

## Hot off the presses ... one last time

*Commentary from former editor Maj. Jim Roth*

The premiere edition of the SCANG News was published in February 1977. Sylvester Stallone's Rocky had just stepped into the ring for the first time; it looked like the Eagles had a serious hit on their hands with Hotel California; and I was rocking second grade. In addition to UTA dates, job vacancies and a poorly-drawn, barely-amusing cartoon about staff assistance visits, the two-page, type-written newsletter included a "Commander Speaks" column written by then chief of staff Brig. Gen. Grady Patterson (whose son retired as a brigadier general earlier this year!).

General Patterson wrote: "With this publication, we are embarking on a new endeavor to communicate with the membership of the SCANG on a monthly basis. The format will necessarily change as we go along, but generally, the content will consist of pictures, material of general interest to all members, and their families, as well as articles concerning individual members. Professionals will be directing this project, and I think it has great promise."

One of the professionals directing the promising project was editor Staff Sgt Fred Monk, who eventually would earn his commission and, some 15 years later, join fellow Capt Les Carroll in coaxing Staff Sgt Jim Roth into the SCANG.

That would be me ... fresh off four-years of active duty public affairs (editing base newspapers in Louisiana and Germany).

By the time I showed up for my first drill (summer of 1993), the newsletter had grown into a slightly snazzier 12-pager. Edited full-time by then Maj Janet Noble, that month's SCANG News included news briefs, promotions, Top Achievers, the SCANG Snapshot, the chaplains' "Reflections" and ... a poorly-drawn, barely-amusing cartoon about supply pilferage.

To one extent or another, I've been tangled up with the paper ever since. When Noble stepped aside five years later and I took over as editor, my introductory column asked folks to submit their articles "saved-to-disk in rich text format" and stated (I swear I'm not making this up): "I want your help in creating a publication that effectively meets the needs of the community it serves. And, in exchange, I'll provide information you can use. For instance: Murphy's Oil Soap is the chemical most commonly used to clean elephants. Porcupines float and non-dairy creamer is flammable."

Seriously?

A lot has happened since then. Commissioned in 2001, I continued to serve as editor until October 2004, at which point I tricked my trusty assistant editor Master Sgt Richard Hodges into assuming the role of editor, and I promoted myself to "senior editor." Which basically means he did all the work and I took all the credit.



But enough about me. My point ... if I have one ... is that, like you, I'm going to miss the SCANG News. This month's exciting transition from hard copy to web-based publication is bittersweet, and I expect it'll take a few months to get into the new groove.

Ultimately, though, the current roster of PA superstars (like superintendent Senior Master Sgt Ed Snyder and super-editors Technical Sgts Stephen Hudson and Caycee Watson) intends to take SCANG communications to a whole new level, increasing the frequency, speed and value of our shared information. General Patterson warned us a long time ago that the format would necessarily change, but 1977's promising "endeavor to communicate" obviously has paid off, and the next iteration promises to continue strengthening our mission and our community.

Here's what you need to do to help get us started. Send the e-mail addresses at which you prefer to be contacted to 169FW.PA.SCANGNews@ang.af.mil. And, while you're at it, consider subscribing your spouse and/or employer by sharing their preferred e-mail addresses as well.

In the coming weeks, subscribers will begin receiving weekly updates that steer them to our public website. Going forward, this is how you'll access wing news and information, briefs, photos, features and ... who knows ... maybe a poorly-drawn, barely-amusing cartoon about going green.

# Commander's Corner



## Col. Mike Hudson 169th Fighter Wing Commander



My wife Denise is a longtime fan of the SCANG News. In fact, for years, she probably got to it faster and read it more regularly and more thoroughly than I did. The same might be true in your home. Odds are the monthly newsletter has served as an important link between the wing and your family.

As our Public Affairs team transitions from to the electronic format, we need to ensure we don't lose touch with longtime fans like Denise. If you passed over the article on the front page explaining how to subscribe by e-mail, have another look. Though the new format might take some getting used to, it's intended to deliver news and information at a rate that keeps pace with today's fast-moving, web-based media. Make sure your families (and employers) stay in the loop.

Of course, in addition to moving faster and further, the electronic newsletter also

is intended to save money. I don't have to tell you these are challenging economic times for the Department of Defense. With sequestration looming (or not) and serious belt tightening on the horizon regardless, we must continue to serve as responsible stewards of our resources. I'm very proud to say that frugality and conscientiousness have been key components of our financial strategy and overall culture for years. The decision to "go green" with the SCANG News should serve as an example of the caution, creativity and conservative approach that will help us navigate this increasingly complicated economic environment.

Speaking of conservation and the environment, many of you are aware we recently underwent another ESOHCAMP inspection. In a nutshell, it's a hard look at how well we're safeguarding our natural resources and how

safely we're accomplishing our mission. Clearly, this is another area in which caution, creativity and a conservative approach will serve us well. Like all inspections, the ESOHCAMP helped identify areas in which we can do a better job.

This is precisely why the Inspector General always is welcome at McEntire. Their critical look at our policies, programs and practices is appreciated. It's how we refine our procedures. It's how we've earned our reputation for excellence.

Consider last month's Fighter Alert Force Evaluation. We calmly and confidently greeted the NORAD inspectors when they arrived with no notice, because we knew we had successfully implemented lessons learned during last year's preliminary FAFE and the recent AFOA. Yes, inspections at McEntire tend to be an opportunity to shine, but they're also an invaluable opportunity to learn and grow. This is a basic concept that will serve us well in the new year.

Though several wing members began prepping for next winter's combination Phase I/II ORI months ago, the entire wing re-enters the fray this drill. Based on previous inspections and observations of other wings' inspections, our own EET has built an intense and carefully phased exercise plan to ramp up for next November.

