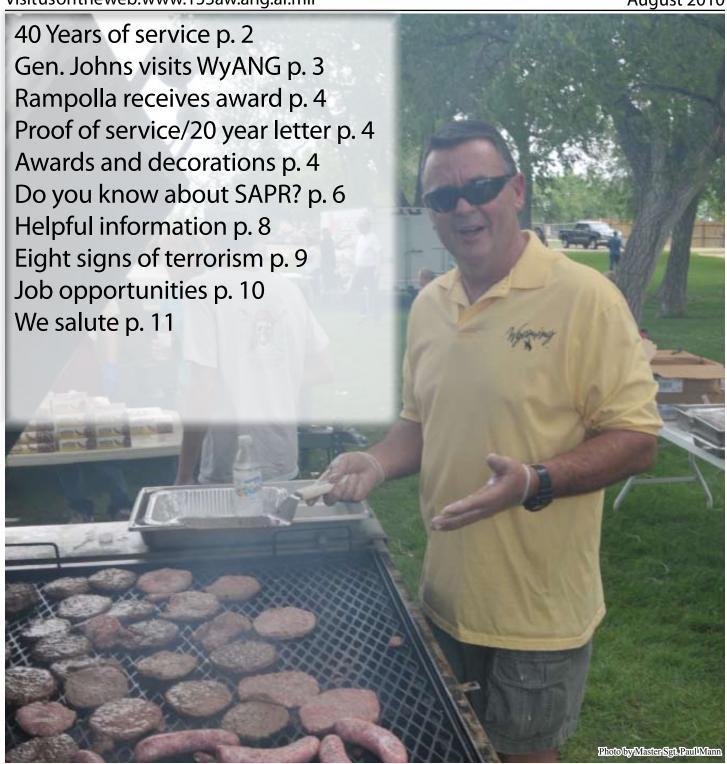


Visitusontheweb:www.153aw.ang.af.mil

August 2010



The Guardian Staff

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Col. Steve Rader 153 AW vice commander

Chief Master Sgt. Thomas Loftin 153 AW command chief

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The Guardian is the unofficial newspaper published by the 153rd Airlift Wing Public Affairs Office for the members of the Wyoming Air National Guard. The opinions expressed hereindonotnecessarily represent those of the United States Air Force, the Wyoming Military Department or the Wyoming Air National Guard.

Please send *Guardian*submissions by COB the
second Monday after UTA to:
153.aw.pa@ang.af.mil
Submissions that are not received by this date cannot be
guaranteed inclusion.
Please feel free to submit article ideas, comments or
corrections.

LEADERSHIP SOUND-OFF

by Col. Dennis Grunstad

153 AW commander

Many members of the Wyoming Air National Guard have come and gone over the years. Some have come from active duty, some from other branches of the service, other units or just off a break in service. Few have spent an entire military career with the WyANG and for those who have, even fewer have worked here for four decades.

Col. Steve Gissendanner, the former 153rd Aircraft Maintenance Group commander, retired from the WyANG during July UTA after a long, distinguished career that even he said he never saw coming when he enlisted in 1970.

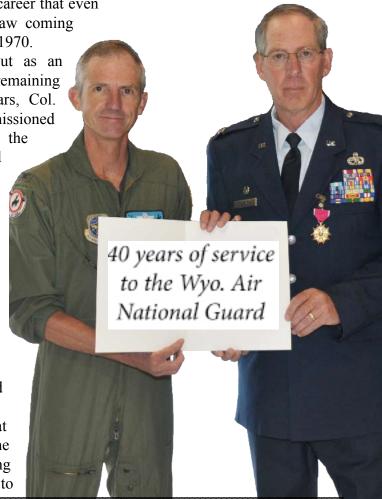
Having started out as an Airman Basic and remaining enlisted for 14 years, Col. Gissendanner commissioned as an officer in the maintenance field and climbed the ladder of success to eventually become the 153rd M a i n t e n a n c e Group commander.

