

# WARRIOR



Vol. 3 No. 42  
Oct. 19, 2012



## Supplying the Force

**Team Whiteman welcomes the AFGSC Inspector General Team!**

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### WEATHER

<b>Today</b> Partly Cloudy Hi 57 Lo 42	<b>Saturday</b> Sunny Hi 68 Lo 41
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Courtesy of National Weather Service

U.S. Air Force photo/Senior Airman Cody H. Ramirez

Staff Sgt. Ronald Delabastide, 509th Logistics Readiness Squadron weapons supervisor, secures a pallet full of B-bags. The B-bags are full of cold weather gear, which was recently reviewed to ensure it was operationally functional. For more photos, see pages 8 and 9.

# Why wouldn't you want to wear it?

By Tech. Sgt. Kassy Vitela  
325th Weapons Squadron

Have you ever looked at a fellow Airman and wondered what they did in the Air Force? If you look at their occupational badge, you can get a general idea. Some career field badges are easy to tell – security forces, fire department, medical, maintenance, chaplains and flyers.



But what if someone is not wearing their occupational badge? You would have to ask; otherwise you have no clue what they did.

Several years ago, I worked for a master sergeant that would ask anyone who did not wear their occupational badge what they did and if they enjoyed their job. Why did he do this? He would say by wearing your occupational badge - you show pride in what you do and you enjoyed your job in some kind of fashion. This is something that will stay with me for years to come. I asked every Airman that has worked for me since why they weren't wearing their badge, then I would tell them what the master sergeant said.

When you attend any professional military education, you are required to wear your current occupational badge in all uniforms. AFI 36-2903, paragraph 10.4.6 states "when performing special duties or attending professional military education, wear your primary AFSC occupational badge." So, if you have to wear it while attending Airman Leadership School, the Noncommissioned Officer Academy and the Senior Noncommissioned Officer Academy – then why not wear it all the time, even when you're not in formal training?

When you complete your technical training, YOU have earned the right to wear your occupational badge, so WHY NOT wear it?

When I joined the Air Force in 1995, we were still wearing the aircrew style patches on our BDU's. When

I ordered my patch, I made sure my career badge was on it. Not



just because I earned it or I was "highly encouraged," but because in my opinion the uniform looked incomplete without it. When we switched to wearing name tapes, I ordered my name tapes and made sure that I bought my badges at the same time.

When I asked Chief Master Sgt. Lee Barr, 509th Bomb Wing Command Chief, his opinion about wearing the career badge his response was "all Airmen should lead by example, especially those in the NCO Corps — there's only one position to lead from — the front. We earned our Occupational Badges! Why wouldn't you want to wear it? You're right the AFI does state it is optional, however this is the minimum and our Airmen don't do the minimum. I believe all you need to know is in AFI 1-1 paragraph 3.4., which states 'wearing the Air Force uniform means carrying on a tradition—one that identifies the person as a member of the profession of arms,' and AFI 36-2618 paragraph 4.1.5. and 5.1.9. states 'clearly meet, and strive to exceed, the standards and expectations levied upon junior enlisted Airmen.' '... serving as a role model for all Airmen to emulate.' Leading by example aren't buzz words — they are our way of life. You earned your occupational badge — wear it with PRIDE and DISTINCTION!"



As for that master sergeant that I worked for? He is now a chief master sergeant and functional manager for Air Force Global Strike Command.

When asked for his thoughts, he replied "by wearing your Occupational Badge on your uniform you show you are part of a more specialized team within the Air Force. The key here is TEAM, — a team works toward a common goal or achievement. Security Forces defend our bases, Maintainers keep our Aircraft in the air, Services provide food and shelter, the list could go on. Each specialty within the Air Force has an important part in protecting and defending our great nation. Why would anyone not want to be a just another Airman who wears the uniform within minimum standards? John C. Maxwell wrote in his book, 17 Indisputable Laws of Teamwork, 'teamwork is at the heart of all great achievement.' Wear your Occupational Badge and be a part of a more specialized team. You've earned it."

Take pride in your career field and the job you do, and wear your occupational badge proudly!

# Standards? What standards?

By Chief Master Sgt. Phillip Robinson  
8th Fighter Wing

**KUNSAN AIR BASE, South Korea (AFNS)** -- Recently, I was asked the difference between a good NCO and a great NCO. Well, I answered the question as best I could, but failed to mention "standards."

You see, a good NCO sets his sights on just meeting standards, while a great NCO is continually trying to exceed standards and motivates his Airmen to do the same.

Webster's Dictionary defines the word "standard" as something established by authority, custom or general consent as a model or example. It also defines it as a measure of quantity, weight, extent, value or quality.

Do you prepare for your PT test not knowing what it will take to pass? Do you perform an operational check on a jet without knowing the technical order pass-fail limits? Do you get a tattoo not knowing what is acceptable per Air Force Instruction 36-2903, "Dress and Personal Appearance of Air Force Personnel"?

Recently, the Air Force published Air Force Instruction 1-1, "Air Force Standards." It took guidance from different sources and



U.S. Air Force graphic

put it into one instruction that we can all easily refer to. This instruction covers standards that have been around for decades and added new standards that deal with issues that face our Airmen today such as social media, the wingman concept, resiliency, etc. It also serves as a great tool during official feedback sessions.

Now why is this important? As a custom or example, Airmen need to reflect a professional image that encompasses proper dress and behavior. If you need a haircut or your uniform needs attention, take the necessary time to make sure you represent your unit and the Air Force in the right manner.

Demonstrate proper customs and courtesies by standing up when a senior member

visits your work center; respond to him or her by saying Sir, Ma'am, Chief or Sergeant. As a measure of quantity or quality, when you perform your daily duties, you need to know the requirements of that task and try to get it done in a timely, cost effective and quality manner to assure we exceed the minimums of what is being asked of us. Bottom line, have pride in oneself and in your workmanship.

How will you know if you are meeting and exceeding standards? Through timely and proper feedback and encouragement from your supervisors so you clearly understand what is expected of you. Also, demanding perfection from yourself so you can assure you will exceed the standard every time.

I've heard from time to time what we allow in our presence becomes the standard. As supervisors we cannot make excuses for our Airmen and allow them to ignore our Air Force core values. We would be doing them a disservice and putting their careers in jeopardy.

So know, abide and exceed the standard for yourselves and your Airmen so the next time someone thanks you for your service, you will walk away sharing the same pride they have for you!

## THE WARRIOR

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The deadline for article submissions to the Warrior is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions does not guarantee publication.

For more information, call the Warrior office at 660-687-6123, email: Whiteman.Warrior@whiteman.af.mil, fax us: 660-687-7948, or write to us at:

509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

To advertise in *The Warrior*, call the *Sedalia Democrat* at: 1-800-892-7856.

## NEWS BRIEFS

**Clinic Closure**

The Whiteman Medical Clinic will be closed at 4 p.m., Oct. 31 for an official function.

**UCM spouses' tour**

Whiteman Air Force Base Spouses are invited to a special VIP tour of the UCM campus Nov. 7 from 10:30 a.m. to 1:30 p.m. The free event includes a luncheon, tour of Selmo Park and dessert with First-Lady Kris Ambrose. The event provides spouses an opportunity to learn more about UCM, the educational programs, campus events, and resources available to students and members of the community. Space is limited so register ASAP!

RSVP by Wednesday to Delilah Nichols at [Nichols@ucmo.edu](mailto:Nichols@ucmo.edu). Provide your full name, unit represented, email address and phone number. For more information, call 660-543-8977.

**Knob Noster School District Survey**

The Knob Noster School District leadership, to include the Knob Noster High School, Middle School, Elementary School, and Whiteman Elementary School, is seeking parental feedback on the district's long-range facilities planning efforts. Individuals wanting to provide feedback should attend a feedback session Nov. 28, 6 p.m., First Baptist Church.

Individuals who cannot attend one of the above opportunities can still provide feedback by taking an online survey at the following link: <http://www.zoomerang.com/Survey/WEB22GG-KQT69UK>

**WAMOM meeting**

The next Warrensburg Area Mothers of Multiples meeting is 7 p.m., Oct. 30 at the First Presbyterian Church of Warrensburg. WAMOM strives to provide mutual support, friendship, information, and networking opportunities for all parents of twins, triplets, and higher-order multiples from the first days of pregnancy through all stages and years of parenting.

For more information, visit [www.WarrensburgMultiples.org](http://www.WarrensburgMultiples.org)

**BBC Lifeworks**

Join us for an event! All events are free and open to all military personnel and families. Events held at the Lifeworks House, 245 Selser. Don't forget to like us on Facebook: [facebook.com/whitemanhomes](https://www.facebook.com/whitemanhomes).

