

## Web Links

www.pcar.org www.nsvrc.org www.ncvc.org www.malessurvivor.org

PA Coalition Against Rape National Sexual Violence Resource Ctr. National Center for Victims of Crime Male Survivors of Sexual Abuse

## **Phone Numbers**

**SARC** 412.580.2632 Center for Victims of Violent Crimes (24hrs) 412.392.8582 Moon Twp Police 412.262.9000 **Security Forces** 412.776.7310 412.749.7076 Sewickley E.R. Off Base Emergency 911 412.263.3100 Red Cross Pittsburgh Chaplain (24hrs) 814.341.5374 **Deployed SARC** 

# RESOURCES

### What is Sexual Assault?

Sexual assault is defined as intentional sexual contact characterized by use of force, physical threat or abuse of authority or when the victim Sexual assault includes rape, nonconsensual sodomy (oral or anal sex), indecent assault (unwanted, ina propriate sexual contact or fondling), or attempts to commit these acts. Sexual assault can occur without regard to gender or spousal relationship or age of

•Sexual assault is a crime punishable under the form Code of Military Justice. It violates the Mi

'shall not be deemed or construed to mean the failure by the victim to offer physical resistance. Consent is not given when a person uses force, threat of force, coercion or when the victim is asleep, incapacitated, or unconscious.

### Surviving A Sexual Assault:

If you have been sexually assaulted, you have survived a terrible ordeal. The assault may have been committed by a stranger, intimate partner, or an

Regardless of who assaulted you that person has committed a crime. This brochure has been designed to assure you that you are not alone and that help is available to you. Reaching out is an important step towards recovery.

# Types of Military Reporting

Any report of a sexual assault made military reporting channels which includes the victim's chain of command, law enforcement, and the criminal investigative servi

•The SARC will be notified an Advocate to the individual if so desired

•Details of the allegation will be provide those personnel who have a legitimate need t

•Information about a sexual assault is command from an independent so

 An official investigation may be initi an independent report.

tary members to report alleg to specified personnel, withou estigation. Specified personnel im Advocates or chaplains. •Provi

cess to medical care, counseling and a ocate while not initiating the investigative

ded to give the victim additional time and sed control over the release and management their personal information.

•Empowers the victim to seek relevant information and support to make an informed decision about participation in the criminal process. •Family members, civilians and retired members are

not eligible to make a restricted report.

care is essential. Timely reports may help give you peace of mind and prevent other crimes. You are not alone. People are here to help. We are committed to helping you and your family members in the most sensitive and private way possible. No one responds to sexual assault in the same way. There are a wide range of emotions and feelings that may arise. The SARC/Victim Advocate can help put you in touch with all the resources and

If you are

sexually assaulted

Sexual Assault is NEVER the fault of the victim. You are

not to blame for what an-

other person has done to you. Immediate medical

assistance available to you. Healing is an ongoing process. Take care of yourself and ask for what you need. Guidelines for reporting Immediately report any form of sexual assault. Seek medical attention. Refrain from bathing. Do not change your clothes. Do not brush your teeth or use mouthwash. Do not eat or drink anything. Do not alter the crime scene. Why report your assault? Victims who do report often feel stronger knowing they are taking action to stop the assailant. You acknowledge what happened to

you was wrong, and your report may help to prevent future assaults.