This goes to show that no matter how Guardsmen begin their careers, anything is possible with direction and dedication.

Part of being a great leader is looking to the future and deciding what you can do to make it better for you, your peers and your unit.

Col. Gissendanner joined the WyANG because he was looking for an adventure and because he liked airplanes. However, opportunities for personal and professional growth are what kept him here.

I'm proud of Col. Gissendanner's contributions to the 153rd Airlift Wing. I wish him a happy retirement and to those of you still in the WyANG, how about 40 years?



On the cover: 153rd Operations Group Commander, Lt. Col. Gerald Champlin, helps cook up hamburgers and brats at the wing family picnic last UTA. Games and activities for children, vendors, and a pie in the face contest were highlights for this year.

Gen.RaymondJohnsvisitsWyo.AirNationalGuard

by 2nd Lt. Rusty Ridley

153 AW public affairs officer

en. Raymond E. Johns, Jr., commander, Air Mobility Command, visited here over the weekend to speak with members of the Wyoming Air National Guard and to experience the west at Cheyenne Frontier Days.

"I want to thank you very much for what you do for the Air Force, Wyoming, and the country," he said to a crowd of Airmen who gathered on base to hear the general speak about issues pertaining to the Air National Guard and to take questions from the audience.

Johns toured facilities on the Wy-ANG installation and met with individuals in their respective workplaces and solicited their comments about the unique relationship with AMC's first ever active associate unit. "I have never looked at the guard, re-



Photo by Master Sgt. Paul Mann

serve and active components separately," he said. "We share airplanes and missions."

"We wear the uniform to protect the rights of our families," he said. Johns continued by emphasizing the importance of global vigilance, reach and power and how the Air Force plays a vital role in the world by being equipped to respond to a situation in less than eighteen hours.

Johns highlighted the types of missions in the Air Mobility Command: airlift, air refueling and aeromedical evacuation. "You do two of those right here," he said. "What you do with your 130s is huge. You have lived it and do it so well."

"It's about what we do collectively, but also individually," he said. Johns took time to recognize individuals like Maj. Alan Brown, Senior Master Sgt. Douglas Rhodes and Tech. Sgt. Sarah Fry for their contributions both in a deployed environment and in Wyoming. He also said our organizations are successful because of the role of supervisors.

The general mentioned concerns about a rising suicide rate in the Air Force.

"Moms and dads give us their children to do the bidding of the nation," he said. "We have to help one another."

He focused on the mission of Air



Photo by Master Sgt. Paul Mann

Gen. Raymond E. Johns, Jr., commander, Air Mobility Command, is presented a branding iron with the official registered brand of the Wyoming Air National Guard by Col. Dennis D. Grunstad II, commander of the 153rd Airlift Wing, Wyoming Air National Guard. During his visit to Cheyenne, Wyo., July 30, 2010 the general met with Airmen, both active duty and guard, who represent the 153 AW and the AMC's first active associate unit.

continued on page 5



Photo by Master Sgt. Trudy Woodcock

Maj. Gen. Ed Wright, Wyoming's adjutant general, presents Pedro D. Rampolla with a Certificate of Appreciation for participation in the Air National Guard 2010 Youth of the Year, during a ceremony at the Wyoming National Guard's Joint Force Headquarters, in Cheyenne, Wyo., on July 15, 2010. Rampolla distinguished himself through his participation as a senior Guard Teen Panel member, which is a nationwide youth advisory organization that he has been a member of since 2007. He also is a member of the Wyoming National Guard Youth Council since 2005, assisting with deployment youth activities; Air National Guard Family Program day camp, and teen retreats. He is also active in Boy Scouts and speech debate. Pedro is the son of Capt. Pedro Rampolla, commander, 243rd Air Traffic Control Squadron, and Mrs. Denise Rampolla, 153rd Airlift Wing airmen and family readiness program manager.

