



# KEESLER NEWS

KEESLER AIR FORCE BASE, BILOXI, MISSISSIPPI

Train to Fight. Train to Win.

SEPT. 15, 2011 VOL. 72 NO. 35

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## Stop, think — we all play a role in cyber defense

By Julie Noakley

81st Communications Squadron  
network operations chief

Today we rely heavily on cyberspace to complete our mission. We access a myriad of information through cyberspace, from finances, transportation and training, to personnel movements and emergency response data. As technology increases our ability to access information, it also increases our vulnerabilities. The Department of Defense has been making strides to increase the security of our networks and protect our government information.

The information available through our DOD systems must be protected. We need to protect disclosure of personal information. We often hear about protecting Social Security numbers and financial information. Given the large presence of medical personnel at Keesler, we also hear about the importance of guarding against divulging health information to unauthorized persons.

### Imagine the impact

But what impact would it have on operational security or terrorist threats? What would happen if our adversaries, such as foreign governments seeking dominance or terrorist organizations trying to further their agendas, were to access our data? Would it be important to these groups to know what we're teaching our Airmen about network protection or what type of weather equipment our personnel are using down range? What about the number of folks forward deployed? Would any of this be useful to an adversarial group planning an attack?

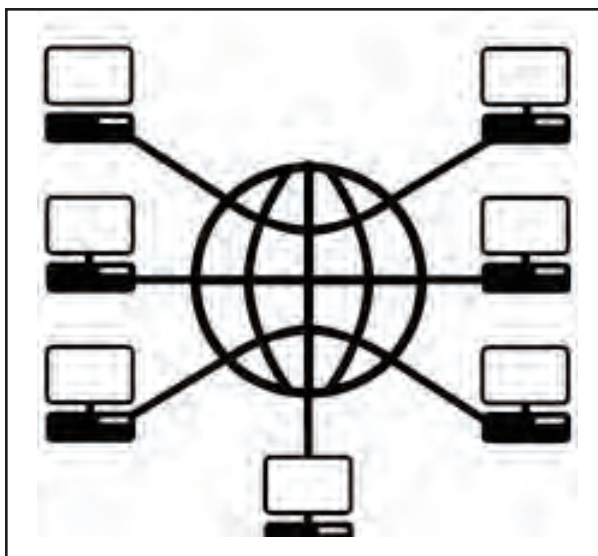
The U.S. government found that past physical attacks have been performed in conjunction with cyber attacks. Adversaries have attempted to attack and render vital command and control systems ineffective in detection and responses to physical attacks.

### Major security threat

In the International Strategy for Cyberspace document released in May, President Barack Obama comments, "The digital world is no longer a lawless frontier, nor the province of a small elite ... this space continues to grow, develop and promote prosperity, security and openness ... this is why it is so important to protect." The growing number of attacks on our cyber networks has become, in President Obama's words, "one of the most serious economic and national security threats our nation faces."

So, how do you help prevent the disclosure of sensitive information? The most important things each of us can do — **stop** and **think**. Pay attention to the websites you visit, the data you store and the information you send via email.

The Aug. 5 threat bulletin from the 624th Operations Center explained that a simple thing like visiting what you believe to be the Air Force Portal can result in unknowingly revealing personally identifiable information if the user is unaware of the warning signs. For more information about



what to watch for when accessing official DOD websites, review the Cyber Threat Bulletin under the Cyber tab on the Air Force Portal.

Beyond thinking about the data we protect and the websites we visit, do you think about physical security? Do you challenge unknown individuals in your areas that are accessing government computers? What about people accessing secured rooms or closets that hold network infrastructure?

In a June 20 memo, Secretary of the Air Force Michael Donley and Chief of Staff Gen. Norton Schwartz stated, "Cyberspace pervades everything we do, in every domain, and extends from your workspace to the battlespace."

### Pervasive nature of cyberspace

Because of the pervasive nature of cyberspace, it can no longer be left only to the technicians to ensure its security. Instead, it's the responsibility of each and every user. The Air Force has made strides in improving user awareness of this inherent responsibility by requiring information assurance training.

Air Force Instruction 33-115V2 requires all DOD military members, civilians and contractors to complete information assurance training, with annual refresher training. This training is intended to keep users informed of the potential risks associated with computer access and how to avoid inadvertent release of information to our adversaries. While it won't eliminate all mistakes, it will make you more aware of the risks and reduce your chances of falling prey to a phishing scheme or malicious logic attack. You may have already experienced the impact of failing to complete your training on time by finding that your user account has expired and being unable to log on to the network until it's done. Training required to obtain access to the network is standardized in the Air Force Information Assurance Awareness Training computer-based training course on the Advanced Distributed Learning Service. Other armed service information assurance type training doesn't satisfy this requirement.

During this mandatory training, you'll learn that malicious logic comes in many varieties and is typically an intrusion intended to perform an unauthorized function that causes harm to your computer or network. Some common forms of malicious logic are viruses, denial of service attacks, spyware and phishing.

### Viruses, service denial, spyware, phishing

A virus is capable of attaching to disks or other files and replicating itself repeatedly, typically without user knowledge or permission. Viruses are spread through many means, but most commonly through email and websites. A denial of service attack is caused by generation of a lot of network traffic and "clogging" the communication lines or a system or service, making it unavailable to users. Spyware is intended to aid in gathering information about a person or organization without their knowledge while phishing schemes, also known as "social hacking," target individuals by tricking them into giving away information.

While there are automated tools in place to combat these types of malicious logic attacks, including antivirus software and intrusion detection devices, the most effective method is making sure you are educated! Users are the network's best source of defense; if you're armed with the right knowledge and aware of the potential pitfalls, you can help defend our network.

### Things to remember

- Be aware of to whom you are releasing information. In the age of social networking, phishing has become very prevalent. Don't release personal or government information unless the requestor has a true need to know.
- Be leery of email from unknown sources and don't open attachments from unconfirmed sources, emails without subject lines and non-DOD sources.
- Don't provide your username or password to anyone. There's no need to share this information with anyone.
- Avoid using your Air Force email address as login usernames or as a means of contact for non-DOD accounts.

In a July DOD news release, Defense Secretary Leon Panetta said, "It is critical to strengthen our cyber capabilities to address the cyber threats we're facing." The release noted that more than 60,000 new malicious software programs or variations are identified every day threatening our security, our economy and our citizens.

Do you know what to do if you suspect your system has been affected by some type of malicious code or if you've been the victim of a phishing scheme? Immediately report the incident to your unit information assurance officer, computer security manager or the 81st Communications Squadron's communications focal point, 376-8627.

Our network is only as secure as its weakest link; don't be the weakest link!



## ON THE COVER

Airman 1st Class Kyeonee Russell, a Keesler firefighter, tolls the bell for “last alarm” in memory of the firefighters that lost their lives in the terrorist attacks on Sept. 11, 2001, during Friday’s formal retreat in front of 81st Training Wing headquarters. More photos, Page 14.

