

KEESLER NEWS

Keesler Air Force Base Biloxi, Mississippi Volume 70, No. 9 Thursday, March 5, 2009

Rebuild the base ... Renew the community ... Reload the Air Force



Inside

COMMENTARY

Feedback guides good customer service, **3**

Training and Education

Post-9/11 GI Bill, 4 MTIs in demand, 7

News and Features

Newspaper awards, **8** New top cop, **15** Mardi Gras memories, **16**

SPORTS AND RECREATION

Blind bowling, 23

Sections

Commentary 2-3
Training, education4-7
News, features 8-20
Sports, recreation22-24
Digest 25-27
Classifieds28

Keesler on the Web http://www.keesler.af.mil



29 days until Thunder on the Bay Air Show and Open House

Dragons deployed — 223

Wings and things

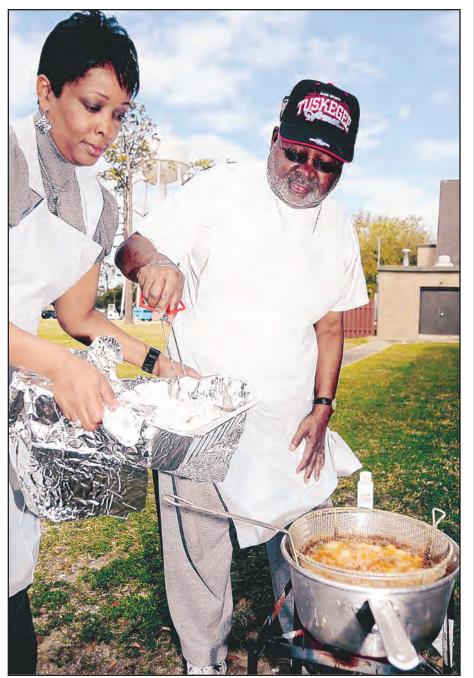


Photo by Kemberly Groue

Antilisa Lewis, 81st Logistics Readiness Squadron, and Tuskegee Airman Charles Bowers, a retired chief master sergeant who lives in D'Iberville, fry chicken wings at the African-American Heritage Committee's soul food sampling, Feb. 26 at Larcher Chapel. For more photos of Keesler's African-American Heritage Month events, see Page 14.

Keesler Medical Center

Demolition clears way for inpatient tower construction

By Steve Pivnick

81st Medical Group Public Affairs

Demolition projects are underway that will change the appearance of Keesler Medical Center and an adjacent area.

According to James Martin, Air Force Civil Engineering Support Agency Katrina Recovery project manager, demolition of the old chiller plant, across the street from the Emergency Department, began Feb. 10. Sauer, Inc., out of their Jacksonville, Fla., regional office, is the prime contractor for this project under the central energy plant contract. This work is expected to take four to six weeks.

Due to this project, parking on J Street, from Third Street to the Medical Logistics warehouse loading docks on Fifth Street has been eliminated. This includes the parking area east of radiation therapy and all parking on the south side of J Street.

During the same period, Carothers Construction of Water Valley, Miss., will begin demolishing the D-2 portion of the medical center, located on the northeast corner of the facility. Carothers Construction is also the prime contractor for the diagnostic imaging center being constructed on the west side of medical center.

For the first three to four weeks, contractors have been involved with abatement work to remove potentially dangerous materials, such as asbestos-containing materials or lead-based painted components, identified during various surveys. Mr. Martin explained once the abatement is completed, heavy equipment will move in and start the actual demolition.

He added that after Sauer completes the

Please see **Demolition**, Page 9

COMMENTARY

Spring forward to future

By Brig. Gen. Greg Touhill

81st Training Wing commander

This weekend we will "spring forward" as we set our clocks ahead one hour.

Many folks lament this rite of spring and bemoan the fact that we "lose" an hour of sleep. The fact is, however, that you don't lose anything if you plan ahead. If you look at it the right way, this weekend could be the start of great opportunity!

Do you "spring forward" to accept challenges in your life? Do you "spring forward" to tackle those chal-

lenges, or do you sit back and wait? I submit that you have an advantage when you "spring forward." Those who take the initiative are better prepared to take advantage of opportunities and perform at the highest levels.

Spring is a time of renewal; a time of growth and hope. Are you ready? How are you going to grow and improve during this spring? How can you do better at your job and in your personal life? Are you going to improve your health through exercise and

better eating? Are you going to give up smoking? Are you going to pay better attention to details in your job? Are you going to spend better quality time with your family? Are you going to go to school to improve your mind?

The only one holding you back is yourself, so get out of bed early on Sunday with a smile!

Shakespeare talked about "Carpe Diem" (a.k.a. Seize the Day). It is time to Seize your Day, "spring forward" and look forward to a better tomorrow!

ACTION LINE ... 377-4357



By Brig. Gen. Greg Touhill

81st Training Wing commander

You're encouraged to work concerns through your chain of command or contact an appropriate helping agent. For unresolved issues, call the commander's action line.

Suggestions to help make this a more valuable and useful tool are welcome. Call the commander's action line, 377-4357; write to Commander's Action Line, 81st TRW/PA, Keesler AFB, MS 39534-2603; e-mail 81st TRW Commander's Action Line (on-base) or c o m m a n d e r s . 1 i n e @ keesler.af.mil (off-base).

Building a strong financial foundation

By Maj. Robert Paleo

81st Comptroller Squadron commander

Thanks, in part, to the convenience of credit cards, we have morphed from the mindset of "cash on the barrel"— buying only what we have the money to pay for right then and there — into the mindset of "I want this now and I'll worry about paying for it later." This attitude has led many Americans into severe financial discord. Yet, some have avoided the pitfalls to financial success. What is their secret? It's really no secret at all. There are many reference books to guide us in building a strong financial foundation. They vary in style and structure, but they tend to state the same thing.

First, set priorities. We need to distinguish between our wants (low priority) and our needs (high priority). It's important to set priorities and tie them to your personal budget, no matter what your paycheck is.

Next, let's budget. When it comes to personal finances, an income statement is a great way of tracking your money. Putting together a monthly income statement — listing your income (revenue) and expenses — can give you a good picture of your financial health. The balance sheet is another great tool to have in your personal finance tool kit as a means of calculating your net worth. Basically, in a balance sheet you add all your assets (such as cash and investments) and subtract liabilities (debts). The result is your net worth (equity). The goal is to have a

positive net worth. There are several easy-to-use computer programs available to help you track your money. Seeing in writing exactly where your money is going (and how much) can be an eye-opening experience!

Now let's look at debt. Some financial gurus have differentiated debt into bad versus good debt. Debt that doesn't make money is "bad" debt, such as car loans or unpaid credit cards. Did you know a credit card balance of \$3,000 with an 18 percent interest rate, compounded monthly, comes out to almost \$600 in interest per year?

How can we reduce "bad" debt? Saving in advance of a large purchase is a good start to reduce the time it takes to pay off the item. Paying off your credit card balance in full each month wipes out interest fees. Avoid making "minimum" payments — this only makes money for the credit card company at your expense. Be careful of offers such as "Buy now, no payments/interest for three months." I once bought a wall unit under one of these schemes, but began paying for it right away. By paying off my purchase early, I avoided any interest.

One exception to "bad" debt is a home purchase. For most would-be home owners, a mortgage is unavoidable, but there are a few things you can do to reduce your payments. Building a good credit rating is key to qualifying for a lower interest rate. Saving for a down payment of 20 percent or more of the purchase price will get you out of having principal mortgage insurance

added to your monthly payments. If possible, make extra payments toward the principal. As a young man, my father-in-law bought an entire farm in half the time of his mortgage term by paying more towards the principal each year, saving thousands of dollars in interest. Also, watch interest rates and consider refinancing to a lower interest rate. A couple I know reduced their mortgage interest rate on a \$150,000 home from a 7 percent/30-year mortgage to a 5 percent/15-year mortgage with little increase in their monthly payments. Over the life of the mortgage, they'll end up saving more than \$145,000 in interest fees.

Lastly, let's turn to investing in the markets. Index funds such as the Standard and Poor's 500 are less risky than investing in a single company. Index funds spread risk over a diverse number of companies. Dollar Cost Averaging is another less risky method of investing. With this method, a fixed amount is invested each month into an investment account (mutual fund, IRA or 401K) whether the market is up or down. Over the long run, financial markets tend to trend upwards despite peaks and valleys. The secret is to stay with your investment strategy through the tough times, gradually shifting to conservative bond funds as you near retirement.

Setting priorities, building a positive net worth, controlling bad debt and investing lay the foundation for financial success. This strategy requires an early start and self-discipline. The end goal is long-term financial security.



Daylight
Saving
Time
begins
Sunday.
Spring
forward
at
2 a.m.



DRAGON ON THE STREET

By Kemberly Groue

Keesler News photographer

If you could be granted one wish, what would it be?



To finish my degree.

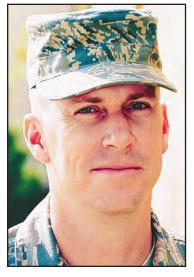
Staff Sgt. Ashley Brunson,



A healthy baby and three more wishes.

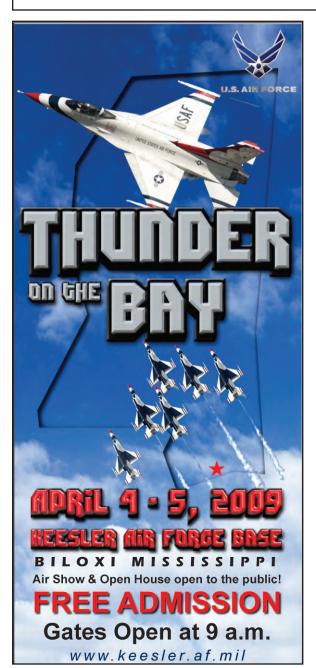
Tech. Sgt. Melissa Mitchell-

81st Force Support Squadron Cropper, 81st Training Wing



That I had completed college when I was younger, not 15 years later.

Tech. Sgt. Jim Davidson, 81st Aerospace Medicine **Squadron**



Honest feedback vital for top customer service

By Brian Drake

81st Mission Support Group

In 1983, I purchased a new car. I was surprised to receive a customer feedback survey which asked me how satisfied I was with my new car and if there was one thing I would improve about the car, what it would be. I told them. A year or so later, I noted that the car maker had added that feature to the car. The car was a Toyota, one of the most successful car manufacturers in the world today.

Customer feedback is critical to the success of any business. Nothing can replace customers telling you how they like to be treated, what you are doing right and what could be done better. It's a great way to constantly improve service. We need to know everything from how you perceive our attitudes of service to how you feel we keep you informed when we have problems. But we won't learn anything if we don't ask and nothing if you don't tell us.

Customer feedback is an important part of our business at Keesler. When you're asked to fill out a customer survey, please do so to help us improve service. This is particularly important to our base operating support contractor, CSC, as it directly affects their operations. CSC now provides services in weather support, community services (fitness centers, library, community centers, marketing and publicity), space management, environmental management, engineering services, supply services (supply, fuels and munitions), human resources (civilian personnel management systems, awards, training, education services, military records, military personnel and systems management), emergency management, real property operations and maintenance, grounds maintenance, entomology, energy and utilities management.

We want a relentless pursuit of quality. Sometimes we won't like what we hear. That's the reason some companies don't want to do surveys; they're afraid of what the customer is going to say. We should look at negative comments as "insights" that will help us provide better service.

For more news, videos, information and photos, visit Keesler's public Web site, http://www.keesler.af.mil

Keesler News

81st Training Wing commander

Brig. Gen. Greg Touhill

Public affairs director

Jerry Taranto

Editor

Airman 1st Class David Salanitri

Staff writer

Susan Griggs

Staff photographer

Kemberly Groue

Public affairs staff

Billy Bell

Tech. Sgt. Chuck Marsh Joel Van Nice

YoLanda Wallace

The Keesler News office is in Room 201A, Wall Studio, Building 0902. The mailing address: 81TRW/PAIN, Keesler AFB, MS 39534-2120. Phone: 377-4130, 3837 or 9966. Published Thursday. News deadline: noon Monday. Editorial content edited, prepared and provided by the 81st TRW Public Affairs Office is in compliance with Air Force journalistic standards. Photos are Air Force photos unless otherwise indicated.

The Keesler News is published by Gulf Publishing Co., a private firm in no way connected with the Air Force, under an exclusive written contract with the 81st TRW as an authorized publication for U.S. military service members. Contents aren't necessarily the official views of, or endorsed by, the U.S. government, Department of Defense or Air Force. Advertising doesn't constitute endorsement by the U.S. government, DOD, Air Force or Gulf Publishing of products or services advertised. Everything advertised shall be available without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor.

Keesler on the Web http://www.keesler.af.mil

TRAINING AND EDUCATION

More troops, families to qualify for new GI Bill

By Donna Miles

American Forces Press Service

WASHINGTON — Military members nearing retirement eligibility may be able to tap into the transferability benefits provided in the new Post-9/11 GI Bill, even if they're unable to serve four more years of duty due to service policies, a senior defense official said.

The Post-9/11 Veterans Education Bill that takes effect in August offers more benefits and the ability to transfer benefits to a spouse or child, It's proven to be a hit with the troops, said Bill Carr, deputy undersecretary of defense for military personnel policy.

Of service members surveyed in August, 97 percent said they plan to take advantage of the Post-9/11 GI Bill, particularly its transferability provision said.

"Enormous interest has been expressed in the transferability provision and how it would work, because so many in the force have families," Mr. Carr said. He noted that half of the military force is married. By the time troops have served six years of duty, about two-thirds have families.

