

BUCKEYE FLYER

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Force support structure changes coming to 445th AW

By Capt. Caroline Wellman
445th Airlift Wing Public Affairs

The 445th Airlift Wing Mission Support and Services Flights are about to merge in an effort to mirror changes already made throughout the U.S. Air Force, including the 88th Air Base Wing.

The flights are scheduled to form the new 445th Force Support Squadron in August.

According to Air Force Reserve Command, the new force support structure will “streamline processes” and “cut costs associated with maintaining separate organizations.”

“Our plan is to stand up in August, to have the ceremony in August,” Master Sgt. Chris Williams, MSF and SVF first sergeant. “The services commander will relinquish command and the services colors will be encased. Then mission support flight colors will be encased. Lt. Col. Kenneth Herstine (445th MSF commander) will relinquish command of the MSF, and then will assume command of the new Force Support Squadron.”

If that all sounds confusing, the transition should be seamless to the flights’ current customers, said Chief Master Sgt. Homer Carter, who is expected to become the new squadron’s superintendent, and Capt. Gregory Handley, the current Military Personnel Flight commander.

The flights here are expected to retain their names and many of their functions, and be located in the same place they are now, Bldg. 4014.

Because there is an active duty FSS here, the 445th FSS structure will be streamlined into two flights – the manpower & personnel flight and the sustainment services flight – with the 88th FSS maintaining responsibility for many of the force support functions on the base.

The changes will be most apparent to Airmen in the new force support squadron, especially for officers. Personnel and services officers are being converted to force support officers and have been completing career field education and training plans to support the transition.



Stacy Vaughn

Master Sgt. Jason Cox, 445th Maintenance Squadron fabrication shop, shows Chief Master Sgt. of the Air Force James A. Roy how to use a laser machine to manufacture magnetic rank signs during his visit to the wing June 11. The chief was visiting Wright-Patterson Air Force Base as part of the “Corona Top” summit.

Here, Airmen in the new squadron will notice that they have all been re-aligned under Lieutenant Colonel Herstine’s command, while Maj. Brian Guthrie, the current 445th Services Flight commander, will be absorbed into the squadron as the Sustainment Services Flight commander, Chief Carter said.

Currently, enlisted Airmen affected by the creation of the Air Force’s new force support structure are not expected to see any changes in their Air Force Specialty Codes.

The 88th Air Base Wing stood up its force support squadron in September 2009. It was one of the last bases in the continental United States to convert.

Finding contentment, being resilient

By Chaplain (Lt. Col.) David W. Leist
445th Airlift Wing

I have learned to be content in whatever circumstance I find myself. How many of us can say this with sincerity? The Apostle Paul had been shipwrecked, beaten and left for dead, imprisoned, having suffered many horrific life events. What brought him through his perplexing ordeals? The main focus of Paul's life was his faith. You could say that he was a resilient individual with the ability to stick to his mission and vision.

Resiliency is the ability to recover readily from illness, depression, adversity or the like. It is the ability to be flexible,

buoyant, enduring and includes the expression of bending

without breaking. Common characteristics of resilient people involve individuals who seek and ask for help. They recognize that many of the obstacles in life are not meant to be handled alone. They in turn realize that it is not a sign of weakness to ask for help when life is becoming unmanageable. They look to others to help them through difficult times. They are ready, willing, and able to help others through challenging circumstances. Resilient people are willing to offer help by a kind word or deed and availing themselves to others in need.

Resilient people are spiritual. Dr. Harold Koenig of Duke University conducted research on spirituality in healing. He found that people of faith tend to get through difficult times better. In

2008, I conducted a spirituality study on the Post Traumatic Stress Disorder unit of the Fort Thomas VA Medical Center in Kentucky. I found that patients suffering from PTSD, Military Sexual Trauma and Traumatic Brain Injury showed, on average, a 35 percent improvement in their overall spiritual wellbeing through weekly spiritual interactions involving prayer, amends, meditation, worship, and group discussion. The study also showed marked enhancement in life satisfaction.

