



KEESLER NEWS

KEESLER AIR FORCE BASE, BILOXI, MISSISSIPPI

Train to Fight. Train to Win.

SEPT. 29, 2011 VOL. 72 NO. 37

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www.keesler.af.mil

Tips to become a more effective professional

By Col. Dave Funk

Air Force Center for Engineering and the Environment

LACKLAND AIR FORCE BASE, Texas — As a relatively new member of the Air Force Center for Engineering and the Environment team, I recently had the opportunity to share with a group of our branch leaders the philosophy I follow as a professional Airman.

Here are the tips I shared with them to help in their journey to becoming more effective professionals:

Priorities

In any endeavor, we all must pull in the same direction to move our organization forward in exceeding the expectations of our customers. That means, first and foremost, the priorities of our leaders must be our priorities as well. At the same time, we should strive to become the

best professionals we can be in accomplishing the critical missions in our charge.

Leadership

We must always step up to take charge when needed and to share the “leadership load.” That means we need to focus on the mission, but don’t try to do it all by ourselves. We have a highly educated and trained group of professionals, so I encourage you to delegate and to ask for help before you get “behind the power curve.”

A good leader is also proactive in rewarding and taking care of people. Be enthusiastic about helping those who exceed standards to succeed. Nominate your top performers for quarterly and annual awards recognition. At the same time, ensure marginal performances are identified and given the proper attention. Identify people in your charge

who don’t meet standards, and develop a plan to give them improvement opportunities to be effective at accomplishing the mission.

All of us make mistakes and a good leader helps people learn from them so they can move on as more competent professionals.

Management

Strive for excellence! Our mission is critical and impacts the entire Air Force. We can achieve success by effectively managing our time and workflow processes so that we stay ahead of the issues — being in a proactive rather than reactive mindset. Track suspenses closely, especially awards, decorations and performance reports. Follow up on communications in a timely manner, using interim replies rather than being late. The workflow and administrative teams are not responsible for meeting suspenses. We are

all responsible for tracking and following up on them until completion.

Ensure communication up and down the chain of command is of great quality, not necessarily of great quantity.

Improvement

Continuously look for opportunities to make things better and don’t accept the premise we are too busy to make improvements. We are executing our missions at a high operations tempos, but we are never too busy to seek positive change. Look for new ways to leverage resources to better accomplish our work and take care of our people.

Thinking outside the box is good! If you need help, discuss it with your leaders, but do your homework and use empirical data to make decisions and give fact-based options.

Teamwork

We are all in this together. Be loyal and supportive of each other. We aren’t competing with one another or trying to get a leg up on others in our organizations. Think about the big picture, not just what is best for you and yours today. Our organizations and the Air Force need our teamwork and enthusiastic support.

Balance

Our personal lives and duty must be in harmony. Remember your family, friends and your health and happiness as you accomplish the mission. Pursue self-improvement and don’t let the workload be an excuse. Take care of yourself and let your leaders know if you need help. See someone before your physical, mental, or spiritual health, or your family or your happiness is adversely impacted.

Enjoy life and your duty, but don’t let them be one and the same.

Exceptions to
Keesler's
25 mph
speed limit:
15 mph
in housing areas,
flight line and
unpaved surfaces;
10 mph
in close proximity to
marching formations
and when waved
through
base gates;
5 mph
in parking lots;
and 35 mph
in some sections of
perimeter roads.

ON THE COVER

Master Gunnery Sgt. Kevin Wood lines up on the tarmac with other members of Keesler's Marine Corps Detachment to greet returning members of the Mississippi Gulf Coast's second Honor Flight Sept. 21 at the Gulfport-Biloxi International Airport. The 86 World War II veterans visited the World War II Memorial and other Washington, D.C. landmarks and met with Mississippi Sen. Roger Wicker and Rep. Steven Palazzo. Keesler's 50-flag team, drum and bugle corps, honor guard and others welcomed the returning veterans. More photos, Page 10.

Photo by Kemberly Groue



KEESLER NEWS

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DRAGONS ON THE STREET

By Kemberly Groue

Keesler News photojournalist

Who is your favorite female vocalist?



"Celine Dion."

Roseanne Peterson, CSC

emergency management



"Jennifer Nettles from Sugarland."

Vicky Kiser, 81st Comp-

troller Squadron



"Mariah Carey."

Master Sgt. Roberto

Zayas, 81st Training Group

TRAINING AND EDUCATION



Photo by Capt. Gregory Haney

Wall, left, answers questions from the Iraqi delegation during the airfield systems training portion of the tour in Jones Hall while Staff Sgt. Shawn Johnson and his students observe.

Iraqi delegation visits Keesler

By Capt. Gregory Haney

338th Training Squadron

Last week, Keesler hosted an Iraqi Ministry of Defense communications delegation. The visitors included six senior Iraqi military and civilian leaders, along with two U.S. Army advisers and a Department of the Air Force representative.

The delegation was interested in Keesler's cyberspace training. They looked at several aspects of how the 81st Training Group builds training, qualifies instructors and produces Airmen. During the two-day visit, the delegates met with Brig. Gen. Andrew Mueller, 81st Training Wing commander, and toured squadrons in the 81st Training Group.

The Iraqi delegation was interested in how the U.S. military trains, so as the premier cyberspace training group in the Department of Defense, Keesler was chosen to showcase training in avionics, radio frequency transmission, ground radar, airfield systems, cyber transport, and soldering; use of circuit simulators; undergraduate cyber training; and commercial network certification.

Additionally, the instructional systems development process was explained to show how classroom material is created and tested. The visitors learned how instructors are trained beginning with the basic instructor course with follow-on faculty development courses, and how the checks and balances for quality instruction are implemented through instructor evaluations and subject matter testing.

One highlight of the tour was a visit to the 338th Training Squadron's air expeditionary force training area.