To qualify for transferability under the Post-9/11 GI Bill, service members must have served six years on active duty or in the Selected Reserve and must commit to another four years. But Mr. Carr said the rules could be tweaked soon to allow mid- or late-

For more information

The Department of Veterans Affairs, which administers the Post 9/11 program, has more details about the basic program on its Web site, http://www.gibill.va.gov.

The site offers a comparison of benefit features, a preliminary chart listing maximum benefits by state and a copy of the Post 9/11 GI Bill pamphlet.

The Defense Department will oversee the transferability program and set up a Web-based application servicemembers can use to request transfer of their Post-9/11 GI Bill benefits.

career troops to qualify, even if they can't sign on for another four years of duty due to service restrictions.

Rules expected to be published in the months ahead will clarify exactly who is or isn't eligible to transfer their Post 9/11 GI Bill benefits. Mr. Carr said he expects those rules to be "very flexible" to allow servicemembers with 15 or even 20 years of service to quality. What's definite now is that only those in the active or reserve components on Aug. 1 are eligible for transferability under the Post-9/11 GI Bill.

"The law doesn't allow it to be retroactive" to cover those who already have left the military, Mr. Carr said.

The new bill represents the most comprehensive education package since the original World War II-era GI Bill, he said. Unlike the current GI Bill, it covers 100 percent — rather than 80 percent — of the cost of tuition, fees and books. Service members no longer will have to pay \$1,200 out of pocket, at the rate of \$100 a month for their first year of service, to qualify.

Of those surveyed in August, 73 percent said they would transfer benefits to their spouse, while 94 percent said they would transfer them to their children.

This is a particularly attractive option for service-members who have earned degrees before entering the military or while on duty through the military's tuition assistance programs, Mr. Carr said. These programs will continue when the Post-9/11 GI Bill takes effect.

Troops automatically are eligible to transfer to the Post-9/11 GI Bill program when it takes effect, but must elect to do so, officials said.

"The new GI Bill provides some wonderful opportunities for the military," Mr. Carr said. "These are benefits that we had hoped for for a number of years, and finally have received."

Identity theft is a personal nightmare and security risk. Shred bills, statements, letters, old journals, records, outdated application forms and any documents that contain your full name, Social Security number, duty title and job information, credit card. bank account numbers and names of family members. If you see documents being removed from trash cans, call the 81st Security Forces Squadron law enforcement desk, 377-3040.

Keesler surgical residents return to Navy hospital

By Rod Duren

Naval Hospital Pensacola

PENSACOLA, Fla. – Keesler Medical Center surgical residency program has returned to the arena of joint military service with Navy medicine in Northwest Florida since 2005 with the first of four six-week rotations completed at Naval Hospital Pensacola, Fla., in February.

The return of the surgical residency rotation to the Family Medicine teaching hospital in Northwest Florida follows a nearly 4-year absence following the 2005 destructive forces of Hurricane Katrina that shut down the Air Force facility and scattered surgical residents throughout the country.

"There are a number of advantages for both the surgical residents and general surgery staff here at the Navy hospital," said Capt. (Dr.) Joseph DeFeo, Navy surgeon and program director for the Air Force residents.

"There's lots of patients — as many as 10 (surgical cases) a week for a total of about 60, which is probably more than they'd be getting at Keesler," Capt. DeFeo said. "It will keep the surgical staff on our toes, too, having to think currently in a teaching role."

The Pensacola facility has been a family medicine residency teaching hospital since 1972.

Brig. Gen. (Dr.) Dan Wyman, 81st Medical Group commander, said that "the return of Keesler Medical Center surgical residents to Naval Hospital Pensacola marks another milestone in Keesler's comeback to pre-Katrina operations.

"It also exemplified the spirit of cooperation

between the two services," he continued. "We look forward to continuing this partnership and the benefits it provides to both medical centers."

The addition of the surgical residency will "upgrade the functions of training residents," said Captain DeFeo, "from a camaraderie perspective, to giving both of us joint (military training) exposure."

The first of the Air Force surgical residents, Capt. (Dr.) Charles Woodham, just completed his six-week rotation in Pensacola.

"My rotation at Naval Hospital Pensacola has, to this point, been my best operative experience as a surgical resident," he said. "Due to the way the rotation is set up, I was able to perform more surgeries, in a shorter period of time, than any other rotation to this point in my program.

"I found that the surgical staff (was) all extremely open, and excited, about my being there," he continued. "As an Air Force officer, I was greeted with respect and openness."

The Air Force surgical residency program at Pensacola was started in 1995 and restarted — following a drought caused by Hurricane Katrina — in January with the assistance of retired Navy Capt. (Dr.) John Perciballi, a combat surgeon from Operation Iraqi Freedom, and Maj. (Dr.) Valerie Pruitt, head of Keesler's general surgery residency program.

"We met with the people at Keesler to establish the program and it worked well ... until Katrina," Dr. Perciballi said. The Pensacola facility is a "nice community-size hospital that can give plenty of 'bread-and-butter' surgeries to the residents they can't get at larger military medical facilities." Major Pruitt was an Air Force surgical resident that did rotations at the facility between 1997 and 2002. She's excited about resuming the "tradition of working with the Navy attending surgeons" at Pensacola.

By re-engaging the Navy hospital into the Keesler Medical Center general surgery residency program, "we are creating a joint service training platform (that) truly promotes a joint environment and will lead to betterment of medical support to the warfighter," she continued. "It is imperative our residents learn early in their careers how to interact with all branch's of the service," she continued.

"It was one of my favorite rotations as a resident and it seems like Captain Woodham was happy with the experience he had 10 years after mine," she added.

The current Air Force surgical resident at the Pensacola hospital is Capt. Chad Edwards, a former flight paramedic who began the surgical residency program at Pensacola in February following completion of a clinical research fellowship at Keesler last year in his general surgery training.

"The experience has been outstanding," Capt Edwards said. "The willingness of the staff surgeons to help at every step has been amazing. Each attending surgeon takes time to help with every facet of surgical care.

"Through their insight from years of practice, I feel that each case provides so much more than mere operative experience, he continued. "My time here will have a positive and lifelong influence on the way that I will practice surgery."

The 81st Medical Group contributed to this report.



Don't drink and drive.

Call

377-SAVE

for a safe ride home.

Solis STEPs up



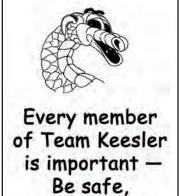
Master Sgt. Homer Solis, an instructor supervisor in the 338th Training Squadron's ground radio course, was promoted to his new rank Feb. 23 through the Stripes for Exceptional Performers program. A flight leader for the base honor guard, Sergeant Solis been at Keesler for 3½ of his 16½ years in the Air Force. He hails from Brownsville, Texas.

CORRECTION

The second paragraph of the drill down story on Page 4 of the Feb. 26 Keesler News contained a typographical error.

The 338th Training Squadron placed first in regulation drill and open ranks to win first place overall in the competition.

The 335th TRS placed second overall.



not a statistic.

Air Force recruiting military training instructors

Air Force News Service

RANDOLPH Air Force Base, Texas — Few figures in the Air Force exemplify leadership more than military training instructors, and more are needed to help meet short- and long-term manning goals.

Because of the demands of increasing end strength, Air Force officials need to bring in about 220 additional MTIs. About 4,000 additional enlisted Airmen per year will be recruited during the next two years to boost manning to 332,700.

The influx of new Airmen entering the Air Force and the recent expansion of the basic military training program has increased the number of trainees in the pipeline, said Chief Master Sgt. Brian Glasgow, chief of the Air Force Personnel center support assignments branch.

"We're working closely with Air Education and Training Command and the MTI recruiting team to streamline the instructor applications so we can make it easier for interested Airmen to enter these special duty assignments," Chief Glasgow said. "With senior leadership's involvement and by getting the word out, we're confident we'll be able to meet long-term manning goals."

"The current cadre of MTIs are doing an outstanding job and are working long hours to meet this influx, but they need help from their fellow Airmen," said Chief Master Sgt. of the Air Force Rodney McKinley. "For eligible senior airmen, staff and technical sergeants, MTI duty provides excellent leadership and supervisory experience and propels them toward future success."

Other benefits for MTIs include: **Stable** four-year controlled tour **\$375** monthly special duty pay

\$222 annual supplementary clothing allowance

Credits toward a Community College of the Air Force associate degree in instructor of technology and military studies

AETC instructor badge

MTI recognition ribbon for successful tour

In the short term, however, Air Force officials said additional MTIs are needed now to ensure a sustainable pace for the future. To bridge the gap and support AETC requirements, AFPC officials will select individuals with prior MTI experience for temporary duty using the TDY manning assistance program. Individuals with MTI experience in the past four years will be tasked to return to Lackland Air Force Base, Texas, for a 179-day TDY.

For more information, call 1-210-671-1016 or e-mail mtir@lackland.af.mil.

Training and Education Notes

Drill downs, parades

The 81st Training Group parade is 6 p.m. today on the parade field.

Other drill downs and parades:

Drill downs — 8 a.m. April 17; 7 a.m. June 12 and Aug. 7; 8 a.m. Oct. 2.

Parades — 6 p.m. July 23 and April 17.

Drill downs and parades are conducted on the parade field behind the Levitow Training Support Facility.

For drill down information, call Tech. Sgt. Trina Girley, 377-2737. For parade information, call Staff Sgt. Donald McNair, 377-9527.

MGCCC registration

Today is the last day for late registration for Mississippi Gulf Coast Community College's Keesler Center spring semester which began Monday.

Current students may preregister at http://www.mgccc.edu.

For assistance or to schedule an appointment, call 376-8477.

Parking lot closed

The parking lot on the southeast side of the NCO Academy is closed until 4 p.m. March 12 and noon April 1 for drill practice and evaluation.

In case of inclement weather, the hours may

change or the lot will be open.

For more information, call Master Sgt. Greg Jackson, 377-2740.

Commissioning brief

Capt. Peter Beck from the University of Southern Mississippi's Air Force ROTC program gives a commissioning brief, 2-3 p.m. March 13 in the Sablich Center auditorium.

Register by Tuesday by e-mailing 81FSS.education@keesler.af.mil with "commissioning — Capt. Beck" as the subject line.

Scholarship available

Applications are accepted through March 31 for the 2009 Hurricane Hunters Association Swan 38 Memorial Scholarship.

For eligibility requirements, instructions and application forms, log on to http://www.hurricanehunters.com.

KSC scholarships

April 10 is the deadline to apply for six scholarships being offered by the Keesler Spouses Club.

High school and homeschooled seniors and spouses in Jackson, Harrison and Hancock counties who are dependents of Keesler activeduty, Reserve, Guard, retirees, deceased members, and

Defense Department civilians are eligible.

Applicants must enter an accredited two-year or four-year college or university this fall.

Applications are available at high school counselor offices, the Keesler Thrift Shop and online at http://www.keeslerspousesclub.com.

GI Bill benefits

Montgomery GI Bill benefits may be used in conjunction with tuition assistance.

For more information, call 376-8708.

Special testing dates

Application deadlines and dates for special testing are:

PRAXIS I and II — March 16 for April 13; June 14 for July 13.

ACT — March 27 for April 27; May 22 for June 22.

SAT — April 24 for May 25. Test time is 7 a.m. for all.

For more information, call 376-8708.

Student health center

The student health center in the Levitow Training Support Facility is open 7 a.m. to 5 p.m. Monday-Thursday and 7 a.m. to 4 p.m. Friday.

The front desk phone numbers are 376-0324 or 0325.

February's top scores for CDC tests announced

Airman David Foss, 81st Security Forces Squadron, scored 96 percent on his career development course test.

Airman Foss is currently deployed.

Other February high scorers and their scores are Airmen 1st Class Steven Kaste, 95, and Chelsea McCall, 94, 81st SFS; Senior Airman John Taylor, 93, and Airman Mark Born, 92, 81st CES; Senior Airman Clennon Turner, 92, 81st Dental Squadron; Airman 1st Class Ian Shine, 92, 81st Force Support Squadron; Airman 1st Class Jon Chida, 92, 81st Medical Operations Squadron; and Airman 1st Class Cara Montgomery, 91, 81st Medical Group.

NEWS AND FEATURES

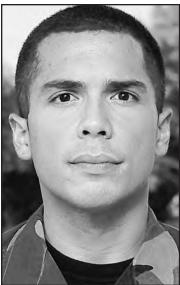
New top cop



Photo by Kemberly Groue

Capt. Jason Williams, left, new commander of the 81st Security Forces Squadron, receives a post brief Friday from Staff Sgt. Casey Sims, who's been on bicycle patrol with Falcon Flight. Captain Williams, the squadron's former operations officer, assumed command from Maj. Joseph Musacchia Feb. 18. Major Musacchia, who's deployed to Iraq with the Multi National Security Command, led the unit since May 2007.

Keesler News claims 5 awards



Sergeant Rodriguez

By Airman 1st Class David Salanitri

Keesler News editor

The 81st Training Wing Public Affairs Office and Keesler News won five Air Education and Training Command media awards for 2008:

Staff Sgt. Carlos Rodriguez — outstanding new print journalist, first place. Sergeant Rodriguez, a community relations specialist, also wrote a variety of stories for the newspaper.

Staff Sgt. Tanya Holditch — journalist of the year, third place, and commentary, third place. Sergeant Holditch, former Keesler News editor, is now assigned to the 403rd Wing Public Affairs Office.

Kemberly Groue — contractor/stringer photo, third place. In previous AETC contests, Mrs. Groue placed first in 2002, 2004 and 2006, and second in 2001 and 2007

Susan Griggs — contractor/stringer article, second place. In AETC competition, she's placed first, second and third nine times since joining the staff in 1996.