The USAF Reserve Chaplaincy will be taking the lead in developing a resiliency campaign throughout the Reserve wings. The chaplains and chaplains assistants of the 445th are here to help you along your journey of resiliency, wherever it may lead.

Buckeye Flyer

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'The Force' of your career is with you

By Col. Roger Gallet
445th Operations Group Commander

"Use the Force, Luke." With these words, Jedi Master Yoda began young Luke Skywalker's journey in "force development." If you're too young to remember the "Star Wars," don't worry. That's not what this article is about.

Force development is the buzzword for a relatively new program being implemented by Air Force Reserve Command to identify and grow the command's future leaders. It's important that we spread the word about this program, so that those of you who have aspirations of advancing to key leadership positions someday will know what it takes to be competitive.

High quality job performance and excellence in your primary career field are a given. Completing the appropriate levels of professional military education, skill-level training, etc., for your current grade are also no-brainers. But you must somehow separate yourself from the pack. Promotion rates have been

getting lower. It's no longer enough to just do your job and stay out of trouble, especially if you aspire to key leadership positions. At some point, you've got to broaden your experience by seeking jobs outside your primary career field. This will certainly involve "leaving your comfort zone" and very likely some moves to different bases.

Under the force development program, the command is now purposefully identifying its high potential future leaders. This is being done by the formation of developmental teams, which meet periodically to screen your records and identify those with the highest leadership potential. There have already been several DT boards for officers. A chief's DT board is next, and the rest of the enlisted force will not be far behind, I'm sure.

It is extremely important that officers complete their online Reserve Officer Development Plan in vPC-GR.

May the force (development) be with you!

445th Airmen train for duty



Maj. Jose Cardenas

Staff Sgt Aaron Shepherd, 445th Logistics Readiness Squadron, tightens wheel lug nuts at Ramstein Air Base, Germany, during an annual tour training in June.

Staff Sgt. Joshua Burhardt, 445th Logistics Readiness Squadron Fuels Management Flight, and Senior Airman Chris Morris, 86th Logistics Readiness Flight at Ramstein Air Base, Germany, service liquid oxygen for aircraft during annual tour training in June.



Maj. Jose Cardenas

Reservists from the 445th Aeromedical Staging Squadron simulate how to unload patients from an ambus during a training exercise at Camp Birch in Yellow Springs, Ohio, June 5. During the exercise, Airmen polished skills they would use in deployed locations.



Maj. Mary Reed

Senior Airman Gustavo Medina, 445th Security Forces Squadron, receives instruction from Trooper Greg Crisp, a member of the Ohio State Highway Patrol Special Response Team, on body position during Active Shooter Training May 20.



Capt. Caroline Wellman



Capt. Caroline Wellman

Tech. Sgt. Tamella Hill, an aeromedical technician in the 445th Aeromedical Evacuation Squadron, awaits patient instruction while loading patient litters onto a C-130 Hercules during a training flight June 9.

2nd quarter wing award winners selected



Airman

Senior Airman Emily Temple, a fuels journeyman in the 445th Logistics Readiness Squadron, is the 445th Airlift Wing Airman of the Quar-

ter. Locally, Airman Temple implemented a computerized pretesting and tracking system for Airmen in 5- and 7-level upgrade training. While completing seasoning training at Seymour-Johnson Air Force Base, N.C., she was named a "Superior Performer" by Air Combat Command during the 4th Fighter Wing's Logistics Standardization and Evaluation Team visit. She also coordinated tutoring sessions for fellow Airmen, providing two days of instruction per week. She is pursuing a CCAF degree in Logistics Management and a master's degree in secondary education.



NCO

Technical Sgt. Joan Weldon, an education and training technician in the 445th Mission Support Flight, is the 445th Airlift Wing Non-commissioned

Officer of the Quarter. Sergeant Weldon has coordinated multiple events for the Yellow Ribbon Reintegration Program, serving more than 176 Airmen and 109 family members and assisting with pre- and post-deployment needs. She is a member of the Inter-Service Family Assistance Committee/Regional Inter-Service Family Assistance Committee, and has contributed to multiple on- and off-base community events. In addition to these accomplishments and normal duties in the education office, Sergeant Weldon is currently pursuing a CCAF degree.



