



KEESLER NEWS

KEESLER AIR FORCE BASE, BILOXI, MISSISSIPPI

Train to Fight. Train to Win.

OCT. 27, 2011 VOL. 72 NO. 41



March honors fallen special tactics Airmen

Page 5

Lord returns to Keesler
Page 8

Home away from home
Page 14

Halloween activities
Page 17

INSIDE

Commentary, 2-3 Training and Education, 4-6 News and Features, 8-21 Sports and Recreation, 22-23

www.keesler.af.mil

Safeguarding military retirement

By **Army Gen. Martin Dempsey**

Chairman of the Joint Chiefs of Staff

WASHINGTON — In my first blog entry, I discussed the four themes that are important to me as I start my tenure as the 18th Chairman of the Joint Chiefs of Staff. Among them I mention keeping faith with our military family. I was recently reminded of the importance of this when I testified

before the House Armed Services Committee with Secretary of Defense Leon Panetta Oct. 13.

During that testimony, I was asked by several representatives to comment on the recent recommendations of the Defense Business Board regarding changing the military retirement system to something more like what is available to civilians in the commercial sector.

What I told them and what I

want to reiterate here is that I reject the comparison of military to civilian retirement and that I am adamantly opposed to changing the retirement benefits for those who are currently on active duty. We will undoubtedly have to change our retirement system in the future to make it affordable, but we have made a commitment to those currently serving, and I aim to keep it.

Annual observance hits close to home

By **Susan Griggs**

Keesler News editor

The cancer is back.

My sister-in-law, Mary, is 58, the same age I am. She underwent grueling chemotherapy for breast cancer about 17 months ago. She continued to work when she was able during her treatment. Her hair has grown back and although she's tired much of the time, she holds down a job, takes care of her family and looks forward to the future.

This latest setback is frustrating and frightening. She had her first radiation treatment Monday and meets with her oncologist today to chart her fight to overcome this health challenge.

October is Breast Cancer Awareness Month. Of all the monthly health and ethnic observances, this one always hits me right between the eyes. I take it very personally.

Nearly nine years ago, I had a double mastectomy when multiple mammograms and biopsies indicated that I had abnormal precancerous breast tissue.

My stepsister Julie, who was in her 40s, died of breast cancer the same year. My mother tried chemotherapy earlier this year to fight her breast cancer, but couldn't tolerate the side effects. My aunt and cousin died from breast cancer. My best friend in Tennessee is a survivor. Several friends here at Keesler, at church and in my community have survived or continue to battle this disease.

Other than skin cancer, breast cancer is the most common cancer among American women, according to the American Cancer Society. The chance of developing invasive breast cancer at some time in a woman's life is about 12 percent. This year, invasive breast cancer will be diagnosed in an estimated 230,480 women and 2,140 men, according to the ACS.

Lung cancer is the only type of cancer that kills more women than breast cancer. This year, about 39,520 women and 450 men are expected to die from breast cancer.



For more information
on breast cancer risk factors,
see Page 13.

At this time, there are more than 2.6 million breast cancer survivors in the United States, including those still being treated and those who have completed treatment.

Many Keesler people participated in last Saturday's Making Strides Against Breast Cancer walk, part of the American Cancer Society's national program to educate the public about breast cancer and to raise funds to find a cure for this disease.

Breast cancer isn't selective — it can strike your spouse, your mom, your sister, your co-worker, your friend. Ask your health care provider if you should have a mammogram and do monthly breast self-examinations until better methods of detecting the disease come along. Do what you can to support research into finding a cure.

Take ACTION to save energy here at Keesler

By **Butch Wallace**

Keesler resource efficiency manager

ACTION is an acronym that represents things we can do in the workplace to save energy and conserve resources for the Air Force.

Appliance reduction — Do you have a refrigerator or coffee maker in your work area? How many personal appliances can be removed or consolidated in common areas like the break room? Reducing energy usage by reducing the number of appliances and machines you use can yield significant energy savings. For example, in an evaluation of just two buildings at Wright-Patterson AFB, Ohio, the base energy manager found a staggering 810 appliances that could be unplugged or eliminated. The list included radios, fans, refrigerators, coffee makers, microwaves and toasters.

Computer log off — Even though you are prohibited from turning off computers, you should log off at the end of the day so computers will enter energy-saving sleep mode. This action alone can save more than \$10 million a year.

Temperature control — Climate control set points can have a major impact on energy use. Most bases use settings of 68 degrees in the winter and 78 degrees in the summer. Heating and cooling systems aren't perfect, so workspaces may not be at optimum comfort temperatures, so dress appropriately for the temperature in your facility. If your building is too cool in the summer or too hot in the winter, the thermostat could be set incorrectly, which means the Air Force is wasting energy.

Inform your facility manager — Report incorrect temperature set points, leaky faucets, blocked air vents, cracked windows, and other problems to your facility manager or civil engineering customer service.

Outdoor conservation — If you notice a broken sprinkler head wasting water or area lights left on in a parking lot during the day, report it to your local civil engineer customer service.

No waste — If you see something that doesn't need to be on, turn it off. If you see a problem, report it.

Take time to review your daily routine to conserve energy and water. Empower others to take action. Every dollar saved on energy is a dollar that can be spent on our Airmen, their readiness, and our mission to Fly, Fight, Win!

ON THE COVER

Members of the 812-mile Tim Davis Memorial March pass by Keesler as they make their way along U.S. Highway 90 in Biloxi Monday. The march honors special tactics Airmen who have died fighting in Iraq and Afghanistan. Nearly 40 combat control instructors and trainees from the 334th Training Squadron joined the march as it neared Keesler and other Airmen lined the highway to salute the flag. The march began at Lackland Air Force Base, Texas, Oct. 16 and ended at the Special Tactics Training Squadron at Hurlburt Field, Fla., Wednesday. Story and photo, Page 5.

Photo by Adam Bond



Identity theft is a personal nightmare and security risk. Shred bills, statements, letters, old journals, records, outdated application forms and any documents that contain your full name, Social Security number, duty title and job information, credit card, bank account numbers and names of family members. If you see documents being removed from trash cans, call the 81st Security Forces Squadron law enforcement desk, 377-3040.

The Airman's Creed

*I am an American Airman.
I am a Warrior:
I have answered my nation's call.*

*I am an American Airman.
My mission is to fly, fight and win.
I am faithful to a proud heritage,
A tradition of honor,
And a legacy of valor.*

*I am an American Airman,
guardian of freedom and justice,
My nation's sword and shield,
Its sentry and avenger.
I defend my country with my life.*

*I am an American Airman:
Wingman, leader, warrior.
I will never leave an Airman behind,
I will never falter
and I will not fail.*

KEESLER NEWS

**81st Training Wing
commander**

Brig. Gen. Andrew Mueller

Public affairs director

Jerry Taranto

Deputy director

1st Lt. Victoria Porto

Editor

Susan Griggs

Photojournalist

Kemberly Groue

Writer/graphic designer

Steve Hoffmann

Public affairs staff

Staff Sgt.

Kimberly Moore

Senior Airman

Eric Summers Jr.

Airman 1st Class
Heather Heiney

Billy Bell

Tim Coleman

Joel Van Nice

YoLanda Wallace

The Keesler News office is in Room 201A, Wall Studio, Building 0902. The mailing address: 81TRW/PAIN, Keesler AFB, MS 39534-2120. Phone: 377-4130, 3837, 3163 or 9966. Published Thursday. News deadline: noon Monday. Editorial content edited, prepared and provided by the 81st TRW Public Affairs Office is in compliance with Air Force journalistic standards. Photos are Air Force photos unless otherwise indicated.

The Keesler News is published by Gulf Publishing Co., a private firm in no way connected with the Air Force, under an exclusive written contract with the 81st TRW as an authorized publication for U.S. military service members. Contents aren't necessarily the official views of, or endorsed by, the U.S. government, Department of Defense or Air Force. Advertising doesn't constitute endorsement by the U.S. government, DOD, Air Force or Gulf Publishing of products or services advertised. Everything advertised shall be available without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor.



Use your smart phone QR code application to view this issue and the online Keesler News archives.