Proof of Service Letter/20 Year Letter

Do your current goals include purchasing a new home, refinancing your current residence, applying for a new job or preparing for military retirement? Just a reminder when you start gathering the necessary paperwork the Veteran's Administration, bank or credit union requires, you can utilize online services to request a "Proof of Service Letter" from virtual Military Personnel Flight (vMPF) or a "20-year letter" from virtual Personnel Center – Guard and Reserve (vPC-GR). If you're stepping off into a new career you apply for retirement using vPC-GR if an ANG unit member and vMPF if an ANG Statutory Tour member. You can access these systems from the AF Portal, www.af.mil, under the Top Portal Links section.

AWARDS AND DECORATIONS

Have you just been awarded a federal award or decoration? Well now you can view/print a visual display of your federal awards and decorations using virtual Military Personnel Flight (vMPF). Do you want to recognize outstanding airmen? You can use virtual Personnel Center-Guard and Reserve (vPC-GR) to initiate and process decoration nominations such as Meritorious Service Medal (MSMs), Air Force Commendation Medals (AFCMs) and Air Force Achievements Medals (AFAMs). Access vMPF and vPC-GR systems from the AF Portal, www.my.af.mil, under the Top Portal Links section.

153rd Airlift Wing Family Readiness Program Contact Information

153 AW Family Readiness Office 217 Dell Range Blvd. Cheyenne, WY 82009

DENISE RAMPOLLA 153 AW Airmen and family readiness program manager

(307) 772-6063 OFFICE (307) 772-2625 CELL

BILL BRECKENRIDGE joint family director

(307) 772-5208 OFFICE (307) 631-7537 CELL

Lt. Col. Doug Arendsee
--- Deployed --(307) 772-5098 OFFICE

HADD HERKS AGAINST DRUNK DRIVING

Need someone to drive you home? Call one of the wing volunteers for safe and confidential transportation. Friday & Saturday, 1900-0300 Call: (307) 214-0662 or 214-1763

COULD YOU BE A KEY TO MISSION SUCCESS?

The 153rd Airlift Wing Family Readiness Program is looking for family members who want to volunteer. Find out more by contacting the Family Readiness office at (307) 772-6063 *Johns continued from page 3*

Mobility Command.

"I want to do our job all the time. We are never the subject of the sentence," he said. "You are selfless and devoted to others. Lives are saved because of what vou do."

"You're a cross section of America and a very special unit," he said. "I couldn't be prouder to work with you."

Col. Dennis Grunstad, II, commander, 153rd Airlift Wing, presented Johns with a branding iron of the official brand of the Wyoming Air National Guard as a reminder of his visit to the cowboy state.

Johns was the grand marshal for one of the Chevenne Frontier Days' parades and rode a horse in the grand entry for a rodeo. 🍇







Retired Aircraft Maintenance Group commander reflects on 40 year career in Wyoming Air Guard

by Tech. Sgt. Leisa Grant

153 AW public affairs specialist

very many people can sav they worked at the Wyoming Air National Guard when there were C-121 aircraft, or when the most damaging Wyoming tornado in history hit in 1979, or when the deadly flood of 1985 swept through Cheyenne.

Col. Robert (Steve) Gissendanner is one of few who has been in the military for 40 years, and even more rare, he dedicated his entire career to the 153rd Airlift Wing and in one career field.

Gissendanner and four other high school classmates voluntarily enlisted in 1970, during the Vietnam War. a time when hundreds of men were being drafted involuntarily. At time, they were looking to travel the world, but had not thought much about the importance of an actual job, said Gissendanner.

For the first 14 years of his career, Gissendanner was an enlisted member in the aircraft maintenance field before he decided he wanted career growth. He took college classes at night and on weekends

and finally in 1984, a position opened for a maintenance officer.

"Being enlisted prior to being commissioned gave me a different perspective and perhaps that is how I patterned my leadership style, setting the example, but looking out everyone," he said.

During his time here, Gissendanner served as maintenance officer, aircraft maintenance commander and finally as the Aircraft Maintenance Group commander. He has served as the Air National Guard C-130 council chairman and advisor to the C-130 Weapon System Council, as president of the Wyoming National Guard Association, and various other leadership positions at civic and fraternal organizations. Being involved something he has learned over his career.