For most, combining Phase I and II probably sounds intimidating. If you've been through ORIs with us in the past, you know our preparation for and execution of each phase is exhaustingly detailed (emphasis on exhausting). Nonetheless, I have the utmost confidence in our EET and each of you to conquer this challenge in 2013.

Before we leave 2012, though, I want to congratulate you again for your historic accomplishments over the past 12 months. The list is long, but nothing is more impressive than our stand-alone, 120-day, 18-jet AEF deployment. I've said it before, and I'll say it again. I am humbled by your determination, your professionalism and your sacrifices.

This time of year often is as much about looking back as it is looking forward. As you look back, you can be proud of all the SCANG has achieved in 2012 and know that you have earned the respect and admiration of your friends and family and the citizens of the great state and nation you defend. Make the most of your holidays. Enjoy the time with your loved ones and rest up. Because ... looking forward ... we'll have plenty more "opportunities to excel" in the coming months!

### SCANG (ACC) McEntire Joint National Guard Base

1325 South Carolina Road  
Eastover, SC 29044-5010

**Col. Calvin Elam**  
Assistant AC for Air

Chief Master Sgt. Lawrence  
Crowson  
State Command Chief

**Col. Mike Hudson**  
Commander, 169th FW

Chief Master Sgt. Robert Davis  
Command Chief, 169th FW

**Lt. Col. Michael Dunkin**  
Commander, 245th ATCS

**Lt. Col. Les Carroll**  
Public Affairs Officer, 169th FW

**Senior Master Sgt. Ed Snyder**  
Superintendent, Public Affairs

**Maj. Jim Roth**  
**Tech. Sgt. Caycee Cook**  
**Tech. Sgt. Stephen Hudson**  
Editors

**Lt. Col. Jim St. Clair**  
**MAJ Cindi King**  
**Master Sgt. Pelham Myers, Jr.**  
**Staff Sgt. Jorge Intriago**  
Writers

**The SCANG News** is the official newsletter published by and for the members of the South Carolina Air National Guard. The contents of The SCANG News are not necessarily the official views of, or endorsed by, the US government, DoD, Department of the Air Force or the SCANG.

Official Mission Statement of the 169th Fighter Wing: To provide a trained and equipped citizen fighting force that exceeds the capability of any Guard, Reserve, or active-duty Air Force unit in the protection and defense of state and nation; to maintain the capability for worldwide deployment of combat-ready assets to meet contingency and general war requirements; to employ conventional munitions in close-air-support, interdiction, offensive counter-air, defensive counter attack, suppression of enemy air defenses and special capability AGM-65 Maverick missiles; to provide world-class units that are recognized as being the best of the best when directed by the governor to preserve and protect the life, property, peace and public safety of the citizens of South Carolina.

Submission of SCANG News material: Articles and photography are welcome and should be submitted prior to the deadline (see below). E-mail submissions to [169FW.PA.SCANGNews@ang.af.mil](mailto:169FW.PA.SCANGNews@ang.af.mil).

**Tel: (803) 647-8208 FAX: (803) 647-8225**

**DSN: 583-8208**

**[www.169fw.ang.af.mil](http://www.169fw.ang.af.mil)**

**[www.facebook.com](http://www.facebook.com)**

"Tis the season to be jolly"-but isn't that always easier said than done? While the holidays bring us many joys- family reunions, good food, thoughtful gifts- they also entail an incredible amount of stress: Family reunions can dredge up old family conflicts, the good food often requires lots of careful preparation, and holiday shopping can be a nightmare. So how can we stay grounded and present and truly let ourselves feel the holiday spirit?

In avoiding stress and dealing with over-indulgence, McEntire members need to be Ready, Relevant, Responsive and Resilient (The four R's). Following the four R's will ensure the Swamp Fox missions prevail. All of us must be:

**Ready-** We must be completely prepared and in fit condition to complete the mission, assigned tasks and obligations promptly.

**Relevant-** We must serve a useful purpose, have significant meaning, be advantageous, and helpful.

**Responsive-**We must react quickly and favorably to any initiative.

**Resilient-** We must be able to recover quickly, spring back and have the power to remain flexible and strong amid life's challenges.

Please take time to check on your wing-

man to ensure he or she does not succumb to the higher levels of stress this time of year brings. Each of you is on a team, a very important team, and it is of the utmost importance to keep a check on your wingman. There are many levels of stress and it is very important to recognize the signs and symptoms of stress.

The symptoms of stress might appear as mental, social and/or physical indicators. Look for signs of exhaustion, loss of/increased appetite, headaches, depression, sleeplessness and oversleeping. Additional signs of stress are feelings of alarm, frustration or apathy, increased or unusual use of alcohol or drugs and other compulsive behaviors. If you notice any of these signs, speak up and ensure your wingman receives the appropriate assistance. All of us experience some stress at one time or another. Here are some tips to avoid becoming overstressed during the holidays.

1. Plan ahead- schedule specific times for holiday preparations- shop during the least busy times or stay home and shop online, cooking, wrapping gifts, decorating, etc.

2. Stick to a budget -be clear about how much you are able to spend, make a list and stick to it.

3. Avoid overeating and overuse of alco-



hol. Eat, drink and be merry- within reason. Overindulgence adds to stress and guilt.

4. Ask for help- don't do everything yourself; ask someone to assist you with baking or planning family activities.

5. Rest and recharge- take time for yourself; you're no good to others when you are tired and overstressed. Get plenty of rest and sleep. By getting adequate rest you will have more energy.

Have a Merry Christmas and a Happy New Year by recognizing and dealing with the signs of stress early and being smart!