Photo by Kemberly Groue



## DRAGONS ON THE STREET

By Kemberly Groue

Keesler News photojournalist

Who is your favorite athlete?



“Michael Jordan, Chicago Bulls.”

Aerographers Mate 1st Class Joshua Branscum, Center for Naval Aviation Technical Training Unit



“Dirk Nowitzki, Dallas Mavericks.”

Staff Sgt. Brian Stokes, 335th Training Squadron



“Drew Brees, New Orleans Saints.”

Liz Hogsett, KIRA contractor

## KEESLER NEWS

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# TRAINING AND EDUCATION

## Keesler hosts AETC's K-9 training conference

By Airman 1st Class  
Heather Heiney

### Keesler Public Affairs

Last week, military working dog handlers and their K-9 companions from across the world and various branches of service gathered at Keesler to enhance their skills and build camaraderie during the 2011 Air Education and Training Command military working dog training seminar.

More than 35 military handlers and trainers along with local law enforcement handlers and more than 20 dogs attended this conference. Among the K-9s were also puppy program dogs a little over six months old who would have the opportunity to learn correct behaviors over the course of the seminar.

The seminar included three days of behavioral and advanced decoy and patrol work and three days of advanced detection skills and tactics. It covered topics such as dog behavior and psychology, drive manipulation, channeling the dog's drive into a response, advanced decoy tactics and techniques and advanced detection skills and tactics.

Presenters included Chris Jakubin, Air Force Cademy military working dog kennel master/trainer; Orlando Nunez, specialized search dog instructor supervisor for the 341st Training Squadron, Lackland Air Force Base, Texas, Master Sgt. Antonio Rodriguez, AETC military working dog program manager; and Marine Corps Gunnery Sgt. Kristopher Knight, interservice advanced skills K-9 course chief.

Block 1 included canine psychology and advanced understanding of drive/drive development, identifying desirable characteristics in a working dog, decoy work, suit

utilization, problem solving and behavioral manipulation.

Block 2 included benefits of an off leash detection capability, incorporating off leash detection capabilities into a unit's detection program, imprinting focus, independent search development and directional training.

Tech. Sgt. Benjamin Collins, 81st Security Forces Squadron MWD trainer, said that advanced detection skills and tactics involves, "building independence in MWDs and laying a foundation for off-lead searches for contingency operations that our MWD teams will face in Afghanistan and Iraq.

"This is the first seminar of its kind for AETC and an extremely high-profile event, especially having some if not the most knowledgeable MWD trainers in DOD," Collins said.

"This enables a more efficient detector dog, and a more proficient trainer, handler and decoy while trouble-shooting unwanted behavioral issues," Collins said. "All of these skills transfer into regular home-station missions and make a better police service dog."

Knight has 16 years experience and is a subject matter expert in the employment of working dogs in a combat environment. He said that the seminar relieves handlers of misinformation while building confidence in both the handler and dog. He also said that it's important to train in a joint environment because service members from different branches serve together overseas.

"I would go to this every opportunity I have," Knight said. "I still learn something every day."



Photo by Kemberly Groue  
Marine Sgt. Freddy Guajardo, left, 341st Training Squadron, Lackland Air Force Base, works with his dog, Bady, to apprehend Staff Sgt. Kennedy Wilkinson, 99th Security Forces Squadron, Nellis AFB, Nev. This training session held at Keesler's military working dog kennel is known as muzzle work and helps handlers gain control over their dog when pursuing a suspect.

# 18 graduate from Mathies NCO Academy

By Susan Griggs

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## Keesler News editor

Seventeen Keesler non-commissioned officers and one from the Naval Construction Battalion Center in Gulfport graduated from the Mathies NCO Academy Sept. 8.

Graduates are:

**2nd Air Force** —  
Tech. Sgt. Luke Gregor.

**81st Force Support Squadron** — Tech. Sgt. Alberto Trujillo (distinguished graduate).

**81st Diagnostics and Therapeutics Squadron** — Tech. Sgts. Michele Chapman and Lavonia Jenkins.

**81st Logistics Readiness Squadron** — Tech. Sgt. Antrinia Alexander.

**81st Medical Support Squadron** — Tech. Sgts. Damian Bluett and Adrian Jackson.

**81st Surgical Operations Squadron** — Tech. Sgt. Lorie Ferguson.

**81st Training Support Squadron** — Tech. Sgt. Christopher Doss.

**334th Training Squadron** — Tech. Sgts. Jesse Davis and Roland Thomas (distinguished graduate and commandant's award).

**335th TRS** — Tech. Sgts. Glenn Dowling and Kevin Kelly.

**336th TRS** — Tech. Sgt. Terrance Boyd.

**338th TRS** — Tech. Sgts. John Benavidez, Paul Carlisle and Jason Taylor.

**366th TRS Detachment 6** — Tech. Sgt. Tracey Human.

## This week's movies at Welch Theater

**Friday** — 6:30 p.m.,  
The Change-Up (R).

**Saturday** — 2 p.m.,  
Crazy Stupid Love (PG-13);  
6:30 p.m., Cowboys and  
Aliens (PG-13).

**Sunday** — 1 p.m., Cap-  
tain America: The First  
Avenger (PG-13).

# 25 Airmen, 2 Coast Guard graduate from Airmen Leadership School

OPSEC is a mindset.

By Susan Griggs

Keesler News editor

Airman Leadership School Class 11-6 included 25 Keesler Airmen and two Coast Guard members.

Graduates are:

**81st Aerospace Medicine Squadron** — Senior Airman Jillian Balderas.

**81st Dental Squadron** — Senior Airmen Jason Eckenrode (academic award) and Giovonna Gladney.

**81st Diagnostics and Therapeutics Squadron** — Senior Airmen Janette Savedra.

**81st Force Support Squadron** — Staff Sgt. Monik Oubina.

**81st Infrastructure Division** — Senior Airman Nicholas Fasola.

**81st Logistics Readiness Squadron** — Senior Airmen Julia Berger, Daniel Hayes and David Thatch.

**81st Medical Group** — Senior Airmen Brandon Otwell.

**81st Medical Support Squadron** — Senior Airmen Tammie Haywood and Justin Ireland (Levitow Award).

**81st Medical Operations Squadron** — Senior Airmen Jason Evans (distinguished graduate) and Khaliha Love.

**81st Security Forces Squadron** — Senior Airmen Michelle Alomia, Angelo Banks, Steven Fernandez, Christopher Hernandez (distinguished graduate), Joseph Jahnke and Marisel Kigembe.

**81st Surgical Operations Squadron** — Senior Airman Kaylynne Kendzor.

**81st Training Wing** — Senior Airmen Damien Pringle.

**85th Engineering Installation Squadron** — Senior Airmen Jesse Laclair; Staff Sgt. Eric Ruiz.

**345th Airlift Squadron** — Senior Airman Richard Griffin.

**Coast Guard Station Gulfport** — Petty Officer 3rd Class Tyler Powers.

**Coast Guard Station Pascagoula** — Petty Officer 3rd Class Aaron Godwin.

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<http://www.facebook.com/keeslerafb>

## USM admissions

Michelle Lane, an admissions counselor at the University of Southern Mississippi, will be at the USM office, Room 219, Sablich Center, 2-5 p.m. Tuesday.