The 2008 awards bring to 139 the total number of AETC awards won by the Keesler News in the past 24 years.

In the News

Top enlisted Airman to retire

Air Force News Service

WASHINGTON — Chief Master Sgt. of the Air Force Rodney McKinley will retire this summer after serving for 30 years. He's served as the 15thchief master sergeant of the Air Force since June 30, 2006.

A formal retirement ceremony for Chief McKinley and appointment of his replacement by the Air Force chief of staff is planned for June 30.

Promotion ceremony for chiefs

The Keesler Chiefs Group's annual ceremony recognizing those individuals selected for promotion to chief master sergeant is 6 p.m. March 27 in the Dragon's Lair.

This year's honorees are Chief Master Sgt. James Morrison, 81st Comptroller Squadron; and Senior Master Sgts. Danny Ogas, 2nd Air Force; Joe Watson, 85th Engineering Installation Squadron; and Pamela Manning, 81st Training Wing.

Tickets are \$25 for the formal/semi-formal event and are available from any Keesler chief or Chief Master Sgt. Bob Madigan, 377-5958.

Air show and open house April 4-5

Keesler hosts the Thunder on the Bay Air Show and Open House April 4-5, with gates opening at 9 a.m.

Performances by the Air Force Thunderbirds, Army Golden Knights, Trojan Phlyers team, Air Force Wings of Blue parachute team, T-33 vintage thunderbird and others are planned.

For more information, visit Keesler's public Web site, http://www.keesler.af.mil, and click on the Thunder on the Bay icon in the upper right portion of the screen.

Death notification

Brig. Gen. Greg Touhill, 81st Training Wing commander, regrets to announce the death of Tech. Sgt Brenda Gibbs, 85th Engineering Installation Squadron.

Any persons with claims for or against her estate, call 2nd Lt. Yvonne Sparks, summary court officer, 377-5549.

Cell phone restrictions for drivers

It's a primary offense to use a cell phone while driving on base without a hands-free device.

For military members, offenses are subject to citation for points, and for civilian employees, dependents, retirees and contractors, citations carry a fine. For all offenders, driving privileges can be suspended for seven days for the first offense, 30 days for a second offense and one year for a third offense.

For more information, call the 81st Security Forces Squadron, 376-6600, or the wing safety office, 377-2007.

Off-limits establishments

Off-limits establishments for military members are the Blue Note Lounge, Boulevard Nightclub and Henry Beck Park (except during daylight hours or official events) in Biloxi; Bunksmall Apartments and H&H Hideaway in Pascagoula and Toni's Lounge in Moss Point.

Deputy Air Force surgeon general visits



Photo by Steve Pivnick

Maj. Gen. (Dr.) Charles Green, left, deputy Air Force surgeon general, listens as Col. (Dr.) John Embry, 81st Dental Squadron commander, explains a digital photograph taken with an intra-oral camera during the general's Feb. 13 visit to 81st Medical Group facilities. The recently-installed state-of-the-art equipment allows the patient to see what the dentist is seeing. General Green also visited the simulation lab, radiation/oncology facilities, emergency department, family health clinic and the Triangle clinic and was briefed about medical training programs.

Demolition,

from Page 1

chiller plant work, the steam plant should be ready for demolition, which is expected to take four to six weeks. Carothers Construction will then create a new parking lot in the cleared demolition site.

"Following the D-2 demolition, Carothers Construction will start the abatement and demolition of the "D" tower," Mr. Martin continued.

Once radiation therapy moves from its current location in the medical center basement to its new building in mid-July, that area of the basement will be demolished.

After the three areas of the medical center have been cleared, construction of the new inpatient Tower can begin. This four-story structure was authorized under the last round of Base Realignment and Closure Commission decisions and legislation in 2005. Current plans call for construction to begin in

August to meet the required occupation date of October 2011.

"During the tower construction, the entire northeast quadrant of the hospital will be designated a construction area. Again, no parking will be permitted on J Street from the north emergency room ambulance access way eastward to the logistics loading docks on Fifth Street. Only fire department and construction equipment will be allowed in this area," Mr. Martin noted.

Keesler Medical Center's \$68 million inpatient tower will be a four-story addition located on the northeast corner of the present structure.

The emergency department will relocate to the first floor of the new structure. Central sterile supply also will be on the first level and will be convenient to the surgery suites above.

Stairs and front- and backopening elevators will provide access to the first floor of the existing building half a floor up. This will allow access to the diagnostic imaging department as well as a half floor down for connection to the remaining basement activities such as medical logistics and the cafeteria.

The second floor will include surgery and the vath Lab, which will be relocated from within the current diagnostic imaging department. A visitors' area, separated from the surgery areas, will be located on the southwest side.

A 24-bed medical-surgical unit will occupy the entire third floor. Since the new third floor will be slightly above the existing third floor, a ramped corridor will link the new and existing buildings. This will be in addition to the primary elevators.

The fourth floor will contain another 24-bed medicalsurgical unit, nearly identical to the third-floor unit. The only difference is this level won't have a direct connection to the existing building. Mechanical space will be located in an enclosed penthouse above this floor.

Donley retains post as Air Force secretary

By Staff Sgt. J.G. Buzanowski

Secretary of the Air Force Public Affairs

WASHINGTON — White House officials announced Feb. 26 that Secretary Michael Donley will remain the secretary of the Air Force.

"I am very honored that the president and the secretary of defense have asked me to continue in this capacity," Secretary Donley said. "It remains a privilege to serve the men and women of the world's finest Air Force."

Several other military civilian leaders also remain at their assignments, creating continuity and stability for service members.

"I am confident that these distinguished individuals have the commitment and expertise to help guide the Department of Defense at this critical time for our nation," President Obama said. "Under the leadership of Secretary Gates, this group will help us maintain a strong and effective military to accomplish the fundamental goals of keeping America safe, advancing our interests abroad, and restoring American leadership in the world."

Secretary Donley is responsible for Air Force affairs, including the organizing, training, equipping and providing for the welfare of its more than 300,000 men and women on active duty, 180,000 members of the Air National Guard and the Air Force Reserve, 160,000 civilians, and their families. He also oversees the Air Force's annual budget of about \$110 billion.

President proposes military pay increase

By John Kruzel

American Forces Press Service

WASHINGTON — President Barack Obama's fiscal 2010 budget proposal released Feb. 26 includes a 2.9 percent pay increase for U.S. service members.

The figure is lower than pay raises requested the past two years, Defense Secretary Robert Gates said, but he noted that Congress has a precedent of increasing the amount initially requested.

Secretary Gates cited the "constrained economic environment" for the smaller proposed pay raise.

ronment" for the smaller proposed pay raise.

The bump in pay is part of the Defense Department's \$534 billion base operating

budget for fiscal 2010, which

represents a 4 percent, or

\$20 billion, increase from the previous fiscal year.

"I'm confident that this funding level will allow the department to meet its long-term institutional priorities of taking care of the troops and their families, rebalancing our capabilities for conventional and irregular warfare, completing the growth of the Army and Marine Corps and preserving essential modernization programs," Secretary Gates said.

"After years of asking more and more from our troops and their families, this budget reflects the priorities of an administration that is committed to caring for the service members who protect our security and the families who support them," the White House's budget summary states.

Personnel Notes

Friday is deadline to complete survey

AETC Public Affairs

RANDOLPH Air Force Base, Texas — Friday is the deadline for noncommissioned officers to share feedback with the Air Force Occupational Measurement Squadron through the online military knowledge and testing standard survey.

The survey is posted at https://surveys.afoms.randolph.af.mil/survey124. Participation requires the use of a common access card. Results are released in July.

The survey gives NCOs a voice in their own career advancements. It's used in the professional development guide in 2011 and to develop promotion fitness and supervisory examinations.

2009 selection boards

March 9 — colonel line of the Air Force; lieutenant colonel and major biomedical sciences corps/nurse corps.

May 18-22, Sept. 21-25 — special selection boards.

June 8 — lieutenant colonel and major BSC/NC.

July 13-24 — senior noncommissioned officer supplemental.

Aug. 17-28 — command screening.

Sept. 14 — colonel medical service corps, medical corps and dental corps; lieutenant colonel and major MC/DC.

Oct. 13-26 — chief master sergeant evaluation.

Nov. 2 — colonel and lieutenant colonel judge advocate and chaplain; major LAF, judge advocate and chaplain.

Dec. 1 — colonel LAF/BSC/NC, lieutenant colonel and major BSC/NC.

Total Force Service Center

Air Force Personnel Center

RANDOLPH Air Force Base, Texas — Members of the total force now have one central phone number for personnel questions.

Air Force members can call the Total Force Service Center, 1-800-525-0102, to reach a customer service counselor to discuss issues ranging from retraining, promotions and identification cards to leave, retirements and civilian benefits.

When calling from outside the U.S., dial the toll-free AT&T direct access number for the country they are located, then dial 1-800-525-0102. Direct access numbers are found at http://www.business.att.com/bt/dial_guide.jsp.

There's no change for individuals with hearing impairments. They can still reach the civilian Benefits and Entitlements Service Team and AFPC's Personnel Systems Operations Control Center and ask employment questions, by calling the Telephone Device for the Deaf number, 1-800-382-0893 or 1-210-565-2276.

For answers to many personnel questions, log on to http://ask.afpc.randolph.af.mil or http://www.arpc.afrc.af.mil.

Medical appointments

People needing appointments at Keesler Medical Center can book them online instead of calling the central appointment desk.

Log on to http://www. tricareonline.com and click on "My Health" to complete registration. Common access card holders may use their cards and personal identification numbers, while others must set up a username and password.

The site allows users to book urgent and non-urgent appointments based on their needs.

Appointments are automatically booked with the individual's primary care manager. If the PCM is unavailable, the user is given the option to make the appointment with another provider in the same clinic.

All active-duty members should register themselves at the online site when they arrive at Keesler.

Family members must be registered separately.

For more information, call 376-3101.

USA Jobs listings changed to ease hiring

By Maj. Beth Kelley Horine

Air Force Personnel Center Public Affairs

RANDOLPH Air Force Base, Texas — Air Force Personnel Center officials recently changed how civilian job announcements are listed to improve the civilian hiring process.

"AFPC is improving our civilian hiring process and reducing the time it takes to fill civilian position vacancies. Changing the way we list our civilian job openings is one of the many initiatives we're implementing to help improve our processes," said Maj. Gen. K.C. McClain, AFPC commander.

To meet their objective, AFPC officials turned to their customers, job applicants and managers, to find ways to improve the application and hiring process.

"By listening to our customers, we heard applicants were having a hard time finding the jobs they wanted to apply for on USA Jobs, and managers were having a hard time finding their advertised positions," said Ms. Jamie Beattie, the technical operations and training chief at AFPC's civilian corce integration directorate.

As a result of customer feedback, AFPC officials changed the way jobs were listed on USA Jobs Web site.

"By doing this, we effectively reduced the number of civilian announcements listed from 77,000 down to 7,500," General McClain said. "This helps enable us to meet our goal of filling a civilian vacancy within 120 days or less," the general added.

Previously, almost all civilian positions were posted as an "open continuous" announcement—meaning the job was always "open" to accept applications, even if a vacancy didn't exist during the time of application. The intent was to allow staffing officials to immediately pull a list of applicants as soon as a vacancy

request was received.

However, due to the abundance of Air Force civilian job listings, feedback came in from both applicants and hiring officials of the difficulty in finding and monitoring specific positions. Job announcements listed as "open continuous" unintentionally led applicants to believe a current, vacant position existed.

In October 2008, AFPC officials changed the criteria for when jobs would be posted as "open continuous" to reduce confusion.

"Originally, AFPC's 'open continuous' announcement process was created to facilitate faster filling of civilian job openings," Ms. Beattie said. "But we didn't want to keep giving applicants an unrealistic picture there were open positions available, when in reality, there weren't."

Now, for a job announcement to be listed as "open continuous," it requires the same position, pay plan, series and grade to have been filled more than 20 times in a 12-month period.

"Most of the announcements still listed as 'open continuous' are for high-fill rate jobs, such as child care workers and administrative positions," Ms. Beattie said.

Part of the new process improves communication through automatic e-mail notifications sent to hiring officials and the local civilian personnel offices, notifying them of the actual vacancy identification number of the position for which they are recruiting. This allows managers to provide information, like the vacancy ID number, to applicants as questions arise.

"The policy change provides faster and quicker service to hiring officials and applicants by helping managers better identify their open positions and by greatly lowering the number of Air Force job listings to sift through on USA jobs—AFPC went from 14,000 'open continuous' positions down to about 250," Ms. Beattie said.

To
report
sexual
assaults
at
Keesler,
call
377-7278.



Chairman of joint chiefs emphasizes need for more 'dwell time' between deployments

By Samantha Quigley

American Forces Press Service

SCOTT Air Force Base, Ill. — The nation's top military officer expressed concern here about service members and their families "toughing it out" with frequent deployments and little time together between those deployments.

Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, talked about the stresses of war and a variety of other topics in a town hall meeting Feb. 19 with service members and civilians.

Admiral Mullen acknowledged that even when troops theoretically have 12 months of "dwell time" between deployments, that's not really the case when they have to spend part of that time away from their families training for their next deployment.

"The way the families are handling this thing is they're just toughing it out until they get the relief," he said. "There's a concern about how long they can tough it out. We're going to have to continue to focus on that."

Suicide rates are increasing in all of the services, dramatically in the Army, Admiral Mullen said.