## Recruiting & Retention

### Military Personnel Summary

#### Strength

<b>Officers:</b>	
Authorized	135
Assigned	137
Percent Manned	<b>101.5%</b>
<b>Enlisted:</b>	
Authorized	1190
Assigned	1170
Percent Manned	<b>98.3%</b>
<b>Total:</b>	
Authorized	1325
Assigned	1307
Percent Manned	<b>98.6%</b>

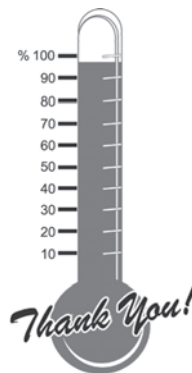
(as of November 2, 2012)

#### Recruiting/Retention

Gains:	MONTH	YTD
Prior	0	7
Non-Prior	0	3
Total	0	11
<b>Losses:</b>		
ETS	0	1
Discharge	3	6
Medical	0	0
Resignation	0	5
Retirement	0	2
Transfer	0	2
Other	1	2
Total	4	18
<b>Net Gain/Loss</b>	<b>-4</b>	<b>-7</b>

### Recruiting Progress

**We're at 98.6 percent!**



**We must maintain 100% strength through 2012! Recruit & Retain!**

There are many positions open for immediate recruiting...



## For Your Information ...

### POSH/HRE Training

This required training will be conducted at 1 p.m. during the Saturday UTA in the 169th Fighter Wing Auditorium.

### TRICARE Reserve Select (TRS)

Starting Jan. 1, 2013, electronic payments will begin instead of the current monthly billing cycle. It is imperative to get the word out to your unit members that are enrolled in TRS, that they need to setup monthly premium payments to be made by either recurring Electronic Funds Transfer (EFT) or recurring Debit/Credit Card (Visa/MasterCard only). FAILURE to adhere to this billing change will cause their coverage to be terminated. To contact a regional TRICARE contractor visit the following website: [www.tricare.mil/contacts](http://www.tricare.mil/contacts)

### The College Assistance Program

CAP is a state program administered by the S.C. Commission on Higher Education that assists with cost of attendance at state colleges. The CAP will not be available for the spring 2013 semester due to lack of funds. The program is expected to resume for the fall 2013 semester.

### Finance expanded hours

A MilPay/Travel Pay specialist, in room 117, is available from 7 a.m. to 5 p.m. each drill day to offer assistance to those who can't conduct their finance business during normal duty hours.

### New CAC PIN Reset System

A new CAC PIN Reset system is operational in the Maintenance Squadron Orderly Room. The system is available to reset CAC PINs for members who have been locked out. The new station is a result of a suggestion implemented by the Community Action Information Board and provides timely CAC PIN reset capability to the base, especially saving time for maintenance personnel who no longer will need to go to Customer Service just to get a PIN reset. The system is located in room 205 upstairs in the hangar.

### Enlisted Force Council

The Enlisted Force Council meets each drill. Breakouts follow immediately after for the individual organizations. This includes, NCOAGA, Top Three, E5/6, Airman's, Diversity and Diamond Council members.

### Gate hours

#### Main Gate

Daily: 0430-2400

(Hours extended for night flying.)

#### Morrell Gate

Duty Days: 0620-0815 & 1645-1745

UTA Saturday: 0600-0815 & 1600-1700

UTA Sunday: 0600-0815 & 1530-1630

#### Church Gate

UTAs: 0600-0815

### Ideas wanted

Have an idea to improve McEntire? Send it to the Community Action Information Board. The CAIB meets quarterly to improve the quality of life for Airmen on McEntire. Submit suggestions to *169FW.CAIB@ang.af.mil*.

### No trespassing

The Base Firing Range, Bldg. 3320, is for official use only and closed to the public and non-authorized personnel. For more information, see TSgt. Paul Wallace, 169th SFS, NCOIC, Combat Arms, 803-647-8703.

### Rack Up!

Though SCANG Airmen excel in everything from their daily tasks to the classroom to international competitions, their achievements often are not reflected on their ribbon racks! Award writing should no longer strike fear in the hearts of McEntire supervisors! The process has been streamlined via VPC-GR. A few strong bullets, an AF Portal login and the following handy guide are all you need: *X:/Baseshare/Awards*.

## Job Openings

The 169th Medical Group is seeking a Unit Training Manager. Current experience preferred. This is an E-5 position. Call 803-647-8296.

The 169th Medical Group has an opening for a First Sergeant. Closeout date is Jan. 13, 2013. Submit a letter of intent, resume, passing PT score and RIP to Chief Master Sgt. Robert Davis, the 169th FW Command Chief, at *robert.davis.4@ang.af.mil*.

The 169th Aircraft Maintenance Squadron has an opening for a First Sergeant. Closeout date is Dec. 9, 2012. Submit a letter of intent, resume, passing PT score and RIP to Chief Master Sgt. Robert Davis, the 169th FW Command Chief, at *robert.davis.4@ang.af.mil*.

The Chaplain's Office has an immediate opening for a Chaplain Assistant. Applicants must be an E-4 or E5 to apply. Closeout is Dec. 15, 2012. Submit a letter of intent, resume, passing PT score and RIP with ASVAB scores to Master Sgt. Christopher Sewell at *Christopher.Sewell@ang.af.mil*. Position description is located at: <http://www.goang.com/Careers/Chaplain-Assistant/5R0X1>.

The 169th Civil Engineer Squadron has an opening for a Civil Engineer Officer, AFSC 32E3G. This is also open as a commissioning opportunity. Position advises commanders and government officials on effective use of Civil Engineering resources. Develops and implements civil engineer (CE) force employment, and provides staff supervision and technical advice. Performs and manages CE functions and activities to provide facilities and infrastructure supporting the United States and allies.