TRAINING AND EDUCATION

Online learning resources available at library

Air Force News Service
and Keesler News staff

SAN ANTONIO — Air Force libraries worldwide offer online learning resources for students of all ages.

Rebekah Chapman, director of McBride Library, said that a wide variety of learning tools are available for members of the Keesler community.

“Universal Class is an online learning database consisting of more than 500 free continuing education courses,” Chapman pointed out. “Subjects include computer training, personal finance, business, pet/personal care, professional development, health services, music and more. Program features include remote 24/7 access via the Internet, real instructors and continuing education units on selected courses.”

McBride Library also offers One Click Digital, free e-audio books that can be downloaded to various media devices and can be accessed through the Air Force Portal.

The Transparent Language Online program contains pronunciation, speech, grammar, writing and vocabulary building lessons for more than 80 languages. The program is available to total force Airmen, civilians, retirees and family members online at <http://library.transparent.com/aflis>. The program, launched in August, has nearly 3,000 users to date.

“This program is just another way we’re helping develop and care for our Airmen and families through quality of life programs,” said Melinda Mosley, an Air Force Services Agency administrative librarian. “The program contains video-based grammar lessons, social media resources and cultural learning resources for language learners at all proficiency levels.”

All users must register in person at an Air Force or joint base library to access the website and begin learning languages. Those who are



Photo by Kemberly Groue

Tech. Sgt. Angelo Bryant, 338th Training Squadron, uses one of the online educational resources at McBride Library. Library hours are 10 a.m. to 8 p.m. Monday-Thursday and noon to 7 p.m. Friday-Sunday.

deployed can register by visiting a location with a learning resource center. The program is designed for recreational

use and self development.

Tutor.com for military families is an online tutoring and homework help program that

provides 24/7 assistance and support on a wide range of subjects. The program is for students of all ages, and tutors

are certified in their fields, Mosley said.

“Adult students tell us it makes a huge difference to them,” she said. “They learn the material, make better grades and pass their tests.”

Mosley said what’s really rewarding is the feedback from military teens, who say they love the personal attention.

“Our military families carry a heavy load,” Mosley said. “Giving kids instant access to a professional tutor anywhere, anytime, even on their smart phones, is a big relief to both the students and their parents.”

The site is available for active-duty Airmen and their family members. Additionally, guardsmen, reservists and Department of Defense civilians in a deployed status and their families are eligible for the program. Those who are eligible can sign up at www.tutor.com/military.

For more information, visit McBride Library or call 377-2181.

Erin Tindell, Air Force Personnel, Services and Manpower Public Affairs, and Susan Griggs, Keesler News editor, contributed to this report.

March honors fallen special tactics Airmen

By Staff Sgt. Kimberly Moore

Keesler Public Affairs

The blue lights of the police escort shine in the distance signaling to the Airmen bearing their 50-pound ruck sacks that it's almost time to join their teammates. As the lights grow brighter, the critical training they're now receiving at Keesler comes into clearer focus.

Nearly 40 of the 334th Training Squadron's combat control instructors and trainees joined their fellow special tactics team members Monday for a segment of the 812-mile Tim Davis Memorial March.

This march first took place in 2009 to honor Staff Sgt. Tim Davis and the special tactics Airmen who died in combat before him, explained Maj. Kristi Beckman, Air Force Special Operations Command Public Affairs. It's not an annual event, but the team plans to march every year that a special



Photo by Adam Bond

Members of the 812-mile Tim Davis Memorial March make their way along U.S. Highway 90 in Biloxi, Monday. In the background, Keesler Airmen salute the flag while nearly 40 Keesler combat control instructors and trainees joined the march. The march honors the special tactics Airmen who have died in combat.

tactics Airman is lost in combat. Unfortunately, this is the third march in three years.

The Air Force's special tactics teams consist of Airmen from three career fields: combat controllers, pararescuemen and special operations weath-

ermen. Each of these special operations career fields requires specialized, intensive training. Combat control students receive 15 ½ weeks of air traffic control training at Keesler.

This memorial march began at Lackland Air Force Base, Texas, Oct. 16 and ended at the Special Tactics

Training Squadron at Hurlburt Field, Fla., Wednesday.

Beckman said that the significance of the start and end point of this march is that Lackland is where special tactics Airmen begin their technical training and Hurlburt Field is both where their training is completed and where Air Force Special Operations

Command is located.

To accomplish this march, six three-man teams take turns covering about 90 miles a day, each carrying a baton on which a fallen special tactics Airman's name is engraved to represent those who can no longer march.

"I went through training with Capt. Derek Argel," recalled Tech. Sgt. Adam Malson, 334th TRS combat control instructor, "and I was stationed at Hurlburt Field with Staff Sgt. Casey Crate, 1st Lt. Jeremy Fresques, Senior Airman Adam Servais and Staff Sgt. Tim Davis."

These names are all now engraved on batons.

While Malson personally knew some being memorialized, he shared why it's so important for the students to participate in this march.

"We only participated in a few miles, but it was very important for the trainees to see that we still remember our friends and brothers," Malson said. "It's important to show the young men that they are training to join a group of very special individuals who will do their best to take care of each other."

For more information, and a detailed itinerary of the march, visit the AFSOC Facebook page at www.facebook.com/afsofficial and click on the Memorial Ruck March tab.

Academic aces

From left, Airman Gretchen Pegnetter, Staff Sgt. Ami Baxter and Tech. Sgt. Colin Gallagan graduated Oct. 18 from the personnel apprentice course in the 335th Training Squadron with perfect scores. Pegnetter, from Pittsburgh, is a reservist from the 911th Airlift Wing. Baxter, from Fargo N.D., is a member of the Air National Guard's 119th Airlift Wing. Gallagan, from Columbus, Ohio, is a Guard member assigned to Ohio Joint Forces headquarters.



TRAINING, EDUCATION NOTES

Final drill down

The 8st Training Group's final drill down of the season is 8 a.m. Friday on the parade field.

The winning team performs at Retiree Appreciation Day later that day.

CCAF graduation

The Community College of the Air Force fall commencement ceremony is 3:30 p.m. Wednesday at the Bay Breeze Event Center.

A reception follows the ceremony.

For more information, call 376-8708 or 8710.

OTS recruiting boards

Officer Training School recruiting service board dates:

Rated — Dec. 1 application cutoff for Jan. 23; June 21, 2012, cutoff for Aug. 13, 2012.

Non-rated — March 1 cutoff for April 16.

Academy applications

The deadline to submit applications to the Air Force Academy is Jan. 1.

For more information, call 376-8472.

New facility at Lackland accommodates evasion and control after capture training

By Mike Joseph

502nd Air Base Wing Public Affairs

LACKLAND AIR FORCE BASE, Texas — A one-of-a-kind facility, built specifically to accommodate all Air Force evasion and conduct after capture training, opened Oct. 3.

That's when new students began the four-day just-in-time survival, evasion, resistance and escape training course.

The program is for Airmen who will operate in high-risk environments that may place them at increased risk of isolation.

The new facility merges all Air Force ECAC training into one location under the 22nd Training Squadron Detachment 2.

"This is absolutely top of the line, and the only facility in the Air Force built specifically for this course to enhance the students' training," said Tech. Sgt. James Davis, ECAC course manager. "The training is for Airmen deploying throughout the combatant commands who will be operating outside the wire.

"Students will either attend ECAC en route to their deployment, or they'll attend the training and return to their units before deploying. We expect 120 students a week or about 6,000 students a year," he said.

Students attending the combat skills training course and the basic combat convoy course at nearby Camp Bullis

will also get required ECAC training at the new \$6 million-plus facility on Lackland, Davis said.

The facility has an urban evasion laboratory with more than 60 objectives to prepare Airmen for obstacles they may encounter while evading or moving in an urban environment.

The ECAC mission is to ensure students complete the course with the confidence and ability to employ evasion and resistance tactics, techniques and procedures necessary to survive and return with honor, regardless of the circumstances of isolation.

"The course provides personnel recovery procedures if

they become isolated or separated from the unit," Davis said.

"When they leave this course, if they become isolated in any environment in any part of the world, they'll have the skills necessary to adapt and overcome," he added.

In addition to ECAC training, the facility also oversees the SERE specialist selection course for non-prior service and career Airmen.



