



# KEESLER NEWS



Keesler Air Force Base  
Biloxi, Mississippi

Volume 68, No. 19  
Thursday, May 17, 2007

Deliver the nation's best trained, highly motivated expeditionary Airmen



ORI countdown:  
94 days

<https://ikafb/81trw/ORI/index.htm>

## INSIDE COMMENTARY

It's about fitness, 2

## TRAINING AND EDUCATION

Morale booster, 4

## NEWS AND FEATURES

Beefing up security, 8

Sheltering issues, 13

Horsin' around, 25

## SPORTS AND RECREATION

Special Olympics, 26

Keesler on the Web:  
<http://www.keesler.af.mil>



Dragons deployed  
— 202

## Keesler achieves Pride Day goals throughout base

By 2nd Lt. Nick Plante

Keesler News staff

Friday's Keesler Pride Day provided facility managers and residents opportunities to clean up and finish projects throughout the base.

"The 81st Civil Engineer Squadron is working hard to clean up our base and manage the grounds consistent with command standards," said Col. Rodney Croslen, 81st Mission Support Group commander. "However, pride of ownership is everyone's responsibility."

The day had two goals:

**Promote pride** of ownership in the workplace.

**Promote military** family housing self-help projects.

"I think we made a step in the right direction," said Lt. Col. Jeff Szatanek, 81st CES operations flight commander. "The day was an opportunity to take pride where we work and live, and we welcome the opportunity to show that pride."

Photos, Page 17

Both goals were accomplished, according to Colonel Szatanek.

Pride of ownership projects included landscaping at the child development center, Cody Hall and 81st CES.

The child development center project provides a grassy playground for the 325 children who use the facility. Sod donated by the civil engineers was laid around playground equipment by 75 volunteers Friday. More landscaping and fertilization are required to complete the project.

"Once the project is finished and the children are allowed on new grass, they'll have a safer and more enjoyable area," said Ms. Maria Ochoa, the center director.

Please see **Pride**, Page 9

## Leadership laurels



Photo by Maj. Aldwin Estrellado

Brig. Gen. Paul and Laura Capasso, 81st Training Wing commander and first lady, have been selected by the Air Force to receive the 2007 Gen. and Mrs. Jerome F. O'Malley Award. The award recognizes the Capassos for their leadership in the "monumental recovery and effort" at Keesler since Hurricane Katrina inflicted nearly \$1 billion in damage on the base Aug. 29, 2005.

## This week in the Triangle

Communications-computer systems operations, 10 a.m. today, Thomson Hall.

Ground radio communications, 10 a.m. today, Jones Hall.

Airfield management, 10 a.m. Monday, Cody Hall.

Computer networking cryptographic system, 10 a.m. Monday, Bryan Hall.

Personnel, 10 a.m. Monday, Wolfe Hall.

Air traffic control-tower, 9 a.m. Tuesday, Cody Hall.

Financial management and comptroller, 9:30 a.m. Tuesday, Allee Hall.

Communications-computer systems control, 10 a.m. Tuesday, Thomson Hall.

Information management, 10 a.m. Tuesday, Thomson Hall.

Weather forecaster, 10 a.m. Tuesday, weather training complex.

Aerospace control and warning, 9:30 a.m. Wednesday, Bryan Hall.



April honor flight

### Student numbers

Total students — 3,076

Non-prior service — 1,818

Temporary duty — 1,123

Joint service — 87

Combat controllers — 26

Medical — 22

Non-prior service arrivals — 158

Guard, Reserve — 694

International — 47

FY07 graduates — 15,527

Total since 1942 — 2,253,499

## Fitness hones responsibility, self-control, commitment

By Col. (Dr.) Leon Kundrotas

81st Medical Operations Squadron commander

Going out the Pass Road gate and down that road is a "clear and present danger" to physical fitness.

The temptation is great. Fast food and other eating establishments with drive-up windows abound. Not much farther away are the casino buffets with an abundance of good tasting, reasonably-priced foods, high in calories, salt and fat.

Balancing this abundance of food and getting a score greater than 75 on the Air Force fitness test is a challenge for some. It's a blend of individual responsibility, self-control and a commander's commitment to a unit's sound fitness program.

### Goal is 'fit force'

The ultimate goal of fitness is to maintain a "fit force." The primary purpose of fitness in the military is no secret; be fit to stay alive and complete the mission in a war zone.

Some consider fitness an essential part of being a warrior. Staying fit isn't a guarantee of safety in a war zone, but it contributes to alertness, agility and a quicker recovery if injured. In addition, the military bearing and appearance of an individual in a well-fitting blue uniform speaks of efficiency, professionalism and pride.

Improving or getting a passing score is difficult for some unless they're willing to change their lifestyle on and off duty. Working out during duty time may be not enough if dietary restraint and training aren't also applied to off-duty living.

Coming soon in the Air Force is a pass-fail physical fitness test (pass is a score greater than 75) result on Airmen's performance reports. We test once a year; the exact fitness score won't count for promotion points, but those with a score of less than 75 are designated as "not meeting standards" on performance reports.

### Long-term benefit

In 2006, 98 percent of active-duty members who took the test met standards, up 2 percent from 2005. About 7,100 Airmen didn't. Eleven percent weren't current on their testing, were exempt or failed to take the test. With a comprehensive unit fitness program (Air Force Instruction 10-248) as published in September 2006, this number can shrink further. Commanders need to implement and support the tenets of this well-designed and sustainable program for success in getting members fit and passing scores.

The long-term benefit of all this to the

service member is a healthy lifestyle and personal fitness program long after separation or retirement. A big part of it is educating people to make the correct choices, creating a balance of calorie consumption with exercise or some other form of calorie-burning physical activity.

Health care executives know this: a health-minded population consumes less medical resources and is less of an insurance risk. For example, a 10-pound weight loss decreases the risk for diabetes, an 18-pound weight loss results in 25 percent reduction in all-cause cardiovascular and cancer deaths. Blood pressure falls about one millimeter of mercury for every one to two pounds lost.

### Incremental process

For adults, changing eating habits learned in childhood and a sedentary lifestyle is difficult. The Air Force fitness program addresses this by mandatory attendance at a healthy living program for those scoring less than 75 on the test. Just running around the track a few more times isn't enough. A successful program for sustained and consistent weight loss includes exercise combined with dietary changes; 60-75 minutes per day of moderate exercise burns about 2,500 calories per week. Most people starting a program can't exercise that much on a daily basis or devote the time to make it sustainable.

So it's an incremental process. The first step is to modify eating behavior to prevent further weight gain. The new Air Force fitness regulation is well-rounded and addresses incremental gains, with defined goals, programmed nutritional management and an exercise physiologist monitoring the failed individual.

### Take another way home

Additionally, a fitness review panel convenes to discuss individual members in the poor category who fail to achieve a higher category at the 90-day retest. The panel recommends additional intervention to assist the member in a successful program outcome. I don't know of any corporate structure in America that supports such a comprehensive program for its members.

"Force fitness" is inherent in the military lifestyle. For those members who perform marginally or fail to score 75, individual responsibility and personal motivation, along with participating in a sound fitness program, are key. For those challenged, a start in the right direction may be going home out the White Avenue Gate and down Highway 90 where there are fewer culinary temptations.

## ACTION LINE ... 377-4357

By Brig. Gen. Paul Capasso

81st Training Wing commander

You're encouraged to work your concerns through your chain of command or to contact an appropriate helping agent. For matters left unresolved, call the commander's action line for assistance.

We welcome any suggestions to help make this a more valuable and useful tool. You may call the commander's action line at 377-4357, write to Commander's Action Line, 81st TRW/PA, Keesler AFB, MS 39534-2603, e-mail 81st TRW Commander's Action Line (on-base) or commanders.line@keesler.af.mil (off-base). For a personal response, include your name, address and phone number.

Items of general interest may appear in this column.

For your convenience, below is a list of key customer service phone numbers at Keesler:

<b>Base locator</b> — 377-2890	<b>Lodging (reservations)</b> — 377-9986
<b>Base operator</b> — 377-1110	<b>Medical center information</b> — 377-6550
<b>Base taxi (official use)</b> — 377-2430	<b>Military equal opportunity</b> — 377-2759.
<b>Career assistance adviser</b> — 377-3697	<b>Military pay</b> — 377-7272
<b>Central medical appointments</b> — 1-800-700-8603	<b>Pass and registration</b> — 377-3844
<b>Child development center</b> — 377-2211	<b>Pharmacy (refill call-in)</b> — 377-6360
<b>Civil engineering</b> — 377-5561	<b>Satellite pharmacy</b> — 377-9791
<b>Civilian personnel</b> — 377-2268	<b>Public affairs</b> — 377-2783
<b>Military personnel flight</b> — 377-2276	<b>Red Cross</b> — 377-0732.
<b>Keesler Federal Credit Union</b> — 385-5500	<b>Sexual assault prevention and response team</b> — 377-8635
<b>Emergencies</b> — 911	<b>Law enforcement desk</b> — 377-3040
<b>Family campground</b> — 594-0543	<b>Shoppette, Class Six</b> — 432-2367
<b>Airmen and family readiness center</b> — 377-2179	<b>Telephone trouble</b> — 377-2130
<b>Finance</b> — 377-4212	<b>Traffic management (outbound)</b> — 377-2446
<b>81st Communications Squadron help desk</b> — 377-0066	<b>Traffic management (inbound)</b> — 377-7813
<b>Housing</b> — 377-9741	<b>Visitor center</b> — 377-2595
<b>Identification cards</b> — 377-3203	<b>Youth center</b> — 377-4116
<b>Inspector general</b> — 377-3010	
<b>Legal assistance</b> — 377-3510	
<b>Library</b> — 377-2181	

## More mail boxes, please

**Comment** — There's now only one blue drive-up mail box on base and it's on the one-way street at the east end of the post office parking lot.

This is very inconvenient.

**Response** — Five of the blue drive-up mail boxes on base were removed by the postmaster in Biloxi because they didn't meet the minimum requirement of 25 pieces of mail per day.

The mail box in front of the post office isn't intended for drive-up use. However, there is a drive-up mail box in front of the shoppette on Meadows Drive.

The postmaster has agreed to consider removing the mail box in front of the post office and returning the one that used to be in the X Street parking lot directly across from the post office.

Seat belts:  
1) save lives,  
2) are the law.  
What's your excuse?

## KEESLER NEWS

No. 1 in Air Force,  
2004, 1997.

No. 1 in AETC,  
2004, 1998, 1996;  
No. 2, 2006, 2003,  
2001, 1999, 1997,  
1991, 1989; No. 3,  
2005, 2002, 1995;  
honorable mention,  
1992.

### 81st Training Wing commander

Brig. Gen. Paul  
Capasso

### Public affairs director

Lt. Col. Claudia Foss

### Editor

Perry Jenifer

### Staff writers

Susan Griggs

2nd Lt. Nick Plante

Tech. Sgt. Chuck  
Marsh

### Staff photographer

Kemberly Groue

Keesler News on Web:  
<http://www.keesler.af.mil>

The Keesler News office is in Room 113, Taylor Logistics Center, Building 4002. The mailing address: 81TRW/PAIN, Keesler AFB, MS 39534-2120. Phone: 377-4130, 3163, 3837, 7340. Publication date: Thursday. News deadline: noon Monday. Classified advertising deadline: see Classified section. Editorial content is edited, prepared, and provided by the 81st TRW Public Affairs Office in compliance with Air Force journalistic standards. All photographs are Air Force photographs unless otherwise indicated.

The Keesler News is published by Gulf Publishing Co., a private firm in no way connected with the Air Force, under an exclusive written contract with the 81st TRW and as an authorized publication for U.S. military service members. Contents aren't necessarily the official views of, or endorsed by the U.S. government, Department of Defense or Air Force. The appearance of advertising does not constitute endorsement by the U.S. government, DOD, Air Force or Gulf Publishing of products or services advertised. Everything advertised shall be made available without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor.



**STAY ALERT. STAY ALIVE.**  
HURRICANE AWARENESS

Phone numbers and Web sites  
for information and accountability  
for Keesler members:

**Personnel Accountability Team**  
1-800-673-9356

**Air Force Personnel Center**  
1-800-435-9941

<http://www.afpc.randolph.af.mil/ndw>

**81st Civil Engineer Squadron readiness**  
377-3811 or DSN 597-3811

**Mississippi Emergency Management Agency**

<http://www.msema.org>

**National Weather Service**

<http://www.nws.noaa.gov>

**Keesler Public Web site**

<http://www.keesler.af.mil>

**Create a family checklist,  
review it often,  
make changes as needed  
and activate it at the first sign  
of a hurricane threat.**

**Keesler  
Air Force Base  
2007**  
*Safety Goals*  
**Make Safety a Core Value**

**Practice Risk Management 24/7  
Provide a Safe Work Environment  
Protect Our Most Valuable Resource...  
PEOPLE!**



If you've had too much to drink,  
call Airmen Against Drunk Driving, 377-7283,  
10 p.m. to 6 a.m. Thursdays  
before dawn Fridays,  
working Fridays and Saturdays.