For entry into this specialty, undergraduate or graduate academic degree is mandatory in architecture or civil, electrical, environmental, construction, architectural, industrial, or mechanical engineering in a school whose respective program is accredited by a nationally recognized body in engineering; or in architecture in a school that is accredited by a nationally recognized body in architecture.

Please drop off or mail package consisting of a letter of intent, resume and RIP and AFOQT Scores by Jan. 21, 2013 to:

Master Sgt. Chris Sewell @ The Village at Sandhill  
110-8 Forum Drive, Columbia, S.C. 29229

# ESOHHCAMP over, the hard work continues

In November, McEntire welcomed a week-long Environmental, Safety and Occupational Health Compliance Assessment and Management Program inspection. ESOHCAMP is a multi-spectrum assessment of the base's environmental management systems, occupational health, ground safety, weapons safety and flight safety programs.

Though the inspection is over, the hard work continues. Col. Mike Hudson, 169th



Senior Master Sgt. Paul Revels, with the 169th Maintenance Squadron's AGE shop, accompanies Mr. Luis Diaz, the environmental inspector from SAIC, during the ESOHCAMP inspection, Nov. 7.

Fighter Wing commander, said, "Here at McEntire, we consider every inspection an opportunity to further improve our performance. Thanks to this ESOHCAMP, we've identified areas in which we can do an even better job, and our folks went to work on them immediately."

During the outbrief, the members of the inspection team shared positive comments on every section they looked at. One remark heard frequently was "your shops are clean and well organized." Some areas were even described as "immaculate." Most of the inspectors also commented on how McEntire's personnel had a clear understanding of their requirements and solid plans in place.

ESOHHCAMP inspections are designed to verify an installation's environmental, safety and occupational health programs are working to protect human health and the environment while complying with all applicable laws, regulations and internal policies. Base ground safety manager Senior Master Sgt. Lee Shepherd said, "It provides a good outside objective view to help recognize areas that need to be improved."

Shepherd says one benefit to his team was learning tips for streamlining and changing processes to reduce workload and increase quality of work

Inspection team chief Dick McCoy from

National Guard Bureau commented on McEntire's complexity of operations. "People around the Air National Guard should get here and see how this unit operates," he said. "You make it look easy to keep up with all these programs, and it's not."



Tech. Sgt. Rose Wingate, with the 169th Maintenance Squadron's AGE shop, accompanies environmental inspector Diaz during the ESOHCAMP inspection.

(story and photos by Tech. Sgt. Caycee Watson, 169th FW/PA)

## Air Force Personnel Accountability and Assessment System

The Air Force Personnel Accountability and Assessment System is used to account for all Air Guard personnel and their families in the event of a state/national disaster. This program allows members to say "here I am need some help."

AFPAAS provides a tool to report individual status, current location, emergency contact information and requested assistance. It also helps the Air Force leadership account for personnel and make decisions that support members and their families. In this transient world, people go TDY, take vacations or even travel in their civilian jobs.

If something were to happen like the Tsunami in Japan or Colorado wildfires, wouldn't it be nice to know that someone knows where you and/or your family are and can get you help. The intent of the program is to achieve 100 percent accountability of personnel and their families in an affected area within 48 hours.

Members of the militar are required to

respond to recall, and AFPAAS is a part of the recall program. McEntire is working on a program above the normal "telephone tree" to contact members during recalls. In the near future members probably still will receive phone calls, but they might also receive a text, e-mail or see that they need to contact the unit via Facebook.

For now, McEntire uses AFPAAS by excep-



Photo shows satellite image of Hurricane Sandy making landfall over the Northeastern United States.

tion, meaning if someone is in a disaster area they would go into AFPAAS and account for themselves and their family. If the Internet is not available, members can call the unit direct, tell a Red Cross member to contact the unit or call the Total Force Service Center, 1-800-525-0102.

So, what do members need to do before a disaster strikes?

Logon to <https://afpaas.af.mil> to initiate your profile under the "My Info" tab. Login using a CAC, username and password or by personal information. There is even a mobile app that can be used for reporting after the profile has been set-up.

It is critical that members maintain current family information in DEERs.

Expect this to be the future for either real-world events or exercises. Check with unit Commanding Officer Representatives, (formally called Recall Managers) for more information.

(by Chief Master Sgt. Deborah Marshall, 169th FSS)

# SCANG holds first annual Remembrance Service

Members of the 169th Fighter Wing attended an inaugural Remembrance Service during last month's drill held at McEntire Joint National Guard Base. The interfaith service was organized and run by McEntire's Chaplain Corps and included music, lighting of candles, words of inspiration, prayers and reflection as the Swamp Fox family remembered departed friends and loved ones. "The overall feeling was meaningful and was really good," said Chaplain (1st Lt.) Christina Pittman.

"As we approach the holiday season when family gatherings and parties bring memories of good times, we may recall a loved one who will be missing from our midst. Coping with separation from loved ones is a process. This process is evident in the stages of grief like shock, denial, anger, and acceptance. One way to honor those no longer with us is by taking time to reflect and remember. Taking time to remember those who have passed on provides some closure to life's endings and helps ease the pain of separation," said Wing Chaplain (Lt. Col.) Brian Bohlman.

According to Pittman, she was approached by Master Sgt. Collette Jones about the idea to have a Remembrance service. "One hadn't been done at McEntire before and she mentioned it would be meaningful especially

after the deaths of three of our Airmen this year," Pittman said.

The goal of the service was "to be able to pause during a hectic time and reflect on those who have died and had an impact in our lives, especially during the holiday season," Pittman said.

