

Buckeye Flyer



Wright-Patterson AFB, Ohio
Volume 48, No. 6
June 2009



Lt. Col. Michael Brandenburg, 445th Communications Flight, and his employer Bob Bejcek, American General Life Brokerage, board the KC-10 for an employer orientation flight. Seventy-two employers spent the day touring the wing to gain awareness of the 445th Airlift Wing mission. (Air Force photo/Staff Sgt. Ken LaRock)

Wing hosts Employer Appreciation Day

By Stacy Vaughn
445th Airlift Wing

Seventy two employers from Wisconsin, Michigan, Kentucky, parts of Ohio and other areas participated in the 445th Airlift Wing's Employer Appreciation Day May 2.

"Employer's Day was fantastic. It was a great way to let employers get a sense of what their reservists do and it gave them the big picture," Senior Master Sgt. Lisa Rodriguez, 445th

Maintenance Squadron, said. "The employers I invited were so excited about coming out here. Now they're going to take what they saw and bring it back to their workplace," she said.

Employers started the morning with a buffet breakfast followed by a wing mission briefing presented by Col. Stephen Goeman, 445th AW commander and an Employer Support of the Guard and Reserve

briefing by Woody Stroud, Ohio ESGR.

Reservists then met up with their employers in hangar 4016. The hangar tour offered employers the opportunity to touch and see some of the wing's assets. The security forces squadron displayed a variety of weapons and a humvee; the aeromedical evacuation squadron set up a patient pallet and

Continued on page 4

Take care of family

By Chaplain (Maj.) Bill Dickens
445th Airlift Wing

Well, we are “smack-dab” in the middle of Mother’s Day and Father’s Day and this month we will move from spring to summer. This time of year, our thoughts are drawn to family. Often in a military setting, especially in times of war and increased ops tempo, the family becomes the first casualty. And certainly, the military member’s service to our country is really their family’s sacrifice for freedom. There has been a renewed push in the United States Air Force and the larger Department of Defense to focus on returning military members and reintegration into their families.

Here are some things to remember. 1) When returning home, take things slowly. 2) Everyone has changed some, both the deployer and the family. 3) Many people will compete for your time and affection . . . spouse and children come first!! 4) Refrain from making important financial or life decisions immediately upon returning. 5) Take advantage of all the opportunities available to you, such as marriage and family conferences. 6) And finally, if you or your family is struggling, for any reason, seek help from the chaplain, family support, life skills, local church, etc.

We are good at self-aid and buddy care with our wingman. Let’s be EVEN better with our families. Have a safe and wonderful June.

A little effort goes a long way

By Col. Roger Gallet
445th Operations Group Commander

Have you been feeling a bit overwhelmed lately? Welcome to the club. From new travel



voucher processes to constant computer challenges; from increasing ancillary training requirements to more and more “virtual” do-it-yourself online applications, it is painfully obvious that “more with less” has become the norm. How do you deal with all this? Will you ever get over that feeling that “I’ll never get caught up?” Well, this little piece that follows has helped me on occasion. It was passed along to me while I was deployed in 2006, and I’d like to share it here.

“The way out of disappointment is through **effort**. The way out of worry and anxiety is through **effort**. The way to respond to unfairness,

injustice, tragedy and misfortune is with **effort**. The way to get beyond the obstacles standing in your path is with **effort**. It is truly amazing what some good, sustained **effort** can do. It will make you wonder why you didn’t get started sooner. When you are discouraged, make a little positive **effort** and your attitude will remarkably improve. When you are weary, make a little positive **effort** and it will energize your spirit. Sitting around worrying, complaining, being angry and frustrated will do nothing to improve the situation. Start to take **effort**, though and you enter a whole new positive, productive frame of mind. With **effort**, there is a very real and attainable connection between where you are and where you would like to be. Make the **effort**, and work your way out into the bright light of achievement.” ~ Ralph Marston

So the next time you’re feeling swamped, remember that it just takes a little—you guessed it—**effort**, to get yourself moving in the right direction.

Buckeye Flyer 445th Airlift Wing (Air Force Reserve Command)

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U.S. Government Printing Office 5-00001-445AW

ARMS provides easy access to records

By Stacy Vaughn
445th Public Affairs

Reservists wanting to access their military records can save a trip to the military personnel flight by logging on to the Air Force Portal to pull up their records. The 445th Airlift Wing migrated to the Automated Records Management System (ARMS), in January, allowing military members easy access to important documents in their personnel files.

“We now have the ARMS system in effect here so all reserve members can access their records by logging into the site through the Air Force Portal,” Staff Sgt. Theron Betsey, assistant chief, customer service representative, said.