U.S. AIR FORCE
EagleEyes
WATCH.REPORT.PROTECT.

NEWS AND FEATURES

General returns for Scope Warrior

By Staff Sgt. Kimberly Moore

Keesler Public Affairs

Lt. Gen. William (Bill) Lord, Office of the Secretary of the Air Force chief of warfighting integration and chief information officer, was back at Keesler last week to co-host Scope Warrior, an annual strategic planning conference for senior Air Force communications leaders.

Lord was the 81st Training Wing commander April 2004 through November 2005, during the Hurricane Katrina disaster, and said he was glad to be back at the base.

“The base looks great,” he said. “I do miss the coast; it’s always good to come back and see the operational Air Force at work.”

And it’s the operational Air Force’s future the general and 114 others are here to discuss.

Lord said this year’s conference is different than the 25 years that preceded it. For the first time, 100 communications squadron commanders from around the Air Force will also participate.

The plan is to discuss transformations, training, budget and manpower within the cyberspace career field.

Cyberspace is a new word and not everyone understands exactly what it means.

The general explained, “Think about the things you do on a computer or a mobile phone today. Effectively, that’s what we call cyber; it’s the transfer of information.”

That information needs to be both accessible and protected. Lord said that means we have to be able to establish a domain, operate it, maintain it and defend it. In certain occasions, the Air Force must be able to exploit and attack from within. Everything that’s done with electronics touches some aspect of cyber.

“We’re most concerned about the defense of the work on the network — not just



Photo by Kemberly Groue

Lord answers questions during an interview with representatives of the 81st TRW Public Affairs, WLOX-TV and The Sun Herald.

about having the network up and operational, but protecting the things we do on it,” he said.

For some, understanding the ins and outs of cyberspace comes naturally.

Lord said, “I find there is a generational gap between digital immigrants and digital natives. I would hate to have to compete with the young men and women who come through training today; they are brilliant and much more technologically savvy than I ever was.”

Perhaps that’s true, but this digital immigrant is now two stars heavier than he was when he departed from Keesler in 2005. He offered a few words of advice about being a good leader.

“You have to be innovative, you have to have courage and be able to communicate,” he said. “The key is leadership qualities first; the ability to lead young men and women not only in a business sense but in a combat sense as well.”

The 81st TRW is comprised of three groups: the 81st Medical Group, 81st Mission Support Group and the 81st Training Group. The 81st TRG is the largest electronics training group in the world. On any given day, more than 5,000 students attend classes in one of over 600 courses. The 81st TRG annually provides training to more than 38,000 officers, airmen and civilian employees of the Air Force, Air Force Reserve, Air National Guard, Army, Navy, Marine Corps, other DOD agencies and DOD contractors, as well as allied nations.

The first undergraduate cyberspace training course officers graduated at Keesler, Dec. 7, 2010. Although Keesler has trained officers and enlisted members in communications, computer technology, air traffic control and electronics for decades, technical training has transitioned to support the Air Force’s new roles in cyberspace operations.

IN THE NEWS

Basic trainee dies after PT test

Air Force News Service

JOINT BASE SAN ANTONIO, Texas — Steven Williams, a 26-year-old basic trainee from Detroit, died Oct. 19 shortly after completing his physical training assessment.

The assessment includes sit-ups, push-ups and a 1½ mile run and is a pre-graduation evaluation of a trainee’s physical fitness to meet Air Force-wide standards, officials said. The physical events are not unique to the basic training environment and are common standards to be met by all Air Force personnel. An official cause of death is pending autopsy results.

“This is a tragic event, and the men and women of the 37th Training Wing are grieving this loss. The entire Air Force family sends its condolences to the family and friends of the Airman,” said Col. Eric Axelbank, 37th Training Wing commander.

CFC total

The 81st Training Wing has pledged \$186,370 for this year’s Combined Federal Campaign that ended Friday.

This final amount is 136 percent of the 2011 goal of \$136,897.

Saturday is drug take-back day

81st Medical Group Public Affairs

The U.S. Drug Enforcement Administration and 81st Training Wing sponsor a “Drug Take-Back Day,” 10 a.m. to 2 p.m. Saturday at the main exchange to turn in potentially dangerous expired, unused and unwanted prescription drugs in an effort to prevent pill abuse and theft.

The service, for members of the Department of Defense community, is free and anonymous — no questions asked. Controlled, non-controlled and over-the-counter medications are accepted, but, no syringes, needles, opened vials or anything that may have blood-borne pathogens may be turned in.

Clinics close for warrior training

81st Medical Group Public Affairs

The 81st Medical Group conducts warrior training 1-5 p.m. Nov. 3.

Staffing is reduced in family practice, internal medicine, pediatrics general surgery, pharmacy, radiology and laboratory services. For urgent situations, call central appointments at 1-800-700-8603 or report to the emergency room.

For emergency situations such as shortness of breath, chest or abdominal pain or bleeding with pregnancy, go to the nearest emergency room. If it’s an emergency, contact 911 for an ambulance.

Early Keesler News deadline

The Keesler News will be published Nov. 9, one day earlier than usual, because of the nontraining day Nov. 10 and the Veterans Day federal holiday Nov. 11.

The early submission deadline is noon Nov. 3.

Dragons deployed — 291

Keesler hosts Scope Warrior, AFCEA luncheon



Photos by Kemberly Groue

Maj. Gen. Ronnie Hawkins Jr. speaks for the Armed Forces Communications and Electronics Association luncheon at the Bay Breeze Event Center, Oct. 19. The AFCEA luncheon was held in conjunction with Scope Warrior, Oct. 17-21. Hawkins is deputy director for command, control, communications and computer systems for the Joint Staff at the Pentagon, Washington, D.C.



Retired Lt. Gen. Michael Peterson, left, chats with Brig. Gen. John "Bob" Ranck Jr. Oct. 18 during a fish fry at marina park during last week's Scope Warrior event. The fish fry is sponsored by the Biloxi Chamber of Commerce. Ranck is director of the warfighter systems integration directorate, Office of Warfighting Integration and chief information officer, Office of the Secretary of the Air Force, at the Pentagon.

18 officers selected for promotion

By Susan Griggs

Keesler News editor

Seven Keesler officers have been selected for promotion in the legal, chaplain and biomedical service corps.

Eleven first lieutenants in other career fields were chosen for promotion as well.

To colonel

Lt. Col. Brian Casleton, 81st Aerospace Medicine Squadron.

To lieutenant colonel

Maj. David Cordry, 81st Medical Operations Squadron.

To major

Majs. Ronny Bowman, 81st AMDS; David Cromwell, 81st Training Wing legal office; Rebekah Mooney, 81st Medical Group; and Charles Selig-



man and Eric Whitmore, 81st TRW chapel.

To captain

1st Lts. Robert Carter, 81st Comptroller Squadron; Ian Chesley, 81st Training Group; Quang Tran, 85th Engineering

Installation Squadron; Johnny Smith and Man Tsang, 333rd Training Squadron; Luke Jechow, 335th TRS; and Ryan Dewey, Eric Duncan, Julian Madrid, Michael Tolzien and Christopher Wolff, 345th Air-lift Squadron.

Become a Keesler fan on Facebook
<http://www.facebook.com/keeslerafb>

Copyright laws apply to Keesler, too — is your software legal?

Raise your voice — honor your country.
If you're interested in singing the National Anthem
at base or community ceremonies, call 377-1179.

PERSONNEL NOTES

New PCS briefings, outprocessing

81st Force Support Squadron

Starting Tuesday, the military personnel section implements mass initial assignment and outprocessing briefings for members that receive permanent change of station assignments from Keesler.

Initial assignment briefings are conducted at 9:45 a.m. Tuesdays and Thursdays in Room 121D, Sablich Center. Airmen are required to bring their acknowledgement of assignment from the virtual military personnel flight and the email from an assignment counselor stating they've selected for reassignment. After the initial briefing, the appropriate counselor schedules the member's final outprocessing appointment based on the projected departure date on the assignment acknowledgement letter. Once the appointment is scheduled, members receive a calendar invitation reminder and a list of required documents to bring.