Admissions are now being accepted for the spring semester.

For more information or to make an appointment, call 376-8479.

## ASE certification

The deadline to register for Automotive Service Excellence certification is Sept. 23.

About 400,000 professionals hold ASE certifications after passing one or more of ASE's 40-plus exams and providing proof of two or more years of relevant, full-time, hands-on work experience.

For more information on test dates and registration, call the education office, 376-8708 or 8475; visit the office in Room 224, Sablich Center or log on to [www.dantes.doded.mil](http://www.dantes.doded.mil).



## Academic ace

Staff Sgt. Calen Coloma graduated from the financial management apprenticeship course in the 335th Training Squadron with a perfect score. She is from Manila, Philippines, and is headed to an assignment at McChord Air Force Base, Wash.

## LEAD briefings

Air Force Academy recruiters visit Keesler for briefings on the Leaders Encouraging Air Development program Sept. 28.

Student briefings are 12:30-2 p.m. for T-shift students and 4-5:30 p.m. for S-shift students in Room 152, Levitow Training Support Facility.

The program gives highly-qualified Airmen an opportunity to attend the academy's preparatory school with the intention of an appointment or direct entry into the academy.

For more information, call DSN 333-8838 or contact HQ USAFA/RRS, 2304 Cadet Dr, Suite 2300, USAF Academy CO 80840.

## Sijan Award nominees named

By Susan Griggs

Keesler News editor

Four Keesler nominees are competing at Air Education and Training Command for the Lance P. Sijan Air Force Leadership Award.

The award was created in 1981 to recognize individuals who have demonstrated the highest qualities of leadership in their jobs and in their lives. It has become one of the Air Force's most prestigious awards.

Sijan, an Air Force captain and fighter pilot, died while a prisoner of war in Vietnam. Prior to his capture, the Air Force Academy graduate and posthumous Medal of Honor recipient evaded the North Vietnamese for six weeks after being shot down in November 1967.

Keesler's nominees are:

**Master Sgt. Mark Lorenzo Jr.**, nominee in the noncommissioned officer category, assumed his current rank July 1. He's a network defense instructor in the 333rd Training Squadron for nearly two years where he led an instructor staff that produced 1,800 hours of cyber training valued at \$1.3 million and certified 240 communication warfighters. He executed a field survey and compiled data from 136 squadrons to propose a course deletion that saved Air Education and Training Command \$807,000.

He won an Air Force Association Pitsenbarger Award and was named a distinguished NCO Academy graduate. He orchestrated a food distribution project for the Back Bay Mission, coached youth baseball and football, prepared food at Child Pride Day and served as a school test proctor.

**Senior Master Sgt. Melanie Dolzanie**, nominee in the senior NCO category, is the medical logistics flight



Lorenzo



Layton

chief in the 81st Medical Support Squadron. She's been assigned to Keesler for three years.

She was deployed for six months to Joint Base Balad, Iraq, where she was the squadron superintendent responsible for Iraq's only Level III trauma center. She managed a \$187,000 weapon inventory and a \$376,000 equipment inventory. She also executed six ceremonies for fallen warriors.

She deployed to Pacific Air Force headquarters for five weeks to serve as logistics subject matter expert in the wake of a catastrophic earthquake in Japan.



Dolzanie



Bingaman

**Capt. Darrin Layton**, junior officer category, is an airfield operations officer course master instructor in the 334th TRS. Layton, who's been stationed at Keesler nearly two years, directly supervises more than 18 Air Force and international officer students daily.

He's credited with reshaping training for his career field by rewriting the career field education and training plan for 343 officers. He created a new contingency operations block for the course and created an airfield operations deployment manual for both officers and enlisted members. His unit

Please see **Sijan**, Page 9

## IN THE NEWS

### CFC update

The 81st Training Wing has pledged \$8.656, or 6.32 percent, toward this year's Combined Federal Campaign goal of \$136,897, according to 2nd Lt. Semira Moore, 81st Comptroller Squadron, CFC installation project officer.

The drive began Sept. 1 and runs through Oct. 14.

Pledges may be made through your unit representative or online at [www.southernmscfc.org](http://www.southernmscfc.org).

### Air Force birthday celebrations

The Air Force's 64th birthday is Sunday.

Keesler's celebration includes:

**Birthday party** — 5 p.m. Friday on the parade grounds. Live entertainment by The Glitter Boys and Surge Stone; contests, prizes and games. Food and beverage vendors; cash only.

**Armed Forces Retirement Home observance** — 7 p.m. Friday. Lt. Col. Jeffrey McLemore, 334th Training Squadron commander, is the guest speaker. The honor guard and student volunteers from Keesler and the Naval Construction Battalion Center in Gulfport participate.

**Air Force Ball** — 6 p.m. Saturday, Bay Breeze Event Center, sponsored by the Air Force Association John C. Stennis Chapter 132.

### Dental residency program review

The Commission on Dental Accreditation is reviewing the general practice and endodontics residency programs of the 81st Medical Group Nov. 15-16.

Third-party comments from students and patients are solicited by CODA until Sept. 15, 60 days prior to the scheduled review. Such comments must pertain only to the standards for the particular program or policies and procedures used in the commission's accreditation process.

A copy of the appropriate accreditation standards and/or the commission's policy on third-party comments may be obtained by contacting the commission at 211 East Chicago Avenue, Chicago, IL 60611, or by calling 1-800-621-8099, extension 4653.

Many of the CODA standards and policies also are available at the American Dental Association's website at [www.ada.org/100.aspx](http://www.ada.org/100.aspx). Comments are screened by commission staff for relevancy. For comments not relevant to these issues, the individual is notified that the comment is not related to accreditation and, where appropriate, referred to the appropriate agency.

For local questions, consult the program directors or the 81st Dental Squadron Residency Flight Commander, 606 Fisher Street, Keesler AFB, MS 39535, or call 376-5190.

### Off-limits list

These establishments have been declared "off-limits" to all armed forces personnel:

**Biloxi** — Ya-ya's, 2623 Pass Road.

**Ocean Springs** — Pugs, 6213 Washington Avenue.

**Gulfport** — Herbal Alternatives, 1909 East Pass Road and 11530 U.S. Highway 49.

**Dragons deployed — 278**



# Civilian voluntary separation surveys begin

By Pam Ferguson

## Air Education and Training Command Personnel

As defense dollars become more constrained, the Air Force has authorized the use of the voluntary separation programs as a way to limit civilian funding to Department of Defense's Fiscal Year 2010 levels.

Most civilian personnel sections throughout Air Education and Training Command will survey eligible civilian employees beginning this month to determine how many eligible civilian employees are interested in applying for Voluntary Separation Incentive Pay or early retirement under the Voluntary Early Retirement Authority.

