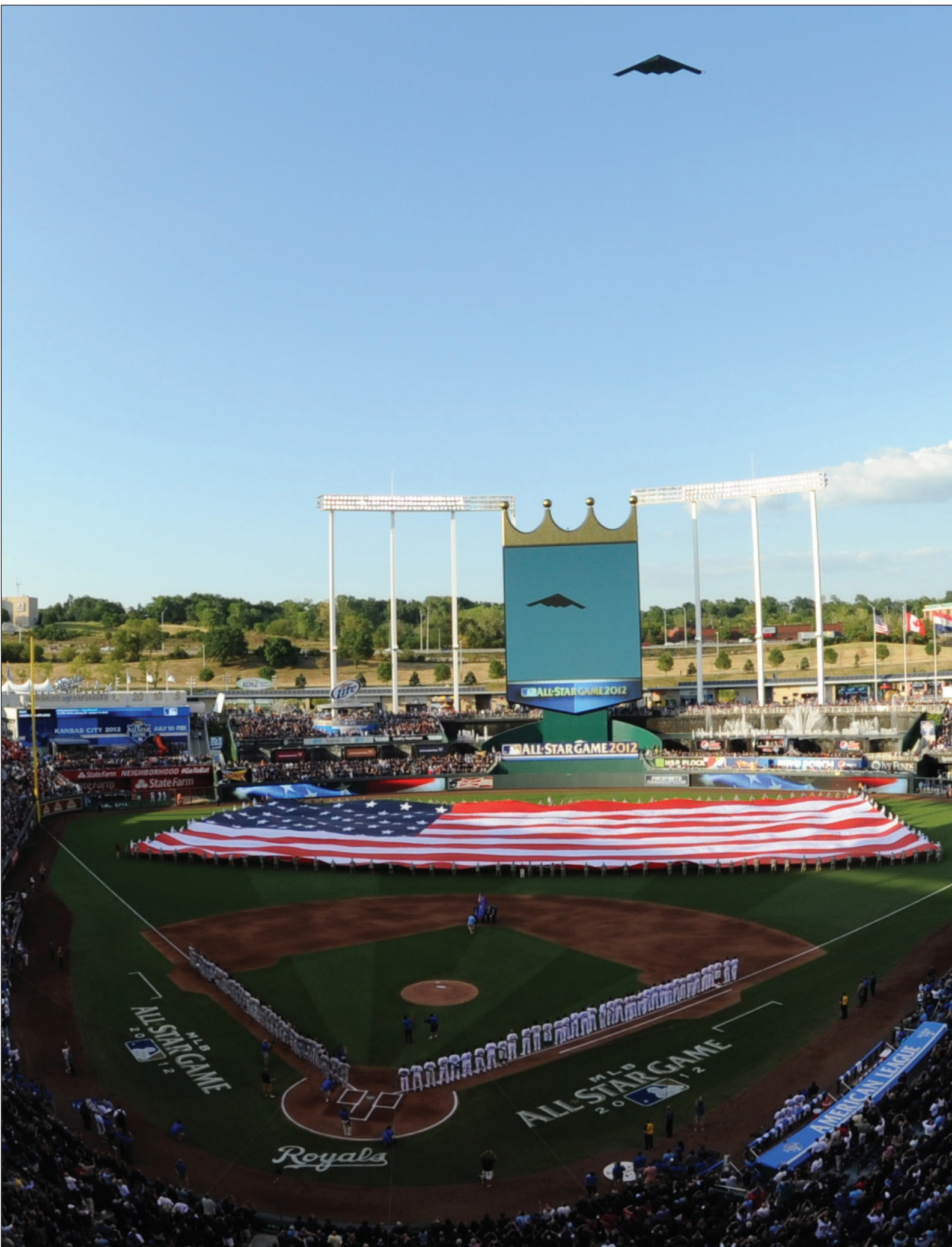


# WARRIOR

Vol. 3 No. 28  
July 13, 2012

## B-2 gives MLB fans a 'Royal' welcome



### ON THE INSIDE

#### Annual Feds Feed Families campaign is underway

The fourth annual "Feds Feed Families" Food Drive is currently underway and Team Whiteman is doing their part to help the Department of Defense reach its goal of collecting 1.5 million pounds of non-perishable food items.

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#### From the Frontlines: Staff Sgt. Nathan Cornine

On Jan. 21, 2012, Staff Sgt. Nathan Cornine, 509th Logistics Readiness Squadron vehicle operator and dispatcher, returned from his deployment to Camp Arifjan, Kuwait.

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#### Talon postflight inspection keeps the sky safe



The T-38 Talon has a unique mission here as a companion; being the choice aircraft to train B-2 Spirit pilots and keep their hours current.

8-9

#### Independence Day extravaganza

Team Whiteman and their families enjoyed the Whiteman fireworks and took part on the Independence Day celebration July 4.

12

### WEATHER

<b>Today</b> Mostly Sunny Hi 94 Lo 69	<b>Saturday</b> Sunny Hi 95 Lo 74
<b>Sunday</b> Mostly Sunny Hi 93 Lo 72	<b>Monday</b> Mostly Sunny Hi 97 Lo 75

Courtesy of National Weather Service

U.S. Air Force photo/Airman 1st Class Bryan Crane

KANSAS CITY, Mo. -- A B-2 Spirit flies over the Major League Baseball All-Star Game Tuesday, as members of Team Whiteman hold the American Flag on the field. The 83rd Annual MLB All-Star Game hosted 107 members of Team Whiteman who participated in a flag detail. See page 5.



## Know your threats; counter them with a good plan

By Col. Gregory S. Champagne  
131st Bomb Wing commander

We all had previous lives and experiences prior to entering the military. I was a police officer in the greater St. Louis area. I gained much experience in dealing with people in unusual circumstances and much of the activity I dealt with was the lack of personal accountability.

When dealing with the public, there was always a reason of why it was not "my" fault. Do we obey our laws because we do not want to be caught, or do we obey these laws because it is the right thing to do?

We in the military set the example of what society expects from its citizens and the Air Force core values reflect this belief. As a wing commander, one of my responsibilities is dealing with Airmen who lack personal accountability. We have Airmen arrested for driving under the influence multiple times every year. As I pull into Spirit gate each morning and see airmen walking who received a DUI, it is like a punch in the gut. What did they not understand? Where was their Wingman? How did we fail them?