For ORI  
preparation,  
see ORI 2007  
on Keesler  
home page.

Report  
sexual  
assaults  
to  
377-7278.

# TRAINING AND EDUCATION



Sergeant Davis travels to remote locations, like this one in eastern Afghanistan, to bring broadcast service to American military forces.

## Deployed instructor uses TV to boost morale

By Susan Griggs

Keesler News staff

For Staff Sgt. Lance Davis, being a morale booster has been his most rewarding role during his deployment to Afghanistan.

Sergeant Davis, who's scheduled to return to the states this week, has been a visual imagery and intrusion detection systems instructor in the 338th Training Squadron for nearly four years.

In his second deployment to Bagram Airfield, he's working for the American Forces Network as noncommissioned officer in charge of broadcast maintenance.

"I work 10 hours a day, six days a week," Sergeant Davis said. "I maintain an FM radio station, five video editing suites, six video cameras and a satellite system used to send daily newsfeeds to the Pentagon Channel. I also assist the cable maintenance team that travels the whole country to make sure everyone has AFN television service."

Sergeant Davis pointed out that boosting the morale of deployed Soldiers, Sailors, Marines and Airmen with something as simple as television is the best part of his job.

"I took one trip to eastern Afghanistan along the Pakistan border," he recalled. "All of the people at the forward operating base were Army infantry who hadn't had television for more than a year. We got their satellite dish set up for them, and we got so many thank-yous just for giving them something to watch in their downtime. It was very rewarding and made me feel like I was doing something good for the mission."

Sergeant Davis lives in a wooden hut with seven other people.

"We have a tent with gym equipment and a recreation facility that shows movies every



Courtesy photos  
**Sergeant Davis uses a compass to make sure the azimuth of the AFN satellite dish is correct at an outpost in eastern Afghanistan.**

Saturday night on a big screen TV with surround sound," he reported. "Our dining facility is just down the road — the food isn't the best, but it's free, so I can't complain."

Although there's not much interaction with

Afghan citizens, Sergeant Davis commented, "It seems like most of them like us and are happy that we're here. One local national that works in our building always talks to us in the hallway. He calls us his friends and is always happy to see us."

Deployment has given Sergeant Davis a broader view of the Air Force and the armed services in general.

"I've learned how the Air Force is changing into more of a joint environment," he remarked. "When I first joined six years ago, we were never taught to carry weapons with us at all times. I'm supporting not just the Air Force, but every single branch of service that is fighting the global war on terrorism.

"The other services aren't that different from the Air Force," he continued. "The Army is pretty gung-ho about taking the fight to the enemy. I have a lot of respect for them — they're asked to spend a year or more deployed away from family and friends."

Being separated from his wife, Anne, and his 4-year-old son, Alex, has been the biggest deployment challenge for Sergeant Davis. He and his wife are expecting their second child in August.

"I've mostly missed the little things, like playing with my son and not having to walk 300 feet from my bed to the latrine in the middle of the night," he admitted.

Sergeant Davis said his deployment will be a plus when he returns to the classroom. While in Afghanistan, he's had the opportunity to work with one of his former students, Senior Airman James Karns.

"Back at Keesler, we're currently adding air expeditionary force equipment to our course, and I'm working on most of it over here," he pointed out. "I'll also be able to tell my students what it's like to be deployed to a hostile environment."



Photos by Kemberly Groue

From left, Senior Airmen Tanner Fischer, Cody Johnson and Seth Reed, 85th Engineering Installation Squadron, disassemble and crate an AN/GPN-22 precision approach radar east of Cody Hall for shipment to Tobyhanna Army Depot, Penn., for complete refurbishment.

## Radar refurbishment

Staff Sgts. Sheyney Burkhalter, left, and David Coleman, 85th EIS, steady part of the AN/GPN-22 radar as it's lowered to the ground by crane operator Charlie Koch, 81st Civil Engineer Squadron. Only the 85th EIS had radar technicians on base capable of dismantling the 30-foot antenna, according to Dale Riggins, 81st Training Support Squadron equipment resources chief. The radar had been through three hurricanes and Hurricane Katrina caused corrosion from wind-driven water intrusion. The radar, valued at \$8 million, is used to train 156 non-prior service students in the 338th Training Squadron's ground radar systems apprentice course.



**Deadline June 25**

# Enlisted get chance to be nurses, officers

**Air Force News Service**

WASHINGTON — The Air Force is now accepting applications from qualified enlisted members for a new enlisted commissioning program.

The Nurse Enlisted Commissioning Program gives enlisted members the opportunity to complete a full-time bachelor of science degree in nursing at an accredited university while on active duty. The nurse corps hopes to select 50 students for the upcoming fall semester.

"We are very excited to offer this accelerated nursing scholarship to our enlisted Airmen," said Maj. Gen. Melissa Rank, assistant Air Force surgeon general of the Medical Force Development and Nursing Services.

"They are the backbone of our Air Force and a proven, reliable and highly respected force multiplier," she said.

"We see this endeavor as a win-win all around; the nurse corps gains vital military-tested and proven nursing assets, the Air Force retain these invaluable members of our family and the individual gains exceptional knowledge and skills to further their academic and professional careers," she said.

The NECP selection board is scheduled to convene at the Air Force Personnel Center at Randolph Air Force Base, Texas, in July. Applications must be received no later than June 25.

For more information or to apply, go to the AFPC Web site and look under "Nurse Corps News."

# TRAINING AND EDUCATION NOTES

## Carey registration

William Carey University registration for the summer trimester is under way.

Classes begin May 25.

Applications are being accepted for both new and readmitting students.

Discounted tuition rates are available to active-duty military, their dependents, retirees and Defense Department civilians.

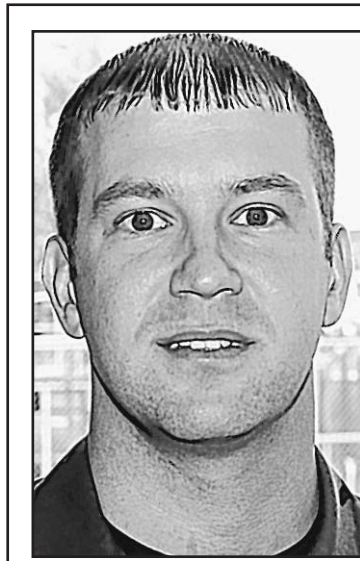
For more information, visit Room 208, old Cody Hall, or call 377-0090.

## Parades, drill downs

The 81st Training Group's student parades are May 31, July 12, Sept. 20 and Nov. 15.

Drill downs are 7 a.m. June 15 and Aug. 10, and 8 a.m. Oct. 19.

For more information on parades, call Staff Sgt. Kwame



## Auburn-bound

**Tech. Sgt. Shane Bledsoe, an instructor in the 336th Training Squadron's communication-computer systems control 7-level course, has been selected for the Airman Education Commissioning Program. He's been at Keesler for four of his 11 years in the Air Force. He'll major in physics at Auburn University.**

Felton, 377-3245, and for drill downs, call Tech. Sgt. Steven Joyce, 377-2737.

## Mandatory training

The legal office provides

mandatory annual homosexual policy training for military and civilian supervisors, commanders and law enforcement officials.

Training is 9 a.m. June 12, Aug. 14, Oct. 9 and Dec. 11 in Wolfe Hall.

For more information, call 377-3510.

## Embry-Riddle online

Embry-Riddle Aeronautical University offers online undergraduate courses beginning on the 15th of each month.

Certificates/minors offered include occupational safety and health, logistics, management and intelligence and security.

Graduate programs include master of aeronautical science and masters of science in management. Terms begin in March, May, July, August, September and November.

Terms are 12 weeks for undergraduate online courses and 15 weeks for graduate online courses.

For more information, visit Room 217, old Cody Hall or call 377-4271.

## Troops to Teachers

For information on Mississippi Troops to Teachers, call 1-800-MISS-TEACH.

## Virtual education

The Air Force Virtual Education Center has been transferred to the Air Force Portal.

To access AFVEC, use the AFVEC URL, <https://afvec.langle.af.mil>, or go directly to the Air Force Portal, <https://www.my.af.mil/afvecprod/>. Use your Air Force Portal user identification and password to log on. First-time users are prompted to re-register some of their profile information and then are taken directly into their AFVEC profile.

# NEWS AND FEATURES



Air Force graphic by Mike Carabajal

General Moseley focuses on current topics he feels are of special importance to Airmen.

## Among top issues for General Moseley: Airman's Creed, health care

### Air Force News Service

SAN ANTONIO — The Chief of Staff of the Air Force's Scope focuses on current topics he feels are of special importance to today's Airmen.

Among Gen. T. Michael Moseley's top issues are the new Airman's Creed and military health care.

General Moseley introduced the new creed to replace all the various specialized creeds that have been used in the past, and to focus on the core of what an Airman believes.

"When you read it, reflect on the creed's elements: warrior, heritage, honor and valor," General Moseley said.

He also stressed that now more than ever the

Air Force needs each and every Airman to be combat-ready.

Another top priority is taking care of Airmen and providing them the highest quality health care. Airmen, Soldiers, Sailors, Marines and Coast Guardsmen deserve the best health care possible, he said.

Other Scope topics include the combat search and rescue mission, Marine-Air Force warfighter talks and the Airmen's warrior ethos. The general has written a brief explanation of each topic so Airmen can better understand the issues he's working and why they are important to the Air Force's senior leaders.

The Scope is available at <http://www.af.mil/library/cscope.asp>.

## DFAS beefs up security for myPay users

### Air Force News Service

ARLINGTON, Va. — A new security feature has been added to protect myPay customers' data on the pay account system.

As part of an on-going commitment to strengthen password and account security, the Defense Finance and Account-

ing Service has implemented the "virtual keyboard" to assist in protecting against malicious software such as spyware, trojans and keylogging.

Beginning this month, when users log on to myPay, the virtual keyboard appears on the screen. Users type in their

login identification and then mouse click their personal identification number on the keyboard pictured.

To enhance security, the keyboard layout changes or keys are displayed randomly every time the page is refreshed.

For more information, go to <https://mypay.dfas.mil>.

## IN THE NEWS

### Memorial Day events

Brig. Gen. Paul Capasso, 81st Training Wing commander, speaks at Biloxi National Cemetery's Memorial Day ceremony, 9:30 a.m. May 28. For more information call, Liz Burchett, 860-8578.

Retired Lt. Gen. Clark Griffith, former 2nd Air Force and 81st TRW commander, speaks at the Mississippi Vietnam Veterans Memorial in Ocean Springs, 2 p.m. May 28.

For more information on the Ocean Springs event, call Dick Wilson, 669-5061.

The honor guard participates in both events.

### ORI preparation tools

Operational readiness inspection preparation tools are available on the ORI 2007 site of the Keesler home page.

The site includes ORI reports from recent Air Education and Training Command inspections, Keesler's last ORI in March 2004 and the 81st Training Wing's 150-day countdown checklist.

The AETC inspection team arrives at Keesler on Aug. 19 for an ORI that runs through Aug. 27.

### Biloxi tribute to Air Force

Biloxi's Ohr-O'Keefe Museum of Art hosts "Remember the Flyboys," an exhibit of original photographs commemorating the Air Force's 60th anniversary, May 24-31, at 1596 Glenn Swetman Drive.

An opening reception and program, 5:30 p.m. May 24, features Martha Stephenson, whose late husband flew a B-24 in Europe during World War II and collected dozens of photos from the period, and WLOX-TV anchor Jeff Lawson.

For more information, call 374-5547 or visit <http://www.georgeohr.org>.

### Early Keesler News deadline

The deadline for submissions to the May 31 issue of the Keesler News is noon May 24, four days earlier than usual.

The early deadline is due to the Memorial Day federal holiday, May 28.

The newspaper office is closed May 28 in observance of the holiday.

### Off-limits establishments

Off-limits establishments for military members are the Blue Note Lounge, Boulevard Nightclub and Henry Beck Park (except during daylight hours or official events) in Biloxi; Carver Village, Bunksmall Apartments and H&H Hideaway in Pascagoula, and Toni's Lounge in Moss Point.

## Pride,

from Page 1

Currently, the children use the playground at the youth center.

"It will be great for the children to have their own area," said Ms. Ochoa. "There's nothing like playing on your own playground."

Initially estimated to cost \$27,000, the sod was provided and placed "for considerably less," according to Colonel Szatanek.

Other quality-of-life projects included installing and

painting of the Air Force emblem inside the Levitow Training Support Facility and Garrard Hall and placing outdoor grills in the courtyards of some permanent party dormitories.

Base housing residents were able to obtain free impatiens, margarita, salvia, celosia, vinca and begonia plants for beautification projects from the self-help store.

More than 300 plants were picked up at the store by housing area residents Friday, according to Charles Moore, 81st CES chief of material acquisitions.