In addition to the Air Force Portal, military members can also log on to the Air Force Personnel Center’s secure Web site at www.afpc.randolph.af.mil.

Documents for newcomers will be scanned as needed, according to Sergeant Betsey.

“As new members to the unit in-process, the documents will be sent to the Air Reserve Personnel Center (ARPC) and loaded into ARMS,” Sergeant Betsey said.

He added that the MPF will only mail official documents that account for a member, such as promotions, reenlistments, duty history, performance reports, and Servicemember’s Group Life Insurance and family SGLI forms. Documents such as training certificates, school documents, and awards and decorations certificates will not be mailed.

Sergeant Betsey credits ARMS with saving military members an unnecessary trip to the MPF if they need a copy of a document in their records.

“Instead of coming here, the reservist can go to their government computer from their workplace and log into the Air Force Portal to access ARMS. When they log into ARMS, the program will bring up every record that they have from their military career. If, for example, the individual had a reenlistment document and it was sent to ARPC, the individual can sit down at their work station and download it from ARMS,” Sergeant Betsey said.

Any member who cannot access ARMS or has problems accessing their record can stop by the MPF customer service desk or call Sergeant Betsey at 257-6981.

Aerial Port Squadron deploys to Southwest Asia



Left: Master Sgt. Donald Floyd, 87th Aerial Port Squadron, says goodbye to his family before boarding the bus to depart on a four-month deployment April 24th. Right: Senior Airman Justin George, Master Sgt. Kristi Kirker and Master Sgt. Ed Kirker, board the bus as they depart for their deployment to Southwest Asia. More than 50 members of the 87th APS departed in April and May. The reservists deployed for a four-month rotation as the lead APS for an air base in Southwest Asia. (Air Force photos/Stacy Vaughn)

Wing hosts civilian employers

Continued from page 1

demonstrated how patients are transported back to a base on an aircraft; reservists from aircrew flight equipment popped open a raft and demonstrated some of the different survival equipment they are responsible for; the employers got the opportunity to see the break-down of a mobility bag and mobility gear; and the maintenance group displayed a C-5 Galaxy engine and a bucket truck.

After the hangar tour, the employers and reservists headed to the flight line to board a C-5 and KC-10 Extender. Both planes took off for an air refueling mission over Kentucky.

Kevun Kohl, GE Money Bank, shot video footage on his flight aboard the KC-10. "This was great and a once-in-a-lifetime experience. I got a lot of video footage so I can go back and re-live today again," he said.

After the flights, employers were given a certificate of appreciation and an opportunity to go back to the work place of their reservist.

"Employer's Day is a great idea. I really enjoyed everything we did today," Marty Jones, Warren Correctional Institution, said.

"I was really impressed with what I saw today," Roger Bellar, Chillicothe VA Medical Center, added.



Above: James Wilson II, First United Methodist Church, Troy, Ohio, tours the cargo area of the C-5 with Tech. Sgt. Rebecca Nicoll, 445th Aerospace Medicine Squadron. (Air Force photo/Staff Sgt. Ken LaRock)
Bottom: Tech. Sgt. Cindy Edwards, 445th Operations Support Squadron demonstrates life support equipment to employers. (Air Force photo/Senior Airman Robert Nelson)



Chief Master Sgt. Joel Montgomery, 78th Air Refueling Wing, operates the KC-10 boom to refuel the C-5 as employers watch. (Air Force photo/Staff Sgt. Ken LaRock)



Master Sgt. Toni Devuono, 445th Airlift Wing, sits with her employer Denise Smith, 554th Electronic Systems Group, in a security forces humvee. (Air Force photo/Staff Sgt. Ken LaRock)



Airman First Class Eric Greiner, 445th Security Forces squadron, demonstrates a weapon used by security forces members for Paul Keppler, American Electric Power. (Air Force photo/Maj. Jose Cardenas)

Employer's Day



Above: Susan Gilbert, FBI, climbs the ladder of the C-5. Top left: Glenn Arnold, Unreal Solutions and Joe Gribble, Ball Aerospace, check out the flight deck of the C-5. Bottom left: Tech. Sgt. Kimberly Boyles, 89th Airlift Squadron explains the capabilities of the C-5 flight deck to William and Elizabeth Henderson, U.S. Environmental Protection Agency. (Air Force photos/Maj. Jose Cardenas)