**Found property**

Keys, wallets, bicycles, jewelry and other items have been turned in as found property to Security Forces Investigation Section. To inquire about lost property, go to building 711, room 305, or call Detective Steven Scott at (660) 687-5342.

For more news briefs, visit <http://www.whiteman.af.mil/news/announcements/index.asp>

# Dos and don'ts for Airmen during this political season

By Maj. Jennifer Clay

Air Force Global Strike Command Judge Advocate

**BARKSDALE AIR FORCE BASE, La.** -- With the 2012 general presidential election only weeks away, please in mind that special ethics rules apply to active-duty Airmen regarding their political activities.

The purpose of these rules is to ensure the Department of Defense does not influence our nation's electoral process. Violation of these rules can have serious consequences and could result in criminal or administrative penalties. As an Airman, you should be familiar with what you can and cannot do regarding political activities. The following is a quick reminder of the basic rules:

As an Airman, you may:

- Register, vote and privately express your opinions on political candidates and issues (but not as a representative of the Armed Forces).
- Make monetary contributions to a political organization.
- Encourage other military members to exercise their voting rights, however, you may not attempt to influence or interfere with the outcome of an election. Also, you may not encourage subordinates to vote for or against a particular issue or candidate.
- Sign a petition for specific legislative action or a petition to place a candidate's name on an official election ballot. You may not identify yourself by rank or duty title.
- Write a letter to the editor of a newspaper expressing your personal views on public issues or political candidates, if such action is not part of an organized letter-writing campaign. You may not identify yourself by rank or duty title. If the letter identifies you as being on active-duty status (or if you are otherwise reasonably identifiable as a member of the Armed Forces), the letter should clearly state that the views expressed are your individual views and not those of the Air Force or DOD.
- Display a small bumper sticker on your private vehicle.

The following activities are prohibited by the Joint Ethics Regulation, DoD Regulations, Air Force Instructions and federal law. Violation of these rules may result in criminal penalties or disciplinary action. As an Airman, you may not:

- Use your official authority, influence or government resources including e-mail, to interfere with an election, affect the course or outcome of an election, encourage votes for a particular candidate or issue or ask for political contributions from others.
- Participate in any radio, television or other program or group discussion as an advocate of a partisan political party or candidate.

For more information about absentee ballots or individual state election information, Team Whiteman members and their families can contact the Installation Voting Assistance Officer at 687-5295, via email at [vote@whiteman.af.mil](mailto:vote@whiteman.af.mil), or visit [www.fvap.gov](http://www.fvap.gov).



- Solicit or fundraise in federal offices, facilities or military reservations for a partisan political cause or candidate.
  - Display a large political sign, banner or poster (as distinguished from a bumper sticker) on the top or side of a private vehicle.
  - Participate in any organized effort to provide voters with transportation to the polls if the effort is organized by a partisan political party or candidate.
  - Attend partisan political events as an official representative of the Armed Forces.
  - Display a partisan political sign, poster, banner or similar device visible to the public at one's residence on a military installation, even if that residence is part of a privatized housing development.
  - Under Article 88 of the Uniformed Code of Military Justice, military officers may not publicly disrespect or undermine certain elected officials, federal secretaries or congress.
- Partisan political activities are actions that show support for a particular political party or candidate. For example, an Airman may not participate in a rally supporting a candidate, work for a candidate's election committee, run for elected office, appear in a political advertisement or otherwise officially support a candidate.
- Earlier this year, an Army reservist was reprimanded for appearing in uniform on CNN to support a presidential candidate. This is just one example of what not to do.
- For more information please review AFI 51-902 or contact the Whiteman Legal office at 687-6809.

## UCM to offer classes on WAFB



Brig. Gen. Thomas Busiere, 509th Bomb Wing commander, signs a memorandum of understanding with Dr. Charles Ambrose, University of Central Missouri president, Oct. 11. The MOU will allow UCM to offer and teach classes on Whiteman Air Force Base.

U.S. Air Force photo/ Airman 1st Class Bryan Crane

# Calls to the clinic improves care, save \$1.5 million annually

By Airman 1st Class Bryan Crane  
509th Bomb Wing Public Affairs

Have you ever had difficulty getting an appointment at the Base clinic? When you call for a problem you need solved today, do they sometimes send you to a network Urgent Care center? This situation can be frustrating.

“One of the major problems we have with access is patients who simply never show up,” said Lt. Col. William Malloy, 509th Medical Support Squadron Commander. “No-shows make military healthcare less efficient, consume appointment slots other families could use, decrease the continuity of healthcare for patients disengaged to the network and costs American taxpayers a lot of money,” Malloy says.

So, approximately, how much does an medical clinic appointment cost? With a fixed budget, each appointment’s cost varies based on the number of appointments within a fiscal year.

“Say you have a fixed budget of \$100 and you have ten appointments,” Malloy said. “Each appointment then costs \$10. What if five people no show? Now each appointment costs \$20.”

Malloy added that not only does the cost of per appointment go up, but it also affects other patients who need care, yet have to either wait longer or be sent off base to a community health partner.

“It’s truly remarkable how many people a missed appointment touches, including other patients, our clinic staff and the clinics in our community” Malloy said. “Once we take the time to understand the ripple effect caused by missed appointments, we begin to fully understand the gravity of the problem.”

Some people believe if they no-show then another patient simply takes their place.

“That’s a myth,” Malloy says. “Although they try, the Medical Group is usually not able to fill the time slots lost by no-shows. “If we can get a 24 hour notice then we have

a good chance at filling the appointment time slot. Unfortunately, the vast majority of no-shows are not known until the appointment time.”

The average cost for a medical visit, including ancillary and administrative costs, ranges between \$295-\$330. On average between five to six percent of appointments are missed each month.

“At around 4,000 appointments per month,” Malloy said. “That’s as high as 240 missed appointments, which represents about \$79,200 in lost productivity per month. Time is our most precious commodity. If a time slot is being reserved for a patient who fails to show, we often don’t have enough time to fill it with your fellow Airmen, a family member or retiree who really needs an appointment.”

According to Malloy, the number-one complaint is not having enough appointments available.

“People could really help their neighbor by simply planning ahead and giving us a call 24 hours in advance,” says Malloy.

Missed appointments also impact the clinics in the surrounding communities by consuming civilian healthcare capacity unnecessarily and negatively impacting the quality of a patient’s care.

“Continuity of care is one of the most important aspects of quality healthcare,” said Malloy. He went on to explain, “if a ‘no-show’ blocks you from seeing your provider on Base, and you need to be seen today, you’re often forced to see a provider off base who doesn’t know you or your medical history which degrades the quality of care.”

Malloy further explained that being seen downtown doesn’t really save the clinic or the patient any time.

“Our patients usually end up waiting for hours at the Urgent Care center. Also, our administrative staff still needs to track down the care report, send it to the primary care nurse who then sends it to your family provider for review, signature and then it finally gets filed into your medical record,” Malloy said.

This tracking, review and filing process can take 30-60 minutes of time per disengaged appointment.

“Instead of being sent to a civilian Urgent Care, it would be better if a patient would ask the appointing clerk for a nurse T-CON [telephone consult],” Malloy says. “Our nurses are great and they really care. I know they will take care of our patients in-house if we just give them a chance.”

No shows cost American taxpayers a lot of money per year, in additional to lost productivity and time.

“The clinic spends approximately \$47,000 a month for urgent care visits downtown excluding the cost for facility fees, prescriptions, x-rays and lab work. Many of these visits could have been avoided if we knew about no shows 24-hours in advance,” Malloy said. “That’s a swing of at least \$1.5 million per year that could be saved by simply calling the clinic 24-hours in advance.”

He further explained we also need to better control the inappropriate use of the Emergency Room by patients, but that is a topic for a future article.”

For now, he cautioned patients to only use the Emergency Room for potential loss of life, limb or eyesight otherwise patients could be held responsible for paying some or all of the charges.

### What’s the Prescription for Success?

Some tips suggested by Malloy for patients:

- If there are no appointments available, ask for a nurse T-CON instead of going to Urgent Care
- When you get an appointment, write it down and email yourself a reminder appointment
- If you’re married, let your spouse know; he or she can help you remember
- Record it in your smart phone and tell your Wingman
- Tell your boss so he/she can build it into the schedule
- If you can’t make your appointment or have a conflict, call the clinic 24 hours in advance

To schedule or cancel an appointment call 660-687-2188.