Senior NCO

Master Sgt. Steve Rhodes, an aero repair technician in the 445th Maintenance Squadron, is the 445th Airlift Wing Senior Non-com-

missioned Officer of the Quarter. Sergeant Rhodes spearheaded the development of the local contingency ISO process, managing 10 traditional reservists and five civilians. He also revised local inspections that formerly required four traditional reservists and 10 days; the process now requires two traditional reservists and 4 hours and saved the wing \$720,000. He also submitted a technical order change that allowed hydraulics systems to be operated inside the wing's hangars, decreasing the time until an aircraft returned to mission capable status.

Visit the 445th Airlift Wing's Web site at www.445aw.afrc.af.mil to catch up on the latest news.

LRS reservist wins AFRC logistics award



Maj. Jose Cardenas

Senior Airman Andrew Reeves, with fellow 445th Logistics Readiness Squadron Airman Tech. Sgt. Kerrie Yeager, was selected as the 2009 Traffic Management Airman of the Year.

A reservist assigned to the 445th Logistics Readiness Squadron was selected May 12 as the Traffic Management Airman of the Year, Transportation Award category, Air Force Reserve Command Logistics Readiness Awards, for 2009.

Senior Airman Andrew Reeves, a traffic management journeyman, was hand-selected by the traffic management flight chief to act as the cargo section representative for the logistics. He created pre-check quizzes for do-it-yourself moves for the personal property section. He also investigated and filed more

than 250 personal property folders that contained Government Bills of Lading. Airman Reeves was recently praised as an impressive performer while on temporary duty at Royal Air Force Mildenhall, U.K., and was asked to return for a short tour.

During his off-duty time, Airman Reeves is active in assisting with American Veterans by organizing social events, meetings and dinners. He also volunteers with meal preparation at the Order of Eastern Star women's organization in Athens, Ohio.



Master Sgt. Charlie Miller

445th Airmen support annual VA Center picnic

*By Master Sgt. Charlie Miller
47th Flying Training Wing Public Affairs*

Master Sgt. Cynthia Holland, 445th Operations Group, helps a resident with his lunch during the annual picnic at the Dayton Veterans Affairs Medical Center June 5.

The annual summer cookout and picnic lunch for the residents of the Veterans Affairs Medical Center, Dayton, Ohio turned out to be a cook-in due to the threat of thunderstorms, but no one complained.

“Inside, outside, either way a lot of residents always come over and have a good time, said VA Center resident Robert Brannan. “I enjoy this a lot, it’s fun.” Brannan, an Air Force veteran, served with the Strategic Air Command from 1954 to 1957.

The event, sponsored by the Air Force Sergeants Association Kittyhawk Chapter 751, and the Air Force Association, the 445th Airlift Wing brings together active duty Airmen, Air Force Reserve members, Air Force retirees and family members to eat with and visit the VA center residents.

Camaraderie might be the biggest thing we can do here today, said Master Sgt. Henry Harlow, 445th Airlift Wing. “These guys lead the way, they are people who paid the price for our freedom, there’s so much more we can do. The stories some of these guys tell you about their service are amazing.”

Between the 445th, AFSA and AFA, about 100 volunteers served nearly 200 lunches, according to Chief Master Sgt. Joe Tangherlini, president of Kittyhawk Chapter 751. The three groups hold two events every year at the Dayton VA Medical Center, one in June and one during the holiday season. Reservists and active duty Airmen donate more than time to serve food; they also donate clothes, toiletries, DVDs,

books, coffee and more.

It’s an honor serving those who served our country so many years ago, said Master Sgt. Deb Parsons, the 88th Air Base Wing Communications Squadrons first sergeant. This year marked the third time the sergeant volunteered to help prepare food for the veterans.

The Gem City Band of Beavercreek, Ohio, provided patriotic and light jazz music during the event, while members of the Junior Air Force Reserve Officer Training Corp, Bellbrook, Ohio, collected donations and helped residents with their meals. The 5th graders from Sabina Elementary, Sabina, Ohio, also collected donations.