Facility managers had ac-

cess to grass seed, mulch, peat moss and landscape stones at the store in Building 4039 at the corner of Z Street and Ploesti Drive.

Trash bags, landscaping tools and materials, pressure washers and other items are also available at the facility.

Colonel Szatanek encouraged residents and units to extend their efforts beyond Pride Day.

"There's other work that needs to be followed up on," he said.

"We'd also like people to practice policing their areas as outlined in the hurricane cleanup plan."

**Sparky's**

**Safety Spot™**

**Wearing  
bike  
helmets  
saves  
lives!**

**Don't ride  
your bike  
without  
one!**

**NFPA  
INTERNATIONAL**

**The name and the image of Sparky®  
are registered trademarks of the NFPA.**



# PERSONNEL NOTES

---

**Editor's note:** This column is a service of the Keesler News. Contributors include the Air Force Personnel Center, Randolph Air Force Base, Texas, and the 81st Mission Support Squadron's military and civilian personnel flights.

---

## Latest force shaping results

### Air Force News Service

RANDOLPH Air Force Base, Texas — Air Force officials released the results of the 2007 Line of the Air Force Force-Shaping Board.

Senior raters notified eligible officers of their retention status on May 2.

The force-shaping board which convened at the Air Force Personnel Center March 12 selected for active-duty retention 1,347 out of 1,626 officers in the 2004 accession year group and the 2003 navigator, air battle manager, space and missile and developmental engineer officer year group.

Officers not selected for retention separate from the Air Force no later than Sept. 29. However, they may apply for an earlier separation date.

Those officers not selected for retention may apply for the Palace Chase and Blue to Green programs. If selected for either program, the officer's separation from active duty is voluntary. Therefore, the officer won't be entitled to involuntary separation benefits and entitlements.

To avoid a break in service, officers must apply for Palace Chase no later than July 1 with the requested separation date no later than Sept. 29. Officers must apply for Blue to Green no later than June. 1.

For more information on force shaping, visit the AFPC Force-Shaping Web site or call the Air Force Contact Center, 1-800-616-3775.

## Force shaping preparations

In preparation for the next officer force shaping board in June, officers are encouraged to check their education levels in the virtual military personnel flight.

To correct errors, e-mail Air Force Institute of Technology's Academic Coding Branch, [afit.coding@afit.edu](mailto:afit.coding@afit.edu), or send an official transcript from the college or university to AFIT Academic Coding Branch, 2950 Hobson Way, Wright-Patterson AFB, OH 45433-7765.

## Travel health information

### 81st Medical Group

The travel medicine clinic at Keesler Medical Center, closed since Hurricane Katrina, is open again.

People planning vacations or permanent change-of-station moves outside the U.S. are encouraged to visit the clinic at least one month before departure.

The clinic staff provides the most current travel health information and determines the immunizations and prophylactic medications required based on destinations, planned activities, length of trips, health history, travel conditions and risks.

Walk-in hours are 8-10 a.m. the first and third Wednesdays of each month. Bring immunization records.

## Self-service for civilians

### Air Force Print News

RANDOLPH Air Force Base, Texas — MyBiz provides civilian employees access and the ability to update information about themselves.

MyWorkplace gives military and civilian managers access to information on their staff.

For more information, contact the local civilian personnel flight or visit [http://ask.afpc.randolph.af.mil/main\\_content.asp?prods3=2469&prods2=264&prods1=44](http://ask.afpc.randolph.af.mil/main_content.asp?prods3=2469&prods2=264&prods1=44).

# Awareness offsets water sports risks

Safety office  
and Keesler News staff

With summer almost here and warmer weather drawing people outside to enjoy Mississippi's climate and water attractions, it's important now more than ever to remember these water safety tips:

**Never swim alone.** Stay away from dock and ski areas. The ability to swim must not be overestimated. Know your own capabilities. If you are unsure, you should remain in shallow water. Never swim when overtired, feeling chilled or after consuming alcohol or drugs. It is best not to swim immediately after eating a heavy meal.

**The chief danger** for divers or head-first sliders is serious spinal injury. Head first entry can quickly become a serious situation. Spinal injuries can occur even at very low speeds if the head strikes firmly against the bottom or side. In an above-ground pool, there should be no diving or head-first entry. If the depth of the water is unknown, always go into the water feet first.

**Jumping and horseplay** also can quickly lead to serious injury. Jumping incorrectly into shallow water can be dangerous. Injuries such as a broken leg can occur if the bottom is hit with sufficient force. Before jumping, determine the depth of the water, and look for any submerged obstacles, surface objects or other swimmers.

**When you go boating,** leave a float plan with a trusted person. A float plan is a detailed itinerary and route of the planned trip as well as additional information that may assist rescuers.

**Never boat alone.** Take a



radio or cell phone for emergencies and know the weather prior to departing.

**Wear an approved** life jacket and ideally take a boating safety course before you go.

**Be aware** that gross negligent operation is a criminal offense (excessive speeding, bow riding, reckless operation, etc.)

**When water skiing** have two people in the tow boat, one to drive and one to watch the skier. Avoid skiing near swimmers or fishermen. Always wear a life jacket when skiing. Submerged stumps, logs and rocks can be underwater hazards. Watch for obstructions near the shoreline.

**When fishing,** stay clear of boat channels and ski and swimming areas. While trolling, watch the water ahead for boats, swimmers and underwater obstacles.

**By operating** a water vessel on the state's waterways, you have given consent to be tested for alcohol, and refusal to submit can result in a one-year suspension of boat operator privileges.

## 2007 hurricane guide in May 31 Keesler News

The Keesler News' annual hurricane guide is published as an eight-page insert in the May 31 issue.

The guide includes the base plan from preparation through sheltering to recovery, evacuation routes, information on insurance and coping with stress, terminology, storm categories, wind conversion chart, 2007 storm names, crisis checklist, online resources and tracking map.

A limited number of additional guides will be available in the Keesler News office, Room 113, Taylor Logistics Center on L Street.



## Pet sheltering on base limited for hurricane

By Susan Griggs

Keesler News staff

What to do with the family pet if a hurricane threatens the Mississippi Gulf Coast shouldn't be a last minute decision.

Military members required to shelter on base who don't have dependents who can evacuate with the animals can shelter cats and dogs at Pet Haven.

Only cats and dogs at least eight weeks old and fully weaned are accepted and can be sheltered at Pet Haven, located in the Blake Fitness Center racquetball courts. Pit bulls and pit bull mixes aren't accepted.

An admission form and photo of the owner with the pet are required. Dogs must have rabies, distemper and bordetella shots, and cats must have rabies, distemper and leukemia shots. They must be

housed in an approved carrier; wire and soft-sided kinds aren't allowed. Be sure the pet can stand up, lie down and turn around in the carrier.

When pets are brought to the shelter, owners must bring adequate food and water for 48 hours and sign a statement of agreement and understanding and liability waiver form.

After personnel are released from the shelter, they must retrieve their pets within two hours and clean up after their animal prior to departure.

Preregistration is planned later this month to process admission forms, check pet carriers and answer questions. This minimizes check-in time and reduces long lines of people and pets on the day of the storm.

For more information, call Maj. James Hammond, 377-3101.

## Sheltering for retirees available off-base

By Susan Griggs

Keesler News staff

Limited space at Keesler requires military retirees and their family members to seek shelter off-base if a hurricane threatens south Mississippi.

"Several years ago, the base was able to provide sheltering on a space-available basis for retirees, but that's no longer the case," said Larry Tabor, 81st Training Wing plans and programs chief. "Facilities and space are now limited and Keesler can no longer offer shelter to the large number of retirees and family members in the three coastal counties.

"Retirees should first attempt to seek shelter outside the immediate area," Mr. Tabor added. "If you're unable to leave the area, local Civil Defense offices will announce shelters through the media."

Crowded conditions in base shelters during Hurricane Katrina in 2005 and Hurricane Georges in 1998 forced Keesler to examine its emergency management plan and revise space allocations.

Keesler's shelters don't have adequate space to protect the entire base population, so only mission-essential personnel and students are sheltered if another hurricane targets the Mississippi Gulf Coast, Mr. Tabor said.

## Hurricane plan for moms-to-be

By Lt. Col. Michael Bashford

81st Surgical Operations Squadron

In the past, expectant mothers with high-risk problems or near the end of their pregnancies could shelter at Keesler Medical Center during a hurricane.

Due to the effects of Hurricane Katrina, the facility is no longer available as a hurricane shelter and is closed in the event of a hurricane. All personnel are evacuated and no services are available.

Expectant mothers are encouraged to:

**Make early evacuation arrangements** to a safe haven near a medical facility. Call

Tricare, 1-800-700-8603, if obstetrics isn't available at a military facility near the safe location and learn how to make contact if labor begins or an emergency develops.

**Obtain a copy** of your obstetrical medical records and hand-carry it with you at all times.

**Go to the nearest emergency room** with those records if an emergency occurs or labor begins. Call Tricare within 24 hours of the visit.

**Pack an emergency bag** with items needed for both family and the new baby.

Have a good understanding of Tricare coverage before leaving the area. For more information or clarification, call 1-800-444-5445.

# IMAs bear brunt of Reserve authorization cuts

## 64 people at Keesler affected by reductions

**Air Force News Service and Keesler News staff**

Nearly 5,000 Air Force Reserve individual mobilization augmentees, including 64 who serve at Keesler, have to make career decisions because of authorization reductions.

IMAs are reservists assigned directly against a person in an active-duty position. Most of these reservists perform 24 individual days of training per year, in addition to 12-14 days for annual training.

To help pay for force modernization, Air Force Reserve Command reduces its manpower authorizations by 7,700 over the next four years. Part of that reduction comes from not funding close to 5,000 individual mobilization augmentee positions.

“At Keesler, that means there’ll be fewer IMAs around to backfill during deployments,” said Senior Master Sgt. James Burns, base IMA administrator. “People just don’t realize the impact the cuts will make a year or so down the road.”

Sergeant Burns said that the decision initially affects 50 IMAs at Keesler, with another 14 impacted over the next 2 1/2 years because of time in grade, sanctuary provisions and Palace Chase requirements. That involves 65 percent of Keesler’s 109 IMAs.



“These people will convert to Category E status, which means they’ll be on non-paid status for training, but they’ll still be able to do Military Personnel Appropriation days,” he explained. “The greatest impact here will be to doctors, nurses and medical assistants at Keesler Medical Center, along with security forces personnel.”

Sergeant Burns said the reductions also make it harder to get promoted as an IMA.

Letters were sent out to all IMAs March 27-29, Sergeant Burns said. AFRC sent a letter to each IMA telling them whether or not their position was affected. IMAs directly affected by the reductions received a certified letter with a list of available career options.

“Those affected by the reductions have three basic choices,” Sergeant Burns pointed out. “First, they can find another position — Guard, traditional reserve or IMA positions not impacted by the cuts. Second, those that are eligible can retire. Lastly, there’ll be those who just separate from the military.”

“The general consensus from the Keesler IMAs is to look at the first two options for the first year, and option three will be the choice after that,” he added.

“We tried to make this whole process as individualized as possible,” said Col. Roxane Towner, AFRC’s Readiness Management Group commander. “Our people are important to us and we’re going to do everything possible to ensure we maintain our unrivaled wingman commitment both to our reservists and their gaining major commands.”

AFRC senior leaders worked closely with active-duty major commands to identify reductions in funding of IMA authorizations.

“The important thing to remember is that this isn’t an end-of-the-road scenario,” Colonel Towner said. “We have many options available to those who wish to continue their service in the Air Force Reserve.”

Susan Griggs, Keesler News staff, contributed to this report.



Photos by Kemberly Groue

From left, Airmen 1st Class Brandon Haigood, 81st Medical Operations Squadron, and Rhianna Rasheed and Sherenda Favshaugh, 81st Surgical Operations Squadron, lay sod in the child development center courtyard and playground during Keesler Pride Day Friday. The Airmen are currently assigned to the honor guard.



Staff Sgt. Jesus Gutierrez, left foreground, and Master Sgt. Brad Belford drill a hole for the installation of a grill in the courtyard of permanent party dormitories 4813 and 4815. In the background, Master Sgt. Gunny McCune, left, and Staff Sgt. Bryan Carnwell mix concrete for the grill post. All four men are assigned to the 81st Civil Engineer Squadron.

# Team Keesler shows pride in base's looks



Margo Valenzuela is assisted in making plant selections at the self-help store by Airman 1st Class Jose Arias, 332nd Training Squadron. She's the spouse of Lt. Col. Paul Valenzuela, 81st Mission Support Squadron commander.



Karen Ray sponge paints a cloud on a wall outside the command section of Garrard Hall. She's the spouse of Lt. Col. Stephen Ray, 81st Training Group deputy commander.