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# The Chapel: A place to belong



**Staff Sgt. Benjamin Roa, 509th Bomb Wing chaplain assistant, prepares for communion prior to a Protestant worship service at the Whiteman Chapel Oct. 3. Chaplain assistants provide support of pastoral care and integrate spiritual advice to Team Whiteman.**



**Chaplain (Lt. Col.) William Bartoul, 509th Bomb Wing Chaplain, conducts a Catholic Masses at the Whiteman Chapel Oct. 4. Masses services are offered Saturday, 5 p.m., Sunday, 11 a.m., and Monday through Thursday at 11:30 a.m.**

**Story and photos by Heidi Hunt**  
509th Bomb Wing Public Affairs

Boosting spiritual values connects people and helps build resiliency and hope in Airmen. It upholds the Air Force mission, vision and values.

While serving as a visible reminder of the Holy, the 509th Bomb Wing Chapel Team provides spiritual care and the opportunity for Air Force members and their families to exercise their constitutional right to freedom of religion.

“In holding with the Air Force Global Strike Command values, the 509th Bomb Wing Chapel works to ensure free exercise of religion, provide opportunities for spiritual and religious growth through worship,” said Chaplain (Lt. Col.) William Bartoul, 509th Bomb Wing Chaplain.

Another dimension of the chapel is growth through worship, religious education and pastoral guidance.

“Our goal is to provide Airmen and their families a place to belong and exercise their religious beliefs with their appropriate faith group,” said Tech. Sgt. Matthew Ruggiero, 509th Bomb Wing NCO in charge of Chapel Operations.

As far as religious growth and religious development are concerned, pastoral guidance is an integral part of both.

“On a personal level, people are encouraged to reach out for spiritual direction as opposed to merely problem solving,” Bartoul said. “To accomplish this requires a team. We imbue our chapel staff with special trust and responsibility ... an elite, highly-disciplined Chaplain Corps team. The Chapel helps to model a mission of glorifying God and serving Airmen and their families and pursuing excellence ... That is the hallmark of the Air Force Chaplain Corps.”

As a matter of clarity, the Chapel has two

profound areas of unique responsibility: worship and military ministry.

Only a qualified Chaplain Corps can fulfill these roles.

“The first area is worship which includes pastoral guidance, religious education, and ministry to family members,” Bartoul said.

Through all four seasons, the worship side of the chapel hosts a variety of events and programs and aims to make each action valuable and memorable for Team Whiteman.

“The second area revolves around the work stations of the Airmen; such as squadron visitations, crisis counseling, pastoral guidance, and advising leadership in terms of moral and ethical issues,” Bartoul added.

“Unlike any other service offered on base, the Chapel provides 100 percent confidentiality when it comes to counseling,” Bartoul said.

While the Chapel stays active yearlong, periodically their efforts double; preparing and participating in base exercises.

“We accommodate for extra hours in stress relief efforts to help aid Airmen who are working extra hours,” Bartoul said. “During those special times we shift our energy and resources to do our part well.”

Since the demand for Team Whiteman Chaplains is high, Chaplain assistants step in and help meet needs when possible, according to Bartoul.

“The chaplain assistants have a diverse knowledge about religious practices and counseling intervention. They play a valuable role in the Whiteman community,” Bartoul said.

The Chapel Corps is rooted in defending the First Amendment right of freedom of religion, and upholding mission, vision and values.

For more information on the base chapel ministry, or to speak to a chaplain, call 660-687-3652 during business hours, or 1-866-395-4357 after hours.



**Chaplain (Lt. Col.) William Bartoul, 509th Bomb Wing Chaplain, offers spiritual guidance to an Airman at the Whiteman Chapel Oct. 1. Being able to talk to a chaplain about anything, knowing there will be no repercussions, allows Airmen a place of safety, comfort, and help, with no strings attached.**



**Members of Team Whiteman play a game of rock band at the Airman Ministry Center, better known as the Spirit Café Oct. 5. Managed by the Chaplain’s office, the café is free of charge and open to individuals age 18 and above, regardless of rank, marital status or religion.**

# Red Cross offers volunteer opportunities

Courtesy of American Red Cross

The American Red Cross Chapter in Kansas City, Mo., serving Johnson County, supports volunteerism at the Whiteman Air Force Base Clinic and is looking for volunteers.

Volunteers can serve in a variety of service positions including patient check-in, answering phones, records management, and other general administrative functions, according to Staff Sgt. Jamie Vergara, 509th Medical Group's volunteer coordinator.

"Professional volunteers are also welcome," said Vergara. "We will help you through the Red Cross volunteer application process. Volunteer references will be contacted and the applicant will be asked to complete a criminal background check. The applicant will also be asked to sign and abide by the Red Cross Code of conduct."

The American Red Cross, a humanitarian organization led by volunteers and guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, provides relief to victims of disaster and help people prevent, prepare for, and respond to emergencies, according to redcross.com

Volunteers constitute 96 percent of the American Red Crosses total work force to carry on their humanitarian work.

"Volunteering at the Medical Group and helping the Red Cross, not only benefits yourself, but it also aids the beneficiaries and Airmen of the 509th Medical



Group," said Airman 1st Class Jeff Bowen Red Cross volunteer from the 509th Maintenance Group. "Knowing you're helping patients and supporting other Airmen in achieving a set goal is a reward itself."

Once the local Red Cross application has been successfully processed, the clinic in-process and place the volunteer based on his or her interest and the needs of the clinic, according to Vergara.

The American Red Cross offers services in six areas: disaster relief; community services; communications services and comfort for military members and their families; the collection, processing and distribution of blood and blood products; educational programs on preparedness, health, and safety; and international relief and development programs.

"During the time I volunteered at the 509th Medical Group, I retained a lot of information on how the Medical

Group operates on a daily basis," Bowen said. "[Volunteering] allowed me to meet and work with various Airmen who were supportive and enthusiastic of showing me how to perform their duties. In return, I gave them an insight about being an Egress Technician, thus building camaraderie and understanding between the 509th Maintenance Squadron and the 509th Medical Group."

Beyond service to the air base, the Red Cross is looking for volunteers to serve Johnson County as Disaster Action Team members, assisting victims of residential fires and mass care workers staffing shelters during larger disaster.

"So if you're hard-working, modest, and willing to reach out and learn a new skill, come by the Medical Group and sign up to be a volunteer today," Bowen said. "There were multiple reasons on why I choose to volunteer. I didn't do it for the awards or recognition, but to assist those in need, acquire knowledge of various Medical Air Force Specialties, and to challenge myself on a regular basis."

For more information and to volunteer, call 660-687-6782. Forms can be found at redcross.org/en/volunteer. Those interested in chapter activities may contact the chapter directly through Susie Perkins at 816-841-5254 or perkins@arckc.org.

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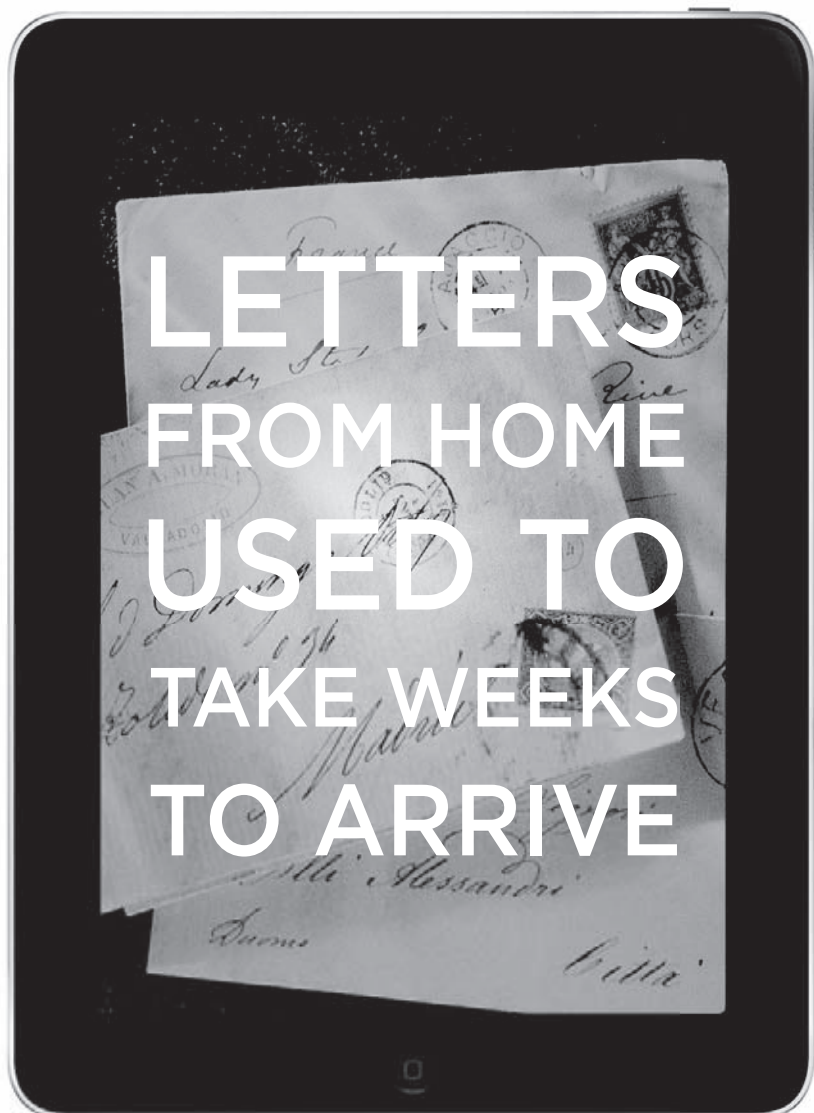
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# Person on the Street:

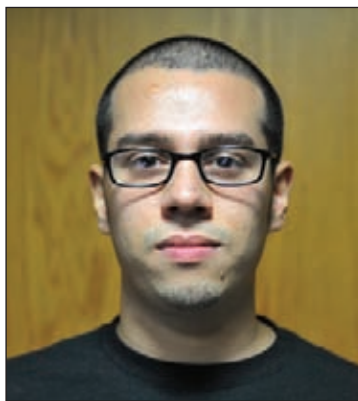
## “What do you do to conserve energy resources?”

By Heidi Hunt  
509th Bomb Wing Public Affairs



*“I ride my bike to work instead of driving.”*

– Airman 1st Class Kristin Hart,  
509th Security Forces Squadron



*“I only run the dishwasher when it is full. I am very conservative and encourage others to not pollute the environment.”*

– Airman 1st Class David Ides,  
509th Maintenance Squadron

**AF Energy Tip:**  
When driving, you can save gas by simply going the speed limit, as well as maintaining proper tire pressure.

Even better – try carpooling! Carpooling, even once a week, can save as much as 20% on commuting fuel costs.

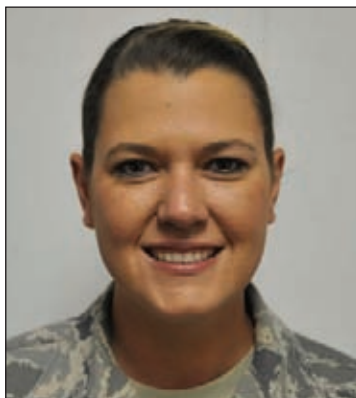
**I AM AIR FORCE ENERGY**

U.S. Air Force photo/Heidi Hunt



*“I turn off the light after use.”*

– Senior Airman Shawn Wyckoff,  
509th LRS



*“I use the fireplace instead of the heater.”*

--Tech. Sgt. Sandy Findley,  
442nd Logistic Readiness Squadron



*“I use energy efficient light bulbs.”*

– Staff Sgt. Brian Godsill,  
509th Logistics Readiness Squadron

## Field renovations continue



A contractor from Mid America Turf and Landscaping piles dirt on the base field during renovation Oct. 12. The \$130,000 renovation will add a sprinkler system, re-level the field and apply sod.

U.S. Air Force photos/  
Senior Airman Cody H. Ramirez

Contractors from Mid-America Turf and Landscaping begin renovations on the track field at Whiteman Air Force Base, Mo., Oct. 12. The base track is scheduled to reopen Nov. 2. The field is scheduled to reopen in early spring once the \$130,000 renovation is complete.

# Supplying the Force



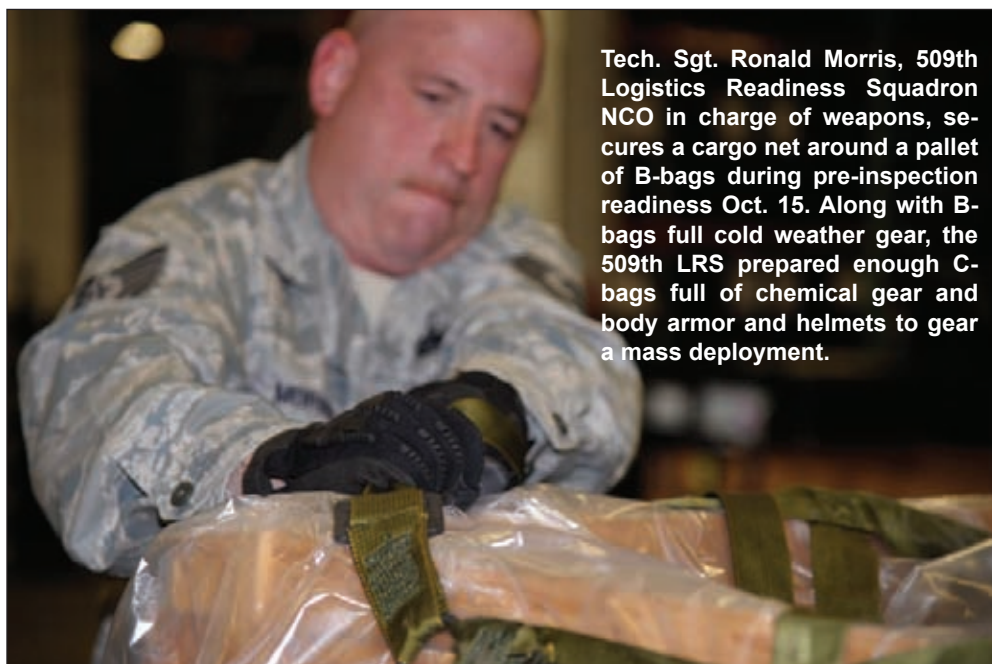
Members of the 509th Logistic Readiness Squadron work together to prepare a pallet full of B-bags containing cold weather gear Oct. 15. Pallets full of C-bags containing chemical gear were already secured. The preparation is done to support the 509th Bomb Wing in case the wing has to deploy as a unit at a moment's notice.



Staff Sgt. Ronald Delabastide, 509th Logistics Readiness Squadron weapons supervisor, returns an M-16 to its rack after practicing weapon deployment procedures. The weapon rack is new to the 509th LRS and allows weapon handlers to deal with their inventory more efficiently. The rack is automatic and freed 900 square feet of room from the weapons vault.



Staff Sgt. Patrick First, 509th Logistics Readiness Squadron weapons supervisor, practices the procedure of assigning an M-16 to a deploying member. Weapon handlers must be armed with an M-9 and follow strict guidelines while giving a weapon to a deploying member.



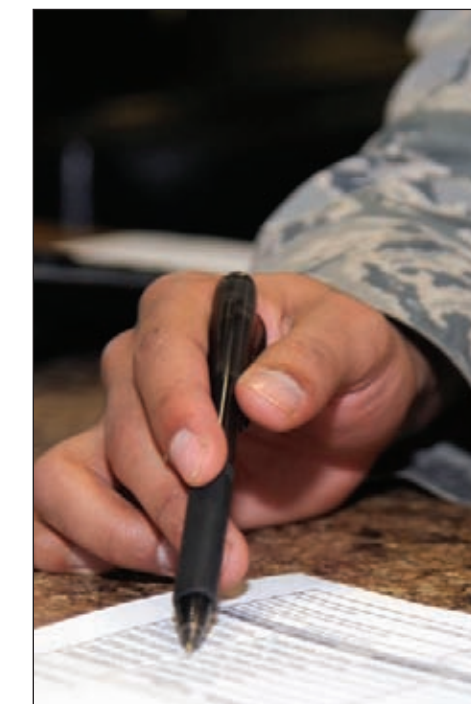
Tech. Sgt. Ronald Morris, 509th Logistics Readiness Squadron NCO in charge of weapons, secures a cargo net around a pallet of B-bags during pre-inspection readiness Oct. 15. Along with B-bags full cold weather gear, the 509th LRS prepared enough C-bags full of chemical gear and body armor and helmets to gear a mass deployment.



Airman 1st Class Emmanuel Arroyo, 509th Logistics Readiness Squadrons individual protective equipment technician, issues an M-50 gasmask to Staff Sgt. Joe Kosal, 509th Maintenance Squadron Aircraft Ground Equipment journeyman. Airmen at Whiteman can also find cold weather gear, chemical warfare gear and body armor and helmets at the IPE desk.



Staff Sgt. Ronald Delabastide, 509th Logistics Readiness Squadron weapons supervisor, secures a hook of a cargo net to the base of a pallet. The pallet contained B-bags full of cold weather gear and was part of pre-inspection readiness.



Airman 1st Class Emmanuel Arroyo, 509th 509th Logistics Readiness Squadron individual protective equipment technician, explains paperwork to a service member Oct. 15.