“It’s a good set up,” said resident and U.S. Navy veteran Harold R. Howell about the event. “It’s kind of like being aboard a ship again.” Howell, who is currently confined to a wheelchair, was visiting with an 88th Air Base Wing Airman when a member of the 445th delivered his lunch. “I was out there on a patrol boat chasing the dirty guys and got blown out of the water, but I’m getting better,” he said.

Many of the residents who could not get to the main dining room were served lunch in their wards or rooms by the volunteers. All enjoyed the fresh-off-the-grill hamburgers and hot dogs, chips, pop and homemade cookies.

Fun? Resident Robert Brannan summed it up well. With a huge smile and a sparkle in his eye, Brannan said, “Daggone right, it’s fun! We look forward to this.”



Tech. Sgt. Jeremy Caskey



Tech. Sgt. Jeremy Caskey



Tech. Sgt. Jeremy Caskey

Employers attending the 445th Airlift Wing Employer Appreciation Day June 5 had the opportunity to run through several scenarios at the Firing Arms Training Simulator (not pictured), practiced taking cover during a simulated firefight, learned about the medical capabilities of the 445th Aeromedical Evacuation and Aeromedical Staging Squadrons, and toured the C-5 Galaxy.

Wing hosts Employer Appreciation Day

By Stacy Vaughn
445th Airlift Wing Public Affairs

Forty three employers of the 445th Airlift Wing reservists had the opportunity to spend the June 5 unit training assembly with their reservists during this year's Employer Appreciation Day.

Employers came from Wisconsin, Michigan, Kentucky, parts of Ohio and other areas to see exactly where their Air Force Reserve employees work and what they do on UTA weekends.

Employers started the morning with a buffet-style breakfast catered by the Wright-Patterson Club. During the breakfast, Col. Stephen Goeman, 445th AW commander, gave a short history on the wing and thanked the employers for their support. Following Colonel Goeman, an Employer Support of the Guard and Reserve briefing

was given by Woody Stroud, Ohio ESGR.

The reservists were able to meet up with the employers at their next stop, where half of the group went to the Firing Arms Training Simulator and the other half went next door to the Medical Education and Training facility. At the FATS the employers were divided into three different groups: one group simulated firing weapons during various scenarios; the second group participated in an obstacle course and toured a HUMVEE; and the third group looked at a weapons display.

At the EMT facility, the employers had the opportunity to run through medical scenarios set up by instructors from the 445th Aeromedical Staging Squadron. Employers had the opportunity

to splint, bandage and immobilize themselves. The group also sutured and placed IVs in mannequins. One employer volunteered to play "the victim" in a mock up vehicle accident.

The group toured a C-5 Galaxy aircraft before concluding the day with a visit to reservists' work stations after enjoying a catered lunch.

"This was a wonderful day, filled with many eye openers. It really made me appreciate what Master Sgt. Joseph Drake has going on and made me realize why he has chosen the Air force Reserve as his number one priority at this time," said Sheila Lochard, a nurse from the Cincinnati Veterans Affairs Medical Center.

News Briefs

Newcomers

Capt Jason Bordas, CES
 MSgt Shannon Moen, LRS
 TSgt Steven Kintop, AMXS
 TSgt Kelly Kruger, SVF
 SSgt Timothy McKinney, AMXS
 SSgt Pricilla Murphy, MSF
 SSgt Bryan Smith, SFS
 SSgt Bryan Stover, LRS
 A1C Maximina Anderson, ASTS
 A1C Morgan Peterson, 87 APS
 A1C Cassandra Titus, AMDS
 A1C Zachary Webb, 89 AS
 A1C Jeremy Whitlow, SFS
 SrA Zachary Fontaine, AES
 SrA Jennifer Godsey, CES
 SrA Joshua Hamilton, MXS
 SrA Sean Palmer, CES
 Amn Sean Harris, SVF
 Amn Joshua Minefee, ASTS
 Amn Andrew Mullen, CES
 AB Anthony Benoit, CES
 AB Corey Brown, 87 APS
 AB Kenneth Clements, AMDS
 AB Dane Ewing, CES
 AB Justin Van Niman, ASTS
 AB Joshua Wade, LRS
 AB James Wykoff, AMXS