Kendra Boyd gets a manicure from T'Chete Patton at Pamper Me Day, May 10 at Vandenberg Community Center. Ms. Patton and other students from Chris' Beauty College in Gulfport provided free manicures. Mrs. Boyd's husband is Staff Sgt. Richard Boyd, 335th Training Squadron.



Daniell Wilson, spouse of Staff Sgt. Seth Wilson, 338th TRS, gets a free massage from Mona Prestenbach, a massage therapy student at Blue Cliff College, Gulfport. Pamper Me Day, a spouse appreciation activity, was co-sponsored by the airman and family readiness center and the 81st Services Division.

Photos by Kemberly Groue

## Spouses receive royal treatment



Cindy Ryland creates a scrapbook page with materials provided by the Salvation Army. Her husband is Master Sgt. Lorne Ryland from the legal office.



Domonique Homann, an independent consultant for Arbonne International, gives Dominique Prather a makeover. Mrs. Prather is married to Master Sgt. Richard Prather from the Keesler Marine Corps Detachment.



From left, Senior Airman Jessica Green, 81st Training Wing; Minnie Gray, 81st Comptroller Squadron civilian employee; and Frances Frye, 81st Mission Support Squadron civilian employee, soothe their feet with a sea salt scrub. Mrs. Frye's husband, Tech. Sgt. Dorry Frye, is assigned to Naval Air Station-Belchase, La.

# Air Force tests civilian services consolidation

**Air Force News Service**

WASHINGTON — The Air Force Personnel Center and Air Force Materiel Command are embarking on a test allowing the service to closely study and review consolidated civilian personnel support services.

For a one-year period, AFPC provides staffing referral services to Tinker Air Force Base, Okla., and fills its competitive internal and external job vacancies as part of a larger consolidation of transactional personnel work.

Once the test is complete, the results analyzed against key performance factors, appropriate constituents consulted and any post-test adjustments made, the Air Force intends to implement the new model at other large civilian centers — unless results

don't match efficiency and productivity expectations.

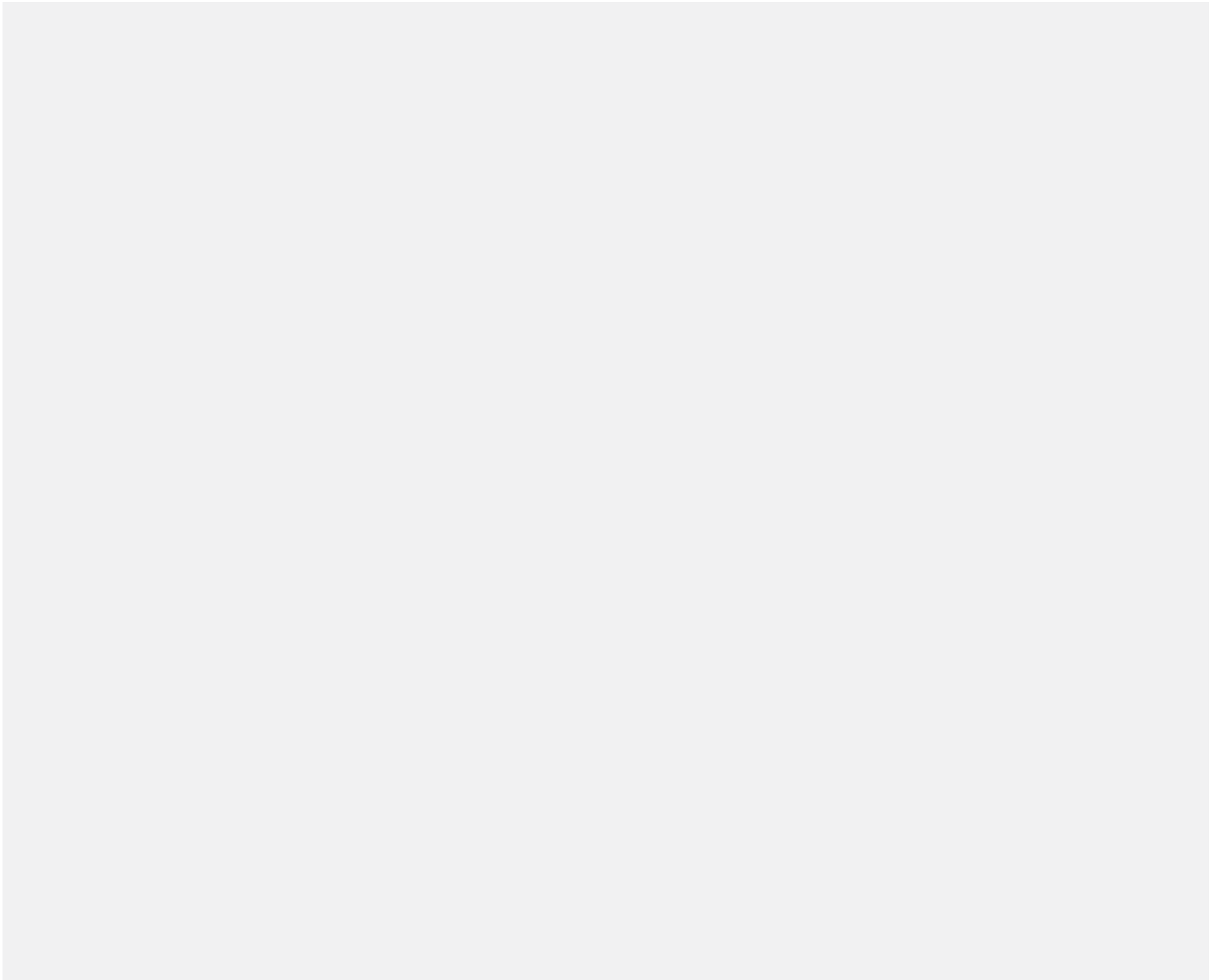
"These large civilian centers are incredibly important to our Air Force, and we need to get this right," said Gen. T. Michael Moseley, Air Force chief of staff. "That's why we are testing the concept first, consulting the appropriate delegations and making relevant post-test adjustments before finalizing and implementing it at the other depots."

The Air Force Civilian Personnel Services Delivery model calls for the retention of crucial professional onsite personnel advisory and consultant services to employees, supervisors and commanders, as well as the consolidation of transactional work to a central site, accessible around the clock via the Web and through robust call center technology.

Consolidating the transactional work and leverag-

ing modern technology represents the state-of-the-art way of doing business that replaces many industrial age labor-intensive processes. The goal is to provide better customer service with 24/7 accessibility for civilians. The Air Force has successfully transitioned 91 Air Force bases using this approach.

"Air Force people are at the heart of operational readiness, and our civilian workforce has never been a greater factor in meeting the national security strategy," explained Lt. Gen. Roger Brady, deputy chief of staff for personnel. "Each service member and employee must be assured that leadership is concerned not only about the mission, but also about the welfare of its most important asset — the people who make the U.S. Air Force the finest air and space force in the world."



# Cheating

## Academy finds 31 cadets guilty in test scandal

**Air Force News Service**

AIR FORCE ACADEMY, Colo. — Cadet honor representatives have finished their investigation of 40 fourth class cadets (freshmen) accused of cheating on a weekly knowledge test given to all members of the Class of 2010 on Jan. 31.

The test compromise was discovered on Feb. 2 when cadets reported the incident.

### **29 admit cheating**

Of the 40 cases, 29 cadets admitted to cheating, five denied cheating and six cadets were found not to have cheated.

The five who denied cheating met wing honor boards where two were found guilty of violating the Cadet Honor Code.

A total of 31 cadets were found in violation of the Cadet Honor Code.

One cadet who admitted cheating resigned.

### **9 appeal ruling**

The cases were forwarded to the commandant of cadets, Brig. Gen. Susan Desjardins.

She determined that 12 of the violators would be placed on six months' honor probation, and if successfully completed, would again be cadets in good standing.

She recommended that 18 would be disenrolled from the academy. Two cadets recommended for disenrollment resigned.

As is their right, nine of the remaining 16 cadets appealed their disenrollment recommendation to the academy superintendent, Lt. Gen. John Regni. He upheld the commandant's disenrollment recommendation in eight of the nine appeals.

### **13 on probation**

At the end of the appeals process, of the 31 cadets found in violation of the Cadet Honor Code, 18 are disenrolled and 13 are on probation.



# Too much alcohol can be hazardous to health

By Peter Breslin

## 81st Medical Operations Squadron

Individuals who drink too much suffer from alcohol poisoning. They become intoxicated.

Once ingested, approximately 10 percent of the alcohol is eliminated through the lungs, kidneys and skin. Because alcohol isn't digested as food, the remaining 90 percent is directly absorbed through the walls of the stomach and small intestine into the blood stream where it continues through the liver, heart, lungs and other high-blood organs until it reaches the brain.

Once alcohol-enriched blood reaches the brain, it acts as a sedative and has an anesthetic effect. The frontal lobe of the cerebrum is the first part of the brain to be affected. The cerebrum is the center for reasoning, conscious thinking, memory and self-control. As the frontal lobe slowly becomes anesthetized by alcohol, inhibitions disappear. A person may then forget his human limitations.

As the concentration of alcohol in the blood increases, other areas of the brain are affected. The motor area of the cere-

brum and the cerebellum control motor activity, muscular coordination and equilibrium. The drinker becomes clumsy and begins having difficulty walking and maintaining balance.

The speech, hearing and vision centers of the brain are also affected, resulting in slurred speech, dulled hearing and blurred vision.

When the sensory area is affected, the drinker "feels no pain," depriving one of nature's built-in lifesaving alarm systems.

Finally, the medulla — the portion of the brain connected to the spinal cord — is affected. Responsibility for heart beat, blood flow and breathing hinge on the work of the medulla. Depending on the amount of alcohol consumed, the drinker may lose consciousness, go into shock or even die.

As this process illustrates, a drinker's behavior and capabilities are related directly to the concentration of alcohol in the bloodstream.

Because of these factors, the drinking capacity of one man or woman can vary from that of another. Body size, gender

and food consumed all enter the equation.

That said, any drinker's behavior pattern generally conforms to the following levels of concentration:

**.01-.04 percent** — socially relaxed, talkative, fewer inhibitions, impaired judgment.

**.02 percent** — legally intoxicated while under age on base.

**.05-.09 percent** — excited, judgment impaired, inappropriate behavior, less control of actions.

**.08 percent** — legally intoxicated while driving in all states.

**.10-.14 percent** — staggering, slurred speech, exaggerated emotions, motor coordination impaired.

**.15-.20 percent** — difficulty standing or walking, motor coordination impaired, distorted perception, ill, vomiting, incontinent.

**.21-.30 percent** — passing out, severe motor disturbance.

**.31-.39 percent** — respiration and heart rate depressed, overdose, vital functions impaired.

**.40-.60 percent** — unconsciousness, coma or death.

## If shoe fits, time to act

Your drinking may be excessive if ...

... **you ever** think you should cut back.

... **you become** annoyed when confronted about your drinking.

... **you feel** guilty, ashamed or embarrassed about your drinking.

... **you feel** the need for a drink first thing upon waking up or during the day to maintain.

If one of more of these shoes fit, drinking has become a medical issue. Consider visiting or calling ADAPT's office, Room BC 500, in Keesler Medical Center, 376-3452.

# New menu, food tasting Wednesday

**Special meal menu** — Wednesday at all three dining facilities; Chinese five-spice chicken, beef and broccoli stir fry, Cantonese spare ribs, egg rolls, shrimp fried rice, steamed rice and lemon sesame green beans.

**Food tasting** — 11 a.m. to 1 p.m. Wednesday, youth center; homemade lumpia, chicken, Mongolian beef, sweet-and sour pork and Hunan beef.

**Lumpia sale** — place orders for delivery later in the month.

**Exhibit** — through May 31, McBride Library. Art and artifacts. For more information, call Larry McKean, 348-2714, or Senior Airman Rommel Hernandez, 376-3161.