Outprocessing is conducted at 8:30 a.m. daily in Room 121D, Sablich Center. In order to out-process, Airmen must have completed all assignment requirements and provide verification to the assignment counselor; failure to do so may delay outprocessing and Airmen may be required to return the next day to outprocess.

The initial assignment and final outprocessing briefings are mandatory. A "no-show" letter is sent to commanders and first sergeants if an individual fails to meet an appointment.

For a career development assistance appointment, call 376-8739. For more information, call 376-8356.

Insurance open house, health fair

81st Force Support Squadron

The Federal Employees Health Benefits Program open season is Health Benefits open season is Nov. 14 to Dec. 12.

A health fair is 10 a.m. to 1 p.m. Wednesday in Room 108A, Sablich Center. Representatives from Blue Cross Blue Shield, Mail Handler Benefit Plan and Government Employees Hospital Association are available to answer questions and provide information and materials on the different plans. Dental and vision providers also participate.

During open season, federal employees can enroll or change plans in the Employee Benefits Information System at <https://www.afpc.randolph.af.mil> or by calling 1-800-525-0102.

For more information, visit Room 214, Sablich Center, or call 376-8326.

Selective re-enlistment bonus list

Air Force Personnel, Services and Manpower Public Affairs

RANDOLPH AIR FORCE BASE, Texas — Enlisted Airmen will now have 78 Air Force specialties from which they can receive a selective reenlistment bonus.

Fiscal 2012's program continues emphasis on retaining Airmen with 17 months to six years of service as well as those from six to 10 years of service, Air Force officials said. While adjustments to the 10-14 years of service zones were also made, there were no adjustments in the 18-20 years of service zone.

Three Air Force specialty codes were added to the list and 11 AFSCs increased in at least one zone. Ten AFSCs had a zone eliminated or decreased and two AFSCs were removed.

All increases and additions became effective Oct. 14, and all decreases and deletions go into effect Nov. 14. Any re-enlistments or extensions of any length that have been completed prior to the official message release remain valid. Airmen who are eligible for re-enlistment and are affected by decreases or removals should reenlist before Nov. 13 to receive the previously approved bonus.

Bonuses don't apply to Air Force Reserve or Air National Guard.

The complete SRB listing can be found at <http://www.af.mil/news/story.asp?id=123276669>

To determine eligibility for reenlistment with an SRB entitlement, call 376-8739.

Foreign travel requirements stress safety, security

81st Training Wing

You arrived in Cairo on vacation to visit the pyramids of Egypt and settle in for the night. You awake to find rioters, police and tanks filling the streets. Cell phones, the Internet and phone systems don't work. Would you know what to do? Who do you turn to for help? Where are they located and can you get there on your own?

Considering recent events, this scenario is more reality than fiction. Situations like this, as well as others, clearly indicate foreign travel requires more than a passport and ticket. It takes planning and preparation.

"It's too late to plan when the rioters and tanks are in the street and all communication with the outside world is lost," said Larry Tabor, Keesler's antiterrorism chief.

Mr. Tabor serves as Keesler's focal point for unofficial travel to any loca-

tion outside of the continental United States and works closely with other offices to facilitate such journeys.

Military members and civilian employees must abide by certain policies and regulations designed to ensure their safety and security.

"These policies ensure travelers enter and exit foreign destinations legally and avoid high-risk or off-limits areas," Mr. Tabor explained.

From a force protection standpoint, all vacation destinations have risks, whether it's a terrorist event, natural or manmade disaster, or civil unrest, Mr. Tabor emphasized.

"The key is to avoid or at least mitigate those risks through a well-designed and comprehensive emergency action plan shared with travel companions and a trusted friend at home."

To facilitate safe travel, Keesler's travel policy requires military personnel to

complete a travel checklist for any OCONUS location while on leave or on pass. This ensures proper preparation and clearances for travel.

Vacation travel often requires pre-departure training, briefings, and submission of documentation to the responsible combatant command responsible for geographic areas of the globe.

Combatant commands are responsible for Defense Department personnel assigned to their commands as well as those traveling to and within them. This is true even for military, dependent, and civilian employees on leave or pass. In many cases, the combatant command must approve travel, which can take more than 30 days. Travel to some locations even requires the approval of a colonel or higher rank.

"There is no singular off-limits list, but there's a comprehensive resource that per-

sonnel must use as a starting point called the Foreign Clearance Guide," Mr. Tabor said. "It applies to military, dependants and DOD employees for both official and unofficial travel."

While it states it's a guide, the FCG is actually regulatory and lists travel and entry requirements for each specific country. It also identifies if the country is off-limits or has off-limits areas within it.

The FCG is available online through any .mil domain system at <https://www.fcg.pentagon.mil/fcg.cfm>. It can be accessed from a public network by establishing an account.

"The requirements found here are typically set by the responsible combatant command," Mr. Tabor pointed out. "Often, the restrictions and requirements aren't as tasking for civilians and dependents as compared to our military personnel, but

those identified are still required.

"Additionally, other levels of command can establish off-limits areas, although these may or may not be listed in the FCG," he continued. "An example of this is Air Education and Training Command's designation of certain areas as off-limits. It's my job to keep up with these types of directives and restrictions."

The Keesler Antiterrorism Community of Practice on the Air Force Knowledge Now System is a repository for other travel requirements, including the current policy for the 81st Training Wing established by the installation commander. Mr. Tabor can provide access to interested personnel.

"Contact me well ahead of any OCONUS travel," Mr. Tabor stressed.

For more information or to begin the planning process for foreign travel, call 377-3062.

Base says thanks to retirees

Keesler Public Affairs

Keesler's Retiree Appreciation Day is 8:30 a.m. Friday at the Roberts Consolidated Aircraft Maintenance Facility on Hangar Road.

The annual event includes door prizes, more than 30 displays with information pertinent to retirees and a free lunch

at noon followed by a precision drill demonstration by the student team that wins the 81st Training Group's October drill down competition.

There'll be free coffee and donuts available at the event, but early birds can purchase breakfast on base at Gaudé Lanes, Bay Breeze Events Center, Bay

Breeze Golf Course or the food court at the main exchange.

Maps to the event will be available at all gates. There'll be ample parking, including handicapped spaces, in the area of the event.

For more information, call the retiree activities office, 376-7309.

Breast Cancer Awareness Month

81st MDG highlights risk factors

By Maj. Don Smith

81st Medical Group

Every three minutes a woman in the United States is diagnosed with breast cancer. One in eight women will be diagnosed with breast cancer during her lifetime.

Unfortunately, the exact causes of breast cancer are not known but research has shown that women with certain risk factors are more likely than others to develop the disease. A risk factor is something that increases the chance of developing a disease.

Risk factors for breast cancer include:

Age — The chance of developing breast cancer increases as a woman ages. Most cases of breast cancer occur in women over 60 — it's not common before menopause.

Family history — A woman's risk of breast cancer is higher if her mother, sister or daughter has had breast cancer, especially if that breast cancer occurred before age 40. Having other relatives with breast cancer, in her mother's or father's family, may also increase a woman's risk.

Reproductive and menstrual history — The older a woman is when she has her first child, the greater her chance of developing breast cancer. Also, women who had their first menstrual period before age 12 are at an increased risk of breast cancer as are women who went through menopause after age 55. Women who have never had children are also at an increased risk of breast cancer.

Hormone therapy — Women who take menopausal hormone therapy with estrogen plus progestin after menopause may have an increased risk of breast cancer.

Race — Breast cancer is diagnosed more often in Caucasian women than Latino, Asian, or African-American women.

Radiation therapy to the chest — Women who had radiation therapy to the chest before age 30 are at an increased risk of developing breast cancer. This includes women treated with radiation for Hodgkin's lymphoma. Studies show that the younger a woman was when she received radiation treatment, the higher her risk of breast cancer later in life.

Being overweight or obese after menopause — The chance of getting breast

cancer after menopause is higher in women who are overweight or obese.

Lack of physical activity — Women who are physically inactive throughout life may have an increased risk of breast cancer. Being active may help reduce risk by preventing weight gain and obesity.

Drinking alcohol — Studies suggest that the more alcohol a woman drinks, the greater her risk of breast cancer.

Keep in mind that most women who have known risk factors never develop breast cancer. Also, most women with breast cancer do not have a family history of the disease. In fact, except for growing older, most women with breast cancer have no obvious risk factors.