In America, the consumption of alcohol seems to be glamorized through advertisements, sports and the overall acceptance of alcohol. During my 18 years as a commander I never met a person who said, getting a DUI was not so bad. Everyone was embarrassed, ashamed of their lack of personal accountability and it changed their lives.

Once you are arrested, your security clearance is pulled (you are now a liability to your team), your name is in the local newspaper (not in a good way), your license is suspended (base privileges included), you have to hire a lawyer

(not cheap), and you will always have a police record (after military service, most civilian employers will ask if you ever been arrested for DUI.) If you hurt anyone while under the influence, all bets are off; you stand a good chance of seeing jail time.

As a young aviator I learned to always be prepared for a threat and to counter those threats. I see drinking and driving as a threat and we need to counter it. If you are going out and alcohol is in the forecast, what is your plan?

Waiting to figure out what to do later in the evening is not a plan. Thinking that I will have just a couple of drinks and time will be on my side, is not a plan. Having a blood alcohol content of .08 will get you arrested and it does not take much alcohol to get to that level. Keep in mind when you are pulled over the police officer's observations are what seals the DUI case, the breathalyzer is additional evidence. If you're consuming alcohol have your plan before you depart for the evening. Having a designated driver (Wingman) is a great plan. Whiteman has a great designated driver program and there is no doubt in my mind if you call anyone in your group they will take care of you. Last resort, there is always a taxi; I assure you a taxi costs much less than legal fees and your career.

There is absolutely nothing good that will come if you are stopped while driving after you have been drinking. If you have gotten away with drinking and driving in the past, file this in the area of pure luck. Don't be a statistic. You can be the best Airman in every way, but if you're arrested for DUI, all the hard work you have done will be for nothing.

## What does your leadership footprint look like?

By Chief Master Sgt. Monty Reeder  
90th Maintenance Group

F. E. WARREN AIR FORCE BASE, Wyo. -- Leadership is a dynamic process. It cannot be cut out of a pattern and applied to every new supervisor that comes along. If it could be, every leadership footprint would be the standard men's size 10 or women's size 7 with a Government Issue tread design. The prints would be absolutely indistinguishable and there would never be any change or improvement.

I actually came upon the idea of looking at leadership this way while attending an Airman Leadership School graduation ceremony. The theme of the class presentation that night centered on what footprint they wanted to leave on the Air Force as they progressed through it. That was a thought-provoking concept. After contemplating that theme, I concluded that we should all strive to leave a footprint; even though many may look similar, they could all be as different and distinct as a finger print. Even though our chosen profession exists in a strict, by-the-book, regimented environment, there is not a text book-driven right or wrong way to lead. Each of us must learn to lead in our own way. We must adapt not only to changing situations but also to the diverse mix of personnel we encounter in our journey through the Air Force. Therefore, as we look back on the footprints we have made, we may see many

prints that look similar, but one should be distinctively our own.

Now, at the risk of sounding like I am bragging, I want to tell you about the best compliment I ever received. It was from a senior non-commissioned officer whom I worked with on a headquarters assignment. He told me at his retirement I had shown him that "you can be a leader and still be yourself." I thought to myself, what more could I ask for? To me it was the ultimate compliment. I had left a footprint and in the eyes of someone who was working with and for me; it was completely unique. That one simple statement meant more to me than all the contents of a career's worth of enlisted performance reports.

A leader's style must be cultivated, changed and adapted every day of our military career. It must be situational, flexible and always mission focused. We should look at those leaders we encounter and see what works and what doesn't work. We should adopt the things that are effective and discard the things we think are not. We should think about how we respond to different types of leadership, and keep that in mind when deciding how to motivate those we are responsible for. We should be ready to adapt to any situation on any day without degrading our ability to effectively accomplish the mission. There are times when the direct,

in-your-face, not-asking-for-a-consensus style is the only correct choice. There are also times where you can let your folks assist in deciding the direction of your team, shop or organization. There are even times when you can step back and let others choose the course. None of these tactics are perfect for every situation. The way you choose to move between or combine these styles, and the many variations of these styles, will determine the footprint you leave behind.

I challenge you to look back at the end of each and every day and see if you left a foot print. If you did, can you pick yours out of the crowd? Can those who you are charged with leading pick your prints out? If your prints are distinguishable to you and to those you lead, you are being yourself. If your prints are distinguishable and you are meeting your mission, you are leading. As I look back over 25-plus years in this great Air Force, I can see many footprints. Some of them are very heavy and some are very light. I can see those that are unique and can almost always name the person who left them. I can see some that are indistinguishable and I have no idea whose foot they came from. I like to think I can pick mine out, and I sincerely hope those behind me can as well. I have just one question for each of you - what do your footprints look like?

## THE WARRIOR

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The deadline for article submissions to the Warrior is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions does not guarantee publication.

For more information, call the Warrior office at 660-687-6123, email: Whiteman.Warrior@whiteman.af.mil, fax us: 660-687-7948, or write to us at:

509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

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## NEWS BRIEFS

**Free Pool Party for Airmen**

'Wing It' at Whiteman is sponsoring a free pool party for Airmen (E-4 and below only) and their spouses from 9 p.m. to midnight today at the Whiteman AFB pool. Activities, games and a disc jockey will be on site to keep the party going. No children allowed. For more information search 'Wing It at Whiteman' via Facebook.com

**American Red Cross Blood Drive**

The American Red Cross Blood Drive is scheduled from 11 a.m. to 5 p.m. today at the Whiteman AFB Community Activity Center. All blood types are needed to ensure the Red Cross maintains an adequate blood supply. A blood donor card or driver's license or two other forms of identification are required at check-in. Donors must be in general good health, weigh at least 110 pounds and be at least 17 years old (16 with completed parental consent form). New height and weight restrictions apply to donors 18 and younger. Call 1-800-RED CROSS (1-800-733-2767), or visit [redcrossblood.org](http://redcrossblood.org) for more information or to make an appointment.

**Balfour Beatty Communities Lifeworks Events**

Balfour Beatty Communities Lifeworks offers free events open to military personnel and their families. Events are held at the Lifeworks House, 245 Selser Dr., Whiteman AFB.

**Monday:** 10 a.m. -- Bumps 'n' Babes - For expectant mothers and mothers with babies under one year of age, come join us as we talk 'all things' baby related and share experiences.