"The correlation (between) the stress of these wars and the suicide rate is something that I accept, and then I want somebody to disprove that," he said in pledging continued efforts to fix the problem. "I'm not going to wait for somebody to disprove that to me."

Turning to care for the casualties of war, the chairman said the nation owes them and their families a great debt.

"For these (service members) who've either paid the ultimate price or been wounded and done what we asked them to do as a country," he said, "we should figure out what their needs are, ... and we should figure out how to take care of them for the rest

of their lives."

"For these (service members)
who've either paid the ultimate price
or been wounded and done what
we asked them to do as a country,
we should figure out
what their needs are ...
and we should figure out
how to take care of them
for the rest of their lives."

— Admiral Mullen

Admiral Mullen drew on the Israeli model of veteran care as an example of the intent the United States should have when it comes to veteran care.

He noted a past conversation with the Israeli army chief of staff, during which he asked how that country provides continuous care for its wounded. The Israeli chief reached into his wallet and produced a list of a dozen names.

Upon assuming command of a unit, he explained, Israeli commanders must sign for an accountability log that lists the families of the unit's fallen service members and the unit's wounded and their families. The commanders take care of and keep in touch with these people, and are inspected on their fulfillment of this obligation as part of their command requirements.

"As the (Israeli) minister of defense says, 'We write the check off the top at the beginning of the budget cycle to make sure they're taken care of," Admiral Mullen said. "I'm not arguing we should do that, but I am saying we ought to have that effect."

Later, Admiral Mullen spoke with reporters about NATO's efforts in Afghanistan, stressing the need for more help from the alliance's members, especially in the nonmilitary part of the equation.

"For the entirety of my tour as the chairman, ... I've worked hard with my partners in NATO to push them to generate more capabilities, not just military capabilities," he said. "We have financial capabilities, we've got development capabilities. I talked about the need for governance. We have ... expertise that we need there to assist in training the Afghan people with the respect to proper governments.

"There are a number of ways NATO members can help and we need them to step forward," he continued. "They have stepped forward to some degree. We need them to step forward more significantly."

Admiral Mullen also discussed the vote by Kyrgyzstan's parliament to close Manas Air Base, an important logistical hub for the war in Afghanistan. While the country's parliament voted 79-1 not to renew the U.S. lease on the base, there has been no official notification from the Kyrgyz government, Admiral Mullen said. But if the base is closed, he added, the United States has options.

"There's a six-month process once notification is given, should that happen," Admiral Mullen said. "We've done a lot of work to create options and look at other ways of doing this, and I'm comfortable that those options will support us very well if we get to that point."

DRAGON OF THE WEEK

Name — Tech. Sgt. Felix Rodriguez

Unit — 336th Training Squadron

Position — network integration instructor

Time in Air Force—11 years

Time at Keesler — 1½ years

Hometown — Guanica, Puerto Rico

Noteworthy — recently selected as NCOA Distinguished Graduate and Academic Achievement Award winner of his NCO Academy class. Along with teaching a full course load, he coordinates all tech control graduations and serves as unit deployment manager and Air Force Assistance Fund contact.

Why did you join the Air Force? — I wanted to travel, see the world and be



Photo by Kemberly Groue

part of this country's history.

What are your hobbies? reading, playing chess and spending time with my kids and their sports.

What are your shortand long-term goals short-term, to obtain master instructor and operational instructor certificate; longterm, to complete a master's degree and make chief.

What's your favorite quote? — "If you have a problem and there is a solution, don't worry about it. If you have a problem and there isn't a solution, don't worry about it."

DIAMOND NOTES

Inappropriate cell phone usage

while operating a vehicle on the installation will result in a seven-day, 30-day or one-year

loss of driving privileges

for military members and civilians



Chief Master Sgt. James Morrison, 81st Comptroller Squadron first sergeant

Memorable Moments



March 1, 1988

The family support center,
predecessor of the
airman and family readiness center,
was established and located
in Sablich Center.

Road rage — disastrous driving.

Personnel center provides snapshot of active duty force

RANDOLPH Air Force African American Base, Texas — The Air Force Personnel Center has published a demographics report offering a snapshot of the service's active-duty force as of

Statistics are rounded to the nearest tenth.

Current force

- 324,633 individuals are on active duty — 64,494 officers and 260,139 enlisted personnel
- The Air Force has 13,246 pilots, 4,146 navigators, 1,282 air battle managers and 29,953 nonrated line officers in the grades of lieutenant colonel and below

Age

- The average age of the officer force is 35; for enlisted Airmen, it's 29
- Of the force, 38.8 percent are below the age of 26
- 45.01 percent of enlisted Airmen are below 26 versus 13.76 percent of officers

Gender

- 19.6 percent are women
- 18.24 percent of the officers are women and 19.94 percent of the enlisted corps are women
- 57.18 percent of the female officers are line officers; 42.82 percent are non-
- 85.01 percent of the male officers are line officers; 14.99 percent are nonline
- Number of women is
- Women first entered pilot training in 1976, navigator training in 1977 and fighter pilot training in 1993
- Currently, there are 606 (4.24 percent) female pilots, 242 (5.39 percent) female navigators and 156 air battle managers (11.6 percent)

Race

- 0.63 percent reported their race to be American Indian or native Alaskan
- 2.5 percent reported their race to be Asian
- 14.75 percent reported their race to be black or

- 0.99 percent reported their race to be native Hawaiian or other Pacific Islander
- 73.52 percent reported their race to be white
- 1.93 percent reported their race to be more than one of the categories
- 5.67 percent declined to report their race

Ethnicity

"Hispanic or Latino" is considered an ethnic, category that is registered separately and in addition to the racial categories.

- 9.84 percent of Airmen call themselves "Hispanic/Latino"
- 86.43 percent "not Hispanic/Latino"
 - 3.73 declined to respond

Marital status

- 59.7 percent is married, which is 71.83 percent of the officers and 56.7 percent of enlisted Airmen
- There are 17,472 couples in the Air Force with both spouses in the military
- 1,347 of these are married to members of other military services

Family members

- Active-duty members support 442,326 family members
- 350,902 family members live in an Airman's household

Overseas

- 20.84 percent is assigned overseas (including Alaska and Hawaii)
- 9,621 officers and 58,029 enlisted personnel

Total active federal military service

• 11 years for officers and 8 years for enlisted Airmen

Officer education

- 51.89 percent have advanced or professional degrees
- 41.23 percent have master's degrees, 9.25 percent have professional degrees and 1.4 percent have doctorate degrees
- 26.14 percent of company grade officers have advanced degrees, 19.33 percent have master's degrees, 6.53 percent

have professional degrees and 0.28 percent have doctorates

• 85.56 percent of field grade officers have advanced degrees, 69.81 percent have master's degrees, 12.88 percent have professional degrees and 2.87 percent have doctorates

Enlisted education

- 70.81 percent have some semester hours towards a college degree — 76 percent of Airmen, 77 percent of NCOs and 27 percent of senior NCOs
- 17.82 percent have an associate's degree or equivalent semester hours — 1.6 percent of Airmen, 18 percent of NCOs and 51 percent of senior NCOs
- 5.17 percent have a bachelor's degree — 1.7 percent of Airmen, 3.9 percent of NCOs and 18 percent of senior NCOs
- 0.82 percent have a master's degree, .02 percent of Airmen, .40 percent of NCOs and 4.4 percent of senior NCOs
- .01 percent have a professional or doctorate degree

Component

- 99.38 percent of officers have a regular commission
- 99.55 percent of line officers have a regular commission

Developmental education

- 81.61 percent of the officers have completed one or more professional military education or developmental education courses either in residence or by correspondence.
- 9,629 have completed at least one senior service school or senior developmental education course, 12,980 have completed an intermediate level course and 30,026 have completed Squadron Officer School.

Commission source

- 20.48 percent of the officers were commissioned through the Air Force Academy, 43.13 percent through Reserve Officer Training Corps and 19.38 percent through Officer Training School.
- The other 17.02 percent were commissioned through other sources (direct appointment, etc.).



Senior Airman Timothy Capers, left, and Airman 1st Class Jordan Nestor, 81st Security Forces Squadron, and Senior Airman Rudolph Richards, chapel, wait for Senior Airman Jazmin Butler, 81st Logistics Readiness Squadron, to serve collard greens at the soul food sampling, Feb. 26.

Savory soul food, spirited gospel music — African-American History Month ends

At right, Rev. Steve McDaniel Jr., pastor of New Light Missionary Baptist Church in Gulfport, opens Saturday's gospel concert with his rendition of "I Made It." Mr. McDaniel is also on the staff of the 81st Force Support Squadron airman and family readiness center.





Keesler's gospel choir performs "Nobody But You" at Saturday's gospel concert at Triangle Chapel, the final event for the base's African-American History Month observance. In addtion last week's concert and soul food sampling, the African-American Heritage Committee sponsored a bowling tournament, luncheon and fish fry during February. Photos by Kemberly Groue

Commissary benefit saves customers more \$

Defense Commissary Agency and Keesler News staff

FORT LEE, Va. — There's more pocket money for service members and their families when they shop consistently in the commissary – nearly \$3,400 for a family of four based on the U.S. Department of Agriculture survey that measures household grocery store purchases.

"In tough economic times our customers can always depend on their commissary benefit to help them make ends meet," said Philip Sakowitz Jr., Defense Commissary Agency director and chief executive officer.

"The commissary can save you money, so utilize your benefit to the fullest — it's worth the trip," Keesler store director Gordy Harris pointed out.

Each month, the USDA calculates household purchases of grocery, meat and produce items. Once a year in October, DeCA's sales directorate examines the USDA's figures to determine monetary savings amounts for its customers in various family-sized units — a single military member, a couple, a family of three or four — based on the commissary's savings of more than 30 percent:

A family of four saves \$3,353 each year based on spending an average of \$898 per month or \$10,783 annually. Annual savings in October 2007 were about \$3,100.



Photo by Kemberly Groue

Nine-year-old Amanda Griffey puts canned goods into a shopping cart at the Keesler Commissary. Mrs. Griffey's husband, Rick, is an Army retiree.

A family of three saves \$2,625 each year based on spending an average of \$703 per month or \$8,442 annually. Annual savings in October 2007 were more than \$2,400.

A couple saves \$2,128 each year based on spending an average of \$570

per month or \$6,844 annually. Annual savings in October 2007 were more than \$1,900.

A single service member saves \$1,161 each year based on spending an average of \$311 per month or \$3,733 annually. Annual savings in

October 2007 were about \$1,600.

Commissary savings percentages are calculated based on an annual market basket study. Procedures differ somewhat depending on geographic location. In the continental United States, DeCA captures prices through Nielsen's database of commissary and industry front end sales volume on more than 30,000 grocery items with a Universal Product Code. Pricing comparisons for meat and produce department items in the continental United States are accomplished through in-store audits at 30 randomly selected commissaries to compare them with commercial retail stores within commuting distance.

In Alaska, Hawaii, the Far East, Europe, Guam and Puerto Rico, DeCA conducts additional in-store audits, using a broad sample of grocery, meat and produce items. Savings percentages compare commissary prices, which include DeCA's 5-percent surcharge, to commercial prices with any applicable sales taxes included.

"We sell items at cost, and if you shop regularly in a commissary for your grocery needs, you will save at least 30 percent or more," Mr. Sakowitz said. "That's extra money you can apply to paying off credit card debt, your children's education or whatever else you need."

Kevin Robinson, DeCA public affairs, and Susan Griggs, Keesler News staff, contributed to this report.

March is National Nutrition Month

By Maj. Stacey Van Orden

81st Diagnostics and Therapeutics Squadron

March is that month somewhere between New Year's resolutions, Super Bowl, Valentine's Day chocolates, Mardi Gras goodies... and swimsuit season! What better time to get into a healthy mindset?

March is National Nutrition Month, with "Eat Right" as this year's theme. Created by the American Dietetic Association in 1973, the observance promotes healthful eating with practical nutritional guidance, focusing attention on making informed food choices and developing sound physical activity habits.

Key messages from the ADA:

Make a plan — adopt a few specific small changes. A few small healthy changes, such as adding one piece of fruit to your diet each day, aren't difficult to do and can make a

huge difference to your health.

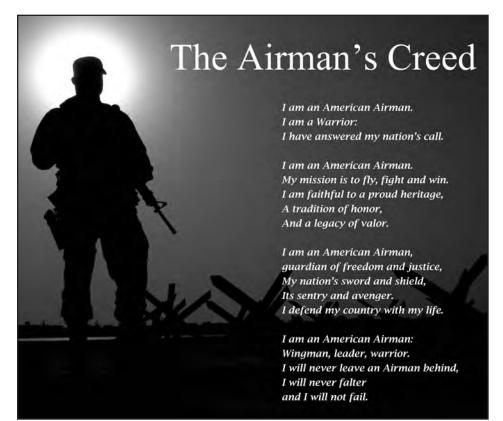
Focus on your food — plan your meals so you don't get distracted and make unhealthy decisions based on convenience. Eating balanced meals with appropriate portions will help you manage your caloric intake.

Make calories count — choose nutrient-rich foods. Most of your food choices should be packed with vitamins, minerals, fiber and other nutrients.

Increase physical activity — regular physical activity is important for overall health and fitness. It's recommend that adults be physically active for about an hour a day.

Play it safe — always clean hands and food-contact surfaces, keep raw and cooked foods separate, cook foods to a proper temperature and chill leftovers promptly to avoid illness.

Be aware of changing nutritional needs — depending on your age and overall health.





