support, counseling support, and ultimately the quickest, most complete route to recovery.

If you've been the victim of sexual assault the best thing you can do is get help. Tell a friend, tell a chaplain, tell a SARC, call one of the military or civilian rape crisis hotlines, call Military One Source, call someone! If someone confides in you suspicions of assault, do them a favor, encourage them to talk to someone trained and experienced,

get them the best help available.

Sexual assault is not a crime of lust or desire, it is an attempt to control, dominate, humiliate; it's an act of aggression, not passion.

Every victim is someone's friend or relative. It's never too late to report a sexual assault. No matter what, it is never the victim's faultno one deserves to be sexually assaulted. Ever.



-SARC-

Lt. Col. Amy Olson Bldg 16, Rm 102.1 (307) 772-6748

-ASARC-

Capt. Marilyn Burden Bldg 16, Rm 207.1 (307) 772-6112

-VICTIM ADVOCATES-

Capt. Andrea Seefeldt
Capt. Sarah Good
Master Sgt. Hurey Smith
Tech. Sgt. Kent Amott
Tech. Sgt. Victoria Lopez
Senior Airman Elizabeth McClure

-CHAPLAINS-

Capt. Wade Jensen
1st Lt. Matthew Nansel

The future is now at the Wyoming ANG: The Expeditionary Combat Support System

by Senior Master Sgt. Chuck Engbretson

153 LRS, Chief of Supply

The Air Force is in the midst of an historical transformation. The way the Air Force is organized and the ways that airpower is employed are changing in revolutionary ways. Changing, too, are the ways in which Air Force logisticians provide support to warfighters.

The Expeditionary Combat Support System (ECSS) is the cornerstone enabler of the logistics transformation effort. Using an Enterprise Resource Planning (ERP) software solution, ECSS is applying best commercial practices and using industry-proven tools to establish the Air Force's first capability to globally view and manage its logistics resources (i.e., major end items, materiel, people, and funds).

But ECSS is much more than an IT system. It will fundamentally change business processes, personnel roles, and jobs across the spectrum of the Air Force logistics community. Locally, ECSS will drive dramatic changes and improvements in the way logistics is done.

For example, the process of scheduling a repair currently means setting a repair date at the base level without the ability to ensure technicians, parts, facilities, tools, etc., are available Air Force-wide. With ECSS, an integrated global view of people/parts availability will enable greater scheduling effectiveness and ultimately increase availability of repaired components or major end items. Simply put, Air Force logisticians will have what they need to get the job done when repairs are system-scheduled under ECSS.

Citing another example, today Air Force logisticians collectively rely on paper forms and enter data into multiple base-level systems. This labor-intensive effort will be replaced by entering data once into one system. When fully implemented, ECSS will replace hundreds of logistics information systems and will be the single source of truth for logistics information.

While it will be several years before ECSS reaches full operational capability and its benefits are fully realized, the implementation process is already underway. And, that process will affect Cheyenne very soon.

ECSS will be fielded throughout the Air Force in multiple releases and Cheyenne will see ECSS fielded in July 2012. While that may seem to be a part of the distant future, the reality is that we need to begin preparing for ECSS now.

To help with that preparation, the ECSS program will conduct its kickoff meeting with base leaders and ECSS users next month. ECSS program officials will deliver a briefing about ECSS, its goals, program timelines, and how the Air Force will be affected.

The kickoff represents the beginning of the ECSS organizational change management program, which is designed to help prepare everyone for this transformation effort. History tells us that no change is ever successful until individual behaviors change. The people who perform Air Force logistics processes (from all functional communities) must personally engage in the transformative aspects of ECSS in order for it to succeed.

As is always the case, these sweeping changes will not be easy, as long-standing ways of doing business will either dramatically change or completely disappear. ECSS will pull people from their comfort zones and cause them to do new tasks in different, unfamiliar ways. To help logisticians navigate these changes, the ECSS program will provide education and training programs for those who will use the new system. An Air Force-wide change agent network, supported by an ECSS program team, will share information on ECSS activities, schedules, and lessons learned and conduct local problem-solving meetings to help smooth implementation at each installation. This same network will support the sustainment of ECSS after fielding is completed.