Mammography

One of the most frequently used methods to diagnose breast diseases is a mammogram. There are two types of mammograms: screening and diagnostic.

A **screening mammogram** is an x-ray of the breast used to detect breast changes in women who have no signs or symptoms of breast cancer. Mammograms make it possible to detect many abnormalities or tumors that are too small to be detected during a breast exam.

Women who have a questionable screening mammogram or if a lump or other sign or symptom of breast cancer has been found, the provider may request a **diagnostic mammogram**. A diagnostic mammogram also may be used to view breast tissue in special circumstances, such as the presence of breast implants. A diagnostic mammogram takes longer than a screening mammogram because it involves more X-rays to obtain views of the breast from several angles. The technician may magnify a suspicious area to produce a detailed picture that can help the provider make an accurate diagnosis.

The American Cancer Society recommends 40 as the age to begin mammograms, but if women (or men) think they may be at risk, they should discuss this concern with their provider.

The Keesler Hospital offers its beneficiaries screening mammograms making an appointment with their health care providers. To schedule a mammogram, call 376-5211 or 4732, 7:30 a.m. to 4:30 p.m. weekdays.

Chapel pairs students with families for Thanksgiving

By Chaplain (Capt.)
John Schuetz

81st Training Wing

Do you have anything to be thankful for this year? How about those who protect your freedom?

The Keesler Chapel is sponsoring the 15th annual "Home Away from Home" program that links nonprior service Airmen with local Air Force families to experience a memorable Thanksgiving dinner.

Active-duty, retiree or civil service families invite two or more Airmen into their homes to enjoy a home-cooked meal and a family experience for Thanksgiving. Host families can be anyone who has access to base services.

Last year, 246 students were placed with 74 host families.

Airmen reap the benefits of their host's genuine warmth and hospitality while hosts get the opportunity to get to know some of the Air Force's newest, brightest and best. It's a wonderful way to enjoy Thanksgiving Day as the extended Air Force family.

Nov. 21 is the deadline for host families to sign up at the Fishbowl Student Ministry

Center or the Triangle Chapel. Hosts may also register via the Keesler home page, www.keesler.af.mil; email the completed form to 81trw.hc@us.af.mil or call 377-2331.

Student sign-up forms are available at the Fishbowl.

This week's movies at Welch Theater

Friday — 6:30 p.m.,
Straw Dogs (R).

Saturday — 2 p.m., The
Debt (R); 6:30 p.m., Conta-
gion (PG-13).

Sunday — 1 p.m.,
I Don't Know How She
Does It (PG-13).

Women's group honors Wallace

YoLanda Wallace, community relations chief for the 81st Training Wing Public Affairs Office, is the Light-house Business and Professional Women's Club Woman of Achievement in the government/military category. Wallace has been a federal employee for 26 years, a Special Olympics volunteer for 10 years and presently serves as the Mississippi state president of the International Association of Ministers' Wives and Ministers' Widows Inc. Her husband is Gary Wallace Sr., 53rd Weather Reconnaissance Squadron.



Make safety a reality — don't be a fatality.

Worship schedule

Roman Catholic

Daily Mass, 11:15 a.m.,
Monday through Friday, Tri-
angle Chapel.

Sunday Mass, 9 a.m.,
Triangle Chapel.

Protestant

Traditional service,
8:30 a.m. Sunday, Larcher
Chapel.

Contemporary service,
10:30 a.m. Sunday, Trian-
gle Chapel.

Gospel service, noon
Sunday, Triangle Chapel.

Jewish

Regular services are 8
p.m. Fridays, Congregation
Beth Israel, 12277 Three
Rivers Road, Gulfport.

For more information, call
377-4050, 207-2196, 539-
1655 or 1-405-740-9077.

Greek Orthodox

Sunday Divine Liturgy,
10 a.m., Holy Trinity Greek
Orthodox Church, 255
Beauvoir Road, Biloxi. For
more information, call 388-
6138.

Islamic

Prayer is five times
daily; Salaat ul-Jummah
congregational prayer,
noon on Friday, Building
2003. For more informa-
tion, call 377-2520.

Latter-Day Saints

Student group service, 2
p.m. Sunday, Triangle
Chapel. For more infor-
mation, call 396-5274 or
1-616-881-1994.

Keesler team drawn to Academy blood drive

Keesler Blood Donor Center

A 10-person team from the Keesler Blood Donor Center recently participated in a five-day tri-service blood drive at the Air Force Academy in Colorado Springs that resulted in the collection of more than 1,100 units of blood.

The annual joint blood drive, conducted under the auspices of the Armed Services Blood Program, included both active-duty and civilian Air Force, Army and Navy laboratory technicians from seven military installations. Keesler provided the sole Air Force contingent among the 66 medical laboratory technicians involved.

Capt. Heidi McMinn, officer in charge from the Keesler center, said the “Dragon Medics” — half of the center’s assigned staff — attended pre-drive briefings where they received their assignments and logistical information about the drive’s set-up. The next day, the team completed training for their respective station assignments, including phlebotomy (the blood-drawing procedure), registering donors and blood processing.

“The first day of the actual drive, about 250 units were collected,” said Tech. Sgt. Debra Hafner, donor center NCO in charge. “We collected 300 units the next day and about 600 the third.”

While it’s difficult to say exactly how many cadets attempted to donate, McMinn estimates at least 2,000.

“Many may have been turned away for various reasons, such as foreign travel or medical history,” she said.

Hafner said most of the units collected will be used to meet overseas operational quota requirements.

“The blood will be used to treat both military members and civilians wounded in the wars in Iraq and Afghanistan, as well as conflicts in the Horn of Africa — basically any contingencies for which they’re needed. Any units not required overseas will be used in state-side military and Veterans Affairs hospitals.”



Photo by Lori Kuczanski

Kevin Nguyen from Keesler begins drawing blood from Air Force Academy Superintendent Lt. Gen. Michael Gould. Gould is a former commander of 2nd Air Force at Keesler.

McMinn said another tri-service drive is slated for January at the U.S. Military Academy, West Point, N.Y.

In addition to McMinn and Hafner, the Keesler team consisted of Master Sgt. Traci Devereaux, Staff Sgts. Zachary Derringer and Travis Gray, Senior Airman Thomas O’Neal, Airman 1st Class Michael Brown and civilians Larry Bank, Robert Moody, Kevin Nguyen and Stacey Baird.

In addition to Keesler, Fort Leonard Wood, Mo.; Fort Hood and Fort Bliss, Texas; Fort Gordon, Ga.; Fort Bragg, N.C.; and the Armed Services Whole Blood Processing Laboratory (Navy), McGuire AFB, N.J., provided personnel and logistical support.

Keesler Blood Donor Center one of three in Air Force

The Keesler Blood Donor Center is located in the 81st Medical Group’s Arnold Medical Annex opposite the Meadows Drive tennis courts. The centers collect donations both in the facility and on blood drives across base and throughout surrounding states.

The center is one of only three Air Force Blood Donor Centers. It’s part of the Armed Services Blood Program which shares the joint mission of collecting, processing and distributing thousands of blood products for military medical centers at home and in-theater overseas. These units play a key role in the direct medical care of wounded Airmen, Soldiers, Sailors and Marines involved in worldwide contingency operations.

Capt. Heidi McMinn, Keesler BDC officer in charge, explained the center’s person-

nel and their donors play a key role in ensuring the DOD ships more than 1,000 units of blood weekly to more than 50 U.S. military hospitals throughout Iraq, Afghanistan and the Middle East in direct support of Operations Enduring Freedom and New Dawn. Most of the blood shipped from Keesler reaches the theater less than a week after the day it’s collected.

She added, “The donor center always needs AB positive and negative and O negative donors. Products collected from these blood types are in high demand at home and overseas.”

Officials note that one pint of blood can save up to three lives.

Drop-in donors are welcome, stop by one of the mobile blood drives held on base or call 376-6100 to schedule an appointment.

Safety tips keep Halloween fun for children

It's the one night out of the year when the normally peaceful and tranquil Keesler community is taken over by miniature "ghosts" and "goblins."