The service began with opening remarks by Bohlman followed by an opening prayer



Chaplain (1st Lt.) Christina Pittman reads a traditional Irish Blessing at the conclusion of the first annual Remembrance Service held at McEntire JNGB on Sunday November 4, 2012."

by Chaplain (Capt.) Benjamin McEntire. Senior Airman James Seymore then sang the hymn Blessings followed by a meditation by Pittman and a scripture reading from the book of Ecclesiastes by Tech Sgt. Heather McNeil.

After a trumpet solo of the hymn Amazing Grace by Master Sgt. Philip Harrison, Master Sgts. Chuck Williams and Collette Jones read a list of more than 50 names submitted by Airmen at McEntire. Included were three Swamp Foxes who passed away in 2012: Senior Master Sgts. Jamey Edwards and Lisa Dinkins and Tech. Sgt. Kenny Moore.

The list of names reading was followed by a candle lighting ceremony and the playing of Taps. The service concluded with a traditional Irish Blessing provided by Pittman.

"If anyone has ever gone through the death of someone close, you can identify with the flood of emotions that can occur. Sometimes our emotions can be more than we can handle which complicates the grief process as we stuff our feelings. However, making space to grieve and remember is essential to our physical, emotional, mental, and spiritual health which results in balanced Airmen who are focused on their mission," said Bohlman.

(story and photo by Lt. Col. Jim St.Clair JFHQ/PA)

## Letters from the families, to the McEntire family

To the McEntire Family,

As most of you know my Wife, Wendy, lost her fight with cancer after a very short battle. We found out on July 17th and she passed away October 5th. Those weeks were the hardest weeks we have ever gone through, but they would have been unbearable without the support of the McEntire family. My wife was truly touched by the outreach of support shown by everyone, and I've never been prouder to be a member of this unit. Words cannot express how much I will miss my wife, but your support and caring over these past few weeks has made my burden so much easier to bear. I could not ask for better friends and family than you. Again I thank you for all the prayers, thoughts and love everyone has shown me and my family.

Your brother in Arms and Christ, Mark Tanner

To McEntire Air National Guard, "Our Other Family",

Thank you so much for everything y'all have done for us in honor of my wife, Senior Master Sgt. Lisa Marie Dinger Dinkins. Lisa was amazed by all the love and support y'all showed her and the rest of our family. Thank you so much for all the prayers, fund raisers, the groceries, the home cooked meals and taking the time to make sure we were okay or if we needed anything.

Thank you for the way you honored her at her funeral service. It meant a lot to our entire family. It is amazing how y'all take care of one of your own. Lisa loved being in the Honor Guard. She felt it a privilege to serve. You surely take care of your own. The Honor Guard did an awesome job at her funeral. The one thing she loved the most was serving her country.

I am so proud of my wife and her accomplishments at McEntire, being a service member for the United States of America, as a civilian, a loving wife and mother to our two kids Taylor and Cody. Lisa is my best friend, but even more than that she is my Hero and I'm proud she served here at McEntire.

With greatest love and respect to our other family, God bless,

Bill, Taylor and Cody Dinkins

# SCANG Airman thinks fast during UTA fire

A quick-thinking Airman potentially saved a building on base from damage when an electrical fire broke out in the kitchen of the on-base dining facility here during November drill.

Senior Airman Walter James, with the 169th Force Support Squadron, was in the kitchen during the lunch rush in the dining facility when the fire broke out. James, who has been in the SCANG for three years, acted quickly, grabbing a fire extinguisher and dousing the flames as the building was safely evacuated.

"I was just acting on impulse," James said.

He added his first thought was to grab the fire extinguisher. He recently completed fire extinguisher training and that training

helped him know what to do.

"I am extremely proud of our two on-scene airmen, Senior Airman Walter James and Staff Sgt. Kanasha Williamson, for stepping in and putting out the fire as fast as they did. They followed all the safety protocols taught by their supervisors and are a true testament to the concept - Right Person, Right Place, Right Time!" said Maj. Jack Phillips, commander of the FSS.

(story by Tech. Sgt. Stephen Hudson and photo by Tech. Sgt. Caycee Watson, 169th FW/PA)

Senior Airman Walter James poses for a photo in the dining facility where the fire he extinguished broke out during November UTA lunch hours.



# ACA 'Mission Ready' across the board

It is not an unknown fact that McEntire's Aerospace Control Alert teams are on point when it comes to mission success. That was recently confirmed when, yet again, the SCANG impressed a visiting inspection team. This time around, it was a no-notice North American Aerospace Defense Fighter Alert Force Evaluation.

This was the first graded evaluation from NORAD, and the wing's ACA personnel, including Command Post and Intel, Security Forces, Maintenance and Operations, all contributed greatly to receive the grade of "Mission Ready," the highest grade given for an AFE.

During the outbrief, the inspection team's lead briefer said, "You actually seemed glad we came. That attitude goes a long way."

Lt. Col. Keith Miller, 169th ACA commander, said, "The Command Post evaluator made it a point to emphasize the quality of

personnel and the operation, who presented strengths in many aspects of their duties."

He also mentioned the superior performance of the Security Forces personnel and their processes. Six areas were noted as strengths by the inspection team. The Security Forces team was recognized in several areas as Mission Ready, from the security they provide to aircraft taxiing to their technology at the entry control point.

Miller boasted that maintenance did "their usual outstanding job," as primary aircraft received zero discrepancies and had 100 percent weapons reliability during the inspection.

"This evaluation confirmed what we already knew. That we are performing the Alert mission at a very high level," stated Miller.

(story by Tech. Sgt. Caycee Watson, 169th FW/PA)



The weapons load team, from the 169th Fighter Wing's Aerospace Control Alert unit, is evaluated during a weapons reliability check. The team consists of Master Sgt. Jeremy Pow, team leader, and Senior Airmen Steven Hollis and Carlos Graham.