Promotions

Airman

Christopher Andrews, ASTS
 Wade Bunn, SVF
 Trenton Bruner, ASTS
 Kenneth Clements, AMDS
 Thomas Duffy, CES
 Erik Geer, AMXS
 Alexandra Hutchinson, ASTS
 Joshua Minefee, ASTS
 Gregory Prantl, AMXS
 Gerald Woodard II, SVF

Airman First Class

Akwasi Agyemang, ASTS
 Harold De La Matta, AMXS
 Thomas Duffy, CES
 Jacob Emberton, ASTS
 Daniel Harner, AMXS
 Sean Harris, SVF
 Brandon High, AMDS
 Matthew Monk, CES
 Jessica Prestwich, ASTS
 Joel Russo, AMXS

Jamie Taylor, ASTS
 Daniel Williams, ASTS

Senior Airman

Jaymes Cardwell, AES

Staff Sergeant

Matthew Bester, MXS
 Clayton Creamer, AMXS
 Justin Delp, 87 APS
 Nichole Huck, ASTS
 Gustavo Medina, SFS
 James Mellenkamp, 87 APS
 Chad Sears, AMXS
 Alisha Smith, ASTS
 Tracy West, ASTS

Technical Sergeant

Ashley Clark, 89 AS
 Brian Cronin, 87 APS
 Jeffrey Goldie, AMXS
 David Griffith, AMXS
 Mark Reel, LRS
 Natalie Storms, 87 APS

Master Sergeant

Nicole Nelson, MSG
 John Spencer, MOF

Major

Michael Bennett, 89 AS
 Sharon Ellis, AES
 Stacy Flint, ASTS
 Kyle Hayes, 89 AS
 Richard Shinkle, AES

Awards

Meritorious Service Medal

Lt Col Sheri Gladish, ASTS
 Maj Jenny Couse, ASTS
 Maj Suzanne Johnson, MXG
 Maj Rachel Sherwood, ASTS
 Capt Melissa Oakley, MSF
 SMSgt Brian Robinette, AMXS
 MSgt Stephen Amos, MXG
 MSgt Craig Barnett, MOF
 MSgt Larry Cardiff, MSF
 MSgt James Foy, ASTS
 MSgt Daniel Hoening, MOF
 TSgt Tamyra Earehart, 89 AS
 SSgt Kenneth Baker, CES

Air Force Commendation Medal

MSgt Joyce Haub, MSF
 TSgt Dale Binkley, LRS
 TSgt Joseph Heitzenrater, CES
 TSgt Shannon Schaker, MOF

Air Force Achievement Medal

MSgt Kevin Dawson, OSS
 TSgt Mark Dirr, MXS
 SrA Joseph Easterling, SFS
 SrA Nathan Ellcessor, SFS