VSIP is a management tool, not an employee entitlement, that helps minimize the number of involuntary separations. Eligible employees must be serving on an appointment without time limitation. If approved for VSIP, employees commit to voluntarily separate from service by retirement or resignation

on the designated date. Additional eligibility requirements apply. The amount of VSIP is equivalent to the amount the employee would be entitled to as severance pay, up to a maximum of \$25,000 before taxes and deductions.

VERA may be used alone or in conjunction with VSIP. Employees must be serving on an appointment without time limitation and meet age and service requirements — age 50 with 20 years of creditable service or any age with 25 years of creditable service.

Employees under the Civil Service Retirement System who retire under VERA will incur a 2 percent reduction in their annuity for each year under age 55. There's no age reduction for employees covered by the Federal Employees Retirement System.

Employees interested in voluntary separation should prepare now by obtaining retirement estimates. Most employees can obtain retirement estimates from the web-based Employee Benefits Infor-

## AT KEESLER

According to Sherry McGrath, 81st Force Support Squadron civilian personnel chief, VSIP/VERA notifications went out Friday for targeted career fields.

For more information, call 377-8318 or 8644.

mation System or the Benefits and Entitlements Service Team automated phone system. Employees can obtain as many retirement estimates from either system as they like.

Employees requiring a counselor-prepared estimate will receive only one estimate every three years; however, there are exceptions. For example, if BEST prepared an optional retirement estimate and the employee is now being offered a VERA, BEST will prepare the second estimate within the three-year period. Due to retirement-related workload, BEST

will provide employees their retirement estimate within the expected response date if the employee indicates to the benefits counselor that he or she is in receipt of a VERA and/or VSIP survey and has a short window of opportunity to reply.

Firefighters, air traffic controllers, law enforcement officers, and retired military members who are combining their military and civilian service should use EBIS instead of BEST to obtain their estimates. Details for accessing the phone system can be found on the Air Force Personnel Services web site, <https://gum-crm.csd.disa.mil/app/home>, keyword search 5828. Instructions for using EBIS can be found using keyword search 4872. Detailed information on obtaining retirement estimates is located using keyword search 5092.

Some employees will need to ask BEST to prepare their estimate because estimates obtained through EBIS may not be accurate due to their service history. Employees who need to

obtain counselor-prepared estimates include:

- those with part-time service;
- non-appropriated fund service;
- rehired CSRS employees who took a contribution refund that will not be repaid;
- rehired FERS employees who took a contribution refund;
- employees with post-56 military service who have not made a deposit;
- employees with temporary service for which a deposit will not be paid (including FERS employees with temporary service after Dec. 31, 1988); and
- employees considering a deferred retirement.

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## Sijan,

from Page 8

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was recognized as AETC's top training squadron in 2010. He's an active school volunteer with local golf and swim team programs.

**Maj. Richard Bingaman**, senior officer category, is director of operations for the 333rd TRS. He arrived at Keesler 15 months ago to direct 173 multi-service military members, civilians and contractors and reloaded the Air Force with more than 6,500 cyber-trained warriors.

He was instrumental in the standup of the \$7.2 million, 115-day undergraduate cyber training course. His management of a \$627 electrical power increase project enabled course development to stay on schedule and allowed a four-month-early start. He coordinated integration of a 40-member flight and 4,000-student information technology fundamentals course into his squadron.

Bingaman was an assistant coach for a youth football team, educated unit spouses on the deployment process and volunteered during a local elementary school's Mardi Gras festivities.

# PERSONNEL NOTES

## New enlisted promotion test guide

### Air Education and Training Command

The Air Force has begun its 42nd year of enlisted promotion test development and production.

Air Force Pamphlet 36-2241, Professional Development Guide is now available online at Air Force e-Publishing, <http://www.e-publishing.af.mil>. Shipment of paper copies is scheduled to begin in late December. Master sergeants testing this December are the first Airmen to use the 2011 PDG to prepare for promotion testing. Senior master sergeants testing this month use the 2009 version.

To assist Airmen with studying for promotion testing, e-Reader files, Mp3 audio file, and interactive exercises for each of the 18 testable PDG chapters are available at [www.pdg.af.mil](http://www.pdg.af.mil). The e-Reader and Mp3 audio files are available for download for use on personal electronic devices. There are also interactive exercises available for download. New exercises will be posted every month on the Web site to ensure comprehensive coverage of PDG information.

Documents and frequently asked questions can be viewed at: <https://www.omsq.af.mil>.

## LEAD briefings

Recruiters from the Air Force Academy visit Keesler Sept. 28 to give briefings on the Leaders Encouraging Air Development program:

**10:30-11:30 a.m.** — Keesler Hospital's Wylie Auditorium.

**12:30-2 p.m.** — Room 152, Levitow Training Support Facility for T-shift students.

**2:30-3:30 p.m.** — Room 108B, Sablich Center.

**4-5:30 p.m.** — Room 152, Levitow Training Support Facility for S-shift students.

The program gives highly-qualified Airmen an opportunity to attend the academy's preparatory school with the intention of an appointment or direct entry into the academy.

For more information, call DSN 333-8838 or contact HQ USAFA/RRS, 2304 Cadet Dr, Suite 2300, USAF Academy CO 80840.

Raise your voice — honor your country.  
If you're interested in singing the national anthem  
at base or community ceremonies, call 377-1179.

# TRICARE program removes some stress of moving

By Terri Moon Cronk

Armed Forces Press Service

WASHINGTON — With a single phone call, TRICARE's "Moving Made Easy" option will take some of the stress out of moving, a top TRICARE official said Aug. 26.

Using this option, service member and family beneficiaries under TRICARE Prime can ensure that when they arrive at a new duty station, their medical records and prescriptions were transferred and new doctors were lined up for them in advance, said Navy Rear Adm. (Dr.) Christine Hunter, the TRICARE Management Activity deputy director.

And beneficiaries don't have to worry about a gap in their coverage, Hunter said.

Service members and their families can make the transfer call prior to mov-



ing, during the move or after they've arrived, she said.

Telephone numbers to transfer TRICARE information and find new health care providers are listed by region and overseas locations at [www.tricare.mil](http://www.tricare.mil).

"This was an initiative of (Defense Secretary Robert) Gates who, like (first lady Michelle) Obama and our leadership chain, were very worried about the stresses of moving on our military fami-

lies," Hunter said. "They have a lot to do and a short time frame in which to do it."

Based on moves made this summer by active-duty service members and their families, TRICARE has racked up 6,000 calls per week to transfer enrollments, Hunter said. Limited to active duty service members and their families, the program's popularity could allow for expansion.

Feedback from users of the program say it's much more efficient than the former, more complicated system, Hunter said.

"It takes more people on the phones to do it this way, but our contractors feel it's more efficient because there are no missed signals," she said. "Families leave with a completed enrollment, they know where they're going and they're happy."

"All of these things make the interaction more personal and more satisfying for the troops," Hunter said.

## 15 from Keesler on supplemental promotion list

Air Force Personnel Center and Keesler News editor

Fifteen Keesler enlisted members are on the supplemental promotion list released Sept. 8.