*U.S. Air Force photos/  
Senior Airman Cody H. Ramirez*



# Hitting the airwaves!



U.S. Air Force/Heidi Hunt

Capt. Allen Clark, 393rd Bomb Squadron B-2 pilot, speaks with David Lee, KDKD AM/FM news and sports public affairs director, during the speakout radio program in Clinton, Mo. Oct. 11. The program airs Monday through Thursday on 95.3 FM at 9:40 a.m. and 1280 AM at 12:15 p.m. to increase public awareness and understanding of the Air Force's mission. The weekly speakout can also be heard online at [www.westcentralmoinfo.com](http://www.westcentralmoinfo.com).

# 131st Bomb Wing Promotions

The following 131st Bomb Wing Airmen were recently promoted to their next respective rank.

**SECOND LIEUTENANT**  
Charles Forbes, 131st Medical Group

**TECHNICAL SERGEANT**  
Donald Franken,  
131st Maintenance Squadron

**STAFF SERGEANT**  
Amandeep Rai,  
131st Communications Flight  
Jacqueline Storm,  
131st Communications Flight

**AIRMAN 1ST CLASS**  
Davonte Hammon,  
131st Student Flight  
Travis Huhn,  
131st Student Flight  
Thomas Keeley,  
131st Student Flight  
Timothy Lawson,  
131st Student Flight  
Rachel Porter,  
131st Student Flight  
Kelsey Wingate,  
131st Student Flight

**AIRMAN**  
Joshua Tuttle, 131st Student Flight

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Sat:  
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# Heads or tails



U.S. Air Force photo/Airman 1st Class Joseph A. Pagán Jr. Maj. Gen. Stephen Wilson, 8th Air Force commander, stands midfield as the referee flips the coin during pregame activities for the Texas A&M vs Louisiana Tech football game at Independence Stadium Oct. 13. As part of the Year of the B-52, commemorating the plane's 60th anniversary, Wilson served as the honorary captain for the game. A B-52 video was also shown on the jumbotron during halftime.

# The 2012 Intramural Flag Football is currently underway.

For a copy of the current season schedule, visit [www.whiteman.af.mil/shar-ed/media/document/AFD-120905-017.pdf](http://www.whiteman.af.mil/shar-ed/media/document/AFD-120905-017.pdf)

## 2012 AFC Flag Football Standings

Team	Won	Loss	Tie	PF	AVG	PA	AVG2	DIFF	PCT	Games
LRS	5	1	0	150	25.00	90	15.00	10.00	0.833	6
SFS-A	5	2	0	142	20.29	105	15.00	5.29	0.714	7
20RS	4	3	0	124	17.71	115	16.43	1.29	0.571	7
CS	4	3	0	128	18.29	126	18.00	0.29	0.571	7
AMXS	4	2	0	103	17.17	90	15.00	2.17	0.667	6
CPTIS	3	3	0	84	14.00	100	16.67	-2.67	0.500	6
CE-B	3	4	0	108	15.43	146	20.86	-5.43	0.429	7
MXS-A	2	4	0	108	18.00	129	21.50	-3.50	0.333	6
MXS-C	0	8	0	0	0.00	0	0.00	0.00	0.000	8

Current as of Oct. 15



## 2012 NFC Flag Football Standings

Team	Won	Loss	Tie	GF	Avg	GA	Avg2	Diff	Pct	Games
SFS-C	7	1	0	182	22.75	43	5.38	17.38	0.875	8
MUNS	6	1	0	133	19.00	86	12.29	6.71	0.857	7
CE-A	5	2	0	28	4.00	62	8.86	-4.86	0.714	7
OSS	4	2	0	55	9.17	72	12.00	-2.83	0.667	6
MDG	3	3	0	34	5.67	54	9.00	-3.33	0.500	6
FSS	3	3	0	21	3.50	28	4.67	-1.17	0.500	6
MXS-B	2	4	0	28	4.67	77	12.83	-8.17	0.333	6
393rd BS	0	8	0	0	0.00	0	0.00	0.00	0.000	8
CONS	0	8	0	0	0.00	0	0.00	0.00	0.000	8

Current as of Oct. 15



### OCTOBER 2012

#### Fitness Center Aerobics Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
0530 Cycle Blast* SR 0900 Brazilian Jujitsu* FG 1230 Lunchtime Blitz EG 1530 Cycling* SR 1815 Boot Camp* FG 1930 Step Aerobics* CAC	1115 Cycle Blast SR 1645 Power Yoga CAC 1700 Guts & Glutes FG 1730 EMT* FG	0900 Brazilian Jujitsu* FG 1230 Lunchtime Blitz EG 1530 Cycling* SR 1700 Cycle Blast* SR 1815 Boot Camp* OT/FG	1115 Cycle Blast SR 1645 Power Yoga CAC 1700 Cycle Blast* SR 1730 EMT* FG	0530 Cycle Blast* SR 0900 Brazilian Jujitsu* FG 1230 Lunchtime Blitz FG
<b>COLUMBUS DAY HOLIDAY NO CLASSES</b>	1115 Cycle Blast SR 1645 Power Yoga CAC 1700 Guts & Glutes FG 1730 EMT* FG	0900 Brazilian Jujitsu* FG 1230 Lunchtime Blitz EG 1530 Cycling* SR 1700 Cycle Blast* SR 1815 Boot Camp* OT/FG	1115 Cycle Blast SR 1645 Power Yoga CAC 1700 Cycle Blast* SR 1730 EMT* FG	0530 Cycle Blast* SR 0700 Wing 5K Run 0900 Brazilian Jujitsu* FG 1230 Lunchtime Blitz FG
0530 Cycle Blast* SR 0900 Brazilian Jujitsu* FG 1230 Lunchtime Blitz EG 1530 Cycling* SR 1815 Boot Camp* FG 1930 Step Aerobics* CAC	1115 Cycle Blast SR 1645 Power Yoga CAC 1700 Guts & Glutes FG 1730 EMT* FG	0900 Brazilian Jujitsu* FG 1230 Lunchtime Blitz EG 1530 Cycling* SR 1700 Cycle Blast* SR 1815 Boot Camp* OT/FG	1115 Cycle Blast SR 1645 Power Yoga CAC 1700 Cycle Blast* SR 1730 EMT* FG	0530 Cycle Blast* SR 0900 Brazilian Jujitsu* FG 1230 Lunchtime Blitz FG
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\*Class meets FIP requirements. All classes are subject to change at anytime.  
EG-Engle Gym - FG-Falcon Gym - OT-Outdoor Track - SR-Spinning Room  
CAC-Community Center \$ FEE CHARGED

### OCTOBER 2012

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 BOD POD 0800-1100 Better Body/Better Life 1430-1600	3	4 BOD POD 0800-1100 PTL Initial Training 0830-1600	5 BE WELL 0830-1130
Indoor Cycling 1530-1630		Indoor Cycling 1530-1630		
8 <b>Columbus Day HAWC Closed</b>	9 BOD POD 0800-1100 Better Body/Better Life 1430-1600	10 PTL Refresher 0900-1100 509 MDG Training Day HAWC open only 0730-1100	11 BOD POD 0800-1100 PTL Initial Training 0830-1600	12 BE WELL 0830-1130
		Indoor Cycling 1530-1630		
15 BOD POD 0800-1100 Commissary Tour 0930-1130	16 Better Body/Better Life 1430-1600	17 Indoor Cycling 1530-1630	18 BOD POD 0800-1100	19 BE WELL 0830-1130
Indoor Cycling 1530-1630		Indoor Cycling 1530-1630		
22 <b>October is Breast Cancer Awareness Month! www.nbcam.org</b>	23 BOD POD 0800-1100 Better Body/Better Life 1430-1600	24	25 BOD POD 0800-1100	26 BE WELL 0830-1130
Indoor Cycling 1530-1630		Indoor Cycling 1530-1630		
29 BOD POD 1300-1500	30 Better Body/Better Life 1430-1600	31 Indoor Cycling 1530-1630		

Enrollment directions:  
BOD POD: No advance sign-up necessary! Please visit [www.facebook.com/WhitemanHAWC](http://www.facebook.com/WhitemanHAWC) for preparation and arrival instructions  
PTL Refresher and PTL Initial: Please contact Mrs. Angela Anderson (angela.anderson1@whiteman.af.mil) - RESERVATIONS REQUIRED!!  
BE WELL: Please contact your unit fitness manager  
Commissary Tours and Better Body/Better Life: Please contact Mrs. Stephanie Fraley (stephanie.fraley.ctr@whiteman.af.mil)

Please note that this calendar is subject to change on a weekly basis. For the most current version, visit it at [www.facebook.com/WhitemanHAWC](http://www.facebook.com/WhitemanHAWC)

**Upcoming Military Appreciation Events**

**Nov. 10**

The City of Warrensburg's Military Appreciation Day will be held at the Community Center Nov. 10 from 1 to 5 p.m. On this day, the parks department will feature half priced swimming at the Warrensburg Community Center Indoor Pool for active military, their spouses and dependents.