"Trust your instincts and take every opportunity to do something that seems important to you," said Gissendanner.

As someone who has been around for awhile, he believes in the saying, "Don't base your life on the things you see others fail at or do wrong. Follow the examples set by those who are successful."

Gissendanner also believes people should put their heart and soul into what they do, and if they aren't, they should something else. Fortunately for him, he discovered his ultimate career in the WyANG in 1970 and never had to change his mind.

"I never dreamed out of the five of us (from 1970) that I would be the only one who accomplished 40 years of service," he said.

Congratulations on vour retirement, Col. Gissendanner. Thank you for your service to the state of Wyoming and our nation. May the next 40 years be equally rewarding.



What do you know about SAPR?

by Lt. Col. Amy Olson

That do you know about SAPR?

If an IG inspector asked you what SAPR stands for or who your SARC is, would vou know?

What does SAPR stand



for? Sexual Assault Prevention and Response.

The

goal of this program is to enhance and improve (1) prevention through training and response and (2) victim advocacy.

Who is your SARC (Sexual Assault Response Coordinator)? Lt. Col. Amy Olson (Bldg. 16, Room 106.1)

Who is your alternate Capt. Marilyn SARC? Burden

Who are your victim advocates?

- Capt. Andrea Seefeldt
- Master Sgt. Hurey Smith
- Tech. Sgt. Kent Amott
- Staff Sgt. Victoria Lopez
- Senior Airman

Elizabeth McClure

What should you do if you have been sexually assaulted?

- 1. Go to a safe location away from the attacker.
- 2. Preserve all evidence of the assault. Do not bathe, wash your hands or brush your teeth. If you are still where the crime occurred, do not clean or straighten

up, or remove anything Limited Reporting from the crime scene.

3. Contact one of the following:

Wing SARC, a Victim Advocate, the chaplain, or a healthcare provider

4. Seek medical care as soon as possible.

Even if you do not have any visible physical injuries, you may be at risk of becoming pregnant or acquiring a sexually transmitted disease. Ask the health care personnel to conduct a sexual assault forensic examination to preserve forensic evidence.

What are your options for reporting?

Restricted Reporting

Victims who wish to confidentially disclose the crime without triggering an investigation must contact the SARC, a victim advocate, chaplain or health care provider. Victims can access resources and care while weighing their option to participate in a criminal investigation at a later time.

Unrestricted Reporting

Victims who want to initiate an official investigation should use current reporting channels such as chain of command, law enforcement, the SARC, victim advocate or health care provider.

Limited reporting is a confidential referral process.

The purposes of limited reporting are: to have a process to refer military members to any appropriate and available medical care and treatment: to give victims informed guidance on their options for care and reporting; to secure and preserve evidence for possible later prosecution (if the victim decides to make an unrestricted report at a later date); to encourage victims to report and to make unrestricted reports; and, to encourage victims to report so that command will know of the events and be able to take proper steps to prevent future assaults.

Because the member is not in a federal status the VA or SARC must proactively coordinate to provide resources through military and civilian collaboration.

Options for victims vary state to state; therefore, each SAPR program is unique to the resources and laws applicable in the state in which the assault and assistance occurs.

Remember, no matter how long it has been since you were sexually assaulted, support is available. Call the WyANG sexual assault response hotline at (307) 421-3865. 🐇

SATURDAY

Spaghetti Baked chicken Corn Broccoli Garlic bread

SUNDAY

Lasagna Vegetarian lasagna Lemon baked fish Corn **Asparagus** Garlic bread

Short Order:

Hamburger Hot dogs Fries Onion rings Chicken grill sandwich





Photo by Master Sgt. Paul Mann
Lt. Col. Derek Routt, operations officer for the U.S. Air Force Air Demonstration Squadron "Thunderbirds," administers the oath of enlistment to Master Sgt. Denise Hondel (left) and Chief Master Sgt. Kristin Maurer. Hondel and Maurer, both fulltime members of the Wyoming Air National Guard, had the unique privilege of having the Thunderbirds first Air National Guard pilot re-enlist them shortly after Lt. Col. Routt and the Thunderbirds arrivied in Cheyenne, Wyo., on July 26.



