Module 6 Overcoming Personal Challenges

OVC Can Help You Put the Pieces Together







Learning Objectives

- Recognize how privilege and prejudice affect attitude.
- Recognize how my own value systems influence my attitudes and impact my work.
- Explain the importance of selfreflection, especially as it applies to supporting crime victims with disabilities.



Welcome to Burgville

- Put on your badge.
- Find a job.
- Find a home.
- Get a loan.



Unearned Privilege

- A privilege is a right or advantage, and not necessarily bad if it's *earned*.
- Unearned privilege is an advantage as a result of birth, social position, or concession, not the result of talent, skill, or hard work.
- Unearned privileges are subtle; those who have them are often unaware of the privileges, while those who do not have them are very aware.

Cultural Values

- People congregate because of shared values.
- Overtime, shared values evolve into traditions and become cultural values.
- Cultural values holds a community together.

Personal Values

Personal values are a product of culture and a reflection of our backgrounds.

Values guide our behavior and form the foundation for our attitudes.

Values identify what is good, what is important, appropriate, etc.

***Values also determine our actions.**



Friends and Neighbors Worksheet 6.1

- Work alone to answer the questions on the worksheet.
- Be prepared to share your responses, if you feel comfortable doing so.

Our Comfort Zone

People are most comfortable around others who are a reflection of themselves.



Changes in Our Comfort Zone

- Many of us remain in our own comfort zones all our lives.
- But when something happens to us we lose a job for example we may become "different" within our own comfort zone.
- The transition can be awkward, but eventually we develop a new self-image and seek out people like ourselves.

Why It Is Important To Expand Our Comfort Zone

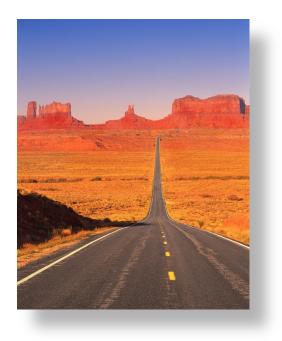
If we're only around reflections of ourselves, we'll never be truly comfortable with those who are not like us.

 We miss great opportunities to learn about the experiences of others.



Why It Is Important To Expand Our Comfort Zone

If we interact only with people like ourselves, we miss out on that "enlightening journey" with its "breathtaking views."



Reactions

Even if you are experienced working with diverse groups, you may occasionally be surprised by your reactions.

- Source of the second second
- When this happens, you lose an opportunity to expand your knowledge about that person.

Assisting One Another

- Crime victim service providers may feel they can't assist crime victims who have disabilities because of personal values and attitudes or lack of knowledge.
- Advocates for people with disabilities may feel the same way about crime victims.
- We would all benefit from broadening our comfort zones.
- You don't need to become an expert you just need to know what you do need.



Self-Awareness Inventory Worksheet 6.2

- Work alone to answer the questions on the worksheet.
- After finishing, select one or two items that are important to you and discuss them with your table group.
- Be prepared to share your responses, if you feel comfortable doing so.

From Discomfort to Comfort

- Discomfort is often good; it's a signal that something needs to change.
- To move from discomfort toward comfort you need information, time to process it, and time to become accustomed to it.
- Self-awareness and honesty are good places to begin.

Review of Learning Objectives

- Recognize how privilege and prejudice affect attitude.
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End of Module 6



Questions?

Comments?