**Tuesday:** 2 p.m. -- A Million Thanks. Children and adults are welcome as we write, draw letters and pictures to send overseas to our troops.

**Wednesday:** 1 p.m. -- Cooking Class. Join us as we make a fresh dish from scratch.

**Thursday:** 10 a.m. -- Playgroup. Children of all ages are invited to come play with us and make new friends.

**July 20:** 3 p.m. -- Make Stuff. Adult Crafting- Crafting's not just for children. Join us as we make fun, useful, adult crafts.

Search [whitemanhomes](http://whitemanhomes) via Facebook.com for more information, or call 660-687-0559.

**Fitness Center Without Water**

The Fitness Center will be without water for bathroom and locker room fixture replacement until further notice. The facility will remain open for use, but shower use will not be available. Toilets will be porta-potties and drinking water will be in fitness center coolers. For questions, contact Michael Taylor, 509th Force Support Fitness director at 660-687-5493.

## Independence Day extravaganza



U.S. Air Force photo/Senior Airman Nick Wilson

Members of Team Whiteman enjoy an "explosive" fireworks display July 4 during the Whiteman Independence Day Celebration at the Ike Skelton Lake. More photos can be found on page 12 and at [whiteman.af.mil](http://whiteman.af.mil).

## AFGSC Airmen accept challenge to do something amazing this summer

By Joseph Murray

Air Force Global Strike Command  
Public Affairs

**BARKSDALE AFB, La.** -- Rappel down a mountain lately? Bike across the state? Learn a new ski trick at the lake? If so, Air Force Global Strike Command wants to hear about your amazing outdoor adventures this summer.

Air Force Global Strike Command is partnering with the American300 tour for the "Do Something Amazing Outdoors Challenge."

This challenge will send the winning Airman to California for a behind the scenes look at JHC Hero Racing Team's pre-Baja 1000 training camp as they prepare to run

the Baja 1000 off-road race through the deserts of Mexico. The Hero Racing Team features "Monster" Mike Schultz a competitive driver who designed his own prosthetic in order to continue racing.

Shultz is a dedicated competitor who has been racing motocross since 1997, in 2008 he underwent an above the knee amputation but continued to compete and race in both motocross and snocross. In 2010 he was inducted into the Athletes with Disabilities Hall of Fame.

By linking Airmen with civilians who have attained excellence from different walks of life, the command is reinforcing its goals of establishing a model command with resilient Airmen motivated toward excellence.

The Challenge runs June 20 through Sept. 22. Upload a picture, video or story about yourself doing something amazing in the outdoors to the "Do Something Amazing Outdoors Challenge" Facebook site for a chance to win the trip.

In addition, the first 50 Airmen from each base who post a submission to the Facebook site and log it at their base Outdoor Recreation office will receive a free pair of Crocs once the base logs 50 submissions from 50 different people.

All accepted submissions must be legal, and they must be safe. Show us what you've got, and do something amazing.

To see the complete rules and submission guidelines check out the site: [facebook.com/dosomethingamazingoutdoorschallenge](http://facebook.com/dosomethingamazingoutdoorschallenge)

## Annual Feds Feed Families campaign is underway

By Candy Knight

509th Bomb Wing Public Affairs

The fourth annual "Feds Feed Families" Food Drive is currently underway and Team Whiteman is doing their part to help the Department of Defense reach its goal of collecting 1.5 million pounds of non-perishable food items.

A 2011 U.S. Department of Agriculture report stated that 14.5 percent of the population was food insecure at least some time during the year. This means that in 17.2 million households, one or more household members' eating patterns were disrupted because the household did not have enough money to purchase food.

The Feds Feed Families Food Drive encourages federal employees to participate by bringing non-perishable food items to designated collection centers. The food is then distributed to local community food banks.

"The program is voluntary," said Tech. Sgt. Matthew Ruggiero, 509th Bomb Wing NCO in charge of Chapel Operations. "The Office of Personnel Management launched the program to help restock local food banks and assist children who may lack nutrition

programs that are only available during the school year."

According to the Feds Feed Families website, the campaign has collected more than 8 million pounds of food and non-perishable items over a three-year span. During the 2011 campaign, federal government agencies collected more than 5.7 million pounds of food, nearly three times more than the 2 million pound goal. The DOD contributed 2 million pounds alone.

"The 2012 goal for DOD is 1.5 million pounds of non-perishable food items," Ruggiero said. "The base doesn't have an individual goal, but the Air Force's assigned target is 348,000 pounds."

Whiteman's central drop off point for non-perishable food items is the base commissary at the blue bins located near the exit doors. The 509th Logistics Readiness Squadron will weigh the donated items on Fridays.

The food will then be delivered to local food banks in Kansas City, Mo., and surrounding areas July 24-25 and again Aug. 28-29.

The food drive is schedule to end Aug. 31. For more information, visit <http://www.fedsfeedfamilies.gov/>

For needed items list, see page 10



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# Airmen take part in MLB All-Star game ceremonies



U.S. Air Force photos/Airman 1st Class Bryan Crane

KANSAS CITY, Mo. -- Members of Team Whiteman conduct a flag detail during the 2012 Major League Baseball All-Star Game at Kauffman Stadium Tuesday.



KANSAS CITY, Mo. -- Members of Team Whiteman put together the American flag before the 2012 Major League Baseball All-Star Game at Kauffman Stadium Tuesday.



KANSAS CITY, Mo. -- (LEFT) Members of Team Whiteman practice flag detail before the 2012 Major League Baseball All-Star Game at Kauffman Stadium Tuesday. (ABOVE) Members of Team Whiteman walk onto the field at Kauffman Stadium to perform a flag detail.





# MXS Airman earns OTS slot

By Airman 1st Class Bryan Crane  
509th Bomb Wing Public Affairs

There are many ways for somebody to become an officer in the U.S. Military. For enlisted members, though it can be difficult. The easiest way to get commissioned is through Officer Training School, according to Senior Airman Nathan Siemens, 509th Maintenance Squadron phase inspection.

Even though the three months of OTS training can be difficult, it's the process of applying and awaiting the results that is the hardest part, according to Siemens.

It took a year for Siemens to go through the process and in April he found out he was accepted. Not only did Siemens get accepted for OTS but also pilot training.

"I have my civilian pilots license so I knew this is something I wanted to strive for, so I put all my effort into accomplishing my goal," said Siemens.