Photos by Kemberly Groue

Marissa Warren, 12, and her 7-year-old brother, Christian, enjoy Mardi Gras on the Biloxi Town Green with their mom, Michelle, and other families of deployed members during the Gulf Coast Carnival Association parade, Feb. 24. Their dad, Boatswain Mate Chief Timothy Warren, deployed last month to Kuwait with Naval Mobile Construction Battalion 11 of Gulfport.

Gulf Coast celebrates Mardi Gras



Top, Genia Crane, American Red Cross, paints a flower on Elizabeth Speed's face at the Mardi Gras get-together for families of deployed members hosted by the airman and family readiness center. The 8-year-old is the daughter of Kendra and Tech. Sgt. David Speed, 334th Training Squadron. He's scheduled to return from Kuwait later this month.

Right, 9-year-old Colleen Valle and her mom, Mary, catch beads at the Gulf Coast Carnival Association parade. Colleen's dad is Col. Chris Valle, 81st Training Wing vice commander.





Thrift shop has new location, same building

This week, the Keesler Thrift Shop moved to a new location in the same building.

The shop, operated by the Keesler Spouses Club, is still in the former chapel adjacent to Sablich Center, but moved to the opposite side near the dental clinic where the housing office was previously located.

Hours are 9 a.m. to 2 p.m. Mondays and Wednesdays. Consignments are taken 9 a.m. to 1 p.m. Mondays. Donations are taken during regular hours.

Shop manager Kathy Losco said the shop supports scholarships and charitable projects. "The more we make, the

"The more we make, the more we can give away," said Mrs. Losco. "People don't need an ID card to shop, only to consign. If they have access to Keesler, they can shop."

For more information, call 377-3217.



During March, Air Force highlights women's roles

Air Force News Service

SAN ANTONIO — Throughout history, women in the military have made significant contributions. This is especially true in the Air Force whether they are flying A-10 Thunderbolt IIs or commanding thousands of Airmen.

Women's History Month officially started in March 2000 by order of President Clinton when he signed a presidential proclamation highlighting women of the past and future. He encouraged all Americans to observe this month with appropriate programs, ceremonies and activities, and to remember throughout the year the many contributions of courageous women who have made this nation strong.

Among the thousands of women who've made Air Force history are Marty Wyall, serving in the Women Airforce Service Pilots; Betty Gillies, the first woman pilot to qualify for the Women's Auxiliary Ferrying Squadron; Sergeant Vanessa Sheffield, a C-130 Hercules maintainer back in the '70s when there weren't many women in the maintenance career field; and 2nd Lt. Raquel Dronenburg, currently training to be an unmanned aircraft operator.

Air Force designers have created a special Women's History Month page on Air Force Link that highlights not only the print and video stories run on Air Force Link during the month, but also features special slideshows and a poster and wallpaper download area.

March 14 identification program helps families if child is missing

The Mississippi Child Identification Program comes to Keesler, 10 a.m. to 4 p.m. March 14 at the youth center.

No registration is required for the free program, which is designed to give families a package to assist law enforcement if a child is missing.

A disc is supplied which is registered with the National Amber Alert system and can help local law enforcement locate the missing child.

The disc will have the child's fingerprints, bite impression, DNA sample, video recording and other pertinent information.

For more information, call Master Sgt. Jessica Woodruff, family readiness program coordinator at the airman and family readiness center, 376-8508.

Military can visit Universal Studios free

Universal Orlando Resort's new Military Salute program offers one free two-park, seven-day unlimited admission ticket to all U.S. active-duty Air Force, Army, Navy, Marine Corps, Coast Guard, National Guard or Reservists and retired military service members with valid military photo identification.

Active-duty and retired military personnel and their immediately family members can also purchase additional two-park, seven-day unlimited admission tickets with a valid military photo ID card for up to \$35 off the retail price.

These tickets, being sold primarily at military bases, are also valid for admission to select Universal CityWalk clubs and venues during the time period that the ticket is being used.

Universal Orlando Resort

is the home of Universal Studios Florida and Islands of Adventure theme parks, Universal CityWalk, a restaurant, shopping and nighttime entertainment complex, and three onsite Loews hotels.

Tickets are available at participating base information, tickets and tour offices and the Shades of Green Resort in Orlando through June 28 and are valid for use through Dec. 18.

Baby basics



Photo by Steve Pivnick

Andrea Schram, a medical technician in the 81st Medical Operations Squadron's pediatric specialties, demonstrates the proper technique to bathe an infant during the Feb. 12 Baby Boot Camp. Expectant parents Staff Sgts. Vongvaly Kohjararoentham, center, 81st Medical Support Squadron, and Kriangsak Kohjararoentham, 81st Force Support Squadron, joined several expecting and new parents for the class that covers common concerns of new parents such as colic, safety, immunizations, feeding issues, developmental milestones, booking appointments and infant dental care.

New clinic name for family health

A ribbon-cutting ceremony marked the renaming of the Keesler Medical Center family health clinic sign Feb. 24.

The clinic is directed by Lt. Col. Christine Taylor, commander of the 81st Medical Operations Squadron's family health clinic flight,

The former family practice clinic was renamed to align with the Air Force surgeon general's vision of the new family health initiative, which promotes patient-provider continuity with a strong focus on preventive care.

A primary tenet of this plan is that patients see the same provider or a provider in their team on a consistent basis when they have a health problem. To provide patients the best possible care, the family health clinic assigns patients to a provider who is part of a small team that includes other providers, nurses and medical technicians.

The provider for activeduty members usually will be the provider assigned to each member's squadron.

Longtime nurse retires

By Steve Pivnick

81st Medical Group Public Affairs

When Marguerite Jones left work Tuesday, she ended more than 36 years in federal service.

Ms. Jones has been in nursing since completing trainingl at Mississippi Gulf Coast Community College in the early 70s. A practical nurse, she is ending her service in the Air Force Medical Genetics Center at Keesler.

She spent her entire Civil Service career with the medical center. However, she was employed at the then-Howard Memorial Hospital in Biloxi before coming to work for the Air Force.

She's worked in the nursery, postpartum unit and neonatal intensive care unit.

Long recognized for the instruction she provided new mothers as they learned to breastfeed their babies, Ms. Jones said, "I used to have the mothers lined up waiting for me." She also cleaned the babies immediately after birth. She provided both services when the Keesler's family birthing center opened in January 2007.

Ms. Jones noted that she had the opportunity to twice work with one of the babies she brought into this world. Maj. (Dr.) Anne Gray, an obstetrician with the 81st Surgical Operations Squadron, first returned to her birthplace as an obstetrics and gynecology resident before Hurricane Katrina and later as a member of the staff.

"I provided admission care immediately after Dr. Gray was delivered. This was one of the proudest experiences of my nursing career at the medical center. Now that she's here as a physician, she would deliver the babies and I'd take care of them," she said.

Ms. Jones saw changes in maternity care over the years that evolved to babies "rooming in" with their mothers the entire hospital stay, except for exams, procedures, daily weighing and newborn screening. The medical center's Keesler Medical Center's family birthing center



Ms. Jones

now offers a much more appealing venue with spacious, brighter accommodations, state-of-the art equipment and windows. New mothers even have private bathrooms.

"When I first started, the moms delivered in labor and delivery and the babies were taken to the nursery where they stayed except for feedings," she recalled. "The mothers had to walk down to the nursery to get their babies."

Asked how many births she has been involved with during her long career, Ms. Jones commented, "Since I worked so long in both the term nursery and NICU, I'd have to say hundreds."

She added, "It feels like (I began work here) just yesterday; it just doesn't seem it's been so many years! I've met so many people. I knew a former Air Force surgeon general who trained here as an OB resident and at least two other residents who returned as medical group commander. There are several pediatricians currently on staff who I knew when they were interns."

The long-time Biloxi resident is the proud mother of five and has 17 grandchildren and nine great-grandchildren.

Although she is retiring, Ms. Jones doesn't expect to cut her ties to the medical center.

"After about a month, I plan to come back as a medical center volunteer," she remarked. "I'm just not a stay-at-home kind of a person."

Keesler Notes

Medicare seminar

A medicare seminar is 5:15-7 p.m. March 17 at the Mississippi State University Coastal Research Center on Popps Ferry Road, Biloxi.

The seminar is co-hosted by the Area Agency on Aging Mississippi Insurance Counseling and Assistance Program coordinator and the Keesler Airman and Family Readiness Center.

Refreshments are provided. For more information, log on to \\keefs0302\81mss_common\1upb&w.pdf

To register, call 376-8728.

Art show, auction

The Keesler Spouses Club art show and auction is March 21 at the Katrina Kantina.

Work by Keesler artist Susan Templin is featured.

The preview is at 5:30 p.m., with the auction at 6:30.

Tickets are \$10 per person. Light hors d'oeuvres and a cash bar are planned. Attire is business casual.

Net proceeds benefit the KSC scholarship fund.

To respond, call 257-6842 or e-mail hooligandog@aol.com.

Lost and found

A 2005 Hyper series green and black bicycle with a black helmet was found near Sablich Center.

To claim it, call the 81st Security Forces Squadron investigations office, 377-4500.

Kick the habit

The 81st Medical Operations Squadron sponsors a "Kick the Habit" seminar for people addicted to nicotine, 1-2:30 p.m. March 27 in the hematology/oncology clinic.

To register, call 376-3845.

Play group

A play group for children age 5 and younger is 9:30-11 a.m. Tuesdays at the youth center

For more information, call Andi Hunter, 313-9822.

SPORTS AND RECREATION

If the shoe fits ...

Right footwear can curb running injuries

81st Surgical Operation Squadron

Wearing proper running shoes can help prevent injuries, such as patellofemoral pain syndrome, shin splints and fasciitis.

Feet are not all created alike. Some have low arches, others high arches — few have normal arches. Normally, feet pronate (roll inward) slightly for shock absorption. Depending on the foot type, feet may pronate sufficiently, too much or too little.

About 60 percent of the population are overpronators. They tend to have low arches, which require the feet to excessively pronate when the feet hit the ground. Motion-control shoes are best for moderate to severe overpronators as well as larger or heavier runners who need more support. The inside sole of the shoe is made of denser materials that prevent overpronation.

Underpronators make up 30 percent of the population. They usually have high arches and tend to run on the outside of their feet. Due to decreased pronation, their feet have poor shock absorption. These runners should choose cushioned shoes. Cushioned shoes have maximum midsole cushioning and minimum arch stability.

Roughly 10 percent of the population have normal arches, and their feet pronate slightly for shock absorption. Runners with normal arches and those with mild to moderate overpronation should wear stability shoes. Stability shoes provide arch support and midsole cushioning.

Here are some tips for buying new running shoes:

Look for shoes made specifically for running.

Shop at the end of the day or work shift when feet have had time to expand.

Have feet measured since



Photo by Kemberly Groue

Nacole Cassidy shops for running shoes at the main exchange Friday. Her husband, Staff Sgt. Justin Cassidy, is attending Officer Training School at Maxwell Air Force Base, Ala.

they tend to widen and lengthen with age and activity.

Wear athletic socks when trying on shoes.

Bring orthotics if worn. **Try** shoes on both feet.

Make sure there is a half inch from the longest toe to the front end of the shoe.

Ask for a wider shoe if the one tried is too narrow.

Jog in the shoe before buying them.

Go for fit and comfort, not solely on looks.

Remember that running shoes don't last as long you may think. Running shoes lose their shock absorbing qualities between 300 and 500 miles. Runners should follow these general guidelines for shoe use and replacement:

Those who run less than 25 miles a week, replace shoes every four months.

Those who run more than 25 miles a week,

replace shoes every three months or 300-500 miles.

Shoes may also be replaced based on signs of wear and running injuries.

To help shoes last longer: **Use** running shoes only

for running.

Try alternating two pair of running shoes.

Avoid storing shoes near a heat source or in direct sunlight as heat can deform shoes.

Hand-wash shoes in cold soapy water and air dry.

Finally, runners need to include warming up, stretching, cooling down, cross training, adequate rest and a gradual increase in mileage in their practice of injury prevention. Wearing proper shoes alone won't prevent injury. Anyone suffering an unresolving running injury should stop running, see their primary care manager and ask how physical therapy can improve the condition.

Volunteer — get connected.



Photo by Steve Pivnick Captain Mazey helps Staff Sgt. Cassandra Key, 81st MDSS, grasp a bowling ball before leading her to the lane to bowl — blindfolded.

Blind bowling

Medics take creative approach to improve team-building skills

By Steve Pivnick

81st Medical Group Public Affairs

Keesler Medical Center's patient administration team put a novel spin to Warrior Training Feb. 12.

According to team leader Capt. Brett Mazey, deputy commander of the 81st Medical Support Squadron Tricare operations and patient administration flight, the team went to Gaude' Lanes to take advantage of their team building program.

"Teams bowl for \$1 while working on ways to improve team-building skills," he explained. "We broke

into five five-member teams. During each frame, one team was asked a question from the Medical Contingency Response Plan. If they answered the question correctly, all five teams bowled the frame normally. However, if a team answered the question wrong, that team bowled blindfolded while the other five teams took advantage and bowled without blindfolds. The team with the best score at the end of 10 frames won a prize."

The winning team is being treated to lunch at a Biloxi casino buffet.

An American is sexually assaulted every 2 1/2 minutes.

One in five American women has been the victim of an attempted or completed rape.

About 10 percent of sexual assault victims are men.

At least 2/3 of sexual assaults are committed by someone the victim knows.

44 percent of rape victims are under age 18, and 80 percent are under age 30.