(photo by Senior Master Sgt. Edward Snyder, 169th FW/PA)

# McEntire hosts Boy Scout Camporee

Hundreds of Boy Scouts from the Midlands' Indian Waters Council held their 2012 Camporee here during November drill. McEntire, in partnership with the Indian Waters Council, hosted more than 800 scouts from over 50 units. Local Cub Scout Troops and venturing crews also took part.

Subject matter expert Airmen from the SCANG assisted the scouts in earning merit badges. The 169th Security Forces Squadron conducted a class on gun safety. The base fire department held a class on fire safety. The 169th Civil Engineering's Emergency Management team taught emergency preparedness and the 169th Medical Group led a class on first aid techniques, just to name a few.

Lt. Col. Joseph Stewart from the 169th Medical Group, an assistant scout master in Charlotte and an Eagle Scout himself said, "The Boy Scouts in all their training have a first aid requirement to go along their Eagle merit badge. We covered choking, cardiac arrest, shock and serving bleeding."

In addition to camping at McEntire all weekend, the scouts were able to see numerous static vehicle displays and a helicopter from the South Carolina Army National Guard. The 169th Maintenance Squadron also provided an F-16 static display. Both SCANG and SCARNG recruiters were also present and provided activities and games.

Lt. Col. Glen Boatwright from Joint Force Headquarters and a scout master of BSA Troop 95 in Irmo said, "We have an ongoing

relationship with McEntire, a symbiotic relationship where Eagle candidates can plan and lead a project to benefit an organization. From our perspective it's a great community relations event for the National Guard. And it's a mutually beneficial relationship."



Lt. Col. Joseph Stewart and Master Sgt. Patrick Blackman, 169th Medical Group, teach a first aid class to Boy Scouts at McEntire Joint National Guard Base, S.C. , Nov. 3.


(story and photo by Staff Sgt. Jorge Intriago, 169th FW/PA)

# Family Readiness puts on a "scary" fun event

More than 300 people attended the fall festival held by the McEntire Family Readiness group, Oct. 27. Swamp Fox members and their families showed up in costume and enjoyed several activities including a hayride, costume contest, face painting and other fun activities. Several squadrons decorated their building for the hayride and from those, the kids voted the Fire Department as their favorite stop. Family Readiness would like to thank everyone that volunteered and came out to support this year's festival, making it a huge success.

(courtesy photo by Family Readiness)





**South Carolina Air National Guard**  
**Employer of the Year Nomination Form**  
(SCANG members can nominate an individual and/or company)

Name of Employer/Supervisor \_\_\_\_\_

Company Name \_\_\_\_\_

Company Address \_\_\_\_\_

Company Phone Number \_\_\_\_\_

Name of SCANG Member Nominating Employer \_\_\_\_\_

Unit: \_\_\_\_\_ Phone (on base) \_\_\_\_\_ Phone (off base) \_\_\_\_\_

Attach Narrative  
 (Be specific in describing how your employer has supported you and the SCANG)  
 Return to Senior Master Sgt. Kevin Thomas, 169th FW / Email: [kevin.thomas@ang.af.mil](mailto:kevin.thomas@ang.af.mil)





(photo by Tech. Sgt. Caycee Watson, 169 FW/PA)

## Honoring SCANG Retirees

SCANG members, both present and retired, attended the annual Chief's Retirement Banquet held at the Ft. Jackson Officer's Club, November 2. Honored retirees were: Chief Master Sgts. Zane Wall, Patrick Wait, Clifton Weir, Billy Solomon, Russell Oswald, Timothy Treaster, Deborah Marshall, Ronald Bryant, Emily Jones, Michael Hale, and Mark Morrell.



(photo by Staff Sgt. Jorge Intriago, 169 FW/PA)

## What are you doing to get "Back in Black"?

169th Fighter Wing personnel prepare for the upcoming Operational Readiness Exercises and practice donning the new J-LIST chemical protective suit, Nov. 3.

## Eagle Vision IV member returns from deployment to Turkey

SCANG Eagle Vision 4 team member Master Sgt. Troy Wilkerson recently returned from a 40-day deployment with the USAF Eagle Vision 1 team to the Ankara Support Facility in Ankara, Turkey. The team consisted of 12 members: Wilkerson, two from EV6 (226 CBCS, Huntsville, Alabama) and nine from EV1 (USAF, Ramstein AB, Germany).

The primary purpose of the mission was to downlink and produce satellite imagery of Syria and Northern Iraq into a GEOTIFF and NITF format. The team successfully captured 61 percent of Syria and Northern Iraq, including 16 predetermined high priority imagery targets. All the imagery captured was in panchromatic (black and white) and retrieved from the SPOT 5 satellite.

During the mission, the team was given an opportunity to demonstrate their capabilities to the Head of the Photogrammetry Department, Ministry of National Defense General Command of Mapping, Engineer Colonel Nejat Aksoy. Colonel Aksoy stated he was "impressed with Eagle Vision's capabilities of capturing nearly instant images around Turkey."

According to Brig. Gen. James E. Daniel, Senior Defense Official/Defense Attaché, "The mission furthered the US-Turkey military relationship and reinforced the high-level of US commitment to Turkey".

EV4 is one of only five Tactical Mobile Satellite Ground Stations owned by the United States Department of Defense and is assigned to McEntire's 169th Communications Flight. The Eagle Vision program produces near real-time unclassified commercial imagery for use by various government agencies.

According to Wilkerson, the mission was a great success and his fellow Eagle Vision IV members look forward to future cooperative missions with their active duty Eagle Vision counterparts.

(by Capt. Roy Condrety, 169 CF/SCEV)



Eagle Vision team demonstrating the capabilities of the EV Ground Satellite Station to leaders within the Turkish Military.