His next step was completing his bachelor's degree. Airmen applying can put their package in within two semesters of completing their degree.

For Siemens, 27, and close to the cut-off age of 30, it meant going to school full time online.

"I am lucky that my shop was flexible with me knowing I was trying to get my degree for OTS," Siemens said. "I would work full time and then go straight to completing my school work."

The next step he made was to go to the

education office where he got his initial guidelines of everything he needed to complete, including the official application.

"The application is the hardest part," Siemens said. "This is what makes or breaks everything and it helps if the higher-ups in your command give you good recommendations."

"As much as he had the support of his leadership, it was [Siemens'] dedication to his work and his education that earned him an OTS slot," said Senior Master Sgt. Nicholas Pflughaupt, 509th MXS maintenance flight chief.

"My advice for anybody else trying to go to OTS is to have your ultimate goal of being accepted," added Siemens. "Also keep little goals throughout the process to keep yourself going. Each time you get that little sense of accomplishment it pushes you further until you complete the ultimate goal."

The opportunity for Siemens was given to him because he worked hard for something he wanted, according to Pflughaupt. Now he hopes others will follow his footsteps.

"I think it's good for people to hear about me making it so that they know it's possible," Siemens said. "I was just a senior airman but now I have the chance to become an officer and I hope it motivates others to push themselves."

Siemens embarks on his journey to become a second lieutenant beginning July 24, when he heads to Maxwell Air Force Base, Ala., for OTS.

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Courtesy photo

CAMP ARIFJAN, Kuwait -- Staff Sgt. Nathan Cornine, 509th Logistics Readiness Squadron vehicle operator and dispatcher, returned from his fourth deployment to Camp Arifjan, Kuwait, Jan. 21.

## From the Frontlines: Staff Sgt. Nathan Cornine

By Heidi Hunt  
509th Bomb Wing Public Affairs

On Jan. 21 Staff Sgt. Nathan Cornine, 509th Logistics Readiness Squadron vehicle operator and dispatcher, returned from his deployment to Camp Arifjan, Kuwait.

During his six months in Southwest Asia, Cornine performed many responsibilities to include line haul convoy duty and being a radio technician operator.

"I maintained more than 200 single channel ground and airborne radio systems, more than 20 military tracking system computers and more than 20 counter remote explosive weapon devices," Cornine said.

He directly contributed to keeping communications and safety throughout a four to seven truck convoy.

"This kept the mission of delivering hundreds of thousands of short tons of cargo through the country of Iraq and Kuwait in support of the largest withdrawal operation of United States assets since World War II," said Cornine.

Every Forward Operating Base depended on his unit to arrive to their location and upload all cargo designated for redistribution or retrograde of U.S. property, according to Cornine. In doing so, his team would travel some of the most dangerous and treacherous roads in the world.

"The threats of terrorists attempting to 'run the U.S. military out of Iraq' and the beginning closures of these FOBs, combined to significantly decreased the services that supported and provide our convoy with the minimal amenities."

His day-to-day duties were to carry bags to the up-armored tractor-trailers that protected him from harm. Additionally, he inspected the trucks before leaving base.

"We drove anywhere between eight-to-12 hours on a short day or more than 16 hours on any other given day," Cornine said.

Cornine's deployed duties varied from those at his home station.

"Any operator will tell you that there is a different mindset switching from deploying and convoy duty," he said.

Since he started convoys in June 2004, Cornine said his job varied, "going from driving five-ton tactical-trucks with crew-served weapons such as a .50 caliber and a M249 machine guns, to driving up-armored tractor attached to 40-foot flatbed trailers loaded down with more than 80K pounds and now closing the chapter on an eight-year routine."

Master Sgt. John Leach, 509th LRS NCO in charge of vehicle operations, said Cornine is dedicated to the mission.

"After four tours of convoys and a new family, he is still one of the first to volunteer to go," Leach said.



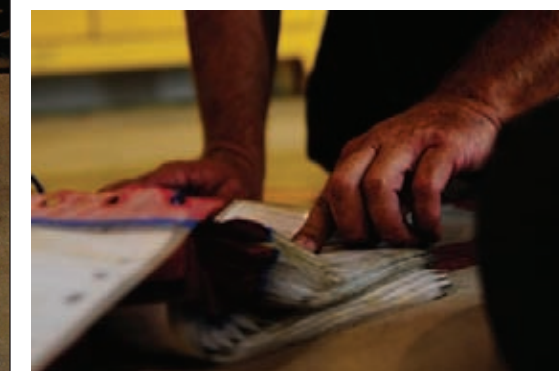
# Talon postflight inspection keeps the sky safe



Jim Sollars and Randy Tapley, M1 Support Services contractors, replace a T-38 Talon's nose gear tire and bearings during an hourly postflight inspection here July 3. Keeping the Talon in the sky requires M1 employees to conduct a scheduled HPO inspection every 225 flight hours, including the aircraft's airframe gear mounted box's oil and filter being replaced, oil in the engine's power packs being checked and ensuring wing security.



Jim Sollars, M1 Support Services contractor, places a new tire on a T-38 nose gear during an hourly postflight inspection July 3. An HPO inspection is conducted when a Talon accrues 225 flight hours.



Jim Sollars, M1 Support Services contractor, follows an operation manual to replace a T-38 Talon nose gear tire during an hourly postflight inspection here July 3. Although M1 employees are experts in dealing with the mechanics of a T-38 and have been working with the aircraft for years, manuals are always followed to ensure standard maintenance practices, quality assurance and that no steps are skipped.



Jim Sollars, M1 Support Services contractor, closes an airframe gear mounted box of a T-38 Talon with safety wire after replacing the oil and filter July 3.

Story and photos by Senior Airman Cody H. Ramirez  
509th Bomb Wing Public Affairs

The T-38 Talon has a unique mission here as a companion; being the choice aircraft to train B-2 Spirit pilots and keep their hours current. Oddly enough, with its dart shaped design, the Talon is the aircraft with the most similar flight characteristics to the Spirit.

With their unique job, Talon's accrue flight hours quickly, and each new hour brings a higher risk of something going wrong with the aircraft. M1 Support Services here provide preventative maintenance to combat that risk and keep pilots safe.

An hourly postflight inspection is conducted every time a T-38 accrues 225 flight hours. Jim Sollars, M1 Support Services contractor with more than 25 years of experience, said the HPO inspection "keeps the aircraft running smoothly and increases the longevity and life cycle of the airframe" while also ensuring aircrew members have safe and reliable aircraft to fly.