To the passerby, this area may simply look like tents set up adjacent to the Triangle running track, but this is where the final block of instruction for the RF transmissions course is taught. This capstone event allows the students to put together all the blocks they have learned over a seven-month course and stand up initial communications just as they would be expected to do during a deployment.

"Successfully completing this block is a huge confidence builder to our Airmen," said Master Sgt. Albrecco Jackson, RF transmission systems flight chief.

The 81st Training Support Squadron's trainer development team demonstrated how models and simulators are built to support the instructors and schoolhouses with classroom and lab instruction.

The delegates were also interested in how the U.S. Air Force takes individuals and develops them into Airmen, so a two-prong approach was explained by Lt. Col. Trevor Wall, 338th TRS commander.

"Both military training and technical training are used to produce Airmen that are ready to hit the ground running once they leave Keesler," Wall pointed out. "Military training includes basic military training and the continued training they receive here from our military training leaders. The second half of training is technical and is provided by our classroom instructors. The synergy of both military and technical training — the collaboration between our instructors and MTLs — allows us to produce high-quality Airmen that I'm proud to send out the door to squadrons around the world."

6 graduates attain perfect scores in technical training



Lee



Morris



Castro



Briggs



Foxx



Miller

Six recent graduates of the electronic principles course in the 335th Training Squadron achieved perfect scores. All six are headed to Sheppard Air Force Base, Texas, for further training. Airmen Basic Isaac Lee and Thomas Morris and Airman 1st Class Diego Castro graduated Sept. 21, and Airmen Basic Nathan Briggs and Timothy Foxx and Airman Christian Miller graduated Sept. 27. Lee, from Wilmington, Del., continues training in the

instrument flight control systems course. Morris, from Lake Fenton, Mich., is headed to the integrated avionics systems course. Castro, from Cary, N.C., continues training in the airborne surveillance radar systems course. Briggs, from San Diego; Foxx, from Asheville, N.C., and Miller, from Schaumburg, Ill., will be students in the communication, navigation and mission systems apprentice course.

NO DU!S NO EXCUSES

DRINK RESPONSIBLY

TRAINING, EDUCATION NOTES

Student parade

A student parade is 6 p.m. today on the parade field.

CCAF graduation

The Community College of the Air Force fall commencement ceremony is 3:30 p.m. Oct. 18 at the Bay Breeze Event Center.

A reception follows the ceremony.

For more information, call 376-8708 or 8710.

OTS recruiting boards

Officer Training School recruiting service board dates:

Rated — Dec. 1 application cutoff for Jan. 23; June 21, 2012, cutoff for Aug. 13, 2012.

Non-rated — March 1 cutoff for April 16.

Manager certification

The Community College of the Air Force awards professional manager certification that recognizes an individual's advanced level of education and experience in leadership and management, as well as professional accomplishments.

For more information, log on to <http://www.au.af.mil/au/ccaf/certifications.asp> or call 376-8708 or 8710.

CALT program

The Civilian Acculturation and Leadership Program is a two-week in-residence course patterned after the Officer Training School curriculum.

CALT is open to Air Force civilians in permanent General Service 7-13 with a bachelor's degree and two to five years experience.

Applications are open on a continuing basis.

Nominees can apply by completing the Air Force Civilian Competitive Development Nomination Form.

Seven classes are offered between October and September 2012. Classes are open until all seats are filled.

For more information, call 376-8161 or log on to Air Force Personnel Services.

Commander makes 'Commitment to Caring'



Photo by Kemberly Groue

Second Lt. Semira Moore, Combined Federal Campaign project officer from the 81st Comptroller Squadron, looks on as Brig. Gen. Andrew Mueller, 81st Training Wing commander, signs his CFC pledge Monday. So far, Keesler has pledged \$89,728, 65.54 percent of this year's goal of \$136,897. The drive runs through Oct. 14. Pledges may be made through your unit representative or online at www.southernmscfc.org.

'Feds Feed Families' sets record

American Forces Press Service and Keesler News staff

WASHINGTON —The Defense Department led all federal agencies in exceeding the philanthropic goals of this year's "Feds Feed Families" food drive campaign, which ran June 1 to Aug. 31.

The U.S. Office of Personnel Management and the Chief Human Capital Officers Council announced in a press release that DOD led 40 government agencies, donating 2,004,613 pounds of a total 5,793,446 pounds of nonperishable food items to feed children, senior citizens and families.

Tech. Sgt. Amanda Fisk, 81st Inpatient Operations Squadron, chaired Keesler's drive. She said Keesler collected 3,780 pounds of food which was donated to Loaves and Fishes soup kitchen in Biloxi, Fisher House, and the Gulf Coast Women's Center for Nonviolence.

"Feds Feed Families was a resounding success," said John Berry, OPM director. "This year's goal was 2 million pounds and federal employees opened up their hearts to deliver an astounding record total of food items and other essentials."

The Agriculture Department followed DOD with 1,791,393 pounds of food. Other federal agencies combined to donate 1,997,440 pounds of food.

The annual federal food campaign is a direct response to the United We Serve Act that President Barack Obama signed in April 2009, according to a press release from the Office of the Deputy Secretary of Defense.

During the past three years, OPM officials said the food drive's results have increased exponentially. In its first year, federal employees donated 1 million pounds of nonperishable food items, and in 2010, federal employees donated 1.7 million pounds.

Army Sgt. 1st Class Tyrone Marshall Jr., American Forces Press Service, and Susan Griggs, Keesler News editor, contributed to this report.



Photo by Kemberly Groue

Airman 1st Class Michael Phipps, left, 81st Dental Squadron, and Sergeant Fish collect food for the Feds Feed Families drive at the commissary Aug. 15.

IN THE NEWS

Permanent party dorm meetings

Permanent party dormitory residents meet with Brig. Gen. Andrew Mueller, 81st Training Wing commander, and Chief Master Sgt. Angie Johnson, command chief, 10:30 a.m. today in Keesler Hospital's Don Wylie Auditorium.