We had our usual 45-50 folks for the November Breakfast, based on the weather and elections, it wasn't too bad. We had one first timer, Bob Lee. The highlight of the Breakfast was our speaker, Lt. Col. Scott "Cleetus" Bridgers, he told us some "war stories" from the Afghanistan deployment, and we appreciated this, which made me feel I was sitting in the cockpit. What struck me about this, in this day and time with our newer technologies, how our pilot is much more than just being a pilot, he is a manager, or multi-tasker of many details.

I really don't know how they do it all as a one person team? As much as is going on, one would think it would require more than just one crewman per plane. They have to be concerned about air space, fuel, civilian casualties, encrypting messages, watching live video streams, broadcasting live video streams, lasering bombs, show of force (low passes to scare the bad guys), drones and helicopters and where they are at, working with international forces and understanding them, working with JTAC's (Joint Terminal Aircraft Controllers) at the different forward operating bases, etc., and by the way, fly the plane. All I can say is my hat is off to them, and bless them that we have people who can do all this.

Also, I discussed at this Breakfast the demise of the printed SCANG News, and

by doing this I extrapolated some numbers (actually I am writing this about election time?). So far I/we have identified about 1200 of us retirees, of which I have confirmed 138 of us retirees passing on, however, I doubt if we know how many others of us that have died. At this time, we have 222 of us signed on to the SCANG Retirees address book, so based on these numbers that leaves about 575 folks that may not get the printed SCANG News letter anymore. The 222 of us or so can have access to the SCANG News electronically, or at least my article through me. So to anybody out there who is not on the SCANG Retirees Address book, please sign up with us by contacting me at rbarkalow@sc.rr.com, or calling me at (803) 936-0680.

McEntire History: Lest we not forget, but SCANG has a birthday come December 9th, it will be 66 years old. Fifty of our predecessors met, 14 officers and 36 enlisted met up to form the S.C. Air National Guard, with Bernie McEntire being selected by the TAG (Gen. Dozier) to lead the newly formed unit. All the folks mustering were WWII Vets.

Now we are moving to the year 2003 to honor those retirees, the first batch of 72 (72?), this is indeed a record setting year for retiring. I am not sure if this is just a coincidence, or there was a budgetary/political reason for this like the mid 90's? The retir-

ees are as follows: Capt. Clarence Darby; Chief Master Sgts. Howard Pees, Robert Hutto, and Thomas Muller; Senior Master Sgts. James Christopher, Frank Love, and Martin Gladden; Master Sgts. Carl Smith, Ferrell D. (Doug) Horton Jr., Daniel Corley, William Harper, Mary S. Irving, Stephen Tessier, Thomas Bulman (my roommate on the Love Boat during Desert Storm), Morris Chermell, Charity Singleton, Wilbur Tanner, and Timothy Williams.

We will be having a Luncheon for our December get together, actually it is December 4th, I don't have a speaker just yet, but I will figure something out? So let's meet at 1200 (High Noon) that day at the Fort Jackson Officers Club. The fee is \$9.50, I believe, for the Luncheon. This is a good opportunity for those of you who don't like to do the Breakfasts, or can't because of driving distance, to come see us and the people you worked with at SCANG in your past.

I am looking for a sizeable crowd, so don't embarrass me, please. It seems strange but the holidays are upon us, as I get older I have a harder time adjusting to them, not sure why, maybe it's just me. If ever you don't see your name some time or other as a retiree, contact me and let me know so we can 'catch up' with you. I hope to see you at the Luncheon.

## SCANG Recruiters [www.goang.com](http://www.goang.com)

### McEntire JNGB

1325 South Carolina Road, Ste. 25  
Eastover, SC 29044  
1-877-926-7369

### Master Sgt. Ceomara Timmons

Recruiting & Retention Superintendent  
Office: (803) 647-8414  
ceomara.timmons@ang.af.mil

### Tech. Sgt. Steve David

Retention Office Manager  
Office: (803) 647-8211  
BB: (803) 608-3098  
steven.david@ang.af.mil

### Village at Sandhill

110-8 Forum Drive  
Columbia, SC 29229  
Phone: 803-462-0405 or x0455  
1-87SWAMPFOX

### Master Sgt. Chris Sewell

Recruiting Office Supervisor  
BB: (803) 206-2499  
christopher.sewell@ang.af.mil

### Tech. Sgt. James Rodriguez

Production Recruiter  
BB: (803) 391-6348  
james.rodriguez@ang.af.mil

### Tech. Sgt. Kenneth Monroe

Production Recruiter  
BB: (803) 315-7419  
kenneth.monroe@ang.af.mil

### Senior Airman Sonya Hemphill

Administrative Assistant  
(803) 462-0405  
sonya.hemphill@ang.af.mil

## MOVIN' In MOVIN' Up, & MOVIN' On

### Officer Promotions

None

### Enlisted Promotions

#### Senior Master Sgt.

David Chavis, 169th FSS

#### Tech. Sgt.

Kenneth Brooks, 245th ATCS  
Leonard Gajewski, 169th AMXS  
Forrest Green, 169th MXS  
Jessica Spencer, 169th MDG

#### Senior Airman

Paul Garrett Jr, 169th MXS  
Matthew Harp, 169th MXS  
Charles Porter IV, 169th AMXS

### Retirements

Technical Sgt. Antorrus Dodson  
22 years - 169th LRS  
Staff Sgt. David Lee  
16 years - 169th MXS

### Enlistments

#### Maj.

Darcy Rubin, 169th MDG

#### Senior Master Sgt.

Dana Boettgger, 169th FW

#### Tech. Sgt.

Jason Perrin, 169th AMXS

#### Staff Sgt.

Crista Ellerbe, 169th LRS  
Arninya McNair, 169th FSS  
Micah Taylor, 169th MOF

#### Senior Airman

Taisma Underwood, 169th CF

#### Airman

Tony McCoy, 169th FSS  
Kenya Schartz, 169th FSS  
Rodrick Williams, 169th FSS

## Base Training

### TESTING SCHEDULE

**Tuesdays, 1 p.m.**

**Drill Sundays, 12:30 p.m.**

Report for testing no later than 15 minutes before the test. Members testing on CDCs required for upgrade training must bring their AFIADL 9 course card with the following items documented:

Date review training began  
Date due completion  
Date review training ended  
Supervisor's signature  
Trainee's signature

Members without the card and required information are not allowed to test. For more information, contact a unit training manager.