Employers recognized at ESGR luncheon



Left: Senior Airman Jason Hardman, 445th Maintenance Operations Flight, greets his civilian employer, Bo Wyenandt, Advanced Transportation Systems, Inc., at the Ohio Committee for the Employer Support of the Guard and Reserve Employer Recognition Luncheon May 1. Right: Col. Stephen Goeman, 445 AW commander, congratulates Greg Holler, Cargill Inc., the employer of Tech. Sgt. John J. Altevers, 445th Civil Engineering Squadron. Mr. Wyenandt, Mr. Holler and employers (Edward Jones) of Master Sgt. Thomas Trice, 445 CES, received the Above and Beyond Award. They represented 30 companies recognized during the luncheon of more than 1,200 submitted for Patriot Awards. The employers provided medical benefits, made up the difference in salary; sent care packages; and provided support for the deployed member's family. (U.S. Air Force photos/Maj. Cynthia Harris)

Reservist creates safety program for Paddlefest

By Stacy Vaughn
445th Public Affairs

Thousands of paddlers enjoying the natural and urban beauty of the Ohio River during the 8th Annual Ohio River Way Paddlefest June 26 and 27 will do so under new safety measures built and implemented by a reservist assigned to the 445th Airlift Wing.

Master Sgt. Larry Stultz, 445th Airlift Wing Ground Safety Office, volunteered to write the safety program for the Cincinnati event after realizing an established safety program never existed. As an avid kayaker, he understands the unique aspects of water sports and safety.

"I found out through friends that they didn't have a safety program. So I approached the organizers and told them I could write one," Sergeant Stultz said. "They were just overjoyed that I volunteered to help."

Since there was never an established safety program, he had to build one from scratch. "It's a matter of putting together a basic, written safety program and establishing a sense of order to what started out to be a backyard party that grew and grew. It is now a two-day event with thousands of attendees, safety classes, shows, exhibits, and live concerts," Sergeant Stultz said.

According to the Paddlefest Web site, Paddlefest is the country's largest on-water paddling event at Cincinnati's historic Coney Island amusement park. The first day features the largest outdoor environmental education and water safety event for youth in Ohio. More than 6,000 Cincinnati-area children will learn about water safety and the environment. The second day of the event offers a full day of canoe and kayak racing in the metro-Cincinnati area, which includes a 14-mile pro race, a 9-mile amateur race, and an 8-mile float.

Sergeant Stultz said his first challenge was to identify all the risks associated with the event. "Identifying risks is a basic first step all event organizers should consider, whether they are planning a small bake sale or a large city-wide activity," he said.

Paddlefest includes a festival and concert at Coney Island, then an eight-mile stretch of the Ohio River with events scattered along the shoreline with another festival at the downtown Cincinnati Riverfront.

Risks must be identified with each event. "For example, things to consider are river levels, winds and forecasted weather. So we're just setting basic safety criteria," Sergeant Stultz said.

He also said they were granted permission by the Coast Guard to close the Ohio River to all powered boat and barge traffic along the eight-mile stretch being used, allowing the paddle-powered boats free and safe access to the entire river for three hours.

"Many of the paddlers will be first-timers so basic water safety rules will be briefed to all participants. Use of life vests is mandatory," Sergeant Stultz said.

There will be roughly 45 powered safety boats on the river to include search and rescue from local fire departments and Coast Guard patrols. The Cincinnati Fire Department will have their fire boat shooting water cannons at the finish line.

Sergeant Stultz said his safety plan will also include how to respond to various situations that may take place during the two-day event.

"What if someone becomes ill or is too tired to finish while on the river? By anticipating such situations, we can be better prepared. Under the new safety guidelines, volunteer safety spotters will paddle among the crowds on the river bank looking for problems," Sergeant Stultz said.

He added that there will be designated take-out points along the river bank for emergencies and protocol for calling 9-1-1 with pre-coordinated areas to meet emergency personnel. These efforts have been coordinated with the Coast Guard, Ohio agencies and local emergency authorities.

"In general, kayaking is a safe sport. The safety guy always plans for the worst, while providing the best so that attendees can relax and enjoy the event with their friends and family," Sergeant Stultz said.

For more information about Paddlefest, visit <http://www.ohioriverway.org/paddlefest>.

AMXS welcomes commander



Col. Anna Schulte, 445th Maintenance Group commander, passes the guidon to Maj. George Palmer, as he assumes command of the 445th Aircraft Maintenance Squadron as Master Sgt. James Felton looks on. (Air Force photo/Staff Sgt. Ken LaRock)

News Briefs

First Sergeant Applications

The 445th Airlift Wing is seeking highly motivated technical and master sergeants to serve as unit first sergeants. First sergeant vacancies exist in the aeromedical evacuation, aeromedical staging and civil engineer squadrons. Applications must be received by June 12. Please see the Blue Pages insert for more information.

Golf Outing

The 445th Airlift Wing will host its annual golf scramble Friday, Jun 19 with a 9 a.m. shotgun start. The event will take place at Sugar Isle Golf Course in New Carlisle, Ohio. The cost per team is \$200 and includes food and beverages. To sign up or for more information, contact Senior Master Sgt. Timothy Emberton at timothy.emberton@wpafb.af.mil or 257-2625.