More than 850 Airmen have been selected for promotion to the next higher rank as part of the September enlisted supplemental promotion process.

The list includes Airmen selected for promotion who tested outside of their required cycle due to an extended temporary duty or deployment in support of contingency operations.

Those being promoted from Keesler are:

**To staff sergeant** — David Cannon, 81st Force Support Squadron; Kenneth Davenport, 81st Surgical Operations Squadron; Hayden Granger, 81st Security Forces Squadron; and Carmen Stafford, 81st Medical Support Squadron.

**To technical sergeant** — Leslie Ambrus, 332nd Training Squadron; Dustin Hoffman, 334th TRS; Davitric Jackson, 81st Diagnostics and Therapeutics Squadron; Devin Jacobs, field investigations; Chad Nabinger, 335th TRS; Joshua Reynolds, 85th Engineering Installation Squadron; Danny Twyman, 81st Training Support Squadron; and Matthew Worsham, 81st Medical Operations Squadron.

**To master sergeant** — Andrew Archer, 81st TRSS; Erik Castro, 81st SFS; and Casey Morris, 81st MDTs.

Susan Griggs, Keesler News editor, contributed to this report.

# Command chief's goals — train, care, innovate

By Airman 1st Class  
Heather Heiney

## Keesler Public Affairs

Every beginning brings with it the excitement of exploring a new area, learning new aspects of your job and meeting new people.

Chief Master Sgt. Angelica Johnson, the new 81st Training Wing command chief, comes to Keesler from her position as the 30th Space Wing command chief at Vandenberg Air Force Base, Calif. She began her latest journey to Keesler in August with her husband, Bill, and their daughters, Samantha, 22, and Kaeli, 14.

“My goals are to continue to train, care and innovate and to set a positive example for all of our Airmen,” Johnson said. “I want to focus on innovation because of the lean times that we’re going to have with the budget and the personnel we have to find smarter,

better ways to do things.”

Johnson said that she’s excited about working in the training environment because it will give her the opportunity to mold Airmen in a positive way before they arrive at their first duty station.

“They have to know that they are our greatest weapon,” Johnson said. “This is where it all happens.”

Johnson said that it is essential to be the best at every task you’re given, no matter what it may be.

“If I’m given a toilet to clean, that’s going to be the cleanest toilet you have ever seen,” she said. “Be excellent at what you’re doing right now.

“Focus on being the best Airman that you can be and opportunities will open themselves up to you,” the chief said. “People will see that you’re engaged and that you’re

Please see **Johnson**, Page 13



Photo by Kemberly Groue

**Johnson delivers an inprocessing briefing to new students at the Levitow Training Support Facility Sept. 8.**

outstanding and they will give you opportunities and recognize you and help you progress through our Air Force.”

Johnson said that it was the supervisors and people throughout her career that have helped her reach this point.

“People have seen something in me that I didn’t even know existed,” she said. “They really pushed me forward and I found that I was able to do a lot of the things that they thought I could do.”

She said that her greatest accomplishment has been balancing her family with her career and having the opportunity to be part of a team that impacts thousands of Airmen. Johnson also said that her greatest challenge has been to inspire Airmen during difficult times.

“To keep them motivated and focused even though we know we’re losing a lot of people and resources in the Air Force — that’s a huge challenge for me,” she said, “I try to stay positive while delivering the message that the Air Force will continue being the leader that people need through the tough times.”

Johnson said that she is excited for the opportunities she will have in her second command chief position.

“This time around I have a little bit more experience, a little bit more knowledge and a little bit more focus on what I want to get done,” the chief said. “I plan on building some awesome teams to get things done both on and off base, to continue the great relationship that we have with our tenant units and to continue to be good neighbors in our community.”

## Council gives voice to junior enlisted members

By Susan Griggs

Keesler News editor

Keesler’s Airman’s Council is a social and professional organization that strives to enhance morale, esprit de corps and cooperation among Keesler’s junior enlisted members.

The council’s objectives are to establish an intricate channel of communications between all levels of command, promote a better quality of living for young Airmen, offer avenues to make a difference and give back through an abundance of volunteer opportunities and to inspire leadership qualities, career development and the professional image of all Airmen.

Council president is Senior Airman Ashley Payne, a student assignments counselor in the 81st Force Support Squadron.

“We coordinate as many volunteer opportunities as possible for Keesler’s Airmen,” Payne explained. “For example, we recently volunteered with Habitat for Humanity and we’ll be involved in the Mississippi Coastal Cleanup in October. That’s in addition to the many events on base that we support.

“We hold as many morale events as possible for our Airman, as well as all enlisted members at Keesler,” she added. “Our biggest event is the enlisted bash. We’ve had two successful bashes and our third is Oct. 21.”



Photo by Kemberly Groue

**Senior Airman Sheila De Létoile, 81st Aerospace Medicine Squadron, vice-president, and Payne look on as Brig. Gen. Andrew Mueller, 81st Training Wing commander, reviews and signs the Airman’s Council’s revised bylaws Sept. 6.**

The council meets at 4 p.m. the first Tuesday of the month in the Sablich Center auditorium. At 4 p.m. on the third Tuesday of the month, the council meets in Keesler Hospital’s Don Wylie auditorium.



From left, Brig. Gen. Andrew Mueller, 81st Training Wing commander, returns a salute from Master Sgt. Daniel Fuentes Sr. as he and other 81st Security Forces Squadron members prepare to place a wreath at the flagpole in front of wing headquarters during Friday's formal retreat ceremony. The nine-member Keesler team marched 148 miles of the 2,181-mile Air Force Security Forces 9/11 Ruck March to Remember from Lackland Air Force Base, Texas, through Shanksville, Pa., to Ground Zero for Sunday's 9/11 observance.

## Team Keesler pauses to remember 9/11

From left, military training leaders Tech. Sgts. Julie Hammond, 81st Training Group, and James Hoover, 335th Training Squadron, and Staff Sgts. Lamar Gardner, 334th TRS; Shaundarius Martin and Edward Lotz, 336th TRS; and Jared Whitcomb, 338th TRS, march with the folded flag after Friday's formal retreat.

Photos by Kemberly Groue



Airman 1st Class Andrew Hart, 338th TRS student, plays Taps during Keesler's 9/11 remembrance ceremony in front of wing headquarters. Hart is a member of the 81st TRG's drum and bugle corps.



Volunteer — get connected.

## Made in a shade



Photo by Kemberly Groue

Entry controllers at the Pass Road Gate, above, White Avenue Gate and Meadows Drive Gate are getting some protection from the sun and rain by sunshades installed over the weekend. Cost of the project is \$116,457. The material used for the shades is polyvinyl chloride-coated fiberglass fabric which is a high-density polyethylene mesh that blocks up to 96 percent of the sun's ultraviolet rays. The shades are designed to withstand 90 mph winds, but the system allows the fabric to be removed and reinstalled when winds exceed 70 mph.