**Nov. 17**

Whiteman Day at MIZZOU, is Nov. 17 vs. Syracuse. Tickets are \$15 per person and include a tailgate party with food and drink, T-shirt and bus ride if requested. Open to all Active Duty, Retired, Reserve and ROTC Personnel, as well as their friends and family. Kickoff is TBD. They can order tickets through their first sergeant. Cash only.

**Nov. 18**

The Kansas City Chiefs Military Appreciation game is Nov. 18 vs. the Cincinnati Bengals. Tickets are \$25 per person. Open to all Active Duty, Retired, Reserve and ROTC Personnel as well as their friends and family. Kickoff at noon. Anyone interested in this offer can contact the Chiefs directly at (816) 920-4834.



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Running for Research

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WHEN: November 3rd at 8am  
WHERE: Knob Noster State Park

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\$20 Adults  
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\$5 Dogs

Every paid participant that registers before Oct. 26 will be given a t-shirt or will receive a medal. Registration available at Co-Ed Creations Salon 205 B. N-Adams St. Knob Noster www.5k-rescue-run-walk.webnode.com

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Classes may be cancelled or added depending on enrollment.

**SESSION 1 (DEC 3<sup>RD</sup> - DEC 21<sup>ST</sup>)**  
Comp 1 M-W  
Speech T-Th

**SESSION 2 (JAN 2<sup>ND</sup> - JAN 22<sup>ND</sup>)**  
American History M-W  
Speech M-W  
Comp 2 T-Th

**SESSION 3A (JAN 23<sup>RD</sup> - FEB 12<sup>TH</sup>)**  
Humanities M-W

**SESSION 3B (JAN 23<sup>RD</sup> - FEB 26<sup>TH</sup>)**  
College Algebra M-W  
College Algebra T-Th

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### FEATURED EVENTS

#### SATURDAY 10/20

##### Outdoor Rec is now open on Saturdays!

Visit us to start your adventure! Open from 8am-12pm on Saturdays! Ask us about our rates. Call 687-5565.

##### Family Bowling Special- 12-4pm – Stars & Strikes

A family of up to 6 gets 1 lane for 1 hour of bowling, 1 large 1 topping pizza, shoes and soda. Only \$30 per package, Sat & Sun. For more information please call 687-5114.

#### SUNDAY 10/21

##### Football Frenzy-Starts at 11am-Mission's End

Come and enjoy all of Sunday's NFL games and our food & beverage specials. Take part in trivia for prizes, and also use our free wifi for your Fantasy Football Leagues! Call 687-4422 for more information about Football Frenzy!

#### WEDNESDAY 10/24

##### Boss & Buddy-3:30-7pm- Mission's End

Hang out after work and enjoy the cheapest hot wings around only .45 cents a wing! Call 687-4422 for more info.

#### THURSDAY 10/25 A&FRC EVENT

##### Pre-Deployment Brief-1-2pm-A&FRC

Join our Pre-Deployment Briefing and learn some of the best information about preparing yourself and your family for deployment. Call 687-4422 for more information.

#### FRIDAY 10/26

##### Super Social Hour-5-7pm-Mission's End

Come and enjoy our Super Social Hour, including great food and activities. Play in our Bar Bingo! Call 687-4422 for more information about Super Social Hour.



Email us with event ideas or questions to: [marketing3@us.af.mil](mailto:marketing3@us.af.mil)

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School's out for the day! Do you know where your kids are...or what they are doing? They could be participating in exciting, low-cost programs that will help them become positive, contributing members of the community at the Whiteman Youth Programs.

The following statistics reveal some alarming data about afterschool hours:

- 3 p.m. to 6 p.m. are the peak hours for juvenile crime and experimentation of drugs, alcohol, cigarettes, and sex. (Fight Crime: Invest in Kids, 2003)
- Teens who do not participate in afterschool programs are nearly three times more likely to skip classes than teens who do participate. They are also three times more likely to use marijuana or other drugs and are more likely to drink, smoke, and engage in sexual activity. (YMCA of the USA, 2001)

Whiteman Youth Programs consistently provides activities and programs which communicate that every youth and teen has the potential to excel and achieve successes in their personal endeavors. The Whiteman YP staff encourages, fosters, and nourishes the dreams and interests of every youth. Every program and activity begins with a seed planted from the input of a child or teen.

Did you know our Youth Programs have been instrumental in helping many youth create positive habits and achieve personal goals?

- There are over 2500 youth and teen visits to Whiteman Youth Programs each month
- Whiteman Youth performed over 1200 hours of community service in 2011
- Over \$2000 in scholarships were earned through WAFB Teen Programs in 2011/1212
- Two teens were recognized at the Missouri Capitol and in Washington D.C. for outstanding achievements
- Keystone Teens raised over \$500 for Joplin tornado victims
- During Sept 2012, 182 youth participated in Sports and Fitness programs decreasing the risk of childhood obesity
- 130 Whiteman youth & teens reached new Fit Factor goals in 2012

These are just a few examples of the many accomplishments and opportunities available through our programs. Whiteman Youth Programs' annual Lights On Afterschool open house event is Oct. 18, from 4-6 pm. We invite ALL youth, teens and adults to stop in for a closer look. For more information contact us at 687-5586.

How can you support Whiteman Youth Programs? As these programs are only partially funded through the Air Force, we rely heavily on volunteers, donations and grants through Boys & Girls Clubs of America to produce these quality programs. Consider joining the fun by volunteering as a coach or donating to the annual Combined Federal Campaign- (CFC# 86668.)

We are here for you...YP after 3- it's the place to be!

Story Time & Craft Is Back! Ages 3-5 Join Us @ The Library on the 1st & 3rd Wed. of the Month!

### FCC NEWS

#### Returning Home Care:

Military members returning home from a 30 day or longer deployment are entitled to 16 hours of free child care for each child 12 years old or younger. Stop by the FCC Office for an application or call us for more at 687-5590.

#### PCS Care?:

Arriving or departing from Whiteman AFB? The AF Aid Society pays for 20 hours of care per child for all ranks to help with your transition. Child care is authorized in AF licensed or affiliated FCC homes. The Airman & Family Readiness Center issues certificates which are good for child care within 60 days of PCSing. Call us for more at 687-5590.

### DID YOU KNOW?

The Whiteman AFB Library is available to provide online resources overview briefings for your base office, Commander's Calls, etc.

Providing information about; Personal Career Development, College/University Research, Test Preparation and Practice Tests, Foreign Language Learning & Cultural Awareness, K-12/Homeschooling Resources and more! Please contact the Library Director @ 660-687-5614 to schedule.

509 FSS PAGE EDITOR: KYLE C. HAMRICK CONTACT US! 687-7929

# Caption Contest #5 Results



**WINNER:**

“Who needs corrective eye surgery when you got these babies!!!!”

- Pamela Gibson

**OTHER ENTRIES:**

“And Little Red Riding Hood said ‘My what big eyes you have!’”

- Ann Porpora Baker

“I can see for miles... still no civilization!”

- Micheal Worton

“I can see Russia from here!”

- Nicole Cherry

“Errrr...Sir...Isn't it to early to look for Santa?”

- Megan Reasoner

“Mister Robber, we will find you.”

- Jessica Tello

“My, What big eyes you have!”

- Bethany Butler

“I found Waldo!”