8

Pass & Registration



In order to register a vehicle with the 153 SFS Pass & Registration, you must have your military ID (dependents need their ID), vehicle registration and current proof of insurance. Civilian employees without a military ID must have a Wyoming Military Department Employee ID.

Due to change in the DoD vehicle registration database, we now need to have a copy of the vehicle registration for each of your vehicles registered with us, before we can update registrations on your vehicles.

In accordance with AFI 31-204, AIR FORCE MOTOR VEHICLE TRAFFIC SUPERVISION, "a person need not own the vehicle to register it; however, they must have a lease agreement, power of attorney, or notarized statement from the owner of the vehicle granting them permission to use the vehile and specifying the inclusive use dates."

As a reminder, Pass & Registration's hours are 0700-1630 Monday through Friday (including Fridays before UTAs). UTA hours: Saturday 0830-1630 and Sunday 0800-1600.



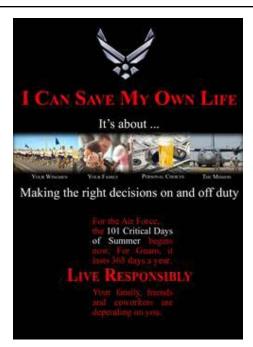
AUTHORIZED HOTELS

Holiday Inn - \$53 204 W. Fox Farm Rd. (307) 638-4466

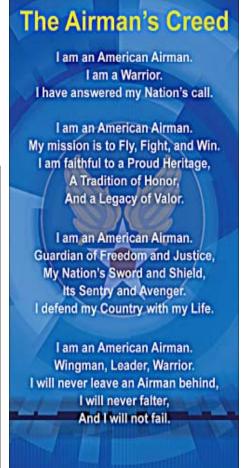
Fairfield Inn - \$58 1415 Stillwater Ave. (307) 637-4070

La Quinta Inn - \$52 2410 W. Lincolnway (307) 632-7117

Crow Creek Inn - \$30.50-\$33 FE Warren AFB (307) 773-1844









Clinc Info

Physical Health Assessments (PHA) are conducted SATURDAY of UTA, 0830 – 1130. However, due to changes in the wing schedule, some weekends may dictate Sunday PHA processing. Please check with your Unit Health Monitor for scheduled appointments

Immunizations are given in the clinic SATURDAY of UTA, 0830 – 1130 and are also available during weekday duty hours, 0800 – 1000. REMEMBER, you MUST be on status (UTA/AT/PM) to be eligible for vaccinations.

Walk-Ins are available SATURDAY of UTA, 1300 - 1400. This time is used for Medical Liaison Officer fitness evaluations, profile reviews, medical waiver reviews, out-processing and any other miscellaneous medical requirements. Personnel who will be attending school, TDY, or out-processing for any other reason, MUST out-process through the clinic on SATURDAY of drill. The clinic is closed on Sunday for training.

Healthy Living Program classes are held 1300 in the Mezzanine, SATURDAY of UTA. You will be scheduled through your Fitness Monitor following failure of Fit Test.

If you have any questions, please call (307) 772-6259.



COMMANDERS' CALL - Commanders' Call for all group commanders, squadron commanders, and first sergeants on Saturday mornings of UTA is from 0630 - 0700.

CHAPEL SERVICE - Held from 7:30 to 8 a.m. on UTA Sunday. Non-denominational services held in the civil engineering classroom. For other needs, please call (307) 772-6060/6061.

Eight signs of terrorism

Content provided by 153 SFS

Terrorist operations usually begin with extensive planning. You can help prevent and detect terrorism, and other types of crime, by watching for suspicious activities and reporting them to proper authorities. Be alert for the eight signs of terrorism!