Safety is the last thing on their minds, so it's up to parents to ensure this night of fun doesn't become a night of tragedy.

Here are some tips to make Halloween safe and enjoyable:

For children

- Use common sense.
- Carry a flashlight.
- Walk, don't run.
- Cross only at corners, not between parked cars.
- Stay on sidewalks; don't cut across yards or driveways.
- Walk facing oncoming traffic if there's no sidewalk.
- Be aware of cars turning into or backing out of driveways.
- Plan your entire route and make sure your family knows what it is.

- Stay in familiar neighborhoods.
- Visit only houses with lights on.
- Accept treats only in the doorway — don't enter a stranger's house.
- Wait until your parents check your treats before you eat them.

For parents

- Review safety tips with children.
- Make sure children are accompanied by an adult.
- Know the route your children are taking and make sure they know the homes or areas that are off-limits.
- Be aware of other activities a child may be attending, such as parties.
- Set time limits on when children should return home.
- Explain the difference between tricks and vandalism.
- Tell children not to eat treats until they return home and their treats have been

inspected. Look at wrappings carefully and toss out suspicious items.

- Teach children to stop, drop and roll if their costumes catch on fire.

For choosing costumes

- Costumes should be made of bright, flame-retardant materials with reflector strips.
- Children should carry flashlights or light sticks so they can be seen.
- Don't wear oversized, loose costumes or high-heeled shoes that can cause a child to trip.
- Bulky bags can also trip a child.
- Don't allow children to carry sharp or pointed toy weapons that can cause injuries.
- Masks can interfere with vision, so consider using makeup instead.
- Use props made of plastic that will bend in case of a fall.

- Attach names and addresses to costumes for easy identification.

For decorating

- Avoid decorating with candles and highly-flammable items such as crepe paper, hay, dried flowers and cornstalks.
- Use battery-powered light sources to illuminate jack-o-lanterns.
- Keep exits clear.
- Don't decorate doors at work. During a fire, escape routes could be obscured.

For residents

- Make sure your yard is clear of ladders, hoses, dog leashes and flower pots that can trip children.
- Have a well-lighted home, both inside and out, to hamper vandalism and prevent injuries.

For pets

- Keep chocolate and wrappers away from pets.
- Place pets in a room

with food and water to keep them from darting out through open doors and to protect them from exposure to lightened candles, loud noises and lots of people. Check on them periodically.

- Don't cause stress or discomfort for pets by dressing them in costumes unless they're very receptive to it.

For motorists

- Drive slowly and cautiously all evening. Excited youngsters may forget some of the safety rules and dart out in front of cars.
- Be aware that dusk, the time for trick-or-treating, is also the time of poorest visibility for drivers.
- Adults attending parties when alcohol is served should have a designated driver.

The 81st Security Forces Squadron, safety office and fire department contributed to this report.

Exceptions to Keesler's 25 mph speed limit: 15 mph in housing areas, flight line and unpaved surfaces; 10 mph in close proximity to marching formations and when waved through base gates; 5 mph in parking lots; and 35 mph in some sections of perimeter roads.

Government information systems are for official use only. Use constitutes consent to monitoring.



Photo by Kemberly Groue
Staff Sgt. Chris Freimann, 335th Training Squadron, wears a scary clown mask inside the haunted hangar Oct. 20.

Haunted hangar welcomes visitors through Monday

The vacant hangar across from Thomson Hall is the site for "The Forgotten," a Halloween haunted house sponsored by the 335th Training Squadron and the 81st Security Forces Squadron through Monday. Hours vary according to the day. Admission is \$10 for adults and \$5 for children, but the event isn't recommended for young children.

There's a \$2 discount per ticket admission with a bowling receipt from Gaudé Lanes through Monday.

Proceeds benefit the Combat Wounded Veterans of South Mississippi.

For more information, visit www.Facebook.com/KeeslerHH.

Halloween fun for all

Friday

- 9 a.m., free Halloween 5-kilometer fun run/walk, Blake Fitness Center. Register 8:30-9 a.m. Awards for participants with the most original costumes.

- 6 p.m., Ghouls in the Park, marina park. Free family-oriented event with costume contests, pumpkin painting, music, photo booth, games, hay rides, candy and other activities.

Saturday

- 6-10 p.m., Teen Boo Bash for high school students only, Bay Breeze Event Center function room. Music, dancing, refreshments, costume contest and prizes. Co-hosted by the community centers and youth center. \$5.

- 8 p.m. to 2 a.m., Terror Fest for nonprior service students, Vandenberg Community Center. Games, costume contest, prizes, food, music and more. \$3 cover charge.

Sunday

- 10:30 a.m. to 1 p.m., Halloween brunch, Bay Breeze Event Center ballroom. \$15.95 club members, \$19.95 non-members. Ages 4-10 eat half price, 3 and younger eat free. Costumes welcome.

Monday

- Forest City Military Communities Open House, 303 Patrick, Bay Ridge Housing Area. 8-10 a.m., muffins; 11 a.m. to 1 p.m., sub sandwiches; 3-6 p.m., family cookout with hot dogs, drinks, popcorn, jumper castle, face painting, balloons, giveaways; 5 p.m. registration for 5:30 p.m. pet costume contest with prize for best costume.

- 6-9 p.m., trick or treat in family housing with increased patrols by 81st Security Forces Squadron.

Training sessions for Keesler leaders debunks myths about sexual assault

By Airman 1st Class
Heather Heiney

Keesler Public Affairs

Rape is a word that can be filled with raw or complex emotions. It is a word that is often whispered or left unspoken. But in her effort to educate and debunk various myths, Anne Munch speaks the word plainly, like the fact it is.

Munch gave three presentations on sexual assault at the Keesler Bay Breeze Event Center, Oct. 20, targeting various key audiences to open the dialogue on the difficult topic. "Sexual Assault Dynamics: What Every Leader Should Know" was tailored for commanders and first sergeants. "Investigating and Prosecuting to meet Consent Defense" was intended for members of the judge advocate's office, Air Force Office of Special Investigations and security forces. "The Meaning of Consent" was for all first responders.

"I was raised by a person who exemplified leadership to his country and to his family," said Munch, whose father was head of the law department at the Air Force Academy. She went on to study psychology, sociology and law at the University of Denver. Now she's an attorney with more than 22 years of experience who specializes in prosecuting sexual assault.

"My mission is to work on that one corrosive thread that runs through your Air Force," Munch said.

In a 2010 Air Force survey of nearly 20,000 service members, it was discovered that 3.4 percent of women and .5 percent of men questioned had been assaulted within the past year. Eighty percent of the perpetrators of female victims were active-duty military.

The survey also showed that 29.7 percent of women and 4.3 percent of men questioned had been assaulted within their lifetime. Munch said civilian studies have shown even higher numbers.

Munch said most people who commit sexual assault once do it multiple times and see nothing wrong with what they did. She said they typically have an outside persona that is positively perceived, but their inside persona has determined that they will get sex even if the other person doesn't want it.

"It's the people that we know — it's not the stranger in the bushes," Munch said.

She also said that of those assaults in the survey, 83 percent of women and 94 percent of men didn't formally report the crime. Their reasons included that they didn't want their supervisor to know, they feared negative treatment, they didn't want any trouble, they didn't trust the process or they feared retaliation.

"It is stunning how significant the under-reporting of sexual assault is in the Air Force," said Lt. Col. Trevor Wall, 338th Training Squadron commander and audience member.

Munch said people raised in our culture are inundated with false beliefs and have a tendency to hold the victim responsible to an extent. She said women especially ask themselves what the victim did wrong to allow herself to be raped because then they can avoid that action and feel safer. The emphasis is on what the victim did or didn't do and not on the fact that the rapist committed a crime.

Another part of the presentation focused on the influence of alcohol and how that affects the perceptions of the victim, the perpetrator and those listening to both sides of the story. She explained that in a prosecution, the use of alcohol works against the victim and for the defendant, becoming another factor that adds to the stigma of blaming the victim for the crime.

However, Munch emphasized, "Vulnerability is meaningless unless there is someone who decides to take advantage of it."

She explained that consent is received through overt words or actions. Consent to one thing does not mean consent to everything—full consciousness is required. For example, just because a woman is kissing or dancing with a man doesn't mean that she has to have sex with him.