ECSS will drive changes in the way the Air Force does business and the way logisticians perform their jobs. The result will be an Air Force enterprise better enabled to provide its warfighters the right materiel at the right time. ECSS will also enable logisticians to use their time more productively, significantly reducing the cost of accomplishing the Air Force logistics mission.

For more information contact Maj. Nicole Chavez at 772-6390 or Senior Master Sgt. Amos Davies or Chuck Engbretson at 772-6706/6409, or visit https://www.ecss.wpafb.af.mil.

Airman and Family Readiness Information and Programs for service members and their families

DoD will resume the My Career Advancement Account program from Military OneSource

The Department of Defense has completed the program review and will be making the necessary adjustments to resume the MyCAA program beginning in October . Starting 8 a.m. (EDT) Monday Oct. 25, 2010, Military OneSource career and education counselors will have a much more active role in supporting military spouses. In addition to understanding resources available via DoD's financial aid support, they will provide support and assistance to identify and gain access to other federal, state, and local programs. All military spouses of active duty service members will be eligible for career counseling and support.

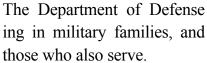
With a focus on the original intent of the program, the Defense Department's financial assistance program will: Be available to spouses of active duty service members in pay grades E1-E5, W1-W2, and O1-O2; Offer a maximum financial benefit of \$4,000 with a fiscal year cap of \$2,000; Waivers will be available for spouses pursuing licensure or certification up to the total maximum assistance of \$4,000; Require military spouses to finish their program of study within three years from the start date of the first course; and Be limited to associate degrees, certification, and licensures.

These new guidelines reflect a return to the original purpose of the program — to assist spouses of service members in achieving portable careers. These changes also align the program with responsible fiscal planning by the Defense Department to help sustain the program. Additional program details will be posted here when they become available. Check the site often.

Until Oct. 21, spouses with active accounts may request financial assistance for classes with a start date up to (but not beyond) Jan. 15, 2011. All currently approved financial assistance documents will be honored. Additionally, the review revealed that National Guard and Reserve members must be on active duty for their spouses to receive the MyCAA benefit. Spouses may no longer use the MyCAA benefit when the service member is in an alert or demobilization period. The new eligibility rule takes effect immediately.

The program will be closed from Oct. 22-25 so that we may ensure the infrastructure is in place to implement the new program. Military spouses are the backbone for military families, displaying strength of character

to be admired by this nation. remains committed to invest-appreciates the sacrifice of





Airman and Family Readiness Information Continued

2010 Operation Guardian Angel

The Wyoming National Guard Family Readiness Program would like to help make the holiday season brighter for children of Wyoming National Guard members and our active duty personnel who might need some extra assistance during the holiday season due to financial hardship, deployment and other unforeseen circumstances. The OPERATION GUARDIAN ANGEL program provides for anonymous gift giving, allowing children the opportunity to enjoy a gift they would otherwise not see.

If you know of a guard/ active duty family who could use the help of an ANGEL this holiday season, please contact Mrs. Denise Rampolla, at 307-772-6063 or by email at denise.rampolla@ang.af.mil. All information is kept in strictest confidence, and the child(ren) is/are identified only by a number system. This number is applied to an ANGEL which details each child's needs or wishes.

Individual/units/organizations are also needed to sponsor our angels in need. Angles may be picked up from the 153rd AW Airmen and Family Readiness Program Office at 217 Dell Range Blvd. Please contact Mrs. Rampolla for details.

Second annual Halloween Haunted Halls

Be on the scene with Halloween at the wing with a program sponsored by the 30th Airlift Squadron and the Airman and Family Readiness Program. Come one, come all and prepare to have a ball. Dress to express your Halloween spirit and show off your favorite costume. Be on the scene for Halloween at the 153d AW on Friday Oct. 29 from 1300-1600. Bring your trick or treat bag. Two hallways will be decorated for children to trick or treat. A hallway with ghouls and goblins and a second hallway for younger children and those who may appreciate a milder version will be available.

This event is not intended for the general public. Participants are welcome from all units of the 153 AW, 30 AS and 153 CACS. Participants will be treated to refreshments, Halloween snacks, party games and fall arts and crafts at the dining facility after haunting the halls for tricks and treats.