Early Keesler News deadline

The deadline for the Oct. 13 issue of the Keesler News is noon Oct. 6 because of the Columbus Day federal holiday, Oct. 10.

Clinics close for warrior training

81st Medical Group Public Affairs

The 81st Medical Group conducts warrior training, 1-5 p.m. Oct. 6.

Staffing is reduced in family practice, internal medicine, pediatrics general surgery, pharmacy, radiology and laboratory services. For urgent situations, call central appointments at 1-800-700-8603 or report to the emergency room.

For emergency situations such as shortness of breath, chest or abdominal pain or bleeding with pregnancy, go to the nearest emergency room. If it's an emergency, contact 911 for an ambulance.

Wing calendar event planning

The 81st Training Wing events calendar at <http://www.keesler.af.mil/events/index.asp> is designed to help organizers avoid conflicts with other events.

Once an official date is set, event planners should send details to the public affairs organizational box, 81trw.pa@us.af.mil. Most items are posted within one business day.

Items that must be included are the name of event, date, time, location and a point of contact.

Events should be coordinated and approved through respective chains of command and be mission-relevant to a wide audience. All inputs are subject to review and editing by the 81st Training Wing Public Affairs office.

Off-limits list

These establishments have been declared "off-limits" to all armed forces personnel by the Armed Forces Disciplinary Control Board:

Biloxi — Ya-ya's, 2623 Pass Road.

Ocean Springs — Pugs, 6213 Washington Avenue.

Gulfport — Herbal Alternatives, 1909 East Pass Road and 11530 U.S. Highway 49.

Service members are ordered not to enter or patronize these off-limits establishments or their locations. This restriction doesn't apply to armed forces police on duty or others on official business. Violations of this order are punishable under Article 92, Uniform Code of Military Justice.

Keesler gets sneak peek of coast 'Cruisers'

Barbara and Richard Bitler of D'Iberville take a stroll down memory lane together as they peruse a variety of antique cars at Cruisin' Keesler at marina park. Bitler is an Air Force retiree. Saturday's event was a prelude to the 15th annual Cruisin' the Coast, Sunday through Oct. 9.



Along with their shiny exteriors, these vintage cars pop their hoods to show off the well-oiled machinery underneath.



Photos by Kemberly Groue

From left, Airman 1st Class Philip Gentile, 338th Training Squadron, and Airman Basic Nathan Little, 335th TRS, anxiously await their turn behind the wheel as Travis McClain shows Airman Basic Jonathan Hecky, 338th TRS, the ins and outs of his 1950 Ford Business Coupe.

World War II Honor Flight comes home



Photos by Kemberly Groue

From left, Col. Glen Downing, 81st Training Wing vice commander, and Chief Master Sgt. Curtis Jennings, 81st Mission Support Group superintendent, greet Darwin Maples, World War II veteran from Lucedale, Miss., as he returns from Washington, D.C., aboard the second Mississippi Gulf Coast Honor Flight, Sept. 21. Maples was one of 86 World War II veterans and about 45 guardians who visited the World War II Memorial that was created to honor the service members who fought and the field of stars that remembers those who died. The day-long tour also took the veterans to the Vietnam Veterans Memorial, Korean War Memorial, Lincoln Memorial, Arlington National Cemetery and other sites.



The Keesler Drum and Bugle Corps performs at Gulfport-Biloxi International Airport to laud the return of the Honor Flight from Washington, D.C.



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keeslerafb](http://www.facebook.com/keeslerafb)

PERSONNEL NOTES

Transition assistance classes

81st Force Support Squadron

The airman and family readiness center plans the following classes for 2011 at the Sablich Center.

For more information or to preregister, call 376-8728.

Mandatory pre-separation briefings — 1 p.m. Tuesdays for those separating with honorable discharges and 2:30 for retirees, Room 110. Starting Oct. 1, briefings are 9 a.m. Tuesdays for those separating with honorable discharges and 1 p.m. for retirees. Bring one copy of separation or retirement orders. This appointment is required by law, and must be accomplished 90 calendar days before the separation or retirement date. For short-notice separations or retirements, the briefing should be done as soon as possible. Medical separation must receive a one-on-one briefing.

Transition assistance program workshops — 8 a.m. to 4:30 p.m. Oct. 17-19, Nov. 14-16 and Dec. 12-14, Room 108A. Dress is business casual; no jeans, T-shirts or uniforms.

Veterans benefits briefing — 8-11 a.m. Oct. 20, Nov. 17 and Dec. 15, Room 108A.

Retirement briefings — 1-3:30 p.m. Oct. 20, Nov. 17 and Dec. 15, Room 108A; for members with less than a year until retirement.

Executive transition assistance workshop — Dec. 6-9 for colonels and chief master sergeants with the necessary knowledge and skills to organize their search for a second career in the private, nonprofit and government sector. Air Education and Training Command headquarters facilitates this workshop. For more information, call Robert Bertels, DSN 487-2669.

Preparing for second career

“Marketing Yourself for a Second Career,” a free professional lecture for officers and senior enlisted who plan to leave the service in the next one to five years, is 8:30-11 a.m. Tuesday in the Sablich Center auditorium, Room 222. Spouses are invited.

Competition for jobs, employer perceptions about military personnel, job search plans, resumes, cover letters, broadcast letters, networking and penetrating the hidden job market, interview skills, salary negotiations and benefit packages are covered.

For more information, call 376-8506.

CSA not for personal use

81st Comptroller Squadron

Effective immediately the Controlled Spend Account is no longer for personal use.

Based on feedback from Air Force leadership, general counsel, Defense Travel Management Office and the General Services Administration, the CSA can be used for official government travel only.

In addition, the CSA program in its original implementation had no requirement for delinquency management and therefore no real per-

formance indicators. Soon, area program coordinators will be expected to monitor account listings for suspended and past due accounts.

For more information, call 376-8189.

Military personnel contacts

Military personnel section phone numbers:

Customer support — 376-8738.