The HPO inspection consists of basic maintenance measures – lubing the aircraft's gears and flight controls; inspecting the main landing gear brake assemblies; replacing the nose gear landing wheel assembly; replacing the oil and filter in the airframe mounted gear boxes; checking the oil in the engine power packs; and inspecting the airframe for cracks and discrepancies.

All steps play an important role in maintaining the Talon fleet here, but inspecting the oil and airframe has the potential of preventing the largest mishap, according to Sollars.

"We inspect the oil for metal fragments," Sollars said, "If there are fragments, it is an indication that something is coming apart inside the gearbox assembly."

According to Sollars, it is important to check the oil thoroughly for debris because a deteriorating gearbox could cause an inflight emergency and ground an aircraft.

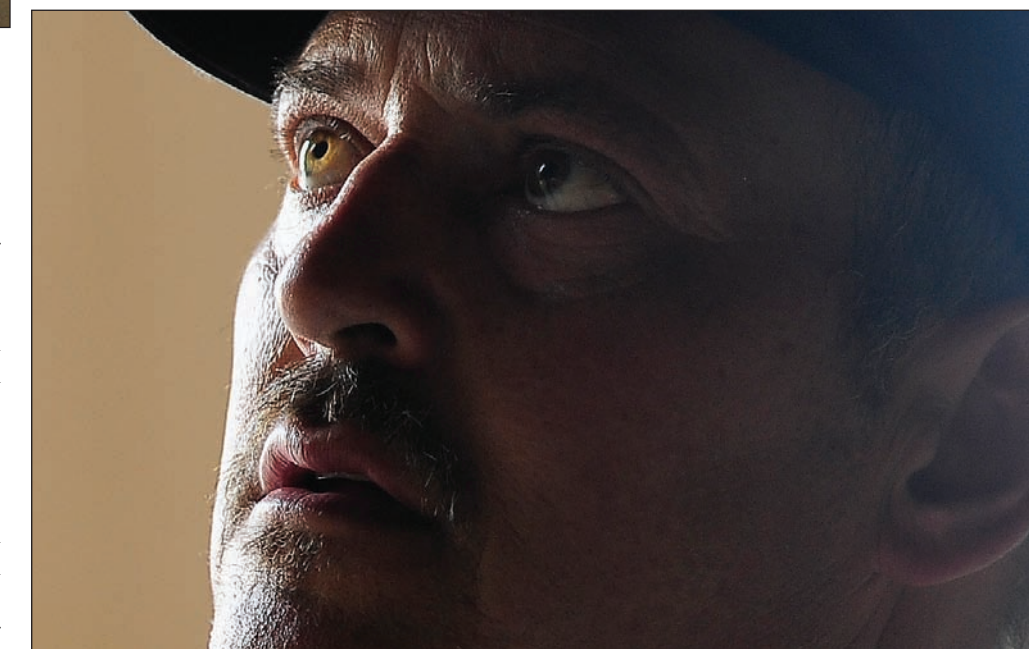
As the inspection progresses, Sollars contacts a member of the 509th Maintenance Squadron Non-Destructive Inspection shop to perform their inspection on flight control surfaces and other critical inspection points.

Staff Sgt. Heather Carrick, 509th MXS NDI journeyman said, "Something as simple as a small crack in the airframe could lead to major damage or even the loss of an aircraft."

In addition to the scheduled maintenance that goes along with an HPO inspection, any other discrepancies identified during the inspection are repaired.

The Talon is an old, but extremely reliable aircraft, and with proper maintenance, the Talon is a superior flyer, Sollars added.

Simple preventative maintenance conducted on a scheduled rotation goes a long way in ensuring the Talon's fly, keeping the aircrew safe and B-2 pilots trained for when the mission calls.



Randy Tapley, M1 Support Services contractor, inspects bolts securing a wing to a T-38 Talon during an hourly postflight inspection July 3. Maintenance as simple as tightening one bolt, could be the difference between a safe aircraft, according to Tapley.



# Preventing gum disease

By Capt. Adam Egge  
509th Medical Group dentist

Have you ever wondered what gum disease is or how to prevent it?

Gum disease is a generic term used to describe gingivitis and periodontitis. Gingivitis and periodontitis are two types of gum disease that involve inflammation of gums(gingivitis) and bone loss of the jaws that support the teeth (periodontitis).

Without proper home care practices of brushing twice daily and flossing once daily, the severity of gum disease progresses.

When we neglect to floss or brush properly we leave behind plaque. If plaque remains on teeth for an extended period of time due to poor home care, gums will appear red, inflamed and often bleed with gray or sloughing-tissue. The symptoms of soft gum tissues describe the effects of gingivitis.

If plaque is left in place for more than a day it can change into a hard, calcified material which is called calculus or tartar. The inflammation from gingivitis and the presence of calculus can cause the bone around the teeth to be lost in a process called periodontitis.

Sometimes gingivitis and periodontitis can cause a condition known as gum recession. This can give the appearance



of missing gum tissue between the teeth or be seen as exposed root surfaces. You may be experiencing the symptoms of recession when you feel cold temperature sensitivity.

People can prevent negative symptoms and conditions with daily flossing and brushing. Regular flossing with a C-shaped curvature of the floss along the teeth, going gently into the gums and brushing with an extra-soft toothbrush at a 45-degree angle against the sides of teeth is recommended.

Ask your dentist or hygienist to show you how the fight against gingivitis and periodontitis will help keep your teeth well into retirement. For more information, contact the Whiteman Dental Clinic at 660-687-2201.