Please contact Denise Rampolla at 307-772-6063, denise.rampolla@ang.af.mil, Heather Mayheu at 307-287-4028, heather.mayheu@bresnan.net or Paula Simpson at 501-606-1275, hercchick@aol.com with any questions and to RSVP no later than Monday, Oct. 25. Please note that your timely RSVP will help us ensure there is enough candy, arts and crafts supplies and food to cover all who wish to participate.

Fifth annual Children's Holiday Party and Lunch with Santa

The annual Children's Holiday Party and Lunch with Santa will take place on Dec. 11, at the 153 AW dining facility, from 1100-1400. Tickets go on sale starting Oct. 1. Tickets will be available for \$5 a person (both parent and child). Tickets can be purchased from the 153 AW Family Readiness Office 307-772-6063 or through Master Sgt.Dawn McDonnell, in the wing commander's office. Special complimentary tickets will be available for immediate family members of those deployed from Dec. 1-25. Please contact. Denise Rampolla, at 307-214-2625, or contact your unit key spouse/s if you qualify to obtain the complimentary tickets.





All applications must be submitted to Master Sgt. Denise Hondel, 153 AW/FSS
217 Dell Range Blvd.,
Cheyenne, WY 82009-3320,
(307) 772-6457 by the closing date listed on the advertisement.

The Wyoming Military Department is an equal opportunity employer. Selection for all positions will be made without regard to race, religion, color, national origin, sex, political affiliation or any other non-merit factor. This applies to ALL vacancies within the Wyoming Military Department.

MAINTENANCEGROUPDEPUTY COMMANDER, 153 AW/ MXG, Applications are now being accepted for the 153rd Maintenance Group Deputy Commander (AFSC 20C0). This position is open to all qualified officers operationally assigned the WY ANG. This is a traditional officer position with a maximum grade of Lt Col. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration; (2) current resume to include civilian and military education and experience; (3) letters of recommendation (optional) (4) fitness test (PT) score, (5) RIP. The selecting official is Col. James Moffett. Applications are due to Master Sgt. Denise Hondel, 153 FSS, 217 Dell Range Blvd, Cheyenne, Wyo. 82009, not later than COB3 Oct 2010.

153RD COMMUNICATION FLIGHT, RF TRANSMISSIONS SYSTEM JOURNEYMAN: Duty AFSC: 3D153/formerly 2E153 - Ground Radio Communications Maintenance RF Transmission Systems personnel deploy, sustain, troubleshoot, and repair standard radio frequency wireless, line-of-sight, beyond line-of-sight, and encryption transmission devices and intrusion detection systems in a fixed and deployed environment. Included are multiple waveform systems operating across the spectrum, keying and signal devices; telemetry and instrumentation systems. Member is required to become a member of the WyANG, attend technical training to obtain AFSC, or be eligible to cross-train. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration; (2) current resume to include civilian and military education and experience; letter of recommendation (optional); (4) fitness test score; (5) RIP. Applications due **NLT COB 2 Oct.**

OFFICER APPOINTMENT - NAVIGATOR (C-130): Applications are being accepted for a C130 Navigator, AFSC 12M3B. This position is located in the 187th Airlift Squadron. This position is open to anyone who wants to become a C-130 Navigator and who qualifies to become a member of the WY ANG, or is already a member of the WY ANG. It is also open to currently qualified C-130 navigators wishing to become a member of the WY ANG. Applications must be received by **COB 30 November 2010**. For

Job announcements must be sent directly to FSS, not to the Public Affairs office.

The format must include, Position Title, Grade, Officer/Enlisted (both), other special qualifications.

The requested announcement may be sent to Master Sgt. Hondel, Tech. Sgt. Lopez, or Maj. Bennett for submission.

The submission must be received in advance of the deadline required by Public Affairs each month to allow time for review and accuracy before publishing.

Questions on posting job announcements may be directed to Maj. Rachel Bennett, (307) 772-6320.

applica—tion procedures contact Master Sgt. Hondel, 153 FSS, (307) 772-6457. Application packages must include: 1. cover letter requesting consideration, 2. resume to include civilian and military edu—cation and experience 3. AF Form 24 (enlisted and civilian applicants only) 4. College Transcripts 5. AFOQT Scores (UNT applicants only) 6. Letters of Recommendation. Send application packages to Master Sgt. Denise Hondel, 153AW/FSS, 217 Dell Range Blvd. Cheyenne, WY 82009-4799.