Scores and More

Bowling

Monday Night Budweiser (as of Feb. 16)

Team	Won	Lost
New Meat	100	40
Perry's Refrigeration	98	42
DOG Squad	91	49
Slater's Shooters	78	62
Hit 9 Get 9	77	63
Robbie's Rejects	76	64
Wrong Foot Forward	72	68
Our Gang	72	68
Sandy's Gang	70	70
Man On!	70	70
All Screwed Up	67	73
Martini's	67	73
Pot Luck	66	74
Ricky's Rookies	64.5	75.5
403rd Strykers	61.5	78.5
Team 18	57	83
Hoops Gang	57	83
Team 12	57	83
Why Not	54	86
Unpredictables	45	95

Wednesday Night Mixed (as of Feb. 11)

Team	Won	Lost
Dee's Crew	87	53
Wild Gang	84	56
Any Takers	71	69
Clyde's Crew	71	69
Neighbors Plus 1	71	69
Ichi Ban	70	70
Team 6	67	73
MUDD	65	75
70s Plus	59	81
Guys and Dolls	55	85

Thursday Retired Seniors (as of Feb. 12)

(45 01 1 050 12)		
Team	Won	Lost
6-Pack	88	52
Kitty and Kats	87	53
Team 12	82	58
Team 16	77	63
TBB Express	71	69
Three's Company	70.5	69.5
Team 14	70	70
Team 13	69	71
Team 5	67	73
Two He's and a She	67	73
Team 8	66	74
2 Kings and A Queen	63	77
Team 11	63	77
CHMATO	62	78
3-70s Plus	60	80
Lucky Trio	55.5	84.5

Friday Night Mixed (as of Feb. 13)

(as of Feb. 13)		
Team	Won	Lost
Rose and Her Thorns	92	48
Frustrated	89	51
Sandbaggers	75	65
We Take Ugly	71	69
Lady and the Tramps	70	70
The Strikers	70	70
Fun Timers	69	71
Mixed Nuts	66	74
3 Guys and a Babe	65	75
Pin Busters	60	80
Pin Pals	59	81
Beyond Control	54	86

March Madness promotion under way

Air Force Services Agency

March Madness is a free online bracket tournament game offered in conjunction with the 2009 Division 1 men's national college basketball championship. Coca Cola is the commercial sponsor.

Individuals at least 18 years old who are eligible to use the Keesler Katrina Kantina, Legends Café and 11th Frame Café can pick up a game piece each time they visit the facility. Game pieces are offered with each purchas, but customers may request a game piece without making a purchase.

To enter, register online using the code on the game piece to create your tournament bracket. Ten scratch-offs are needed to enter all 10 brackets. You may enter your online ID starting Friday, but brackets can't be filled in until games are announced March 15. Picks can be made and changed, but final picks for all rounds must be submitted by 5 a.m. CST March 19.

The object is to accumulate as many points as possible by correctly picking the winning team in each game of the single-elimination NCAA men's basketball tournament. The competition begins with 64 teams, with half eliminated during each round

The first place prize is a trip for four to the 2010 Final Four games for three days and two nights, hotel, air travel, car rental, game tickets and \$1,000 spending money. Second place wins \$5,000, third place \$2,500, fourth place \$1,000 and five subsequent winners get a Coca Cola NCAA Pop-A-Shot arcade homestyle basketball game.

For more information, call 377-3181.

Other

Open Sundays — 1-6 p.m.

Registration — continues for Keesler Youth Bowling Association at Gaudé Lanes. Any child old enough to throw the bowling ball down the alley is eligible. League meets 9:30 a.m. Saturdays. Instruction available. For more information, including fees, call 377-2817.

Glow bowling — 11 a.m. to 1 p.m. Tuesdays, \$1 per game and \$1 for shoes; 9 p.m. Fridays, 7 p.m. Saturdays, \$5.50 adults, \$3.50 ages 17 and younger, including shoes.

Lunch and bowl special — 11 a.m. to 1 p.m. Mondays-Fridays. Bowl for \$1 a game plus \$1 for shoes.

Team building special — 1-5 p.m. weekdays. Bring your employees bowling for \$1 a game plus shoe rental. For reservations, call 377-2817.

Open bowling — limited on league days; first come, first served. Reservations accepted with groups of 20 or more. Discounts available with groups of 25 or more.

Club member special — show current club card Thursdays and bowl for \$1.50 per game; free shoe rental.

Birthday party package — 1:30-3 p.m. or 3:30-5 p.m. Saturdays. Basic party with bowling and food \$8.95 per child. Mid party, including table supply and T-shirt, \$11.95 per child. Premium party with games and a pin, \$15.95 per child. Reservations required.

Fitness centers

Free fitness classes — yoga, step aerobics, turbo-core, spin/cycle, boxing workout and fencing at Dragon Fitness Center. For more information, call 377-2907.

Massage appointments — at Triangle Fitness Center, call 263-5515.

Triangle Fitness Center — open 10 a.m. to 9 p.m. Mondays-working Fridays 10 a.m. to 6 p.m. compressed work schedule Fridays and weekends; closed holidays. For more information, call 377-3056.

Computerized fitness assessments, counseling — available by appointment at Dragon Fitness Center. To schedule, call 377-2907.

Blake Fitness Center — open 4:30 a.m. to 10:30 p.m. Mondays-working Fridays; 6 a.m. to 7 p.m. compressed work schedule Fridays; 8 a.m. to 7 p.m. weekends and holidays.

Dragon Fitness Center — 6 a.m. to 8 p.m. Mondays-working Fridays. Parent-child fitness room has work-out equipment and play area for ages 6 months to 7 years.

Wall of Fame — powerlifting event, 1-4 p.m. first compressed work schedule Friday each month, Triangle Fitness Center. Squat, bench press and dead lift; one attempt in any or all three events; 12 weight classes for men, 10 for women. Set record for most pounds lifted or break an existing record and get your picture on the wall. Open to all Defense Department personnel 18 years of age and older.

For more information, call 377-3056.

Golf

Nonprior service student special — show phase card or UBU card. Greens fee and cart, \$15 for 18 holes, \$10 for nine holes; add \$5 for rental clubs.

Free golf lessons for nonprior service students 4-5:30 p.m. Tuesdays; first come, first served. Maximum 10 per session; bring your own clubs.

Twilight special — 2 p.m. Mondays-Thursdays. Pay the nine-

hole fee and play until course closes. **Driving range open** — 7 a.m. to 7

p.m. daily; bucket of balls \$2. **Golf lessons** — \$25 for 30 minutes.

For appointment, call 424-0479. **Course and pro shop** — 7 a.m.

Course and pro shop — / a.m. to dusk daily. For tee times, call 377-3832.

Outdoor recreation

St. Patrick's Day special — March 17. Wear green and get 10 percent discount on rental equipment.

March fish of the month — weigh in the largest croaker and take home a \$100 savings bond; minimum three participants.

10 percent discount — No. 1 camping package.

Rental campers — \$50 day. Two available; one sleeps six, one sleeps eight. For more information and towing requirements, call 377-3160.

Fish of the month — weigh in the largest redfish during February and win \$100 savings bond; minimum three participants.

Back Bay fishing trip — \$20 per person. Mississippi fishing license required; minimum four, maximum five people. For date and time, call 377-3160

Camping packages — for rent include sleeping bags, lanterns, camp stoves and tents. For more information, call 377-3160.

RV, boat and trailer storage — \$20 per month.

One-day fishing trips — to Horn, Ship or Cat Islands; pick the date. Charter trip in Delacroix and Reggio, La. with professional fishing guide. For more information, call 377-3160.

Delacroix, La. fishing site — two self-contained trailers for rent, \$50 per night. Maximum four per trailer. Bring linens and cooking utensils. Louisiana fishing license required.

Pontoon boat training — to rent a pontoon you must take a test and be certified. Call for information.

Nonprior service student special — 35000 Trek seven-speed bikes, \$5 day on nonworking Friday, Saturday and Sunday, or Saturday/Sunday.

Wet slip fees — monthly, boats more than 32 feet, \$3.75 per foot; less than 32 feet, \$2.50 per foot. Overnight, \$5 per boat.

Deep sea fishing trips — compressed work schedule Fridays and Sundays on the Keesler Dolphin II. \$75 per person includes everything you need to fish. Payment due upon reservation. Minimum 15, maximum 22 people. For reservation, call 377-3160.

Deep sea fishing private charter — rent Dolphin II, \$850 for first six people, \$60 each additional person. \$350 deposit required.

Back Bay cruiser — 17-foot vessel for rent. Mississippi boater registration card required. For prices, call 377-3160.

Marina park pavilions — to reserve, call 377-3160.

Disk golf — distance, fairway, multi-purpose, putt and approach disks for sale or rent.

Resale area — snacks, beverages, fishing and rental equipment, hunting and fishing licenses.

Paintball course — open by reservation only; for reservations or more information, call 377-3160.

Running

St. Patrick's Day 5-kilometer run — 3 p.m. March 17 at the marina. Sign up by 2 p.m.

Commissioners and coaches needed for youth sports. To volunteer, call 377-4116.



DIGEST

Honors

Student honor roll

332nd Training Squadron

Electronic principles — Airmen Basic Karl Almquist, Joshua Aragon, Christian Avila, May Azcarraga, Amanda Benefield, Sidney Berthold, Caleb Bohnsack, Arthur Cardenas, Bryan Coffin, Trent Cole, John Conafay, Matthew Conkey, Richard Crumley, Christopher Culver, Duane Davis, Matthew Day, Troy Debolt, Brent Desouza, Jesse Dick, Jason Dunlap, Mark Eicher, Ian Elmer, Jacob England, Anthony Fagalde, Christopher Farrell, Nicholas Fields, Joseph Fletcher, Corey Fowles, Steven Fox, Andrew Friedel, Brian Galbreath, Brandon Garrison, Kolt Germinaro, Aaron Gibbs, Jamal Golden, Zachary Golla, Joshua Greer, Joel Gregory, Craig House, Jordan Howell, Robert Harden, Jeffrey Kallas, Aaron Kempf, Leonard King, Adam Koethe, Samuel Laird, Travis Lange, Jommel Lazaga, Kimberly Loun, Devin McMillen, Ronald Meckes, Wesley Miller, Adam Moody, Dennis Morala, Bradley Mowery, Kenneth Noel, William Noirot, Robert Padgett, Carlo Palumbo, Brian Parker, Daniel Poelking, Cheylene Pollard, Marc Porter, Bobby Price, Justin Rhoads, Riley Roy, Christopher Rupertus, Joshua Schickedanz, Dupaul Scott, Marcus Sharpe, Robert Skibinski, William Steele, Michael Stevenson, Ethan Stout, Cullen Tracy, Ian Trusedell, Isaac Turner, Travis Tyler, Thomas VanEngen, Christopher Walka, Nicholas Wellenbrock, Jeffrey Wiebers, Corby Wilson, Christopher Young and Stephen Yount; Airmen Dominick Alfano, Raul Batalla, Jared Bennett, Douglas Bohl, Elizabeth Boudreaux, Tyler Carey, Truth Clark, Nicholas Clementoni, Donovan Daughtery, Edward Digiorgi, Cody Feher, Nolan Geiser, Paul Hendrick, Nicholas Holpuch, Woodrow Keith, Ian Pham, Aaron Potts, Mich Sausa, Sarah Stewart, Dennis Viloria and Matthew Wilson; Airmen First Class Peder Aarness, Kalo Abban, Christopher Adams, Joshua Adams, Andrew Armendariz, Richard Barnes, Andrew Batson, Matthew Belt, Joncristofer Boam, Michael Branch, Jeremy Branham, Douglas Brummund, James Carrigan, Jared Carter, Maresa Chearsamran, Steven Childers, David Clarkson, Kevin Cox, Donald Crawford, Christopher Delude, John Derby, Joseph Frantz, Nathaniel Hayden, Kyle Heffler, Bradley Higgins, Jonathan Hipsher, Robert Hockenhall, Jaliyl Jackson, Charles Jamison, Nickolas Jones, Cody Keller, Alexander Lane, Thomas Lee, Jeremy Letsche, Eric Litteken, Travis Livingston, William Keeley, Roy Loran, Shantelle Manuel, Thomas Mayotte, Kevin Monroe, Ryan Mowen, Thorval Munksgaard, James Myers, Robert Myrick, Tyler Owens, Gregory Pagan, Kelsey Parker, Allan Ramirez, Jonathan Roche, David Salinas, Herson Segovia, Raymond Shaw, Derrick Sherwood, Wesley Shirely, Christopher Smith, Michael Spencer, Stephen Stenseth, Shawn Thompson, Tyler Vaughn, Jonathan Williams and Paul Williams; Senior Airmen Kevin Brengle, Delandon Jackson, Willie Jinks, Damien Lange, Horacio Martinez, Joshua Reid, Bradley Snyder and Reginald Woods; Staff Sgts. Antonio Butler, Rob Fiscus, Joel Geddings, Scott Husler, Keith Kinsey, Kristin Layton, Patrick McCarthy, Daniel Perkins, Patricia Quigley, Rocco Scaccia, Michael Sistrunk, Jesus Soto, Thai Ton and Levi Tovar; Tech. Sgts. Adam Blair, Joshua Jopling, Ketih Kinsey, Patrick Meehan, Johnny Robertson and James Warrack; Master Sgt Andres Crespo; Thomas Jalbert.

Metrology basic course — Airmen Basic Jarriott Bennett and Samuel West; Airmen Reginald Lesane and Pratul Patel; Airmen 1st Class Mitchell Forde, Brett Lawrence, Michael Rivera and Randall Winchester.