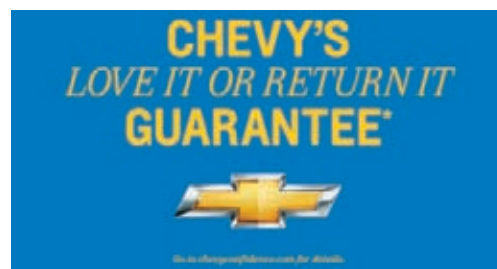
## 2012 "Feds Feed Families" Most Wanted Items:

- Canned Fruits (in light syrup or its own juices)
- Canned Vegetables (low sodium, no salt added)
- Multigrain Cereal (cheerios, cornflakes, grapenuts, raisin bran)
- Grains (Brown & white rice, oatmeal, bulgur, quinoa, couscous, macaroni & cheese)
- Canned Proteins (Tuna, salmon, chicken, peanut butter, beans)
- Soups (Beef stew, chili, chicken noodle, turkey and rice)
- 100 percent Juice (All sizes, including juice boxes)
- Condiments (Tomato based sauces, light soy sauce, ketchup, mustard, salad dressing, oils)
- Snacks (Individually packed snacks, crackers, trail mix, dried fruit, granola/cereal bars, pretzels, sandwich crackers)
- Baking Goods (Flour, sugar, baking powder, baking soda, spices, boxed mixes)
- Hygiene Items (Diapers, deodorants for men & women, feminine products, toilet paper, tissues, soap, toothpaste, shampoo)
- Paper Products & Household Items (Paper towels, napkins, cleaning supplies)

Continued from page 3

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## Official Whiteman AFB Facebook launched

Whiteman Air Force Base launched an official Facebook page and invites users to search Whiteman Air Force Base via Facebook and click "Like." Users can access Whiteman AFB news, features, sports, commentaries, photos, videos and more.





## Air Force claims -- Know your rights following a PCS move

**By Capt. Luke Nelson**  
509th Bomb Wing  
Assistant Staff Judge Advocate

During this year's Permanent Change of Station season, personnel can help alleviate any loss or damage to their household goods by learning the rules when goods are moved and preparing for a potential moving claim.

Create an inventory of what you own and its condition before Transportation Service Provider packs your household goods. Take photos of valuable items, family heirlooms and consider keeping such items in your possession during the move.

Unfortunately, damages can occur to your goods. If damage does occur, your property is covered under the provisions of the Full Replacement Value legislation enacted by Congress in 2006. Thus, TSPs are required to pay the full replacement value for any item missing, damaged, or destroyed during your move, or the TSP must replace the item. If a broken item can be repaired, TSPs can also be required to repair the item. They are also responsible for contacting a repair firm, unlike pre-FRV moves when the member was responsible for finding a repair firm.

The FRV program is benefit for Airmen and comes with changes to the process that you may not be aware of. Many Airmen are now required to use the Defense Personal Property System for the claims process, which is found at <http://www.move.mil>. Also, the FRV program requires Airmen to deal more directly with the TSP. For example, the Loss/Damage Report that lists damages and losses after delivery goes directly

to the TSP through DPS. Remember that filing a Loss/Damage Report is not the same as filing a claim. The Loss/Damage Report simply puts the carrier on notice that an Airman discovered additional damage or loss to an item since delivery. The TSP must receive the Loss/Damage Report within 75 days of delivery. Failure to meet the 75-day deadline could result in no reimbursement for those damaged or lost items not noted at the time of delivery.

Under the FRV program, you are required to file your claim directly against your TSP. In order for you to receive FRV, this claim must be made within nine months of delivery. If you miss the nine-month deadline, you can still file a claim up to two years from the delivery date, but you will receive only depreciated valuation, not FRV. Additionally, if you are negotiating with your TSP and would like someone within the Air Force to assist you, you can contact the Air Force Claims Service Center for support. If you receive an offer from your TSP that you believe is unfair, you can transfer your claim to the AFCSC. The AFCSC can only pay depreciated valuation in most situations. However, after paying your claim, the Air Force will file an FRV claim against the responsible TSP and could pay you any additional award recovered from the TSP.

For questions about claims or those needing help contacting the AFCSC, contact the Whiteman Legal Office at 660-687-6809 or DSN 975-6809. You can also reach the AFCSC directly at DSN 986-8044 or email [AFCSC.JA@wpafb.af.mil](mailto:AFCSC.JA@wpafb.af.mil).





# 4th of July Extravaganza



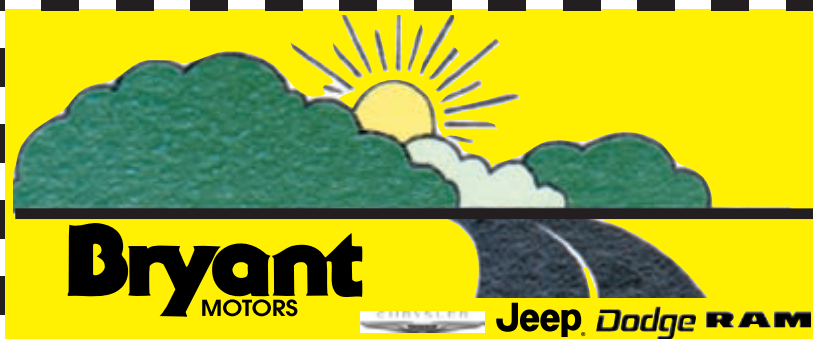
U.S. Air Force photo/Senior Airman Nick Wilson  
Children line up to participate in an egg and spoon race during the Whiteman Independence Day Celebration at Ike Skelton Park July 4. Base members and their families took part in the celebration hosted by the 509th Force Support Squadron.



U.S. Air Force photo/Senior Airman Nick Wilson  
Airmen from the 509th Logistics Readiness Squadron participate in a round of free golf at the Royal Oaks Golf Course as part of the Whiteman Independence Day Celebration July 4. Base members and their families took part in the celebration that included free golf, free swimming at the base pool, free bowling at the Stars and Strikes Bowling Alley, free hot dogs, games and a fireworks display.



U.S. Air Force photo/Senior Airman Nick Wilson  
Colin, four-year-old son of Donna and Staff Sgt. Carl Karnish, 509th Munitions Support Squadron munition storage crew chief, completes the children's obstacle course during the Whiteman Independence Day Celebration at Ike Skelton Park July 4. The day included a number of activities including karaoke with a live disk jockey, free hot dogs, contests with prizes, and two bouncy castles were available for children.



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## FEATURED EVENTS

### SATURDAY 7/14

**Family Bowling Special-12-4pm - Stars & Strikes**  
A family of up to 6 gets 1 lane for 1 hour of bowling, 1 large 1 topping pizza, shoes and soda. Only \$30 per package, Sat & Sun now thru April. For more information please call 687-5114.

### MONDAY 7/16

**Seniors Bowling- 10am-1pm- Stars & Strikes**  
Seniors join us for bowling on Mondays from 10am-1pm for \$1 a game and \$1 shoes. Try our Seattle's Best Coffee, or wait around for lunch service and enjoy a "Cobra Basket" or an "A-10 Burger Basket". Call 687-5114 for more info!