Career development — 376-8739.

Force management — 376-8740.

Student personnel center — 377-4111.

Testing — 376-4111.

Online job fairs

Airman and family readiness center

Veterans and military spouses looking for work can participate in online job fairs if they have an Internet connection.

The free service has more than 15,000 jobs available from more than 80 industry leading employers. Quarterly large events and regional fairs. Veterans can register and visit the environment at any time day or night, regardless of location.

For more information, log on to www.veteranscareerfair.com or call 202-558-2899, extension 101.

Use-or-lose leave guidance

For guidance on special leave accrual for members in use-or-lose leave status, call the military personnel section's customer service element, 376-8347 or 8348.

Training for new supervisors

Three mandatory supervisory training courses for newly-selected supervisors must be completed within six months of assuming a supervisory role.

The Air Force Supervisor's Course provides civilian supervisors with leadership and management skills required in supervisory positions.

The Civilian Personnel Management Course must be taken by all civilian and military supervisors who manage civilians. This course provides background information and an understanding of applicable civilian personnel laws and regulations needed to carry out civilian personnel management responsibilities.

The Military Personnel Management Course provides civilian supervisors of military members the basic skills, knowledge and abilities required to supervise enlisted and officer personnel.

Personnel requiring these courses can register online through the Air Force Human Resource Management School's virtual campus at <https://www.my.af.mil/afknprod/community/views/home.aspx?Filter=AF-ED-00-38>. Periodic reports will be provided by Air Staff and major commands identifying supervisory completion, so supervisors should complete the required courses in a timely manner.

For more information, call 376-8161 or 8154.

Medical group quarterly award winners named

By Steve Pivnick

81st Medical Group Public Affairs

Sept. 21, the 81st Medical Group announced its quarterly award winners for the July-September period:

Airman — Senior Airman Kayla Spiel, 81st Medical Operations Squadron.

Noncommissioned officer — Staff Sgt. Christina Gagnon, 81st MDG.

Senior NCO — Master Sgt. Tasha Thomas, 81st Diagnostics and Therapeutics Squadron.

Company grade officer — 2nd Lt. Adam Brown, 81st Medical Support Squadron.

Field grade officer — Maj. (Dr.) Wendi Wohltmann, 81st MDOS.

Civilian Category 1 — Michael Laws, 81st MDOS.

Civilian Category 2 — Katie Wilson, 81st MDTs.

The winners now compete for 81st Training Wing honors.

More news, videos, information and photos
on the Web at <http://www.keesler.af.mil>

This week's movies at Welch Theater

Friday — 6:30 p.m., 30 Minutes or Less (R).

Saturday — 2 p.m., The Rise of the Planet of the Apes (PG-13); 6:30 p.m., Final Destination 5 (R).

Sunday — 1 p.m., Spy Kids: All the Time in the World (PG).





Photo by Steve Pivnick

Lafont fabricates an implant crown in the 81st Dental Squadron dental lab as Henriques watches.

Keesler's implant dentistry clinic first advanced program in Air Force

By Steve Pivnick

81st Medical Group Public Affairs

The 81st Medical Group can claim another first: the Air Force's only advanced clinical program in implant dentistry.

Maj. (Dr.) Scott Lafont has the distinction of being the first dentist to participate in the one-year program. Arriving at Keesler from Randolph Air Force Base, Texas, in July, he is currently treating 30 patients in the 81st Dental Squadron clinic.

Lt. Col. (Dr.) Andre Henriques, dental laboratory flight commander and a prosthodontist, oversees the implant program as restorative mentor.

Lafont is a general dentist. The program is intended to train him and future candidates to serve as staff general dentists

who can independently treat patients with uncomplicated dental implant needs.

He explained, "There are a limited number of Air Force dentists credentialed to restore implants. This program hopes to supplement them."

He said that dental implant treatment can take six months to a year to complete, from initial planning to final restoration.

"If implant treatment is viable, the restorative dentist refers the patient to an oral surgeon or periodontist for surgical evaluation to determine if bone grafting or other procedures are required prior to, or in conjunction with, implant placement," Lafont explained. "After surgical consultation, the restorative doctor makes a specialized surgical guide which shows

the surgeon exactly where to place the implant."

The restorative procedure involves making a final impression (mold), which is used to create a specialized dental stone replica of the patient's teeth and the implant, upon which a fixed dental prosthesis or crown is made. Crowns are made of either gold or porcelain.

Lafont's patients currently include active-duty military members who derive great benefit from this treatment. He and Henriques said the procedure could cost up to \$4,500 in the civilian community.

While he is the first participant in the Keesler program, Lafont definitely isn't the last as candidates are being solicited to fill 2012 and 2013 openings.

An exceptionally fun time



Photos by Kemberly Groue
Aspen Middleton, 6, left, plays with a wooden toy train set as her parents, Tech. Sgt. Scott and Beth Middleton, 334th Training Squadron, look on. Saturday's outreach program at Lynn Meadows Discovery Center was sponsored by the airman and family readiness center's exceptional family member program and Child Find to help families connect with available community and base resources.



Capt. Dean Doré, 81st Inpatient Operations Squadron, helps his son Alexander, 3, glue feathers onto a crown he's making for dad. Alexander's mom is Tara Doré.



From left, Gabriel Van Dusen, 2, and his brother Johnathan, 6, scale the heights of a central maze with the help of their father, Airman 1st Class Shane Van Dusen, 345th Airlift Squadron. The boys' mother is Carrie Van Dusen.

Worship schedule

Roman Catholic

Daily Mass, 11:15 a.m., Monday through Friday, Triangle Chapel.

Sunday Mass, 9 a.m., Triangle Chapel.

Protestant

Traditional service, 8:30 a.m. Sunday, Larcher Chapel.

Contemporary service, 10:30 a.m. Sunday, Triangle Chapel.

Gospel service, noon Sunday, Triangle Chapel.