- Maureen Gunter

“Just as I thought. 50% chance of rain, 50% of the time”

- Eric Hinckley

## AT THE MOVIES

**Saturday, 7 p.m. – ParaNorman**

Norman Babcock spends much of his days appreciating the finer points of scary movies and studying ghost lore. Norman learns that a centuries-old witch's curse is real and is about to come true, only Norman will be able to stop it from going into overdrive and harming the townspeople. Norman bravely summons up all that makes a hero - courage and compassion - as he finds his paranormal activities pushed to their otherworldly limits. **Rated PG, 93 Minutes**



**Sunday, 7 p.m. – The Odd Life Of Timothy Green**

An inspiring, magical story about a happily married couple, Cindy and Jim Green, who can't wait to start a family but can only dream about what their child would be like. When young Timothy shows up on their doorstep one stormy night, Cindy and Jim - and their small town of Stanleyville - learn that sometimes the unexpected can bring some of life's greatest gifts. **Rated PG, 90 Minutes**



Movie showings are featured at the Whiteman AFB Movie Theater. Call the movie line at 660-687-5110 for more information. **Cash or check only.** Movies are \$5 for adults and \$2.50 for children (ages 3-11). Doors open 30 minutes prior to show time. *Movies and ticket prices are subject to change without notice.*



### Thanking All Of Those Who Serve & Have Served

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**JOIN US FOR Hand Cut Fresh Steaks**

**STEAK NIGHT - EVERY Fri.**  
12 oz. KC Strip Steak or Ribeye

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8 oz. Sirloin & 2 Skewers Of Shrimp

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<p><b>06 Nissan Titan SE</b> 5.6 • 4x4 <b>\$13,495</b></p>	<p><b>03 Victory Cruiser</b> Very Sharp! <b>\$7,900</b></p>	<p><b>08 Chrysler Town &amp; Country</b> Loaded, Dual DVD Swivel Seats <b>\$14,900</b></p>
<p><b>07 Ford Edge SEL</b> Leather, Nav. Awd, Great Car! <b>\$15,495</b></p>	<p><b>Trade Ins Welcome!</b></p> <p>CARS - Trucks - SUV's - Cycles - Boats</p>	<p><b>07 Chevy Silverado LT 4x4</b> 4x4, Auto, 5.3 V-8, Only 50K Miles <b>\$20,500</b></p>
<p><b>02 Chevy Avalanche</b> 22" Wheels, 2 TV's, Lowered, Lots Of Custom Touch's <b>\$9,250</b></p>	<p><b>96 Chevy Silverado</b> 4x4 Conversion Pkg., Only 90K Miles, Loaded, Nice <b>\$6,995</b></p>	<p><b>02 F150 Crew Cab Harley Davidson ED</b> Supercharged, Loaded <b>\$12,250</b></p>

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Serving the Whiteman Community

509th Bomb Wing 442nd Fighter Wing Maritime Expeditionary Security Squadron 11 Det. D 1-135th Attack Reconnaissance Battalion 131st Bomb Wing 20th Reconnaissance Squadron



## FREE Classified Advertising in the Whiteman Warrior READ ALL RULES BEFORE PLACING AN AD

- Advertising is free to all active-duty, guard and reserve military members and civil servants who work on base or at the MoARNG in Warrensburg only. Military or civil service rank must be included in the space for "rank." We do offer free advertising to retired military members.
- Ads of a commercial nature such as baby-sitting, lawn maintenance, house cleaning, product sales, apartments or houses for rent, work-at-home opportunities or any other service in which the person makes a profit must be prepaid. Paid ads must be placed directly through the Sedalia Democrat at 1-800-892-7856, dropped off at 700 S. Massachusetts Ave., Sedalia, Mo., 65301 or e-mailed to theclassifieds@sedaliademocrat.com. They accept VISA, MasterCard, cash, personal check or money order.
- Free ads are for one-time sale of personal items only. Free ads can't be placed for churches, groups, clubs, organizations or friends not affiliated with the military. Each item must be sold for \$150 or less.
- Only one free ad\*, maximum 30 words, will be allowed to run at any given time by the same household, for a maximum of eight weeks. Ads over the 30-word maximum will be edited at the publisher's discretion.
- \*People who are PCSing may place more than one ad and sell the items at any price.
- Include your home phone in the ad so people can contact you. USE OF DUTY PHONES IN ADS IS AGAINST AIR FORCE REGULATIONS.

- Print legibly, and place punctuation and spaces where necessary. Use only one word per line.
- Free ads aren't taken over the phone. They must be dropped off at or mailed to the 509th Bomb Wing Public Affairs Office, 1081 Arnold Ave Blvd, Bldg 59, Whiteman AFB, Mo., 65305. Ads may also be faxed to 660-687-7948.
- Many offices on base are using old forms\*\*. If you would like a copy of the new ad form to keep in your office, call 687-6123 and we'll fax a new form for your use. Or, you can download it at <http://www.whiteman.af.mil> and click on "Whiteman Warrior Classified Ad Form."
- Homes for sale that are listed with a realtor must be paid for. Only people who are PCSing and selling homes FSBO (for sale by owner) qualify as a free ad.
- Free yard sale ads are for active-duty, guard, reserve and retired military members living on or off base. People who live on base must have their yard sale approved by the housing office first.
- The deadline for placing new ads, canceling or making changes to ads is 10 a.m. Friday, one week before desired publication.
- Ads that don't meet these guidelines will not run. Free advertising is a privilege extended to you by the publisher, and your cooperation is greatly appreciated. Submissions do not guarantee publication. Publication is on a space available basis.

**Services Offered 69**

**Jaele Shaver, Independent Mary Kay Beauty Consultant**  
www.marykay.com  
/jlynns or email  
jlynns@marykay.com

**PCSing? MOVING?**

Guaranteed Stress-Free Finals! Covering everything inside & out for over 18 years! Painting, oil stains, trash/recycle, yard work. Short notices possible. Only 1 day needed! Call "The Final Touch" 660-233-3327  
*Not sure what to do?? We give free estimates!*

**Upcoming Events 27**

Google Whiteman AFB  
**PIXIE PUMPKIN PATCH**  
Look us up on Facebook!  
• FREE Admission & Hay rides  
• Pick your own Pumpkins!  
*We have Pink, White, Blue & Tan plus traditional Orange!*  
Located 3/4 miles south of Whiteman AFB Main Gate Hwy 23.  
Lots of home grown Pumpkins!  
*Open Saturdays & Sundays from 12-6*  
Questions? (660)909-6834

To place a classified ad, call one of our ad visors today at 826-1001.

**Help Wanted 90**

Adult Care

**PERSONAL ATTENDANT**  
Mon-Fri, 4.5 hours per day  
660-563-4760

**Misc. For Sale 135**

**\*\*CABINETS\*\*** Glazed maple, solid wood, dovetail, never installed, can add or subtract to fit kitchen. Cost-\$7000. Sacrifice \$1650.  
Call (660-252-4330).

**PEOPLE WHO READ NEWSPAPERS ARE BETTER AND MORE EFFECTIVE PARENTS**  
It all starts with Newspapers

**Upcoming Events 27**

**Misc. For Sale 135**

**Briggs & Stratton**  
20" push mower \$20, Indoor artificial tree \$1.00, & 2 floor fans \$5.00 each  
Call (660) 864-4802

**Professional Department**  
store chrome round clothes rack on wheels. Height 4.5 ft, width 3 ft., Call (660) 619-0269

**Apartments For Rent207**

**1 & 2 BEDROOM** with some utilities, \$379/\$399. 2 Bedroom House, \$499. NO PETS. Call 660-624-0276, leave message.

**2 BR** 1 bath. Washer /dryer hookups. Full basement. 4 miles from base. No pets. \$450 deposit, \$450/ month. Great deal! 660-238-0998.

**DEERBROOK APARTMENTS**

**710 A. Deerbrook Circle Knob Noster Mo**  
1 & 2 BR Apartments  
3 BR 2 bath Duplexes  
2 miles from the Air Force Base Pool, On-site Laundry and Storage Available.  
management@deerbrookapartments.com  
Call 660-563-3518

**Apartments For Rent207**

*A Great Place to Call Home!*  
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1500 Thompson Blvd. • Sedalia  
*Studios, 1, 2 & 3 BR Apartments, Furnished and Corporate Apartments*  
• All Electric • Fitness Center  
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*Evenings & Weekends by Appointment:*  
racjac.com

**Apartments For Rent207**

**SOMERSET APTS & TOWNHOUSE MANOR**  
802 Ruth Ann Dr & 10th & State Fair Blvd, Sedalia  
1 & 2 BR, Beautiful landscaping, immaculate & clean, swimming pool, on-site management, mini storage available on-site.  
Ranges & refrigs., water & trash paid, laundry, carport.  
660-826-6340 or 826-3226

**303 S. STATE ST.** 2 BR apt, stove & refrigerator, newly remodeled, laundry facilities available, water & trash paid, 12x30 garage, no pets. Available now! \$370 month with military discount plus \$300 deposit. Call 660-233-6107 or 660-624-9884.

**Houses For Rent 209**

**3 BEDROOM,** 2 bath, 1-car garage, in Knob Noster, close to schools. \$750/month plus deposit. Call 660-909-3453.

**5 BR,** 2 bath house in Warrensburg, close to UCM campus. Available now. Lease required. References plus deposit. Call 660-909-2613.