### TUESDAY 7/17

**Taco Tuesday-4-8pm-Mission's End**  
Join us for chips, salsa & a taco for only \$2, on every Tuesday evening! Call 687-4422 for more information.

### WEDNESDAY 7/18

**Boss & Buddy-3:30-7pm- Mission's End**  
Hang out after work and enjoy the cheapest hot wings around only .45 cents a wing! Call 687-4422 for more info.

### THURSDAY 7/19

**Cook's Night Off!- 5-8pm- Mission's End**  
July 19 & 26. Feed a family of 4, with Chicken Pot Pie, Dinner Rolls, Green Beans, and Cookies! Call in your order by 2pm, and pick up between 5-8pm. Members price is \$15.95, Non-Members price is \$18.95. Call 687-4422 for more info!

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JULY 13  
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**\$5 COVER**

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FSS Call 687-4422 for more info. Please Drink Responsibly.

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Call 687-5586 or stop by the Youth Center, to join the 2012 fun!

YP Like us on facebook! FSS

Stop in the Youth Center to learn more about what's available for you and your children!

WHITEMAN AFB FITNESS CENTER

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SATURDAY, JULY 14  
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FREE DEMO!  
@ 2PM  
INSTRUCTED BY: Arielle Zieja

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**\$30** - 1 hour of bowling shoes, soda & a 1 topping large pizza!  
(up to a family of six)

For more info call 687-5114

687-5496

## FSS NEWS FOR YOU!

The Whiteman AFB Jump Zone is available to the base community, for all sorts of fun! Book a party or simply jump into some fun! Call 687-5617 for more information.

**WHITEMANFSS.COM**

LIKE US ON FACEBOOK FOR MORE INFORMATION!  
facebook.com/whitemanmarketing

### FCC Orientation Class!

Receive training to become a licensed FCC provider on Whiteman AFB. The class is approximately one week long and runs from 8am-4pm. The classes are scheduled once 4 applications are received and there is need for new providers. Providers with chronic health problems are accepted. The program needs providers who are willing to care for infants and children during swing and evening shifts and children with special needs. Stop by the FCC office to grab an application. call us for more details at 687-5590.

**NEXT CLASS IS SCHEDULED, JULY 23-27. PROSPECTIVE PROVIDERS MUST HAND IN THEIR APPLICATION PAPERWORK TO BE ENROLLED IN THE CLASS. PLEASE CALL IF YOU HAVE ANY OTHER QUESTIONS.**

See what's available from our Whiteman AFB Library!

### DID YOU KNOW?

The Whiteman AFB Library is available to provide online resources overview briefings for your base office, Commander's Calls, etc.  
Providing information about; Personal Career Development, College/University Research, Test Preparation and Practice Tests, Foreign Language Learning & Cultural Awareness, K-12/Homeschooling Resources and more!  
Please contact the Library Director @ 660-687-5614 to schedule.

509 FSS PAGE EDITOR: KYLE C. HAMRICK  
**CONTACT US! 687-7929**



**TEAM WHITEMAN COMMUNITY**

**American Red Cross Volunteer Opportunity at Whiteman AFB** — The American Red Cross has multiple volunteer opportunities at the 509th Medical Group. Anyone interested in volunteering should first contact the Medical Group's volunteer coordinators in the Resource Management office, room 1130, or call 660-687-6782. Volunteers can serve in a variety of service positions including patient check-in, answering phones, records management, pharmacy, lab, radiology support and other general administrative functions. Professional volunteers are also welcome. The MDG volunteer coordinator will help those with the Red Cross volunteer application process. More information and forms can be found at <http://www.redcross.org/en/volunteer>.

**Volunteer opportunities for High School Students (dependents)** — High school sons or daughters of active duty Air Force members can volunteer up to 250 hours over the four years of high school, with a maximum potential of \$1,000 toward college or vocational-technical school. The Youth Employment Skills Program is an Air-Force-wide program that offers high school students the opportunity to learn new skills, volunteer their time while helping their community and receive money toward their educational endeavors. For every hour volunteered, \$2 will go to base youth programs to support recreational improvements, computer labs, and other programs. For more information about the YES program, contact Whiteman Youth Programs at 660-687-5586 or search Whiteman AFB Teen Programs via Facebook and click "Like."

**Found property** — Keys, wallets, bicycles, jewelry, cellular telephones and other items have been turned in as found property to Security Forces Investigations. To inquire about lost property, go to building 711, room 305, or call 660-687-5342. Vehicles have been identified as suspected abandoned and will be towed at the owner's expense. For more information about vehicles, contact Steven Scott at 660-687-5342.

**Airmen Against Drunk Driving** — AAADD is a Whiteman Active Airmen Association program designed by Airmen to provide Whiteman personnel, with a valid Department of Defense ID card, (active duty, retirees, Guard, Reserve, cadets and dependents) a free safe ride home 24/7 in the local area by dialing 660-687-7433 (RIDE) or 1-888-516-0013 when they've had too much to drink and their coordinated plan has fallen through. The local area includes: Warrensburg, Knob Noster, Windsor, Sedalia and Whiteman AFB. Rank, name, and age are kept confidential. Rather than risk your life and career, take advantage of AAADD.

**Palace Chase Briefing** — Palace Chase Briefings are held the third Wednesday of every month at 11 a.m. in the Professional Development Center, building 519, room 101. For more information, contact Master Sgt. Rodney Harrell, in-service Recruiter at 660-687-1868 or 660-460-1041.

**Whiteman AFB Domestic Abuse Vic-**

**tim Advocate 24 Hour Emergency Crisis Line** — Whiteman AFB Domestic Abuse Victim Advocate 24 Hour Emergency Crisis Line is available 24/7 for safety planning, support and referrals. Victim advocates can be reached during duty hours and for non-emergencies at 660-687-4341.

**Retiree Activities Office** — The Retiree Activities Office provides an interface between the active-duty and the retiree population from all military branches. The RAO is staffed by volunteers and open from 9 a.m.-3 p.m., Monday through Friday. The RAO is looking for volunteers and training is provided. For information, call 660-687-6457 or 1-800-303-5608 or email [rao@whiteman.af.mil](mailto:rao@whiteman.af.mil).