---

*Airman Leadership School*  
(class start dates -- five-week duration)  
(56 seats for ANG members)

## 2012

---

*Noncommissioned Officers Academy*  
(class start dates -- six-week duration)  
(75 seats for ANG members)

### PME Schedule

#### MCGHEE TYSON ALS

14 JAN 13 - 14 FEB 13  
4 MAR 13 - 4 APR 13  
22 APR 13 - 23 MAY 13  
15 JUL 13 - 15 AUG 13  
16 SEP 13 - 17 OCT 13

#### MCGHEE TYSON NCOA

8 JAN 13 - 14 FEB 13  
26 FEB 13 - 4 APR 13  
16 APR 13 - 23 MAY 13  
9 JUL 13 - 15 AUG 13  
10 SEP 13 - 17 OCT 13

## Fitness Center Tips

If what you are doing in the gym is not getting you the results you want, then try mixing up your routine with some interval training! For example, if you are using a treadmill and walking at 4.0, try raising the incline to 1 for one minute then incline 2 for an additional minute. Continue doing this until you have to hold on, then lower your incline back to 2 and start over. Continue raising your incline, trying each time to get to a higher level than you did on your last cycle through... Making sure to NEVER hold on to the treadmill so you are working your core and in the process burning more calories trying to stay on the treadmill.

If you trying to increase your run time, of course you still need to practice on the track, however to increase your cardio endurance you can do a walk/run on the treadmill or track. If you normally walk on 4.0 then do that for 1 minute then run at 6mph for one minute and alternate this for the first session. Each time you do cardio intervals, try to increase the run to 7mph and then next time aim for 8mph. If you continue to do interval training you will not only loose those unwanted inches, but it will also make your run much easier as far as your breathing goes!

Here are a few nutritional tips for those crazy busy holidays and the shopping season! Remember planning ahead is key to making better nutritional choices. Making sure when you leave home you have your snacks planned so you aren't stopping to fill up on empty calories. Also remember to never go grocery shopping hungry! Make sure to keep zip lock bags of raw veggies, fruit, nuts and individual packets for peanut butter, which are good go to snacks for those crazy days!

Also remember to ALWAYS keep water on hand!!!

(by Michelle Walker, 169 FSS)

# What's for Lunch?

## Saturday

Spaghetti w/Meat Sauce, Fried Chicken, Green Beans, Squash, Oven Roasted Potatoes

## Sunday

Veal Parmesan, Baked Fish, Glazed Carrots, Broccoli, Macaroni and Cheese

## Snack Line

**SAT:** Buffalo Wings, Hamburgers, French Fries

**SUN:** Pulled Pork Sandwich, Hot Dogs, Assorted Chips

*\* All with Salad Bar / Desserts / Beverages*

The Dining Facility is open 11 a.m. to 1 p.m.  
Everyone using the facility must present a valid ID card.

South Carolina ANG  
McEntire Joint National Guard Base  
1325 South Carolina Road  
Eastover, SC 29044-5010

FIRST CLASS  
U.S. POSTAGE PAID  
TEMPLE HILLS, MD  
PERMIT NO. 4004

United States Air Force  
Columbia, SC  
Official Business

**TO THE FAMILY OF:**

## REFLECTIONS

*"You've always given me breathing room, a place to get away from it all..." Psalm 61:3 (The Message)*

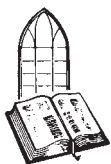
One of the busiest times of the year has arrived...the period between the Thanksgiving and Christmas holiday. This is the season when various religious and family traditions are celebrated. Fitting in parties, shopping, and even attending worship services can pull us in many directions.

Celebrations and times of reflecting can be exciting and yet leave us breathless. During this festive season where will you find your time to stop and "smell the roses?" It is not easy to do and for each of us it can look very different. So how important is it to breathe? It's a matter of life and death. During the month of December and in the New Year, take time to make meaningful memories while remembering to make room to breathe and pace yourself.

In Psalm 61:3, the psalmist explains how God is a trustworthy source to get away from it all and grants us "room to breathe." Where do you find your resting place where you can breathe easy? Do you go there often? Now is a good time to take a deep breath as we will soon be wearing gas masks in preparation for our upcoming unit inspection.

May God's grace and peace be with you and your family during the holiday season.

(by Chaplain, 1st. Lt. Christina Pittman)



### Worship Schedule Saturday

Maintenance (hangar) & SFS after roll call

0815 - 0845 - Traditional Worship (Wing HQ Auditorium)

1100 - 1130 - Contemporary Worship (Wing HQ Auditorium)

1330 - 1400 - Catholic Mass (Eagle Vision Conference Room)

## TOP ACHIEVERS

Outstanding Academic Achievement  
(90 % or Higher)

**Staff Sgt. Ruth Fleenor, 169th FSS**  
*Personnel Craftsman*

Distinguished Graduate  
**Tech. Sgt. Sharlene Shuler, 169th OSF**  
*Air Field Management Course*