334th TRS

Aerospace control and warning systems — Airmen Basic Lawrence Baxton, Christopher Boyd, Nicholas Finn and David Liming; Airmen 1st Class Nicholas Bell; Senior Airman Cassandra Aglietti, Thomas Dumont and Jason Hamsley; Staff Sgt. Eric Lewis.

Air traffic control operations training flight — Airmen Basic Marcus Krieg, Kathleen Morshed and Mason Poll; Airmen John Tullos; Airmen 1st Class Adrienne Baldwin, Steven Breedlove, Justin Condon, Ryan Kasbohm, Willie Rouse and Kenneth Schulze.

Command post apprentice course — Airmen Basic Garrett Lee and Natalie Untalan; Airman William Lott; Airmen 1st Class Joseph Cardamone, Kristabel Elam, Kyle Morales and Gregory

Nakamura; Staff Sgts. Stuart Aldrich, Matthew Ash, Adam Crogan, Christopher Gallo, Amy Kodera, Dusty Littleford, Burke Mills and Shawn Wentz; Tech. Sgt. Christopher Simon; Master Sgt. Jeffrey Cummings.

335th TRS

Comptroller training flight — Airmen Basic Aaron Coleman, Jeremy Convery, Ricardo Diaz DeLeon, Michael Giammo, Michael Peak, David Shaw and Joshua Tibbit; Airmen Kristopher Barrientes, Kelsey Buis, Cherrelle Collins and Julia Fomina; Airmen 1st Class Precious Akitoye, Vincent Bulatao, Carlos Esguerra, Jesse Hughes, Michael Millar, Petra Reid and Douglas Vice; Senior Airmen Ryan Ferguson, Joshua Krueger, Elisabeth Peshek and Patrick Salmon; Staff Sgts. Jennifer Baker, Rasheem Cephas, Erica Harper, Howard McGriff, Rodney McInnis and Larry Salmon; Tech. Sgt. Tamesha Rayes; Master Sgt. Amanda Colvin.

336th TRS

Communications-computer systems flight — Airmen Basic Sybil Franklin and David Romanik; Airmen 1st Class Jillian Cawthon, Jay Winslow, Jared Christian, Brian Davis, Rau Garza, Aaron Graff, Colin Smith, Benjamin Paddock, Ryan Brewer, Anna Picken and Randall Summers; Senior Airman Paul San, Jeremy Kaufmann and Andrew Saulls; Tech Sgt. Stephen Wall; Master Sgts. Allen Faust and Herbert Ward.

338th TRS

Airfield systems — Airmen 1st Class Mark Babjak, Benjamin Byers, Melissa Lafollette, Steven Lafollette, Creston Moon and Caleb Toney.

Ground radar — Airmen Basic Nicholas Ellingson and Scott Kababik; Airman Quaye Meisenhelder; Airmen 1st Class Michael Jaquier and Samuel Lee; Senior Airman Christopher Bartlett; Staff Sgt. Greg Brigham.

Ground radio — Airmen Basic Justin Bowden, Nathaniel Dykstra, Richard Friedrich, Paul Haggerty, Brian Haslid, Hamzah Khan, Joseph Mason, Frank Olszynski, Theodore Parks and Zachary Raak; Airman Michael Harrold; Airmen 1st Class

CHAPEL SERVICES

Editor's note: For more information, call 377-2520.

Protestant

Sunday worship
Larcher Chapel traditional with children's ministry8:30 a.m.
Triangle Chapel contemporary service10:30 a.m.
Triangle Chapel gospel serviceNoon
Ash Wednesday
Larcher Chapel11:15 a.m.
Roman Catholic

Koman Camond

Sunday Mass	
Triangle Chapel	m.
Weekday Mass	
Medical Center chapel11:15 a.	m.
Ash Wednesday	
Triangle Chapel11:15 a.m. and 5:30 p.	m.

lewish

For worship opportunities, call Master Sgt. Michael Raff, 377-5235 or 273-2226.

Islamic

Building 2003 — prayer five times daily; Salaat ul-Jummah congregational prayer, noon Friday.

For more information, call 377-2520 or 0327.

Latter-Day Saints

The Church of Jesus Christ of Latter-Day Saints student group service, 2 p.m. Sundays, Triangle Chapel. For more information, call 396-5274 or 801-787-1990.

Zachary Bergsma, Ian Daniel, Dale Fusiler, Logan Kees and Bryan Summy; Senior Airmen Kenneth Barbera, Rachel Chamberland and Charles Daum; Tech. Sgts. Eric Lewis, James Moore and Barbarajean Nesbitt.

Network infrastructure systems — Airmen Basic Corey Burman, Robert Collier, Bradley Cradic, Chad Greer, Brian McDonald, Matthew Mitchell, Herbert Mullens and Collin Osting; Airmen Adrew Emmons, JLene Liebert, Joseph Pena, Dominick Santopietro, Scott Thompson, Joshua Waggoner and Laura Wittenberg; Airmen 1st Class William Cashman, James Grantham, Robert Hollar, Larry Johnson, Alexander Johnson, Eric Kelly, KJ Kohl, Jeramy Leblanc, Raymond Moore, Lucas Payne, Richard Roggensac, Michael Rosenberger, Joshua Royce and Levi Sorenson; Staff Sgts. Isacc Balanay, Deven Card, Stephen Pragovich and James Taylor; Tech. Sgt. Jeffrey Arel; Senior Master Sgt. Donald Miller.

CLASSES

Airman Leadership School

Class 09-3 — graduation April 1.

Mathies NCO Academy

Class 09-3 — graduation April 2.

Airman and family readiness center

Troops to Teachers and Spouses to Teachers briefing — for people interested in becoming a school teacher in Mississippi or another state, 4 p.m. today, Room 108A, Sablich Center. To register, call 376-8728.

Key Spouse training — 9 a.m. to 1 p.m. March 26, Room 108B, Sablich Center.

Arts and crafts center

Open house — 4:30-7:30 p.m. March 12 and 26. Meet instructors, tour shops, register for door prizes.

St. Patrick's Day special — guess number of jelly beans in the pot of gold, and weight of the Blarney Stone. Prizes awarded; winners announced March 17.

Mosaic art — one class, two sessions, 5:30 p.m. today and March 12. \$15 including materials.

Jewelry making — 10:30 a.m. to noon March 28. \$30 including materials. Learn wire wrapping and tooling.

Beginning intarsia woodworking — 10 a.m. Friday and March 20. \$15 including materials.

Advanced intarsia woodworking — 10 a.m. Saturday and March 21. \$20 including materials and tool use.

Beginning woodworking — Wednesday and March 25. \$15 including shop use and materials. Class certifies you to use the woodworking equipment.

Beginning framing — one class, three sessions, 5:30 p.m. March 12, 19 and 26. \$60. Bring your favorite photograph or art work no larger than 11 x14 inches.

Powder puff mechanics — 5:30 p.m. March 12 in the auto hobby shop. \$10 per person.

Thursday crafting — 5-7:30 p.m. crafting pleasure, painting, pottery, scrapbooking.

February classes — ceramics, card making, jewelry making, baking, pottery and intarsia woodworking.

Multi-crafts center — potter's wheels, ceramic molds, air brushing and tools are available for use in the shop. Craft classes for beginners, intermediate and advance levels. Craft supplies for sale.

Engraving shop — squadron, office and individual orders are our business.

Wood shop — stocked retail lumber and a large assembly area adjacent to the machine room are available. Call for information on beginners and advanced woodworking classes.

Auto hobby shop

Open shop use.

Vehicle storage lot — for a secure place to store your vehicle, call 377-3872.

Please see **Digest**, Page 26

Digest,

from Page 25

Car care — 24-hour coin-operated car wash, vacuum and tire air pump; features foamy brush wash, high pressure rinse, wax system, towelettes and Armorall, and a vacuum station.

Vehicle resale lot

One block west of Larcher Boulevard on Tingle Street, north of the 81st Security Forces Squadron building; register at multicraft shop, 10 a.m. to 5 p.m. Tuesdays-Saturdays. Registration, license and proof of insurance required. \$10 per month per stall for regular vehicles, \$20 per month for recreational vehicles and boats.

Chapel

All classes are held at the Triangle Chapel Annex. For more information, call 377-2520.

Catholic religious education — after 9 a.m. Sunday Mass. Protestant Sunday School — 10:30-11:30 a.m. for preschool, elementary, teens and adults.

Men's prayer breakfast — 9 a.m. to noon second Saturday of the month.

Women's prayer breakfast — 10 a.m. to noon first Saturday of the month.

Dinner and the Bible — 6-7:30 p.m. Wednesdays, Triangle Chapel Annex.

Keesler Medical Center

Pediatric subspecialty clinic

Baby Boot Camp — 11 a.m-1 p.m. second Thursday of the month in conference room BF 400, located off the outpatient clinic entrance. Classes cover infants from birth to 6 months of age. Classes address common concerns of new parents such as booking appointments, colic, immunizations, safety, feeding issues, developmental milestones, dental care and infant cardiopulmonary resuscitation. Gifts, prizes and refreshments are included. Classes open to members of all branches of the military and their dependents. To sign up, call Capt. Romeatrius Moss, 376-5375. For more information, call Capt. Moss, Maj. Muriel Gatlin, 376-5387, or Staff Sgt. Jihan Brown, 376-5579.

Mental health clinic

Post-traumatic stress disorder — 1:30 p.m. Mondays. **Healthy thinking** — 2 p.m. Tuesdays.

Stress management techniques — 10 a.m. Wednesdays. Relaxation techniques — 9 a.m. Mondays.

To register, call 376-0385.

McBride Library

Orientations for teens and older — 6:30 p.m. Tuesday, March 19, 23 and 29. Basic information on Ebsco and Gale Group.

Book displays — Ireland, March 16-20; Shakespeare with Ides of March topic, March 23-27.

Overdrive audio online book program — individual or family accounts can be set up to allow download/playing of full length audio books on a personal computer. Check with library staff for details.

Rosetta Stone online language learning center — 30 foreign languages including Spanish. For more information, check with the library staff.

Chief of Staff professional military reading list — titles available for checkout from the special book collection.

Orientations for commanders, instructors and first sergeants — 6:30 p.m. Wednesdays.

Homework help — 4-5 p.m. Tuesdays for middle school and up.

Volunteers needed — dancers, singers, musicians, artists to share their talent with the children during the summer reading program. For more information, call 377-2604.

Online catalog — to search the inventory of books, DVDs, CDs, videotapes, magazines, periodicals and more, log on to http://www.keeslerservices.us, click on the link for McBride Library, then the link for the online catalog.

Available — two large meeting rooms, audio room, typing room and children's library.

Wireless Internet — information available at the front desk. Free wireless Internet — check at circulation desk. Tours/orientations — call 377-2604.

CLUBS AND CENTERS

Vandenberg Community Center

Editor's note: All events, except dances, are open to all Keesler personnel.

UBU party — 8 p.m. March 20, nonprior service students only. Prizes and giveaways.

Legends Café — open 10:30 a.m. to 1 p.m. Mondays-Fridays, 5-9 p.m. Mondays-Thursdays and 5-11 p.m. Fridays and Saturdays. Pool tournaments — 6 p.m. Mondays and Tuesdays.

Dances — 6 p.m. to midnight Thursdays before compressed work schedule Fridays, and Fridays and Saturdays. \$3.

Movie nights — 7 p.m. Wednesday; free popcorn.

Katrina Kantina

All ranks invited — open 3:30 p.m. Tuesdays-Fridays. Snacks, beverages and music.

St. Patrick's Day party — 5 pm. March 17. Free food for members, \$3 for non members. Green beer, door prizes and karaoke.

Luncheon specials — 11 a.m. to 1 p.m. Mondays; \$6 members, \$8 nonmembers. For more information, call 377-2219.

Tuesday special —5 p.m., red beans and rice, \$1 bowl.

Karaoke — 6-9 p.m. Jan. 22; DJ Wayne, drink specials.

Catering — experts can assist with planning weddings, holidays, birthdays, official functions and other special occasions.

Youth center

Editor's note: All children registered in a youth center program receive free membership.

Open recreation — 3-7 p.m. Mondays-Thursdays, 3-6 p.m. Fridays and 9 a.m. to noon Saturdays, ages 9 and older. Boys and Girls Club programs including computer media center, homework assistance "Power Hour" program, and triple-play sports and recreation activities. Students sign themselves in at the front desk.

Mississippi Child Identification Program – 10 a.m. to 4 p.m. March 14; co-hosted with the airman and family readiness center. For more information, call 377-4116.

Image makers photo contest — March 24-27, ages 5-18. Entries accepted Monday-Thursday. Judging March 27. For more information, call 377-4116.

American Red Cross babysitting course — 9 a.m. to 3 p.m. March 28, ages 11-15. \$45 payable at registration, no later than March 13. Maximum 10 participants.

Friday night fun — 6:30-9:30 p.m., ages 6-12. Free skating music and games.

Youth center action council — meets monthly. If you're interested in military youth programs and have a child age 6-18, call and join this focus group.

Military home schoolers — meet monthly at the youth center. For more information, call 377-4116.

Power hour — 4-6 p.m. Mondays-Fridays. Homework help and tutoring, ages 6-12. No charge for those registered in the youth program.

Classes — gymnastics, karate, children's theater and guitar; \$50 month. Classes meet Saturday mornings. For more information, call 377-4116.

Youth employment service — earn money for college tuition; call for more information.

Congressional Award program — ages 14-21; self-directed merit program promoting personal development, physical fitness and community involvement.

Volunteers needed — for sports, open recreation, crafts, cooking, computers, arts, reading, sewing and general cleaning and decorations. Must be 18 or older. For more information, call 377-4116.