## AFCEA chapter earns international honor



Photo by Kemberly Groue

From left, Lt. Cols. Trevor Wall, vice president, and Douglas Short, president of the Armed Forces Communications and Electronics Association's Gulf Coast Chapter, accept the AFCEA Model Chapter Award from Tom Gwaltney, the organization's regional vice president, Sept. 7 at the Bay Breeze Event Center. Wall commands the 338th Training Squadron and Short commands the 333rd TRS. The award was announced in May at the Joint Warfighting Conference in Virginia Beach, Va. The award recognizes the top overall chapter structure and program of activities for the year.



# Prescriptions rank second in abuse

Road rage sets a deadly stage.

By Dr. Alfred Ozanian

## TRICARE Management Activity

According to the National Institute on Drug Abuse, prescription drugs are the second-most commonly abused category of drugs, behind marijuana and ahead of cocaine, heroin, methamphetamine and other substances.

In 2009, nearly 7 million people in the United States were nonmedical psychotherapeutic drug users. Opiate overdoses, once almost exclusive to heroin use, are now increasingly caused by misuse of prescription painkillers.

While prescription drug abuse is not a new problem, it deserves renewed attention because of its prevalence and how often it affects children:

After tobacco and alcohol, prescription and over-the-counter medications are the most frequently abused substances by high-school seniors.

Nearly one in 12 high school seniors reported non-

medical use of Vicodin and one in 20 reported abuse of OxyContin.

Fifty-nine percent of 12th graders said the drugs were given to them by a friend or relative.

Prescription drug abuse is correlated with other risky behaviors including abuse of other drugs and alcohol, according to information found at [www.nida.nih.gov/tib/prescription.html](http://www.nida.nih.gov/tib/prescription.html).

There are many health concerns associated with prescription drug abuse. These risks include overdose, drug interactions and the possibility of the drugs falling into the hands of children with allergies, to name just a few.

While opioids, such as codeine, oxycodone and morphine, have improved pain management, they have also become popular drugs for misuse. Central-nervous system depressants, such as barbiturates and benzodiazepines, can lead to overdose and danger-

ous withdrawal, including seizures. Abuse of stimulants like dextroamphetamine and methylphenidate (commonly used to treat attention deficit hyperactivity disorder and narcolepsy) can cause psychosis, seizures and cardiovascular complications.

Because prescription drugs are legal when properly used, they can often be found in our own medicine cabinets.

Advances in medicine allow for management of acute and chronic pain and have improved the lives of many. But some of these medications are potentially addicting. If someone you know is struggling with prescription drug use, discuss it with your health care provider or use one of the many resources the Department of Defense makes available to service members, retirees and their families.

For information about TRICARE's substance use treatment coverage, visit [www.tricare.mil/mentalhealth](http://www.tricare.mil/mentalhealth).

## Spouses club hosts free evening of fun for Keesler kids



Photos by Kemberly Groue

Left, Damian Dixon, 8, and Dylan Smith, 10, play pool during a free fun night Friday at the youth center sponsored by the Keesler Spouses Club. Dixon's mom is Master Sgt. Carmaneta Dixon, 335th Training Squadron. Dylan's parents are Tiffany and Master Sgt. Gregory Jackson, 85th Engineering Installation Squadron. The 155 children who attended were treated to free refreshments and enjoyed indoor and outdoor activities.



From left, Hugh Caldwell, David Solomon, Keri Mueller and Ryan Bingaman build shapes and figures with magnetic pieces at Friday's fun night. Hugh, 8, is the son of Michael and Capt. Mary Caldwell, 81st Diagnostics and Therapeutics Squadron. David, 6, is the son of Devalynn and Lt. Col. Scott Solomon, 81st Training Group. Ryan, 8, is the son of Wanda and Maj. Rich Bingaman, 333rd TRS. Mueller, a member of the spouses club, is married to Brig. Gen. Andrew Mueller, 81st Training Wing commander.

# Keesler mechanics' toolboxes contain laptops

By Steve Hoffmann

Keesler News staff

What is a laptop computer doing in an auto mechanics garage? Is this some kind of sick joke? Someone must have left it behind. But according to Randal Toland, 81st Logistics Readiness Squadron fleet manager, it's no joke. It's theirs. They own it. And not only that, they use it every day.

What's next? Phones with no cords? Electric cars? Yes. It's happening. Microchips and motor oil have merged.

"You can't just go out with a crescent wrench and a hammer anymore," said Toland. "Everything is computerized these days — from the anti-lock braking systems to transmission systems, even heavy equipment. You need a laptop computer with diagnostic software that talks

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Please see **Vehicles**, Page 21



From left, Steve Cain, Senior Airman Matthew Chesnavage and Michael Rhodes, 81st Logistics Readiness Squadron, work in Keesler's vehicle maintenance shop. These days, maintenance and repair at Keesler are often accompanied by large diagnostic manuals, test-books for training and laptop computers that connect to onboard computers that tell the mechanic what's wrong with the vehicle and how to fix it.

Photo by Kemberly Groue

# Vehicles,

from Page 20

to onboard computers to find out what's wrong."

And where you find grease and laptop computers coming together, as is the case at Keesler's vehicle maintenance shop, there you will find highly-skilled, highly-trained mechanics where training is always happening.

Keesler's fleet is comprised of 406 vehicles, mostly cars and trucks but also heavy equipment including back-end loaders, excavators and cranes with a value of more than \$29 million. Vehicle maintenance supports 23 units on base with a crew of 15 civilians and approximately 30 military members.

After obtaining their apprentice 3-skill level at Port Hueneme Naval Base, Calif., Airmen will come to Keelsler to work on their career development courses.

"This is where they get their hands dirty," said Toland.

"This is where they get their hands dirty.  
After they read about adjusting the brakes,  
they come here and actually adjust the brakes."

— Toland

"After they read about adjusting the brakes, they come here and actually adjust the brakes."

Duties in the vehicle maintenance career field include inspecting, repairing and modifying general purpose vehicles, base maintenance equipment and special purpose vehicles. After Keesler, Airmen move on to more advanced specialized training back at Port Hueneme or Sheppard Air Force Base, Texas. There they'll learn how to fix things like cargo loaders, aircraft refuelers, advanced transmissions, diesel engines and P-19 fire trucks. And yes, even the big toys have computers in them.

"It's all computers these days," said Jimmy Robinson,

heavy equipment mechanic. Robinson has worked at Keesler's vehicle maintenance for more than 30 years and has gradually adjusted to the presence of a laptop computer next to his morning cup of motor oil.

"There used to be two sides to the shop," said Robinson. "You had the heavy equipment side and the light side where all the fancy stuff like computers came earlier. Now the heavy equipment has computers too and it's all just one shop now. That's probably been the hardest adjustment to make."

Although Robinson would rather be making an adjustment to the clutch on a John Deere, adjusting to computers is just something he along

with all his other fellow mechanics have had to make. According to Toland, the knowledge base is vast.

"You may be working on a Ford one day, then a Chrysler the next day and a John Deere the day after that," said Toland. "And they all have their own unique ways of doing the same thing. So training is something we do all the time."