**Apartments For Rent207**

**Townhouses For Rent 213**

**FIRST MONTH FREE** for Military! 1400 sq. ft. 3 BR, 2 baths, all appliances including washer & dryer, 1 level, air conditioner, garage with opener. No smoking or pets. \$720/month. 660-221-1926

**Houses For Sale 249**

**FIRESIDE REALTY**  
  
**TONY R. KENDRICK**  
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**FOR SALE OR RENT**  
1,2,3,4,5 Bedroom, Various Floor Plans.  
Call for Availability  
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660-747-5353  
www.4firesiderealty.com

**S-T-O-P !!!**  
Don't forget to add your e-mail address to your classified ads!

**KEY REALTY**  
  
  
Visit our website for all area listings [www.KeyRealtyWarrensburg.com](http://www.KeyRealtyWarrensburg.com)

**Townhouses For Rent 213**

**LARGE 3 BR** (1450 sq. ft.), 2 baths, 1-level, all appliances, garage, security system, no smoking or pets. \$775/month. Sedalia. Call (660) 826-4509

Don't forget to add your e-mail address to your classified ads!

**Office Space For Rent 222**

**2,000 SQUARE FEET** of prime office space, short drive from WAFB. Ideal set up for contractor, accounting/ tax service or insurance office. For details and to set up a time to take a look, call 660-624-1507. Bill Shelton, Owner/Agent.

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*With Interest Rates Still Very Low, There's No Better Time Than Now To Find your New Home!*  
  
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Warrensburg, MO  
**Office: 747-7043**  
**David Roberts: 238-3936**  
**Bobby Hall: 864-4492**  
**Craig Conant: 238-6042**  
**Tony Conant: 909-2939**  
**Holly Dow: 238-5634**  
**Vance DeLozier: 909-7043**

**Houses For Sale 249**

**GREAT 5 BEDROOM,** 3 bath, 2500 sq. ft. home in Warrensburg. Fully finished walk-out basement with 2 bedrooms and full bath. For questions or showing, call (660) 747.2177

**Lake Property For Sale 267**

**LAKE OF THE OZARKS - LAKE LOTS** \$3950 each, \$75 down, \$59 per month. Also 3+/- acre tracts starting at \$10,900. Owner financing, no credit checks and easy terms. Beautiful trees, free lake access, boating, fishing and swimming areas. Missouri Conservation dock and boat ramp. Ad ends Oct. 15  
Ivy Bend.(573)372-6493.  
[www.ivybendlandoffice.com](http://www.ivybendlandoffice.com)

**Automobiles 300**

**W-K Home of the Jump Start Program!**  
Congratulations to the hundreds of customers who have taken advantage of the **Jump Start! Program!**  
If you have ever had some bad luck with your credit for whatever reason, but need to buy a car, call Ron at 660-826-8320. We can help!

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**24-HOUR STORAGE FACILITY**  
 Household Items - Boats - RV's  
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 Lowest Rates  
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 PLUS SOME 12' WIDE UNITS  
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 03 Malibu V-6, 4 Dr., AT.....\$3,495  
 00 Chevy Venture Van Double Door..\$2,895  
 91 Dodge 1/2 Ton 71K, V-8, AT.....\$1,595  
 89 Ford 3/4 Ton 6 Cyl, Stk .....\$1,795  
 94 Dodge Ram 1500 V-8, AT, TV..\$2,495  
 09 Chevy Silverado 4x4 LTZ **BANK FINANCE** \$25,500  
 01 Jeep Grand Cherokee 4 Dr., 6 Cyl. \$4,595

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**WORSHIP**

**Northside Christian Church**  
 500 N. Ridgeview Drive  
 Warrensburg  
**747-8632**  
 Sunday Worship 9:00 & 10:30 AM  
 Sunday School 9:00 & 10:30 AM  
 Wednesday Bible Study 6:00 PM  
 (Wednesday activities September-May only)  
 "A real place...  
 ...for real people."  
 For more information go to...  
[www.northsidechristianchurch.com](http://www.northsidechristianchurch.com)


**Shiloh Missionary Baptist Church**  
 212 N. Main St.  
 Warrensburg  
 Sunday School Starts 11:45 AM  
 Sunday Worship Service 10:00 AM  
 Thurs., Midweek Service 6:30 pm - 8:00 pm  
 "The Church that love is building"  
 Rev. Terrence Moody - Pastor  
**660-747-5685**

**CHRIST & TRINITY LUTHERAN CHURCH ELCA**  
 Everyone is welcome at the Lord's Table.  
**3201 Southwest Blvd. Sedalia, MO**  
**660-826-8764**  
**Sunday School: 9:15am-10:15am**  
**Worship: 10:30am**


*...be filled with the Spirit.*  
 Ephesians 5:18  
  
**First Assembly of God**  
 Dr. Alvin Langston  
 Dr. Esther Kay Langston  
 Sunday School 9:30 a.m.  
 Sunday Service 10:30 a.m.  
 Midweek Renewal 7:00 p.m. Wed's.  
 240 NW Highway 13 ~ Warrensburg  
**660-747-6762**  
[www.AG-WBG.org](http://www.AG-WBG.org)

  
**Sunday Service**  
 Sunday School 10:00 a.m.  
 Morning Worship 11:00 a.m.  
**Abundant Life Ministries, Apostolic**  
 123 E. Gay Street, S-3 • Warrensburg, MO  
 Gwyndelon Harrington, Pastor  
 Website: [www.almschurch.org](http://www.almschurch.org)  
 Email: [almschurch@aol.com](mailto:almschurch@aol.com)  
 Contact Phone: 660-909-4940  
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**Bethel Baptist Church**  
  
**Join Us!**  
 Sunday School 10am  
 Morning Worship 11am  
 Evening Worship 6pm  
 Wednesday: Prayer & Bible Study 7pm  
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**Heartland Church**  
  
*Psalm 127:1*  
 "A Church With A Heart Of Love"  
 Sunday Worship 10:00am  
 Sunday School 9:00am  
 Pastor Greg Morris  
 777 NE Highway 23  
**563-3810**

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 Seventh Day Adventist Church  
 WARRENSBURG  
 Everyone Needs A Place To Come Home To  
 Join us every Saturday  
 5 miles W. of Warrensburg at the intersection of Hwys 50 & 58.  
 Worship Service 11:00 a.m.  
 Sabbath School 9:45 a.m.  
 Pastor Al Oetman  
**660-656-3332**

**Worship With Us**  
  
**Charity Christian Revival Center**  
 59 NE D. Hwy. - Knob Noster  
 Apostle Willie Shields, Jr.  
 Sunday School 10:00am  
 Worship Service 11:00am  
 (Children's Church & Nursery Available)  
 Wednesday Praise Service 7:00pm  
**563-4813**  
[charitychristiancenter.org](http://charitychristiancenter.org)

Independent Fundamental  
**Grace Baptist Church**  
 3304 S. Ingram - Sedalia  
 Sunday School 9:45am  
 Worship 10:45am & 6pm  
**826-2918**  
 Wednesday Bible Study 7pm  
 Pastor Alvin Sipe

**First Baptist Church**  
  
 110 E. McPherson  
 Knob Noster  
 Pastor: Jim Richards  
 Sunday School 9:30am  
 Worship 10:45am  
 Nursery Provided  
**563-3071**

**Warrensburg Church of Christ**  
 722 S. Maguire  
 Warrensburg, MO 64093  
 SUNDAY 9:30am - Sunday School 10:30 am - Worship 6:00 pm - Worship 7:00 pm - Bible Study  
 WEDNESDAY 7:00 pm - Bible Study  
 "The Churches of Christ salute you!"  
 Rom. 16:16  
 Email: [contactus@cofewsbg.org](mailto:contactus@cofewsbg.org)  
 Web address: <http://www.cofewsbg.org>  
**660-747-5519**

**Knob Noster United Methodist Church**  
 106 E. Wimer,  
 Knob Noster, MO 65336  
 660.563.2724  
[knobumc@knumc.com](mailto:knobumc@knumc.com)  
 Sunday Worship: 10:45  
 Sunday School: 9:30

**First Baptist Church**  
 "Applying God's Word in Today's World"  
 Sunday Worship 9:00 & 10:45 am  
 Sunday School 9:00 & 10:30 am  
 Childcare Available  
 1302 S. Maguire  
 Warrensburg  
**747-9186**  
 Web Site: [www.fbcwburg.org](http://www.fbcwburg.org)  
 Email: [fbcwburg@fbcwburg.org](mailto:fbcwburg@fbcwburg.org)

**FAITH LUTHERAN CHURCH MISSOURI SYNOD**  
 507 S. WASHINGTON KNOB NOSTER  
**660-563-5973**  
 Sunday Worship 9:30 AM  
 Sunday School 10:45 AM  
 Adult & Children  
 Jr. High and High School Youth Groups Meet Monthly  
 Bring Your Family and Come Join Us This Sunday  
 (ACROSS FROM THE HIGH SCHOOL)

**THINK SAFETY!**