Commissioners and coaches needed — for youth sports. For more information, call 377-4116.

Please see Digest, Page 27

DINING HALL MENUS

Thursday

Lunch — pork chops with mushroom gravy, braised liver with onions, fried fish, hush puppies, rissole potatoes, rice, gravy, broccoli, peas and carrots, corn, fruit salad, potato salad, cream of broccoli soup, chicken chili, cheeseburger soup, buffalo wings and roast beef subs.

Dinner — baked chicken, pepper steak, pasta primavera, mashed potatoes, rice, gravy, mixed vegetables, fried okra, green beans, potato salad, fruit salad, cream of broccoli soup, cheeseburger soup, chicken chili, buffalo wings and roast beef subs.

Friday

Lunch — shrimp scampi, beef stew, turkey, egg noodles, rice, gravy, corn on the cob, cauliflower, collard greens, threebean salad, chicken and wild rice soup, French onion soup, chili, barbecue pork sandwich and burritos.

Dinner — chili macaroni, barbecue chicken, fried catfish, potato wedges, Spanish rice, gravy, fried cabbage, carrots, broccoli, pasta salad, three-bean salad, chicken and wild rice soup, French onion soup, chili, barbecue pork sandwich and burritos.

Saturday

Lunch — baked chicken, Swedish meatballs, creole shrimp, mashed potatoes, rice, gravy, creamed corn, asparagus, steamed squash, fruit salad, kidney bean salad, clam chowder, chicken chili and chicken nuggets.

Dinner — baked fish, knockwurst, Chinese five-spice chicken, potatoes, rice pilaf, gravy, stir-fry vegetables, baked beans, spinach, fruit salad, kidney bean salad, clam chowder, chili and chicken nuggets.

Sunday

Lunch — oven fried fish, spareribs, chicken breast parmesan, macaroni and cheese, O'Brien potatoes, gravy, peas, sweet potatoes, broccoli combo, German coleslaw, tomato salad, chicken tortilla soup, baked potato chowder, chili and cheese pizza.

Dinner — stir-fry beef with broccoli, turkey nuggets, pork chop suey, sauteed mushrooms and onions, baked potatoes, rice pilaf, gravy, corn on the cob, green beans, German coleslaw, tomato salad, chicken tortilla soup, baked potato chowder, chili and cheese pizza.

Monday

Lunch — beef pot roast, baked stuffed fish, roast pork loin, potatoes, rice, gravy, cauliflower combo, succotash, green beans, cucumber/onion salad, chicken dumpling soup, minestrone, chili with beans, grilled sausage and steak and cheese subs.

Dinner — spaghetti with meat sauce, loin strip steak, turkey, baked potatoes, pea and pepper rice, gravy, squash, carrots, broccoli, sauteed mushrooms and onions, macaroni salad, cucumber/onion salad, chicken dumpling soup, minestrone, chili with beans, grilled sausage and steak and cheese subs.

Tuesday

Lunch — teriyaki chicken, veal parmesan, baked fish, rice, parsley buttered potatoes, gravy, fried cabbage, succotash, steamed carrots, macaroni salad, cottage cheese salad, beef pot roast soup, vegetable soup, chicken chili, sloppy joes and roast beef subs.

Dinner — country captain chicken, meatloaf, turkey a la king, rice, mashed potatoes, gravy, tempura vegetables, mustard greens, okra tomato gumbo, macaroni salad, cottage cheese salad, beef pot roast soup, vegetable soup, chicken chili, sloppy joes and roast beef subs.

Wednesday

Lunch — Mexican baked chicken and pork chops, beef fajitas, jalapeno cornbread, refried beans, corn, gravy, pinto beans, peas and carrots, cole slaw, garden cottage cheese salad, pasta fagioli soup, chicken tortilla soup, vegetarian chili, cheese fishwich and cheese pizza.

Dinner — lemon-herb chicken, sweet and sour pork, jambalaya, scalloped potatoes, rice, gravy, cauliflower combo, Mexican corn, Mexican coleslaw, frijole salad, chicken noodle soup, cream of potato soup, chili, cheese fishwich and pizza.

Digest,

from Page 26

Shuttle service — parents interested in a shuttle service for ages 9 and older for Biloxi area schools and base housing to youth center, sign up at the center as soon as possible.

TICKETS AND TRIPS

Editor's note: Now located in arts and crafts center.

Discounted tickets — for many attractions including Busch Gardens, Sea World, Universal Studios and Disney World in Florida. For price list, log on to http://www.keeslerservices.us.

Information on area and out-of-state attractions — free brochures for Louisiana, Mississippi, Alabama, Florida and Georgia.

Free Disney World tickets — for information, log on to http://www.keeslerservices.us

Transitions

Workshops, briefings

Congressionally-mandated pre-separation briefings — counseling by airman and family readiness center for active-duty military members of any branch of service who'll receive honorable discharges and no extra transition benefits. Briefings are Tuesdays in Room 111, Sablich Center, 1 p.m. for those who are separating and 2:30 p.m. for those who are retiring. If someone is separating/retiring under special circumstances, they can schedule an appointment by calling 376-8728.

Transition assistance program — briefings for 2009 are 8 a.m. to 4:30 p.m. Monday through March 12, April 13-16, May 11-14, June 8-11, July 13-16, Aug. 10-13, Sept. 14-17, Oct. 19-22, Nov. 16-19 and Dec. 14-17, Room 108A, Sablich Center For military personnel who are 12 months or less from separation or 24 months or less from retirement, and Department of Defense civil-

Exceptions to Keesler's 25 mph speed limit: 15 mph in housing areas, Ploesti Drive construction site, flight line and unpaved surfaces; 10 mph in close proximity to marching formations and when waved through base gates; 5 mph in parking lots; 35 mph in some sections of perimeter roads.

ians; spouses welcome. Military members should complete congressionally-mandated preseparation counseling in advance. Attire is business casual — no uniforms, jeans, shorts or T-shirts. To sign up, call 376-8728.

Air Force Reserve opportunities — for members separating within 180 days, call Master Sgt. Charlene Morse, 377-7116; e-mail charlene.morse@ keesler.af.mil or visit Room 125-F, Sablich Center

Palace Chase — for information about how to apply for a program to attend college full time and work part time, visit Room 125-F, Sablich Center. For more information, call Master Sgt. Charlene Morse, 377-7116; e-mail charlene.morse@keesler.af.mil or visit Room 130, Sablich Center.

Employment opportunities

Career focus program for spouses — information on area employment opportunities, job Web sites, human resources contacts, temporary jobs, on-base listings and free training programs. Computer lab available for resume preparation or job search in Room 108B, Sablich Center. For an appointment, call 376-8728.

Junior ROTC — immediate employment opportunities for retired or retiring Air Force officers and noncommissioned officers. Those who retired within the past 10 years or are six months from retirement may qualify to be an instructor. To apply or for more information, go to http://www. afoats.af.mil and select "AFJROTC" or call Jo Alice Talley, toll free 1-866-235-7682, extension 7742; DSN 493-7742, or commercial (334) 953-7742.

Air Force Office of Special Investigations — senior airmen with less than six years time in service, and staff and technical sergeants with less than 12 years time in service are eligible. Foreign language, computer or technical skills are desired, but not required. Those accepted attend the Federal Law Enforcement Training Center in Brunswick, Ga. for training in instruction in law, report writing, forensics, interview techniques, firearms and defensive tactics and other subjects related to the challenges of investigative duty. For more information on applying, contact AFOSI Detachment 407, 377-3420.

Web sites

Defense Manpower Data Center — http://www.dmdc.osd.mil/dors or http://www.dmdc.osd.mil/tbb.

Air Force Blue to Corporate Gray — http://www.bluetogray.com.

Air Force Federal Employment Resume and Information — http://www.afpcrandolph.af.mil/resweb.

Civilian job certification and licensing requirements for military personnel and veterans — http://www.dol.gov/dol/vets.

Department of Veterans Affairs — http://www.vba.va. gov/efif/index.htm; for members returning from Operations Enduring Freedom and Iraqi Freedom.

Southern Region Military and Civilian Job Fair — http://www.mesc.state.ms.us/jobfair.

New military spouse career center — http://www.military.com/spouse. Extensive job board including public and private sectors. For more information, call Vince Patton, 703-269-0154, or e-mail at vince@military advantage.com.

Military Connection — online resources database for military family members seeking civilian employment at http://www.military connection.com.

America's Job Bank — http://www.ajb.dni.us.

MEETINGS

African-American Heritage Committee — 3:30 p.m. second Tuesday of the month, Room 109, Taylor Logistics Building. For more information, call Tech. Sgt. Yolanda Jerry, 377-2157, or Kurt Higgins, 377-5250.

Air Force Sergeants Association Chapter 652 — 4 p.m. third Tuesday of the month, Katrina Kantina. For more information, call Staff Sgt. Rich Striggow, 377-4800, or visit the group's Web site, http://www.afsa652.org.

Air Force Sergeants Association Auxiliary — 6 p.m. third Tuesday of the month. For more information, call Michelle Foster, 273-4591, or e-mail auxiliary.president@afsa652.org.

Airmen Against Drunk Driving — For more information, call Staff Sgt. Aaron Eden, 377-1907; Staff Sgt. Brad Mills, 377-1714, or call 377-SAVE.

Asian Pacific-American Heritage Committee — 11:30 a.m. first Wed-nesday of month, Room 111, Sablich Center. For more information, call Lucy Belles, 376-8500, or Master Sgt. Ernesto Alvendia, 376-8501.

At Eze Toastmasters Club — 11 a.m. Tuesdays, Building

1101 conference room. For more information, call Dewi Clark, 377-2714 or e-mail dewi.clark2@keesler.af.mil; Arleen Stewart, 377-2440, or visit http://www.toastmasters.org.

Blacks in Government — 5:15 p.m. second Thursday of the month, Taylor Logistics Building conference room. For more information call Florence Clay, 377-8681, or Paulette Powell, 377-2270.

Civil Air Patrol Col. Berta A. Edge Composite Squadron — 7 p.m. Tuesdays upstairs in Hangar 3 for youth and adults. For more information, call 1-601-528-4337, e-mail Camoprincess92@ gmail.com or visit http://www. keeslercap.org.

Company grade officers council — meets first Wednesday of the month. For time and location, call 1st Lt. Stephanie Lutz, 377-8638.

Keesler 5.6 — 3:15 p.m. third Wednesday of the month; location varies. For more information, call Tech. Sgt. Kimberly Sturdivant, 377-1813.

Keesler Christian Home Educators Association — 7-9 p.m. second Tuesday of the month, September-May, Larcher Chapel. For more information, call Heather Melancon, 831-8895

Keesler Spouses Club — second Tuesday of the month. For time and place, call Leanne Ramsay, 377-3217, or visit http://www.KeeslerSpousesClub.com.

Retired Enlisted Association Magnolia Chapter 81 — 6:30 p.m. second Thursday of the month, Vandenberg Community Center. For more information, call Larry McKean, 377-3252 or 374-5922.

Top III — 3 p.m. third Thursday of the month, Katrina Kantina. For more information, call Master Sgt. Michael Krejci, 377-4451.

Tuskegee Airmen Inc., Col. Lawrence E. Roberts Chapter — 5 p.m. first Thursday of the month, McBride Library. For more information, call Glenda Mosby, 243-1992, gmosby1@bellsouth.net, or Charles Bowers, 860-3665.

Miscellaneous

Movies

Editor's note: Movies are shown at Welch Auditorium. Tickets are \$3 adults and \$1.50 children for regular features, and \$2.50 adults and \$1 children for matinees. For recording about current features, call 377-6627.

Friday — 6:30 p.m., My Bloody Valentine (R, 101 minutes.)

Saturday — 2 p.m., Inkheart (PG, 103 minutes); 6:30 p.m., Last Chance Harvey (PG-13, 99 minutes).

Sunday — 1 p.m., Gran Torino (R, 117 minutes).

Volunteer income tax assistance

Tax office manager — Rich Ess, 376-4141.

2nd Air Force — Howard Antoine, 377-1341.

81st Aerospace Medicine Squadron — Clinton Anderson, 377-6161.

81st Comptroller Squadron — Susie Cagle, 377-8209.

81st Diagnostics and Therapeutics Squadron — Tammy Pfeifer, 376-5064, and Evangeline Villanueva, 377-9281.

81st Force Support Squadron — Ian Johnson, 376-8362; Matt Stapley, 243-1336.

81st Logistics Readiness Squadron — Larico Brownlee, 377-2430.

81st Medical Operations Squadron — Shane McDonald, 376-0438; Jacqueline Scott, 376-0438.

81st Training Group — Vickie Simants, 377-2108.

81st Training Support Squadron — Jerold Strauss, 377-9401.

81st Training Wing — Sheila Alexander, 377-2975; John Smith, 376-8123; Wanda Tisdale, 377-4349.

332nd Training Squadron — Enrico Fiorentino, 377-0186.
333rd TRS — Michael Chappell, 377-0186; Cedric Lynum,

334th TRS — Shiree Holder, 377-3456; Deanna Pylant, 377-3275; Erica Stokes, 377-2002.

335th TRS — Kerry Bartels, 377-0342; Veronica Bird, 377-0216; Gloria Lewis, 377-0153.

336th TRS — Karla Proper, 377-5160.

338th TRS — Robert Blaze, 373-3474; Sharon Floyd, 377-2220; Eve Redd, 377-3371.

Center for Naval Aviation Technical Training Unit — Kristine Ingle, 377-3080; Jonathan Pickett, 377-0547.

Keesler Marine Corps Detachment — 377-1489