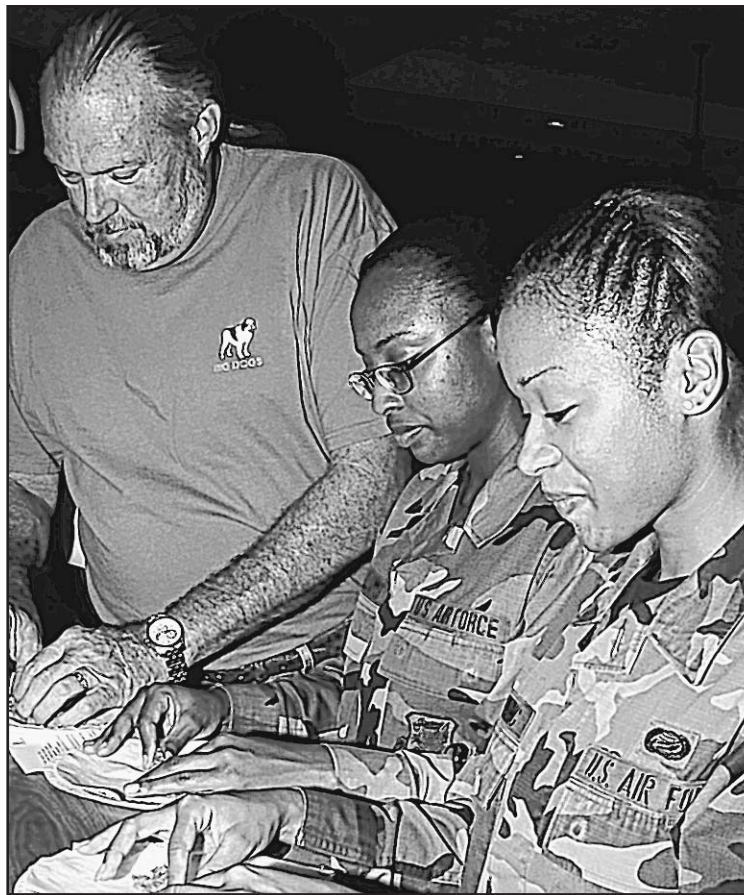


Photo by Kemberly Groue

From left, Jerry Gardner, 81st Training Support Squadron, and Airmen 1st Class Nicole Allums, 81st Medical Support Squadron, center, and Porshia Manning, 81st Mission Support Squadron, learn how to make Lumpia at the Asian-American Pacific Heritage Month food preparation demonstration May 10 at Vandenberg Community Center.

## Horsin' around



Photo by Kemberly Groue

Catherine Acuna helps 3-year-old Jaya Thomas feed a carrot to Cowboy during Cowboy Day at the youth center May 9. Ms. Acuna is a child development center employee. Jaya's parents are Tech. Sgt. Jermain and Staff Sgt. Yvonne Thomas, 81st Medical Support Squadron and 81st Mission Support Squadron, respectively. Cowboy was provided for the event by Klein Brothers Rodeo, St. Francesville, La.

## KEESLER NOTES

### Parking lot closure

The parking lot on the southeast side of the Keesler NCO Academy Building is closed 7:15 a.m. to 4:30 p.m. Wednesday for drill evaluations.

In inclement weather, the lot is open.

For more information, call Master Sgt. Rosetta Lee, 377-2740.

### Dorm managers

The 81st Civil Engineer Squadron Consolidated Dormitory Management Office is looking for Airmen for special duty positions.

Applications can be picked up 7 a.m. to 4 p.m. Monday-Thursday and 7 a.m. to 3 p.m. working Fridays in Room 127, Building 4904.

For more information, call 377-1730.

### Heart Link

Heart Link, an orientation

program for Air Force spouses of less than five years, is 7:30 a.m. June 21 in the Triangle Chapel.

To register, call the airman and family readiness center, 377-2179.

For information on limited child care, call Jackie Pope, 377-5346.

### Surplus property sale

A non-appropriated fund excess property sale is June 5-7 in the former Keesler Club on Larcher Boulevard.

Assorted furniture, office furniture, small appliances, televisions, microwaves, pictures and ironing boards are available.

June 5 hours are 9-11 a.m. for senior airmen and general schedule 3s and below, NA 1s and 2s, and NF1s only; and noon to 3 p.m. for all other identification card holders.

June 6-7 hours are 9 a.m. to 3 p.m. for all authorized buyers.

Transactions are on a first-come, first-served cash-and-carry basis, and all items must be removed immediately.

Customers are responsible for loading their purchases into their vehicles.

Commercial outlet representatives shouldn't expect to make large quantity buys.

For more information, call 377-0002.

### Benefit car wash

Combat weather team students raised \$625 for the Virginia Tech Memorial Fund at a car wash April 28.

### Yard program

Military family housing's yard of the month competition runs May-September.

For more information, call 377-3821.

# SPORTS AND RECREATION

## Something fishy

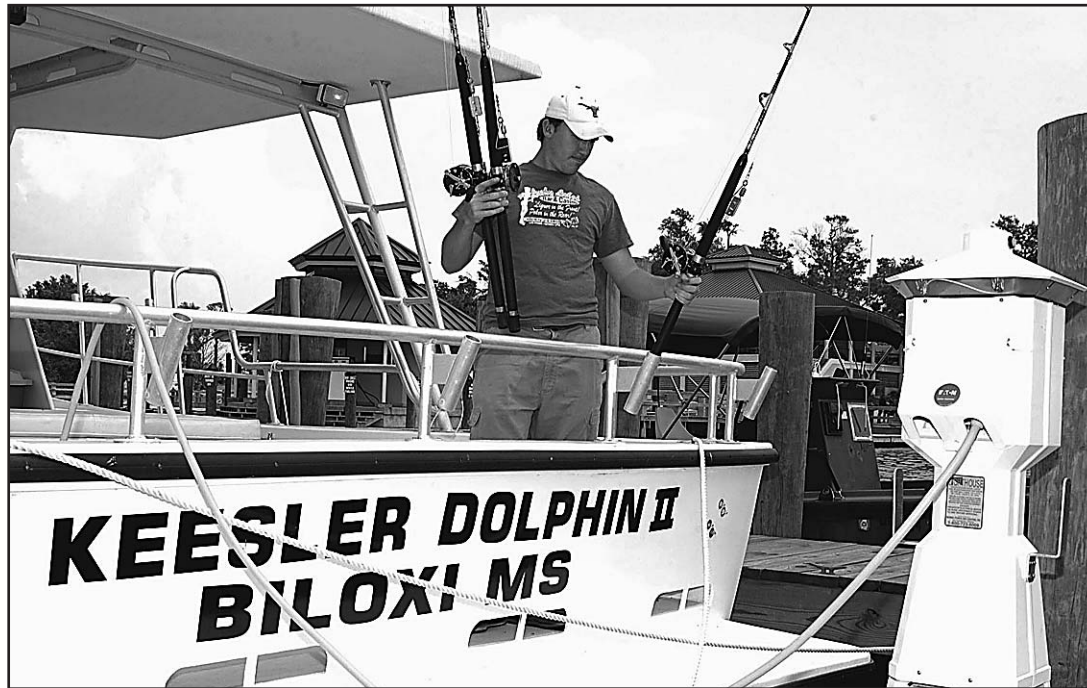


Photo by Kemberly Groue

Walt Robinson, 81st Services Division, prepares the Dolphin II with fishing and safety equipment for deep-sea fishing. Robinson is the first mate of the charter boat which holds up to 22 people. The 81st SVD begins accepting trip and charter reservations for Sundays and compressed work schedule Fridays June 15. For more information, call 377-3160.

## Keesler welcomes athletes, families to annual Special Olympics games

By Tech. Sgt. Chuck Marsh

Keesler News staff

Keesler welcomes more than 1,100 athletes, parents and caregivers for the 2007 Mississippi Special Olympics State Summer Games Friday-Sunday.

Committee members and volunteers from almost every organization on base have spent the past few months preparing for the event.

For more information or to volunteer, call 377-1676.

Event schedule:

### Friday

**Dorm judging** — 9-10 a.m., Triangle.

**Torch Run** — noon to 1 p.m., down Highway 90 to Larcher Boulevard, onto Meadows Drive, toward the Triangle area and ending at the Welch Auditorium.

**Reception** — 6-7:30 p.m., Muse Manor.

**Opening ceremonies** — 8-10 p.m., Levitow Training Support Facility.

### Saturday

**Wheel chair** — 9-10 a.m., Triangle track.

**Roller skating** — 9 a.m. to noon, SkateZone in Ocean Springs.

**Power lifting** — 9-11 a.m., Triangle Fitness Center.

**Track** — 9 a.m. to 3 p.m., Triangle track.

**Aquatics** — 9 a.m. to 4 p.m., Biloxi Natatorium.

**Bocce** — 9 a.m. to 4:30 p.m., Triangle track.

**Volleyball** — 9 a.m. to 4:30 p.m., soccer field.

**Sailing** — 9 a.m. to 5 p.m., Ocean Springs Yacht Club.

**Golf** — 10 a.m. to 5 p.m., Naval Construction Battalion Center-Gulfport Golf Course.

**Olympic Village** — 10 a.m. to 5 p.m., Levitow Training Support Facility.

**Parent luncheon** — noon to 1 p.m., Magnolia Dining Facility.

**Running long jump** — 1:30-4 p.m., Triangle track.

**Shot put** — 1:30-4 p.m., behind Field 4.

**Softball throw** — 1:30-4 p.m., Field 4.

**Standing long jump** — 1:30-4 p.m., Triangle track.

**Tennis ball throw** — 1:30-4 p.m., Field 5.

**Closing ceremonies** — 7-8 p.m., Levitow Training Support Facility.

**Victory dance** — 8-10 p.m., Hangar 4.

**Movie** — 8-9:45 p.m., Welch Auditorium.

### Sunday

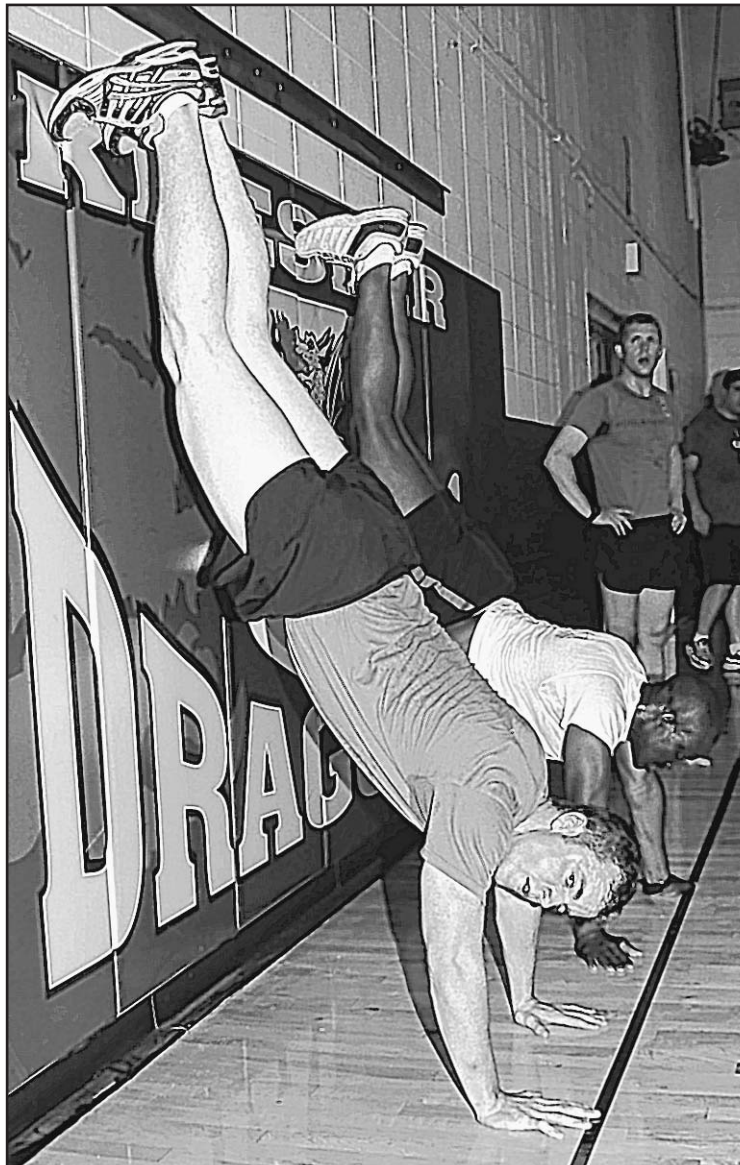
**Departure** — 8 a.m. to noon, Triangle area.

## Showing off



Photo by Kemberly Groue

Joe Calhoun, Tae Kwon Do Plus instructor, braces as 13-year-old Alex Brumbaugh breaks a board with his foot. The demonstration was part of the Fitness Expo May 11 at Blake Fitness Center. Alex's parents are Rick and Donna Deshamp of Gulfport.



## Competition turns fitness upside down

Left, Jeremy Ray, 334th Training Squadron, goes toe-to-toe with Nabutete Samuels, Center for Naval Aviation Technical Training Unit, during the Last One Standing competition at Blake Fitness Center May 10. Samuels won the male competition, beating out four other competitors and earning a trophy. Jennifer Lepper, 81st Aerospace Medicine Squadron, took home the women's trophy, defeating three other competitors.

Photo by Kemberly Groue



Photos by Kemberly Groue

Newman, left, and Plante approach the finish line.

# Civilian, spouse run to 5-K victory

By Perry Jenifer

Keesler News editor

A civilian employee and an officer's spouse were the overall male and female winners of the Spring Fling 5-kilometer run May 10.

Barry Newman of the sexual assault response coordinator office doubled as the first male finisher overall and in the 40-49 age group. His time was 19 minutes, 42 seconds.

The top female, overall and in the 30-39 age group, was Jennifer Plante, married to Nicholas, 81st Training Wing public affairs Keesler News staff member. Her time of

21:16 was only 1:34 slower than Newman.