And if having four-wheel drives and hard drives mentioned in the same breath wasn't enough, vehicle maintenance is going green.

By mandate of Executive Order 13423, which uses fiscal year 2005 as a baseline, federal agencies are required to reduce petroleum consumption by 2 percent annu-

ally through 2015. Additionally, a 10 percent annual increase in alternative fuel consumption is also required as is the purchase of alternative vehicles such as hybrid, electric and flex fuel vehicles.

Keesler is well on its way toward achieving those goals. For fiscal year 2011, a goal to limit gasoline use to 130,000 gallons was met by the use of only 70,000 gallons and 78,000 gallons the previous year. Vehicle maintenance has also increased its consumption of alternative fuels in the form of biodiesel to 37,000 gallons in fiscal year 2011. Of the 361 government-owned vehicles, 57 are flex-fuel vehicles and 170 are biodiesel.

The mechanics at vehicle maintenance aren't just grease monkeys anymore. They are doctors of internal automotive mechanics. And if the previous examples weren't enough to convince you, consider this — they recycle their own antifreeze, some 40 gallons every three months. What's the world coming to?

# eight days a week

## Air Force birthday

**Friday** — 5 p.m., Air Force birthday celebration on the parade grounds. Live entertainment by The Glitter Boys and Surge Stone; contests, prizes and games. Food and beverage vendors; cash only.

## Airman and family readiness center

**Editor's note:** Registration is required. All briefings take place in Room 108, Sablich Center, unless otherwise noted.

**Today** — 8-11 a.m., Veterans Administration benefits briefing. 1-4 p.m., retirement benefits briefing.

**Tuesday** — noon to 2:30 p.m., civilian resume writing. Bring a copy of resume for review.

**Wednesday** — 9-11 a.m., survivors benefit briefing. For single and married members and their spouses.

**Sept. 22** — 1-2:30 p.m., Smooth Move; advice on how to make relocation easier for you and your dependents. Open to anyone with access to Keesler. 3:30-5 p.m., Airmen on the Move; Room 222, Levitow Training Support Facility, advice on legal, finance and transportation management. To register, call 377-0155.

## Bay Breeze Collocated Club

**Editor's note:** Must be age 18 or older to enter collocated lounge. For more information or reservations, call 377-2334. Federal endorsement of sponsors not intended.

**Weekdays** — food and drink specials in the collocated lounge. Monday madness with domestic draft specials, taco Tuesdays, wings and things Wednesdays and ladies night on Thursdays before nontraining Fridays.

**Saturdays and Sundays** — 11 a.m., lounge opens; noon, grill opens. ESPN College GamePlan Saturdays; NFL Sunday Ticket Sundays.

## Bay Breeze Golf Course

**Editor's note:** For more information or to register, call 377-3832. Federal endorsement of sponsor not intended.

**Saturday** — 8 a.m., wingman scramble. Two-person teams. Prices vary. Fee includes greens, cart, food, beverage, prizes and giveaways. Sponsored by Allen Toyota and Forest City.

**Saturdays** — noon to 1:30 p.m., free non-prior service student golf clinic. Space limited.

**Wednesdays** — 4:30-6 p.m., free beginners' golf clinic. Space limited.

## Family child care

**Editor's note:** For more information or to register, call 377-3189.

**Tuesday-Sept. 15** — 8:30 a.m. to 4:30 p.m., new provider orientation at Locker House. Recruiting military spouses on and off base to care for children in their homes. Preregistration required.

## Gaudé Lanes

**Editor's note:** Federal endorsement of sponsors not intended.

**Saturday** — 1 p.m., base team championship tournament. Four-person team; register by Sept. 15. \$40 per team; prizes awarded. Sponsored by Budweiser-Responsibility Matters.

**Weekdays** — 6:30-9 a.m., breakfast served at 11th Frame Café.

## McBride Library

**Editor's note:** For more information or to register, call 377-3948 or 3568.

**Tuesdays** — 4-5:30 p.m., free skill building groups, ages 5 and older. Build resiliency skills through fun activities.

## Outdoor recreation

**Editor's note:** For more information or to register, call 377-3948 or 3568.

**Sept. 24-25** — overnight deep sea fishing trip. \$375 per person; includes license and tackle. Bring sleeping bag and beverages. Eight people required. Preregistration and advanced payment required.

## Swimming pools

**Editor's note:** For more information, call 377-3948 or 3568. Identification and entry fee required for admission; \$1.50 daily.

**Daily except Monday** — 11 a.m. to 7 p.m., main base pool. Adult lap swim 11 a.m. to noon.

## Vandenberg Community Center

**Editor's note:** Friday and Saturday night activities are part of the late night dances, \$3 admission; non-prior service students only.

**Friday** — following the Air Force birthday party, nonprior service student club member appreciation night. Black lights, Air Force Club member VIP area, drink specials and \$1,000 in prize giveaways.

**Wednesday — 5 p.m.**, free movie night; popcorn provided. All personal movies must be screened by staff.

## Youth center

**Editor's note:** For more information or to register, call 377-4116. Drop-ins accepted on space-available basis.

**Friday** — 9:30 p.m., free pre-teen lock-in, ages 10-12. Bring sleeping bag, pillow and overnight bag. Pick-up youth 8 a.m. Saturday. Preregistration recommended.

**Through Sept. 16** — youth flag football registration. \$50 for first child, \$25 each additional. Season begins in October. Air Force Club members receive 10 percent off first child's fee.

## Dragon Wagon

**Thursday-Sunday** — catch a ride to base "hot spots" for 50 cents. Air Force Club members ride free. For route and schedule, visit <http://www.keesler81fss.us>.

## Supply classes

The commissary's fall case lot sale is 9 a.m. to 7 p.m. Friday and Saturday.

## Cancer screenings

**Skin cancer screening** —8-11 a.m. and 1-3 p.m. Wednesday and Sept. 28 in the dermatology clinic. Patients need a referral and no other dermatology issues will be addressed.

For more information, call 376-3501.

**Prostate cancer screening** — 8-11 a.m. Sept. 23 in the urology clinic.

Any male eligible for mili-

tary health care ages 40 and older, may walk in for a quick prostate cancer screening. The process includes a short questionnaire, a blood test at the lab and a digital rectal exam. Patient education materials are also available.

## Supply classes

Quarterly supply classes are held in Room 109, Taylor Logistics Building.

**Block I** supply indoctrination class is 9-10 a.m. Sept. 22 and Dec. 15. All newly-assigned supply custodians and resource managers are required to attend. For more information or to sign

up, call 377-5998.

**Block IIA** bench stock training is 10-11 a.m. Sept. 27 and Dec. 20. For more information or to sign up, call 377-4180.

**Block IIB** repair cycle training is held 9-11 a.m. Sept. 27 and Dec. 20. For more information or to sign up, call 377-4192.

