



## **Let's Move! Museums & Gardens Monthly Report February 2012**

Each month, the Institute of Museum and Library Services (IMLS) provides a status report of the *Let's Move! Museums & Gardens* initiative. This update is sent to the White House, partners and participants. The report highlights success stories and recent announcements and provides an up-to-date listing of participating institutions and a sampling of social media mentions.

If you wish to submit success stories, please email a 150-word article with photos to [letsmovemuseumsandgardens@imls.gov](mailto:letsmovemuseumsandgardens@imls.gov). In addition to your submitted photos, please be sure to include a signed copy of the IMLS Photo Release form, which can be accessed at [http://www.imls.gov/assets/1/AssetManager/IMLS\\_Photo\\_Release.pdf](http://www.imls.gov/assets/1/AssetManager/IMLS_Photo_Release.pdf).

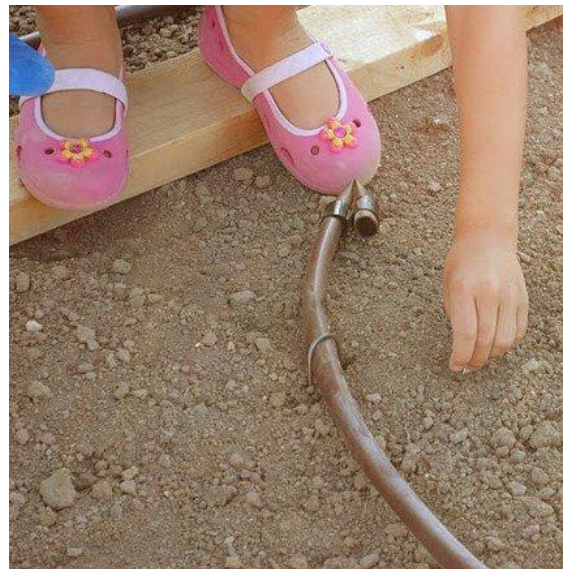
For additional programming and communication resources, the *Let's Move! Museums & Gardens* Toolkit is available at [http://www.imls.gov/assets/1/AssetManager/LMMG\\_Toolkit.pdf](http://www.imls.gov/assets/1/AssetManager/LMMG_Toolkit.pdf).

### **Success Stories**

#### ***Fort Concho National Historic Landmark***

A Historic Project on a Historic Landmark  
San Angelo, Texas

Kids Eat Free started the second phase of the Tom Green County Hunger Initiative in the summer of 2011 by designing and planting a pilot garden at Fort Concho National Historic Landmark--“A Historic Project on a Historic Landmark.” This project is located close to the original post garden of 140 years ago. With the help of our three Vista Summer Associates, the donation of wood and top soil, and a small grant from Share Our Strength, we were able to build ten raised beds in the area behind the original site of the Fort Concho Post Hospital. The water and land were donated by Fort Concho, and Rust Street Ministries provided the drip systems for the raised beds. The plots were adopted by families who live in the Fort



Concho neighborhood or by children who attend Fort Concho Elementary School. In the summer of 2012, we will be adding five more plots to the initial garden. All this is possible through an exciting partnership consisting of Fort Concho National Historic Landmark, Rust Street Ministries, Fort Concho Elementary School, Master Gardeners, and the Tom Green County Hunger Initiative. We plan to expand this garden concept into other neighborhoods in the years to come.



### ***Center of Science and Industry (COSI)***

Exhibits on Healthy Living  
Columbus, Ohio

This series of exhibits challenge participants to test their speed, agility, heart rate, flexibility and strength and see how they compare to others. The exhibits were sponsored by Abbott Nutrition and Cardinal Health Foundation, and supported in part by a grant from the Institute for Museum and Library Services.



**The Heart Rate Arena** – Participants test their speed, agility and heart rate as they race against an opponent to touch as many buttons as they can during 30 seconds. They can record their heart rate before and after the activity and enter it at the Performance Station, to compare their results to others.



**The Strength Station** – Participants measure their upper body strength and record their numbers at the Performance Station to compare their results to other people like them on this indicator of overall fitness.

**The Flexibility Station** – Participants test their flexibility like the experts do and see the results. They can see how their flexibility, another important fitness indicator, compares to people like them at the Performance Station.



## Let's Move! Institutions

As of February 23, 2012, 524 institutions in all 50 states and the District of Columbia signed up. [Click here](#) to view the list of the institutions on the IMLS Web site.

Participating institutions by type:

- 1 Aquarium
- 4 Anthropology Museum
- 97 Arboretum/Botanic Garden/Public Garden
- 52 Art Museum/Center/Sculpture Garden
- 131 Children's or Youth Museum**
- 12 Ethnically/Culturally/Tribally Specific Museum
- 21 General or Multi-disciplinary Museum (several subjects)
- 2 Hall of Fame (e.g., music, sports, entertainment, media)
- 19 Historic House
- 23 Historic Site/Landscape
- 55 History Museum
- 8 Historical Society
- 1 Military Museum/Battlefield
- 10 Nature Center
- 16 Natural History Museum
- 25 Science/Technology Center/Museum
- 35 Specialized Museum (single topic/individual)
- 1 Transportation Museum (air & space, auto, maritime, train)
- 2 Visitor Center/Interpretive Center
- 9 Zoo/Animal Park
- 524 Total**

Participating institutions commitments by priority

Priority	Will Do	Currently Do	Not Applicable	Total
Priority #1: Eat healthy, get active exhibits	184	277	38	499
Priority #2: Learning about healthy food choices and physical activity through afterschool, summer and other programs	173	274	39	486
Priority #3: Healthy food service	68	151	237	456
Priority #4: Learning about healthy food choices and physical activity using food service operation	92	50	270	412

## Media and Social Media Mentions

### Blogs

*Let's Move! Museums & Gardens* was mentioned in the following blog post this month:

- Let's Move: Two Years of Healthy Changes for our Nation's Kids  
<http://www.whitehouse.gov/blog/2012/02/08/lets-move-two-years-healthy-changes-our-nations-kids>