Air Medal

Maj Dawn Rice, AES
 Capt Joshua Springman, 89 AS

Aerial Achievement Medal

Maj Dawn Rice, AES

Military Outstanding Volunteer Service Medal

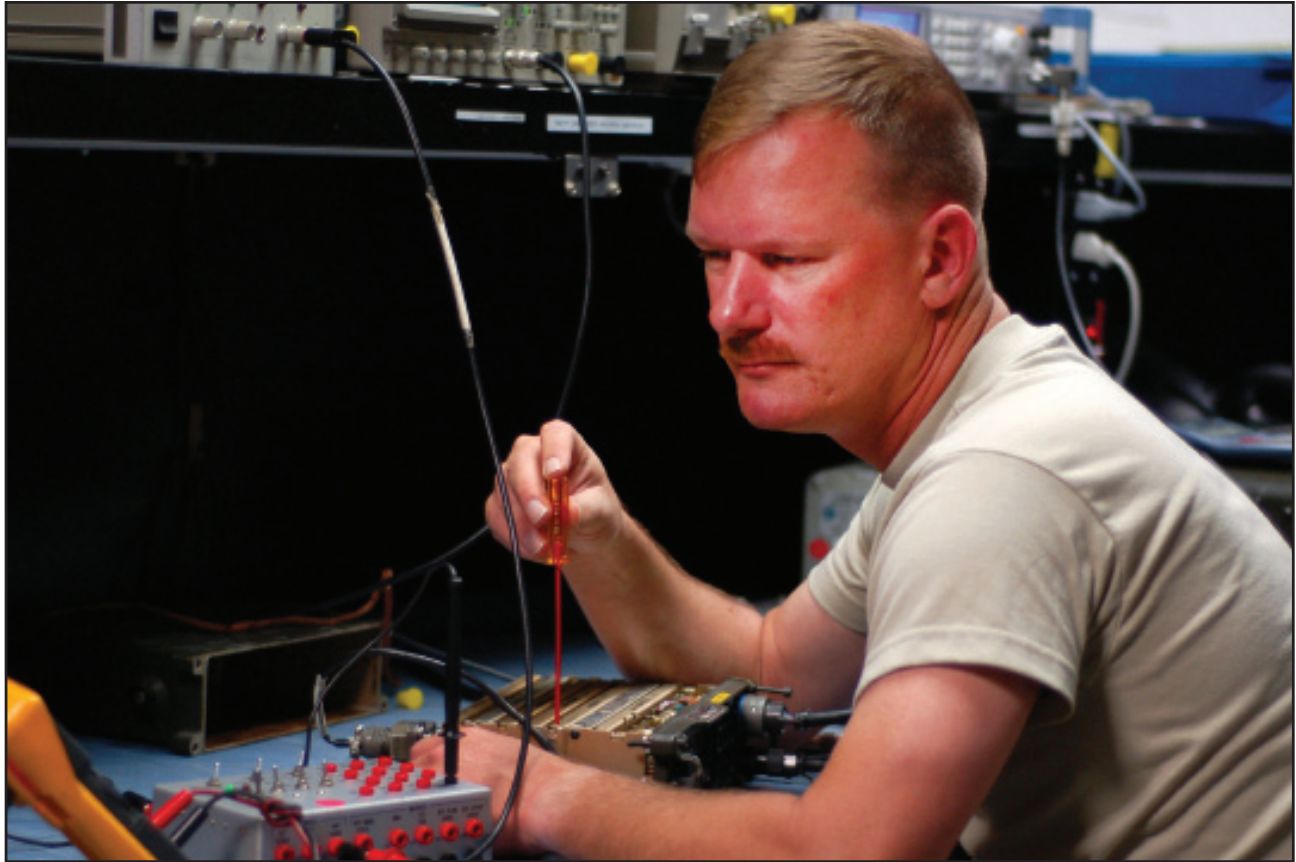
MSgt Robin Landon, AMXS
 MSgt Mark Lyle, SVF
 MSgt Angela Potchik, MOF
 MSgt Christopher Williams, MSF

Professional Development Seminar

The 445th Airlift Wing Professional Development Seminar is scheduled for Nov. 8-9 at the Hope Hotel, with an icebreaker the evening of Nov. 7. The seminar will include sessions on topics ranging from effective writing to personal finance and how to use web-based social networking capabilities. All Airmen are encouraged to attend. Stay tuned to the *Buckeye Flyer* for more information in the coming months.

Wing picnic

The 445th Airlift Wing picnic will be held Sept. 12. The picnic is for Reserve members and their families. Airmen or their families are asked to bring desserts to the event. More information will follow as it becomes available.



Tech. Sgt. Jeremy Caskey

LRS trains in Germany

Staff Sgt. James Hastings, 445th Airlift Wing Communications Flight, adjusts and calibrates communications equipment during annual training at Landstuhl Air Base, Germany, in June.

On the Web



Ohio ESGR recognizes employers



445th supports USAFA's Ops Air Force



445th participates in Operation Arctic Care

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