Other age group winners: **18-28** — male, Jose Tosacano, 81st Medical Support Squadron, 20:34; female, Jennifer Lepper, 81st Aerospace Medicine Squadron, 25:05.

**30-39** — male, Jared Richardson, 81st Dental Squadron, 20:04.

**40-49** — female, Martia Prieto-Moreno, 81st DS, 30:04.

**50-plus** — male, Mike Deaton, 335th Training Squadron, 24:05; female, Anita Sanders, 81st Mission Support Squadron, 36:10.

# Softball season in full swing

By Tech. Sgt. Chuck Marsh

Keesler News staff

The 2007 intramural softball season kicked off Monday night with five American League games.

American League games are played Mondays and Wednesdays, while National League games are played Tuesdays and Thursdays. Games are played at 6, 7 and 8 p.m. There are a total of 21 teams this season in the two leagues. This equates to a season encompassing 175 regular-season games.

A post-season double-elimination tournament determines the base champions.

Monday night's games saw 333rd Training Squadron over 81st Dental Squadron, 12-8; 338th TRS over Center for Naval Aviation Technical Training Unit, 5-4; 81st Civil Engineer Squadron over 81st Training Support Squadron, 9-6; 81st Security Forces Squadron over 81st Mission Support Squadron/81st Comp-troller Squadron, 21-6; and 81st Mission Support Group over 334th TRS, forfeit.

Look for weekly roundups in the Scores and More section beginning May 24.

For more information, call Laurence Wilson, 377-2444.

# SCORES AND MORE

## Bowling

### League standings

#### Monday Night Budweiser (as of April 30)

Team	Won	Lost
Man On!	74	45
Perry's Refrigeration	71	48
Bam! Bam! Bam!	66	53
Slater's Shooters	65	54
Martini's	64	55
Spare Time Pro Shop	62	57
Hoop's Gang	59	60
Wayne's World	58	61
Our Gang	54	65
Gannon's Cannons	68	68
Endangered Species	46	73
Wicked Women	44	75

#### Tuesday Night Hospital (as of May 1)

Team	Won	Lost
Team 7	88	24
Scrubs	72	40
Team 5	72	40
Dirty O's	70	42
Team 2	66	46
Team 1	62	50
The Big O	52	60
Spare Ballz	48	64
Juggonauts	14	98
Team 10	8	96

#### Wednesday Night Mixed (as of May 9)

Team	Won	Lost
JSOT-B	101	46
MUDD	91	56
Select Few	85	62
WEJUSWANAHAVFUN	81	66
Go Getters	81	66
70's Plus	81	66
Bowling Express	76	71
Misfits	76	71
Whatever It Is	75	72
David's Rejects	56	91
Beef O'Brady's 1	55	92

#### Thursday Retired Seniors Mixed (as of May 10)

Team	Won	Lost
RBL	92	55
Three's is Company	90	57
The Big O's	85.5	61.5
Team 7	85	62
Team 18	84	63
Team 8	83	64
The Oreos	81	66
TIMEX	72	75
Groovy 3	71	76
Bowling is Fun	70.5	76.5
W.W.D	69	78
FAST	68.5	78.5
Team 11	67	80
Stars and Strikes	64	83
Team 17	63.5	83.5
Team 5	63	84
Team 1	61	86
Barb's Boys	53	94

#### Thursday Night Federal (as of May 10)

Team	Won	Lost
332th TRS-A	94	50
85th EIS-A	94	50
81st TRSS-A	86	58
SVS Misfits-A	84	60
85th EIS-B	80	64
81st CES Lite Crew	78	66
332nd TRS-B	76	68
333rd TRS-A	74	70
335th TRS-A	70	74
CPTS 5 and Dimes	68	76

338th TRS-A	62	82
81st MSS-A	58	78
81st DS Dental Demons	52	92
333rd TRS-B	40	96

#### Friday Night (as of May 4)

Team	Won	Lost
Sandbaggers	91	49
We'll Think of a Name	77	63
That Won Team	74.5	65.5
Beef O'Brady's	74	66
We Don't Have a Name	73.5	66.5
Team 6	73	67
Team 12	73	67
I Don't Care	66	74
Pin Pals	65	75
Harry's Team	62	78
Bringing Up the Reer	62	78
Team 3	49	91

## Other

**May special** — bowl a score with the number 60 and game is free.

**Stars and Strikes** — coming soon. For information, call 377-2817.

**Summer leagues** — sign up for Monday night (three bowlers four games), Thursday morning seniors and Friday night mixed.

**Tuesdays** — teenagers bowl for \$5. Ten lanes available.

**Saturdays** — birthday parties available. For information and reservations, call 377-2817.

**Youth special** — ages 17 and younger bowl for \$1 per game.

**Bowl-a-rama** — 5 p.m. to closing Monday-Friday and all day Saturday. Bowl two hours for \$10.95, including shoe rental.

**Nonprior service students open bowling special** — show UBU club card to bowl for \$1.50 per game until 4 p.m. Saturdays, \$2 per game; Monday-Saturday, \$2 per game after 4 p.m. Shoe rental, \$1. Not applicable with other discounts or specials.

**Fundraisers available** — for more information, call 377-2817.

## Fitness centers

**Fitness classes** — step aerobics, turbo-core, cycle/spin, slo-robics and boxing workout. For more information, call 377-2907.

**Blake Fitness Center** — open 4:30 a.m. to 10:30 p.m. Mondays-working Fridays; 6 a.m. to 7 p.m. compressed work schedule Fridays; 8 a.m. to 7 p.m., Saturdays, Sundays and holidays.

**Dragon Fitness Center** — open 6 a.m. to 8 p.m. Mondays-working Fridays. Basketball court is open. Parent-child fitness room open 6 a.m. to 8 p.m. Mondays-working Fridays. Parental supervision required.

**Triangle Fitness Center** — open 10 a.m. to 8 p.m. Mondays-working Fridays 10 a.m. to 6 p.m. compressed work schedule Fridays and weekends; closed holidays. Smoothie bar open. For massage therapist appointments, call 263-5515.

For more information, call 377-3056.

## Golf

**Bay Breeze** — course closed until October. Naval Construction Battalion Center-Gulfport's Pine Bayou Course is available. For more information, call 871-2494.

St. Andrews and Gulf Hills offer military discounts.

**Bay Breeze driving range** — open 7 a.m. to dusk daily; 30 balls, \$2.

**Golf lessons** — \$25 for 30 minutes. For appointment, call 424-0479.

## Outdoor recreation

**Swimming pools** — open May 26. Main base pool is open Tuesday to Sunday, noon to 5:30 p.m. Triangle pool is open Thursday to Tuesday, noon to 7 p.m. For more information and costs, call 377-3568.

**Back Bay cruiser** — 17-foot vessel for rent. For prices, call 377-3160.

**May fishing tournament** — weigh in largest ground mullet and win \$100 savings bond.

**Pontoon boat training** — required before rental. For more information, call 377-3160.

**Recreational vehicle, boat and trailer storage** — \$15 per month. For more information, call 377-3180.

**Marina park pavilions** — to reserve, call 377-3160.

**Resale area** — snacks, beverages, fishing and rental equipment, and Mississippi hunting and fishing licenses available.

## Paintball

**81st Training Wing group challenge tournament** — 11 a.m. May 31, paintball course. Ten-member teams represent the 81st Training, Medical and Mission Support Groups and 81st TRW staff agencies. Matches consist of three games, with five players in action for each game. All four teams play each other, and the team with the most wins is the champion.

The \$100 team fee covers weapons, paintballs and gear rentals. For more information, call Jeffery Rich, 377-7285.

**Paintball course** — 9 a.m. to 1 p.m. compressed work schedule Fridays, Saturdays and Sundays open play, 1-3 p.m. tournaments or group play with reservation. For more information, call 377-3160.

## Tennis

**Women's clinics and league** — beginner and intermediate (2.5-3.0) clinics, 9 a.m. Mondays, Mississippi Gulf Coast Community College Jefferson Davis campus, Debuys Road, Gulfport.

For more information, call Shannon Howard, 239-5827.

## Youth center

**FitFactor aerobics** — 5 p.m. May 29, ages 9 and older. Sign up by previous Friday.

**Summer camps** — archery and track and field, ages 6 and older. Sign up by May 25; \$25 members, \$30 nonmembers

**Gymnastics** — 4 p.m. Tuesdays, ages 3-5; 5 p.m. Tuesdays, ages 6 and older. \$30 per month for members, \$35 per month for nonmembers.

**Baseball** — coaches needed; call 377-3349.

# DIGEST

## HONORS

### Student honor roll

#### 334th Training Squadron

**Air traffic control operations training flight** — Airmen Basic Jacob Harvey and Brittney McMurphy; Airmen Ebony Monroe and Jacob Tucker; Airmen 1st Class Jesse Barney, Nathan Hanson, Joseph Lipske, Rick Roller, Brent Spotts and Sarah Titone; Senior Master Sgt. Othman Al Zahrani; 1st Lts. Patrick Kuu-ire and Daruisz Wadowski; Capt. Daruisz Czyz.

**Aerospace control and warning systems apprentice course** — Airman Basic Jay Han; Airman Holly Hellenschmidt; Airman 1st Class Jennifer Gallup; Staff Sgt. Joel Arcellana; Tech. Sgt. Eric Sexton.

**Command post apprentice course** — Airman Basic Destry Taylor; Airmen 1st Class Nathaniel Eisele, Ryan Pochop and Athena Talleos; Senior Airman Daniel Fritch; Tech. Sgts. Jason Ellis, Caleb Gibson, Corey Kenney, Charles Lanigan, Gary Rehak and Debra Spencer; Mr. Kelvin Boddy.

#### 335th TRS

**Comptroller training flight** — Airmen Basic Jacqueline Barnett, Matthew Denos, David Edwards, Joanna Jordan, Joshua Kronwall, James Lewis, Loieni Mouna, Liyanage Perera, Jeffrey Polser, Joshua Reber, Makenzie Tibbetts, Geoffrey White and Allen Williams; Airman Malissa Deleon; Airmen 1st Class Jessy Babcock, Loni Fields, Flavia Grey, Brian Harding, Daniel Howell, Phatsalavanh Oukham, Melissa Ramsey, Christiana Schaefer and Anna Zyska; Senior Airmen Benjamin Blackford, Robert Carman and Hope Carson; Staff Sgts. Brian Anderson, Kerry Brown, Dawne Crichlow, Arkeisha Lawrence and Trisha Nelson; Tech. Sgt. Justin Hole.

**Weather training flight** — Airman Basic Brandon Epperson; Airmen Zack Searles, Brandon Wegener and Alec Wilcher; Airmen 1st Class Chris Braxton, Nicholas Krauss, Erin Rinehart, Warner Watkins and Navy Airman John Cope; Staff Sgt. Cedric Colon; Marine Sgts. Denise Vega and Pelita Young; Coast Guard Petty Officer 1st Class Joshua Miller.

#### 336th TRS

**Communications-computer systems training flight** — Airman Alan Cruz; Airmen 1st Class Donald Bathurst, Marin Evans, Brandon Johns, Carlin Kubenka, Jennifer Moews, Gordon Moore, Christian Ogden, Kevin Paulson, Jason Plante, Dustin Scott, Farris Skaff, Jeremy Twidt and Samuel Vazquez-Ayala; Senior Airmen Kristin Caswell, Byron Estrada and

Elizabeth Kerber; Staff Sgts. Rex Ching, Rean Dillard, Barrette Lafrance, Nathan Mueller, Eric Sasano, Dustin Simpson, Jason Swenson and Jeremy Yates; Tech. Sgts. Cosme Battalas, David Guy, Eric Risner, Carole Urban and Steve Wilburn; Master Sgt. Jeffery Franklin; Senior Master Sgt. Michael Wilson.

**Communications and information management flight** — Airmen Basic Lachesha Bacon, Joshua Bauman, Charles Lee and Christopher Toney; Airman Paul Adams; Airmen 1st Class Arthur Buck, Allen Burkes, Robert Ernst, Nicholas Freet, Jaysiel Garcia, Anthony Martin, Brian McQuillen, Joseph O'Leary, David Peek, Everette Pennington, Bryan Scharman, James Shuckebrook, Anthony Smith and Jay Vanvraken; Senior Airmen Bren Calpin and Sonny Rasay; Staff Sgts. Lucas Bishop, Kenneth Braden, Christopher Kerens, Robert Mattice, Jeffery Melson, Christopher Moore, Johnny Stewart and Canadra Tillman; Master Sgt. Amy Rodriguez; Senior Master Sgt. Michael Maggiacomio.