Jewish

Regular services are 8 p.m. Fridays, Congregation Beth Israel, 12277 Three Rivers Road, Gulfport.

High holidays:

Today — 9:30 a.m., first day Rosh Hashanah/Shacharit; 6:30 p.m., Minchah/Ma-ariv.

Friday — 9:30 a.m., second day Rosh Hashanah; 8 p.m., Shabbat Shuvah/Ma-ariv.

Saturday — 10 a.m., Shabbat Shuvah/Torah study.

Oct. 7 — 6 p.m., Erev Yom Kippur/Kol Nidre.

Oct. 8 — 9:30 a.m., Yom Kippur/Shacharit; 5 p.m., Yom Kippur/Minchah/Ne-ilah.

For more information, call 377-4050, 207-2196, 539-1655 or 1-405-740-9077.

Greek Orthodox

Sunday Divine Liturgy, 10 a.m., Holy Trinity Greek Orthodox Church, 255 Beauvoir Road, Biloxi. For more information, call 388-6138.

Islamic

Prayer is five times daily; Salaat ul-Jummah congregational prayer, noon on Friday, Building 2003. For more information, call 377-2520.

Latter-Day Saints

Student group service, 2 p.m. Sunday, Triangle Chapel. For more information, call 396-5274 or 1-616-881-1994.



For lost and found items,
call the 81st Security Forces Squadron
investigations office, 377-4500,
7 a.m. to 5 p.m. weekdays.

Drunk driving simulation held as Keesler observes 'Recovery Month'

By Steve Pivnick

81st Medical Group Public Affairs

Members of Keesler's alcohol and drug abuse prevention and treatment program conducted a driving-under-the-influence demonstration Sept.

15 as part of Recovery Month, observed during September.

Staff Sgt. Cecilia Cardenas, ADAPT noncommissioned officer-in-charge, explained, "Recovery Month promotes the societal benefits of treatment for substance use and

mental disorders, celebrates people in recovery, lauds the contributions of treatment providers and promotes the message that recovery in all its forms is possible. The observance spreads the positive message that behavioral health is essential to overall health, that prevention works, that treatment is effective and people can and do recover."

As part of the observance, Cardenas and Senior Airman Dudley Callahan set up ADAPT's "drunk goggles" demonstration in the pedestrian crosswalk in front of the Keesler base exchange.

They were joined by Bill McCoy, Keesler's Army and Air Force Exchange Service loss prevention manager, who coordinated the event with the exchange.

Cardenas said the goggles replicate a blood alcohol content of .08 or higher, which is legally drunk in most states.

"It simulates a decrease in reaction time, coordination, vision and alertness," she said. "As a result, participants are able to understand the dangers of getting behind the wheel after consuming alcohol."

ADAPT plans to conduct the event annually during the September observance.

For more information about Recovery Month, visit <http://www.recoverymonth.gov>.



Photo by Steve Pivnick

Callahan helps Staff Sgt. Adrienne Russell-George, 81st Force Support Squadron, maneuver through the traffic cones set up to simulate obstacles on the "drunk goggles" course.

Road rage sets a deadly stage.

CLARIFICATION

The base weather office issues tornado warnings for waterspouts located within 5 nautical miles of Keesler.

A story in the Sept. 22 Keesler News didn't mention these warnings.

Cyberspace
isn't a secure
environment.

eight days a week

Airman and family readiness center

Editor's note: Registration is required. All briefings take place in Room 108, Sablich Center, unless otherwise noted.

Monday — 5:15-7:45 p.m., career skills and work personality assessment.

Wednesday — 7-11:30 a.m., newcomers orientation. 9 a.m., deployment briefing. All members deploying must attend prior to departure.

Monday-Oct. 6 — executive transition assistance program registration for Dec. 6-9; open to chief master sergeants, lieutenant colonels and above.

Arts and crafts center

Editor's note: For more information or to register, call 377-2821.

Saturdays — 9 a.m., basic woodworking. Class certifies you to use shop equipment in the future. \$25 includes materials.

Bay Breeze Collocated Club

Editor's note: For more information or reservations, call 377-2334. Federal endorsement of sponsors not intended.

Friday — 5-8 p.m., Mongolian barbecue in the ballroom. New low price; 75 cents per ounce for Air Force Club members, 95 cents per ounce for nonmembers.

Oct. 7 — 7 p.m., Jesse Hill performs in the ballroom. \$8 for Air Force Club members, \$10 nonmembers. Reservations recommended. Purchase tickets in advance at the collocated club management office.

Weekdays — food and drink specials in the collocated lounge. Taco Tuesdays, wings and things Wednesdays and ladies night every Thursday.

Saturdays and Sundays — 11 a.m., lounge opens; noon, grill opens. ESPN College GamePlan Saturdays; NFL Sunday Ticket Sundays.

Bay Breeze Golf Course

Editor's note: For more information or to register, call 377-3832. Federal endorsement of sponsor not intended.

Friday — 4 p.m., co-ed nine-hole scramble and dinner. Two-person teams. Prices vary. Fee includes greens, cart, food, beverage, prizes and giveaways. Sponsored by Allen Toyota and Forest City.

Wednesday — 4:30-6 p.m., free ladies golf clinic. Space limited.

Daily — 6-11 a.m., breakfast served at snack bar.

Fitness centers

Editor's note: For more information or to register, call 377-4385 or 3056.

Wednesday — free monster circuit challenge at Dragon Fitness, 6:30-8 a.m., 11 a.m. to 12:30 p.m. or 3-5 p.m. First 50 people at each session participate.

Gaudé Lanes

Editor's note: For more information, call 377-2817.

Sundays — noon to 6 p.m., ages 12 and younger bowl free, including shoes. Must be accompanied by an adult.

Weekdays — 6:30-9 a.m., breakfast served at 11th Frame Café.

Outdoor recreation

Editor's note: For more information or to register, call 377-3160.

