

ETS PHYSICALS

PHYSICAL EXAM HOURS

MONDAY-FRIDAY

0630-1530

ALL APPOINTMENTS START

AT 0630

PHYSICAL PICK UP TIME

MONDAY—FRIDAY 1300-1530

SOLDIER SUPPORT CENTER

7TH FLOOR

APPOINTMENT LINE 907-7639

APPOINTMENT INFORMATION

- Once you know your terminal leave start date, you can walk-in any day with the exceptions of Wednesday.
 - ** Ensure that you fast (no eating or drinking anything but water starting at 2200 the night prior)
 - ** Your labs will be drawn after you have seen the provider
- Ensure that you arrive in your Physical Fitness Uniform
- Do not make any other appointments the day of your physical, you may be here all morning
- If you wear glasses bring them, do not wear your contacts the day of your physical.

• . YOU MAY PICK UP YOUR PHYSICAL

7-10 WORKING DAYS (providing you have completed your labs prior to your appointment and all results are back)

Frequently Asked Questions

Am I exempt from P.T. once I complete my ETS Physical?

No, you are still a Soldier, unless you have a Profile exempting you from PT, you are required to participate in Unit PT.

Can I walk-in for a physical instead of making an appointment?

Yes, this is the most preferred method, due to the fact that your ETS date may fall inside the current appointment booking window and there are no available slots.