During an exercise, Munch asked the audience to turn to the person next to them and describe a recent consensual sexual experience. Most of the audience was befuddled and broke out laughing.

Then one at a time, she asked audience members to stand up and represent one person a victim has to tell when he or she decides to report that he or she had been raped. More than 20 people stood up, including Munch, who took on the role of the rapist. Finally, she asked the audience to think about how difficult it is to talk about consensual sex with someone you don't know and how much more difficult it would be to talk about a rape.

The exercise and presentation allowed audience members to see the issue of sexual assault in a new way.

Maj. Matthew Pignataro, 81st Security Forces Squadron commander, said he learned "the approach toward breaking down preconceived barriers we may not have known existed and focusing the investigation on the perpetrator instead of consciously or subconsciously blaming the victim."

Master Sgt. Ryan Bienvenu, 333rd TRS first sergeant said he learned "what consent is and what it is not. She gave clarification to eliminate those gray areas that confuse people."

Munch concluded her presentations, emphasizing her message for society to change its way of thinking and stop blaming victims in an effort to expose the problem of sexual assault, encourage more support for victims, and decrease the number of rapes and sexual assaults in the future.

Don't drink and drive.

Call Airmen Against Drunk Driving,
377-SAVE, for a safe ride home.

eight days a week

Airman and family readiness center

Editor's note: Registration is required. All briefings take place in Room 108, Sablich Center, unless otherwise noted.

Wednesday — 7-11:30 a.m., newcomers orientation. 9 a.m., mandatory briefing for all individuals deploying..

Arts and crafts center

Editor's note: Registration is required. For more information or to register, call 377-2821.

Friday — 12:30 p.m., framing class. Bring a piece of art or photograph no larger than 8x10 inches to frame. Class certifies you to use shop equipment in the future. \$30 includes materials.

Saturday — 6 p.m. ladies night. Games, snacks, nonalcoholic drinks, mini-massages and buy one get one half off ceramics special. \$5 admission.

Through Nov. 10 — vendor signups for the holiday craft bazaar. \$20 includes a table and two chairs. Event is Nov. 19 in the Bay Breeze Event Center ballroom.

Bay Breeze Collocated Club

Editor's note: For more information or reservations, call 377-2334. Federal endorsement of sponsors not intended.

Saturdays and Sundays — 11 a.m., lounge opens; noon, grill opens. ESPN College GamePlan Saturdays; NFL Sunday Ticket Sundays.

Sunday — 10:30 a.m. to 1 p.m., Halloween brunch in the ballroom. \$15.95 Air Force Club members, \$19.95 for nonmembers; ages 4-10 half-price, ages 3 and younger free. Costumes welcome.

Weekdays — food and drink specials in the collocated lounge. Taco Tuesdays, wings and things Wednesdays and ladies night Thursdays.

Bay Breeze Community Center

Editor's note: For more information or to register, call 377-2503 or 4116.

Saturday — 6-10 p.m., teen Boo Bash. Costume contest, games, food, prizes and more. High school students only. \$5 admission.

Bay Breeze Golf Course

Editor's note: For more information or to register, call 377-3832.

Saturday and Sunday — 8 a.m., Bay Breeze club championship tournament. Prices vary. Fee includes greens, cart, prizes, giveaways, food and beverages.

Wednesday — 4-5 p.m., free golf clinic for company grade officers. Space limited.

Daily — 6-11 a.m., breakfast platters less than \$4 at snack bar.

Fitness centers

Editor's note: For more information or to register, call 377-4385 or 3056.

Friday — 9 a.m., 5-kilometer Halloween costume fun run/walk, Blake Fitness Center. Awards presented for top three best costumes. Registration begins at 8:30 a.m. Safe Halloween costumes and running attire encouraged.

Saturday — 11 a.m., women's varsity basketball; 1 p.m., men's varsity basketball games,

Keesler Dragons versus Eglin Eagles at Blake Fitness Center.

Through Nov. 3 — intramural basketball registration. Contact squadron sports representative or call 377-2444.

Gaudé Lanes

Editor's note: For more information, call 377-2817.

Saturday — 1 p.m., base individual bowling championship finals. Top eight three-game finishers compete in a single elimination format.

Saturdays — 11 a.m. to 7 p.m., pizza and pins special. Two hours of bowling, shoes, large pizza and a pitcher of soda or tea, \$35.

Weekdays — 6:30-9 a.m., fast \$5 breakfast served at 11th Frame Café.

Inns of Keesler

Editor's note: For more information, call 374-0088.

Through Dec. 17 — accepting holiday reservations for Dec. 17-Jan. 3.

McBride Library

Editor's note: For more information, call 229-4180.

Through Friday — fall art contest. Submit original drawing or photograph for display. Judging held Saturday.

Outdoor recreation

Editor's note: For more information or to register, call 377-3160.

Friday — 6 p.m., ghouls in the park, marina park. Free family-oriented event; children and adult costume contests, pumpkin painting, music, photo booth, games, hay rides, caricaturist, candy and other activities.

Through Nov. 3 — sign up for camp in the park overnight on Nov. 5. Night fishing, movies and barbecue. Bring your own food; grill provided. Tents and sleeping bags available free on a first come, first served basis. Youth ages 17 and younger must be accompanied by an adult.

Vandenberg Community Center

Editor's note: Friday and Saturday night activities are part of the late night dances, \$3 admission; non-prior service students only. For more information, call 377-3308 or 5576.

Saturday — 8 p.m. to 2 a.m., terror fest. Games, costume contest, prizes, food, festive music and more.

Wednesday — 5 p.m., free movie night; popcorn provided.

Youth center

Editor's note: For more information or to register, call 377-4116. Drop-ins accepted on space-available basis.

Friday — 6:30-9:30 p.m., Friday night fun, ages 6-12. Games, skating, movies and more. \$10 for first child, \$5 each additional. Air Force Club members get 10 percent off first child's fee.

Dragon Wagon

Thursday-Sunday — all new route and schedule. Air Force Club members ride free; \$1 for non-members. For new route and schedule, visit <http://www.keesler81fss.us>.

Spouses club's fall auction benefits scholarships, charitable endeavors

By Susan Griggs

Keesler News editor

The Keesler Spouses Club's annual fall auction and gala offers an opportunity for some special bargains while supporting scholarships and charitable endeavors on base and in the surrounding community.

The event is 6 p.m. Nov. 10 at the Bay Breeze Event Center for anyone with access to the base. Tickets are \$13 in advance and \$18 at the door. Those who buy tickets in advance have a chance to win a \$50 door prize. Heavy hors d'oeuvres are served and there's a cash bar and a dessert auction.

"Next to our thrift shop, our auction is our biggest source of revenue to support our giving," said KSC president Mary Fitzgerald. Her husband is Col. Jay Fitzgerald, 2nd Air Force.

"This year we've already given away nearly \$20,000 for scholarships and programs for the base and the local community."

Live and silent auctions are planned with donations from area businesses and various groups at Keesler.

"We have luxury hotel stays throughout the Gulf Coast, rounds of golf, restaurant meals, art work, jewelry, family events, movies, tourist attraction admissions and sporting goods," Fitzgerald pointed out. "One of the donated items is a hand-painted bench by Vielsa Harding, whose husband, Col. Phil Harding from 2nd Air Force, is currently deployed."

There's also a raffle for a new canoe filled with snacks, beverages and oars.

To purchase tickets or for more information, email waysandmeans@keeslerspousesclub.com.

KEESLER NOTES

Star performers

The 81st Medical Group Top III recognized Airman 1st Class David Rossi and Staff Sgt. Cedrick Hutchins with quarterly Star Performer awards.

Rossi realigned services at the Triangle Mental Health Clinic and Hutchins was instrumental in setting up the 2011 Air Force Surgeons Symposium.

Marriage retreat

The chapel hosts a free "invisible marriage retreat," 8:30 a.m. to 3:30 p.m. Friday at the Bay Breeze Event Center.

The event includes a light breakfast and lunch.

For more information or to register, call 377-2331.

Voting assistance

In addition to unit voting assistance representatives, group representatives are also available to assist voters:

81st Training Wing Staff Agencies — 376-8129.