Friday and Sunday — Gulf barrier island fishing trips aboard the Dolphin II. \$100 per person, fishing gear included; 14-22 people. No fishing license required.

Vandenberg Community Center

Editor's note: For more information, call 377-3308 or 5576.

Today through Saturday — 8 p.m. to 2 a.m., late night dances. \$3 admission; nonprior service students only.

Wednesday — 5 p.m., free movie night; popcorn provided. Personal movies must be screened by staff.

Oct. 6 — 6-9 p.m., theater night. Write, produce and perform your own short play. Free to participate.

Youth center

Editor's note: For more information or to register, call 377-4116. Drop-ins accepted on space-available basis.

Friday — 6:30-9:30 p.m., Friday night fun, ages 6-12. Games, skating, movies and more. \$10 for first child, \$5 each additional. Air Force Club members get 10 percent off first child's fee.

Dragon Wagon

Friday-Sunday — catch a ride to base "hot spots." Air Force Club members ride free; nominal fee for nonmembers. For route and schedule, visit <http://www.keesler81fss.us>.



U.S. AIR FORCE
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New service hours

New customer service hours for the 81st Communications Squadron for routine support and services are 7 a.m. to 4 p.m. weekdays except Wednesdays, when the hours are 7 a.m. to 1 p.m. to allow time for training.

The information technology asset management shop is also closed all day Tuesdays and Fridays.

Emergency service is still provided at any time when warranted by the mission needs of the customer.

For more information, call 377-2440.

Panamanian dancers

In observance of Hispanic Heritage Month, the main exchange hosts "Grupo Folklorido Panama Sin Fronteras," noon Oct. 8 at the store's mall entrance.

Photo opportunities are offered with the dancers in their native dress, along with audience participation dancing in a carnival-style atmosphere, according to Armando Moncayo-Pallares, the store's operations manager.

For more information, call 435-2524.

Office closes

The finance customer service office is closed Oct. 13 for a squadron function.

Operation Hero

Operation Hero, a program to help children ages 5 and older understand deployment operations, is 9 a.m. to 1 p.m. Oct. 15.

To participate or volunteer, call 376-8501.

Coastal cleanup

The Mississippi Coastal Cleanup is 8-11 a.m. Oct. 15.

Keesler traditionally cleans the Hiller Park and Forrest Avenue Pier locations, said Terry James, who's coordinating Keesler participation.

A free lunch is provided.

For more information and forms, call 377-1262.

KSC luncheon

Keesler Spouses Club holds its monthly activity, a tour of Keesler Hospital and luncheon, Oct. 11.

The group meets at 10 a.m. by the hospital information desk. Guests are asked to wear pink in observance of Breast Cancer Awareness Month.

The luncheon speaker is Maj. (Dr.) Louis Varner, 81st Medical Operations Squadron, who'll speak on breast cancer awareness and early detection.

Cost for the deli-style lunch is \$12. Sign up with payment by Oct. 5 to treasurer@keeslerspousesclub.com.

Periodontal patients

The 81st Dental Squadron periodontics department is seeking people with gum problems for the general dental residency teaching program.

Limited numbers of patients, including retirees and eligible military dependents, accepted as teaching cases receive free periodontal care at Keesler.

Patients will be treated by Air Force general dentistry residents under specialty supervision. Patients must be readily available for lengthy recurring appointments, generally Monday afternoons and Tuesday mornings.

For more information, call 376-5225.

Airman's Attic

Airman's Attic, at the corner of Meadows Drive and 1st Street, assists junior enlisted members with obtaining free basic household items.

Donations are needed such as furniture, area rugs, cutlery, dishware, infant wear and maternity clothes

which are clean and in good condition.

Hours are 10 a.m. to 2 p.m. Mondays, Wednesdays and non-training Fridays and 10 a.m. to 2 p.m. the last Saturday of the month.

For more information, call 209-1390 or 377-3814.

Keesler Thrift Shop

The Keesler Thrift Shop, operated by the Keesler Spouses Club, is at the corner of Meadows Drive and First Street.

Profits benefit base and area charities and provide scholarships.

Hours are 9 a.m. to 2 p.m. Mondays and Wednesdays. Consignments are accepted 9 a.m. to 1 p.m. Mondays.

Log on to www.keeslerspousesclub.com for a list of preferred donations. Pickup is available for bulk donations.

For more information, call 377-3217 or log on to www.keesler.af.mil.

Air Force Aid assistance

Air Force Aid Society assistance, including Falcon Loans, is provided by appointment only. Emergency travel aid are still provided on a walk-in basis.

For an appointment, call 376-8728.

81st FSS claims intramural golf title

By Susan Griggs

Keesler News editor

The 81st Force Support Squadron is the winner of both regular season and championship playoff titles in intramural golf.

The Sept. 21 championship round at Bay Breeze Golf Course pitted the 81st FSS, 81 points during the regular season, with the 81st Logistics Readiness Squadron, 72 points. The 81st LRS won the final round berth by defeating the Marine Corps Detachment, regular season runner-up with 77 points.

The other five teams in the double-elimination tournament in order of regular season rankings

were the combined 81st Comptroller Squadron-81st Training Wing staff agencies, 334th Training Squadron, 81st Medical Operations Squadron, 81st Dental Squadron and the 81st Medical Support Squadron.