**Breastfeeding Support Group** — Breastfeeding Support Group is a 90-minute support group offered to Whiteman members and is the first Wednesday of every month from 11:30 a.m. -1 p.m. at the A&FRC. Contact Briana Kovach at 660-687-0368 for information. Children are welcome and should bring something to play with. No RSVP needed.

**FAMILY ADVOCACY OUTREACH Stress Management** — Stress Management is a one-time 90-minute session support group and is offered the first and third Friday of every month from 3-4 p.m. in the Airman & Family Readiness Center. Students will learn how different stressors make an impact and how to make positive changes to reduce stress. To sign up, contact 660-687-4341.

**1-2-3 Magic** — 1-2-3 Magic is a two-session research-based parenting skills class offered twice a month on the second and fourth Tuesday from 2-4 p.m. It teaches parents easy-to-follow steps for disciplining children ages two-12 without yelling, arguing or spanking. Parents will learn how to get their children to stop doing what they don't want them to do and encourage them to start doing what they want them to do. Parents will learn techniques for handling misbehavior in public and dealing with testing and manipulation. Reservations required, call 660-687-4341.

**Common Sense Parenting** — Common Sense Parenting is offered in three, 90-minute classes every month and is scheduled according to the parent's needs. The Family Advocacy Program offers two different classes. One for parents of children ages 3-5 and another for parents of children ages 6-16. This class will demonstrate how to give clear messages, stay calm and teach child self-control as well as prevent misbehavior. Reservations required, call 660-687-4341.

**You, Your Children & Divorce** — You, Your Children & Divorce is a 90-minute class offered twice a month on the second and fourth Tuesday from 11 a.m.-12:30 p.m., for individuals with children whose parents are in the process of a divorce. Class content focuses on helping parents help themselves and their children through a divorce successfully and minimize negative effects on the children. Reservations are required. Call 660-687-4341 for more information.

**This Weekend at the Movies**

**Snow White and The Huntsman**

Saturday, 7 p.m.

Rated PG-13

*Kristen Stewart, Chris Hemsworth and Charlize Theron* -- Snow White is the only person in the land fairer than the evil queen, who is out to destroy her. But what the wicked ruler never imagined is that the young woman threatening her reign has been training in the art of war with a huntsman who was dispatched to kill her. Joining her is the prince, long enchanted by Snow White's beauty and power. 127 minutes.

**Men In Black 3**

Sunday, 3 p.m.

PG-13

*Will Smith, Tommy Lee Jones, and Josh Brolin* -- Agent J and K are back ... in time. Agent J has seen some inexplicable things in his 15 years with the Men In Black, but nothing, not even aliens, perplexes him as much as his wry, reticent partner. But when Agent K's life and the fate of the planet are put at stake, Agent J will have to travel back in time to put things right. Agent J discovers that there are secrets to the universe that Agent K never told him - secrets that will reveal themselves as he teams up with the young Agent K to save his partner, the agency and the future of humankind. 103 minutes.

*Movie showings are featured at the Whiteman AFB Movie Theater. Call the movie line at 660-687-5110 for more information. Cash or check only.*

*\*Movies are \$4.50 for adults and \$2.25 (3-11 years).*

*Doors open 30 minutes prior to show time.*

*\*Movies and ticket prices are subject to change without notice.*



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## FREE Classified Advertising in the Whiteman Warrior

### READ ALL RULES BEFORE PLACING AN AD

- Advertising is free to all active-duty, guard and reserve military members and civil servants who work on base or at the MoARNG in Warrensburg only. Military or civil service rank must be included in the space for "rank." We do offer free advertising to retired military members.
  - Ads of a commercial nature such as baby-sitting, lawn maintenance, house cleaning, product sales, apartments or houses for rent, work-at-home opportunities or any other service in which the person makes a profit must be prepaid. Paid ads must be placed directly through the Sedalia Democrat at 1-800-892-7856, dropped off at 700 S. Massachusetts Ave., Sedalia, Mo., 65301 or e-mailed to theclassifieds@sedaliademocrat.com. They accept VISA, MasterCard, cash, personal check or money order.
  - Free ads are for one-time sale of personal items only. Free ads can't be placed for churches, groups, clubs, organizations or friends not affiliated with the military. Each item must be sold for \$150 or less.
  - Only one free ad\*, maximum 30 words, will be allowed to run at any given time by the same household, for a maximum of eight weeks. Ads over the 30-word maximum will be edited at the publisher's discretion.
- \*People who are PCSing may place more than one ad and sell the items at any price.

- Include your home phone in the ad so people can contact you. USE OF DUTY PHONES IN ADS IS AGAINST AIR FORCE REGULATIONS.
- Print legibly, and place punctuation and spaces where necessary. Use only one word per line.
- Free ads aren't taken over the phone. They must be dropped off at or mailed to the 509th Bomb Wing Public Affairs Office, 1081 Arnold Ave Blvd, Bldg 59, Whiteman AFB, Mo., 65305. Ads may also be faxed to 660-687-7948.
- Many offices on base are using old forms\*\*. If you would like a copy of the new ad form to keep in your office, call 687-6123 and we'll fax a new form for your use. Or, you can download it at <http://www.whiteman.af.mil> and click on "Whiteman Warrior Classified Ad Form."
- Homes for sale that are listed with a realtor must be paid for. Only people who are PCSing and selling homes FSBO (for sale by owner) qualify as a free ad.
- Free yard sale ads are for active-duty, guard, reserve and retired military members living on or off base. People who live on base must have their yard sale approved by the housing office first.
- The deadline for placing new ads, canceling or making changes to ads is 10 a.m. Friday, one week before desired publication.
- Ads that don't meet these guidelines will not run. Free advertising is a privilege extended to you by the publisher, and your cooperation is greatly appreciated. Submissions do not guarantee publication. Publication is on a space available basis.

Services Offered 69

Daycare Centers 84

Daycare Centers 84

Daycare Centers 84

Help Wanted 90

Apartments For Rent 207

Houses For Sale 249

Automobiles 300

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Help Wanted 90 Help Wanted 90

**Misc. For Sale 135**  
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Houses For Sale 249

**HOT TUB- 5/6 Person Spa-2012 Model, New- not being used. Cost \$7900, Take \$3200 or best offer. Can deliver. Call 417-353-2455.**

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Houses For Sale 249



Houses For Sale 249



Upcoming Events 27

Upcoming Events 27

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