81st Medical Group — 228-365-4965.

81st Mission Support Group — 376-6370.

81st TRW and 81st Training Group — 377-3774.

Keesler's Got Talent

Auditions for "Keesler's Got Talent" are 6:30-8 p.m. Wednesday in the Bay Breeze Event

Center ballroom.

Anyone with a Department of Defense identification card is eligible to compete.

The show is 7 p.m. Nov. 5 in the same location.

Tickets are \$3 in advance from Airman's Council members or at the audition and \$5 at the door.

For more information, call 377-3495.

Street survival school

Nov. 4 is the deadline to register for Keesler Street Survival School, 7 a.m. to 4 p.m. Nov. 12-13.

The free school aims to reduce deadly car crashes involving teenagers and beginner drivers by providing a controlled setting where they can gain hands-on experience in car control in real-world situations.

The first 30 students ages 17-24 will be selected. Those with driver's permits are allowed based on space availability.

To sign up or for more information, call 376-4630, email keesleautox@gmail.com or visit www.streetsurvival.org.

Top III meeting

The Top III meets at 3:30 p.m. Nov. 9 at the Bay Breeze Event Center, third floor.

Senior noncommissioned officers from all services and those selected for promotion

to those ranks are invited.

BHS honors veterans

Biloxi High School holds a Veterans Day program, 1 p.m. Nov. 10 in the school's sports arena.

"We're trying to include more military personnel since they are the ones that we're honoring," said BHS spokesperson DeBorah Holliday.

Military guests are asked to be in place by 12:45 p.m.

Aggies alert

Former Texas A&M students and alumni at Keesler are trying to organize a club.

Twenty five interested alumni are required to formally charter an A&M club.

For more information, call or send a text to 979-571-0132.

Adoption options

A program with information for military families thinking about adopting a child or already in the adoption process is 5:30-8 p.m. Nov. 17 in Room 108A, Sablich Center.

Presenters include the base legal office, military personnel flight, Catholic Social and Community Services, Mississippi Division of Family and Children Services and private adoption services.

To register, call 376-8728.

SPORTS AND RECREATION

Fitness centers strive to improve quality of life

By Joel Van Nice

Keesler Public Affairs

The primary goal of Keesler's fitness services is to assist all customers in improving their overall fitness level and quality of life.

Each month, the base's fitness program accommodates from 23,000 to 27,000 customers, according to William Jinske, director of fitness services.

Keesler has three fitness centers — Blake, Dragon and Triangle. The centers were recently equipped with about \$175,000 worth of new cardio and strength equipment.

Active-duty and retired military members and their families, along with civil service employees and contractors, may use base fitness equipment and facilities as well as take advantage of free organized fitness programs, equipment orientations, fitness assessments and personal exercise plans.

Certified personal trainers are available at each fitness centers. Their free services include, but aren't limited to, nutritional information and advice, fitness assessment, personal training sessions and composition of personal exercise plans. A fitness assessment includes a health history profile, body fat percent test, cardiovascular step test, push-up and sit-up test and a sit and reach test for flexibility.



Photos by Kemberly Groue
Airman 1st Class Jacob Burns, 335th Training Squadron, runs on a treadmill at the Dragon Fitness Center.



Donna Flynn, left, fitness center at Dragon Fitness Center, assists Tech Sgt. Tomeika Washington, 81st Force Support Squadron, with the seated leg press strengthening equipment.

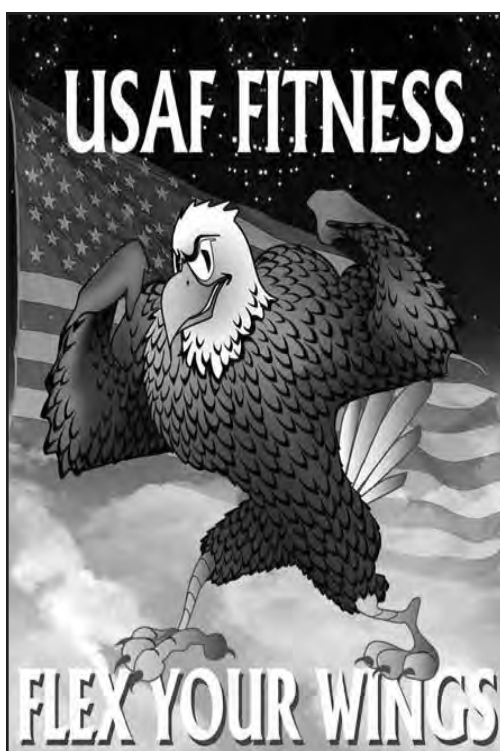
Get physical!

Blake Fitness Center Open 4:30 a.m. to 10:30 p.m. weekdays and 8 a.m. to 7 p.m. weekends and holidays; 377-4385.

Dragon Fitness Center — 377-4409; open 6 a.m. to 8 p.m. Monday-Thursday, 6 a.m. to 8 p.m. training Fridays; closed non-training Fridays, weekends and holidays.

Triangle Fitness Center — 377-3056; open 10 a.m. to 9 p.m. Monday-Thursday and training Fridays, noon to 6 p.m. non-training Fridays and weekends; closed holidays.





Intramural football

Medics maintain unblemished record

By Susan Griggs

Keesler News editor

The mighty medics are the only undefeated team left in the base's intramural football league.

The 81st Medical Group, 8-0, sits alone atop the American Conference. The medics defeated the 334th Training Squadron, 25-6, Oct. 19 to maintain an unblemished record. Their closest rivals are another medical team, the 81st Medical Support Squadron's A-team, whose record dropped to 4-3 after a 18-14 loss Oct. 17 to the 81st Security Forces Squadron, whose standing rose to 4-3 with the win.

The 336th TRS, 7-1, is hanging on to a half-game lead over the 81st Diagnostics and Therapeutics Squadron and 335th TRS teams, both 7-2, with the 338th TRS B-team still in the hunt at 5-1.

The 336th TRS beat the 81st MDTs, 12-6, and the 335th TRS shut out the Marine Corps Detachment, 24-0, Oct. 18. The 336th TRS handed MARDET another defeat, 20-7, Oct. 20. The 338th TRS-B was idle last week.

The American League plays Tuesdays and Thursdays and the National League takes the field Mondays and Wednesdays. Games are at 6, 7 and 8 p.m. on the multipurpose field.

For more information, call 377-2444.

Smokeout 5-K run is Nov. 17

The Great American Smokeout "Run Your Butts Off" 5-kilometer run is Nov. 17 at the health and wellness center.

Registration starts and 6:30 a.m. and the race starts at 7:15 a.m.

Trophies are presented to the top three male and female finishers in age groups under 30, 30-39, 40-49 and 50+.

For more information on the run and smoking cessation resources, call 376-3170.

Thursday intramural bowling

Week 7 of 34

| Team | Won | Lost |
|----------------|------|------|
| 335th TRS-A | 40.0 | 16.0 |
| 81st FSS | 38.0 | 18.0 |
| 403rd AMXS | 36.0 | 20.0 |
| 336th TRS | 34.0 | 22.0 |
| 81st CS | 32.0 | 24.0 |
| 81st TRSS-PMEL | 32.0 | 24.0 |
| 334th TRS | 32.0 | 24.0 |
| 81st LRS-B | 30.0 | 26.0 |
| ECS Strikers | 26.0 | 30.0 |
| 338th TRS | 24.0 | 32.0 |
| 335th TRS-B | 24.0 | 32.0 |
| 2nd Air Force | 24.0 | 32.0 |
| 81st LRS-A | 22.0 | 34.0 |
| Seabees | 20.0 | 36.0 |
| 81st TRSS-A | 18.0 | 38.0 |
| 81st WSA | 16.0 | 40.0 |

Season high scores

Team game — 338th TRS, 953.

Team series — 81st FSS, 2,733.

Game/men — Garo Watson, 267.

Series/men — Jeff Miracle, 734.

Game/women — Lynetta Jackson, 191.

Series/women — Sabra Miracle, 529.

Average/men — Garo Watson, 210.33.

Average/women — Micki Vandermeer, 156.58.

Most improved — Jeff Miracle, 0.86; Debi Holloway, 0.67.