#### 338th TRS

**Ground radio apprentice course** — Airmen Basic Mitchell Arne, Kenneth Ammon and Jonathan Scott; Airmen Aaron Asper, Brian Langer, Jarod Martinez and Jonathan Westover; Airmen 1st Class Joseph Asprocolas, Briane Franklin, Robert Gangwish, Wilfredo Gonzalez, Andre Griffin, Caleb Guerrero, Ladarius Malone, John McCardle, Christopher Slade, Michael Valentino and John Walker; Senior Airmen Wilfredo Acevedo-Gonzalez, Jeremy Bork, Justus Brammeier, Jason Krohn, Christopher Raulerson and Michael Salgado; Staff Sgts. Anthony Davis, Christopher Dibell, William Hutto, Timothy Jones, Christopher Kelley, Samuel Newstadt, Guy McCreery and Stephen Pederson; Tech. Sgts. Roarke Singer and Warren Vanvelzer.

**Network infrastructure systems apprentice course** — Airmen Basic Cesar Benni, Nelson Clemenson, John Drabeck, Brian Duenas, Alex Sielaf and Richard Witt; Airmen Charles Fine, Victor Gutierrez, David Herron, Matthew Nasi and Julio Rosa; Airmen 1st Class Shawn Acord, Richard Anderson, Robert De La Cruz, Jennifer Drake, Alan Dwyer, Katherine Galanos, Steven Gladney, Thomas Hudson, Robert Kafka, Christopher Larson, Nicolas Lynch, Clyde Louchez, Kevin Mize, Travis Morrison, John Nuttal and Erish Vega-viera; Senior Airmen Brad Bishop, Cometra Johnson, Josh McCary, Leo Pollock, Bradley Schiermeyer, Wilfred Schmidt, Ben Smith and Steven Sorensen; Staff Sgts. Brad Bishop, Lesley Carhart, Bradford Drake, Darwin Grossman, Robert Higgins, Joshua McLaughlin, Jerrel Malonzo, Kendra Norris, Javier Quintero, James Quiroz, Mark Schinderbeck, Glen Shook, Joel Slaughter and Justin Weitenbeck; Tech. Sgts. Rick Fried, Timothy Hoang, Bodie Peterson and Daryl Purdy; Master Sgt. Robert Edgren.

**Radar systems apprentice course** — Airmen Basic Curtis Doughty, Richard Krotchie, Joseph Lewis and Devin Roper; Airman Cornell Jones; Airman 1st Class Chad Anderson.

## CLASSES

### Airman Leadership School

- Class 07-4 — graduation May 24.
- Class 07-5 — May 30-July 10.
- Class 07-6 — Aug. 2-Sept. 11.
- Class 07-7 — Sept. 18-Oct. 26.

### Keesler NCO Academy

- Class 07-4 — graduation May 24.
- Class 07-5 — May 30-July 10.
- Class 07-6 — Aug. 2-Sept. 11.
- Class 07-7 — Sept. 18-Oct. 26.

### Airman and family readiness center

**10 Steps to a Federal Career** — 2-4 p.m. Wednesday; call 377-2179 to sign up for one of the 30 seats available. Class covers job search process, preparing a federal-format resume and other guidelines. Participants need to bring a job announcement from a federal agency Web site, such as <http://www.afpc.randolph.af.mil>, <http://www.donhr.navy.mil> or <http://www.usajobs.gov> for a broader spectrum of openings in many of more than 400 federal agencies.

Please see **Digest**, Page 30

## SHUTTLE SCHEDULE

### 6:30 a.m. to 6 p.m. weekdays

Minutes after hour	Bus stop
:00	:30 332nd TRS, Building 6957
:01	:31 338th TRS, Building 6965
:02	:32 Welch Auditorium
:04	:34 AAFES Furniture Store
:06	:36 Jones/Bryan/Hewes Hall at gazebo
:08	:38 Thomson Hall
:09	:39 New Cody Hall
:11	:41 Supply, civil engineering
:12	:42 Rental store
:13	:43 Shaw House
:14	:44 Old base exchange
:15	:45 McBride Library
:16	:46 Credit union, Blake Fitness Center
:17	:47 Medical center, Tyler House
:18	:48 Sablich Center
:19	:49 Dental clinic
:20	:50 Allee and Wolfe Halls
:21	:51 Base operations
:22	:52 Hangar 4

### Technical training route 5:10-5:37 a.m. weekdays

Minutes after hour	Bus stop
:10	Building 5025
:12	Building 5022
:14	Shaw House
:16	Muse Manor
:18	Tyler House
:20	TLQ east side 2000 block
:21	TLQ east side of Locker House
:25	332nd TRS
:28	Welch Auditorium
:33	Thomson/Dolan/Cody Halls
:34	McClellan Hall
:36	Allee/Wolfe Halls
:37	Stennis Hall/Weather

### Prior-service students lodged off base

**Morning pickup from hotels north of Keesler** — 5 a.m., Red Carpet Inn; 5:10, Travel Inn; 5:15, Beaujolais Villas; 5:20, Suburban Inn and Super 8.

**Afternoon pickup to return to hotels north of Keesler** — 3:30 p.m., street side of Hewes Hall for Bryan, Jones, Hewes and Garrard Halls; 3:33, Cody Hall bus stop for Hangar 3, Thomson, Cody and Dolan Halls; 3:36, E Street side of McClelland Hall; 3:38, back side of Allee Hall for 7-level building, weather training center and Allee, Wolfe, and Stennis Halls.

Wait at the main entrance of hotels for pickup. Allow a five to 10 minute window on arrival time. Traffic in the local area impacts base taxi times.

Call 377-2432 for transportation needs for classes starting after 6:30 a.m. or for service to hotels not listed.

**Editor's note: Duty passengers have priority over "space available" riders. Schedule may be impacted by increased official operations or severe weather. Those who are physically challenged, have excess baggage, medical appointments at off-base hospitals or clinics or unable to ride the base shuttle, call 377-2432 for the base taxi. For more information, call 377-2430. Until further notice, weekend shuttle service isn't available. Taxi service is available on an "as needed" basis.**

## CHAPEL SERVICES

Editor's note: For more information, call 377-2520.

### Roman Catholic

#### Sunday Mass

Triangle Chapel .....9 a.m.

#### Daily Mass

Medical Center chapel.....Monday, Wednesday and Friday, 11:15 a.m.

### Protestant

#### Sunday worship

Larcher Chapel traditional service.....8:30 a.m.  
Triangle Chapel contemporary worship service...10:30 a.m.  
Triangle Chapel gospel service.....Noon

### Islamic

**Building 2003** — prayer five times daily; Salaat ul-Jumma congregational prayer, noon Friday.

For more information, call 377-2520 or 0327.

### Latter-Day Saints

**The Church of Jesus Christ of Latter-Day Saints** — student group service, 2 p.m. Sundays, Triangle Chapel. For more information, call 396-5274 or 1-616-881-1994.

# Digest,

from Page 29

## American Red Cross

**Hurricane assistance training** — Friday-Sunday, Mississippi State University Coastal Research and Extension Center, 1815 Popp's Ferry Road, Biloxi. Training designed for people interested in volunteering in their community during hurricane season and other potential disasters. For more information, call 896-4511 or e-mail [apierini@redcross-msgc.com](mailto:apierini@redcross-msgc.com) or [pdesandre@redcross-msgc.com](mailto:pdesandre@redcross-msgc.com).

## Arts and crafts center

**Beginning intarsia woodworking** — 10 a.m. Saturday. \$15. Intarsia is the art form of inlaying pieces of wood in a decorative pattern.

**Advanced intarsia** — 10 a.m. May 26. \$20. New project each month.

**Mold pouring** — 10 a.m. Saturday. \$25 includes first firing. Ages 13 and older. Pour a garden project.

**One-stroke painting** — Saturday. Clay pot paint-a-thon. \$30 including supplies. For time, call 377-2821.

**Lawn and garden project** — 1 p.m. May 26. \$10 plus \$3-\$15 cost of individual project.

**Smart girls ceramics** — 2 p.m. May 26. Sign up at youth center.

**Home schoolers gardening** — 2 p.m. May 30. \$10 including supplies.

**Advanced matting** — May 31. \$25. Beginner framing class is prerequisite. Call for time.

**Special for mothers** — all moms who register for a craft class this month receive free gift.

**New classes coming soon** — photography and beading.

**Stamp cards** — earn stamps by renting molds or paying for a firing in multi-craft shop. Fill card and get free mold rental or firing. Fill card having framing done in the frame shop and get 10 percent off next order.

## Auto hobby shop

**Beginner auto care classes for groups** — oil changes, tune-ups or brakes. For more information, call 377-3872.

## Chapel

All classes are held at the Triangle Chapel Annex through May. For more information, call 377-2520.

**Men's luncheon Bible study** — Tuesdays noon-1 p.m.

**Wednesday night Bible study** — 6-7:30 p.m.

**Women's breakfast Bible study** — 10 a.m. to noon first Saturday of the month.

**Men's breakfast Bible study** — 9 a.m. to noon second Saturday of the month.

**Friday night youth teens** — call 377-2520.

## Family advocacy

**Anger management** — 10 a.m. to noon Tuesdays. For more

## COAST AREA TRANSIT

**Keesler Express** — runs between the Triangle and Edgewater Mall. Bus service begins from the base, 5:50-8:30 p.m. work days, 9:30 a.m. to 8:30 p.m. compressed work schedule Fridays and Saturdays, and 11:30 a.m. to 5:30 p.m. Sundays.

The route is limited to specific pickup and dropoff points:

**Minutes after hour, bus stop**

:30 Hercules Street bus stop

:32 Welch Auditorium

:45 Pass Road Wal-Mart

:54 Arrive Edgewater Mall

:00 Depart Edgewater Mall

:09 Pass Road Wal-Mart

:22 Welch Auditorium

:24 Hercules Street bus stop

The regular adult fare is \$1. An unlimited one-day pass is \$5 and one-month pass is \$45.

For more information, call 896-8080.

information, call 377-6216, 376-3458 or e-mail [susan.pyles@keesler.af.mil](mailto:susan.pyles@keesler.af.mil).

## McBride Library

**Library services orientations** — 6:30 p.m. Wednesdays.

**Fax special** — through Friday, military spouses send fax for 50 cents a page.

**Book display** — new selections for ages through grade 3.

## TICKETS AND TRIPS

**Discounted tickets** — for many attractions including Busch Gardens, Sea World, Universal Studios and Disney World in Florida. For price list, log on to <https://wwwmil.keesler.af.mil/81svs/WhattoDo/ITT/index.htm>.

**Information on area and out-of-state attractions** — free brochures for Louisiana, Mississippi, Alabama, Florida and Georgia.

## CLUBS AND CENTERS

### Vandenberg Community Center

**Pool tournaments** — 6 p.m. Mondays and Tuesdays.

**Dance revolution** — 6 p.m. Wednesdays.

**Dances** — 6 p.m. to midnight Thursdays before compressed work schedule Fridays, and Fridays and Saturdays. \$3.

**Halftime Cafe** — closed for renovations.

**American Idol night** — 7 p.m. Tuesdays. Watch the TV show and be a judge.

**Board game night** — 6 p.m. Tuesdays.

**Survivor night** — 7 p.m. Thursdays. Can you be the ultimate survivor?

### Katrina Kantina

**All ranks invited** — open 3:30 p.m. Tuesdays-Fridays. Snacks, beverages and music.

**It's your choice** — select between two club cards.

**Dr. Dick's karaoke show** — 5 p.m. Thursdays.

**Thirsty Thursday** — 5 p.m. May 24. Country/western night with ribs and fixings. \$6 members, \$8 nonmembers.

**Taco Tuesdays** — members two tacos for \$1, nonmembers \$2.

**Catering** — experts can assist with event planning.

### Youth center

**Annual membership** — \$25, ages 9 and older. Discount prices on programs, classes and sports.

**TRAIL Keystone Club meeting** — 6 p.m. Tuesday, ages 13 and older.

**FitFactor activities** — 5 p.m. May 29, ages 9 and older. Sign up by previous Friday.

**Super Saturdays** — 1-5 p.m., ages 6 and older. Sign up by previous Wednesday. \$4 members, \$5 nonmembers.

**Track and field and archery camps** — ages 6 and older. Sign up by May 25. \$25 members, \$30 non members.

**Summer camp** — pick up registration package now.

**TRAIL Keystone Club meeting** — 10 a.m. Friday, ages 13-17.

**Power hour** — 4:30-5:30 p.m. Mondays-Fridays, ages 6-12.

**Super Saturdays** — 1-5 p.m. Recreation programs for ages 6 and older. \$4 for members, \$5 nonmembers. Sign up on previous Wednesdays.

**FitFactor aerobics** — 5 p.m. Tuesdays and Wednesdays, ages 9 and older. Sign up Friday prior to scheduled event.

## TRANSITIONS

### Workshops, briefings

**Veterans benefits briefing** — 1-4 p.m. June 21, July 19, Aug. 16, Sept. 13, Oct. 18, Nov. 8 and Dec. 13, Room 151, old Cody Hall. To pre-register or for more information, call 377-2179.