WPAFB Tattoo

Air Force Materiel Command's fifth annual Tattoo is Friday, June 26, on the grounds behind the National Museum of the United States Air Force. The Tattoo is open to the general public. Admission and parking are free. Recorded event information is available by calling (937) 255-7207.

Active Duty vs. Reserve Softball Challenge

Active-duty personnel take on 445th Airlift Wing reserve personnel July 11 at Dodger Field (Area C, Kittyhawk). The exhibition game is from 6 to 7 p.m. and the official game begins at 7p.m. Come out and support the Reserve team!

Awards

Meritorious Service Medal

Lt Col Brian Klink, CES
Lt Col Joseph Savage, Jr., MSG
Maj Paula Fiepke, MXS
Maj John Marang, 87 APS
Maj Jacob Miller, 89 AS
Maj Allison Wise, AMDS
CMSgt Darrell Cooper, MXG
MSgt Craig Hunt, MXG
MSgt Mark Lockhart, MXG
TSgt Robert Caskey, MXG

Air Force Commendation Medal

Capt Patrick Shields, CES
TSgt Marcus Prigg, MSF
TSgt Margaret Wilmoth, LRS

Air Force Achievement Medal

TSgt James Potter, 87 APS
SSgt Eric Marshall, 87 APS

Air Medal

Capt Keith Larson, AES
MSgt William Larue, AES
TSgt Sonya Kidd, AES

Aerial Achievement Medal

SSgt Shannon Osborne, AES

Military Outstanding Volunteer Service Medal

SSgt Robin Spurlock, MSF

Congratulations!

Air Force Reserve Command Honor Guard Program Manager of the Year (4th consecutive year) Master Sgt. Mark Lyle



Air Force photo/Staff Sgt. Ken LaRock

Promotions

Airman

Alexander McCaskill, AMXS
Carl McComb, AMXS

Airman First Class

Nicholas Richards, AES

Senior Airman

Nastasskia Gerald, SVF
Luke Gourley, CES
Phillip Lett, AMXS
Jessica Massey, ASTS
Andrew Protsman, AES
Jeremy Schwartz, ASTS

Staff Sergeant

John Cranor, AES
Dillon Delay, AMDS
Travis Egger, 89 AS
Timothy Flanery, AW
Jason Garrett, OSS
Eugene Mehaffy, Jr., 89 AS
Brandon Rompf, CES
Jacob Stenger, CES
John Walker, AMXS

Technical Sergeant

Michael Brown, AMXS
Candace Hoffer, ASTS
Steven Mauter, AES
Anna Tracy, LRS

Master Sergeant

Robert Booth, Jr., MXS
Myron Dawson, AMXS
Kathleen DePugh, AW
Darrell Mellars, AMXS

Newcomers

1st Lt William Sikes, AES
SSgt Robert Kodysh, 87 APS
SSgt Daniel Lattimore, ASTS
SSgt Michael Posey, 87 APS
SSgt Garrett Stallion, 87 APS
SrA Mikhail Berlin, AW
SrA Sunny Buntin, SFS
SrA Denis Jacob, LRS
SrA Matthew Overacker, 87 APS
SrA Deborah Schaffner, AMDS
A1C Lesley Davis, MSF
A1C Jeffrey Jones, MXS

On the Web

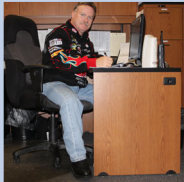
Check out the 445th Airlift Wing Web site for the following photos and stories .
www.445aw.afrc.af.mil



Reservist completes Boston Marathon



Daughter follows family path by joining military



NASCAR fever spreads in MOF



Reservist rides with Ohio Patriot Guard Riders



Memorial events honor late reservist

Lt. Col. Dan Witt Dedication



The 89th Airlift Squadron members participate in a 5K run/walk in honor of the late Lt. Col. Daniel Witt, 89 AS pilot. Other memorial events included a golf scramble and static displays of a C-5, F-16 and C-130. In addition to the activities, building 4006 auditorium was dedicated in honor of Lt. Col. Witt. His three children Eva, Eric, and Pete Witt unveiled a shadow box dedicated to their father during the ceremony. (Air Force photo/Stacy Vaughn)

Warrior Week

Tech. Sgt. James Highland, 445th Mission Support Flight, adjusts his protective mask while listening to instructions during a chemical, biological, radiological, nuclear and high yield explosive objectives (CBRNE) training class during the mission support flight's Warrior Week May 11-15. During Warrior Week, the flight also completed, fitness training and computer based/ancillary training. (Air Force photo/Stacy Vaughn)



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