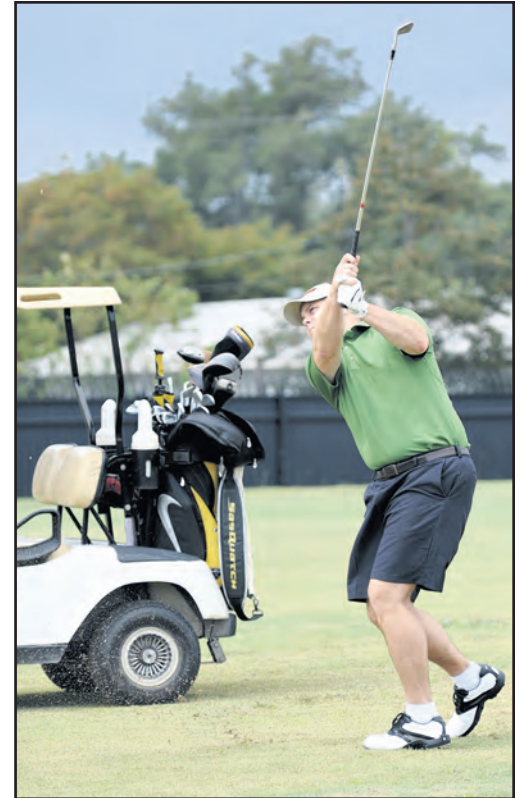
The 81st FSS team members are Chris Denz, Ed Ashley, Mike Fix, Gary Schafer, Stephen Trochessett, Sal Crepsio, Tom Golden, Gary DeGeorge, John Bateson, Bart Bosarge, Luke Rooney and Tama Manu.

The 81st LRS team members are Duff Wier, Mike Brown, Robert Rakes, Marc Skinner, Hank Watson, Christopher Yarbrough, Jason Weber and Willard Steele.

Left, Tama Manu watches 81st FSS teammate Gary Schafer makes a putt on Hole 4 at Bay Breeze Golf Course during the championship playoff Sept. 21.

Right, Duff Wier takes a swing on Hole 4 for the 81st LRS.

Photos by Kemberly Groue



Keesler runners experience Air Force Marathon

By Airman 1st Class Heather Heiney

Keesler Public Affairs

Sept. 17, a few members of the Keesler family escaped the Mississippi heat for cooler Ohio weather to join a record 13,000 people in the 15th annual Air Force Marathon.

The events at Wright-Patterson Air Force Base included a full marathon, half marathon, 10-kilometer race and 5-kilometer race. Also, 3,100 people participated in mock races at eight deployed locations.

The top chip times were 2:38:48, full marathon; 1:12:55, half marathon; 0:31:09, 10-K; and 0:16:11, 5-K.

Some of the Keesler participants tell their stories.



Courtesy photos
Lenz began running to lose weight and pass his PT test. He lost 53 pounds since he arrived at Keesler and went from a marginal to excellent score on his PT test.

Marathon

Thomas Gifford, 81st Medical Group otolaryngology physician, placed 55 in his division and 538 overall with a chip time of 3:54:05.

“It was a great race,” Gifford said. “The weather was perfect, the crowds were good and the flybys kept things interesting throughout the run. The course was challenging, but well laid out, and they had record numbers this year on the 15th anniversary. It was nice to run in cool weather for a change after training throughout the Mississippi summer.”

Tyler Hamilton, 335th Training Squadron weather instructor, placed 59 in his division and 558 overall with a chip time of 3:54:58.

“It was an awesome experience,” Hamilton said. “This has been my fourth year running the full marathon. This year there was a lot of support by the water aid stations and the local community coming out to cheer. It was also neat to finish and have the chief of staff of the Air Force, Gen. (Norton) Schwartz, put the medal around my neck.”

Corrie Hamilton, his wife, completed the half marathon 195 in her division and 2,605 overall with a time of 2:26:01.

Robert Walker, 81st Training Support Squadron software developer, placed 160 in his division and 1,783 overall with a chip time of 5:07:27.

“The running itself was a lot worse than the January marathon I did in Mobile, as I got pretty badly dehydrated going around the old (Wright-Patterson) flight line,” Walker said. “Overall, though, the experience was great! As usual, the race was very well organized.”

Ronald Lenz, 334th TRS air traffic control instructor, placed 165 in his division and 1,889 overall with a chip time of 5:16:23.

“I started training in May, starting with 15 miles a week and working up to 35 miles a week,” Lenz said. “I did the New Orleans Jazz half marathon last year, and this was my first full marathon. I did well until Mile 21, and then ‘the wheels fell off.’ My stamina was good, but my legs were cramping so badly I had to walk the last 5 miles.”

He added, “On a side note, I got into running to lose weight and pass my physical training test. I lost 53 pounds when I got to Keesler and went from a marginal on my PT test to an excellent and running a marathon. I call the transformation ‘marginal to marathon.’”



The Owens made their fifth trip to the Air Force Marathon this year. The first time they were part of a relay team. The next four times, they ran the half marathon. They said as long as they can run, they’ll continue to participate.

Tiffany Chambers, 81st Inpatient Operations Squadron labor and delivery registered nurse, placed 88 in her division and 1,958 overall with a chip time of 5:24:22.

“It was my first marathon and I enjoyed the experience,” Chambers said. “Wright-Patt was the perfect location for the event. The volunteers and spectators were phenomenal, and I would have probably stopped at Mile 18 when I started cramping if it weren’t for their support and loud cheering! I ran for the Air Force Enlisted Village, and it felt great crossing the finish line knowing that I ran for such a rewarding and amazing organization! I would definitely recommend this race for any and all runners.”

Half marathon

Erica Shepherd, noncommissioned officer in charge of the 81st MDG health promotion flight, placed 131 in her division and 1,849 overall with a chip time of 2:12:12.

“It was my first time doing the Air Force half marathon and my second half marathon overall,” Shepherd said. “It was such a great experience. The atmosphere and support of the crowd throughout the race was amazing. At the end of the race I was overwhelmed with all the free food and refreshments that were provided and very much needed. I can’t wait to do it again and I hope I can bring others with me next time.”

Nelson Viniegra, 81st MDG dermatology clinic licensed practical nurse, placed 191 in his division and 2,213 overall with a chip time of 2:18:40.

“This was my second time,” Viniegra said. “I did it because it was the 15th annual run and I got to see friends who were stationed there. It was cold for me being from the south. The lows were around 50 degrees. Before the half marathon I trained for the mini-triathlon on base. I also run before and after work.”