**Block III equipment custodian refresher training** is 1-2 p.m. Sept. 22 and Dec. 15. All newly-assigned supply equipment custodians are required to attend, as well as all other custodians annually. For more information or to sign up, call 377-2270.

For information on all supply classes, call 377-4480.

## Dorm resident meeting

Permanent party dorm residents are required to attend a meeting, either 10:30 a.m. or 1 p.m. Sept. 26 to discuss dorm issues with Brig. Gen. Andrew Mueller, 81st Training Wing commander, and Chief Master Sgt. Angie Johnson, 81st TRW command chief.

## Periodontal patients

The 81st Dental Squadron periodontics department is seeking people with gum problems for the general dental residency teaching program.

Limited numbers of patients, including retirees and eligible military dependents, accepted as teaching cases receive free periodontal care at Keesler.

Patients will be treated by Air Force general dentistry residents under specialty supervision. Patients must be readily available for lengthy recurring appointments, generally Monday afternoons and Tuesday mornings.

For more information, call 376-5225.

## Keesler Thrift Shop

The Keesler Thrift Shop, operated by the Keesler Spouses Club, is at the corner of Meadows Drive and First Street.

Profits benefit base and

area charities and provide scholarships.

Hours are 9 a.m. to 2 p.m. Mondays and Wednesdays. Consignments are accepted 9 a.m. to 1 p.m. Mondays.

Log on to [www.keesler spousesclub.com](http://www.keesler spousesclub.com) for a list of preferred donations. Pickup is available for bulk donations.

For more information, call 377-3217 or log on to [www.keesler.af.mil](http://www.keesler.af.mil).

## Airman's Attic

Airman's Attic, at the corner of Meadows Drive and 1st Street, assists junior enlisted members with obtaining free basic household items.

Donations are needed such as furniture, area rugs, cutlery, dishware, infant wear and maternity clothes which are clean and in good condition.

Hours are 10 a.m. to 2 p.m. Mondays, Wednesdays and non-training Fridays and 10 a.m. to 2 p.m. the last Saturday of the month.

For more information, call 209-1390 or 377-3814.



Photos by Kemberly Groue

Laura Robins swims the 200-yard segment of Saturday's mini-triathlon at the Triangle Pool. She placed fifth overall in the females 18-29 category. Her husband is Radley Robins, 81st Dental Squadron.

## Athletes run, swim, cycle

By Susan Griggs

Keesler News editor

More than 100 individual competitors and nine relay teams turned out for Saturday's mini-triathlon to swim 200 yards, run 2 miles and ride a bicycle 9 miles.

The event was open to off-base contestants as well as Keesler military members and civilians. Units are noted in list of winners where applicable.

**Elite males** — Paul Kaufmann, 41:09.

**Elite females** — Katy Roberts, spouse of Mark Roberts, 81st Dental Squadron, 46:55.

**Males 19-29** — Brennan Barlow, 45:11.

**Females 18-29** — Amanda Forshaw, 50:02.

**Males 30-39** — James Fikes, 46:44.

**Females 30-39** — Sonja Sturman, 54:05.

**Males 40-49** — Kevin Verrett, 45:28.

**Females 40-49** — Stephanie Cayula, 54:56.



Nelson Viniegra nears the finish line of the final mini-triathlon event, the 2-mile run. He and his teammates from the 81st Medical Operations Squadron, Zsuzsanna Krokova and Aleksandar Petrakov, won the relay category.

Give the gift of life — give blood.



Photos by Kemberly Groue  
Katy Roberts, spouse of Mark Roberts, 81st DS, transitions from swimming to cycling on her way to winning the elite female category.

## Triathlon, from Page 24

**Males 50+** — Terry Bailey, 44:38.

**Females 50+** — Shirley Dakin, 1:04:32.

**Clydesdales** — William Hurtle, 81st Aerospace Medicine Squadron, 52:16.

**Athenas** — Kay Self, 1:00:48.

**Relay** — Nelson Viniestra, Zsuzsanna Krokovay and Aleksandar Petrakov, 81st Medical Operations Squadron, 49:16.



Brenda Arincorayan, 335th Training Squadron, lets her supporters know how she's doing on her 9-mile bike ride. She placed fifth in the Athena category at 1:04:21.



# Bowling

## Thursday Intramural

Week 1 of 34

Team	Won	Lost
81st FSS	6.0	2.0
ECS Strikers	6.0	2.0
336th TRS	6.0	2.0
335th TRS-A	4.0	4.0
81st TRSS	4.0	4.0
81st CS	4.0	4.0
2nd Air Force	4.0	4.0
335th TRS-B	4.0	4.0
81st LRS-A	4.0	4.0
81st LRS-B	4.0	4.0
334th TRS	4.0	4.0
Seabees	4.0	4.0
338th TRS	2.0	6.0
403rd AMXS	2.0	6.0
81st WSA	2.0	6.0

### Season high scores

**Team game** — 338th TRS, 953.

**Team series** — 81st FSS, 2,623.

**Game/men** — Garo Watson, 267.

**Series/men** — Garo Watson, 692.

**Game/women** — Lynetta Jackson, 191.

**Series/women** — Sabra Miracle, 529.

**Average/men** — Garo Watson, 230.67.

**Average/women** — Sabra Miracle, 176.33.



## Worship schedule

### Roman Catholic

**Daily Mass**, 11:15 a.m., Monday through Friday, Triangle Chapel.

**Sunday Mass**, 9 a.m., Triangle Chapel.

### Protestant

**Traditional service**, 8:30 a.m. Sunday, Larcher Chapel.

**Contemporary service**, 10:30 a.m. Sunday, Triangle Chapel.

**Gospel service**, noon Sunday, Triangle Chapel.

### Jewish

Regular services are 8 p.m. Fridays, Congregation Beth Israel, 12277 Three Rivers Road, Gulfport.

High holidays:

**Sept 28** — 8 p.m., Erev Rosh Hashanah.

**Sept. 29** — 9:30 a.m., first day Rosh Hashanah/Shacharit; 6:30 p.m., Minchah/Ma-ariv.

**Sept. 30** — 9:30 a.m., second day Rosh Hashanah; 8 p.m., Shabbat Shuvah/Ma-ariv.

**Oct. 1** — 10 a.m., Shabbat Shuvah/Torah study.

**Oct. 7** — 6 p.m., Erev Yom Kippur/Kol Nidre.

**Oct. 8** — 9:30 a.m., Yom Kippur/Shacharit; 5 p.m., Yom Kippur/Minchah/Ne-ilah.

For more information, call 377-4050, 207-2196, 539-1655 or 1-405-740-9077.

### Greek Orthodox

Sunday Divine Liturgy, 10 a.m., Holy Trinity Greek Orthodox Church, 255 Beauvoir Road, Biloxi. For more information, call 388-6138.

### Islamic

Prayer is five times daily; Salaat ul-Jummah congregational prayer, noon on Friday, Building 2003. For more information, call 377-2520.

### Latter-Day Saints

Student group service, 2 p.m. Sunday, Triangle Chapel. For more information, call 396-5274 or 1-616-881-1994.