MAINTENANCE SQUADRON COMMANDER, 153 AW/ MXS, Applications are now being accepted for the 153rd Maintenance Squadron Commander (AFSC C21A3). This position is open to all qualified officers operationally assigned the WY ANG. This is a traditional officer position with a maximum grade of Lt Col. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration; (2) current resume to include civilian and military education and experience; (3) letters of recommendation (optional) (4) fitness test (PT) score, (5) RIP. The selecting official is Col. James Moffett. Applications are due to Master Sgt. Denise Hondel, 153 FSS, 217 Dell Range Blvd, Cheyenne, Wyo. 82009, not later than COB 3 Oct 2010.

Chaplains Corner



Chaplain Matthew P.

Nansel Chaplain Proverbs 14:4a "Where no oxen are, the manger is clean."

At first glance this verse may seem very strange, but if you take a moment and think about it, I believe you will see the underlying wisdom. If there is no ox then there is no poo, which will leave the manger clean; but how will the work get done? Sometimes life has to get a little messy to get work done. We may not like the poo, and I am sure we don't like the idea of cleaning up the poo, but what is the alternative? In the day this passage was written the ox would pull the plow, which meant the ability to plant seed and eventually harvest the final product. Without the ox the work will be twice as hard although you will have a clean manger! Only you can decide which will be the better choice, a clean manger or an ox that can pull the plow.

SATURDAY

Teriyaki Chicken
Beef and Broccoli
Egg Rolls
Fried Rice
Corn
Green Beans
Short Order:
Hamburgers, Hotdogs,
French Fries & Onion
Rings

SUNDAY

Chicken Fried Chicken
Chicken Fried Steak
Mashed Potatoes
Country Gravy
Carrots
Peas
Short Order:
Hamburgers, Hotdogs,
French Fries, Onion
Rings & Potato Bar



153rd Airlift Wing Family Readiness Program Contact Information

153 AW Family Readiness Office 217 Dell Range Blvd. Cheyenne, WY 82009

DENISE RAMPOLLA 153 AW Airmen and family readiness program manager

(307) 772-6063 OFFICE (307) 772-2625 CELL

BILL BRECKENRIDGE joint family director

(307) 772-5208 OFFICE (307) 631-7537 CELL

Lt. Col. Doug Arendsee
--- Deployed --(307) 772-5098 OFFICE

HADD HERKS AGAINST DRUNK DRIVING

Need someone to drive you home? Call one of the wing volunteers for safe and confidential transportation. Friday & Saturday, 1900-0300 Call: (307) 214-0662 or 214-1763

COULD YOU BE A KEY TO MISSION SUCCESS?

The 153rd Airlift Wing Family Readiness Program is looking for family members who want to volunteer. Find out more by contacting the Family Readiness office at (307) 772-6063

We Salute



Promotions

Staff Sgt. Benjamin Kaufman, 243ATCS Staff Sgt. Monte Medina, 187 AS Senior Airman Benjamin Ward, 153 CF

Retirements

Master Sgt. Jeremy Mixson Col. Robert S. Gissendanner Master Sgt. Florentino Flores Senior Master Sgt. Tim Fisher Lt. Col. Thomas Saxe Master Sgt. Steven Ellis

Re-enlistments

Master Sgt. Melissa Emery, 187 AS Senior Master Sgt. Julie Swearingin, 187 AES Master Sgt. Cary Morris, 153 MXS Chief Master Sgt. Kristin Maurer, 153 MDG Master Sgt. Eddie O'Connell, 153 CACS Master Sgt. Jonathan Pearce, 153 MXS Senior Master Sgt. Richard Stratton, 187 AS Master Sgt. Robert Gwisdala, 243 ATC Senior Airman Robert Fraley, 187 AS Staff Sgt. Tanya Parks, 153 SFS Master Sgt. Rick Broberg, 153 LRS Master Sgt. Nathaniel Cook, 153 SFS Chief Master Sgt. Steven Herman, 153 CACS Master Sgt. Denise Hondel, 153 FSS Staff Sgt. Christopher Ostrander, 153 CES Chief Master Sgt. Warren Whitman, 153 CES

Wyoming Air National Guard 217 Dell Range Blvd. Cheyenne, WY 82009