- 1. Surveillance Someone recording or monitoring activities. This may include the use of cameras, note taking, drawing diagrams, annotating on maps, or using binoculars or other vision-enhancing devices.
- 2. Elicitation People or organizations attempting to gain information about military operations, capabilities, or people. Elicitation attempts may be made by mail, email, telephone, or in person. This could also include eavesdropping or friendly conversation.
- 3. Security Any attempts to measure reaction times to security breaches, attempts to penetrate physical security barriers, or monitor procedures in order to assess strengths and weaknesses.
- 4. Funding Suspicious transactions involving large cash payments, deposits, or withdrawals are common signs of terrorist funding. Collections for donations, the solicitation for money and criminal activity are also warning signs.
- 5. Supplies Purchasing or stealing explosives, weapons, ammunition, etc. This also includes acquiring military uniforms, decals, flight manuals, passes or badges (or the equipment to manufacture such items) and any other controlled items.
- 6. Impersonation People who don't seem to belong in the workplace, neighborhood, business establishment, or anywhere else. This includes suspicious border crossings, the impersonation of law enforcement, military personnel, or company employees is also a sign.
- 7. Rehearsal Putting people in position and moving them around according to their plan without actually committing the terrorist act. An element of this activity could also include mapping out routes and determining the timing of traffic lights and flow.
- 8. Deployment People and supplies getting into position to commit the act. This is the person's last chance to alert authorities before the terrorist act occurs.

10



153RD **COMMUNICATION** FLIGHT. RF TRANSMISSIONS **SYSTEM** JOURNEYMAN: Duty AFSC: 3D153/formerly 2E153 - Ground Radio Communications Maintenance RF Transmission Systems personnel deploy, sustain, troubleshoot, and repair standard radio frequency wireless, line-of-sight, beyond line-of-sight, and encryption transmission devices and intrusion detection systems in a fixed and deployed environment. Included are multiple waveform systems operating across the spectrum, keying and signal devices; telemetry and instrumentation systems. Member is required to become a member of the WyANG, attend technical training to obtain AFSC, or be eligible to cross-train. Application packages must include, but are not limited to the following: (1) cover letter requesting consideration; (2) current resume to include civilian and military education and experience; letter of recommendation (optional); (4) fitness test score; (5) RIP. Applications due NLT COB 8 Aug.

Jobannouncementsmustbesent directly to FSS, not to the Public Affairs office.

Theformatmustinclude, Position Title, Grade, Officer/Enlisted (both), otherspecial qualifications.

Therequested announcement may be sent to Master Sgt. Hondel, Tech. Sgt. Lopez, or Maj. Bennett for submission.

Thesubmissionmustbereceived in advance of the deadline required by Public Affairs each monthtoallowtimeforreviewand accuracy before publishing.

Questions on posting job announcementsmaybedirected to Maj. Rachel Bennett, (307) 772-6320.



FIRST SERGEANT VACANCY 153

MSG - Applications are now being accepted for the First Sergeant position (AFSC 8F000) in the 153rd Mission Support Group. This Master Sergeant position is open to any enlisted member in the grade of E-7 or E-6 who is eligible for immediate promotion IAW ANGI 36-2502. Applicants must meet all requirements outlined in AFI 36-2113, chapter 10; meet AFVAB requirements prior to interview; score a minimum of 75 on the fitness assessment; and possess an overall image exceeding minimum standards. Mandatory service commitment is three years from the date of graduation from the First Sergeant Academy. Duty related questions may be directed to Senior Master Sgt. Alan Stoinski at (307) 772-6751. All application packages must include as a minimum a cover letter, resume, RIP and a current fitness assessment score. Applications due NLT COB 8 Aug.