**Mandatory pre-separation briefings** — Tuesdays at 8:30-9:30 a.m. for those separating with honorable discharges and 9:30-10:30 a.m. for retirees. Afternoon sessions are Thursdays at 1-2 p.m. for those separating with honorable discharges (not general under honorable conditions) and 2:30-3:30 p.m. for retirees. Briefings are in Room 122, old Cody Hall. Bring one copy of separation or retirement orders. This appointment is required by law, and must be accom-

Please see **Digest**, Page 31

## DINING HALL MENUS

### Today

**Lunch** — pork chops with mushroom gravy, braised liver with onions, fried fish, hush puppies, rissole potatoes, rice, gravy, broccoli, peas and carrots, corn, fruit salad, potato salad, cream of broccoli soup, chicken chili, cheeseburger soup, buffalo wings and roast beef subs.

**Dinner** — baked chicken, pepper steak, pasta primavera, mashed potatoes, rice, gravy, mixed vegetables, fried okra, green beans, potato salad, fruit salad, cream of broccoli soup, cheeseburger soup, chicken chili, buffalo wings and roast beef subs.

### Friday

**Lunch** — shrimp scampi, beef stew, turkey, egg noodles, rice, gravy, corn on the cob, cauliflower, collard greens, three-bean salad, chicken and wild rice soup, French onion soup, chili, barbecue pork sandwich and burritos.

**Dinner** — chili macaroni, barbecue chicken, fried catfish, potato wedges, Spanish rice, gravy, fried cabbage, carrots, broccoli, pasta salad, three-bean salad, chicken and wild rice soup, French onion soup, chili, barbecue pork sandwich and burritos.

### Saturday

**Lunch** — baked chicken, Swedish meatballs, creole shrimp, mashed potatoes, rice, gravy, creamed corn, asparagus, steamed squash, fruit salad, kidney bean salad, clam chowder, chicken chili and chicken nuggets.

**Dinner** — baked fish, knockwurst, Chinese five-spice chicken, potatoes, rice pilaf, gravy, stir-fry vegetables, baked beans, spinach, fruit salad, kidney bean salad, clam chowder, chili and chicken nuggets.

### Sunday

**Lunch** — oven fried fish, spareribs, chicken breast parmesan, macaroni and cheese, O'Brien potatoes, gravy, peas, sweet potatoes, broccoli combo, German coleslaw, tomato salad, chicken tortilla soup, baked potato chowder, chili and cheese pizza.

**Dinner** — stir-fry beef with broccoli, turkey nuggets, pork chop suey, sauteed mushrooms and onions, baked potatoes, rice pilaf, gravy, corn on the cob, green beans, German coleslaw, tomato salad, chicken tortilla soup, baked potato chowder, chili and cheese pizza.

### Monday

**Lunch** — beef pot roast, baked stuffed fish, roast pork loin, potatoes, rice, gravy, cauliflower combo, succotash, green beans, cucumber/onion salad, chicken dumpling soup, minestrone, chili with beans, grilled sausage and steak and cheese subs.

**Dinner** — spaghetti with meat sauce, loin strip steak, turkey, baked potatoes, pea and pepper rice, gravy, squash, carrots, broccoli, sauteed mushrooms and onions, macaroni salad, cucumber/onion salad, chicken dumpling soup, minestrone, chili with beans, grilled sausage and steak and cheese subs.

### Tuesday

**Lunch** — teriyaki chicken, veal parmesan, baked fish, rice, parsley buttered potatoes, gravy, fried cabbage, succotash, steamed carrots, macaroni salad, cottage cheese salad, beef pot roast soup, vegetable soup, chicken chili, sloppy joes and roast beef subs.

**Dinner** — country captain chicken, meatloaf, turkey a la king, rice, mashed potatoes, gravy, tempura vegetables, mustard greens, okra tomato gumbo, macaroni salad, cottage cheese salad, beef pot roast soup, vegetable soup, chicken chili, sloppy joes and roast beef subs.

### Wednesday

**Lunch** — Chinese five-spice chicken, beef and broccoli stir fry, Cantonese spareribs, vegetable egg rolls, shrimp fried rice, stir fry vegetables, chow mein noodles, fried cabbage, chicken gravy, lemon sesame green beans, Mexican coleslaw, pasta fagioli soup, vegetarian chili, cheese fishwich and Monte Cristo sandwich.

**Dinner** — lemon-herb chicken, sweet and sour pork, jambalaya, scalloped potatoes, rice, gravy, cauliflower combo, Mexican corn, Mexican coleslaw, frijole salad, chicken noodle soup, cream of potato soup, chili, cheese fishwich and Monte Cristo sandwich.



# Digest,

from Page 30

plished 90 calendar days before the separation/retirement date. For short-notice separations or retirements, the briefing should be done as soon as possible.

**Transition assistance program workshop** — 8 a.m. to 4:30 p.m. June 18-20, July 16-18, Aug. 13-15, Sept. 10-12, Oct. 15-17, Nov. 13-15 and Dec. 10-12, Room 151, old Cody Hall. Dress is business casual; no jeans, T-shirts or uniforms. To pre-register or for more information, call 377-2179.

**Retirement briefings** — intended for those with less than a year until retirement, 8-11 a.m. June 14, July 12, Aug. 9, Sept. 6, Oct. 4, Nov. 1 and Dec. 6, Room 151, old Cody Hall. To pre-register or for more information, call 377-2179.

**Palace Chase briefings** — 10 a.m. first two working Fridays of the month, Room 203, Garrard Hall. For more information, call Master Sgt. Joseph Walker, 377-2116.

**Basic interviewing skills for military spouses program** — 1-2:30 p.m. Monday, Room 122, old Cody Hall. For more information, call Ron Bublik at the airman and family readiness center, 377-8592, or e-mail ronald.bublik@keesler.af.mil.

## Employment opportunities

**Career focus program for spouses** — information on area employment opportunities, job Web sites, human resources contacts, temporary jobs, on-base listings and free training programs. Computer lab available for resume preparation or job search; located in Room 121, old Cody Hall. For an appointment, call Ron Bublik at the airman and family readiness center, 377-8592, or e-mail ronald.bublik@keesler.af.mil.

**Executive transition assistance program** — <https://www.r.aetc.af.mil/dp/etap>. Online registration dates are June 5-14 for Aug. 21-24 at Little Rock Air Force Base, Ark.; and Sept. 12-21 for Nov. 27-30 program at Randolph AFB, Texas.

**Junior ROTC** — immediate employment opportunities for retired or retiring Air Force officers and noncommissioned officers. Those who retired within the past 10 years or are six months from retirement may qualify to be an instructor. To apply or for more information, go to <http://www.afoats.af.mil> and select "AFJROTC" or call Jo Alice Talley, toll free 1-866-235-7682, extension 7742; DSN 493-7742, or commercial (334) 953-7742.

**Opportunities for medics** — for members separating from active duty interested in the Air Force Reserve or the Palace Chase programs, call Master Sgt. Joseph Walker, 377-7116, for an appointment. His office is in Room 229, old Cody Hall.

**Opportunities for medics** — the Air Force Reserve needs flight surgeons, doctors, dentists and nurses. Some opportunities are available with the 403rd Aeromedical Staging Squadron at Keesler. Eligible members enjoy many military benefits and earn retirement credit, while serving two days per month of inactive training and two weeks of active-duty training each year.

Some members may be eligible for signing bonus or loan repayment. For more information, call Tech. Sgt. George Adams, health professions recruiter, 377-7655, or e-mail [george.adams@keesler.af.mil](mailto:george.adams@keesler.af.mil).

**RecruitMilitary Career Fair** — 11 a.m.-3 p.m. May 31, Fair Grounds Race Course, New Orleans. A free event presented by RecruitMilitary, the President's National Hire Veterans Committee and the American Legion offers employment for transitioning military members, veterans and military spouses. For more information go to [www.recruitmilitary.com](http://www.recruitmilitary.com).

## Web sites

**Defense Manpower Data Center** — <http://www.dmdc.osd.mil/dors> or <http://www.dmdc.osd.mil/tbb>.

**Air Force Blue to Corporate Gray** — <http://www.bluetogray.com>.

**Air Force Federal Employment Resume and Information** — <http://www.afpc.randolph.af.mil/resweb>.

**Civilian job certification and licensing requirements for military personnel and veterans** — <http://www.dol.gov/dol/vets>.

**Department of Veterans Affairs** — <http://www.vba.va.gov/efif/index.htm>; for members returning from Operations Enduring Freedom and Iraqi Freedom.

**Southern Region Military and Civilian Job Fair** — <http://www.mesc.state.ms.us/jobfair>.

**New military spouse career center** — <http://www.military.com/spouse>. Extensive job board including public and private sectors. For more information, call Vince Patton, 703-269-0154, or e-mail at [vince@militaryadvantage.com](mailto:vince@militaryadvantage.com).

**Military Connection** — online resources database for military family members seeking civilian employment at <http://www.militaryconnection.com>

**America's Job Bank** — <http://www.ajb.dni.us>.

## Computer use

**Government computers** — commanders may authorize their use for preparation of personal resumes by people separating or retiring from the service on an "as available" basis as long as use doesn't adversely affect the mission.

**Transition employment opportunities public folder** — go to e-mail "public folders" and click on "transition employment opportunities" for job opportunities for active-duty and family members. For more information, call 377-8592 or 8593.

## MEETINGS

**Editor's note: To list time, place and contact for organization meetings, call 377-3837 or e-mail [KN@keesler.af.mil](mailto:KN@keesler.af.mil).**

**African-American Heritage Committee** — 3:30 p.m. second Tuesday of the month, Room 109, Taylor Logistics Building. For more information, call Paulette Powell, 377-2270, or Kurt Higgins, 377-1390.

**Air Force Sergeants Association** — 7 a.m. third Tuesday of the month, Live Oak Dining Hall. For more information, call Mas-

ter Sgt. Kat Hataway, 377-5566 or visit the group's Web site, <http://www.afsa652.org>.

**Air Force Sergeants Association Auxiliary** — 6 p.m. third Tuesday of the month. For more information, call Michelle Foster, 273-4591 or e-mail [auxiliary.president@afsa652.org](mailto:auxiliary.president@afsa652.org).

**Airmen Against Drunk Driving** — 3:15 p.m. first Tuesday of the month, Vandenberg Community Center second floor conference room. For more information, call Tech. Sgt. Brian Yelton, 377-0167, or e-mail [keesler.aaddofficers@keesler.af.mil](mailto:keesler.aaddofficers@keesler.af.mil).

**At Eze Toastmasters Club** — 11 a.m. Tuesdays, Building 1101 conference room. For more information, call Chief Master Sgt. Don Seaton, 377-5958, or Fred Blache, 377-1048, or visit <http://www.toastmasters.org>.

**Company grade officers council** — meets first Wednesday of the month. For time and location, call Chaplain (Capt.) Michael Howard, 377-4859.

**Keesler Amateur Radio Club** — 6:30 p.m. Mondays, Hangar 3, Room 215. Check out the club repeater on 146.79 negative offset. For more information, call Staff Sgt. Justin Meyer, 377-4149 or 324-5806, or e-mail [justin.meyer2@keesler.af.mil](mailto:justin.meyer2@keesler.af.mil).

**Keesler Christian Home Educators Association** — 7-9 p.m. second Tuesday of the month, September-May, Larcher Chapel. For more information, call Michelle Durkin, 872-9393, or e-mail [chelle1rn@yahoo.com](mailto:chelle1rn@yahoo.com).

**Keesler Spouses Club** — second Tuesday of the month. For time and location, call Tammie Searfass, 273-4324, or visit <http://www.KeeslerSpousesClub.com>.

**Native American Heritage Committee** — for more information, call R.I. Whiteside, 863-0479, or Capt. Elizabeth Tailon, 377-6242.

**Retired Enlisted Association Magnolia Chapter 81** — 6:30 p.m. second Thursday of the month, Vandenberg Community Center. For more information, call Larry McKean, 377-3252 or 374-5922.

**Rising VI Association** — 3:15 p.m. third Wednesday of the month, Room 121, Thompson Hall. For more information, call Staff Sgts. Patrick McKimmie, 377-1513, or James Pope, 377-1305.

**Top III** — meeting times and locations vary. For more information, call Master Sgt. Nicole Pearson, 377-6510.

**Tuskegee Airmen Inc., Col. Lawrence E. Roberts Chapter** — 11 a.m. third Wednesday of the month, Katrina Kantina. For more information, call Master Sgt. Glenda Mosby, 377-0178, or e-mail [gmosby1@bellsouth.net](mailto:gmosby1@bellsouth.net).

## MISCELLANEOUS

### Movies

**Editor's note: Movies are at Welch Auditorium. Tickets are \$3 for adults and \$1.50 for children for regular features, and \$2.50 for adults and \$1 for children for matinees. For a recording about current features, call 377-6627.**

**Friday** — 6:30 p.m., The Reaping (R, 98 minutes).

**Saturday** — Closed for Special Olympics.

**Sunday** — 2 p.m., Firehouse Dog (PG, 111 minutes).