Ann Owens, 333rd TRS training support flight chief, placed 60 in her division and 2,480 overall with a chip time of 2:23:39.

“This is the fifth year we’ve gone up to Wright-Patt to run in the Air Force Marathon,” Owens said. “Our first year, we ran as members of a marathon relay team. The last four years we’ve done the half marathon. This year the Air Force outdid themselves! The volunteers were awesome! The race was well organized and the weather couldn’t have been better. This is one race that I’ll do every year until I can’t run anymore! It’s a great way to celebrate the Air Force birthday.”

Terry Owens, her husband, placed 172 in his division and 2,900 overall with a chip time of 2:32:10. He’s the 336th TRS communications and information management flight chief.

“I want to echo Ann’s comments,” he said. “This year’s event was the best yet! The weather was ideal and the volunteers and race officials were great. I’m looking forward to next year’s event, and like Ann, as long as I can run, I will be at the Air Force Marathon!”

Keesler golfers meet Biloxi Bay Chamber in annual tourney

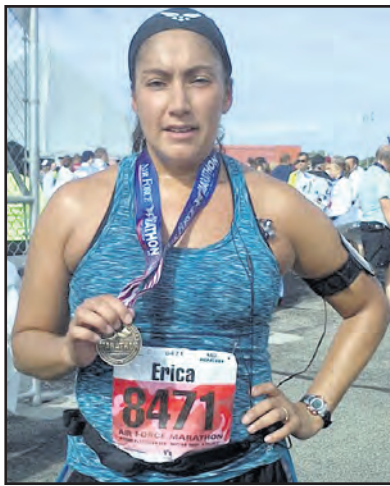
Keesler and the Biloxi Bay Chamber of Commerce face off in the annual Don Wylie Memorial Golf Tournament at the Gulf Hills Golf Course in Ocean Springs.

Check-in is at noon and the shotgun start is 1 p.m.

The cost is \$50 per person for green fees, cart, beverages, reception and prizes. Food and drinks are served.

To sign up, call 377-3832.

Wylie was a former 81st Training Wing and 81st Medical Group Public Affairs director and chamber member. The Keesler Hospital auditorium is named in his memory.



Shepherd, top, and Cabonilas, bottom, display their medals



Marathon,

from Page 22

Stephanie Sloan, 81st Medical Operations Squadron health administration technician, placed 174 in her division and 3,448 overall with a chip time of 2:46:52.

“Running in the Air Force Half Marathon was a very exciting experience and a great accomplishment for me,” Sloan said. “I’m definitely looking forward to the next one so that I can beat my time and work up to the full marathon.”

Her father, Air Force retiree Ronald Stroud, Walhalla, S. C., finished the full marathon 191 in his division and 1,797 overall with a chip time of 5:08:52.

10-kilometer

Lluvia Cabonilas, 81st MDG services management journeyman, placed 49 in her division and 902 overall with a chip time of 1:12:56.

“Participating in this run was an awesome experience,” Cabonilas said. “You get to meet people from all over the country all while improving your physical fitness. It motivated me to want to participate in future marathons. I would like to train for longer runs like the half marathon and maybe one day the full marathon. I would definitely encourage everyone to participate in this wonderful event.”



Courtesy photos Sloan crosses the finish line in the half marathon and hopes to work her way up to the full marathon next time.

Intramural flag football

6 undefeated teams lead 2 conferences

By Susan Griggs

Keesler News editor

Six undefeated teams remain as the fourth week of the intramural flag football season began Monday.

At of Friday, there were three undefeated teams in the American Conference.

The 81st Medical Group upped its record to 4-0 by trouncing the 85th Engineering Installation, 36-0, Sept. 21.

The 334th TRS and the Marine Corps Detachment weather team are 2-0. Both defeated a combined team from the 345th Airlift Squadron-81st Dental Squadron — the 334th TRS won, 12-6, Sept. 19, and MARDET won, 18-7, Sept. 21.

Two previously unbeaten teams lost last week. The 81st Medical Support Squadron's

A team handed the 338th TRS-A its first defeat, 18-13, Sept. 19. Then the 81st MDSS-A slipped to 3-1 when they were beaten by the previously winless 333rd TRS-A, Sept. 21.

The 336th TRS leads the National Conference at 4-0 after beating the 333rd TRS-B, 24-

18, Sept. 22. The 338th TRS-B was idle last week and remained at 2-0. The 81st Diagnostics and Therapeutics Squadron is also 2-0 after battling the combined team from the 81st Training Support Squadron and the 81st Communications Squadron to a 33-18 victory.

Bowling

Thursday Intramural

Week 3 of 34

| Team | Won | Lost |
|----------------|------|------|
| 335th TRS-A | 18.0 | 6.0 |
| 336th TRS | 18.0 | 6.0 |
| 334th TRS | 16.0 | 8.0 |
| 81st LRS-B | 16.0 | 8.0 |
| 81st TRSS-PMEL | 14.0 | 10.0 |
| 81st FSS | 14.0 | 10.0 |
| 81st CS | 12.0 | 12.0 |
| 403rd AMXS | 12.0 | 12.0 |
| Seabees | 12.0 | 12.0 |
| 81st WSA | 10.0 | 14.0 |
| ECS Strikers | 10.0 | 14.0 |
| 2nd Air Force | 10.0 | 6.0 |
| 335th TRS-B | 8.0 | 16.0 |
| 338th TRS | 8.0 | 16.0 |
| 81st LRS-A | 8.0 | 16.0 |
| 81st TRSS-A | 6.0 | 18.0 |

Season high scores

Team game — 338th TRS, 953.

Team series — 81st FSS, 2,623.

Game/men — Garo Watson, 267.

Series/men — Garo Watson, 692.

Game/women — Lynetta Jackson, 191.

Series/women — Sabra Miracle, 529.

Average/men — Garo Watson, 199330.

Average/women — Sabra Miracle, 162.56.