-SARC-

Lt. Col. Amy Olson Bldg. 16, Rm. 102.1 (307) 772-6748

-ASARC-

Capt. Marilyn Burden Bldg 16, Rm 207.1 (307) 772-6112

-Victim AdvocatesCapt. Andrea Seefeldt
Capt. Sarah Good
Master Sgt. Hurey Smith
Tech. Sgt. Kent Amott
Tech. Sgt. Victoria Lopez
Senior Airman Elizabeth McClure

-Chaplains-Capt. Wade Jensen 1st Lt. Matthew Nansel





All applications must be submitted to Master Sgt. Denise Hondel, 153 AW/FSS 217 Dell Range Blvd., Cheyenne, WY 82009-3320, (307) 772-6457 by the closing date listed on the advertisement.

153rd CIVIL ENGINEER STAFF **OFFICER:** The commander, 153rd Civil Engineer Squadron, is accepting applications for the position of Civil Engineer Staff Officer, AFSC 32E3G. This is a traditional officer position with a maximum grade of O-4. After selection member must possess or be eligible for assignment to Air Force Specialty Code (AFSC) 32E3X. This position is open to all officers, or those eligible for commissioning and eligible to join the WyANG. Applicants must meet one of the following: (A) completion of a 4-year professional engineering curriculum leading to a bachelor's or higher degree in engineering in an accredited college or university; (B) must have graduated from a service academy with a major in engineering; (C) currently possesses AFSC 32E3X. Application packages must include, but are not limited to, the following: (1) cover letter requesting consideration; (2) current resume to include civilian and military education, and work experience. Nominating/selecting official is Lt. Col. Roy W. Hockenberry, 153 CES. Applications due NLT COB 12 Sept.

The Wyoming Military Department is an equal opportunity employer. Selection for all positions will be made without regard to race, religion, color, national origin, sex, political affiliation or any other non-merit factor. This applies to ALL vacancies within the Wyoming Military Department.

We Salute



Promotions

Chief Master Sgt. Michael Abbott Senior Master Sgt. Exie Brown Senior Master Sgt. Douglas Rhodes Tech. Sgt. Rodney Massengill Staff Sgt. Stephen Ford Senior Airman Jeremiah Knutson Senior Airman Joseph Mata, Jr. Senior Airman Thomas Nelson

Newcomers

Andrew Ballenger, 153 SFS Dane Gerdes, 153 LRS Kyle Kraft, 153 MXS Mark McDavid, 153 MXS Rhonda Merryfield, 153 CACS Theodore Mullen, 153 CACS Ryan Parton, 153 LRS Jacob Peterson, 153 MXS Thomas Rasmussen, 153 CES Billy Richards, 153 MXS

Re-enlistments

Chief Master Sgt. Kris Mauer Senior Master Sgt. Gregory Johnson Senior Master Sgt. Edward Meza Senior Master Sgt. Lee Stevens Master Sgt. Denise Hondel Master Sgt. Marshall Davis Master Sgt. Mark Freeman Master Sgt. Heidi Kimsey Master Sgt. David Lefurge Master Sgt. Monte Medina Tech. Sgt. Luis Cruz Tech. Sgt. Donald Parkin Staff Sgt. Kristopher Kahle Staff Sgt. Stephen Kroner Staff Sgt. Bruce Scheel

Newcomers (cont.)

Victor Salazar, 153 LRS Clayton Schluter, 243 ATC Robert Scott, 187 AS Michael Simmons, 153 MOF Jay Stewart, 153 CACS Katharine Taylor, 153 MXS Cherron Vaden, 153 MXS Wayne Wheeler, 153 MXS Justin Young, 153 MXS

Retirements

Col. Steve Gissendanner Chief Master Sgt. Charles Lee Chief Master Sgt. Jan Arnold Senior Master Sgt. Timothy Fisher Master Sgt. Florentino Flores Master Sgt. Jeremy Mixon Master Sgt. Vicky Schlangen

"I know the price of success: dedication, hard work and an unremitting devotion to the things you want to see hapen."

~ Frank Lloyd Wright

Wyoming Air National Guard 217 Dell Range Blvd. Cheyenne, WY 82009

